

# Gluten Free

SPECIAL DIETS SERIES

CELEBRATING  
YOUR  
CHOICES

WHOLE  
FOODS  
MARKET

## Chagrin Store, Mid-Atlantic Region

Whole Foods Market is excited to bring you Celebrating Your Choices, a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product.

### Baby & Child Products

#### California Baby

- Detangler Hair Spray
- Hair Conditioner
- Shampoo & Body Wash
- Super Sensitive Baby Shampoo

### Baked Goods

#### Bloomfield Farms

- Gluten Free Loaf Bread Mix

#### Kinnikinnick

- Chocolate Dipped Donuts
- Cinnamon Sugar Donuts
- Maple Glazed Donuts
- Vanilla Glazed Donuts

#### Udi's

- GF Blueberry Muffins
- GF Cinnamon Rolls

### Baked Goods (Cont'd)

#### Udi's

- GF Double Chocolate Muffins
- GF Lemon Streusel Muffins

#### WFM Gluten Free Bakehouse

- Almond Scones
- Blueberry Muffins
- Carrot Cake
- Cheddar Biscuits
- Cherry Almond Streusel Muffins
- Chocolate Chip Cookies
- Chocolate Cupcakes
- Cinnamon Raisin Bread
- Cornbread
- Cranberry Orange Scones
- Lemon Poppyseed Muffins (4 pack)
- Molasses Ginger Cookies
- Morning Glory Muffins
- Peanut Butter Cookies
- Pie Shells

## Baked Goods (Cont'd)

### WFM Gluten Free Bakehouse

Prairie Bread  
Sandwich Bread  
Vanilla Cupcakes

## Baking Needs

### Ancient Harvest

Organic Quinoa Flour 18 oz

### Arrowhead Mills

Buckwheat Flour  
Gluten Free All Purpose Baking Mix  
Long Grain Brown Rice Flour  
Millet Flour  
White Rice Flour  
Yellow Corn Meal

### Authentic Foods

Sweet Rice Flour, Superfine

### Bloomfield Farms

Gluten Free All Purpose Baking Mix  
Gluten Free Cornbread & Muffin Mix

### Bob's Red Mill

Almond Flour  
Arrowroot Starch Flour  
Baking Soda  
Brown Rice Flour  
Flaxseed Meal  
Garbanzo Bean Flour  
Gluten Free All Purpose Baking Flour  
Gluten Free Chocolate Chip Cookie Mix  
Gluten Free Cornbread Mix  
Gluten Free Cornmeal  
Gluten Free Homemade Wonderful Bread Mix  
Gluten Free Pizza Crust Mix  
Gluten Free Sweet White Sorghum Flour  
GlutenFree Rolled Oats  
Organic Coconut Flour  
Organic Flaxseed Meal  
Organic Golden Flaxseed Meal  
Organic Golden Flaxseeds  
Organic Quinoa Flour  
Potato Starch  
Tapioca Flour

## Baking Needs (Cont'd)

### Bob's Red Mill

Teff Flour  
White Rice Flour  
Xanthan Gum

### Cherrybrook Kitchen Gluten Free Dreams

Ready To Spread Vanilla Frosting  
Yellow Cake Mix

### Earth Balance

Shortening

### Ener-G

Egg Replacement  
Rice Bran

### Enjoy Life

Semi-Sweet Chocolate Chips

### Gluten Free Pantry

All-Purpose GF Baking Flour Mix  
Brown Rice Pancake & Waffle Mix  
Chocolate Truffle Brownie Mix  
Favorite Sandwich Bread Mix  
French Bread & Pizza Mix

### Hain

Baking Powder

### King Arthur Flour

Gluten Free Bread Mix  
Gluten Free Brownie Mix  
Gluten Free Cookie Mix  
Gluten Free Multi-Purpose Flour

### Let's Do... Organic

Organic Coconut Flakes  
Organic Cornstarch  
Organic Reduced Fat Shredded Coconut  
Organic Shredded Coconut  
Organic Tapioca Granules

### Namaste

Brownie Mix  
Chocolate Cake Mix  
Cookie Mix  
Pizza Crust Mix

## Baking Needs (Cont'd)

### Pamela's Products

- Chocolate Chunk Cookie Mix
- Classic Vanilla Cake Mix
- Cornbread & Muffin Mix
- Gluten-Free Bread Mix

### Simply Organic

- Pancake/Waffle Mix, Cert. Org.

### WFM Gluten Free Bakehouse

- Pie Shells

## Bar Soap

### Kiss My Face

- Pure Olive Oil Bar Soap 4 oz
- Pure Olive Oil Bar Soap 8 oz

## Beverages

### Bard's Beer

- Bard's Gold, 6-Pack

### Lakefront Brewery

- New Grist Sorghum Brewed Beer

### So Delicious

- Original (Plain) Coconut Milk Beverage
- Original (Plain) Coconut Milk Kefir
- Strawberry Coconut Milk Kefir
- Unsweetened Coconut Milk Beverage
- Vanilla Coconut Milk Beverage
- Vanilla Coconut Milk Kefir

## Bread

### Against The Grain

- Bagels, Sesame
- Baguettes, Original
- Rolls, Original

### Ener-G

- Brown Rice Loaf
- Brown Rice Loaf Yeast Free
- Tapioca Hamburger Buns
- White Rice Bread

## Bread (Cont'd)

### Food For Life

- Brown Rice Bread, Wheat & Gluten Free
- Millet Bread, Wheat & Gluten Free
- Rice Almond Bread, Wheat & Gluten Free
- White Rice Bread, Wheat & Gluten Free
- Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Glutino

- Bagels, Plain
- Bagels, Poppy Seed
- Premium Fiber Bread
- Premium Flax Seed Bread

### Kinnikinnick

- Italian White Tapioca Rice Bread
- Personal Size Pizza Crusts
- Tapioca Rice Hot Dog Buns

### Udi's

- GF Cinnamon Raisin Bagels
- GF Cinnamon Raisin Bread
- GF Classic Hamburger Buns
- GF Classic Hot Dog Buns
- GF Millet-Chia Bread
- GF Pizza Crusts 9"
- GF Plain Bagels
- GF White Sandwich Bread
- GF Whole Grain Bagels
- GF Whole Grain Bread
- GF Whole Grain Hamburger Buns

