

# Gluten Free

SPECIAL DIETS SERIES

CELEBRATING  
YOUR  
CHOICES



## Reston Store, Mid-Atlantic Region

Whole Foods Market is excited to bring you Celebrating Your Choices, a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product.

### Baby & Child Products

#### California Baby

- Calendula Diaper Cream
- Calming Lotion
- Shampoo & Body Wash
- Super Sensitive Hair Conditioner

### Baked Goods

#### Kinnikinnick

- Chocolate Dipped Donuts
- Cinnamon Sugar Donuts
- Maple Glazed Donuts
- Vanilla Glazed Donuts

#### Udi's

- GF Cinnamon Rolls
- GF Double Chocolate Muffins

### Baked Goods (Cont'd)

#### WFM Gluten Free Bakehouse

- Almond Scones
- Banana Bread
- Blueberry Muffins
- Carrot Cake
- Cheddar Biscuits
- Chocolate Chip Cookies
- Chocolate Cupcakes
- Cornbread
- Cranberry Orange Scones
- Molasses Ginger Cookies
- Nutmeal Raisin Cookies
- Peanut Butter Cookies
- Pie Shells
- Pizza Crust
- Prairie Bread
- Sandwich Bread
- Vanilla Cupcakes

## Baking Needs

### Ancient Harvest

Organic Quinoa Flour 18 oz

### Arrowhead Mills

Buckwheat Flour  
Long Grain Brown Rice Flour  
Millet Flour  
White Rice Flour  
Yellow Corn Meal

### Bob's Red Mill

Almond Flour  
Arrowroot Starch Flour  
Brown Rice Flour  
Garbanzo Bean Flour  
Gluten Free All Purpose Baking Flour  
Gluten Free Brownie Mix  
Gluten Free Cornbread Mix  
Gluten Free Homemade Wonderful Bread Mix  
Gluten Free Sweet White Sorghum Flour  
GlutenFree Rolled Oats  
Organic Amaranth Flour  
Organic Coconut Flour  
Organic Flaxseed Meal  
Organic Golden Flaxseed Meal  
Organic Golden Flaxseeds  
Potato Starch  
Tapioca Flour  
White Rice Flour  
Xanthan Gum

### Cherrybrook Kitchen Gluten Free Dreams

Chocolate Chip Cookie Mix  
Chocolate Frosting Mix  
Ready To Spread Vanilla Frosting  
Vanilla Frosting Mix  
Yellow Cake Mix

### Earth Balance

Shortening

### Ener-G

Egg Replacement  
Rice Bran

### Gluten Free Pantry

All-Purpose GF Baking Flour Mix  
Brown Rice Pancake & Waffle Mix  
Chocolate Truffle Brownie Mix

## Baking Needs (Cont'd)

### Gluten Free Pantry

Favorite Sandwich Bread Mix  
French Bread & Pizza Mix  
Muffins & Scone Mix  
Perfect Pie Crust Mix  
Yankee Cornbread & Muffin Mix

### Hain

Baking Powder

### King Arthur Flour

Gluten Free Bread Mix  
Gluten Free Brownie Mix  
Gluten Free Chocolate Cake Mix  
Gluten Free Cookie Mix  
Gluten Free Muffin Mix  
Gluten Free Multi-Purpose Flour  
Gluten Free Pancake Mix

### Kinnikinnick

Graham Style Crumbs

### Let's Do... Organic

Organic Coconut Flakes  
Organic Cornstarch  
Organic Reduced Fat Shredded Coconut  
Organic Shredded Coconut  
Organic Tapioca Granules

### Namaste

Biscuits, Piecrust & More  
Brownie Mix  
Perfect Flour Blend

### Pamela's Products

Baking & Pancake Mix  
Baking & Pancake Mix, 4 lb  
Chocolate Brownie Mix  
Chocolate Chunk Cookie Mix  
Cornbread & Muffin Mix

### Simply Organic

Cocoa Brownie Mix, Cert. Org.  
Cranberry Bread Mix, Cert. Org.  
Pancake/Waffle Mix, Cert. Org.  
Pumpkin Cake Mix, Cert. Org.

## Baking Needs (Cont'd)

### Simply Organic

Devil's Food Cake Mix, Cert Org.

### WFM Gluten Free Bakehouse

Pie Shells

## Bar Soap

### Kiss My Face

Pure Olive Oil Bar Soap 8 oz

## Beverages

### Bard's Beer

Bard's Gold, 6-Pack

### Estrella Damm

Estrella Damm Daura

### So Delicious

Original (Plain) Coconut Milk Beverage

Original (Plain) Coconut Milk Kefir

Strawberry Coconut Milk Kefir

Unsweetened Coconut Milk Beverage

Vanilla Coconut Milk Beverage

Vanilla Coconut Milk Kefir

## Bread

### Against The Grain

Baguettes, Original

Rolls, Original

### Ener-G

Brown Rice Loaf

Brown Rice Loaf Yeast Free

High Fiber Loaf

White Rice Bread

White Rice Loaf Yeast Free

### Food For Life

Brown Rice Bread, Wheat & Gluten Free

Millet Bread, Wheat & Gluten Free

Rice Almond Bread, Wheat & Gluten Free

White Rice Bread, Wheat & Gluten Free

Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

## Bread (Cont'd)

### Glutino

Bread Crumbs

### Kinnikinnick

Personal Size Pizza Crusts

### Udi's

GF Classic Hamburger Buns

GF Classic Hot Dog Buns

GF Pizza Crusts 9"

