

# Gluten Free

SPECIAL DIETS SERIES

CELEBRATING  
YOUR  
CHOICES



## Cincinnati Store, Mid-Atlantic Region

Whole Foods Market is excited to bring you Celebrating Your Choices, a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product.

### Baby & Child Products

#### California Baby

Super Sensitive Baby Shampoo

### Baked Goods

#### Udi's

GF Blueberry Muffins

#### WFM Gluten Free Bakehouse

Banana Bread  
Cheddar Biscuits  
Chocolate Cupcakes  
Cornbread  
Cranberry Orange Scones  
Cream Biscuits  
Molasses Ginger Cookies  
Prairie Bread  
Sandwich Bread  
Sundried Tomato & Garlic Bread

### Baked Goods (Cont'd)

#### WFM Gluten Free Bakehouse

Vanilla Cupcakes

### Baking Needs

#### Ancient Harvest

Organic Quinoa Flour 18 oz

#### Arrowhead Mills

Buckwheat Flour  
Long Grain Brown Rice Flour  
Millet Flour  
White Rice Flour  
Yellow Corn Meal

#### Bob's Red Mill

Almond Flour  
Arrowroot Starch Flour  
Baking Soda  
Brown Rice Flour  
Cornstarch

## Baking Needs (Cont'd)

### Bob's Red Mill

- Flaxseed Meal
- Garbanzo Bean Flour
- Gluten Free All Purpose Baking Flour
- Gluten Free Cornbread Mix
- Gluten Free Pizza Crust Mix
- Gluten Free Sweet White Sorghum Flour
- GlutenFree Rolled Oats
- Organic Amaranth Flour
- Organic Coconut Flour
- Organic Flaxseed Meal
- Organic Golden Flaxseed Meal
- Organic Golden Flaxseeds
- Potato Starch
- Tapioca Flour
- White Rice Flour
- Xanthan Gum

### Cherrybrook Kitchen Gluten Free Dreams

- Chocolate Frosting Mix
- Ready To Spread Vanilla Frosting
- Vanilla Frosting Mix
- Yellow Cake Mix

### Earth Balance

- Shortening

### Ener-G

- Egg Replacement
- Rice Bran

### Enjoy Life

- Semi-Sweet Chocolate Chips

### Gluten Free Pantry

- All-Purpose GF Baking Flour Mix
- Brown Rice Pancake & Waffle Mix
- Chocolate Truffle Brownie Mix
- Favorite Sandwich Bread Mix
- French Bread & Pizza Mix
- Muffins & Scone Mix
- Yankee Cornbread & Muffin Mix

### King Arthur Flour

- Gluten Free Brownie Mix
- Gluten Free Chocolate Cake Mix
- Gluten Free Cookie Mix
- Gluten Free Muffin Mix

## Baking Needs (Cont'd)

### King Arthur Flour

- Gluten Free Multi-Purpose Flour
- Gluten Free Pancake Mix

### Let's Do... Organic

- Organic Coconut Flakes
- Organic Cornstarch
- Organic Reduced Fat Shredded Coconut
- Organic Shredded Coconut

### Namaste

- Brownie Mix
- Pizza Crust Mix
- Spice Cake Mix

### Pamela's Products

- Baking & Pancake Mix
- Baking & Pancake Mix, 4 lb
- Chocolate Brownie Mix
- Chocolate Cake Mix
- Chocolate Chunk Cookie Mix
- Classic Vanilla Cake Mix
- Cornbread & Muffin Mix
- Gluten-Free Bread Mix
- Gluten-Free Bread Mix & Flour Blend

### WFM Gluten Free Bakehouse

- Vanilla Frosting

## Bar Soap

### Kiss My Face

- Olive & Aloe Bar Soap 8 oz
- Pure Olive Oil Bar Soap 8 oz

## Beverages

### Bard's Beer

- Bard's Gold, 6-Pack

### Lakefront Brewery

- New Grist Sorghum Brewed Beer
- New Grist Sorghum Brewed Beer, Single

### So Delicious

- Original (Plain) Coconut Milk Beverage
- Original (Plain) Coconut Milk Kefir
- Strawberry Coconut Milk Kefir

## **Beverages (Cont'd)**

### **So Delicious**

Unsweetened Coconut Milk Beverage  
Vanilla Coconut Milk Beverage  
Vanilla Coconut Milk Kefir

### **Bread**

#### **Against The Grain**

Bagels, Sesame

#### **Ener-G**

Brown Rice Loaf  
White Rice Loaf Yeast Free

#### **Food For Life**

Brown Rice Bread, Wheat & Gluten Free  
Millet Bread, Wheat & Gluten Free  
Rice Almond Bread, Wheat & Gluten Free  
Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

#### **Glutino**

Bread Crumbs

#### **Udi's**

GF Cinnamon Raisin Bagels  
GF Cinnamon Raisin Bread  
GF Classic Hamburger Buns  
GF Classic Hot Dog Buns  
GF Pizza Crusts 9"  
GF Plain Bagels  
GF White Sandwich Bread  
GF Whole Grain Bagels  
GF Whole Grain Bread

#### **WFM Gluten Free Bakehouse**

Cheddar Biscuits  
Cornbread  
Cream Biscuits  
Light White Sandwich Bread  
Prairie Bread  
Sandwich Bread  
Sundried Tomato & Garlic Bread

## **Candy and Chocolate**

### **Dagoba**

Beaucoup Berries  
LAVENDER 59% Lavender/ blueberries  
XOCOLATL 74% Chilies/cacao nibs

