

Gluten Free

SPECIAL DIETS SERIES

CELEBRATING
YOUR
CHOICES



Springfield Store, Mid-Atlantic Region

Whole Foods Market is excited to bring you Celebrating Your Choices, a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product.

Baby & Child Products

California Baby

- Calendula Diaper Cream
- Shampoo & Body Wash
- Super Sensitive Hair Conditioner

Baked Goods

Kinnikinnick

- Chocolate Dipped Donuts
- Cinnamon Sugar Donuts
- Maple Glazed Donuts
- Vanilla Glazed Donuts

Udi's

- GF Cinnamon Rolls

WFM Gluten Free Bakehouse

- Almond Scones
- Banana Bread
- Blueberry Muffins

Baked Goods (Cont'd)

WFM Gluten Free Bakehouse

- Carrot Cake
- Chocolate Chip Cookies
- Chocolate Cupcakes
- Chocolate Frosting
- Cornbread
- Lemon Poppyseed Muffins (4 pack)
- Molasses Ginger Cookies
- Nutmeal Raisin Cookies
- Peanut Butter Cookies
- Pie Shells
- Prairie Bread
- Sandwich Bread
- Vanilla Cupcakes

Baking Needs

Ancient Harvest

- Organic Quinoa Flour 18 oz

Baking Needs (Cont'd)

Arrowhead Mills

- Blue Corn Meal
- Buckwheat Flour
- Long Grain Brown Rice Flour
- Millet Flour
- White Rice Flour
- Yellow Corn Meal

Bob's Red Mill

- Almond Flour
- Brown Rice Flour
- Cornstarch
- Flaxseed Meal
- Garbanzo Bean Flour
- Gluten Free All Purpose Baking Flour
- Gluten Free Brownie Mix
- Gluten Free Cornbread Mix
- Gluten Free Homemade Wonderful Bread Mix
- Gluten Free Sweet White Sorghum Flour
- GlutenFree Rolled Oats
- Millet Flour
- Organic Brown Flaxseeds
- Organic Flaxseed Meal
- Organic Golden Flaxseed Meal
- Organic Golden Flaxseeds
- Tapioca Flour
- Teff Flour
- White Rice Flour
- Xanthan Gum

Cherrybrook Kitchen Gluten Free Dreams

- Chocolate Frosting Mix
- Pancake & Waffle Mix
- Ready To Spread Vanilla Frosting
- Vanilla Frosting Mix
- Yellow Cake Mix

Earth Balance

- Shortening

Ener-G

- Egg Replacement
- Rice Bran

Enjoy Life

- Semi-Sweet Chocolate Chips

Baking Needs (Cont'd)

Gluten Free Pantry

- All-Purpose GF Baking Flour Mix
- Brown Rice Pancake & Waffle Mix
- Chocolate Truffle Brownie Mix
- Favorite Sandwich Bread Mix
- French Bread & Pizza Mix
- Muffins & Scone Mix
- Yankee Cornbread & Muffin Mix

Hain

- Baking Powder

King Arthur Flour

- Gluten Free Bread Mix
- Gluten Free Brownie Mix
- Gluten Free Chocolate Cake Mix
- Gluten Free Cookie Mix
- Gluten Free Muffin Mix
- Gluten Free Multi-Purpose Flour
- Gluten Free Pancake Mix

Let's Do... Organic

- Organic Coconut Flakes
- Organic Cornstarch
- Organic Shredded Coconut
- Organic Tapioca Granules

Namaste

- Brownie Mix
- Pizza Crust Mix
- Spice Cake Mix

Pamela's Products

- Baking & Pancake Mix
- Baking & Pancake Mix, 4 lb
- Chocolate Cake Mix
- Chocolate Chunk Cookie Mix
- Classic Vanilla Cake Mix
- Cornbread & Muffin Mix
- Gluten-Free Bread Mix

Simply Organic

- Pancake/Waffle Mix, Cert. Org.

WFM Gluten Free Bakehouse

- Pie Shells

Bar Soap

Kiss My Face

- Olive & Aloe Bar Soap 8 oz
- Olive & Chamomile Bar Soap 8 oz
- Olive & Green Tea Bar Soap 4 oz
- Olive & Verbena Bar Soap 8 oz
- Pure Olive Oil Bar Soap 8 oz

Bath Salts/Sugars/Scrubs

Hugo Naturals

- Eucalyptus, Rosemary & Mint Fizzy Bath Bomb
- Grapefruit & Orange Fizzy Bath Bomb

Beverages

Lakefront Brewery

- New Grist Sorghum Brewed Beer

So Delicious

- Original (Plain) Coconut Milk Beverage
- Original (Plain) Coconut Milk Kefir
- Strawberry Coconut Milk Kefir
- Unsweetened Coconut Milk Beverage
- Vanilla Coconut Milk Beverage
- Vanilla Coconut Milk Kefir

Bread

Ener-G

- Brown Rice Loaf
- Brown Rice Loaf Yeast Free
- English Muffins
- Tapioca Loaf
- White Rice Bread
- White Rice Loaf Yeast Free

Food For Life

- Brown Rice Bread, Wheat & Gluten Free
- Millet Bread, Wheat & Gluten Free
- Rice Almond Bread, Wheat & Gluten Free
- White Rice Bread, Wheat & Gluten Free
- Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

Glutino

- Bagels, Plain
- Bread Crumbs

Bread (Cont'd)

Glutino

- English Muffins
- Premium Flax Seed Bread

Udi's

- GF Classic Hamburger Buns
- GF Pizza Crusts 9"
- GF Plain Bagels
- GF White Sandwich Bread
- GF Whole Grain Bread