GF Plain Bagels

GF White Sandwich Bread

GF Whole Grain Bagels

GF Whole Grain Bread

GF Whole Grain Hamburger Buns

### WFM Gluten Free Bakehouse

Cheddar Biscuits

Cornbread

Prairie Bread

Sandwich Bread

## Candy and Chocolate

### Dagoba

Beaucoup Berries

CONACADO 73%, FTC Single origin Dominican

LAVENDER 59% Lavender/ blueberries

XOCOLATL 74% Chilies/cacao nibs

### Endangered Species Chocolate

Bite Size Dark Chocolate with Cranberries & Almonds

Bite Size Dark Chocolate with Deep Forest Mint

Bite Size Extreme Dark Chocolate

Bite Size Supreme Dark Chocolate

Dark Chocolate with Blueberries - Sea Turtle

Dark Chocolate with Cranberries & Almonds - Wolf

Dark Chocolate with Deep Forest Mint

Dark Chocolate with Espresso Beans - Tiger

Dark Chocolate with Hazelnut Toffee - Rhino

## Candy and Chocolate (Cont'd)

### Endangered Species Chocolate

Dark Chocolate with Raspberries - Grizzly Bear  
Extreme Dark Chocolate - Panther  
Milk Chocolate with Cherries - Dolphin  
Smooth Milk Chocolate - Sea Otter  
Supreme Dark Chocolate - Chimpanzee

### Enjoy Life

Boom Choco Boom Dairy-Free Rice Milk Chocolate Bar  
Boom Choco Boom Dairy-Free Rice Milk w/ Crispy Rice Chocolate Bar  
Boom Choco Boom Dark Chocolate Bar

### Glee Gum

Glee Bubblegum Flavor Gum  
Glee Peppermint Gum  
Glee Tangerine Gum  
Glee Triple Berry Gum

## Canned Goods

### Native Forest

Organic Baby Corn  
Organic Hearts of Palm  
Organic Mango Chunks

## Canned/Jarred Goods

### Amy's Kitchen

Black Bean Chili  
Light in Sodium - Medium Chili  
Light in Sodium - Refried Black Beans  
Light in Sodium - Spicy Chili  
Light in Sodium - Traditional Refried Beans  
Medium Chili  
Medium Chili with Vegetables  
Refried Beans with Green Chiles  
Southwestern Black Bean Chili  
Spicy Chili  
Thai Coconut Soup (Tom Kha Phak)  
Vegetarian Baked Beans

## Cereal

### Ancient Harvest

Organic Quinoa Flakes 12 oz

### Arrowhead Mills

Maple Buckwheat Organic Flakes  
Organic Rice & Shine Hot Cereal

### Bob's Red Mill

Gluten Free Mighty Tasty Hot Cereal  
GlutenFree Rolled Oats

### EnviroKidz

Amazon Frosted Flakes Organic Cereal  
Gorilla Munch Organic Cereal  
Koala Crisp Organic Cereal  
Leapin' Lemurs Peanut Butter & Chocolate Organic Cereal  
Peanut Butter Panda Puffs Organic Cereal

### Erewhon

Crispy Brown Rice - Gluten Free  
Rice Twice

### Glutino

Apple & Cinnamon Cereal  
Honey & Nut O Cereal

### Nature's Path

Organic Crispy Rice Cereal  
Organic Fruit Juice Sweetened Corn Flakes  
Organic Fruit Juice Sweetened Corn Flakes, 26.4 oz  
Organic Honey'd Corn Flakes, 26.4 oz  
Organic Honey'd Cornflakes  
Organic Mesa Sunrise Cereal  
Organic Mesa Sunrise Cereal, 26.4 oz  
Organic Whole O's Cereal

### Udi's

GF Au Naturel Granola  
GF Cranberry Granola  
GF Original Granola  
GF Vanilla Granola

## Cheese

### Applegate Farms

Sliced Emmentaler Swiss Cheese  
Sliced Havarti Cheese  
Sliced Medium Cheddar Cheese

## Cheese (Cont'd)

### Applegate Farms

- Sliced Organic Monterey Jack Cheese
- Sliced Organic Muenster Cheese
- Sliced Pepperjack Cheese
- Sliced Probiotic Yogurt Cheese

### Follow Your Heart

- Vegan Gourmet Cheddar
- Vegan Gourmet Mozzarella Cheese
- Vegan Gourmet Sour Cream

## Chips/Pretzels/Snacks

### Blue Diamond

- Almond Nut Thins
- Barbeque Nut Thins
- Cheddar Cheese Nut Thins
- Hazelnut Nut Thins
- Hint of Sea Salt Nut Thins
- Nacho Nut Chips
- Pecan Nut Thins
- Sea Salt Nut Chips
- Sour Cream & Chive Nut Chips

### Food Should Taste Good

- Blue Corn Dipping Chips Tortilla Chips
- Blue Corn Tortilla Chips
- Cheddar Tortilla Chips
- Hemp Tortilla Chips
- Lime Tortilla Chips
- Sweet Potato Tortilla Chips
- The Works! Tortilla Chips
- White Corn Dipping Chips Tortilla Chips

### Food Should Taste Good

- Jalapeno Tortilla Chips
- Multigrain Tortilla Chips
- Olive Tortilla Chips

### Glutino

- Pretzel Sticks, Family Bag
- Pretzels, Family Bag
- Table Cracker

### Green Mountain Gringo

- Organic White Tortilla Strips
- Original Tortilla Strips

## Chips/Pretzels/Snacks (Cont'd)

### Kettle Brand

- Krinkle Cut Potato Chips, Buffalo Bleu 5 oz
- Krinkle Cut Potato Chips, Classic BBQ 14 oz
- Krinkle Cut Potato Chips, Lightly Salted 14 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 2 oz
- Potato Chips, Backyard Barbeque 5 oz
- Potato Chips, Honey Dijon 5 oz
- Potato Chips, Jalapeno 5 oz
- Potato Chips, Lightly Salted 5 oz
- Potato Chips, Lightly Salted 9 oz
- Potato Chips, New York Cheddar w/ Herbs 5 oz
- Potato Chips, Organic Lightly Salted 5 oz
- Potato Chips, Organic Sea Salt & Black Pepper 5 oz
- Potato Chips, Sea Salt & Vinegar 2 oz
- Potato Chips, Sea Salt & Vinegar 5 oz
- Potato Chips, Spicy Thai 5 oz
- Potato Chips, Unsalted 5 oz