### **Endangered Species Chocolate**

Bite Size Dark Chocolate with Cranberries & Almonds  
Bite Size Dark Chocolate with Deep Forest Mint  
Bite Size Extreme Dark Chocolate  
Bite Size Supreme Dark Chocolate  
Dark Chocolate with Blueberries - Sea Turtle  
Dark Chocolate with Cranberries & Almonds - Wolf  
Dark Chocolate with Deep Forest Mint  
Dark Chocolate with Espresso Beans - Tiger  
Dark Chocolate with Hazelnut Toffee - Rhino  
Extreme Dark Chocolate - Panther  
Smooth Milk Chocolate - Sea Otter  
Supreme Dark Chocolate - Chimpanzee

### **Enjoy Life**

Boom Choco Boom Dairy-Free Rice Milk Chocolate Bar  
Boom Choco Boom Dairy-Free Rice Milk w/ Crispy Rice Chocolate Bar  
Boom Choco Boom Dark Chocolate Bar

### **Glee Gum**

Glee Bubblegum Flavor Gum  
Glee Cinnamon Gum  
Glee Peppermint Gum  
Glee Spearmint Gum  
Glee Triple Berry Gum

### **Scharffen Berger**

41% Milk Bars  
Bittersweet Chocolate Bar, 70% Cacao  
Extra Dark Chocolate Bar, 82% Cacao

## Canned Goods

### Native Forest

- Organic Baby Corn
- Organic Hearts of Palm

## Canned/Jarred Goods

### Amy's Kitchen

- Light in Sodium - Medium Chili
- Light in Sodium - Refried Black Beans
- Light in Sodium - Traditional Refried Beans
- Medium Chili
- Medium Chili with Vegetables
- Refried Beans with Green Chiles
- Southwestern Black Bean Chili
- Spicy Chili
- Thai Coconut Soup (Tom Kha Phak)

## Cereal

### Ancient Harvest

- Organic Quinoa Flakes 12 oz

### Arrowhead Mills

- Maple Buckwheat Organic Flakes
- Organic Rice & Shine Hot Cereal

### Bob's Red Mill

- Gluten Free Mighty Tasty Hot Cereal
- GlutenFree Rolled Oats

### Enjoy Life

- Crunchy Rice Cereal

### EnviroKidz

- Amazon Frosted Flakes Organic Cereal
- Gorilla Munch Organic Cereal
- Koala Crisp Organic Cereal
- Peanut Butter Panda Puffs Organic Cereal

### Erewhon

- Crispy Brown Rice - Gluten Free

### Glutino

- Honey & Nut O Cereal

### Nature's Path

- Organic Crispy Rice Cereal
- Organic Fruit Juice Sweetened Corn Flakes
- Organic Honey'd Corn Flakes, 26.4 oz

## Cereal (Cont'd)

### Nature's Path

- Organic Honey'd Cornflakes
- Organic Mesa Sunrise Cereal
- Organic Mesa Sunrise Cereal, 26.4 oz
- Organic Whole O's Cereal

### Udi's

- GF Au Naturel Granola
- GF Cranberry Granola
- GF Original Granola
- GF Vanilla Granola

## Cheese

### Applegate Farms

- Sliced Emmentaler Swiss Cheese
- Sliced Havarti Cheese
- Sliced Medium Cheddar Cheese
- Sliced Organic Muenster Cheese
- Sliced Pepperjack Cheese
- Sliced Provolone Cheese

### Follow Your Heart

- Vegan Gourmet Cheddar
- Vegan Gourmet Monterey Jack
- Vegan Gourmet Mozzarella Cheese

## Chips/Pretzels/Snacks

### Blue Diamond

- Almond Nut Thins
- Barbeque Nut Thins
- Cheddar Cheese Nut Thins
- Hazelnut Nut Thins
- Hint of Sea Salt Nut Thins
- Pecan Nut Thins
- Sea Salt Nut Chips
- Sour Cream & Chive Nut Chips

### Food Should Taste Good

- Blue Corn Tortilla Chips
- Cheddar Tortilla Chips
- Hemp Tortilla Chips
- Lime Tortilla Chips
- Sweet Potato Tortilla Chips
- The Works! Tortilla Chips

## **Chips/Pretzels/Snacks (Cont'd)**

### **Food Should Taste Good**

Jalapeno Tortilla Chips  
Multigrain Tortilla Chips  
Olive Tortilla Chips

### **Glutino**

Pretzel Sticks, Family Bag  
Pretzels, Family Bag  
Table Cracker

### **Green Mountain Gringo**

Organic White Tortilla Strips  
Original Tortilla Strips

### **Kettle Brand**

Baked Potato Chips, Hickory Honey BBQ 4 oz  
Baked Potato Chips, Lightly Salted 4 oz  
Baked Potato Chips, Salt & Fresh Ground Pepper 4 oz  
Baked Potato Chips, Sea Salt & Vinegar 4 oz  
Krinkle Cut Potato Chips, Buffalo Bleu 5 oz  
Krinkle Cut Potato Chips, Lightly Salted 14 oz  
Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz  
Potato Chips, Backyard Barbeque 5 oz  
Potato Chips, Honey Dijon 5 oz  
Potato Chips, Lightly Salted 2 oz  
Potato Chips, Lightly Salted 5 oz  
Potato Chips, Lightly Salted 9 oz  
Potato Chips, New York Cheddar w/ Herbs 5 oz  
Potato Chips, Organic Lightly Salted 5 oz  
Potato Chips, Organic Sea Salt & Black Pepper 5 oz  
Potato Chips, Sea Salt & Vinegar 2 oz  
Potato Chips, Sea Salt & Vinegar 5 oz  
Potato Chips, Sea Salt & Vinegar 9 oz  
Potato Chips, Sour Cream, Onion & Chive 5 oz  
Potato Chips, Spicy Thai 5 oz  
Potato Chips, Unsalted 5 oz