WFM Gluten Free Bakehouse

- Cornbread
- Light White Sandwich Bread
- Prairie Bread
- Sandwich Bread

Candy and Chocolate

Dagoba

- Beaucoup Berries
- CONACADO 73%, FTC Single origin Dominican
- DARK 59% Semisweet
- LAVENDER 59% Lavender/ blueberries

Endangered Species Chocolate

- Bite Size Dark Chocolate with Deep Forest Mint
- Bite Size Supreme Dark Chocolate
- Dark Chocolate with Blueberries - Sea Turtle
- Dark Chocolate with Cranberries & Almonds - Wolf
- Dark Chocolate with Deep Forest Mint
- Dark Chocolate with Espresso Beans - Tiger
- Dark Chocolate with Hazelnut Toffee - Rhino
- Dark Chocolate with Raspberries - Grizzly Bear
- Extreme Dark Chocolate - Panther
- Smooth Milk Chocolate - Sea Otter
- Supreme Dark Chocolate - Chimpanzee

Enjoy Life

- Boom Choco Boom Dairy-Free Rice Milk Chocolate Bar

Candy and Chocolate (Cont'd)

Enjoy Life

Boom Choco Boom Dairy-Free Rice Milk w/ Crispy Rice Chocolate Bar

Glee Gum

Glee Peppermint Gum
Glee Tangerine Gum
Glee Triple Berry Gum

Canned Goods

Native Forest

Organic Baby Corn
Organic Hearts of Palm
Organic Mango Chunks

Canned/Jarred Goods

Amy's Kitchen

Black Bean Chili
Light in Sodium - Medium Chili
Light in Sodium - Refried Black Beans
Light in Sodium - Spicy Chili
Light in Sodium - Traditional Refried Beans
Medium Chili
Medium Chili with Vegetables
Refried Beans with Green Chiles
Southwestern Black Bean Chili
Spicy Chili
Thai Coconut Soup (Tom Kha Phak)
Vegetarian Baked Beans

Cereal

Arrowhead Mills

Organic Rice & Shine Hot Cereal
Organic Yellow Corn Grits

Bob's Red Mill

Gluten Free Mighty Tasty Hot Cereal
GlutenFree Rolled Oats

EnviroKidz

Amazon Frosted Flakes Organic Cereal
Gorilla Munch Organic Cereal
Koala Crisp Organic Cereal

Cereal (Cont'd)

EnviroKidz

Leapin' Lemurs Peanut Butter & Chocolate Organic Cereal
Peanut Butter Panda Puffs Organic Cereal

Erewhon

Crispy Brown Rice - Gluten Free
Rice Twice

Glutino

Apple & Cinnamon Cereal
Berry Sensible Beginnings
Honey & Nut O Cereal

Nature's Path

Organic Crispy Rice Cereal
Organic Fruit Juice Sweetened Corn Flakes
Organic Fruit Juice Sweetened Corn Flakes, 26.4 oz
Organic Honey'd Cornflakes
Organic Mesa Sunrise Cereal, 26.4 oz
Organic Whole O's Cereal

Udi's

GF Au Naturel Granola
GF Cranberry Granola
GF Original Granola
GF Vanilla Granola

Cheese

Applegate Farms

Sliced Emmentaler Swiss Cheese
Sliced Havarti Cheese
Sliced Organic Mild Cheddar Cheese
Sliced Organic Monterey Jack Cheese
Sliced Organic Muenster Cheese
Sliced Pepperjack Cheese
Sliced Probiotic Yogurt Cheese

Follow Your Heart

Vegan Gourmet Cheddar
Vegan Gourmet Monterey Jack
Vegan Gourmet Mozzarella Cheese

Chips/Pretzels/Snacks

Blue Diamond

- Almond Nut Thins
- Barbeque Nut Thins
- Cheddar Cheese Nut Thins
- Hazelnut Nut Thins
- Hint of Sea Salt Nut Thins
- Pecan Nut Thins
- Sea Salt Nut Chips
- Sour Cream & Chive Nut Chips

Food Should Taste Good

- Blue Corn Dipping Chips Tortilla Chips
- Blue Corn Tortilla Chips
- Hemp Tortilla Chips
- The Works! Tortilla Chips
- White Corn Dipping Chips Tortilla Chips

Food Should Taste Good

- Jalapeno Tortilla Chips
- Multigrain Tortilla Chips
- Olive Tortilla Chips

Glutino

- Pretzel Sticks, Family Bag
- Pretzels, Family Bag
- Table Cracker

Green Mountain Gringo

- Organic Blue Tortilla Strips
- Organic White Tortilla Strips
- Original Tortilla Strips

Kettle Brand

- Baked Potato Chips, Hickory Honey BBQ 4 oz
- Baked Potato Chips, Salt & Fresh Ground Pepper 4 oz
- Baked Potato Chips, Sea Salt & Vinegar 4 oz
- Krinkle Cut Potato Chips, Buffalo Bleu 5 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz
- Potato Chips, Backyard Barbeque 5 oz
- Potato Chips, Honey Dijon 5 oz
- Potato Chips, Jalapeno 5 oz
- Potato Chips, Lightly Salted 5 oz
- Potato Chips, New York Cheddar w/ Herbs 5 oz

Chips/Pretzels/Snacks (Cont'd)

Kettle Brand

- Potato Chips, Organic Sea Salt & Black Pepper 5 oz
- Potato Chips, Sea Salt & Vinegar 5 oz
- Potato Chips, Sour Cream, Onion & Chive 5 oz
- Potato Chips, Unsalted 5 oz

Late July

- Late July Dude Ranch Multigrain
- Late July Mild Green Mojo
- Late July Multigrain Sea Salt
- Late July Summertime Blues

