

# Gluten Free

SPECIAL DIETS SERIES

CELEBRATING  
YOUR  
CHOICES



## Cambridge Store, North Atlantic Region

Whole Foods Market is excited to bring you Celebrating Your Choices, a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product.

### Baby & Child Products

#### California Baby

- Body Wash & Shampoo - Large
- Super Sensitive Moisture Lotion

### Baked Goods

#### Kinnikinnick

- Cinnamon Sugar Donuts
- Maple Glazed Donuts
- Vanilla Glazed Donuts

#### Udi's

- GF Blueberry Muffins
- GF Cinnamon Rolls
- GF Lemon Streusel Muffins

#### WFM Gluten Free Bakehouse

- Almond Scones
- Chocolate Chip Cookies
- Chocolate Cupcakes

### Baked Goods (Cont'd)

#### WFM Gluten Free Bakehouse

- Prairie Bread
- Sandwich Bread
- Vanilla Cupcakes

### Baking Needs

#### Ancient Harvest

- Organic Quinoa Flour 18 oz

#### Arrowhead Mills

- Blue Corn Meal
- Buckwheat Flour
- Long Grain Brown Rice Flour
- Yellow Corn Meal

#### Bob's Red Mill

- Almond Flour
- Baking Soda
- Flaxseed Meal
- Gluten Free All Purpose Baking Flour

## Baking Needs (Cont'd)

### Bob's Red Mill

- Gluten Free Cornbread Mix
- Gluten Free Garbanzo & Fava Bean Flour
- Gluten Free Hearty Whole Grain Bread Mix
- Gluten Free Homemade Wonderful Bread Mix
- Gluten Free Pancake Mix
- Organic Coconut Flour
- Organic Golden Flaxseeds
- Potato Starch
- Teff Flour
- White Rice Flour
- Xanthan Gum

### Cherrybrook Kitchen Gluten Free Dreams

- Chocolate Cake Mix

### Earth Balance

- Shortening

### Ener-G

- Egg Replacement

### Enjoy Life

- Semi-Sweet Chocolate Chips

### Gluten Free Pantry

- All-Purpose GF Baking Flour Mix
- French Bread & Pizza Mix
- Yankee Cornbread & Muffin Mix

### King Arthur Flour

- Gluten Free Pancake Mix

### Let's Do...

- Confetti Sprinkels

### Let's Do... Organic

- Organic Coconut Flakes
- Organic Creamed Coconut
- Organic Reduced Fat Shredded Coconut
- Organic Tapioca Granules

### Namaste

- Waffle & Pancake Mix

### Pamela's Products

- Baking & Pancake Mix
- Cornbread & Muffin Mix
- Gluten-Free Bread Mix

## Baking Needs (Cont'd)

### Simply Organic

- Golden Vanilla Cake Mix, Cert Org
- Pumpkin Cake Mix, Cert. Org.

## Bar Soap

### Kiss My Face

- Olive & Green Tea Bar Soap 4 oz

## Beverages

### So Delicious

- Original (Plain) Coconut Milk Beverage
- Unsweetened Coconut Milk Beverage
- Vanilla Coconut Milk Beverage

## Bread

### Against The Grain

- Bagels, Sesame
- Pizza Shell

### Food For Life

- Brown Rice Bread, Wheat & Gluten Free
- Millet Bread, Wheat & Gluten Free
- Raisin Pecan Bread, Wheat & Gluten Free
- Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Glutino

- English Muffins

### Udi's

- GF Pizza Crusts 9"
- GF Plain Bagels
- GF White Sandwich Bread
- GF Whole Grain Bagels
- GF Whole Grain Bread

### WFM Gluten Free Bakehouse

- Prairie Bread
- Sandwich Bread

## Candy and Chocolate

### Dagoba

- Chai, 37%
- ECLIPSE 87% Extra bittersweet

## Candy and Chocolate (Cont'd)

### Dagoba

HAZELNUT 37% Hazelnut/Rice Crisps  
MILK 37% Pure Milk Chocolate - 2 oz  
MINT 59% Mint/rosemary  
ROSEBERRY 59% Raspberries/Rosehips  
XOCOLATL 74% Chilies/cacao nibs

### Endangered Species Chocolate

Dark Chocolate with Blueberries - Sea Turtle  
Dark Chocolate with Cranberries & Almonds - Wolf  
Dark Chocolate with Deep Forest Mint  
Dark Chocolate with Espresso Beans - Tiger  
Dark Chocolate with Hazelnut Toffee - Rhino  
Dark Chocolate with Raspberries - Grizzly Bear  
Extreme Dark Chocolate - Panther  
Milk Chocolate with Almonds - Crane  
Organic Health Dark Chocolate with Goldenberry & Lucuma - Toucan  
Smooth Milk Chocolate - Sea Otter  
Smooth Organic Dark Chocolate - Butterfly  
Smooth Organic Milk Chocolate - Lion  
Supreme Dark Chocolate - Chimpanzee