## **Chips/Pretzels/Snacks (Cont'd)**

### **Late July**

Late July Mild Green Mojo

### **Lundberg Family Farms**

Brown Rice Cakes  
Buttery Caramel Rice Cakes  
Honey Nut Rice Cakes  
Organic Brown Rice Cakes  
Organic Koku Seaweed Rice Cakes  
Organic Sea Salt Rice Chips  
Organic Unsalted Brown Rice Cakes  
Organic Wild Rice Cakes  
Sante Fe BBQ Rice Chips  
Sesame Seaweed Rice Chips  
Unsalted Brown Rice Cakes

### **Lundberg Farms**

Fiesta Lime Rice Chips

### **Mary's Gone Crackers**

Sticks & Twigs, Sea Salt

### **Mauk Family Farms**

Raw Breakfast Crusts  
Raw Flax Seed Crisp; garlic  
Raw Flax Seed Crisp; onion  
Raw Mineral Rich Crusts  
Raw Wheat Free Crusts

### **Michael Season's**

Baked Hot Chili Curls  
Baked White Cheddar Pops

### **Pirate Brands**

Pirate's Booty Aged White Cheddar  
Pirate's Booty Chocolate  
Pirate's Booty New York Pizza  
Pirate's Booty Sour Cream and Onion  
Pirate's Booty Veggie

## **Condiments**

### **Follow Your Heart**

Vegenaise, High Omega-3 w/ Expeller-Pressed Canola Oil  
Vegenaise, Original

## Condiments (Cont'd)

### Organicville

- Organic Dijon Mustard
- Organic Dressing, French
- Organic Dressing, Non Dairy Ranch
- Organic Dressing, Olive Oil & Balsamic Vinaigrette
- Organic Dressing, Pomegranate Vinaigrette
- Organic Dressing, Sundried Tomato & Garlic Vinaigrette
- Organic Ketchup
- Organic Non-Dairy Caesar Dressing
- Organic Non-Dairy Coleslaw Dressing
- Organic Original BBQ Sauce
- Organic Yellow Mustard

### San-J

- Szechuan Hot & Spicy Marinade/Stir Fry Sauce
- Gluten Free
- Teriyaki Sauce

### San-J

- Sweet and Sour Sauce

## Cookies and Snack Bars

### Andean Dream

- Chocolate Chip Cookies

### Enjoy Life

- Caramel Apple Snack Bars
- Cocoa Loco Snack Bars
- Soft Baked Chewy Chocolate Chip Cookies
- Soft Baked Double Chocolate Brownie Cookies
- Soft Baked Gingerbread Spice Cookie
- Soft Baked Snickerdoodle Cookies
- Very Berry Snack Bars

### EnviroKidz

- Cheetah Organic Crispy Rice Bars, Berry
- Koala Organic Crispy Rice Bars, Chocolate
- Lemur Organic Crispy Rice Bars, Peanut Choco Drizzle
- Panda Organic Crispy Rice Bars, Peanut Butter
- Penguin Organic Crispy Rice Bars, Fruity Burst

## Cookies and Snack Bars (Cont'd)

### Glow Gluten Free

- Chocolate Chip Cookies

### Glutino

- Breakfast Bars, Apple
- Breakfast Bars, Blueberry
- Chocolate Coated Chocolate Wafers
- Chocolate Coated Vanilla Wafers
- Chocolate Vanilla Crème Sandwich Dream Cookies
- Lemon Wafers
- Vanilla Crème Sandwich Dream Cookies

### Hail Merry

- Blonde Macaroons
- Choco Macaroons

### Ian's Natural Foods

- Chocolate Chip Cookie Buttons, Wheat Free Gluten Free
- Crunchy Cinnamon Cookie Buttons, Wheat Free Gluten Free

### Jennie's

- Coconut Macaroons

### Kinnikinnick

- KinniTOOS Chocolate Sandwich Creme Cookies

### Mi-Del

- Arrowroot Animal Cookies
- Chocolate Chip Cookies
- Ginger Snaps
- Pecan Cookies

### Pamela's Products

- Butter Shortbread Cookies
- Chunky Chocolate Chip Cookies
- Ginger Cookies with Sliced Almonds
- Organic Espresso Chocolate Chunk Cookies
- Organic Spicy Ginger Cookies
- Simplebites Chocolate Chip Mini Cookies
- Simplebites Ginger Mini Snapz

### Schar

- Cocoa Wafers
- Shortbread Cookies

## Cookies and Snack Bars (Cont'd)

### WFM Gluten Free Bakehouse

Molasses Ginger Cookies

## Crackers

### Edward & Sons

Brown Rice Snaps, Onion Garlic  
Brown Rice Snaps, Tamari Seaweed  
Brown Rice Snaps, Tamari Sesame  
Brown Rice Snaps, Unsalted Sesame  
Organic Brown Rice Snaps, Toasted Onion  
Organic Brown Rice Snaps, Unsalted Plain  
Organic Brown Rice Snaps, Vegetable

### Glutino

Crackers, Cheddar  
Crackers, Multigrain  
Crackers, Original

### Mary's Gone Crackers

Crackers, Black Pepper  
Crackers, Caraway  
Crackers, Herb  
Crackers, Original

### Schar

Cheese Bites  
Crispbread  
Table Crackers

## Dairy

### Brown Cow Yogurt

CT Cherry-Vanilla FOB  
CT Maple  
CT Peach FOB  
CT Plain  
CT Vanilla  
LF Plain  
LF Vanilla  
LF Vanilla Bean FOB  
NF Vanilla  
Plain Whole Milk Yogurt, 6 oz

### Earth Balance

Buttery Spread with Olive Oil  
Buttery Sticks

## Dairy (Cont'd)

### Earth Balance

Organic Whipped Buttery Spread  
Original Buttery Spread  
Soy Free Buttery Spread  
Soy Garden Buttery Spread

