

Gluten Free

SPECIAL DIETS SERIES

CELEBRATING
YOUR
CHOICES



Mount Washington Store, Mid-Atlantic Region

Whole Foods Market is excited to bring you Celebrating Your Choices, a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product.

Baby & Child Products

California Baby

- Aloe Vera Baby Lotion
- Botanical Moisture Cream
- Calming Lotion
- Detangler Hair Spray
- Hair Conditioner
- Super Sensitive Hair Conditioner
- Super Sensitive Moisture Lotion

Baked Goods

Kinnikinnick

- Chocolate Dipped Donuts
- Maple Glazed Donuts

Udi's

- GF Cinnamon Rolls
- GF Double Chocolate Muffins
- GF Lemon Streusel Muffins

Baked Goods (Cont'd)

WFM Gluten Free Bakehouse

- Almond Cookies
- Almond Scones
- Blueberry Muffins
- Carrot Cake
- Cheddar Biscuits
- Chocolate Chip Cookies
- Cornbread
- Cranberry Orange Scones
- Lemon Poppyseed Muffins (4 pack)
- Molasses Ginger Cookies
- Morning Glory Muffins
- Peanut Butter Cookies
- Pie Shells
- Prairie Bread
- Sandwich Bread
- Vanilla Cupcakes

Baking Needs

Arrowhead Mills

- Buckwheat Flour
- Gluten Free All Purpose Baking Mix
- Long Grain Brown Rice Flour
- Millet Flour
- White Rice Flour
- Yellow Corn Meal

Bob's Red Mill

- Almond Flour
- Arrowroot Starch Flour
- Baking Soda
- Brown Rice Flour
- Flaxseed Meal
- Garbanzo Bean Flour
- Gluten Free Brownie Mix
- Gluten Free Cornbread Mix
- Gluten Free Sweet White Sorghum Flour
- Organic Amaranth Flour
- Organic Brown Flaxseeds
- Organic Coconut Flour
- Organic Flaxseed Meal
- Organic Golden Flaxseed Meal
- Potato Starch
- Tapioca Flour
- Teff Flour
- Xanthan Gum

Cherrybrook Kitchen Gluten Free Dreams

- Chocolate Frosting Mix
- Pancake & Waffle Mix
- Ready To Spread Vanilla Frosting
- Vanilla Frosting Mix

Earth Balance

- Shortening

Ener-G

- Egg Replacement

Enjoy Life

- Semi-Sweet Chocolate Chips

Gluten Free Pantry

- All-Purpose GF Baking Flour Mix
- Brown Rice Pancake & Waffle Mix
- Favorite Sandwich Bread Mix
- French Bread & Pizza Mix
- Muffins & Scone Mix

Baking Needs (Cont'd)

Gluten Free Pantry

- Yankee Cornbread & Muffin Mix

King Arthur Flour

- Gluten Free Bread Mix
- Gluten Free Brownie Mix
- Gluten Free Chocolate Cake Mix
- Gluten Free Cookie Mix
- Gluten Free Muffin Mix
- Gluten Free Multi-Purpose Flour
- Gluten Free Pancake Mix

Let's Do...

- Confetti Sprinkels

Let's Do... Organic

- Organic Coconut Flakes
- Organic Reduced Fat Shredded Coconut
- Organic Shredded Coconut
- Organic Tapioca Granules

Namaste

- Perfect Flour Blend

Pamela's Products

- Baking & Pancake Mix
- Chocolate Brownie Mix
- Chocolate Chunk Cookie Mix
- Cornbread & Muffin Mix

Simply Organic

- Cocoa Brownie Mix, Cert. Org.
- Golden Vanilla Cake Mix, Cert Org
- Pancake/Waffle Mix, Cert. Org.

Simply Organic

- Devil's Food Cake Mix, Cert Org.

WFM Gluten Free Bakehouse

- Pie Shells

Bar Soap

Kiss My Face

- Olive & Aloe Bar Soap 8 oz
- Olive & Lavender Bar Soap 8 oz
- Pure Olive Oil Bar Soap 4 oz
- Pure Olive Oil Bar Soap 8 oz

Beverages

So Delicious

- Original (Plain) Coconut Milk Beverage
- Original (Plain) Coconut Milk Kefir
- Strawberry Coconut Milk Kefir
- Unsweetened Coconut Milk Beverage
- Vanilla Coconut Milk Beverage
- Vanilla Coconut Milk Kefir

Bread

Against The Grain

- Baguettes, Original

Ener-G

- Brown Rice Loaf Yeast Free
- High Fiber Loaf
- Tapioca Loaf
- White Rice Loaf Yeast Free

Food For Life

- Brown Rice Bread, Wheat & Gluten Free
- Millet Bread, Wheat & Gluten Free
- Rice Almond Bread, Wheat & Gluten Free
- Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

Glutino

- Bagels, Poppy Seed
- Bread Crumbs
- Premium Fiber Bread

Udi's

- GF Cinnamon Raisin Bagels
- GF Pizza Crusts 9"
- GF Plain Bagels
- GF White Sandwich Bread
- GF Whole Grain Bagels
- GF Whole Grain Bread

WFM Gluten Free Bakehouse

- Cheddar Biscuits
- Cornbread
- Prairie Bread
- Sandwich Bread

Candy and Chocolate

Dagoba

- Beaucoup Berries
- DARK 59% Semisweet
- ECLIPSE 87% Extra bittersweet
- LAVENDER 59% Lavender/ blueberries
- XOCOLATL 74% Chilies/cacao nibs

Endangered Species Chocolate

- Bite Size Dark Chocolate with Cranberries & Almonds
- Bite Size Supreme Dark Chocolate
- Dark Chocolate with Blueberries - Sea Turtle
- Dark Chocolate with Cranberries & Almonds - Wolf
- Dark Chocolate with Deep Forest Mint
- Dark Chocolate with Espresso Beans - Tiger
- Dark Chocolate with Hazelnut Toffee - Rhino
- Dark Chocolate with Raspberries - Grizzly Bear
- Extreme Dark Chocolate - Panther
- Milk Chocolate with Cherries - Dolphin
- Supreme Dark Chocolate - Chimpanzee

Glee Gum

- Glee Bubblegum Flavor Gum
- Glee Cinnamon Gum
- Glee Peppermint Gum
- Glee Tangerine Gum
- Glee Triple Berry Gum

Let's Do...