### Late July

- Late July Dude Ranch Multigrain
- Late July Mild Green Mojo

### Lundberg Family Farms

- Brown Rice Cakes
- Buttery Caramel Rice Cakes
- Honey Nut Rice Cakes
- Organic Brown Rice Cakes
- Organic Koku Seaweed Rice Cakes
- Organic Sea Salt Rice Chips
- Organic Unsalted Brown Rice Cakes
- Organic Wild Rice Cakes
- Sante Fe BBQ Rice Chips
- Sesame Seaweed Rice Chips
- Unsalted Brown Rice Cakes

### Lundberg Farms

- Fiesta Lime Rice Chips

## **Chips/Pretzels/Snacks (Cont'd)**

### **Mary's Gone Crackers**

Sticks & Twigs, Tomato Chipotle

### **Mauk Family Farms**

Raw Mineral Rich Crusts

Raw Wheat Free Crusts

### **Michael Season's**

Baked Hot Chili Curls

### **Pirate Brands**

Pirate's Booty Aged White Cheddar

Pirate's Booty Chocolate

Pirate's Booty New York Pizza

Pirate's Booty Sour Cream and Onion

Pirate's Booty Veggie

## **Condiments**

### **Eden**

Tamari Soy Sauce, Naturally Brewed 20 oz

### **Follow Your Heart**

Vegenaise, High Omega-3 w/ Expeller-Pressed Canola Oil

Vegenaise, Original

### **Organicville**

Organic Chili Sauce

Organic Dijon Mustard

Organic Dressing, Miso Ginger Vinaigrette

Organic Dressing, Non Dairy Ranch

Organic Dressing, Olive Oil & Balsamic Vinaigrette

Organic Dressing, Sundried Tomato & Garlic Vinaigrette

Organic Ketchup

Organic Non-Dairy Coleslaw Dressing

Organic Original BBQ Sauce

Organic Stone Ground Mustard

Organic Tangy BBQ Sauce

Organic Yellow Mustard

### **San-J**

Szechuan Hot & Spicy Marinade/Stir Fry Sauce  
Gluten Free

Tamari Peanut Asian Dressing GF

Teriyaki Sauce

## **Cookies and Snack Bars**

### **Enjoy Life**

Soft Baked Chewy Chocolate Chip Cookies

Soft Baked Double Chocolate Brownie Cookies

Soft Baked Gingerbread Spice Cookie

Soft Baked Snickerdoodle Cookies

### **EnviroKidz**

Cheetah Organic Crispy Rice Bars, Berry

Koala Organic Crispy Rice Bars, Chocolate

Panda Organic Crispy Rice Bars, Peanut Butter

Penguin Organic Crispy Rice Bars, Fruity Burst

### **Glutino**

Breakfast Bars, Apple

Breakfast Bars, Blueberry

Chocolate Coated Chocolate Wafers

Organic Bar, Chocolate-Banana

### **Hail Merry**

Choco Macaroons

### **Immaculate Baking Company**

Gluten Free Chocolate Chunk Cookie Dough

### **Kinnikinnick**

KinniTOOS Chocolate Sandwich Creme Cookies

KinniTOOS Vanilla Sandwich Creme Cookies

### **Mi-Del**

Chocolate Chip Cookies

Ginger Snaps

Pecan Cookies

### **Pamela's Products**

Almond Anise Biscotti

Lemon Almond Biscotti

Organic Dark Chocolate Chunk Cookies

Organic Espresso Chocolate Chunk Cookies

Organic Spicy Ginger Cookies

Simplebites Chocolate Chip Mini Cookies

### **Schar**

Cocoa Wafers

Shortbread Cookies

### **WFM Gluten Free Bakehouse**

Chocolate Chip Cookies

Molasses Ginger Cookies

## Cookies and Snack Bars (Cont'd)

### WFM Gluten Free Bakehouse

Nutmeal Raisin Cookies  
Peanut Butter Cookies

### Crackers

#### Edward & Sons

Brown Rice Snaps, Unsalted Sesame  
Organic Brown Rice Snaps, Unsalted Plain

#### Glutino

Crackers, Cheddar  
Crackers, Multigrain  
Crackers, Original

#### Mary's Gone Crackers

Crackers, Caraway  
Crackers, Original

#### Schar

Cheese Bites  
Crispbread  
Snack Crackers  
Table Crackers

## Dairy

### Brown Cow Yogurt

CT Blueberry FOB  
CT Cherry-Vanilla FOB  
CT Chocolate  
CT Coffee  
CT Maple  
CT Peach FOB  
CT Plain  
CT Strawberry FOB  
CT Vanilla  
LF Plain  
LF Vanilla  
LF Vanilla Bean FOB  
Plain Whole Milk Yogurt, 6 oz

### Earth Balance

Buttery Spread with Olive Oil  
Buttery Sticks  
Organic Whipped Buttery Spread  
Original Buttery Spread

## Dairy (Cont'd)

### Earth Balance

Soy Free Buttery Spread  
Soy Garden Buttery Spread

### Fage Total

Total 0% 17.6oz (500g)  
Total 0% 35.3 oz (1kg)  
Total 0% 6oz (170g)  
Total 0% Blueberry Acai 5.3oz (150g)  
Total 0% Cherry Pomegranate 5.3oz (150g)  
Total 0% Honey 5.3oz (150g)  
Total 0% Mango Guanabana 5.3oz (150g)  
Total 0% Strawberry Goji 5.3oz (150g)  
Total 10% 17.6oz (500g)  
Total 10% 7oz (200g)  
Total 2% 17.6oz (500g)  
Total 2% 35.3oz (1kg)  
Total 2% 7oz (200g)  
Total 2% Blueberry 5.3oz (150g)  
Total 2% Cherry 5.3oz (150g)  
Total 2% Honey 5.3oz (150g)  
Total 2% Peach 5.3oz (150g)  
Total 2% Strawberry 5.3oz (150g)  
Total Blueberry 5.3oz (150g)  
Total Cherry 5.3oz (150g)  
Total Honey 5.3oz (150g)