### WFM Gluten Free Bakehouse

- Cheddar Biscuits
- Cinnamon Raisin Bread
- Cornbread
- Light White Sandwich Bread
- Prairie Bread
- Sandwich Bread

## Candy and Chocolate

### Dagoba

- Beaucoup Berries
- CONACADO 73%, FTC Single origin Dominican
- DARK 59% Semisweet
- ECLIPSE 87% Extra bittersweet

## Candy and Chocolate (Cont'd)

### Dagoba

LAVENDER 59% Lavender/ blueberries  
XOCOLATL 74% Chilies/cacao nibs

### Endangered Species Chocolate

Bite Size Dark Chocolate with Cranberries & Almonds  
Bite Size Dark Chocolate with Deep Forest Mint  
Bite Size Extreme Dark Chocolate  
Bite Size Supreme Dark Chocolate  
Dark Chocolate with Blueberries - Sea Turtle  
Dark Chocolate with Cranberries & Almonds - Wolf  
Dark Chocolate with Deep Forest Mint  
Dark Chocolate with Espresso Beans - Tiger  
Dark Chocolate with Hazelnut Toffee - Rhino  
Dark Chocolate with Raspberries - Grizzly Bear  
Extreme Dark Chocolate - Panther  
Milk Chocolate with Cherries - Dolphin  
Smooth Milk Chocolate - Sea Otter  
Supreme Dark Chocolate - Chimpanzee

### Enjoy Life

Boom Choco Boom Dairy-Free Rice Milk Chocolate Bar  
Boom Choco Boom Dark Chocolate Bar

### Glee Gum

Glee Bubblegum Flavor Gum  
Glee Cinnamon Gum  
Glee Peppermint Gum  
Glee Spearmint Gum  
Glee Tangerine Gum  
Glee Triple Berry Gum

### Scharffen Berger

41% Milk Bars  
62% Semisweet Bars  
Bittersweet Chocolate Bar, 70% Cacao  
Extra Dark Chocolate Bar, 82% Cacao

## Canned Goods

### Native Forest

Organic Baby Corn  
Organic Hearts of Palm  
Organic Papaya Chunks

## Canned/Jarred Goods

### Amy's Kitchen

Black Bean Chili  
Light in Sodium - Medium Chili  
Light in Sodium - Refried Black Beans  
Light in Sodium - Spicy Chili  
Light in Sodium - Traditional Refried Beans  
Medium Chili  
Medium Chili with Vegetables  
Refried Beans with Green Chiles  
Southwestern Black Bean Chili  
Spicy Chili  
Thai Coconut Soup (Tom Kha Phak)  
Vegetarian Baked Beans

## Cereal

### Ancient Harvest

Organic Quinoa Flakes 12 oz

### Arrowhead Mills

Maple Buckwheat Organic Flakes  
Organic Rice & Shine Hot Cereal  
Organic Yellow Corn Grits

### Bob's Red Mill

Gluten Free Mighty Tasty Hot Cereal  
GlutenFree Rolled Oats

### Enjoy Life

Crunchy Flax Cereal  
Crunchy Rice Cereal

### EnviroKidz

Amazon Frosted Flakes Organic Cereal  
Gorilla Munch Organic Cereal  
Koala Crisp Organic Cereal  
Leapin' Lemurs Peanut Butter & Chocolate Organic Cereal  
Peanut Butter Panda Puffs Organic Cereal