Lundberg Family Farms

- Brown Rice Cakes
- Buttery Caramel Rice Cakes
- Honey Nut Rice Cakes
- Organic Brown Rice Cakes
- Organic Koku Seaweed Rice Cakes
- Organic Sea Salt Rice Chips
- Organic Unsalted Brown Rice Cakes
- Organic Wild Rice Cakes
- Sante Fe BBQ Rice Chips
- Sesame Seaweed Rice Chips
- Unsalted Brown Rice Cakes

Lundberg Farms

- Fiesta Lime Rice Chips

Pirate Brands

- Pirate's Booty Aged White Cheddar
- Pirate's Booty Chocolate
- Pirate's Booty New York Pizza
- Pirate's Booty Sour Cream and Onion
- Smart Puffs Real Wisconsin Cheddar

Condiments

Follow Your Heart

- Vegenaise, High Omega-3 w/ Expeller-Pressed Canola Oil
- Vegenaise, Original

Organicville

- Organic Chili Sauce
- Organic Dijon Mustard
- Organic Dressing, French
- Organic Dressing, Miso Ginger Vinaigrette

Condiments (Cont'd)

Organicville

- Organic Dressing, Non Dairy Ranch
- Organic Dressing, Olive Oil & Balsamic Vinaigrette
- Organic Dressing, Pomegranate Vinaigrette
- Organic Dressing, Sundried Tomato & Garlic Vinaigrette
- Organic Ketchup
- Organic Non-Dairy Caesar Dressing
- Organic Non-Dairy Coleslaw Dressing
- Organic Non-Dairy Thousand Island Dressing
- Organic Original BBQ Sauce
- Organic Stone Ground Mustard
- Organic Tangy BBQ Sauce

San-J

- Szechuan Hot & Spicy Marinade/Stir Fry Sauce
Gluten Free
- Tamari Peanut Asian Dressing GF
- Teriyaki Sauce

San-J

- Asian BBQ Sweet & Smoky fusion BBQ Sauce GF
- Sweet and Sour Sauce

Cookies and Snack Bars

Andean Dream

- Chocolate Chip Cookies
- Cocoa Orange Cookies

Enjoy Life

- Caramel Apple Snack Bars
- Cocoa Loco Snack Bars
- Soft Baked Chewy Chocolate Chip Cookies
- Soft Baked Double Chocolate Brownie Cookies
- Soft Baked Snickerdoodle Cookies

EnviroKidz

- Cheetah Organic Crispy Rice Bars, Berry
- Koala Organic Crispy Rice Bars, Chocolate
- Lemur Organic Crispy Rice Bars, Peanut Choco Drizzle
- Panda Organic Crispy Rice Bars, Peanut Butter

Cookies and Snack Bars (Cont'd)

Glow Gluten Free

- Chocolate Chip Cookies
- Gingersnap Cookies

Glutino

- Breakfast Bars, Apple
- Breakfast Bars, Blueberry
- Chocolate Coated Chocolate Wafers
- Chocolate Coated Vanilla Wafers
- Lemon Wafers
- Organic Bar, Chocolate-Banana

Ian's Natural Foods

- Chocolate Chip Cookie Buttons, Wheat Free Gluten Free
- Crunchy Cinnamon Cookie Buttons, Wheat Free Gluten Free

Kinnikinnick

- KinniTOOS Chocolate Sandwich Creme Cookies
- KinniTOOS Vanilla Sandwich Creme Cookies
- Montana's Chocolate Chip Cookies

Mi-Del

- Arrowroot Animal Cookies
- Chocolate Chip Cookies
- Ginger Snaps

Pamela's Products

- Butter Shortbread Cookies
- Chunky Chocolate Chip Cookies
- Ginger Cookies with Sliced Almonds
- Organic Dark Chocolate Chunk Cookies
- Organic Spicy Ginger Cookies
- Simplebites Chocolate Chip Mini Cookies
- Simplebites Ginger Mini Snapz

Schar

- Chocolate Hazelnut Bars
- Cocoa Wafers
- Shortbread Cookies
- Vanilla Wafers

WFM Gluten Free Bakehouse

- Chocolate Chip Cookies
- Molasses Ginger Cookies
- Nutmeal Raisin Cookies
- Peanut Butter Cookies

Cosmetics

Crazy Rumors

Mint Bubble Lip Balm

Crackers

Edward & Sons

Brown Rice Snaps, Onion Garlic
Brown Rice Snaps, Tamari Seaweed
Brown Rice Snaps, Tamari Sesame
Brown Rice Snaps, Unsalted Sesame
Organic Brown Rice Snaps, Black Sesame
Organic Brown Rice Snaps, Unsalted Plain
Organic Brown Rice Snaps, Vegetable

Glutino

Crackers, Cheddar
Crackers, Multigrain
Crackers, Original

Mary's Gone Crackers

Crackers, Black Pepper
Crackers, Caraway
Crackers, Herb
Crackers, Onion
Crackers, Original

Schar

Cheese Bites
Crispbread
Snack Crackers
Table Crackers

Dairy

Brown Cow Yogurt

CT Blueberry FOB
CT Cherry-Vanilla FOB
CT Chocolate
CT Coffee
CT Maple
CT Peach FOB
CT Plain
CT Strawberry FOB
CT Vanilla
LF Plain
LF Vanilla
LF Vanilla Bean FOB
NF Plain

Dairy (Cont'd)

Brown Cow Yogurt

Plain Whole Milk Yogurt, 6 oz

Earth Balance

Buttery Spread with Olive Oil
Buttery Sticks
Organic Whipped Buttery Spread
Original Buttery Spread
Soy Free Buttery Spread