### Helios Nutrition

Organic Plain Kefir  
Organic Reduced Fat Raspberry Ke  
Organic Vanilla Kefir

### Lifeway Foods

Bio Kefir Blackberry  
Bio Kefir Pomegranate Blueberry  
Bio Kefir Vanilla  
Fat Free Strawberry Kefir  
Low Fat Blueberry Kefir  
Low Fat Peach Kefir  
Low Fat Raspberry Kefir  
Low Fat Strawberry Kefir  
Lowfat Pomegranate Kefir  
Organic Lowfat Plain Kefir  
Organic Whole Milk Wildberries Kefir  
Probugs Orange Creamy Crawler  
Probugs Strawnana Split

## Dairy (Cont'd)

### Lifeway Foods

Probuugs Sublime Slime Lime

### Stonyfield Organic Yogurt

0% Fat Black Cherry  
0% Fat Blueberry FOB  
0% Fat Chocolate Underground FOB  
0% Fat French Vanilla  
0% Fat Key Lime  
0% Fat Lotsa Lemon  
0% Fat Peach  
0% Fat Plain  
0% Fat Pom Raspberry Acai FOB  
0% Fat Strawberry  
0% Fat Strawberry FOB  
0% Fat French Vanilla  
0% Fat Plain  
Fat Free French Vanilla  
Fat Free Strawberry  
Low Fat BaNilla  
Low Fat Blueberry  
Low Fat Blueberry FOB  
Low Fat Cherry Vanilla  
Low Fat French Vanilla  
Low Fat Just Peachy FOB  
Low Fat Plain  
Low Fat Raspberry  
Low Fat Strawberry  
Low Fat Strawberry FOB  
Low Fat Strawberry Pomegranate  
Oikos: 0% Fat Blueberry FOB  
Oikos: 0% Fat Honey FOB  
Oikos: 0% Fat Plain  
Oikos: 0% Fat Vanilla  
Oikos: 0% Fat Caramel 4oz FOB  
Oikos: 0% Fat Plain 4oz  
Oikos: 0% Fat Vanilla 4oz  
Strawberry Super Smoothies 6oz  
Whole Milk Chocolate Underground FOB  
Whole Milk French Vanilla  
Whole Milk Plain  
Whole Milk Strawberries & Cream FOB  
Wild Berry Super Smoothie  
Wild Berry Super Smoothies 6oz  
YoBaby Banana

## Dairy (Cont'd)

### Stonyfield Organic Yogurt

YoBaby Banana Drinkable Yogurt  
YoBaby Blueberry  
YoBaby Peach  
YoBaby Peach Drinkable Yogurt  
YoBaby Simple Plain  
YoBaby Vanilla  
YoKids Squeezers Cherry/Berry  
YoKids Squeezers Strawberry  
YoKids: Blueberry Straw/Van  
YoKids: Strawberry Ban/Straw

## Dairy Alternatives

### BLUE DIAMOND

ALMOND BREEZE CHOCOLATE  
ALMOND BREEZE ORIGINAL  
ALMOND BREEZE UNSWEETENED  
CHOCOLATE  
ALMOND BREEZE UNSWEETENED ORIGINAL  
ALMOND BREEZE UNSWEETENED VANILLA  
ALMOND BREEZE VANILLA

### Blue Diamond

Almond Breeze, Chocolate  
Almond Breeze, Original  
Almond Breeze, Unsweetened Vanilla  
Almond Breeze, Vanilla

### Daiya Foods

Cheddar Style Shreds  
Mozzarella Style Shreds  
Pepperjack Style Shreds

### Follow Your Heart

Vegan Gourmet Cheddar  
Vegan Gourmet Mozzarella Cheese  
Vegan Gourmet Sour Cream

### So Delicious

Blueberry Cultured Coconut Milk Yogurt  
Chocolate Cultured Coconut Milk Yogurt  
Chocolate Non-Dairy Frozen Coconut Milk Dessert  
Coconut Non-Dairy Frozen Coconut Milk Dessert  
French Vanilla Coconut Milk Creamer  
Hazelnut Coconut Milk Creamer

## Dairy Alternatives (Cont'd)

### So Delicious

- Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert
- Original (Plain) Coconut Milk Beverage
- Original (Plain) Coconut Milk Creamer
- Original (Plain) Coconut Milk Kefir
- Passionate Mango Cultured Coconut Milk Yogurt
- Passionate Mango Non-Dairy Frozen Coconut Milk Dessert
- Pina Colada Cultured Coconut Milk Yogurt
- Plain Cultured Coconut Milk Yogurt
- Raspberry Cultured Coconut Milk Yogurt
- Strawberry Banna Cultured Coconut Milk Yogurt
- Strawberry Coconut Milk Kefir
- Strawberry Cultured Coconut Milk Yogurt
- Unsweetened Coconut Milk Beverage
- Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert
- Vanilla Coconut Milk Beverage
- Vanilla Coconut Milk Kefir
- Vanilla Cultured Coconut Milk Yogurt

### Stonyfield Organic Yogurt

- Blueberry O'Soy
- Chocolate O'Soy
- Strawberry/Peach O'Soy
- Vanilla O'Soy

### WestSoy

- Organic Soy Beverage, Unsweetened Original 64 oz
- Plus Soy Beverage, Plain 64 oz

### truwhip

- All Natural Frozen Whip Topping

## Deli Style Meats and Cheeses

### Applegate Farms

- Organic Sliced Oven Roasted Chicken
- Sliced Honey Ham
- Sliced Honey Maple Turkey
- Sliced Organic Oven Roasted Turkey
- Sliced Oven Roasted Sliced Turkey
- Sliced Slow Cooked Ham