## Cereal (Cont'd)

### Erewhon

Crispy Brown Rice - Gluten Free

### Glutino

Apple & Cinnamon Cereal

Berry Sensible Beginnings

Honey & Nut O Cereal

### Nature's Path

Organic Crispy Rice Cereal

Organic Fruit Juice Sweetened Corn Flakes

Organic Fruit Juice Sweetened Corn Flakes, 26.4 oz

Organic Honey'd Corn Flakes, 26.4 oz

Organic Honey'd Cornflakes

Organic Mesa Sunrise Cereal

Organic Mesa Sunrise Cereal, 26.4 oz

Organic Whole O's Cereal

### Udi's

GF Au Naturel Granola

GF Cranberry Granola

GF Original Granola

## Cheese

### Applegate Farms

Sliced Emmentaler Swiss Cheese

Sliced Havarti Cheese

Sliced Medium Cheddar Cheese

Sliced Organic Monterey Jack Cheese

Sliced Pepperjack Cheese

Sliced Probiotic Yogurt Cheese

Sliced Provolone Cheese

### Follow Your Heart

Vegan Gourmet Cheddar

Vegan Gourmet Monterey Jack

Vegan Gourmet Mozzarella Cheese

## Chips/Pretzels/Snacks

### Blue Diamond

Almond Nut Thins

Barbeque Nut Thins

Cheddar Cheese Nut Thins

Hazelnut Nut Thins

## Chips/Pretzels/Snacks (Cont'd)

### Blue Diamond

Hint of Sea Salt Nut Thins

Nacho Nut Chips

Pecan Nut Thins

Sea Salt Nut Chips

Smokehouse Nut Thins

Sour Cream & Chive Nut Chips

### Food Should Taste Good

Blue Corn Dipping Chips Tortilla Chips

Blue Corn Tortilla Chips

Cheddar Tortilla Chips

Hemp Tortilla Chips

Lime Tortilla Chips

Sweet Potato Tortilla Chips

The Works! Tortilla Chips

White Corn Dipping Chips Tortilla Chips

### Food Should Taste Good

Chocolate Tortilla Chips

Jalapeno Tortilla Chips

Multigrain Tortilla Chips

Olive Tortilla Chips

### Glutino

Pretzel Sticks, Family Bag

Pretzels, Family Bag

Table Cracker

### Green Mountain Gringo

Organic Blue Tortilla Strips

Organic White Tortilla Strips

Original Tortilla Strips

### Kettle Brand

Baked Potato Chips, 100 Calorie, Lightly Salted .80 oz

Baked Potato Chips, Hickory Honey BBQ 4 oz

Baked Potato Chips, Lightly Salted 4 oz

Baked Potato Chips, Salt & Fresh Ground Pepper 4 oz

Baked Potato Chips, Sea Salt & Vinegar 4 oz

Krinkle Cut Potato Chips, Buffalo Bleu 5 oz

Krinkle Cut Potato Chips, Classic BBQ 14 oz

## **Chips/Pretzels/Snacks (Cont'd)**

### **Kettle Brand**

Krinkle Cut Potato Chips, Lightly Salted 14 oz  
Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz  
Potato Chips, Backyard Barbeque 5 oz  
Potato Chips, Honey Dijon 5 oz  
Potato Chips, Jalapeno 5 oz  
Potato Chips, Lightly Salted 5 oz  
Potato Chips, Lightly Salted 9 oz  
Potato Chips, New York Cheddar w/ Herbs 5 oz  
Potato Chips, Organic Lightly Salted 5 oz  
Potato Chips, Sea Salt & Vinegar 5 oz  
Potato Chips, Sea Salt & Vinegar 9 oz  
Potato Chips, Sour Cream, Onion & Chive 5 oz  
Potato Chips, Spicy Thai 5 oz  
Potato Chips, Unsalted 5 oz

### **Late July**

Late July Dude Ranch Multigrain  
Late July Mild Green Mojo

### **Lundberg Family Farms**

Brown Rice Cakes  
Buttery Caramel Rice Cakes  
Honey Nut Rice Cakes  
Organic Brown Rice Cakes  
Organic Koku Seaweed Rice Cakes  
Organic Sea Salt Rice Chips  
Organic Unsalted Brown Rice Cakes  
Organic Wild Rice Cakes  
Sante Fe BBQ Rice Chips  
Sesame Seaweed Rice Chips  
Unsalted Brown Rice Cakes

### **Lundberg Farms**

Fiesta Lime Rice Chips

### **Mary's Gone Crackers**

Sticks & Twigs, Sea Salt

### **Michael Season's**

Baked Hot Chili Curls  
Baked White Cheddar Pops

## **Chips/Pretzels/Snacks (Cont'd)**

### **Pirate Brands**

Pirate's Booty Aged White Cheddar  
Pirate's Booty Chocolate  
Pirate's Booty New York Pizza  
Pirate's Booty Sour Cream and Onion  
Pirate's Booty Veggie  
Potato Flyers - The Original  
Smart Puffs Real Wisconsin Cheddar

## **Condiments**

### **Follow Your Heart**

Vegenaise, High Omega-3 w/ Expeller-Pressed Canola Oil  
Vegenaise, Original

### **Organicville**

Organic Chili Sauce  
Organic Dressing, French  
Organic Dressing, Miso Ginger Vinaigrette  
Organic Dressing, Non Dairy Ranch  
Organic Dressing, Olive Oil & Balsamic Vinaigrette  
Organic Dressing, Pomegranate Vinaigrette  
Organic Dressing, Sundried Tomato & Garlic Vinaigrette  
Organic Ketchup  
Organic Non-Dairy Caesar Dressing  
Organic Non-Dairy Coleslaw Dressing  
Organic Non-Dairy Thousand Island Dressing  
Organic Original BBQ Sauce  
Organic Stone Ground Mustard  
Organic Sweet Relish with Agave Nectar  
Organic Tangy BBQ Sauce  
Organic Yellow Mustard

### **San-J**

Szechuan Hot & Spicy Marinade/Stir Fry Sauce  
Gluten Free  
Teriyaki Sauce

### **San-J**

Asian BBQ Sweet & Smoky fusion BBQ Sauce GF  
Sweet and Sour Sauce

## **Cookies and Snack Bars**

### **Andean Dream**

Chocolate Chip Cookies  
Cocoa Orange Cookies

### **Cookies... For Me?**

Bag of Dairy Free Sugar Cookies  
Brownie  
Dairy Free Sugar Cookie

### **Enjoy Life**

Caramel Apple Snack Bars  
Cocoa Loco Snack Bars  
Soft Baked Chewy Chocolate Chip Cookies  
Soft Baked Double Chocolate Brownie Cookies  
Soft Baked Gingerbread Spice Cookie  
Soft Baked Snickerdoodle Cookies

### **EnviroKidz**

Cheetah Organic Crispy Rice Bars, Berry  
Koala Organic Crispy Rice Bars, Chocolate  
Lemur Organic Crispy Rice Bars, Peanut Choco Drizzle  
Panda Organic Crispy Rice Bars, Peanut Butter  
Penguin Organic Crispy Rice Bars, Fruity Burst

### **Glutino**

Breakfast Bars, Apple  
Breakfast Bars, Blueberry  
Chocolate Coated Chocolate Wafers  
Chocolate Coated Vanilla Wafers  
Chocolate Vanilla Crème Sandwich Dream Cookies  
Lemon Wafers  
Organic Bar, Chocolate & Peanut Butter  
Organic Bar, Chocolate-Banana  
Organic Bar, Wildberry  
Vanilla Crème Sandwich Dream Cookies

### **Hail Merry**

Blonde Macaroons  
Choco Macaroons

### **Ian's Natural Foods**

Chocolate Chip Cookie Buttons, Wheat Free Gluten Free

## **Cookies and Snack Bars (Cont'd)**

### **Immaculate Baking Company**

Gluten Free Chocolate Chunk Cookie Dough

### **Jennie's**

Coconut Macaroons

### **Kinnikinnick**

KinniTOOS Chocolate Sandwich Creme Cookies  
KinniTOOS Vanilla Sandwich Creme Cookies  
Montana's Chocolate Chip Cookies  
S'moreables Graham Style Crackers

### **Lucy's**

Cinnamon Thin Cookies  
Oatmeal Cookies

### **Mi-Del**

Chocolate Chip Cookies  
Ginger Snaps  
Pecan Cookies

### **Pamela's Products**

Butter Shortbread Cookies  
Chunky Chocolate Chip Cookies  
Organic Dark Chocolate Chunk Cookies  
Organic Espresso Chocolate Chunk Cookies  
Simplebites Chocolate Chip Mini Cookies  
Simplebites Ginger Mini Snapz