- Confetti Sprinkelz

Canned Goods

Native Forest

- Artichoke Hearts, Whole
- Organic Baby Corn
- Organic Mango Chunks

Canned/Jarred Goods

Amy's Kitchen

- Black Bean Chili
- Light in Sodium - Medium Chili

Canned/Jarred Goods (Cont'd)

Amy's Kitchen

- Light in Sodium - Refried Black Beans
- Light in Sodium - Spicy Chili
- Light in Sodium - Traditional Refried Beans
- Medium Chili
- Medium Chili with Vegetables
- Refried Beans with Green Chiles
- Southwestern Black Bean Chili
- Spicy Chili
- Thai Coconut Soup (Tom Kha Phak)
- Vegetarian Baked Beans

Cereal

Ancient Harvest

- Organic Quinoa Flakes 12 oz

Arrowhead Mills

- Maple Buckwheat Organic Flakes
- Organic Rice & Shine Hot Cereal

Bob's Red Mill

- Gluten Free Mighty Tasty Hot Cereal

EnviroKidz

- Amazon Frosted Flakes Organic Cereal
- Gorilla Munch Organic Cereal
- Koala Crisp Organic Cereal
- Leapin' Lemurs Peanut Butter & Chocolate Organic Cereal
- Peanut Butter Panda Puffs Organic Cereal

Erewhon

- Crispy Brown Rice - Gluten Free

Glutino

- Apple & Cinnamon Cereal

Nature's Path

- Organic Crispy Rice Cereal
- Organic Fruit Juice Sweetened Corn Flakes
- Organic Fruit Juice Sweetened Corn Flakes, 26.4 oz
- Organic Honey'd Corn Flakes, 26.4 oz
- Organic Honey'd Cornflakes
- Organic Mesa Sunrise Cereal
- Organic Mesa Sunrise Cereal, 26.4 oz

Cereal (Cont'd)

Nature's Path

- Organic Whole O's Cereal

Udi's

- GF Cranberry Granola
- GF Original Granola
- GF Vanilla Granola

Cheese

Applegate Farms

- Sliced Emmentaler Swiss Cheese
- Sliced Organic Mild Cheddar Cheese
- Sliced Organic Monterey Jack Cheese
- Sliced Organic Muenster Cheese

Follow Your Heart

- Vegan Gourmet Cheddar
- Vegan Gourmet Cream Cheese
- Vegan Gourmet Monterey Jack
- Vegan Gourmet Sour Cream

Chips/Pretzels/Snacks

Blue Diamond

- Barbeque Nut Thins
- Cheddar Cheese Nut Thins
- Hazelnut Nut Thins
- Nacho Nut Chips
- Sea Salt Nut Chips
- Sour Cream & Chive Nut Chips

Food Should Taste Good

- Blue Corn Dipping Chips Tortilla Chips
- Blue Corn Tortilla Chips
- Cheddar Tortilla Chips
- Hemp Tortilla Chips
- Lime Tortilla Chips
- Sweet Potato Tortilla Chips
- The Works! Tortilla Chips
- White Corn Dipping Chips Tortilla Chips

Food Should Taste Good

- Jalapeno Tortilla Chips
- Multigrain Tortilla Chips
- Olive Tortilla Chips

Chips/Pretzels/Snacks (Cont'd)

Glutino

Pretzel Sticks, Family Bag
Pretzels, Family Bag
Table Cracker

Green Mountain Gringo

Organic Blue Tortilla Strips
Organic White Tortilla Strips
Original Tortilla Strips

Kettle Brand

Baked Potato Chips, Hickory Honey BBQ 4 oz
Baked Potato Chips, Lightly Salted 4 oz
Baked Potato Chips, Salt & Fresh Ground Pepper 4 oz
Baked Potato Chips, Sea Salt & Vinegar 4 oz
Krinkle Cut Potato Chips, Buffalo Bleu 5 oz
Krinkle Cut Potato Chips, Classic BBQ 14 oz
Krinkle Cut Potato Chips, Lightly Salted 14 oz
Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz
Potato Chips, Backyard Barbeque 5 oz
Potato Chips, Honey Dijon 5 oz
Potato Chips, Jalapeno 5 oz
Potato Chips, Lightly Salted 14 oz
Potato Chips, Lightly Salted 5 oz
Potato Chips, New York Cheddar w/ Herbs 5 oz
Potato Chips, Organic Lightly Salted 5 oz
Potato Chips, Sea Salt & Vinegar 5 oz
Potato Chips, Sour Cream, Onion & Chive 5 oz
Potato Chips, Spicy Thai 5 oz
Potato Chips, Unsalted 5 oz

Late July

Late July Dude Ranch Multigrain
Late July Mild Green Mojo
Late July Multigrain Sea Salt

Lundberg Family Farms

Brown Rice Cakes
Buttery Caramel Rice Cakes

Chips/Pretzels/Snacks (Cont'd)

Lundberg Family Farms

Honey Nut Rice Cakes
Organic Brown Rice Cakes
Organic Koku Seaweed Rice Cakes
Organic Sea Salt Rice Chips
Organic Unsalted Brown Rice Cakes
Organic Wild Rice Cakes
Sante Fe BBQ Rice Chips
Sesame Seaweed Rice Chips
Unsalted Brown Rice Cakes