Fage Total

Total 0% 17.6oz (500g)
Total 0% 35.3 oz (1kg)
Total 0% 6oz (170g)
Total 0% Blueberry Acai 5.3oz (150g)
Total 0% Cherry Pomegranate 5.3oz (150g)
Total 0% Honey 5.3oz (150g)
Total 0% Mango Guanabana 5.3oz (150g)
Total 0% Strawberry Goji 5.3oz (150g)
Total 10% 17.6oz (500g)
Total 10% 7oz (200g)
Total 2% 17.6oz (500g)
Total 2% 35.3oz (1kg)
Total 2% 7oz (200g)
Total 2% Blueberry 5.3oz (150g)
Total 2% Cherry 5.3oz (150g)
Total 2% Honey 5.3oz (150g)
Total 2% Peach 5.3oz (150g)
Total 2% Strawberry 5.3oz (150g)
Total Blueberry 5.3oz (150g)
Total Cherry 5.3oz (150g)
Total Honey 5.3oz (150g)

Helios Nutrition

Organic Plain Kefir
Organic Reduced Fat Raspberry Ke
Organic Vanilla Kefir

Lifeway Foods

Fat Free Strawberry Kefir
Lassi Mango Indian Style Yogurt
Low Fat Peach Kefir
Low Fat Strawberry Kefir
Lowfat Plain Kefir
Lowfat Pomegranate Kefir
Organic Lowfat Plain Kefir
Organic Whole Milk Wildberries Kefir

Dairy (Cont'd)

Lifeway Foods

Probugs Orange Creamy Crawler
Probugs Strawnana Split
Probuugs Sublime Slime Lime

Stonyfield Organic Yogurt

0% Fat Black Cherry
0% Fat Blueberry FOB
0% Fat Chocolate Underground FOB
0% Fat French Vanilla
0% Fat Key Lime
0% Fat Lotsa Lemon
0% Fat Peach
0% Fat Plain
0% Fat Pom Raspberry Acai FOB
0% Fat Strawberry
0% Fat Strawberry FOB
0% Fat French Vanilla
0% Fat Plain
Fat Free French Vanilla
Fat Free Strawberry
Low Fat BaNilla
Low Fat Blueberry
Low Fat Blueberry FOB
Low Fat Cherry Vanilla
Low Fat French Vanilla
Low Fat Just Peachy FOB
Low Fat Plain
Low Fat Raspberry
Low Fat Strawberry
Low Fat Strawberry FOB
Low Fat Strawberry Pomegranate
Oikos: 0% Fat Blueberry FOB
Oikos: 0% Fat Honey FOB
Oikos: 0% Fat Plain
Oikos: 0% Fat Vanilla
Oikos: 0% Fat Caramel 4oz FOB
Oikos: 0% Fat Plain 4oz
Oikos: 0% Fat Vanilla 4oz
Peach Super Smoothie
Strawberry Banana Super Smoothie
Strawberry Super Smoothie
Strawberry Super Smoothies 6oz
Vanilla Super Smoothie
Whole Milk Chocolate Underground FOB

Dairy (Cont'd)

Stonyfield Organic Yogurt

Whole Milk French Vanilla
Whole Milk Plain
Whole Milk Strawberries & Cream FOB
Wild Berry Super Smoothies 6oz
YoBaby Banana
YoBaby Banana Drinkable Yogurt
YoBaby Blueberry
YoBaby Peach
YoBaby Peach Drinkable Yogurt
YoBaby Simple Plain
YoBaby Vanilla
YoKids Squeezers Cherry/Berry
YoKids Squeezers Strawberry
YoKids: Blueberry Straw/Van
YoKids: Strawberry Ban/Straw

Dairy Alternatives

BLUE DIAMOND

ALMOND BREEZE CHOCOLATE
ALMOND BREEZE ORIGINAL
ALMOND BREEZE UNSWEETENED
CHOCOLATE
ALMOND BREEZE UNSWEETENED ORIGINAL
ALMOND BREEZE UNSWEETENED VANILLA
ALMOND BREEZE VANILLA

Blue Diamond

Almond Breeze, Chocolate
Almond Breeze, Original
Almond Breeze, Unsweetened Vanilla
Almond Breeze, Vanilla

Daiya Foods

Cheddar Style Shreds
Mozzarella Style Shreds
Pepperjack Style Shreds

Follow Your Heart

Vegan Gourmet Cheddar
Vegan Gourmet Monterey Jack
Vegan Gourmet Mozzarella Cheese

So Delicious

Blueberry Cultured Coconut Milk Yogurt
Chocolate Cultured Coconut Milk Yogurt

Dairy Alternatives (Cont'd)

So Delicious

Chocolate Non-Dairy Frozen Coconut Milk Dessert
Coconut Non-Dairy Frozen Coconut Milk Dessert
French Vanilla Coconut Milk Creamer
Hazelnut Coconut Milk Creamer
Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert
Original (Plain) Coconut Milk Beverage
Original (Plain) Coconut Milk Creamer
Original (Plain) Coconut Milk Kefir
Passionate Mango Cultured Coconut Milk Yogurt
Passionate Mango Non-Dairy Frozen Coconut Milk Dessert
Pina Colada Cultured Coconut Milk Yogurt
Plain Cultured Coconut Milk Yogurt
Raspberry Cultured Coconut Milk Yogurt
Strawberry Banna Cultured Coconut Milk Yogurt
Strawberry Coconut Milk Kefir
Unsweetened Coconut Milk Beverage
Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert
Vanilla Coconut Milk Beverage
Vanilla Coconut Milk Kefir
Vanilla Cultured Coconut Milk Yogurt