### Page Total

Total 0% 17.6oz (500g)  
Total 0% 35.3 oz (1kg)  
Total 0% 6oz (170g)  
Total 0% Cherry Pomegranate 5.3oz (150g)  
Total 0% Honey 5.3oz (150g)  
Total 0% Mango Guanabana 5.3oz (150g)  
Total 10% 17.6oz (500g)  
Total 10% 7oz (200g)  
Total 2% 17.6oz (500g)  
Total 2% 35.3oz (1kg)  
Total 2% 7oz (200g)  
Total 2% Blueberry 5.3oz (150g)  
Total 2% Cherry 5.3oz (150g)  
Total 2% Honey 5.3oz (150g)  
Total 2% Peach 5.3oz (150g)  
Total 2% Strawberry 5.3oz (150g)  
Total Blueberry 5.3oz (150g)  
Total Cherry 5.3oz (150g)  
Total Honey 5.3oz (150g)

### Helios Nutrition

Organic Plain Kefir  
Organic Reduced Fat Raspberry Ke  
Organic Vanilla Kefir

### Lifeway Foods

Fat Free Strawberry Kefir  
Lassi Mango Indian Style Yogurt  
Low Fat Blueberry Kefir  
Low Fat Peach Kefir  
Low Fat Raspberry Kefir  
Low Fat Strawberry Kefir  
Lowfat Plain Kefir  
Lowfat Pomegranate Kefir  
Organic Lowfat Plain Kefir  
Probugs Orange Creamy Crawler  
Probugs Strawnana Split  
Probugs Sublime Slime Lime

## Dairy (Cont'd)

### Stonyfield Organic Yogurt

0% Fat Black Cherry  
0% Fat Blueberry FOB  
0% Fat Chocolate Underground FOB  
0% Fat French Vanilla  
0% Fat Key Lime  
0% Fat Lotsa Lemon  
0% Fat Peach  
0% Fat Plain  
0% Fat Pom Raspberry Acai FOB  
0% Fat Strawberry FOB  
0% Fat French Vanilla  
0% Fat Plain  
Low Fat BaNilla  
Low Fat Blueberry  
Low Fat Cherry Vanilla  
Low Fat French Vanilla  
Low Fat Just Peachy FOB  
Low Fat Plain  
Low Fat Strawberry FOB  
Low Fat Strawberry Pomegranate  
Oikos: 0% Fat Blueberry FOB  
Oikos: 0% Fat Honey FOB  
Oikos: 0% Fat Plain  
Oikos: 0% Fat Vanilla  
Oikos: 0% Fat Caramel 4oz FOB  
Oikos: 0% Fat Plain 4oz  
Peach Super Smoothie  
Strawberry Banana Super Smoothie  
Strawberry Super Smoothie  
Strawberry Super Smoothies 6oz  
Vanilla Super Smoothie  
Whole Milk Chocolate Underground FOB  
Whole Milk French Vanilla  
Whole Milk Plain  
Whole Milk Strawberries & Cream FOB  
Wild Berry Super Smoothie  
Wild Berry Super Smoothies 6oz  
YoBaby Banana  
YoBaby Banana Drinkable Yogurt  
YoBaby Blueberry  
YoBaby Peach  
YoBaby Peach Drinkable Yogurt  
YoBaby Simple Plain  
YoBaby Vanilla

## Dairy (Cont'd)

### Stonyfield Organic Yogurt

YoKids Squeezers Cherry/Berry  
YoKids Squeezers Strawberry

## Dairy Alternatives

### BLUE DIAMOND

ALMOND BREEZE CHOCOLATE  
ALMOND BREEZE ORIGINAL  
ALMOND BREEZE UNSWEETENED CHOCOLATE  
ALMOND BREEZE UNSWEETENED ORIGINAL  
ALMOND BREEZE UNSWEETENED VANILLA  
ALMOND BREEZE VANILLA

### Blue Diamond

Almond Breeze, Chocolate  
Almond Breeze, Original  
Almond Breeze, Unsweetened Vanilla  
Almond Breeze, Vanilla

### Daiya Foods

Cheddar Style Shreds  
Mozzarella Style Shreds  
Pepperjack Style Shreds

### Follow Your Heart

Vegan Gourmet Cheddar  
Vegan Gourmet Monterey Jack  
Vegan Gourmet Mozzarella Cheese

### So Delicious

Blueberry Cultured Coconut Milk Yogurt  
Chocolate Cultured Coconut Milk Yogurt  
Chocolate Non-Dairy Frozen Coconut Milk Dessert  
Coconut Non-Dairy Frozen Coconut Milk Dessert  
French Vanilla Coconut Milk Creamer  
Hazelnut Coconut Milk Creamer  
Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert  
Original (Plain) Coconut Milk Beverage  
Original (Plain) Coconut Milk Creamer  
Original (Plain) Coconut Milk Kefir  
Passionate Mango Cultured Coconut Milk Yogurt

## Dairy Alternatives (Cont'd)

### So Delicious

Passionate Mango Non-Dairy Frozen Coconut Milk Dessert  
Pina Colada Cultured Coconut Milk Yogurt  
Plain Cultured Coconut Milk Yogurt  
Raspberry Cultured Coconut Milk Yogurt  
Strawberry Banna Cultured Coconut Milk Yogurt  
Strawberry Coconut Milk Kefir  
Strawberry Cultured Coconut Milk Yogurt  
Unsweetened Coconut Milk Beverage  
Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert  
Vanilla Coconut Milk Beverage  
Vanilla Coconut Milk Kefir  
Vanilla Cultured Coconut Milk Yogurt