## Deli Style Meats and Cheeses (Cont'd)

### Applegate Farms

- Sliced Smoked Turkey
- Sliced Turkey Bologna

## Dental Care Products

### Kiss My Face

- Sensitive Toothpaste 3.4 oz
- Tartar Control Toothpaste 3.4 oz

### Tom's of Maine

- Unflavored Round Floss

## Desserts

### French Meadow Bakery

- Gluten Free Fudge Brownie

### Hail Merry

- Chocolate Mint Tart
- Meyer Lemon Tart

### Organicville

- Organic Vanilla Ice Cream

### Purely Decadent

- Chocolate Peanut Butter Swirl Non-Dairy Frozen Coconut Milk Dessert

### So Delicious

- Chocolate Non-Dairy Frozen Coconut Milk Dessert
- Coconut Non-Dairy Frozen Coconut Milk Dessert
- Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert
- Passionate Mango Non-Dairy Frozen Coconut Milk Dessert
- Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

### WFM Gluten Free Bakehouse

- Carrot Cake
- Chocolate Cupcakes
- Vanilla Cupcakes

## Desserts (Cont'd)

### truwhip

All Natural Frozen Whip Topping

## Energy and Nutrition Bars/Drinks

### Attune

Dark Chocolate Chocolate Wellness Bar

Mint Chocolate Chocolate Wellness Bar

### Attune Probiotic Bars

Dark Chocolate Bars - individual bars

Mint Chocolate Bars - individual

### Function Drinks

98886-00100

Urban Detox Goji Berry

Urban Detox Pom Cherry

## Entrees and Mixes

### Cherrybrook Kitchen Gluten Free Dreams

Chocolate Chip Cookie Mix

Chocolate Frosting Mix

Vanilla Frosting Mix

### Edward & Sons

Organic Home Style Mashed Potato Mix

### Ener-G

Rice Bran

### Lundberg Family Farms

Organic Alfredo Risotto

Organic Florentine Risotto

Organic Tuscan Risotto

### Namaste

Brownie Mix

### Road's End Organics

Dairy Free Cheddar Style Penne & Chreese

### Tasty Bite

Bengal Lentils

Bombay Potatoes

Channa Masala

Jodhpur Lentils

Kashmir Spinach

Madras Lentils

Vegetable Korma

## Ethnic Foods

### Annie Chun's

Maifun Rice Noodles

Pad Thai Rice Noodles

### Edward & Sons

Miso-Cup, Organic Reduced Sodium

Miso-Cup, Organic Traditional with Tofu

Miso-Cup, Original Golden Vegetable

### Food For Life

Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Food Merchants

Organic Polenta, Basil & Garlic

Organic Polenta, Sundried Tomato & Garlic

Organic Polenta, Traditional

### Native Forest

Light Coconut Milk

Organic Coconut Milk

### Organicville

Organic Island Teriyaki

### Tasty Bite

Bengal Lentils

Bombay Potatoes

Channa Masala

Good Korma Simmer Sauce

Jodhpur Lentils

Kashmir Spinach

Madras Lentils

Tandoori Pilaf

Tikka Masala Simmer Sauce

Vegetable Korma

### World Foods

Malaysian Rendang Curry Ready to Pour Sauce

Malaysian Sweet Chili Coconut Dipping Sauce

Thai 'Pad Thai' Noodle Sauce

Thai Coconut Galangal Stir Fry Sauce

Thai Galangal Lemon Grass Stir Fry Sauce

Thai Green Curry Paste

Thai Red Curry Paste

Thai Yellow Curry Ready to Pour Sauce

## Facial Care Products

### MyChelle

Fruit Enzyme Cleanser  
G2 Instant Firming Serum  
Tropical Skin Smoother

## Frozen Foods

### Against The Grain

Pizza, 3-Cheese  
Pizza, Pesto

### Amy's Kitchen

Asian Noodle Stir-Fry  
Baked Ziti Bowl  
Bistro Veggie Burger  
Black Bean Tamale Verde  
Brown Rice, Black-Eyed Peas & Veggies Bowl  
Cheese Enchilada  
Cheese Enchilada Whole Meal  
Cheese Tamale Verde  
Enchilada Verde Whole Meal  
Garden Vegetable Lasagna  
Gluten Free Bean & Cheese Burrito  
Gluten Free Bean & Rice Burrito (Dairy Free)  
Indian Palak Paneer  
Indian Paneer Tikka  
Indian Vegetable Korma  
Light & Lean Black Bean & Cheese Enchilada  
Light & Lean Soft Taco Fiesta Bowl  
Light in Sodium - Black Bean Vegetable Enchilada  
Light in Sodium - Brown Rice & Vegetables Bowl  
Light in Sodium - Indian Mattar Paneer  
Light in Sodium - Mexican Casserole Bowl  
Light in Sodium - Shepherd's Pie  
Mexican Tofu Scramble  
Non-Dairy Rice Macaroni & Cheese  
Rice Crust Cheese Pizza  
Rice Mac & Cheese  
Roasted Vegetable Tamale  
Santa Fe Enchilada Bowl  
Teriyaki Bowl  
Tofu Scramble  
Tortilla Casserole & Black Beans Bowl

## Frozen Foods (Cont'd)

### Applegate Farms

Maple Breakfast Sausage  
Organic Beef Burgers  
Organic Turkey Burgers  
Sage Breakfast Sausage

### Caesar's

Manicotti, Gluten-Free Wheat-Free  
Stuffed Shells, Gluten-Free Wheat-Free

### EVOL Foods

Bean & Cheese Enchilada Bowl  
Chicken Enchilada Bowl  
Fire Grilled Steak Bowl  
Teriyaki Chicken Bowl

### French Meadow Bakery

Gluten Free Chocolate Chip Cookie Dough  
Gluten Free Fudge Brownie

### Glutino

Duo Cheese Pizza Multipack  
Pizza, Duo Cheese  
Pizza, Spinach Feta

### Ian's Natural Foods

French Toast Sticks, Wheat Free Gluten Free  
Ian's Fish Sticks, Allergen Free

### It's Soy Delicious

Awesome Chocolate Non-Dairy Frozen Dessert  
Green Tea Non-Dairy Frozen Dessert  
Vanilla Non-Dairy Frozen Dessert

### Julian's Recipe

Gluten Free Pancakes - Belgian Chocolate  
Gluten Free Pancakes - Buttermilk  
Gluten Free Pancakes - Wild Blueberry