### **Schar**

Cocoa Wafers  
Shortbread Cookies  
Vanilla Wafers

### **WFM Gluten Free Bakehouse**

Chocolate Chip Cookies  
Molasses Ginger Cookies  
Peanut Butter Cookies

## **Cosmetics**

### **Crazy Rumors**

Lemonade Lip Balm  
Mint Bubble Lip Balm

## Crackers

### Edward & Sons

Brown Rice Snaps, Onion Garlic  
Brown Rice Snaps, Tamari Seaweed  
Brown Rice Snaps, Tamari Sesame  
Organic Brown Rice Snaps, Black Sesame  
Organic Brown Rice Snaps, Toasted Onion  
Organic Brown Rice Snaps, Unsalted Plain  
Organic Brown Rice Snaps, Vegetable

### Glutino

Crackers, Cheddar  
Crackers, Multigrain  
Crackers, Original

### Mary's Gone Crackers

Crackers, Black Pepper  
Crackers, Caraway  
Crackers, Herb  
Crackers, Onion  
Crackers, Original

### Schar

Cheese Bites  
Snack Crackers  
Table Crackers

## Dairy

### Brown Cow Yogurt

CT Blueberry FOB  
CT Cherry-Vanilla FOB  
CT Chocolate  
CT Maple  
CT Peach FOB  
CT Vanilla  
LF Plain  
LF Vanilla Bean FOB

### Earth Balance

Buttery Spread with Olive Oil  
Buttery Sticks  
Organic Whipped Buttery Spread  
Original Buttery Spread  
Soy Free Buttery Spread

### Page Total

Total 0% 17.6oz (500g)  
Total 0% 35.3 oz (1kg)  
Total 0% 6oz (170g)

## Dairy (Cont'd)

### Page Total

Total 0% Blueberry Acai 5.3oz (150g)  
Total 0% Cherry Pomegranate 5.3oz (150g)  
Total 0% Honey 5.3oz (150g)  
Total 0% Mango Guanabana 5.3oz (150g)  
Total 10% 17.6oz (500g)  
Total 10% 7oz (200g)  
Total 2% 17.6oz (500g)  
Total 2% 35.3oz (1kg)  
Total 2% 7oz (200g)  
Total 2% Blueberry 5.3oz (150g)  
Total 2% Cherry 5.3oz (150g)  
Total 2% Honey 5.3oz (150g)  
Total 2% Peach 5.3oz (150g)  
Total 2% Strawberry 5.3oz (150g)  
Total Cherry 5.3oz (150g)  
Total Honey 5.3oz (150g)

### Helios Nutrition

Organic Plain Kefir  
Organic Reduced Fat Raspberry Ke  
Organic Vanilla Kefir

### Lifeway Foods

Bio Kefir Blackberry  
Bio Kefir Pomegranate Blueberry  
Bio Kefir Vanilla  
Fat Free Strawberry Kefir  
Low Fat Peach Kefir  
Low Fat Raspberry Kefir  
Low Fat Strawberry Kefir  
Lowfat Plain Kefir  
Lowfat Pomegranate Kefir  
Organic Lowfat Plain Kefir  
Probugs Orange Creamy Crawler  
Probugs Strawnana Split  
Probugs Sublime Slime Lime

### Stonyfield Organic Yogurt

0% Fat Black Cherry  
0% Fat Blueberry FOB  
0% Fat Chocolate Underground FOB  
0% Fat French Vanilla  
0% Fat Key Lime  
0% Fat Lotsa Lemon  
0% Fat Peach

## Dairy (Cont'd)

### Stonyfield Organic Yogurt

0% Fat Plain  
0% Fat Pom Raspberry Acai FOB  
0% Fat Strawberry FOB  
0% Fat French Vanilla  
0% Fat Plain  
Fat Free French Vanilla  
Fat Free Strawberry  
Low Fat BaNilla  
Low Fat Blueberry FOB  
Low Fat Cherry Vanilla  
Low Fat French Vanilla  
Low Fat Just Peachy FOB  
Low Fat Plain  
Low Fat Raspberry  
Low Fat Strawberry  
Low Fat Strawberry FOB  
Oikos: 0% Fat Blueberry FOB  
Oikos: 0% Fat Honey FOB  
Oikos: 0% Fat Plain  
Oikos: 0% Fat Vanilla  
Oikos: 0% Fat Caramel 4oz FOB  
Oikos: 0% Fat Chocolate 4oz FOB  
Oikos: 0% Fat Plain 4oz  
Oikos: 0% Fat Vanilla 4oz  
Peach Super Smoothie  
Raspberry Super Smoothie  
Strawberry Banana Super Smoothie  
Strawberry Super Smoothie  
Strawberry Super Smoothies 6oz  
Whole Milk Chocolate Underground FOB  
Whole Milk French Vanilla  
Whole Milk Plain  
Whole Milk Strawberries & Cream FOB  
Wild Berry Super Smoothie  
Wild Berry Super Smoothies 6oz  
YoBaby Banana  
YoBaby Banana Drinkable Yogurt  
YoBaby Blueberry  
YoBaby Peach  
YoBaby Peach Drinkable Yogurt  
YoBaby Simple Plain  
YoBaby Vanilla  
YoKids Squeezers Cherry/Berry

## Dairy (Cont'd)

### Stonyfield Organic Yogurt

YoKids Squeezers Strawberry  
YoKids: Blueberry Straw/Van  
YoKids: Strawberry Ban/Straw

## Dairy Alternatives

### BLUE DIAMOND

ALMOND BREEZE CHOCOLATE  
ALMOND BREEZE ORIGINAL  
ALMOND BREEZE UNSWEETENED CHOCOLATE  
ALMOND BREEZE UNSWEETENED ORIGINAL  
ALMOND BREEZE UNSWEETENED VANILLA  
ALMOND BREEZE VANILLA

### Blue Diamond

Almond Breeze, Original  
Almond Breeze, Unsweetened Vanilla  
Almond Breeze, Vanilla

### Daiya Foods

Cheddar Style Shreds  
Mozzarella Style Shreds  
Pepperjack Style Shreds

### Follow Your Heart

Vegan Gourmet Cheddar  
Vegan Gourmet Monterey Jack  
Vegan Gourmet Mozzarella Cheese