Lundberg Farms

Fiesta Lime Rice Chips

Pirate Brands

Pirate's Booty Aged White Cheddar
Pirate's Booty Sour Cream and Onion

Condiments

Eden

Tamari Soy Sauce, Naturally Brewed 20 oz

Follow Your Heart

Vegenaise, High Omega-3 w/ Expeller-Pressed Canola Oil

Organicville

Organic Dijon Mustard
Organic Dressing, French
Organic Dressing, Non Dairy Ranch
Organic Dressing, Olive Oil & Balsamic Vinaigrette
Organic Dressing, Sundried Tomato & Garlic Vinaigrette
Organic Non-Dairy Caesar Dressing
Organic Non-Dairy Coleslaw Dressing
Organic Original BBQ Sauce
Organic Stone Ground Mustard
Organic Yellow Mustard

San-J

Szechuan Hot & Spicy Marinade/Stir Fry Sauce
Gluten Free
Tamari Peanut Asian Dressing GF
Teriyaki Sauce

Condiments (Cont'd)

San-J

Asian BBQ Sweet & Smoky fusion BBQ Sauce GF

Cookies and Snack Bars

Enjoy Life

Soft Baked Chewy Chocolate Chip Cookies
Soft Baked Double Chocolate Brownie Cookies
Soft Baked Gingerbread Spice Cookie
Soft Baked Snickerdoodle Cookies

EnviroKidz

Cheetah Organic Crispy Rice Bars, Berry
Koala Organic Crispy Rice Bars, Chocolate
Lemur Organic Crispy Rice Bars, Peanut Choco Drizzle
Panda Organic Crispy Rice Bars, Peanut Butter
Penguin Organic Crispy Rice Bars, Fruity Burst

Glutino

Breakfast Bars, Apple
Breakfast Bars, Blueberry
Chocolate Coated Chocolate Wafers
Chocolate Coated Vanilla Wafers
Chocolate Vanilla Crème Sandwich Dream Cookies
Vanilla Crème Sandwich Dream Cookies

Hail Merry

Blonde Macaroons

Ian's Natural Foods

Chocolate Chip Cookie Buttons, Wheat Free Gluten Free

Immaculate Baking Company

Gluten Free Chocolate Chunk Cookie Dough

Kinnikinnick

KinniTOOS Chocolate Sandwich Creme Cookies
KinniTOOS Vanilla Sandwich Creme Cookies

Mi-Del

Arrowroot Animal Cookies
Chocolate Chip Cookies

Cookies and Snack Bars (Cont'd)

Pamela's Products

Almond Anise Biscotti
Chocolate Walnut Biscotti
Chunky Chocolate Chip Cookies
Ginger Cookies with Sliced Almonds
Organic Dark Chocolate Chunk Cookies
Organic Espresso Chocolate Chunk Cookies
Simplebites Chocolate Chip Mini Cookies
Simplebites Ginger Mini Snapz

WFM Gluten Free Bakehouse

Almond Cookies
Chocolate Chip Cookies
Molasses Ginger Cookies
Peanut Butter Cookies

Crackers

Edward & Sons

Brown Rice Snaps, Onion Garlic
Organic Brown Rice Snaps, Black Sesame
Organic Brown Rice Snaps, Unsalted Plain
Organic Brown Rice Snaps, Vegetable

Glutino

Crackers, Cheddar
Crackers, Original
Crackers, Vegetable

Mary's Gone Crackers

Crackers, Black Pepper
Crackers, Caraway
Crackers, Herb
Crackers, Onion
Crackers, Original

Schar

Cheese Bites

Dairy

Brown Cow Yogurt

CT Blueberry FOB
CT Cherry-Vanilla FOB
CT Chocolate
CT Coffee
CT Maple

Dairy (Cont'd)

Brown Cow Yogurt

CT Peach FOB
CT Strawberry FOB
CT Vanilla
LF Plain
LF Vanilla
LF Vanilla Bean FOB
NF Plain
Plain Whole Milk Yogurt, 6 oz

Earth Balance

Buttery Spread with Olive Oil
Buttery Sticks
Organic Whipped Buttery Spread
Original Buttery Spread
Soy Free Buttery Spread
Soy Garden Buttery Spread

Fage Total

Total 0% 17.6oz (500g)
Total 0% 35.3 oz (1kg)
Total 0% 6oz (170g)
Total 0% Blueberry Acai 5.3oz (150g)
Total 0% Cherry Pomegranate 5.3oz (150g)
Total 0% Honey 5.3oz (150g)
Total 0% Mango Guanabana 5.3oz (150g)
Total 0% Strawberry Goji 5.3oz (150g)
Total 10% 17.6oz (500g)
Total 10% 7oz (200g)
Total 2% 17.6oz (500g)
Total 2% 35.3oz (1kg)
Total 2% 7oz (200g)
Total 2% Blueberry 5.3oz (150g)
Total 2% Peach 5.3oz (150g)
Total 2% Strawberry 5.3oz (150g)
Total Blueberry 5.3oz (150g)
Total Cherry 5.3oz (150g)
Total Honey 5.3oz (150g)

Helios Nutrition

Organic Plain Kefir
Organic Reduced Fat Raspberry Ke
Organic Vanilla Kefir

Dairy (Cont'd)

Lifeway Foods

Bio Kefir Blackberry
Bio Kefir Vanilla
Fat Free Strawberry Kefir
Lassi Mango Indian Style Yogurt
Low Fat Blueberry Kefir
Low Fat Peach Kefir
Lowfat Plain Kefir
Lowfat Pomegranate Kefir
Lowfat Vanilla Kefir
Organic Lowfat Plain Kefir
Organic Lowfat Pomegranate Acai Kefir
Organic Lowfat Strawberry Kefir
Probugs Orange Creamy Crawler
Probugs Strawnana Split
Probuugs Sublime Slime Lime