### Stonyfield Organic Yogurt

Chocolate O'Soy  
Vanilla O'Soy

### WestSoy

Plus Soy Beverage, Plain 64 oz  
Soy Beverage, Unsweetened Chocolate 32 oz

### truwhip

All Natural Frozen Whip Topping

## Deli Style Meats and Cheeses

### Applegate Farms

Organic Sliced Oven Roasted Chicken  
Sliced Black Forest Ham  
Sliced Honey Ham  
Sliced Honey Maple Turkey  
Sliced Hot Soppressata  
Sliced Organic Genoa Salami  
Sliced Organic Herb Turkey  
Sliced Organic Oven Roasted Turkey  
Sliced Organic Roast Beef  
Sliced Organic Smoked Chicken  
Sliced Organic Smoked Turkey  
Sliced Organic Uncured Ham  
Sliced Oven Roasted Sliced Turkey  
Sliced Smoked Turkey  
Sliced Turkey Bologna  
Sliced Turkey Salami

## Dental Care Products

### Tom's of Maine

Unflavored Round Floss

## Deodorant

### Kiss My Face

Liquid Rock Fragrance Free Deodorant 3 oz  
Liquid Rock Lavender Deodorant 3 oz  
Liquid Rock Patchouli Deodorant 3 oz

## Desserts

### Glutino

Chocolate Glazed Donuts

### Organicville

Organic Chocolate Ice Cream  
Organic Mint Chocolate Chip Ice Cream  
Organic Strawberry Ice Cream  
Organic Vanilla Ice Cream

### Purely Decadent

Chocolate Peanut Butter Swirl Non-Dairy Frozen Coconut Milk Dessert

### So Delicious

Chocolate Non-Dairy Frozen Coconut Milk Dessert  
Coconut Non-Dairy Frozen Coconut Milk Dessert  
Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert  
Passionate Mango Non-Dairy Frozen Coconut Milk Dessert  
Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

### WFM Gluten Free Bakehouse

Chocolate Cupcakes  
Vanilla Cupcakes

### truwhip

All Natural Frozen Whip Topping

## Energy and Nutrition Bars/Drinks

### Function Drinks

98886-00100  
Alternative Energy Strawberry Guava

## Energy and Nutrition Bars/Drinks (Cont'd)

### Function Drinks

Urban Detox Goji Berry  
Urban Detox Pom Cherry

## Entrees and Mixes

### Bob's Red Mill

TVP (Textured Vegetable Protein)

### Cherrybrook Kitchen Gluten Free Dreams

Chocolate Frosting Mix  
Vanilla Frosting Mix

### Edward & Sons

Organic Home Style Mashed Potato Mix

### Ener-G

Rice Bran

### Lundberg Family Farms

Organic Alfredo Risotto  
Organic Florentine Risotto  
Organic Tuscan Risotto

### Namaste

Brownie Mix  
Pizza Crust Mix  
Spice Cake Mix

### Road's End Organics

Dairy Free Cheddar Style Penne & Chreese

### Tasty Bite

Aloo Palak  
Bengal Lentils  
Bombay Potatoes  
Jodhpur Lentils  
Kashmir Spinach  
Kerala Vegetables  
Madras Lentils  
Malaysian Lodeh  
Mushroom Takatak  
Paneer Makhani  
Punjab Eggplant  
Spinach Dal  
Vegetable Korma

## Ethnic Foods

### Annie Chun's

Maifun Rice Noodles  
Pad Thai Rice Noodles

### Edward & Sons

Brown Rice Snaps, Tamari Seaweed  
Brown Rice Snaps, Tamari Sesame  
Miso-Cup, Organic Reduced Sodium  
Miso-Cup, Organic Traditional with Tofu  
Miso-Cup, Original Golden Vegetable

### Food For Life

Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Food Merchants

Organic Polenta, Sundried Tomato & Garlic  
Organic Polenta, Traditional

### Organicville

Organic Island Teriyaki  
Organic Sesame Teriyaki

### San-J

Sweet and Sour Sauce

### Tasty Bite

Aloo Palak  
Bengal Lentils  
Bombay Potatoes  
Jodhpur Lentils  
Kashmir Spinach  
Kerala Vegetables  
Madras Lentils  
Malaysian Lodeh  
Mushroom Takatak  
Paneer Makhani  
Punjab Eggplant  
Spinach Dal  
Tikka Masala Simmer Sauce  
Vegetable Korma

### World Foods

Thai Coconut Galangal Stir Fry Sauce  
Thai Galangal Lemon Grass Stir Fry Sauce  
Thai Green Curry Paste  
Thai Green Curry Ready To Pour Sauce  
Thai Red Curry Ready To Pour Sauce  
Thai Sweet Chili with Kaffir Lime Dipping Sauce

## Facial Care Products

### MyChelle

- Apple Brightening Serum
- Clear Skin Serum
- Fruit Enzyme Cleanser

## Frozen Foods

### Against The Grain

- Pizza, 3-Cheese
- Pizza, Pesto

### Amy's Kitchen

- Brown Rice, Black-Eyed Peas & Veggies Bowl
- Enchilada Verde Whole Meal
- Garden Vegetable Lasagna
- Gluten Free Chocolate Cake
- Light & Lean Black Bean & Cheese Enchilada
- Light & Lean Soft Taco Fiesta Bowl
- Light in Sodium - Black Bean Vegetable Enchilada
- Light in Sodium - Brown Rice & Vegetables Bowl
- Light in Sodium - Indian Mattar Paneer
- Light in Sodium - Mexican Casserole Bowl
- Mexican Tofu Scramble
- Non-Dairy Rice Macaroni & Cheeze
- Rice Crust Spinach Pizza
- Rice Mac & Cheese
- Roasted Vegetable Tamale
- Santa Fe Enchilada Bowl
- Teriyaki Bowl
- Tofu Scramble
- Tortilla Casserole & Black Beans Bowl