### So Delicious

Blueberry Cultured Coconut Milk Yogurt  
Chocolate Cultured Coconut Milk Yogurt  
Chocolate Non-Dairy Frozen Coconut Milk Dessert  
Coconut Non-Dairy Frozen Coconut Milk Dessert  
French Vanilla Coconut Milk Creamer  
Hazelnut Coconut Milk Creamer  
Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert  
Original (Plain) Coconut Milk Beverage  
Original (Plain) Coconut Milk Creamer  
Original (Plain) Coconut Milk Kefir  
Passionate Mango Cultured Coconut Milk Yogurt

## Dairy Alternatives (Cont'd)

### So Delicious

Passionate Mango Non-Dairy Frozen Coconut Milk Dessert  
Pina Colada Cultured Coconut Milk Yogurt  
Plain Cultured Coconut Milk Yogurt  
Raspberry Cultured Coconut Milk Yogurt  
Strawberry Banna Cultured Coconut Milk Yogurt  
Strawberry Coconut Milk Kefir  
Strawberry Cultured Coconut Milk Yogurt  
Unsweetened Coconut Milk Beverage  
Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert  
Vanilla Coconut Milk Beverage  
Vanilla Coconut Milk Kefir  
Vanilla Cultured Coconut Milk Yogurt

### Stonyfield Organic Yogurt

Blueberry O'Soy  
Chocolate O'Soy  
Strawberry/Peach O'Soy  
Vanilla O'Soy

### WestSoy

Soy Beverage, Unsweetened Chocolate 32 oz

### truwhip

All Natural Frozen Whip Topping

## Deli Style Meats and Cheeses

### Applegate Farms

Organic Sliced Oven Roasted Chicken  
Sliced Black Forest Ham  
Sliced Honey Ham  
Sliced Honey Maple Turkey  
Sliced Hot Soppressata  
Sliced Organic Herb Turkey  
Sliced Organic Oven Roasted Turkey  
Sliced Organic Roast Beef  
Sliced Organic Smoked Chicken  
Sliced Organic Smoked Turkey  
Sliced Organic Uncured Ham  
Sliced Oven Roasted Sliced Turkey  
Sliced Slow Cooked Ham  
Sliced Smoked Turkey  
Sliced Turkey Bologna

## Deli Style Meats and Cheeses (Cont'd)

### Applegate Farms

Sliced Turkey Salami

## Dental Care Products

### Kiss My Face

Anticavity Toothpaste 3.4 oz  
Sensitive Toothpaste 3.4 oz  
Tartar Control Toothpaste 3.4 oz

## Deodorant

### Kiss My Face

Liquid Rock Lavender Deodorant 3 oz

## Desserts

### French Meadow Bakery

Gluten Free Fudge Brownie

### Hail Merry

Chocolate Almond Butter Tart  
Chocolate Mint Tart  
Meyer Lemon Tart  
Persian Lime Tart

### Purely Decadent

Chocolate Peanut Butter Swirl Non-Dairy Frozen Coconut Milk Dessert

### So Delicious

Chocolate Non-Dairy Frozen Coconut Milk Dessert  
Coconut Non-Dairy Frozen Coconut Milk Dessert  
Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert  
Passionate Mango Non-Dairy Frozen Coconut Milk Dessert  
Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

### WFM Gluten Free Bakehouse

Carrot Cake  
Chocolate Cupcakes  
Vanilla Cupcakes

## Desserts (Cont'd)

### truwhip

All Natural Frozen Whip Topping

## Energy and Nutrition Bars/Drinks

### Function Drinks

98886-00100

Alternative Energy Acai Grape

Alternative Energy Strawberry Guava

Urban Detox Goji Berry

## Entrees and Mixes

### Arrowhead Mills

Gluten Free All Purpose Baking Mix

### Bob's Red Mill

Gluten Free Chocolate Chip Cookie Mix

TVP (Textured Vegetable Protein)

### Ener-G

Rice Bran

### Lundberg Family Farms

Organic Alfredo Risotto

Organic Florentine Risotto

Organic Tuscan Risotto

### Mrs. Leeper's

Beef Lasagna Dinner

Beef Stroganoff Dinner

Creamy Tuna Dinner

### Namaste

Brownie Mix

Chocolate Cake Mix

Cookie Mix

Pizza Crust Mix

### Road's End Organics

Organic Golden Gravy Mix

Organic Savory Herb Gravy Mix

Organic Shiitake Mushroom Gravy Mix

### Tasty Bite

Aloo Palak

Bombay Potatoes

Channa Masala

Kashmir Spinach

## Entrees and Mixes (Cont'd)

### Tasty Bite

Kerala Vegetables

Madras Lentils

Malaysian Lodeh

Mushroom Takatak

Paneer Makhani

Punjab Eggplant

Spinach Dal

Vegetable Korma

## Ethnic Foods

### Annie Chun's

Maifun Rice Noodles

Pad Thai Rice Noodles

### Edward & Sons

Brown Rice Snaps, Tamari Seaweed

Brown Rice Snaps, Tamari Sesame

Miso-Cup, Organic Reduced Sodium

Miso-Cup, Organic Traditional with Tofu

Miso-Cup, Original Golden Vegetable

### Food For Life

Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Food Merchants

Organic Polenta, Basil & Garlic

Organic Polenta, Sundried Tomato & Garlic

Organic Polenta, Traditional

### Native Forest

Light Coconut Milk

Organic Coconut Milk

### Organicville

Organic Island Teriyaki

Organic Sesame Teriyaki

### San-J

Sweet and Sour Sauce

### Tasty Bite

Aloo Palak

Bombay Potatoes

Channa Masala

Good Korma Simmer Sauce

Kashmir Spinach

## Ethnic Foods (Cont'd)

### Tasty Bite

- Kerala Vegetables
- Madras Lentils
- Malaysian Lodeh
- Mushroom Takatak
- Paneer Makhani
- Punjab Eggplant
- Spinach Dal
- Tandoori Pilaf
- Tikka Masala Simmer Sauce
- Vegetable Korma