### Enjoy Life

Boom Choco Boom Dairy-Free Rice Milk Chocolate Bar  
Boom Choco Boom Dark Chocolate Bar

### Glee Gum

Glee Cinnamon Gum

### Let's Do...

Confetti Sprinkelz

## Canned Goods

### Native Forest

Artichoke Hearts, Quartered  
Artichoke Hearts, Whole  
Green Asparagus Spears  
Organic Baby Corn  
Organic Pineapple Slices

## Canned/Jarred Goods

### Amy's Kitchen

Black Bean Chili  
Light in Sodium - Medium Chili  
Light in Sodium - Refried Black Beans  
Light in Sodium - Spicy Chili  
Light in Sodium - Traditional Refried Beans  
Medium Chili  
Refried Black Beans  
Southwestern Black Bean Chili  
Spicy Chili  
Thai Coconut Soup (Tom Kha Phak)  
Vegetarian Baked Beans

## Cereal

### Arrowhead Mills

Organic Rice & Shine Hot Cereal  
Organic Yellow Corn Grits

### Bob's Red Mill

Gluten Free Mighty Tasty Hot Cereal

### Enjoy Life

Crunchy Rice Cereal

### Erewhon

Corn Flakes  
Crispy Brown Rice - Gluten Free  
Crispy Brown Rice w/ Mixed Berries

### Nature's Path

Organic Fruit Juice Sweetened Corn Flakes, 26.4 oz  
Organic Honey'd Corn Flakes, 26.4 oz  
Organic Honey'd Cornflakes  
Organic Mesa Sunrise Cereal  
Organic Mesa Sunrise Cereal, 26.4 oz  
Organic Whole O's Cereal