### Julie's Organic Ice Cream

Glutenfreeda's Organic Gluten Free Vanilla Ice Cream Sandwich

### Kinnikinnick

Chocolate Dipped Donuts  
Cinnamon Sugar Donuts  
Maple Glazed Donuts  
Vanilla Glazed Donuts

## Frozen Foods (Cont'd)

### Nature's Path

Organic Buckwheat Wildberry Waffles  
Organic Homestyle Waffles

### Organic So Delicious

Chocolate Velvet Non-Dairy Frozen Dessert  
Creamy Vanilla Non-Dairy Frozen Dessert  
Mocha Fudge Non-Dairy Frozen Dessert

### Organicville

Organic Vanilla Ice Cream

### Purely Decadent

Cherry Nirvana Non-Dairy Frozen Dessert  
Chocolate Obsession Non-Dairy Frozen Dessert  
Chocolate Peanut Butter Swirl Non-Dairy Frozen Coconut Milk Dessert  
Cookie Dough (Gluten Free) Non-Dairy Frozen Dessert  
Cookie Dough Non-Dairy Frozen Coconut Milk Dessert  
Mint Chip Non-Dairy Frozen Coconut Milk Dessert  
Mint Chocolate Chip Non-Dairy Frozen Dessert  
Mocha Almond Fudge Non-Dairy Frozen Dessert  
Pomegranate Chip Non-Dairy Frozen Dessert  
Turtle Trails Non-Dairy Frozen Dessert

### Saffron Road

Chicken Tikka Masala with Basmati Rice  
Lamb Saag with Basmati Rice  
Lamb Vindaloo with Basmati Rice  
Lemongrass Basil Chicken

### So Delicious

Chocolate Non-Dairy Frozen Coconut Milk Dessert  
Coconut Almond Bar, Made with Coconut Milk  
Coconut Non-Dairy Frozen Coconut Milk Dessert  
Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert  
Passionate Mango Non-Dairy Frozen Coconut Milk Dessert

## Frozen Foods (Cont'd)

### So Delicious

Vanilla Bar, Made with Coconut Milk  
Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

### Starfish

Crispy Battered Gluten Free Cod  
Crispy Battered Gluten Free Haddock  
Crispy Battered Gluten Free Halibut

### Van's

Wheat Free Blueberry Waffles  
Wheat Free Homestyle Waffles  
Wheat Free Mini Homestyle Waffles

## Grains and Rice

### Ancient Harvest

Traditional Organic Quinoa 12 oz

### Annie Chun's

Rice Express Multi Grain Rice  
Rice Express Sprouted Brown Rice  
Rice Express Sticky White Rice

### Lundberg Family Farms

Eco-Farmed Black Japonica Field Gourmet Blend  
Eco-Farmed California Brown Basmati Rice  
Eco-Farmed California White Arborio Rice  
Eco-Farmed California White Basmati Rice  
Eco-Farmed Countrywild Gourmet Blend Rice  
Eco-Farmed Jubilee Gourmet Blend Rice  
Eco-Farmed Long Grain Brown Rice  
Eco-Farmed Short Grain Brown Rice  
Eco-Farmed Wild Blend Gourmet Blend Rice  
Organic Alfredo Risotto  
Organic California Brown Basmati Rice  
Organic California White Basmati Rice  
Organic Long Grain Brown Rice  
Organic Short Grain Brown Rice  
Organic Wild Rice

### Tasty Bite

Tandoori Pilaf

## Hair Care Products

### 365 Every Day Value™

- Conditioner Fragrance Free
- Conditioner Lavender Blend
- Shampoo for Dry and Normal Herbal Mint
- Shampoo for Dry and Normal Lavender Blend
- Shampoo for Normal and Oily Herbal Mint
- Shampoo for Normal and Oily Lavender Blend

### Hugo Naturals

- Balancing Conditioner (French Lavender & Tea Tree)
- Balancing Shampoo (French Lavender & Tea Tree)
- Color Protecting Shampoo (Geranium)
- Moisturizing & Restoring Conditioner (Red Tea & Ylang Ylang)
- Smoothing & Defining Shampoo (Coconut)
- Travel Size Volumizing Conditioner (Vanilla & Sweet Orange)
- Travel Size Volumizing Shampoo (Vanilla & Sweet Orange)

### Kiss My Face

- Upper Management Styling Gel 8 oz

## Hand & Body Lotions

### Hugo Naturals

- Unscented All Over Lotion
- Vanilla & Sweet Orange All Over Lotion

### Kiss My Face

- Honey & Calendula Moisturizer 16 oz
- Honey & Calendula Moisturizer 4 oz
- Peaches & Crème Moisturizer 16 oz
- Vitamin A&E Moisturizer 4 oz

## Hand & Body Washes

### 365 Every Day Value™

- Conditioner Fragrance Free
- Shower Gel Fragrance Free
- Shower Gel Herbal Mint
- Shower Gel Lavender Blend

### Hugo Naturals

- French Lavender Liquid Hand Soap
- Grapefruit Liquid Hand Soap
- Shea Butter & Oatmeal Shower Gel

## Hand & Body Washes (Cont'd)

### Kiss My Face

- Olive & Aloe Liquid Moisture Soap 9 oz
- Active Athletic Shower Gel 16 oz
- Almond Liquid Moisture Soap 9 oz
- Anti-Stress Shower Gel 16 oz
- Cold & Flu Shower Gel 16 oz
- Early to Bed Shower Gel 16 oz
- Early to Rise Shower Gel 16 oz
- GermsAside Liquid Moisture Soap 9 oz
- Grapefruit & Bergamot Foaming Soap 8.75 oz
- Grapefruit & Bergamot Refill 17.5 oz
- Lavender & Chamomile Refill 17.5 oz
- Patchouli Liquid Moisture Soap 9 oz
- Peaceful Patchouli Shower Gel 16 oz
- Rough Thyme Shower Gel 16 oz
- Silky Soft Shower Gel 16 oz