### World Foods

- Malaysian Sweet Chili Coconut Dipping Sauce
- Thai 'Pad Thai' Noodle Sauce
- Thai Coconut Galangal Stir Fry Sauce
- Thai Green Curry Paste
- Thai Green Curry Ready To Pour Sauce
- Thai Red Curry Paste
- Thai Yellow Curry Ready to Pour Sauce

## Facial Care Products

### MyChelle

- Fruit Enzyme Scrub

## Frozen Foods

### Against The Grain

- Pizza, 3-Cheese
- Pizza, Pesto

### Amy's Kitchen

- Asian Noodle Stir-Fry
- Bistro Veggie Burger
- Cheese Enchilada
- Cheese Enchilada Whole Meal
- Cheese Tamale Verde
- Enchilada Verde Whole Meal
- Garden Vegetable Lasagna
- Gluten Free Chocolate Cake
- Indian Paneer Tikka
- Indian Vegetable Korma
- Light & Lean Black Bean & Cheese Enchilada
- Light & Lean Soft Taco Fiesta Bowl

## Frozen Foods (Cont'd)

### Amy's Kitchen

- Light in Sodium - Brown Rice & Vegetables Bowl
- Light in Sodium - Indian Mattar Paneer
- Light in Sodium - Mexican Casserole Bowl
- Light in Sodium - Shepherd's Pie
- Non-Dairy Rice Macaroni & Cheese
- Rice Crust Cheese Pizza
- Rice Crust Spinach Pizza
- Rice Mac & Cheese
- Teriyaki Bowl
- Tofu Scramble
- Tortilla Casserole & Black Beans Bowl

### Applegate Farms

- Maple Breakfast Sausage
- Organic Beef Burgers
- Sage Breakfast Sausage

### EVOL Foods

- Bean & Cheese Enchilada Bowl
- Chicken Enchilada Bowl
- Fire Grilled Steak Bowl
- Teriyaki Chicken Bowl

### French Meadow Bakery

- Gluten Free Fudge Brownie

### Gluten Free Cafe

- Fettuccini Alfredo
- Lemon Basil Chicken

### Glutino

- Pizza, Duo Cheese
- Pizza, Spinach Feta

### Ian's Natural Foods

- Alpha Tots
- Ian's Fish Sticks, Allergen Free

### It's Soy Delicious

- Vanilla Non-Dairy Frozen Dessert

### Julian's Recipe

- Gluten Free Pancakes - Belgian Chocolate
- Gluten Free Pancakes - Buttermilk
- Gluten Free Pancakes - Wild Blueberry

## Frozen Foods (Cont'd)

### Julie's Organic Ice Cream

Glutenfreeda's Organic Gluten Free Vanilla Ice Cream Sandwich

### Kinnikinnick

Chocolate Dipped Donuts  
Cinnamon Sugar Donuts  
Italian White Tapioca Rice Bread  
Maple Glazed Donuts  
Tapioca Rice Hot Dog Buns  
Vanilla Glazed Donuts

### Nature's Path

Organic Buckwheat Wildberry Waffles  
Organic Homestyle Waffles

### Organic So Delicious

Chocolate Velvet Non-Dairy Frozen Dessert  
Creamy Vanilla Non-Dairy Frozen Dessert  
Mocha Fudge Non-Dairy Frozen Dessert

### Purely Decadent

Chocolate Peanut Butter Swirl Non-Dairy Frozen Coconut Milk Dessert  
Cookie Dough (Gluten Free) Non-Dairy Frozen Dessert  
Cookie Dough Non-Dairy Frozen Coconut Milk Dessert  
Mint Chip Non-Dairy Frozen Coconut Milk Dessert  
Mint Chocolate Chip Non-Dairy Frozen Dessert  
Pomegranate Chip Non-Dairy Frozen Dessert

### Saffron Road

Chicken Biryani  
Chicken Tikka Masala with Basmati Rice  
Lamb Saag with Basmati Rice  
Lemongrass Basil Chicken

### So Delicious

Chocolate Non-Dairy Frozen Coconut Milk Dessert  
Coconut Almond Bar, Made with Coconut Milk  
Coconut Non-Dairy Frozen Coconut Milk Dessert  
Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert

## Frozen Foods (Cont'd)

### So Delicious

Passionate Mango Non-Dairy Frozen Coconut Milk Dessert  
Vanilla Bar, Made with Coconut Milk  
Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

### Starfish

Crispy Battered Gluten Free Cod  
Crispy Battered Gluten Free Haddock

### Van's

Wheat Free Blueberry Waffles  
Wheat Free Flax Waffles  
Wheat Free French Toast Sticks Cinnamon  
Wheat Free Homestyle Waffles  
Wheat Free Mini Homestyle Waffles

## Grains and Rice

### Ancient Harvest

Traditional Organic Quinoa 12 oz

### Annie Chun's

Rice Express Sprouted Brown Rice

### Lundberg Family Farms

Eco-Farmed Black Japonica Field Gourmet Blend  
Eco-Farmed California Brown Basmati Rice  
Eco-Farmed California White Arborio Rice  
Eco-Farmed California White Basmati Rice  
Eco-Farmed Countrywild Gourmet Blend Rice  
Eco-Farmed Jubilee Gourmet Blend Rice  
Eco-Farmed Long Grain Brown Rice  
Eco-Farmed Short Grain Brown Rice  
Eco-Farmed Wild Blend Gourmet Blend Rice  
Organic Alfredo Risotto  
Organic California Brown Basmati Rice  
Organic California Brown Jasmine Rice, 25 lb  
Organic California White Basmati Rice  
Organic Long Grain Brown Rice

### Tasty Bite

Tandoori Pilaf

## Hair Care Products

### 365 Every Day Value™

- Conditioner Lavender Blend
- Shampoo for Dry and Normal Herbal Mint
- Shampoo for Dry and Normal Lavender Blend
- Shampoo for Normal and Oily Fragrance Free
- Shampoo for Normal and Oily Herbal Mint