### Udi's

GF Original Granola  
GF Vanilla Granola

## Cheese

### Applegate Farms

Sliced Aged Cheddar Cheese  
Sliced Emmentaler Swiss Cheese

## **Cheese (Cont'd)**

### **Applegate Farms**

Sliced Organic Muenster Cheese

### **Follow Your Heart**

Vegan Gourmet Cheddar

Vegan Gourmet Mozzarella Cheese

Vegan Gourmet Nacho Cheese

### **Wholesome Valley Organic**

Organic Dairy Slices, American

Organic Dairy Slices, Mozzarella

## **Chips/Pretzels/Snacks**

### **Blue Diamond**

Almond Nut Thins

Cheddar Cheese Nut Thins

Hazelnut Nut Thins

Pecan Nut Thins

Smokehouse Nut Thins

### **Food Should Taste Good**

Blue Corn Dipping Chips Tortilla Chips

Blue Corn Tortilla Chips

Cheddar Tortilla Chips

Lime Tortilla Chips

Multigrain Tortilla Chips

Sweet Potato Tortilla Chips

White Corn Dipping Chips Tortilla Chips

### **Food Should Taste Good**

Multigrain Tortilla Chips

Olive Tortilla Chips

### **Glutino**

Pretzel Sticks, Family Bag

Pretzels, Family Bag

Table Cracker

### **Green Mountain Gringo**

Organic Blue Tortilla Strips

Organic White Tortilla Strips

Original Tortilla Strips

### **Kettle Brand**

Baked Potato Chips, Aged White Cheddar 4 oz

Baked Potato Chips, Hickory Honey BBQ 4 oz

Baked Potato Chips, Lightly Salted 4 oz

## **Chips/Pretzels/Snacks (Cont'd)**

### **Kettle Brand**

Baked Potato Chips, Salt & Fresh Ground Pepper 4 oz

Baked Potato Chips, Sea Salt & Vinegar 4 oz

Krinkle Cut Potato Chips, Buffalo Bleu 2 oz

Krinkle Cut Potato Chips, Classic BBQ 14 oz

Krinkle Cut Potato Chips, Lightly Salted 14 oz

Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz

Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 2 oz

Potato Chips, Honey Dijon 5 oz

Potato Chips, Lightly Salted 14 oz

Potato Chips, Lightly Salted 2 oz

Potato Chips, Lightly Salted 5 oz

Potato Chips, Lightly Salted 9 oz

Potato Chips, New York Cheddar w/ Herbs 2 oz

Potato Chips, Organic Lightly Salted 5 oz

Potato Chips, Sea Salt & Vinegar 5 oz

Potato Chips, Sea Salt & Vinegar 9 oz

### **Late July**

Late July Dude Ranch Multigrain

Late July Mild Green Mojo

Late July Multigrain Sea Salt

Late July Summertime Blues

### **Lundberg Family Farms**

Organic Sea Salt Rice Chips

Organic Tamari Seaweed Rice Cakes

Organic Unsalted Brown Rice Cakes

Organic Wild Rice Cakes

Sante Fe BBQ Rice Chips

Sesame Seaweed Rice Chips

Sesame Tamari Rice Cakes

### **Pirate Brands**

Pirate's Booty Aged White Cheddar

Pirate's Booty Veggie

Smart Puffs Real Wisconsin Cheddar

## Condiments

### Eden

Tamari Soy Sauce, Naturally Brewed 10 oz

### Follow Your Heart

Vegenaise, High Omega-3 w/ Expeller-Pressed Canola Oil

Vegenaise, Original

### Organicville

Organic Dressing, French

Organic Dressing, Miso Ginger Vinaigrette

Organic Dressing, Non Dairy Ranch

Organic Dressing, Olive Oil & Balsamic Vinaigrette

Organic Dressing, Orange Cranberry Vinaigrette

Organic Dressing, Sesame Goddess

Organic Dressing, Sundried Tomato & Garlic Vinaigrette

Organic Ketchup

Organic Non-Dairy Caesar Dressing

Organic Non-Dairy Thousand Island Dressing

Organic Original BBQ Sauce

Organic Tangy BBQ Sauce

### San-J

Szechuan Hot & Spicy Marinade/Stir Fry Sauce  
Gluten Free

Teriyaki Sauce

### San-J

Sweet and Sour Sauce

## Cookies and Snack Bars

### Aleia's Gluten Free Foods

Gluten Free Chocolate Chip Cookies

Gluten Free Snickerdoodle Cookies

### Andean Dream

Cocoa Orange Cookies

### Bonnievilles

Cinnamon Ginger Power Cookie

Cocoa Cocoa Power Cookie

Coconut Almond Power Cookie

### Enjoy Life

Caramel Apple Snack Bars

Cocoa Loco Snack Bars

## Cookies and Snack Bars (Cont'd)

### EnviroKidz

Cheetah Organic Crispy Rice Bars, Berry

Panda Organic Crispy Rice Bars, Peanut Butter

### Glutino

Chocolate Chip Dream Cookies

Chocolate Coated Chocolate Wafers

Lemon Wafers

### Immaculate Baking Company

Gluten Free Chocolate Chunk Cookie Dough

### Jennie's

Coconut Macarons

### Kinnikinnick

KinniTOOS Chocolate Sandwich Creme Cookies

S'moreables Graham Style Crackers

### Let's Do...

Gluten Free Ice Cream Cones

### Mi-Del

Ginger Snaps

### Pamela's Products

Organic Dark Chocolate Chunk Cookies

### WFM Gluten Free Bakehouse

Chocolate Chip Cookies

## Crackers

### Edward & Sons

Brown Rice Snaps, Onion Garlic

Brown Rice Snaps, Unsalted Sesame

Exotic Rice Toast, Brown Jasmine Rice & Spring Onion

Exotic Rice Toast, Purple Rice & Black Sesame

Organic Brown Rice Snaps, Black Sesame

Organic Brown Rice Snaps, Vegetable

### Glutino

Crackers, Multigrain

Crackers, Vegetable

## Crackers (Cont'd)

### Mary's Gone Crackers

Crackers, Black Pepper  
Crackers, Caraway  
Crackers, Onion  
Crackers, Original

## Dairy

### Brown Cow Yogurt

CT Maple  
CT Plain  
NF Plain

### Chobani Greek Yogurt

0 % Strawberry Strained Yogurt  
0% Black Cherry Strained Yogurt  
0% Blueberry Strained Yogurt  
0% Honey Strained Yogurt  
0% Peach Strained Yogurt  
0% Plain Strained Yogurt  
0% Pomegranate Strained Yogurt  
0% Vanilla Strained Yogurt  
2% Mango Strained Yogurt  
2% Pineapple Strained Yogurt

### Earth Balance

Buttery Sticks  
Organic Whipped Buttery Spread  
Original Buttery Spread  
Soy Free Buttery Spread

### Fage Total

Total 0% 17.6oz (500g)  
Total 0% 35.3 oz (1kg)  
Total 0% 6oz (170g)  
Total 10% 17.6oz (500g)  
Total 10% 7oz (200g)  
Total 2% 17.6oz (500g)  
Total 2% 35.3oz (1kg)  
Total 2% 7oz (200g)  
Total 2% Blueberry 5.3oz (150g)  
Total 2% Cherry 5.3oz (150g)  
Total 2% Honey 5.3oz (150g)  
Total 2% Peach 5.3oz (150g)  
Total 2% Strawberry 5.3oz (150g)