## Jams and Nut Butters

### Barney Butter

- Barney Butter Crunchy - 10 oz / 6 pk
- Barney Butter Smooth - 10 oz / 6 pk

### Earth Balance

- Creamy Natural Almond Butter

### Justin's

- Chocolate Hazelnut Jars
- Chocolate Peanut Butter Jars
- Classic Almond Butter 1.15 oz Squeeze Packs
- Honey Almond Butter 1.15 oz Squeeze Packs
- Milk Chocolate Peanut Butter Cups

## Lip Balms

### Badger

- Tangerine Breeze Lip Balm

## Meat Alternatives

### Asherah's Gourmet

- Vegan Burgers - Original
- Vegan Burgers - Chipotle

## Meat and Poultry

### Applegate Farms

- Big Apple Hot Dogs
- Chicken Apple Breakfast Sausage
- Maple Breakfast Sausage
- Organic Beef Burgers
- Organic Beef Hot Dogs
- Organic Chicken Hot Dogs
- Organic Hot Dogs
- Organic Sliced Sunday Bacon
- Organic Turkey Burgers
- Organic Turkey Hot Dogs
- Sage Breakfast Sausage

## Nutritional Supplements

### Amazing Grass

- Amazing Meal Original
- Amazing Meal Pomegranate Mango
- Green SuperFood Berry
- Green SuperFood Chocolate

### BioChem

- 100% Whey Protein Chocolate Fudge
- 100% Whey Protein Chocolate Fudge 1.9lb
- 100% Whey Protein Natural Flavor
- 100% Whey Protein Natural Flavor
- 100% Whey Protein Vanilla 1.9lb
- 100% Whey Protein Vanilla 13.9oz

### Country Life

- Buffered C 1000mg w/Rose Hips 100ct
- Acerola Vitamin C 500mg Chewable 180ct
- Acidophilus with Pectin Capsules, 250 ct
- Action B-50 100ct
- B-12 500mcg Time Release 100ct
- Biotin 1000mcg 100ct
- Bromelain 500mg 60ct
- Buffer C pH Controlled 500mg 60ct Capsule
- Calcium-Magnesium with Vitamin D Complex, 360 ct
- Carotenoid Complex 60ct
- Chelated Magnesium 250mg Tablets, 180 ct
- Chelated Zinc 50mg Tablets, 100 ct
- Chewable Multivitamin 60ct
- Chromium Picolinate Capsules, 50 ct
- Coenzyme B Complex 30ct
- Daily Total One-a-Day 60ct Capsule

## Nutritional Supplements (Cont'd)

### Country Life

- Folic Acid 800mcg 250ct
- L-Lysine 1000mg Tablets with B-6, 100 ct
- Lutien 20mg 60ct
- Maxi Baby-dophilus Powder, 2 oz
- Maxi C 1000mg 90ct
- Maxi Hair 90ct
- Neuro-PS Phosphatidylserine, 30 ct
- Niacinamide 500mg 100ct
- Papaya Chewable 25mg 500ct
- Resveratrol Plus 120ct Capsule
- Selenium 200mcg Tablets, 90 ct
- Super 10 Antioxidant 60ct
- Super Potency Biotin 5mg 60ct
- Superior B-12, 50 ct
- Target-Mins Calcium-Magnesium Capsules, 90 ct
- Target-Mins Calcium-Magnesium Complex Tablets, 180 ct
- Target-Mins Calcium-Magnesium Complex Tablets, 90 ct
- Target-Mins Calcium-Magnesium-Potassium Tablets, 180 ct
- Target-Mins Calcium-Magnesium-Veg Capsules, 120 ct
- Target-Mins Calcium-Magnesium-Zinc Tablets, 180 ct
- Target-Mins Calcium-Magnesium-Zinc Tablets, 90 ct
- Target-Mins Magnesium Capsules, 120 ct
- Target-Mins Magnesium Capsules, 60 ct
- Ultimate Daily Nutrition 60ct
- Vitamin A & D 10,000/400 IU 100ct
- Vitamin C 500mg with Rose Hips and TR 100ct
- Vitamin C w/Rose Hips 500mg 250ct
- Vitamin D 400 IU 100ct Softgels
- Vitamin D3 5000 IU 200ct Softgels
- Women's Daily Nutrition 60ct

### Nature's Way

- 0 Vegetarian capsules (box) / 100

## Nutritional Supplements (Cont'd)

### Nature's Way Alive!

Alive! Liquid Vitamin-30 oz. bottle  
Alive! Whole Food C, Pwd 120 g  
Alive!® (no iron added) / 180 Tb  
Alive!® / 180 Tb  
Alive!® / 90 Tb  
Alive!® Soy Shake Vanilla / 1.3 lbs

### Nature's Way Primadophilus

Primadophilus® Bifidus / 90 Vcaps®  
Primadophilus® Intensive / 10 pkts / bx  
Primadophilus® Probia® / 30 Vcaps®  
Primadophilus® for Children / 5 oz Pwdr  
Primadophilus® for Kids Orange / 30 Chw

### Nature's Way Sambucus

Sambucus Immune Syrup / 4 oz  
Sambucus Immune Syrup / 8 oz  
Sambucus Lozenge / 30  
Sambucus Sugar-Free Syrup / 4 oz  
Sambucus Sugar-Free Syrup / 8 oz  
Sambucus Syrup / 8 oz  
Sambucus for Kids / 8 oz

### Nature's Way Umcka

Umcka ColdCare® Alcohol Free Liquid / 1 oz  
Umcka ColdCare® Cherry Syrup / 4 oz  
Umcka ColdCare® Children's Cherry Syrup / 4 oz  
Umcka ColdCare® Lemon Hot Drink / 10 pkts/bx  
Umcka® Cold+Flu Berry Chewable / 20 Chw

### Rainbow Light

ACTIVE HEALTH TEEN MULTIVITAMIN 90  
ACTIVE SENIOR MULTIVITAMIN 90  
CERTIFIED ORGANIC MENS MULTI 120  
CERTIFIED ORGANIC PRENATAL MULTI 120  
EVERYDAY CALCIUM WITH ENZYMES 120  
FOOD-BASED CALCIUM 180  
FOOD-BASED CALCIUM 90  
GUMMY BEAR ESSENTIALS 30  
GUMMY OMEGALICIOUS 30  
GUMMY POWER SOURS 30  
JUST ONCE MULTIVITAMIN 30  
KID'S ONE MULTISTARS 30  
MEN'S ONE MULTIVITAMIN 150