Stonyfield Organic Yogurt

0% Fat Black Cherry
0% Fat Blueberry FOB
0% Fat Chocolate Underground FOB
0% Fat French Vanilla
0% Fat Key Lime
0% Fat Lotsa Lemon
0% Fat Peach
0% Fat Plain
0% Fat Pom Raspberry Acai FOB
0% Fat Strawberry
0% Fat French Vanilla
0% Fat Plain
Fat Free French Vanilla
Fat Free Strawberry
Low Fat BaNilla
Low Fat Blueberry
Low Fat Blueberry FOB
Low Fat Cherry Vanilla
Low Fat French Vanilla
Low Fat Just Peachy FOB
Low Fat Plain
Low Fat Raspberry
Low Fat Strawberry
Low Fat Strawberry Pomegranate
Oikos: 0% Fat Blueberry FOB
Oikos: 0% Fat Honey FOB
Oikos: 0% Fat Plain

Dairy (Cont'd)

Stonyfield Organic Yogurt

Oikos: 0% Fat Vanilla
Oikos: 0% Fat Caramel 4oz FOB
Oikos: 0% Fat Plain 4oz
Oikos: 0% Fat Vanilla 4oz
Peach Super Smoothie
Raspberry Super Smoothie
Strawberry Banana Super Smoothie
Strawberry Super Smoothie
Strawberry Super Smoothies 6oz
Vanilla Super Smoothie
Whole Milk Chocolate Underground FOB
Whole Milk French Vanilla
Whole Milk Plain
Whole Milk Strawberries & Cream FOB
Wild Berry Super Smoothie
Wild Berry Super Smoothies 6oz
YoBaby Banana
YoBaby Banana Drinkable Yogurt
YoBaby Blueberry
YoBaby Peach
YoBaby Simple Plain
YoBaby Vanilla
YoKids Squeezers Cherry/Berry
YoKids Squeezers Strawberry
YoKids: Strawberry Ban/Straw

Dairy Alternatives

BLUE DIAMOND

ALMOND BREEZE CHOCOLATE
ALMOND BREEZE ORIGINAL
ALMOND BREEZE UNSWEETENED
CHOCOLATE
ALMOND BREEZE UNSWEETENED ORIGINAL
ALMOND BREEZE UNSWEETENED VANILLA
ALMOND BREEZE VANILLA

Blue Diamond

Almond Breeze, Chocolate
Almond Breeze, Original
Almond Breeze, Unsweetened Vanilla
Almond Breeze, Vanilla

Daiya Foods

Cheddar Style Shreds
Mozzarella Style Shreds

Dairy Alternatives (Cont'd)

Daiya Foods

Pepperjack Style Shreds

Follow Your Heart

Vegan Gourmet Cheddar
Vegan Gourmet Cream Cheese
Vegan Gourmet Monterey Jack
Vegan Gourmet Sour Cream

So Delicious

Blueberry Cultured Coconut Milk Yogurt
Chocolate Cultured Coconut Milk Yogurt
Chocolate Non-Dairy Frozen Coconut Milk Dessert
Coconut Non-Dairy Frozen Coconut Milk Dessert
French Vanilla Coconut Milk Creamer
Hazelnut Coconut Milk Creamer
Original (Plain) Coconut Milk Beverage
Original (Plain) Coconut Milk Creamer
Original (Plain) Coconut Milk Kefir
Passionate Mango Cultured Coconut Milk Yogurt
Passionate Mango Non-Dairy Frozen Coconut Milk
Dessert
Pina Colada Cultured Coconut Milk Yogurt
Plain Cultured Coconut Milk Yogurt
Raspberry Cultured Coconut Milk Yogurt
Strawberry Banna Cultured Coconut Milk Yogurt
Strawberry Coconut Milk Kefir
Unsweetened Coconut Milk Beverage
Vanilla Bean Non-Dairy Frozen Coconut Milk
Dessert
Vanilla Coconut Milk Beverage
Vanilla Coconut Milk Kefir
Vanilla Cultured Coconut Milk Yogurt

Stonyfield Organic Yogurt

Blueberry O'Soy
Chocolate O'Soy
Strawberry/Peach O'Soy

WestSoy

Organic Soy Beverage, Unsweetened Original 64
oz
Plus Soy Beverage, Plain 64 oz

Dairy Alternatives (Cont'd)

WestSoy

Soy Beverage, Unsweetened Chocolate 32 oz

truwhip

All Natural Frozen Whip Topping

Deli Style Meats and Cheeses

Applegate Farms

Organic Sliced Oven Roasted Chicken

Sliced Honey Ham

Sliced Honey Maple Turkey

Sliced Hot Soppressata

Sliced Organic Herb Turkey

Sliced Organic Oven Roasted Turkey

Sliced Organic Roast Beef

Sliced Organic Smoked Chicken

Sliced Organic Smoked Turkey

Sliced Organic Uncured Ham

Sliced Oven Roasted Sliced Turkey

Sliced Slow Cooked Ham

Sliced Turkey Bologna

Sliced Turkey Salami

Dental Care Products

Kiss My Face

Berry Smart Toothpaste Fluoride Free 4 oz

Berry Smart Toothpaste w/ Fluoride 4 oz

Tom's of Maine

Spearmint Flat Floss

Unflavored Round Floss

Deodorant

Kiss My Face

Liquid Rock Fragrance Free Deodorant 3 oz

Liquid Rock Lavender Deodorant 3 oz

Liquid Rock Patchouli Deodorant 3 oz

Desserts

French Meadow Bakery

Gluten Free Fudge Brownie

Desserts (Cont'd)