## Dairy (Cont'd)

### Helios Nutrition

Omega3 NonFat Plain Kefir  
Organic Plain Kefir  
Organic Reduced Fat Raspberry Ke

### Lifeway Foods

Fat Free Strawberry Kefir  
Low Fat Blueberry Kefir  
Low Fat Peach Kefir  
Low Fat Raspberry Kefir  
Low Fat Strawberry Kefir  
Organic Lowfat Plain Kefir  
Probugs Goo Berry Pie  
Probugs Orange Creamy Crawler  
Probugs Strawnana Split

### Stonyfield Organic Yogurt

0% Fat Black Cherry  
0% Fat Blueberry FOB  
0% Fat Chocolate Underground FOB  
0% Fat French Vanilla  
0% Fat Key Lime  
0% Fat Lotsa Lemon  
0% Fat Peach  
0% Fat Plain  
0% Fat Pom Raspberry Acai FOB  
0% Fat Pomegranate Berry  
0% Fat Strawberry FOB  
0% Fat French Vanilla  
0% Fat Plain  
Low Fat Blueberry FOB  
Low Fat Cherry Vanilla  
Low Fat French Vanilla  
Low Fat Honey Mango  
Low Fat Just Peachy FOB  
Low Fat Plain  
Low Fat Raspberry  
Low Fat Strawberry FOB  
Low Fat Strawberry Pomegranate  
Oikos: 0% Fat Blueberry FOB  
Oikos: 0% Fat Honey FOB  
Oikos: 0% Fat Plain  
Oikos: 0% Fat Strawberry FOB  
Oikos: 0% Fat Super Fruits FOB  
Oikos: 0% Fat Vanilla  
Oikos: 0% Fat Plain 4oz

## Dairy (Cont'd)

### Stonyfield Organic Yogurt

Oikos: 0% Fat Vanilla 4oz  
Peach Super Smoothie  
Peach Super Smoothies 6oz  
Raspberry Super Smoothie  
Strawberry Banana Super Smoothie  
Strawberry Banana Super Smoothies 6oz  
Strawberry Super Smoothie  
Strawberry Super Smoothies 6oz  
Vanilla Super Smoothie  
Whole Milk Chocolate Underground FOB  
Whole Milk French Vanilla  
Whole Milk Plain  
Whole Milk Strawberries & Cream FOB  
Whole Milk White Choc Raspberry  
Wild Berry Super Smoothie  
Wild Berry Super Smoothies 6oz  
YoBaby Banana Drinkable Yogurt  
YoBaby Blueberry  
YoBaby Peach  
YoBaby Peach Drinkable Yogurt  
YoBaby Simple Plain  
YoBaby Vanilla  
YoKids Squeezers Cherry/Berry  
YoKids Squeezers Strawberry  
YoKids: Blueberry Straw/Van  
YoKids: Strawberry Ban/Straw

## Dairy Alternatives

### BLUE DIAMOND

ALMOND BREEZE CHOCOLATE  
ALMOND BREEZE ORIGINAL  
ALMOND BREEZE UNSWEETENED ORIGINAL  
ALMOND BREEZE UNSWEETENED VANILLA  
ALMOND BREEZE VANILLA

### Blue Diamond

Almond Breeze, Original  
Almond Breeze, Unsweetened Vanilla  
Almond Breeze, Vanilla

### Daiya Foods

Cheddar Style Shreds  
Mozzarella Style Shreds  
Pepperjack Style Shreds

## Dairy Alternatives (Cont'd)

### Follow Your Heart

Vegan Gourmet Cheddar  
Vegan Gourmet Mozzarella Cheese  
Vegan Gourmet Nacho Cheese

### So Delicious

Chocolate Non-Dairy Frozen Coconut Milk Dessert  
Coconut Non-Dairy Frozen Coconut Milk Dessert  
French Vanilla Coconut Milk Creamer  
Hazelnut Coconut Milk Creamer  
Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert  
Original (Plain) Coconut Milk Beverage  
Original (Plain) Coconut Milk Creamer  
Passionate Mango Non-Dairy Frozen Coconut Milk Dessert  
Unsweetened Coconut Milk Beverage  
Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert  
Vanilla Coconut Milk Beverage