## Nutritional Supplements (Cont'd)

### Rainbow Light

PAIN - EZE 30  
PRENATAL ONE MULTIVITAMIN 30  
PRENATAL ONE MULTIVITAMIN 90  
PROTEIN ENERGIZER ACAI  
VITAMIN D 1,000 IU GUMMIES 50  
WOMEN'S ONE MULTIVITAMIN 150  
WOMEN'S ONE MULTIVITAMIN 90

### VEGA

500ml  
Berry Small  
Chocolate Small  
Natural Small

## Nuts/Seeds/Dried Fruits

### Bob's Red Mill

Organic Golden Flaxseeds

### Gerbs Pumpkin Seeds

Toasted Onion & Garlic Pumpkin Seed Kernels  
Touch of Salt Pumpkin Seed Kernels  
Whole Roasted Lightly Salted Pumpkin Seeds

### Hail Merry

Chimayo Chile Pecans  
Orange Rosemary Pecans  
Vanilla Maple Almonds

## Ointments/Salves/Gels/Antiseptics

### Badger

Headache Soother Balm

## Pasta Sauce

### Organicville

Organic Italian Herb Pasta Sauce  
Organic Marinara Pasta Sauce  
Organic Mushroom Pasta Sauce  
Organic Tomato Basil Pasta Sauce

## Personal Care

### Kiss My Face

Whitening Toothpaste 3.4 oz

### Natracare

ORGANIC Regular Applicator Tampons - 16 CT  
ORGANIC Regular Non-Applicator Tampons - 20 CT  
ORGANIC Super Non-Applicator Tampons - 20 CT  
Regular Pads - 14 CT  
Slender Pads - 20 CT  
Super Pads - 12 CT  
Tanga Panty Liners - 30 CT

### Tom's of Maine

Apricot Long Lasting Stick Deodorant  
Calendula Stick Deodorant  
Cucumber-Grapefruit Sensitive Stick Deodorant  
Fragrance-Free Sensitive Stick Deodorant  
Honeysuckle Rose Stick Deodorant  
Lavender Long Lasting Stick Deodorant  
Lemongrass Long Lasting Stick Deodorant  
Unscented Long Lasting Roll-on Deodorant  
Unscented Long Lasting Stick Deodorant  
Unscented Stick Deodorant  
Wintermint Sensitive Toothpaste  
Woodspice Stick Deodorant

## Prepared Foods

### Food Merchants

Organic Polenta, Basil & Garlic  
Organic Polenta, Sundried Tomato & Garlic  
Organic Polenta, Traditional

## Sauces/Salsas/Dips

### Amy's Kitchen

Black Bean & Corn Salsa  
Family Marinara Pasta Sauce  
Light in Sodium - Family Marinara Pasta Sauce  
Light in Sodium - Tomato Basil Pasta Sauce  
Medium Salsa  
Mild Salsa

## Sauces/Salsas/Dips (Cont'd)

### Organicville

Organic Island Teriyaki  
Organic Tangy BBQ Sauce

### Simply Organic

French Onion Dip Mix, Cert. Org.  
Guacamole Dip Mix, Cert. Org.  
Vegetarian Brown Gravy Mix Cert. Org.

### Tasty Bite

Good Korma Simmer Sauce  
Tikka Masala Simmer Sauce

### World Foods

Malaysian Rendang Curry Ready to Pour Sauce  
Malaysian Sweet Chili Coconut Dipping Sauce  
Thai 'Pad Thai' Noodle Sauce  
Thai Coconut Galangal Stir Fry Sauce  
Thai Galangal Lemon Grass Stir Fry Sauce  
Thai Yellow Curry Ready to Pour Sauce

## Seafood

### Starfish

Crispy Battered Gluten Free Cod  
Crispy Battered Gluten Free Haddock  
Crispy Battered Gluten Free Halibut

## Shaving Aids

### Kiss My Face

Cool Mint Moisture Shave 11 oz  
Fragrance Free Moisture Shave 11 oz  
Key Lime Moisture Shave 11 oz  
Lavender & Shea Moisture Shave 11 oz

## Soups

### Amy's Kitchen

Black Bean Vegetable Soup  
Chunky Tomato Bisque  
Chunky Vegetable Soup  
Cream of Tomato Soup  
Curried Lentil Soup  
Fire Roasted Southwestern Vegetable Soup

## **Soups (Cont'd)**

### **Amy's Kitchen**

- Hearty Spanish Rice & Red Bean Soup
- Lentil Soup
- Lentil Vegetable Soup
- Light in Sodium - Chunky Tomato Bisque
- Light in Sodium - Cream of Tomato Soup
- Light in Sodium - Lentil Soup
- Light in Sodium - Lentil Vegetable Soup
- Light in Sodium - Split Pea Soup
- Split Pea Soup
- Summer Corn & Vegetable Soup
- Tuscan Bean & Rice Soup

### **Dr. McDougall's Right Foods**

- RTS Black Bean Soup
- RTS Lentil Soup
- RTS Vegetable Soup

### **Edward & Sons**

- Miso-Cup, Organic Reduced Sodium
- Miso-Cup, Organic Traditional with Tofu
- Miso-Cup, Original Golden Vegetable

## **Spices and Seasonings**

### **Edward & Sons**

- Bouillon Cubes, Low Sodium Veggie
- Bouillon Cubes, Not-Chick'n

### **Simply Organic**

- Jambalaya Seasoning Mix, Cert Org.
- Southwest Taco Seasoning, Cert. Org.

### **World Foods**

- Thai Green Curry Paste
- Thai Red Curry Paste

## **Sweeteners**

### **Lundberg Family Farms**

- Brown Rice Syrup
- Organic Brown Rice Syrup