Glutino

Chocolate Glazed Donuts

Original Glazed Donuts

Purely Decadent

Chocolate Peanut Butter Swirl Non-Dairy Frozen Coconut Milk Dessert

So Delicious

Chocolate Non-Dairy Frozen Coconut Milk Dessert

Coconut Non-Dairy Frozen Coconut Milk Dessert

Passionate Mango Non-Dairy Frozen Coconut Milk Dessert

Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

WFM Gluten Free Bakehouse

Carrot Cake

Vanilla Cupcakes

truwhip

All Natural Frozen Whip Topping

Energy and Nutrition Bars/Drinks

Attune

Mint Chocolate Chocolate Wellness Bar

Attune Probiotic Bars

Mint Chocolate Bars - individual

Function Drinks

98886-00100

Alternative Energy Acai Grape

Alternative Energy Strawberry Guava

Urban Detox Goji Berry

Entrees and Mixes

Arrowhead Mills

Gluten Free All Purpose Baking Mix

Bob's Red Mill

TVP (Textured Vegetable Protein)

Entrees and Mixes (Cont'd)

Cherrybrook Kitchen Gluten Free Dreams

- Chocolate Frosting Mix
- Pancake & Waffle Mix
- Vanilla Frosting Mix

Lundberg Family Farms

- Organic Alfredo Risotto
- Organic Florentine Risotto
- Organic Tuscan Risotto

Road's End Organics

- Dairy Free Cheddar Style Penne & Chreese
- Organic Savory Herb Gravy Mix

Tasty Bite

- Aloo Palak
- Bengal Lentils
- Bombay Potatoes
- Channa Masala
- Jaipur Vegetables
- Jodhpur Lentils
- Kashmir Spinach
- Kerala Vegetables
- Madras Lentils
- Malaysian Lodeh
- Mushroom Takatak
- Paneer Makhani
- Punjab Eggplant
- Spinach Dal
- Vegetable Korma

Ethnic Foods

Annie Chun's

- Maifun Rice Noodles
- Pad Thai Rice Noodles

Edward & Sons

- Miso-Cup, Organic Reduced Sodium
- Miso-Cup, Organic Traditional with Tofu

Food For Life

- Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

Food Merchants

- Organic Polenta, Sundried Tomato & Garlic
- Organic Polenta, Traditional

Ethnic Foods (Cont'd)

Native Forest

- Light Coconut Milk
- Organic Coconut Milk

Organicville

- Organic Sesame Teriyaki

Tasty Bite

- Aloo Palak
- Bengal Lentils
- Bombay Potatoes
- Channa Masala
- Good Korma Simmer Sauce
- Jaipur Vegetables
- Jodhpur Lentils
- Kashmir Spinach
- Kerala Vegetables
- Madras Lentils
- Malaysian Lodeh
- Mushroom Takatak
- Paneer Makhani
- Punjab Eggplant
- Spinach Dal
- Tandoori Pilaf
- Tikka Masala Simmer Sauce
- Vegetable Korma

World Foods

- Malaysian Rendang Curry Ready to Pour Sauce
- Malaysian Sweet Chili Coconut Dipping Sauce
- Thai Coconut Galangal Stir Fry Sauce
- Thai Galangal Lemon Grass Stir Fry Sauce
- Thai Green Curry Paste
- Thai Green Curry Ready To Pour Sauce
- Thai Red Curry Paste
- Thai Red Curry Ready To Pour Sauce
- Thai Sweet Chili with Kaffir Lime Dipping Sauce
- Thai Yellow Curry Ready to Pour Sauce

Facial Care Products

Kiss My Face

Eyewitness Eye Repair Crème .5 oz

MyChelle

Clear Skin Cleanser

Honeydew Cleanser Unscented

Frozen Foods

Against The Grain

Pizza, 3-Cheese

Pizza, Pesto

Amy's Kitchen

Asian Noodle Stir-Fry

Baked Ziti Bowl

Bistro Veggie Burger

Black Bean Enchilada Whole Meal

Black Bean Tamale Verde

Brown Rice, Black-Eyed Peas & Veggies Bowl

Cheese Enchilada

Cheese Enchilada Whole Meal

Cheese Tamale Verde

Enchilada Verde Whole Meal

Garden Vegetable Lasagna

Gluten Free Bean & Cheese Burrito

Gluten Free Bean & Rice Burrito (Dairy Free)

Indian Palak Paneer

Indian Vegetable Korma

Light & Lean Black Bean & Cheese Enchilada

Light & Lean Soft Taco Fiesta Bowl

Light in Sodium - Black Bean Vegetable Enchilada

Light in Sodium - Brown Rice & Vegetables Bowl

Light in Sodium - Indian Mattar Paneer

Light in Sodium - Mexican Casserole Bowl

Light in Sodium - Shepherd's Pie

Mexican Tofu Scramble

Non-Dairy Rice Macaroni & Cheese

Rice Mac & Cheese

Roasted Vegetable Tamale

Single Serve Non-Dairy Rice Crust Cheese Pizza

Single Serve Rice Crust Roasted Vegetable Pizza

Frozen Foods (Cont'd)