### WestSoy

Organic Soy Beverage, Unsweetened Original 64 oz

### truwhip

All Natural Frozen Whip Topping

## Deli Style Meats and Cheeses

### Applegate Farms

Organic Sliced Oven Roasted Chicken  
Salametti  
Sliced Authentic Prosciutto  
Sliced Hot Genoa Salami  
Sliced Organic Genoa Salami  
Sliced Organic Herb Turkey  
Sliced Organic Oven Roasted Turkey  
Sliced Organic Smoked Chicken  
Sliced Organic Smoked Turkey  
Sliced Organic Uncured Ham  
Sliced Slow Cooked Ham

## Dental Care Products

### Kiss My Face

Tartar Control Toothpaste 3.4 oz

### Tom's of Maine

Unflavored Round Floss

## Deodorant

### Kiss My Face

Liquid Rock Lavender Deodorant 3 oz

## Desserts

### Purely Decadent

Chocolate Peanut Butter Swirl Non-Dairy Frozen  
Coconut Milk Dessert

### So Delicious

Chocolate Non-Dairy Frozen Coconut Milk Dessert

Coconut Non-Dairy Frozen Coconut Milk Dessert

Mocha Almond Fudge Non-Dairy Frozen Coconut  
Milk Dessert

Passionate Mango Non-Dairy Frozen Coconut Milk  
Dessert

Vanilla Bean Non-Dairy Frozen Coconut Milk  
Dessert

### WFM Gluten Free Bakehouse

Chocolate Cupcakes

Vanilla Cupcakes

### truwhip

All Natural Frozen Whip Topping

## Energy and Nutrition Bars/Drinks

### Attune

Dark Chocolate Chocolate Wellness Bar

Mint Chocolate Chocolate Wellness Bar

### Attune Probiotic Bars

Mint Chocolate Bars - individual

## Entrees and Mixes

### Bob's Red Mill

TVP (Textured Vegetable Protein)

### Cherrybrook Kitchen Gluten Free Dreams

Chocolate Cake Mix

### Lundberg Family Farms

Butternut Squash Risotto

Garlic Primavera Risotto

Organic Alfredo Risotto

Organic Florentine Risotto

Organic Porcini Wild Mushroom Risotto

Organic Tuscan Risotto

### Namaste

Waffle & Pancake Mix

### Road's End Organics

Dairy Free Alfredo Style Mac & Cheese

Dairy Free Cheddar Style Penne & Cheese

### Tasty Bite

Aloo Palak

Bombay Potatoes

Channa Masala

Jaipur Vegetables

Jodhpur Lentils

Kashmir Spinach

Kerala Vegetables

Madras Lentils

Punjab Eggplant

Spinach Dal

Vegetable Korma

## Ethnic Foods

### Edward & Sons

Miso-Cup, Organic Reduced Sodium

Miso-Cup, Organic Traditional with Tofu

### Food For Life

Whole Grain Brown Rice Tortillas, Wheat & Gluten  
Free

### Food Merchants

Organic Polenta, Traditional

### Organicville

Organic Island Teriyaki

## Ethnic Foods (Cont'd)

### San-J

Sweet and Sour Sauce

### Tasty Bite

Aloo Palak  
Bombay Potatoes  
Channa Masala  
Jaipur Vegetables  
Jodhpur Lentils  
Kashmir Spinach  
Kerala Vegetables  
Madras Lentils  
Punjab Eggplant  
Spinach Dal  
Vegetable Korma

## Facial Care Products

### MyChelle

Clear Skin Cleanser  
Creamy Pumpkin Cleanser  
Ultra Hyaluronic Hydrating Serum

## Frozen Foods

### Amy's Kitchen

Asian Noodle Stir-Fry  
Baked Ziti Bowl  
Bistro Veggie Burger  
Black Bean Enchilada Whole Meal  
Black Bean Tamale Verde  
Black Bean Vegetable Enchilada  
Brown Rice & Vegetables Bowl  
Brown Rice, Black-Eyed Peas & Veggies Bowl  
Cheese Enchilada  
Cheese Enchilada Whole Meal  
Cheese Tamale Verde  
Garden Vegetable Lasagna  
Gluten Free Bean & Cheese Burrito  
Gluten Free Bean & Rice Burrito (Dairy Free)  
Indian Mattar Paneer  
Indian Mattar Tofu  
Indian Palak Paneer  
Indian Paneer Tikka  
Indian Vegetable Korma

## Frozen Foods (Cont'd)

### Amy's Kitchen

Light in Sodium - Black Bean Vegetable Enchilada  
Light in Sodium - Brown Rice & Vegetables Bowl  
Light in Sodium - Indian Mattar Paneer  
Light in Sodium - Mexican Casserole Bowl  
Non-Dairy Rice Macaroni & Cheeze  
Rice Mac & Cheese  
Roasted Vegetable Tamale  
Single Serve Non-Dairy Rice Crust Cheeze Pizza  
Teriyaki Bowl  
Tofu Scramble  
Tortilla Casserole & Black Beans Bowl