### Applegate Farms

- Maple Breakfast Sausage
- Organic Turkey Burgers
- Sage Breakfast Sausage

### French Meadow Bakery

- Gluten Free Chocolate Chip Cookie Dough

### Gluten Free Cafe

- Lemon Basil Chicken

### Glutino

- Duo Cheese Pizza Multipack

## Frozen Foods (Cont'd)

### Ian's Natural Foods

- Alpha Tots
- French Toast Sticks, Wheat Free Gluten Free
- Ian's Chicken Nuggets, Allergen Free
- Ian's Fish Sticks, Allergen Free
- Popcorn Turkey Corn Dogs

### It's Soy Delicious

- Awesome Chocolate Non-Dairy Frozen Dessert

### Julian's Recipe

- Gluten Free Pancakes - Belgian Chocolate
- Gluten Free Pancakes - Wild Blueberry

### Julie's Organic Ice Cream

- Glutenfreeda's Organic Gluten Free Vanilla Ice Cream Sandwich

### Kettle Cuisine

- Angus Beef Steak Chili with Beans
- Chicken Soup with Rice Noodles

### Nature's Path

- Organic Buckwheat Wildberry Waffles
- Organic Homestyle Waffles

### Organic So Delicious

- Chocolate Velvet Non-Dairy Frozen Dessert
- Creamy Vanilla Non-Dairy Frozen Dessert

### Organicville

- Organic Chocolate Ice Cream
- Organic Mint Chocolate Chip Ice Cream
- Organic Strawberry Ice Cream
- Organic Vanilla Ice Cream

### Purely Decadent

- Chocolate Peanut Butter Swirl Non-Dairy Frozen Coconut Milk Dessert
- Mint Chip Non-Dairy Frozen Coconut Milk Dessert
- Pomegranate Chip Non-Dairy Frozen Dessert

### Saffron Road

- Chicken Tikka Masala with Basmati Rice
- Lamb Saag with Basmati Rice
- Lamb Vindaloo with Basmati Rice
- Lemongrass Basil Chicken

## Frozen Foods (Cont'd)

### So Delicious

Chocolate Non-Dairy Frozen Coconut Milk Dessert  
Coconut Almond Bar, Made with Coconut Milk  
Coconut Non-Dairy Frozen Coconut Milk Dessert  
Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert  
Passionate Mango Non-Dairy Frozen Coconut Milk Dessert  
Vanilla Bar, Made with Coconut Milk  
Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

### Starfish

Crispy Battered Gluten Free Cod  
Crispy Battered Gluten Free Haddock  
Crispy Battered Gluten Free Halibut

### Van's

Wheat Free Flax Waffles  
Wheat Free French Toast Sticks Cinnamon  
Wheat Free Homestyle Waffles  
Wheat Free Mini Homestyle Waffles

## Grains and Rice

### Ancient Harvest

Traditional Organic Quinoa 12 oz

### Annie Chun's

Rice Express Black Pearl Rice  
Rice Express Multi Grain Rice  
Rice Express Sprouted Brown Rice  
Rice Express Sticky White Rice

### Lundberg Family Farms

Eco-Farmed Black Japonica Field Gourmet Blend  
Eco-Farmed California Brown Basmati Rice  
Eco-Farmed California White Arborio Rice  
Eco-Farmed California White Basmati Rice  
Eco-Farmed California White Jasmine Rice  
Eco-Farmed Countrywild Gourmet Blend Rice  
Eco-Farmed Jubilee Gourmet Blend Rice  
Eco-Farmed Long Grain Brown Rice  
Eco-Farmed Short Grain Brown Rice

## Grains and Rice (Cont'd)

### Lundberg Family Farms

Eco-Farmed Wild Blend Gourmet Blend Rice  
Organic Alfredo Risotto  
Organic California Brown Basmati Rice  
Organic California Brown Jasmine Rice, 25 lb  
Organic California White Basmati Rice  
Organic Short Grain Brown Rice  
Organic Wild Rice

## Hair Care Products

### 365 Every Day Value™

Conditioner Fragrance Free  
Conditioner Herbal Mint  
Conditioner Lavender Blend  
Shampoo for Dry and Normal Herbal Mint  
Shampoo for Dry and Normal Lavender Blend  
Shampoo for Normal and Oily Herbal Mint  
Shampoo for Normal and Oily Lavender Blend

### Hugo Naturals

Travel Size Volumizing Conditioner (Vanilla & Sweet Orange)  
Travel Size Volumizing Shampoo (Vanilla & Sweet Orange)

## Hand & Body Lotions

### 365 Every Day Value™

Body Lotion Fragrance Free  
Body Lotion Herbal Mint  
Body Lotion Lavender Blend

### Kiss My Face

Honey & Calendula Moisturizer 4 oz  
Peaches & Crème Moisturizer 16 oz  
Vitamin A&E Moisturizer 16 oz  
Vitamin A&E Moisturizer 4 oz

## Hand & Body Washes

### 365 Every Day Value™

Shower Gel Fragrance Free  
Shower Gel Herbal Mint  
Shower Gel Lavender Blend

## Hand & Body Washes (Cont'd)

### Kiss My Face

Olive & Aloe Liquid Moisture Soap 9 oz  
Almond Liquid Moisture Soap 9 oz  
Cold & Flu Shower Gel 16 oz  
Early to Rise Shower Gel 16 oz  
Fragrance Free Liquid Moisture Soap 9 oz  
GermsAside Liquid Moisture Soap 9 oz  
Lavender & Chamomile Refill 17.5 oz  
Orange U Smart Bubble Wash 12 oz  
Peaceful Patchouli Shower Gel 16 oz

## Jams and Nut Butters

### Barney Butter

Barney Butter Crunchy - 10 oz / 6 pk  
Barney Butter Smooth - 10 oz / 6 pk

### Earth Balance

Creamy Natural Almond Butter

### Justin's

Chocolate Almond Butter Jars  
Chocolate Hazelnut Jars  
Classic Almond Butter 1.15 oz Squeeze Packs  
Honey Almond Butter 1.15 oz Squeeze Packs