Amy's Kitchen

Teriyaki Bowl

Tofu Scramble

Tortilla Casserole & Black Beans Bowl

Applegate Farms

Organic Beef Burgers

Organic Turkey Burgers

Sage Breakfast Sausage

EVOL Foods

Chicken Enchilada Bowl

Fire Grilled Steak Bowl

Teriyaki Chicken Bowl

French Meadow Bakery

Gluten Free Fudge Brownie

Glutino

Duo Cheese Pizza Multipack

Pizza, Duo Cheese

Pizza, Spinach Feta

Ian's Natural Foods

Alpha Tots

Ian's Chicken Nuggets, Allergen Free

Ian's Fish Sticks, Allergen Free

Popcorn Turkey Corn Dogs

It's Soy Delicious

Almond Pecan Non-Dairy Frozen Dessert

Awesome Chocolate Non-Dairy Frozen Dessert

Chocolate Almond Non-Dairy Frozen Dessert

Green Tea Non-Dairy Frozen Dessert

Vanilla Non-Dairy Frozen Dessert

Julian's Recipe

Gluten Free Pancakes - Belgian Chocolate

Gluten Free Pancakes - Buttermilk

Gluten Free Pancakes - Wild Blueberry

Julie's Organic Ice Cream

Glutenfreeda's Organic Gluten Free Vanilla Ice Cream Sandwich

Kettle Cuisine

Angus Beef Steak Chili with Beans

Chicken Chili with White Beans

Chicken Soup with Rice Noodles

New England Clam Chowder

Frozen Foods (Cont'd)

Kinnikinnick

Chocolate Dipped Donuts
Maple Glazed Donuts

Nature's Path

Organic Buckwheat Wildberry Waffles
Organic Homestyle Waffles

Organic So Delicious

Chocolate Velvet Non-Dairy Frozen Dessert
Creamy Vanilla Non-Dairy Frozen Dessert
Mocha Fudge Non-Dairy Frozen Dessert
Neopolitan Non-Dairy Frozen Dessert

Purely Decadent

Cherry Nirvana Non-Dairy Frozen Dessert
Chocolate Obsession Non-Dairy Frozen Dessert
Chocolate Peanut Butter Swirl Non-Dairy Frozen Coconut Milk Dessert
Cookie Dough (Gluten Free) Non-Dairy Frozen Dessert
Cookie Dough Non-Dairy Frozen Coconut Milk Dessert
Mint Chocolate Chip Non-Dairy Frozen Dessert
Mocha Almond Fudge Non-Dairy Frozen Dessert
Peanut Butter Zig Zag Non-Dairy Frozen Dessert
Pomegranate Chip Non-Dairy Frozen Dessert
Purely Vanilla Non-Dairy Frozen Dessert
Turtle Trails Non-Dairy Frozen Dessert

Saffron Road

Chicken Biryani
Chicken Tikka Masala with Basmati Rice
Lamb Saag with Basmati Rice
Lamb Vindaloo with Basmati Rice
Lemongrass Basil Chicken

So Delicious

Chocolate Non-Dairy Frozen Coconut Milk Dessert
Coconut Almond Bar, Made with Coconut Milk
Coconut Non-Dairy Frozen Coconut Milk Dessert

Frozen Foods (Cont'd)

So Delicious

Passionate Mango Non-Dairy Frozen Coconut Milk Dessert
Vanilla Bar, Made with Coconut Milk
Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

Starfish

Crispy Battered Gluten Free Cod
Crispy Battered Gluten Free Haddock
Crispy Battered Gluten Free Halibut

Van's

Wheat Free Blueberry Waffles
Wheat Free Flax Waffles
Wheat Free Mini Homestyle Waffles

Grains and Rice

Ancient Harvest

Traditional Organic Quinoa 12 oz

Annie Chun's

Rice Express Black Pearl Rice
Rice Express Sprouted Brown Rice

Lundberg Family Farms

Eco-Farmed California Brown Basmati Rice
Eco-Farmed California White Arborio Rice
Eco-Farmed California White Basmati Rice
Eco-Farmed California White Jasmine Rice
Eco-Farmed Countrywild Gourmet Blend Rice
Eco-Farmed Jubilee Gourmet Blend Rice
Eco-Farmed Long Grain Brown Rice
Eco-Farmed Short Grain Brown Rice
Eco-Farmed Wild Blend Gourmet Blend Rice
Organic Alfredo Risotto
Organic California Brown Jasmine Rice, 25 lb
Organic California White Basmati Rice
Organic Long Grain Brown Rice
Organic Short Grain Brown Rice
Organic Wild Rice

Tasty Bite

Tandoori Pilaf

Hair Care Products

365 Every Day Value™

- Conditioner Fragrance Free
- Conditioner Herbal Mint
- Conditioner Lavender Blend
- Shampoo for Dry and Normal Herbal Mint
- Shampoo for Dry and Normal Lavender Blend
- Shampoo for Normal and Oily Fragrance Free
- Shampoo for Normal and Oily Herbal Mint
- Shampoo for Normal and Oily Lavender Blend

Hand & Body Lotions

Hugo Naturals

- Vanilla & Sweet Orange All Over Lotion

Kiss My Face

- Honey & Calendula Moisturizer 16 oz
- Honey & Calendula Moisturizer 4 oz
- Peaches & Crème Moisturizer 16 oz
- Peaches & Crème Moisturizer 4 oz
- Vitamin A&E Moisturizer 16 oz
- Vitamin A&E Moisturizer 4 oz

Hand & Body Washes

365 Every Day Value™

- Conditioner Fragrance Free
- Shower Gel Fragrance Free
- Shower Gel Herbal Mint
- Shower Gel Lavender Blend

Hugo Naturals

- Shea Butter & Oatmeal Liquid Hand Soap
- Shea Butter & Oatmeal Shower Gel
- Vanilla & Sweet Orange Shower Gel

Kiss My Face

- Olive & Aloe Liquid Moisture Soap 9 oz
- Active Athletic Shower Gel 16 oz
- Almond Liquid Moisture Soap 9 oz
- Early to Bed Shower Gel 16 oz
- Fragrance Free Liquid Moisture Soap 9 oz
- GermesAside Liquid Moisture Soap 9 oz
- Grapefruit & Bergamot Foaming Soap 8.75 oz
- Lavender & Chamomile Foaming Soap 8.75 oz