Stonyfield Organic Yogurt

Blueberry O'Soy
Chocolate O'Soy
Strawberry/Peach O'Soy
Vanilla O'Soy

WestSoy

Organic Soy Beverage, Unsweetened Original 64 oz
Soy Beverage, Unsweetened Chocolate 32 oz

truwhip

All Natural Frozen Whip Topping

Deli Style Meats and Cheeses

Applegate Farms

Sliced Black Forest Ham
Sliced Honey Maple Turkey
Sliced Hot Soppressata
Sliced Organic Genoa Salami
Sliced Organic Herb Turkey
Sliced Organic Oven Roasted Turkey
Sliced Organic Roast Beef
Sliced Organic Smoked Chicken
Sliced Organic Smoked Turkey
Sliced Organic Uncured Ham
Sliced Oven Roasted Sliced Turkey
Sliced Slow Cooked Ham
Sliced Smoked Turkey
Sliced Turkey Salami

Dental Care Products

Kiss My Face

Sensitive Toothpaste 3.4 oz

Deodorant

Kiss My Face

Liquid Rock Fragrance Free Deodorant 3 oz
Liquid Rock Lavender Deodorant 3 oz

Desserts

French Meadow Bakery

Gluten Free Fudge Brownie

Glutino

Chocolate Glazed Donuts
Original Glazed Donuts

Organicville

Organic Strawberry Ice Cream

So Delicious

Chocolate Non-Dairy Frozen Coconut Milk Dessert
Coconut Non-Dairy Frozen Coconut Milk Dessert
Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert
Passionate Mango Non-Dairy Frozen Coconut Milk Dessert

Desserts (Cont'd)

So Delicious

Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

WFM Gluten Free Bakehouse

Carrot Cake
Chocolate Cupcakes
Vanilla Cupcakes

truwhip

All Natural Frozen Whip Topping

Energy and Nutrition Bars/Drinks

Function Drinks

Alternative Energy Strawberry Guava

Entrees and Mixes

Cherrybrook Kitchen Gluten Free Dreams

Chocolate Frosting Mix
Pancake & Waffle Mix
Vanilla Frosting Mix

Ener-G

Rice Bran

Lundberg Family Farms

Organic Alfredo Risotto
Organic Florentine Risotto
Organic Tuscan Risotto

Namaste

Brownie Mix
Pizza Crust Mix
Spice Cake Mix

Road's End Organics

Dairy Free Cheddar Style Penne & Chreese

Tasty Bite

Bombay Potatoes
Channa Masala
Jodhpur Lentils
Kashmir Spinach
Kerala Vegetables
Madras Lentils
Mushroom Takatak
Punjab Eggplant
Spinach Dal

Entrees and Mixes (Cont'd)

Tasty Bite

Vegetable Korma

Ethnic Foods

Annie Chun's

Maifun Rice Noodles
Pad Thai Rice Noodles

Edward & Sons

Brown Rice Snaps, Tamari Seaweed
Brown Rice Snaps, Tamari Sesame
Miso-Cup, Organic Reduced Sodium
Miso-Cup, Organic Traditional with Tofu
Miso-Cup, Original Golden Vegetable

Food For Life

Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

Food Merchants

Organic Polenta, Basil & Garlic
Organic Polenta, Sundried Tomato & Garlic
Organic Polenta, Traditional

Native Forest

Organic Coconut Milk

Organicville

Organic Island Teriyaki
Organic Sesame Teriyaki

San-J

Sweet and Sour Sauce

Tasty Bite

Bombay Potatoes
Channa Masala
Jodhpur Lentils
Kashmir Spinach
Kerala Vegetables
Madras Lentils
Mushroom Takatak
Punjab Eggplant
Spinach Dal
Vegetable Korma

Ethnic Foods (Cont'd)

World Foods

Thai 'Pad Thai' Noodle Sauce

Facial Care Products

Kiss My Face

Balancing Act Facial Toner 5.3 oz

MyChelle

Fruit Enzyme Cleanser

Fruit Enzyme Mist

Frozen Foods

Against The Grain

Pizza, 3-Cheese

Pizza, Pesto

Amy's Kitchen

Asian Noodle Stir-Fry

Baked Ziti Bowl

Bistro Veggie Burger

Black Bean Enchilada Whole Meal

Black Bean Tamale Verde

Brown Rice, Black-Eyed Peas & Veggies Bowl

Cheese Enchilada

Cheese Enchilada Whole Meal

Cheese Tamale Verde

Enchilada Verde Whole Meal

Garden Vegetable Lasagna

Gluten Free Bean & Cheese Burrito

Gluten Free Bean & Rice Burrito (Dairy Free)

Indian Palak Paneer

Indian Paneer Tikka

Light & Lean Black Bean & Cheese Enchilada

Light & Lean Soft Taco Fiesta Bowl

Light in Sodium - Black Bean Vegetable Enchilada

Light in Sodium - Brown Rice & Vegetables Bowl

Light in Sodium - Indian Mattar Paneer

Light in Sodium - Mexican Casserole Bowl

Light in Sodium - Shepherd's Pie

Mexican Tofu Scramble

Non-Dairy Rice Macaroni & Cheeze

Frozen Foods (Cont'd)