### Applegate Farms

Maple Breakfast Sausage  
Sage Breakfast Sausage

### EVOL Foods

Bean & Cheese Enchilada Bowl  
Chicken Enchilada Bowl  
Fire Grilled Steak Bowl  
Teriyaki Chicken Bowl

### Feel Good Foods

Gluten Free Asian Chicken Dumplings  
Gluten Free Asian Vegetable Dumplings

### Glutino

Duo Cheese Pizza Multipack

### Ian's Natural Foods

Ian's Chicken Nuggets, Allergen Free  
Ian's Fish Sticks, Allergen Free

### It's Soy Delicious

Awesome Chocolate Non-Dairy Frozen Dessert  
Chocolate Almond Non-Dairy Frozen Dessert  
Chocolate Peanut Butter Non-Dairy Frozen Dessert  
Vanilla Non-Dairy Frozen Dessert

### Kettle Cuisine

Angus Beef Steak Chili with Beans  
Chicken Chili with White Beans  
Grilled Chicken and Corn Chowder

## Frozen Foods (Cont'd)

### Kinnikinnick

- Cinnamon Sugar Donuts
- Homestyle Waffles, Original
- Maple Glazed Donuts
- Vanilla Glazed Donuts

### Nature's Path

- Organic Buckwheat Wildberry Waffles
- Organic Homestyle Waffles

### Organic So Delicious

- Chocolate Velvet Non-Dairy Frozen Dessert
- Creamy Vanilla Non-Dairy Frozen Dessert

### Purely Decadent

- Cherry Nirvana Non-Dairy Frozen Dessert
- Chocolate Peanut Butter Swirl Non-Dairy Frozen Coconut Milk Dessert
- Cookie Dough (Gluten Free) Non-Dairy Frozen Dessert
- Cookie Dough Non-Dairy Frozen Coconut Milk Dessert
- Mint Chip Non-Dairy Frozen Coconut Milk Dessert
- Mint Chocolate Chip Non-Dairy Frozen Dessert
- Peanut Butter Zig Zag Non-Dairy Frozen Dessert
- Pomegranate Chip Non-Dairy Frozen Dessert
- Purely Vanilla Non-Dairy Frozen Dessert

### Saffron Road

- Chicken Biryani
- Chicken Tikka Masala with Basmati Rice
- Lamb Saag with Basmati Rice
- Lamb Vindaloo with Basmati Rice
- Lemongrass Basil Chicken

### So Delicious

- Chocolate Non-Dairy Frozen Coconut Milk Dessert
- Coconut Almond Bar, Made with Coconut Milk
- Coconut Non-Dairy Frozen Coconut Milk Dessert
- Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert

## Frozen Foods (Cont'd)

### So Delicious

- Passionate Mango Non-Dairy Frozen Coconut Milk Dessert
- Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

### Starfish

- Crispy Battered Gluten Free Cod
- Crispy Battered Gluten Free Haddock

### Van's

- Wheat Free Blueberry Waffles
- Wheat Free Buckwheat Waffles
- Wheat Free Flax Waffles
- Wheat Free French Toast Sticks Cinnamon
- Wheat Free Homestyle Waffles

## Grains and Rice

### Ancient Harvest

- Inca Red Organic Quinoa 12 oz
- Traditional Organic Quinoa 12 oz

### Eden

- Organic Millet, Whole Grain
- Organic Red Quinoa, Whole Grain

### Lundberg Family Farms

- Butternut Squash Risotto
- Eco-Farmed California White Arborio Rice
- Eco-Farmed Jubilee Gourmet Blend Rice
- Eco-Farmed Wild Blend Gourmet Blend Rice
- Organic Alfredo Risotto
- Organic California Brown Basmati Rice
- Organic California White Basmati Rice
- Organic California White Jasmine Rice
- Organic Porcini Wild Mushroom Risotto

## Hair Care Products

### 365 Every Day Value™

- Conditioner Fragrance Free
- Conditioner Lavender Blend
- Shampoo for Dry and Normal Herbal Mint
- Shampoo for Dry and Normal Lavender Blend
- Shampoo for Normal and Oily Fragrance Free
- Shampoo for Normal and Oily Herbal Mint
- Shampoo for Normal and Oily Lavender Blend

## Hand & Body Lotions

### 365 Every Day Value™

Body Lotion Fragrance Free  
Body Lotion Lavender Blend

### Kiss My Face

Grapefruit & Bergamot Hand Crème 4 oz  
Honey & Calendula Moisturizer 4 oz  
Peaches & Crème Moisturizer 16 oz  
Peaches & Crème Moisturizer 4 oz  
Rosemary & Mint Hand Alert 4 oz  
Vitamin A&E Moisturizer 4 oz