Jams and Nut Butters

Barney Butter

- Barney Butter Crunchy - 10 oz / 6 pk
- Barney Butter Smooth - 10 oz / 6 pk

Earth Balance

- Creamy Natural Almond Butter

Justin's

- Chocolate Almond Butter Jars
- Chocolate Hazelnut Jars
- Chocolate Peanut Butter Jars
- Classic Almond Butter 1.15 oz Squeeze Packs
- Honey Almond Butter 1.15 oz Squeeze Packs
- Milk Chocolate Peanut Butter Cups

Lip Balms

Badger

- Sweet Orange Cocoa Butter Lip Balm

Meat Alternatives

Asherah's Gourmet

- Vegan Burgers - Original
- Vegan Burgers - Chipotle

Bob's Red Mill

- TVP (Textured Vegetable Protein)

Meat and Poultry

Applegate Farms

- Chicken Apple Breakfast Sausage
- Organic Beef Burgers
- Organic Beef Hot Dogs
- Organic Chicken Hot Dogs
- Organic Hot Dogs
- Organic Turkey Burgers
- Organic Turkey Hot Dogs
- Sage Breakfast Sausage

Nutritional Supplements

Amazing Grass

- Amazing Meal Original
- Amazing Meal Pomegranate Mango
- Amazing Meal chocolate
- Green SuperFood Berry

Nutritional Supplements (Cont'd)

Amazing Grass

Green SuperFood Chocolate
Green SuperFood capsules
Kidz SuperFood Berry

BioChem

100% Whey Protein Chocolate Fudge
100% Whey Protein Natural Flavor
100% Whey Protein Vanilla 1.9lb
100% Whey Protein Vanilla 13.9oz

Country Life

Buffered C 1000mg w/Rose Hips 100ct
Acidophilus with Pectin Capsules, 100 ct
Acidophilus with Pectin Capsules, 250 ct
B-12 1000mcg Time Release 60ct
B-12 500mcg Time Release 100ct
Biotin 1000mcg 100ct
Biotin 500mcg 100ct
Bromelain 500mg 30ct
Calcium Citrate with D Tablets, 120 ct
Charcoal Capsules 40 ct
Daily Total One-a-Day w/Iron 30ct
Glucosamine Chondroitin Capsules, 90 ct
Liquid Target-Mins Calcium-Magnesium Complex,
32 oz
Maxi Baby-dophilus Powder, 2 oz
Maxi Hair 60ct
Maxi-Sorb CoQ-10 Q-Gel 50 count
Omega-3 Fish Oils 1000mg 100ct
Pancreatin 1400mg 100ct
Power-dophilus Capsules, 100 ct
Super Potency Biotin 5mg 120ct
Target-Mins Calcium-Magnesium Complex Tablets,
90 ct
Target-Mins Total Mins Iron-Free Tablets, 60 ct
Vitamin B-6 50mg 100ct
Vitamin C 500mg Chewable 90ct
Vitamin C w/Rose Hips 500mg 250ct
Vitamin D Dry 1000 IU 100ct
Vitamin D3 1000 IU 200ct

Garden of Life

DetoxiFiber

Nutritional Supplements (Cont'd)

Nature's Way Alive!

Alive!® (no iron added) / 60 Tb
Alive!® (no iron added) / 90 Tb
Alive!® (no iron added) / 90 Vcaps®
Alive!® / 180 Tb
Alive!® / 90 Tb
Alive!® Rice/Pea Shake App-Cinn / 1.3 lbs

Nature's Way Primadophilus

Primadophilus® Original / 180 Vcaps®

Nature's Way Sambucus

Sambucus Immune Lozenge / 30
Sambucus Immune Syrup / 4 oz
Sambucus Lozenge / 30
Sambucus Syrup / 8 oz
Sambucus for Kids / 4 oz

Nature's Way Umcka

Umcka ColdCare® Lemon Hot Drink / 10 pkts/bx
Umcka ColdCare® Menthol Syrup / 4 oz
Umcka ColdCare® Original Liquid / 1 oz
Umcka® Cold+Flu Berry Chewable / 20 Chw
Umcka® Cold+Flu Berry Syrup / 4 oz.

Pioneer Nutrition

Chewable Vitamins / Minerals- 90 tab
Children's Multi 120ct

Pioneer Nutrition

CoQ10 Complex- 30 tab
Ipriflavone Calcium Magnesium- 150 tab

Rainbow Light

ACTIVE HEALTH TEEN MULTIVITAMIN 90
CALCIUM CITRATE MINI TABS 120
CHEWABLE CALCIUM CITRATE MULTI-MINS 45
COMPLETE PRENATAL SYSTEM 180
COMPLETE PRENATAL SYSTEM 360
ENERGIZER ONE MULTIVITAMIN 30
FOOD-BASED CALCIUM 90
GUMMY BEAR ESSENTIALS 30
KID'S ONE MULTISTARS 30
KID'S ONE MULTISTARS 90
MAGNESIUM CALCIUM "+" 180
MEN'S ONE MULTIVITAMIN 30
PRENATAL ONE MULTIVITAMIN 150

Nutritional Supplements (Cont'd)

Rainbow Light

PRENATAL ONE MULTIVITAMIN 30
PRENATAL PETITE MULTIVITAMIN 90
VITAMIN D 1,000 IU GUMMIES 50
WOMEN'S ONE MULTIVITAMIN 150
WOMEN'S ONE MULTIVITAMIN 30
WOMEN'S ONE MULTIVITAMIN 90