Amy's Kitchen

Rice Crust Cheese Pizza

Rice Mac & Cheese

Roasted Vegetable Tamale

Santa Fe Enchilada Bowl

Single Serve Non-Dairy Rice Crust Cheeze Pizza

Teriyaki Bowl

Tofu Scramble

Tortilla Casserole & Black Beans Bowl

Applegate Farms

Maple Breakfast Sausage

Organic Turkey Burgers

Sage Breakfast Sausage

Caesar's

Manicotti, Gluten-Free Wheat-Free

Stuffed Shells, Gluten-Free Wheat-Free

Vegetable Lasagna, Gluten-Free Wheat-Free

EVOL Foods

Chicken Enchilada Bowl

Fire Grilled Steak Bowl

Teriyaki Chicken Bowl

French Meadow Bakery

Gluten Free Chocolate Chip Cookie Dough

Gluten Free Fudge Brownie

Gluten Free Cafe

Fettuccini Alfredo

Lemon Basil Chicken

Pasta Primavera

Glutino

Duo Cheese Pizza Multipack

Pizza, Duo Cheese

Pizza, Spinach Feta

Ian's Natural Foods

Alpha Tots

Ian's Fish Sticks, Allergen Free

Kids Meal, Mac No Cheese

It's Soy Delicious

Almond Pecan Non-Dairy Frozen Dessert

Awesome Chocolate Non-Dairy Frozen Dessert

Green Tea Non-Dairy Frozen Dessert

Frozen Foods (Cont'd)

Julian's Recipe

Gluten Free Pancakes - Belgian Chocolate
Gluten Free Pancakes - Buttermilk

Kettle Cuisine

Angus Beef Steak Chili with Beans
Chicken Chili with White Beans
Chicken Soup with Rice Noodles
New England Clam Chowder

Kinnikinnick

Chocolate Dipped Donuts
Cinnamon Sugar Donuts
Maple Glazed Donuts
Vanilla Glazed Donuts

Nature's Path

Organic Buckwheat Wildberry Waffles
Organic Homestyle Waffles

Organic So Delicious

Chocolate Velvet Non-Dairy Frozen Dessert
Mocha Fudge Non-Dairy Frozen Dessert

Organicville

Organic Strawberry Ice Cream

Purely Decadent

Cherry Nirvana Non-Dairy Frozen Dessert
Chocolate Obsession Non-Dairy Frozen Dessert
Cookie Dough (Gluten Free) Non-Dairy Frozen Dessert
Cookie Dough Non-Dairy Frozen Coconut Milk Dessert
Mint Chip Non-Dairy Frozen Coconut Milk Dessert
Mint Chocolate Chip Non-Dairy Frozen Dessert
Mocha Almond Fudge Non-Dairy Frozen Dessert
Peanut Butter Zig Zag Non-Dairy Frozen Dessert
Pomegranate Chip Non-Dairy Frozen Dessert
Purely Vanilla Non-Dairy Frozen Dessert
Turtle Trails Non-Dairy Frozen Dessert

Frozen Foods (Cont'd)

Saffron Road

Chicken Biryani
Chicken Tikka Masala with Basmati Rice
Lamb Saag with Basmati Rice
Lamb Vindaloo with Basmati Rice
Lemongrass Basil Chicken

So Delicious

Chocolate Non-Dairy Frozen Coconut Milk Dessert
Coconut Almond Bar, Made with Coconut Milk
Coconut Non-Dairy Frozen Coconut Milk Dessert
Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert
Passionate Mango Non-Dairy Frozen Coconut Milk Dessert
Vanilla Bar, Made with Coconut Milk
Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

Starfish

Crispy Battered Gluten Free Cod
Crispy Battered Gluten Free Haddock
Crispy Battered Gluten Free Halibut

Sweet Nothings

Non-Dairy Fudge Bar

Van's

Wheat Free Blueberry Waffles
Wheat Free Flax Waffles
Wheat Free French Toast Sticks Cinnamon
Wheat Free Homestyle Waffles
Wheat Free Mini Homestyle Waffles

Grains and Rice

Ancient Harvest

Traditional Organic Quinoa 12 oz

Annie Chun's

Rice Express Black Pearl Rice
Rice Express Multi Grain Rice
Rice Express Sprouted Brown Rice
Rice Express Sticky White Rice

Grains and Rice (Cont'd)

Lundberg Family Farms

- Eco-Farmed Black Japonica Field Gourmet Blend
- Eco-Farmed California Brown Basmati Rice
- Eco-Farmed California White Arborio Rice
- Eco-Farmed California White Basmati Rice
- Eco-Farmed California White Jasmine Rice
- Eco-Farmed Countrywild Gourmet Blend Rice
- Eco-Farmed Jubilee Gourmet Blend Rice
- Eco-Farmed Long Grain Brown Rice
- Eco-Farmed Short Grain Brown Rice
- Eco-Farmed Wild Blend Gourmet Blend Rice
- Organic Alfredo Risotto
- Organic California Brown Basmati Rice
- Organic California Brown Jasmine Rice, 25 lb
- Organic California White Basmati Rice
- Organic Long Grain Brown Rice
- Organic Short Grain Brown Rice
- Organic Wild Rice

Hair Care Products

365 Every Day Value™

- Conditioner Fragrance Free
- Conditioner Herbal Mint
- Shampoo for Dry and Normal Lavender Blend
- Shampoo for Normal and Oily Fragrance Free
- Shampoo for Normal and Oily Herbal Mint
- Shampoo for Normal and Oily Lavender Blend

Kiss My Face

- Upper Management Styling Gel 8 oz

Hand & Body Lotions

365 Every Day Value™

- Body Lotion Herbal Mint

Kiss My Face

- Honey & Calendula Moisturizer 16 oz
- Honey & Calendula Moisturizer 4 oz
- Peaches & Crème Moisturizer 4 oz