## Lip Balms

### Badger

Coffee Roast Lip Balm Stick  
Cool Mint Lip Balm Stick  
Tangerine Breeze Lip Balm  
Unscented Lip Care

## Meat Alternatives

### Asherah's Gourmet

Vegan Burgers - Original

### Bob's Red Mill

TVP (Textured Vegetable Protein)

## Meat and Poultry

### Applegate Farms

Chicken Apple Breakfast Sausage  
Maple Breakfast Sausage  
Organic Chicken Hot Dogs  
Organic Hot Dogs  
Organic Sliced Sunday Bacon  
Organic Turkey Burgers  
Organic Turkey Hot Dogs  
Sage Breakfast Sausage

## Nutritional Supplements

### Amazing Grass

Amazing Meal Original  
Amazing Meal Pomegranate Mango  
Amazing Meal chocolate  
Green SuperFood Berry  
Green SuperFood Original  
Wheat Grass

### BioChem

100% Whey Protein Chocolate Fudge  
100% Whey Protein Natural Flavor  
100% Whey Protein Vanilla 13.9oz

### Country Life

Acidophilus with Pectin Capsules, 100 ct  
Acidophilus with Pectin Capsules, 250 ct  
Biotin 1000mcg 100ct  
Bromelain 500mg 30ct  
Cal-Snack Milk-Free Chewables, 120 ct  
Cal-Snack Milk-Free Chewables, 60 ct  
Calcium Citrate with D Tablets, 120 ct  
DHEA 25mg Capsules, 30 ct  
DHEA 25mg Capsules, 90 ct  
DMAE 350mg Capsules, 50 ct  
Glucosamine Chondroitin Capsules, 60 ct  
L-Arginine 500mg Capsules with B-6, 100 ct  
L-Glutamine 1000mg Tablets with B-6, 30 ct  
L-Lysine 500mg Capsules with B-6, 50 ct  
Liquid Multivitamin  
Maxi Baby Liquid Vitamin C 4oz  
Maxi Hair 60ct  
Melatonin 3mg Tablets, 90 ct  
Omega-3 Fish Oils 1000mg 100ct  
Papaya Chewable 25mg 200ct  
Papaya Chewable 25mg 500ct

## Nutritional Supplements (Cont'd)

### Country Life

Power-dophilus Capsules, 200 ct  
Selenium 100mcg Yeast Free Tablets, 90 ct  
Super Potency Biotin 5mg 60ct  
Target-Mins Calcium-Magnesium-Veg Capsules, 120 ct  
Target-Mins Calcium-Magnesium-Veg Capsules, 240 ct  
Target-Mins Magnesium Capsules, 60 ct  
Target-Mins Zinc 50mg Tablets, 90 ct  
Vitamin B-12 500mcg 100ct  
Vitamin B-6 50mg 100ct  
Vitamin D3 1000 IU 200ct  
Vitamin D3 Liquid 16oz  
Vitamin E Complex 400IU 90ct Softgels  
Water Factors 60ct

### Garden of Life

fucoTHIN

### Nature's Way Alive!

Alive! Whole Food C, 120 Vcaps  
Alive!® (no iron added) / 90 Tb  
Alive!® (no iron added) / 90 Vcaps®  
Alive!® / 180 Tb  
Alive!® / 60 Tb  
Alive!® / 90 Tb  
Alive!® / 90 Vcaps®

### Nature's Way Primadophilus

Primadophilus® Bifidus / 90 Vcaps®  
Primadophilus® Optima / 60 Vcaps®  
Primadophilus® Original / 180 Vcaps®  
Primadophilus® Reuteri / 30 Vcaps®  
Primadophilus® for Children / 5 oz Pwdr  
Primadophilus® for Kids Cherry / 30 Chw  
Primadophilus® for Kids Orange / 30 Chw

### Nature's Way Sambucus

Sambucus Immune Lozenge / 30  
Sambucus Immune Syrup / 4 oz  
Sambucus Immune Syrup / 8 oz  
Sambucus Lozenge / 30  
Sambucus Syrup / 8 oz

## Nutritional Supplements (Cont'd)

### Nature's Way Umcka

Umcka ColdCare® Cherry Chewable / 20 Chw  
Umcka ColdCare® Cherry Syrup / 4 oz  
Umcka ColdCare® Lemon Hot Drink / 10 pkts/bx  
Umcka ColdCare® Mint-Menthol Chewable / 20 Chw  
Umcka ColdCare® Original Liquid / 1 oz  
Umcka® Cold+Flu Berry Chewable / 20 Chw  
Umcka® Cold+Flu Berry Syrup / 4 oz.

### Pioneer Nutrition

Vitamin Mineral, Chewable- 180 Wafers

### Rainbow Light

ACTIVE SENIOR MULTIVITAMIN 90  
ALL-ZYME DOUBLE STRENGTH 180  
CERTIFIED ORGANIC MENS MULTI 120  
CERTIFIED ORGANIC PRENATAL MULTI 120  
CERTIFIED ORGANIC WOMENS MULTI 120  
COMPLETE PRENATAL SYSTEM 180  
COMPLETE PRENATAL SYSTEM 60  
FOOD-BASED CALCIUM 180  
GUMMY POWER SOURS 30  
JUST ONCE MULTIVITAMIN 30  
KID'S ONE MULTISTARS 90  
MAGNESIUM CALCIUM "+" 90  
MEN'S ONE MULTIVITAMIN 150  
MEN'S ONE MULTIVITAMIN 30  
MEN'S ONE MULTIVITAMIN 90  
PRENATAL ONE MULTIVITAMIN 150  
PRENATAL ONE MULTIVITAMIN 30  
PRENATAL PETITE MULTIVITAMIN 90  
PROTEIN ENERGIZER CHOCOLATE  
PROTEIN ENERGIZER VANILLA  
VITAMIN D 1,000 IU GUMMIES 50  
WOMEN'S ONE MULTIVITAMIN 30  
WOMEN'S ONE MULTIVITAMIN 90