## Hand & Body Washes

### 365 Every Day Value™

Conditioner Fragrance Free  
Shower Gel Fragrance Free  
Shower Gel Herbal Mint  
Shower Gel Lavender Blend

### Kiss My Face

Olive & Aloe Liquid Moisture Soap 9 oz  
Active Athletic Shower Gel 16 oz  
Almond Liquid Moisture Soap 9 oz  
Anti-Stress Shower Gel 16 oz  
Fragrance Free Liquid Moisture Soap 9 oz  
GermsAside Liquid Moisture Soap 9 oz  
Patchouli Liquid Moisture Soap 9 oz  
Peaceful Patchouli Shower Gel 16 oz  
Silky Soft Shower Gel 16 oz

## Jams and Nut Butters

### Arrowhead Mills

Crunchy Peanut Butter, 26 oz

### Barney Butter

Barney Butter Crunchy - 16 oz / 6 pk  
Barney Butter Smooth - 16 oz / 6 pk

### Earth Balance

Creamy Natural Almond Butter

### Justin's

Chocolate Almond Butter 1.15 oz Squeeze Packs  
Chocolate Peanut Butter 1.15 oz Squeeze Packs  
Chocolate Peanut Butter Jars

## Jams and Nut Butters (Cont'd)

### Justin's

Honey Almond Butter 1.15 oz Squeeze Packs  
Honey Almond Butter Jars  
Honey Peanut Butter 1.15 oz Squeeze Packs  
Maple Almond Butter 1.15 oz Squeeze Packs  
Maple Almond Butter Jars

## Meat Alternatives

### Bob's Red Mill

TVP (Textured Vegetable Protein)

## Meat and Poultry

### Applegate Farms

Beef Hot Dogs  
Big Apple Hot Dogs  
Chicken Apple Breakfast Sausage  
Chicken Hot Dogs  
Greatest Little Organic Smokey Cocktail Frank  
Maple Breakfast Sausage  
Organic Beef Hot Dogs  
Organic Chicken & Apple Sausage  
Organic Fire Roasted Red Pepper Sausage  
Organic Hot Dogs  
Organic Poultry Andouille Sausage  
Organic Spinach & Feta Sausage  
Organic Sweet Italian Sausage  
Sage Breakfast Sausage  
Sliced Sunday Bacon  
Turkey Hot Dogs

## Nutritional Supplements

### Amazing Grass

Kidz SuperFood Berry  
Wheat Grass

### BioChem

100% Whey Protein Chocolate Fudge  
100% Whey Protein Natural Flavor  
100% Whey Protein Vanilla 1.9lb

## Nutritional Supplements (Cont'd)

### Country Life

Betaine Hydrochloride w/Pepsin 100ct  
Biotin 1000mcg 100ct  
Buffer C pH Controlled 1000mg 120ct Tablet  
Charcoal Capsules 40 ct  
CoQ10 100mg 60 capsules  
Easy Iron Capsules, 90 ct  
Glucosamine Chondroitin Capsules, 60 ct  
Maxi Hair 90ct  
Maxi-Sorb Vegetarian Support 120ct  
Melatonin 3mg Tablets, 30 ct  
Niacin 500mg 90ct  
Omega-3 Mood 90ct Softgels  
Panthothenic Acid 500mg 60ct  
Papaya Chewable 25mg 200ct  
Power-dophilus Capsules, 100 ct  
Super Potency Biotin 5mg 120ct  
Target-Mins Calcium-Magnesium-Veg Capsules, 120 ct  
Vitamin C 1000mg w/Rose Hips 90ct  
Vitamin D3 1000 IU 200ct

### Nature's Way Primadophilus

Primadophilus® Optima / 30 Vcaps®  
Primadophilus® Optima / 60 Vcaps®

### Nature's Way Sambucus

Sambucus Sugar-Free Syrup / 4 oz

### Nature's Way Umcka

Umcka ColdCare® Cherry Syrup / 4 oz  
Umcka ColdCare® Lemon Hot Drink / 10 pkts/bx  
Umcka ColdCare® Original Liquid / 1 oz  
Umcka® Cold+Flu Berry Syrup / 4 oz.