Hand & Body Washes

365 Every Day Value™

- Shower Gel Herbal Mint
- Shower Gel Lavender Blend

Kiss My Face

- Olive & Aloe Liquid Moisture Soap 9 oz
- Almond Liquid Moisture Soap 9 oz
- Cold & Flu Shower Gel 16 oz
- Early to Rise Shower Gel 16 oz
- Fragrance Free Liquid Moisture Soap 9 oz
- Orange U Smart Foaming Hand Soap 8 oz
- Patchouli Liquid Moisture Soap 9 oz
- Peaceful Patchouli Shower Gel 16 oz

Jams and Nut Butters

Barney Butter

- Barney Butter Crunchy - 10 oz / 6 pk
- Barney Butter Smooth - 10 oz / 6 pk

Earth Balance

- Creamy Natural Almond Butter

Justin's

- Chocolate Almond Butter Jars
- Chocolate Hazelnut Jars
- Chocolate Peanut Butter Jars
- Classic Almond Butter 1.15 oz Squeeze Packs
- Honey Almond Butter 1.15 oz Squeeze Packs
- Maple Almond Butter 1.15 oz Squeeze Packs

Lip Balms

Kiss My Face

- Ginger Mango Lip Balm w / SPF 15 .15 oz
- Sliced Peach Lip Balm w / SPF 15 .15 oz

Meat and Poultry

Applegate Farms

- Chicken Apple Breakfast Sausage
- Maple Breakfast Sausage
- Organic Beef Hot Dogs
- Organic Hot Dogs
- Organic Sliced Sunday Bacon
- Organic Turkey Burgers
- Organic Turkey Hot Dogs

Meat and Poultry (Cont'd)

Applegate Farms

Sage Breakfast Sausage

Nutritional Supplements

Amazing Grass

Amazing Meal chocolate
Green SuperFood Chocolate
Green SuperFood Original
Wheat Grass

BioChem

100% Berries and Whey Protein Powder
100% Greens & Whey Protein Powder Chocolate
100% Greens & Whey Protein Powder Vanilla
100% Whey Protein Natural Flavor
100% Whey Protein Natural Flavor
100% Whey Protein Vanilla 13.9oz
Hemp & Whey Protein Powder 1lb

Country Life

Buffered C 1000mg w/Rose Hips 250ct
Acerola Vitamin C 500mg Chewable 90ct
Action B-50 100ct
Active B12 w/Folic Acid 3000mcg 30ct
B-12 1000mcg Time Release 60ct
Beta Carotene 25,000 IU 50ct
Betaine Hydrochloride w/Pepsin 100ct
Biotin 1000mcg 100ct
Buffer C pH Controlled 500mg 60ct Capsule
Buffer C pH Controlled 500mg 60ct Tablet
Calcium Citrate with D Tablets, 120 ct
Chewable Multivitamin 60ct
Daily Dophilus - 112 ct
Max for Men 60ct Tablet
Maxi Baby Liquid Vitamin C 4oz
Maxi Baby-dophilus Powder, 2 oz
Maxi Hair 60ct
Maxi-Baby Care Liquid 6oz
Melatonin 1mg Tablets, 120 ct
Niacinamide 500mg 100ct
Omega-3 Fish Oils 1000mg 100ct
Pancreatin 1400mg 50ct
Panthothenic Acid 500mg 60ct
Papaya Chewable 25mg 200ct

Nutritional Supplements (Cont'd)

Country Life

Super Potency Biotin 5mg 60ct
Superior B-12, 50 ct
Target-Mins Calcium-Magnesium-Potassium
Tablets, 90 ct
Target-Mins Magnesium Capsules, 60 ct
Target-Mins Zinc 50mg Tablets, 90 ct
Thyro-Max Support, 60 ct
Vitamin A 10,000 IU 100ct
Vitamin B-2 100mg 100ct
Vitamin C 500mg Chewable 90ct
Vitamin C w/Rosehip 500mg 100ct
Vitamin E 400IU 90ct Softgels
Vitamin E Complex 400IU 90ct Softgels
Zinc Lozenges with Vitamin C Tablets, 120 ct

Iron Tek

Essential Creatine Monohydrate 500g Powder

Nature's Way Primadophilus

Primadophilus® Junior / 90 Vcaps®
Primadophilus® Original / 180 Vcaps®
Primadophilus® Reuteri / 5 oz Pwdr

Nature's Way Sambucus

Sambucus Immune Syrup / 4 oz
Sambucus Immune Syrup / 8 oz
Sambucus Lozenge / 30
Sambucus Syrup / 4 oz
Sambucus for Kids / 4 oz
Sambucus for Kids / 8 oz

Nature's Way Thisilyn

Super Thisilyn® / 60 Vcaps®

Nature's Way Umcka

Umcka ColdCare® Cherry Syrup / 4 oz
Umcka ColdCare® Children's Cherry FastActive /
10 Ct
Umcka ColdCare® Lemon Hot Drink / 10 pkts/bx
Umcka ColdCare® Menthol Syrup / 4 oz
Umcka ColdCare® Original Liquid / 1 oz
Umcka ColdCare® Sugar-Free Grape Syrup / 4 oz

Nutritional Supplements (Cont'd)

Rainbow Light

ACTIVE HEALTH TEEN MULTIVITAMIN 90
ACTIVE SENIOR MULTIVITAMIN 90
COMPLETE PRENATAL SYSTEM 60
FOOD-BASED CALCIUM 90
GUMMY BEAR ESSENTIALS 30
GUMMY POWER SOURS 30
JUST ONCE IRON-FREE MULTIVITAMIN 120
JUST ONCE MULTIVITAMIN 60
KID'S ONE MULTISTARS 90
NUTRISTART MULTIVITAMIN POWDER 30
PAIN - EZE 30
PRENATAL ONE MULTIVITAMIN 150
PRENATAL ONE MULTIVITAMIN 30
PROTEIN ENERGIZER VANILLA
PROTEIN ENERGIZER WHEY
VITAMIN D 1,000 IU GUMMIES 50
VITAMIN D 400 IU GUMMIES 60
WOMEN'S ONE MULTIVITAMIN 150
WOMEN'S ONE MULTIVITAMIN 30