### VEGA

Berry Small  
Vanilla Chai Small

## Nuts/Seeds/Dried Fruits

### Bob's Red Mill

Organic Golden Flaxseeds

### Gerbs Pumpkin Seeds

Toasted Onion & Garlic Pumpkin Seed Kernels

Touch of Salt Pumpkin Seed Kernels

Whole Roasted Lightly Salted Pumpkin Seeds

### Hail Merry

Salt N Pepper Sunflower Seeds

## Ointments/Salves/Gels/Antiseptics

### Badger

Baby Balm

Cuticle Care Tin

Healing Balm

Sleep Balm

Sore Muscle Rub

Unscented Healing Balm

Winter Wonder Rub

## Pasta Sauce

### Organicville

Organic Italian Herb Pasta Sauce

Organic Marinara Pasta Sauce

Organic Mushroom Pasta Sauce

Organic Tomato Basil Pasta Sauce

## Personal Care

### Kiss My Face

Triple Action Toothpaste 3.4 oz

Whitening Toothpaste 3.4 oz

### Natracare

Curved Panty Liners - 30 CT

ORGANIC Regular Applicator Tampons - 16 CT

ORGANIC Regular Non-Applicator Tampons - 20 CT

ORGANIC Super Applicator Tampons - 16 CT

ORGANIC Super Non-Applicator Tampons - 20 CT

Tanga Panty Liners - 30 CT

Ultra Super Plus Pads - 12 CT

Ultra w/ Wings - Regular Pad - 14 CT

## Personal Care (Cont'd)

### Natracare

Ultra w/ Wings - Super Pad - 12 CT

### Tom's of Maine

Apricot Long Lasting Stick Deodorant

Calendula Stick Deodorant

Fragrance-Free Sensitive Stick Deodorant

Honeysuckle Rose Stick Deodorant

Lavender Long Lasting Roll-on Deodorant

Lavender Long Lasting Stick Deodorant

Lemongrass Long Lasting Stick Deodorant

Silly Strawberry Anticavity Toothpaste

Unscented Long Lasting Roll-on Deodorant

Unscented Stick Deodorant

Wintermint Sensitive Toothpaste

Woodspice Stick Deodorant

## Prepared Foods

### Food Merchants

Organic Polenta, Sundried Tomato & Garlic

Organic Polenta, Traditional

## Sauces/Salsas/Dips

### Amy's Kitchen

Black Bean & Corn Salsa

Family Marinara Pasta Sauce

Medium Salsa

Mild Salsa

### Organicville

Organic Island Teriyaki

Organic Pizza Sauce

Organic Sesame Teriyaki

### Simply Organic

Guacamole Dip Mix, Cert. Org.

Ranch Dip Mix, Cert. Org.

### Tasty Bite

Tikka Masala Simmer Sauce

### World Foods

Thai Coconut Galangal Stir Fry Sauce

Thai Galangal Lemon Grass Stir Fry Sauce

Thai Green Curry Ready To Pour Sauce

Thai Red Curry Ready To Pour Sauce

## Sauces/Salsas/Dips (Cont'd)

### World Foods

Thai Sweet Chili with Kaffir Lime Dipping Sauce

## Seafood

### Starfish

Crispy Battered Gluten Free Cod  
Crispy Battered Gluten Free Haddock  
Crispy Battered Gluten Free Halibut

## Shaving Aids

### Kiss My Face

Fragrance Free Moisture Shave 11 oz

## Soups

### Amy's Kitchen

Black Bean Vegetable Soup  
Chunky Tomato Bisque  
Chunky Vegetable Soup  
Cream of Tomato Soup  
Curried Lentil Soup  
Fire Roasted Southwestern Vegetable Soup  
Hearty Spanish Rice & Red Bean Soup  
Lentil Soup  
Lentil Vegetable Soup  
Light in Sodium - Chunky Tomato Bisque  
Light in Sodium - Cream of Tomato Soup  
Light in Sodium - Lentil Soup  
Light in Sodium - Lentil Vegetable Soup  
Light in Sodium - Split Pea Soup  
Split Pea Soup  
Summer Corn & Vegetable Soup  
Tuscan Bean & Rice Soup

### Dr. McDougall's Right Foods

Organic Lower Sodium Black Bean Soup  
Organic Lower Sodium Chunky Tomato Soup  
RTS Black Bean Soup  
RTS Chunky Tomato Soup  
RTS Light Sodium Garden Vegetable Soup  
RTS Light Sodium Lentil Soup  
RTS Vegetable Soup

## Soups (Cont'd)

### Edward & Sons

Miso-Cup, Organic Reduced Sodium  
Miso-Cup, Organic Traditional with Tofu  
Miso-Cup, Original Golden Vegetable

### Kettle Cuisine

Angus Beef Steak Chili with Beans  
Chicken Soup with Rice Noodles

## Spices and Seasonings

### Bob's Red Mill

Cornstarch

### Edward & Sons

Bouillon Cubes, Low Sodium Veggie  
Bouillon Cubes, Not-Chick'n

### Simply Organic

Jambalaya Seasoning Mix, Cert Org.  
Sloppy Joe Mix Cert. Org.  
Southwest Taco Seasoning, Cert. Org.  
Vegetarian Chili Mix, Cert. Org.

### World Foods

Thai Green Curry Paste

## Sweeteners

### Lundberg Family Farms

Brown Rice Syrup  
Organic Brown Rice Syrup