### Rainbow Light

ACTIVE HEALTH TEEN MULTIVITAMIN 90  
ACTIVE SENIOR MULTIVITAMIN 90  
BUSY BRAIN RELEASE 60  
EVERYDAY CALCIUM WITH ENZYMES 120  
FOOD-BASED CALCIUM 180  
FOOD-BASED CALCIUM 90  
GUMMY OMEGALICIOUS 30  
KID'S ONE MULTISTARS 90  
MAGNESIUM CALCIUM "+" 90  
MEN'S ONE MULTIVITAMIN 150

## Nutritional Supplements (Cont'd)

### Rainbow Light

MEN'S ONE MULTIVITAMIN 90  
PRENATAL ONE MULTIVITAMIN 150  
PRENATAL ONE MULTIVITAMIN 30  
PRENATAL ONE MULTIVITAMIN 90  
PRENATAL PETITE MULTIVITAMIN 90  
VITAMIN D 1,000 IU GUMMIES 50  
VITAMIN D 400 IU GUMMIES 60  
WOMEN'S NUTRITIONAL SYSTEM 180  
WOMEN'S ONE MULTIVITAMIN 30  
WOMEN'S ONE MULTIVITAMIN 90

### VEGA

Chocolate Small  
Natural Small  
Vanilla Chai Small

## Nuts/Seeds/Dried Fruits

### Bob's Red Mill

Organic Golden Flaxseeds

## Pasta Sauce

### Organicville

Organic Italian Herb Pasta Sauce  
Organic Mushroom Pasta Sauce  
Organic Tomato Basil Pasta Sauce

## Personal Care

### Natracare

Curved Panty Liners - 30 CT  
ORGANIC Regular Applicator Tampons - 16 CT  
ORGANIC Regular Non-Applicator Tampons - 20 CT  
ORGANIC Super Applicator Tampons - 16 CT  
ORGANIC Super Non-Applicator Tampons - 20 CT  
ORGANIC Super Plus Non-Applicator Tampons - 20 CT  
Ultra w/ Wings - Regular Pad - 14 CT

### Tom's of Maine

Apricot Long Lasting Stick Deodorant  
Calendula Stick Deodorant

## Personal Care (Cont'd)

### Tom's of Maine

Honeysuckle Rose Stick Deodorant  
Unscented Long Lasting Stick Deodorant  
Wintermint Sensitive Toothpaste  
Woodspice Stick Deodorant

## Prepared Foods

### Food Merchants

Organic Polenta, Traditional

## Sauces/Salsas/Dips

### Amy's Kitchen

Family Marinara Pasta Sauce  
Light in Sodium - Tomato Basil Pasta Sauce  
Medium Salsa  
Mild Salsa  
Tomato Basil Pasta Sauce

### Organicville

Organic Island Teriyaki  
Organic Medium Salsa  
Organic Mild Salsa  
Organic Pineapple Salsa  
Organic Tangy BBQ Sauce  
Sriracha Sauce

### Simply Organic

Brown Gravy Mix Cert. Org.  
Creamy Dill Dip Mix, Cert. Org.  
French Onion Dip Mix, Cert. Org.  
Ranch Dip Mix, Cert. Org.  
Roasted Chicken Gravy Mix Cert. Org.  
Roasted Turkey Gravy Mix Cert. Org.

## Seafood

### Starfish

Crispy Battered Gluten Free Cod  
Crispy Battered Gluten Free Haddock

## Soups

### Amy's Kitchen

Black Bean Vegetable Soup  
Chunky Tomato Bisque  
Chunky Vegetable Soup  
Cream of Tomato Soup  
Curried Lentil Soup  
Fire Roasted Southwestern Vegetable Soup  
Golden Lentil Soup  
Hearty French Country Vegetable Soup  
Hearty Spanish Rice & Red Bean Soup  
Lentil Soup  
Lentil Vegetable Soup  
Light in Sodium - Chunky Tomato Bisque  
Light in Sodium - Cream of Tomato Soup  
Light in Sodium - Lentil Soup  
Light in Sodium - Lentil Vegetable Soup  
Light in Sodium - Split Pea Soup  
Split Pea Soup  
Summer Corn & Vegetable Soup  
Tuscan Bean & Rice Soup

### Dr. McDougall's Right Foods

Organic Lower Sodium Vegetable Soup  
RTS Black Bean Soup  
RTS Lentil Soup  
RTS Light Sodium Garden Vegetable Soup  
RTS Split Pea Soup  
RTS Vegetable Soup

### Edward & Sons

Miso-Cup, Organic Reduced Sodium  
Miso-Cup, Organic Traditional with Tofu

### Kettle Cuisine

Angus Beef Steak Chili with Beans  
Chicken Chili with White Beans  
Grilled Chicken and Corn Chowder

## Spices and Seasonings

### Simply Organic

Vegetarian Chili Mix, Cert. Org.

## Sweeteners

### Lundberg Family Farms

Organic Brown Rice Syrup