VEGA

Berry Small

Vibrant Health

PureGreen Protein, Mixed Berry

Nuts/Seeds/Dried Fruits

Bob's Red Mill

Organic Brown Flaxseeds
Organic Golden Flaxseeds

Gerbs Pumpkin Seeds

Toasted Onion & Garlic Pumpkin Seed Kernels
Touch of Salt Pumpkin Seed Kernels

Hail Merry

Chimayo Chile Pecans
Lemon Thyme Pecans
Orange Rosemary Pecans
Vanilla Maple Almonds

Ointments/Salves/Gels/Antiseptics

Badger

Healing Balm

Pasta

RP's Pasta Fresh Pasta

RP's Fresh Gluten Free Fusilli

Pasta Sauce

Organicville

Organic Italian Herb Pasta Sauce
Organic Marinara Pasta Sauce
Organic Mushroom Pasta Sauce
Organic Tomato Basil Pasta Sauce

Personal Care

Kiss My Face

Whitening Toothpaste 3.4 oz

Natracare

ORGANIC Regular Non-Applicator Tampons - 20 CT
ORGANIC Super Plus Non-Applicator Tampons - 20 CT
Ultra w/ Wings - Long Pad - 10 CT

Tom's of Maine

Apricot Long Lasting Stick Deodorant
Honeysuckle Rose Stick Deodorant
Lavender Long Lasting Roll-on Deodorant
Lavender Long Lasting Stick Deodorant
Lemongrass Long Lasting Stick Deodorant
Peppermint Antiplaque Tartar Control Plus Whitening Toothpaste
Unscented Long Lasting Roll-on Deodorant
Unscented Long Lasting Stick Deodorant
Wintermint Sensitive Toothpaste

Prepared Foods

Food Merchants

Organic Polenta, Basil & Garlic
Organic Polenta, Sundried Tomato & Garlic
Organic Polenta, Traditional

Sauces/Salsas/Dips

Amy's Kitchen

- Black Bean & Corn Salsa
- Family Marinara Pasta Sauce
- Light in Sodium - Family Marinara Pasta Sauce
- Light in Sodium - Tomato Basil Pasta Sauce
- Medium Salsa
- Mild Salsa

Organicville

- Organic Island Teriyaki
- Organic Pizza Sauce
- Organic Sesame Teriyaki
- Organic Tangy BBQ Sauce
- Sriracha Sauce

Simply Organic

- Alfredo Sauce Mix, Cert. Org.
- Brown Gravy Mix Cert. Org.
- Classic Caesar Dressing Mix, Cert. Org.
- French Onion Dip Mix, Cert. Org.
- Guacamole Dip Mix, Cert. Org.
- Ranch Dip Mix, Cert. Org.
- Ranch Salad Dressing Mix, Cert. Org.
- Roasted Chicken Gravy Mix Cert. Org.

World Foods

- Thai 'Pad Thai' Noodle Sauce

Seafood

Starfish

- Crispy Battered Gluten Free Cod
- Crispy Battered Gluten Free Haddock
- Crispy Battered Gluten Free Halibut

Shaving Aids

Kiss My Face

- Fragrance Free Moisture Shave 11 oz

Soups

Amy's Kitchen

- Black Bean Vegetable Soup
- Chunky Tomato Bisque
- Chunky Vegetable Soup
- Cream of Tomato Soup

Soups (Cont'd)

Amy's Kitchen

- Curried Lentil Soup
- Fire Roasted Southwestern Vegetable Soup
- Hearty Spanish Rice & Red Bean Soup
- Lentil Soup
- Lentil Vegetable Soup
- Light in Sodium - Chunky Tomato Bisque
- Light in Sodium - Cream of Tomato Soup
- Light in Sodium - Lentil Soup
- Light in Sodium - Lentil Vegetable Soup
- Light in Sodium - Split Pea Soup
- Split Pea Soup
- Summer Corn & Vegetable Soup

Dr. McDougall's Right Foods

- Organic Lower Sodium Black Bean Soup
- Organic Lower Sodium Chunky Tomato Soup
- Organic Lower Sodium Vegetable Soup
- RTS Black Bean Soup
- RTS Chunky Tomato Soup
- RTS Light Sodium Lentil Soup
- RTS Vegetable Soup

Edward & Sons

- Miso-Cup, Organic Reduced Sodium
- Miso-Cup, Organic Traditional with Tofu
- Miso-Cup, Original Golden Vegetable

Kettle Cuisine

- Angus Beef Steak Chili with Beans
- Chicken Chili with White Beans
- Chicken Soup with Rice Noodles
- New England Clam Chowder

Spices and Seasonings

Bob's Red Mill

- Cornstarch

Edward & Sons

- Bouillon Cubes, Low Sodium Veggie
- Bouillon Cubes, Not-Chick'n

Simply Organic

- Dirty Rice Seasoning Mix, Cert Org.
- Gumbo Base Seasoning Mix, Cert Org.
- Jambalaya Seasoning Mix, Cert Org.
- Sloppy Joe Mix Cert. Org.

Spices and Seasonings (Cont'd)

Simply Organic

Southwest Taco Seasoning, Cert. Org.

Vegetarian Chili Mix, Cert. Org.