Vibrant Health

Vibrant Cleanse 24 servings
Vibrant Cleanse Single Serving Packets

Nuts/Seeds/Dried Fruits

Bob's Red Mill

Organic Brown Flaxseeds

Gerbs Pumpkin Seeds

Toasted Onion & Garlic Pumpkin Seed Kernels
Touch of Salt Pumpkin Seed Kernels

Hail Merry

Chimayo Chile Pecans
Lemon Thyme Pecans
Orange Rosemary Pecans
Salt N Pepper Sunflower Seeds
Vanilla Maple Almonds

Oils - Essential/Massage/Aromatic

Hugo Naturals

Patchouli & Sandalwood Massage & Body Oil

Ointments/Salves/Gels/Antiseptics

Badger

Cuticle Care Tin

Pasta

Schar

Tagliatelle

Pasta Sauce

Organicville

Organic Italian Herb Pasta Sauce
Organic Marinara Pasta Sauce
Organic Mushroom Pasta Sauce
Organic Tomato Basil Pasta Sauce

Personal Care

Kiss My Face

Triple Action Toothpaste 3.4 oz
Whitening Toothpaste 3.4 oz

Natracare

ORGANIC Regular Non-Applicator Tampons - 20 CT
ORGANIC Super Non-Applicator Tampons - 20 CT
ORGANIC Super Plus Non-Applicator Tampons - 20 CT
Regular Pads - 14 CT
Tanga Panty Liners - 30 CT

Tom's of Maine

Apricot Long Lasting Stick Deodorant
Calendula Stick Deodorant
Fragrance-Free Sensitive Stick Deodorant
Honeysuckle Rose Stick Deodorant
Lavender Long Lasting Stick Deodorant
Lemongrass Long Lasting Stick Deodorant
Unscented Long Lasting Roll-on Deodorant
Unscented Long Lasting Stick Deodorant
Unscented Stick Deodorant
Wintermint Sensitive Toothpaste
Woodspice Stick Deodorant

Prepared Foods

Food Merchants

Organic Polenta, Sundried Tomato & Garlic
Organic Polenta, Traditional

Sauces/Salsas/Dips

Amy's Kitchen

Black Bean & Corn Salsa
Family Marinara Pasta Sauce
Light in Sodium - Family Marinara Pasta Sauce

Sauces/Salsas/Dips (Cont'd)

Amy's Kitchen

Light in Sodium - Tomato Basil Pasta Sauce
Medium Salsa
Mild Salsa

Organicville

Organic Sesame Teriyaki

Road's End Organics

Organic Savory Herb Gravy Mix

Simply Organic

Alfredo Sauce Mix, Cert. Org.
Brown Gravy Mix Cert. Org.
French Onion Dip Mix, Cert. Org.
Guacamole Dip Mix, Cert. Org.
Ranch Dip Mix, Cert. Org.
Roasted Turkey Gravy Mix Cert. Org.
Sweet Basil Pesto Mix Cert. Org.
Vegetarian Brown Gravy Mix Cert. Org.

Tasty Bite

Good Korma Simmer Sauce
Tikka Masala Simmer Sauce

World Foods

Malaysian Rendang Curry Ready to Pour Sauce
Malaysian Sweet Chili Coconut Dipping Sauce
Thai Coconut Galangal Stir Fry Sauce
Thai Galangal Lemon Grass Stir Fry Sauce
Thai Green Curry Ready To Pour Sauce
Thai Red Curry Ready To Pour Sauce
Thai Sweet Chili with Kaffir Lime Dipping Sauce
Thai Yellow Curry Ready to Pour Sauce

Seafood

Starfish

Crispy Battered Gluten Free Cod
Crispy Battered Gluten Free Haddock
Crispy Battered Gluten Free Halibut

Shaving Aids

Kiss My Face

Fragrance Free Moisture Shave 11 oz
Key Lime Moisture Shave 11 oz
Lavender & Shea Moisture Shave 11 oz
Patchouli Moisture Shave 11 oz

Soups

Amy's Kitchen

Black Bean Vegetable Soup
Chunky Tomato Bisque
Chunky Vegetable Soup
Cream of Tomato Soup
Curried Lentil Soup
Fire Roasted Southwestern Vegetable Soup
Hearty Spanish Rice & Red Bean Soup
Lentil Soup
Lentil Vegetable Soup
Light in Sodium - Chunky Tomato Bisque
Light in Sodium - Cream of Tomato Soup
Light in Sodium - Lentil Soup
Light in Sodium - Lentil Vegetable Soup
Light in Sodium - Split Pea Soup
Split Pea Soup
Summer Corn & Vegetable Soup
Tuscan Bean & Rice Soup

Dr. McDougall's Right Foods

Organic Lower Sodium Black Bean Soup
Organic Lower Sodium Vegetable Soup
RTS Black Bean Soup
RTS Chunky Tomato Soup
RTS Lentil Soup
RTS Light Sodium Garden Vegetable Soup
RTS Light Sodium Lentil Soup
RTS Vegetable Soup

Edward & Sons

Miso-Cup, Organic Reduced Sodium
Miso-Cup, Organic Traditional with Tofu

Kettle Cuisine

Angus Beef Steak Chili with Beans
Chicken Chili with White Beans
Chicken Soup with Rice Noodles
New England Clam Chowder

Spices and Seasonings

Edward & Sons

Bouillon Cubes, Low Sodium Veggie
Bouillon Cubes, Not-Chick'n

Simply Organic

Dirty Rice Seasoning Mix, Cert Org.
Gumbo Base Seasoning Mix, Cert Org.
Jambalaya Seasoning Mix, Cert Org.
Sloppy Joe Mix Cert. Org.
Southwest Taco Seasoning, Cert. Org.
Vegetarian Chili Mix, Cert. Org.

World Foods

Thai Green Curry Paste
Thai Red Curry Paste

Sun Protection

MyChelle

Sun Shield

Sweeteners

Lundberg Family Farms

Organic Brown Rice Syrup