### Kiss My Face

- Upper Management Styling Gel 8 oz

## Hand & Body Lotions

### Kiss My Face

- Peaches & Crème Moisturizer 16 oz
- Vitamin A&E Moisturizer 16 oz

## Hand & Body Washes

### 365 Every Day Value™

- Shower Gel Fragrance Free
- Shower Gel Herbal Mint
- Shower Gel Lavender Blend

### Kiss My Face

- Anti-Stress Shower Gel 16 oz

## Jams and Nut Butters

### Barney Butter

- Barney Butter Crunchy - 10 oz / 6 pk

### Justin's

- Chocolate Almond Butter Jars
- Chocolate Hazelnut Jars
- Chocolate Peanut Butter Jars
- Classic Almond Butter 1.15 oz Squeeze Packs
- Dark Chocolate Peanut Butter Cups
- Honey Almond Butter 1.15 oz Squeeze Packs
- Maple Almond Butter 1.15 oz Squeeze Packs
- Milk Chocolate Peanut Butter Cups

## Lip Balms

### Badger

- Creamy Cocoa Lip Balm Stick
- Sweet Orange Cocoa Butter Lip Balm

## Meat Alternatives

### Bob's Red Mill

- TVP (Textured Vegetable Protein)

## Meat and Poultry

### Applegate Farms

- Big Apple Hot Dogs
- Chicken Apple Breakfast Sausage
- Maple Breakfast Sausage
- Organic Beef Burgers
- Organic Chicken Hot Dogs
- Organic Hot Dogs
- Organic Turkey Hot Dogs
- Sage Breakfast Sausage

## Nutritional Supplements

### Amazing Grass

- Amazing Meal Pomegranate Mango
- Green SuperFood Berry
- Green SuperFood Original
- Kidz SuperFood chocolate
- Wheat Grass
- Wheat Grass Tablets

### BioChem

- 100% Whey Protein Chocolate Fudge
- 100% Whey Protein Chocolate Fudge 1.9lb
- 100% Whey Protein Natural Flavor
- 100% Whey Protein Natural Flavor
- 100% Whey Protein Vanilla 1.9lb
- 100% Whey Protein Vanilla 13.9oz
- Ultimate Protein System Chocolate 1lb

### Country Life

- Acerola Vitamin C 500mg Chewable 90ct
- Biotin 1000mcg 100ct
- Bromelain 500mg 30ct
- CLA Tonalin 1000mg 90ct
- Cal-Snack Milk-Free Chewables, 60 ct
- Citrus Bioflavonoids Complete 1000mg 100ct Tablet
- Daily Total One-a-Day 60ct Capsule
- Ginseng Supreme Complex 60ct
- Glucosamine Chondroitin Capsules, 60 ct
- L-Lysine 500mg Capsules with B-6, 100 ct
- L-Tyrosine 500mg Capsules with B-6, 100 ct

## Nutritional Supplements (Cont'd)

### Country Life

Maxi Baby Liquid Vitamin C 4oz  
Maxi C 1000mg 90ct  
Maxi Hair 60ct  
Maxi Hair 90ct  
Maxi-Baby Care Liquid 6oz  
Melatonin 3mg Tablets, 90 ct  
NAC N-Acetyl Cysteine 750mg Capsules, 30 ct  
Omega-3 Fish Oils 1000mg 100ct  
Omega-3 Mood 90ct Softgels  
Papaya Chewable 25mg 200ct  
Power-dophilus Capsules, 100 ct  
Power-dophilus Capsules, 200 ct  
Pycogenol 100mg Capsules, 30 ct  
R-Lipoic Acid  
Selenium 100mcg Yeast Free Tablets, 90 ct  
Super Potency Biotin 5mg 120ct  
Super Potency Biotin 5mg 60ct  
Target-Mins Calcium-Magnesium-Veg Capsules, 240 ct  
Target-Mins Magnesium Capsules, 60 ct  
Target-Mins Magnesium-Potassium Aspartate Tablets, 90 ct  
Vitamin C 500mg Chewable 90ct  
Vitamin C w/Rosehip 500mg 100ct  
Vitamin D 400 IU 100ct Softgels  
Vitamin D3 1000 IU 200ct  
Vitamin D3 2500 IU 200ct  
Vitamin D3 5000 IU 60 Softgels  
Vitamin D3 Liquid 16oz  
Water Factors 60ct

### Garden of Life

fucoTHIN

### Iron Tek

Essential CLA 1000mg 90ct  
Essential Creatine Monohydrate 500g Powder

### Nature's Way Alive!

Alive! Liquid Vitamin-30 oz. bottle  
Alive!® (no iron added) / 30 Tb  
Alive!® (no iron added) / 90 Vcaps®  
Alive!® / 90 Tb  
Alive!® / 90 Vcaps®

## Nutritional Supplements (Cont'd)

### Nature's Way Primadophilus

Primadophilus® Optima / 30 Vcaps®  
Primadophilus® Optima / 60 Vcaps®  
Primadophilus® Original / 180 Vcaps®  
Primadophilus® Original / 90 Vcaps®  
Primadophilus® Reuteri / 30 Vcaps®  
Primadophilus® for Children / 5 oz Pwdr  
Primadophilus® for Kids Cherry / 30 Chw  
Primadophilus® for Kids Orange / 30 Chw

### Nature's Way Sambucus

Sambucus Immune Syrup / 8 oz  
Sambucus Lozenge / 30  
Sambucus Syrup / 4 oz  
Sambucus for Kids / 8 oz

### Nature's Way Thisilyn

Super Thisilyn® / 60 Vcaps®

### Nature's Way Umcka

Umcka ColdCare® Alcohol Free Liquid / 1 oz  
Umcka ColdCare® Cherry Syrup / 4 oz  
Umcka ColdCare® Lemon Hot Drink / 10 pkts/bx  
Umcka ColdCare® Menthol Syrup / 4 oz  
Umcka® Cold+Flu Berry Chewable / 20 Chw  
Umcka® Cold+Flu Berry Syrup / 4 oz.

### Rainbow Light

ACTIVE HEALTH TEEN MULTIVITAMIN 30  
ACTIVE HEALTH TEEN MULTIVITAMIN 90  
ACTIVE SENIOR MULTIVITAMIN 30  
ACTIVE SENIOR MULTIVITAMIN 90  
CALCIUM CITRATE MINI TABS 120  
CERTIFIED ORGANIC MENS MULTI 120  
EVERYONE'S OMEGA 60  
FOOD-BASED CALCIUM 180  
FOOD-BASED CALCIUM 90  
JUST ONCE MULTIVITAMIN 60  
MEN'S ONE MULTIVITAMIN 90  
MINTASURE 75  
PAIN - EZE 30  
PRENATAL ONE MULTIVITAMIN 150  
PRENATAL ONE MULTIVITAMIN 30  
PROTEIN ENERGIZER ACAI  
THINBERRY OPTI-CURB  
VITAMIN D 1,000 IU GUMMIES 50

## Nutritional Supplements (Cont'd)

### Rainbow Light

VITAMIN D 400 IU GUMMIES 60  
WOMEN'S NUTRITIONAL SYSTEM 180  
WOMEN'S ONE MULTIVITAMIN 30  
WOMEN'S ONE MULTIVITAMIN 90

### VEGA

Acai Berry Tub  
Berry  
Berry Large  
Chocolate Small  
Green Synergy  
Vanilla Chai Snack Pack

### Vibrant Health

Dumontiaceae Red Algae  
Vibrant Cleanse 24 servings  
Vibrant Cleanse Single Serving Packets

### Vitality

LIQUID B12 Drops 1000 mcg/ml Liquid Sublingual

## Nuts/Seeds/Dried Fruits

### Bob's Red Mill

Organic Golden Flaxseeds

### Gerbs Pumpkin Seeds

Toasted Onion & Garlic Pumpkin Seed Kernels

## Ointments/Salves/Gels/Antiseptics

### Badger

Foot Balm  
Sore Muscle Rub

## Pasta

### Andean Dream

Quinoa Fusilli  
Quinoa Spaghetti

### RP's Pasta Fresh Pasta

RP's Fresh Gluten Free Fusilli

## Pasta (Cont'd)

### Schar

Tagliatelle

## Pasta Sauce

### Organicville

Organic Italian Herb Pasta Sauce  
Organic Marinara Pasta Sauce

## Personal Care

### Kiss My Face

Triple Action Toothpaste 3.4 oz  
Whitening Toothpaste 3.4 oz

### Tom's of Maine

Apricot Long Lasting Stick Deodorant  
Calendula Stick Deodorant  
Fragrance-Free Sensitive Stick Deodorant  
Lavender Long Lasting Roll-on Deodorant  
Lavender Long Lasting Stick Deodorant  
Lemongrass Long Lasting Stick Deodorant  
Unscented Long Lasting Roll-on Deodorant  
Unscented Long Lasting Stick Deodorant  
Unscented Stick Deodorant  
Wintermint Sensitive Toothpaste  
Woodspice Stick Deodorant

## Prepared Foods

### Food Merchants

Organic Polenta, Basil & Garlic  
Organic Polenta, Sundried Tomato & Garlic  
Organic Polenta, Traditional

## Sauces/Salsas/Dips

### Amy's Kitchen

Black Bean & Corn Salsa  
Family Marinara Pasta Sauce  
Light in Sodium - Tomato Basil Pasta Sauce  
Medium Salsa  
Mild Salsa

### Organicville

Organic Island Teriyaki  
Organic Pizza Sauce

## Sauces/Salsas/Dips (Cont'd)

### Organicville

Organic Sesame Teriyaki  
Organic Tangy BBQ Sauce  
Sriracha Sauce

### Road's End Organics

Organic Golden Gravy Mix  
Organic Savory Herb Gravy Mix  
Organic Shiitake Mushroom Gravy Mix

### Simply Organic

Alfredo Sauce Mix, Cert. Org.  
French Onion Dip Mix, Cert. Org.  
Guacamole Dip Mix, Cert. Org.  
Mushroom Sauce Mix Cert. Org.  
Ranch Dip Mix, Cert. Org.  
Roasted Chicken Gravy Mix Cert. Org.

### Tasty Bite

Good Korma Simmer Sauce  
Tikka Masala Simmer Sauce

### World Foods

Malaysian Sweet Chili Coconut Dipping Sauce  
Thai 'Pad Thai' Noodle Sauce  
Thai Coconut Galangal Stir Fry Sauce  
Thai Green Curry Ready To Pour Sauce  
Thai Yellow Curry Ready to Pour Sauce

## Seafood

### Starfish

Crispy Battered Gluten Free Cod  
Crispy Battered Gluten Free Haddock

## Shaving Aids

### Kiss My Face

Lavender & Shea Moisture Shave 11 oz

## Soups

### Amy's Kitchen

Black Bean Vegetable Soup  
Chunky Tomato Bisque  
Chunky Vegetable Soup  
Cream of Tomato Soup

## Soups (Cont'd)

### Amy's Kitchen

Curried Lentil Soup  
Hearty Spanish Rice & Red Bean Soup  
Lentil Soup  
Light in Sodium - Chunky Tomato Bisque  
Light in Sodium - Cream of Tomato Soup  
Light in Sodium - Lentil Soup  
Light in Sodium - Lentil Vegetable Soup  
Light in Sodium - Split Pea Soup  
Split Pea Soup  
Summer Corn & Vegetable Soup  
Tuscan Bean & Rice Soup

### Dr. McDougall's Right Foods

Organic Lower Sodium Chunky Tomato Soup  
RTS Black Bean Soup  
RTS Chunky Tomato Soup  
RTS Lentil Soup  
RTS Light Sodium Lentil Soup

### Edward & Sons

Miso-Cup, Organic Reduced Sodium  
Miso-Cup, Organic Traditional with Tofu  
Miso-Cup, Original Golden Vegetable

## Spices and Seasonings

### Edward & Sons

Bouillon Cubes, Low Sodium Veggie  
Bouillon Cubes, Not-Chick'n

### Simply Organic

Dirty Rice Seasoning Mix, Cert Org.  
Sloppy Joe Mix Cert. Org.  
Southwest Taco Seasoning, Cert. Org.  
Vegetarian Chili Mix, Cert. Org.

### World Foods

Thai Green Curry Paste  
Thai Red Curry Paste

## Sweeteners

### Lundberg Family Farms

Brown Rice Syrup  
Organic Brown Rice Syrup