

Gluten Free

SPECIAL DIETS SERIES

CELEBRATING
YOUR
CHOICES

WHOLE
FOODS
MARKET

Wayland Store, North Atlantic Region

Whole Foods Market is excited to bring you Celebrating Your Choices, a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product.

Baby & Child Products

California Baby

- Botanical Moisture Cream
- Calming Lotion
- Super Sensitive Baby Shampoo

Baked Goods

Kinnikinnick

- Chocolate Dipped Donuts
- Vanilla Glazed Donuts

Udi's

- GF Blueberry Muffins

WFM Gluten Free Bakehouse

- Banana Bread
- Carrot Cake
- Chocolate Chip Cookies
- Chocolate Cupcakes
- Molasses Ginger Cookies

Baked Goods (Cont'd)

WFM Gluten Free Bakehouse

- Peanut Butter Cookies
- Pie Shells
- Prairie Bread
- Vanilla Cupcakes

Baking Needs

Aleia's Gluten Free Foods

- Gluten Free Italian Bread Crumbs

Ancient Harvest

- Organic Quinoa Flour 18 oz

Arrowhead Mills

- Buckwheat Flour
- Gluten Free All Purpose Baking Mix
- Gluten Free Brownie Mix
- Long Grain Brown Rice Flour
- Millet Flour
- White Rice Flour

Baking Needs (Cont'd)

Arrowhead Mills

Yellow Corn Meal

Bob's Red Mill

Almond Flour
Arrowroot Starch Flour
Baking Soda
Brown Rice Flour
Flaxseed Meal
Garbanzo Bean Flour
Gluten Free All Purpose Baking Flour
Gluten Free Biscuit & Baking Mix
Gluten Free Garbanzo & Fava Bean Flour
Gluten Free Pancake Mix
Gluten Free Sweet White Sorghum Flour
GlutenFree Rolled Oats
Organic Brown Flaxseeds
Organic Coconut Flour
Organic Flaxseed Meal
Organic Golden Flaxseed Meal
Organic Golden Flaxseeds
Potato Flour
White Rice Flour
Xanthan Gum

Cherrybrook Kitchen Gluten Free Dreams

Chocolate Chip Cookie Mix
Chocolate Frosting Mix
Fudge Brownie Mix
Pancake & Waffle Mix
Sugar Cookie Mix
Vanilla Frosting Mix

Earth Balance

Shortening

Ener-G

Potato Flour
Tapioca Flour

Enjoy Life

Semi-Sweet Chocolate Chips

Gluten Free Pantry

Brown Rice Pancake & Waffle Mix
Chocolate Chip Cookie & Cake Mix
Chocolate Truffle Brownie Mix
Favorite Sandwich Bread Mix

Baking Needs (Cont'd)

Gluten Free Pantry

Muffins & Scone Mix
Yankee Cornbread & Muffin Mix

Hain

Baking Powder

King Arthur Flour

Gluten Free Bread Mix
Gluten Free Brownie Mix
Gluten Free Chocolate Cake Mix
Gluten Free Cookie Mix
Gluten Free Muffin Mix
Gluten Free Multi-Purpose Flour
Gluten Free Pancake Mix
Gluten Free Pizza Crust Mix

Let's Do... Organic

Organic Coconut Flakes
Organic Reduced Fat Shredded Coconut
Organic Shredded Coconut
Organic Tapioca Granules
Organic Tapioca Starch

Namaste

Brownie Mix

Orgran

Gluten Replacer

Pamela's Products

Baking & Pancake Mix
Baking & Pancake Mix, 4 lb
Chocolate Cake Mix
Chocolate Chunk Cookie Mix
Classic Vanilla Cake Mix
Cornbread & Muffin Mix
Gluten-Free Bread Mix
Gluten-Free Bread Mix & Flour Blend

Simply Organic

Banana Bread Mix, Cert. Org.
Carrot Cake Mix, Cert. Org.
Cocoa Brownie Mix, Cert. Org.
Cranberry Bread Mix, Cert. Org.
Pumpkin Cake Mix, Cert. Org.

Baking Needs (Cont'd)

WFM Gluten Free Bakehouse

Pie Shells

Bar Soap

Hugo Naturals

Shea Butter & Chamomile Bar Soap

Kiss My Face

Pure Olive Oil Bar Soap 8 oz

Bath Salts/Sugars/Scrubs

Hugo Naturals

Grapefruit & Orange Fizzy Bath Bomb

Sea Fennel & Passionflower Fizzy Bath Bomb

Beverages

Dagoba

Authentic Hot Chocolate - FTC, 12 oz

Unsweetened Hot Chocolate - FTC, 8 oz

So Delicious

Original (Plain) Coconut Milk Beverage

Original (Plain) Coconut Milk Kefir

Unsweetened Coconut Milk Beverage

Vanilla Coconut Milk Beverage

Vanilla Coconut Milk Kefir

Bread

Against The Grain

Bagels, Sesame

Baguettes, Original

Pizza Shell

Rolls, Original

Aleia's Gluten Free Foods

Gluten Free Classic Croutons

Gluten Free Italian Bread Crumbs

Gluten Free Parmesan Croutons

Ener-G

Brown Rice Loaf

Brown Rice Loaf Yeast Free

White Rice Bread

Bread (Cont'd)

Food For Life

Brown Rice Bread, Wheat & Gluten Free

Millet Bread, Wheat & Gluten Free

White Rice Bread, Wheat & Gluten Free

Glutino

Bread Crumbs

Udi's

GF Cinnamon Raisin Bread

GF Pizza Crusts 9"

GF Plain Bagels

GF White Sandwich Bread

GF Whole Grain Bread

WFM Gluten Free Bakehouse

Light White Sandwich Bread

Prairie Bread

Candy and Chocolate

Dagoba

Beaucoup Berries

DARK 59% Semisweet

ECLIPSE 87% Extra bittersweet

LAVENDER 59% Lavender/ blueberries

MILK 37% Pure Milk Chocolate - 2 oz

Endangered Species Chocolate

Bite Size Dark Chocolate with Cranberries & Almonds

Bite Size Extreme Dark Chocolate

Dark Chocolate with Blueberries - Sea Turtle

Dark Chocolate with Cranberries & Almonds - Wolf

Dark Chocolate with Deep Forest Mint

Dark Chocolate with Espresso Beans - Tiger

Dark Chocolate with Hazelnut Toffee - Rhino

Dark Chocolate with Raspberries - Grizzly Bear

Extreme Dark Chocolate - Panther

Milk Chocolate with Almonds - Crane

Milk Chocolate with Cherries - Dolphin

Candy and Chocolate (Cont'd)

Endangered Species Chocolate

Organic Health Dark Chocolate with Goji Berry,
Pecans & Maca - Spider Monkey
Smooth Milk Chocolate - Sea Otter
Smooth Organic Dark Chocolate - Butterfly
Smooth Organic Milk Chocolate - Lion
Supreme Dark Chocolate - Chimpanzee

Enjoy Life

Boom Choco Boom Dairy-Free Rice Milk Chocolate
Bar
Boom Choco Boom Dark Chocolate Bar

Glee Gum

Glee Bubblegum Flavor Gum
Glee Cinnamon Gum
Glee Peppermint Gum
Glee Spearmint Gum
Glee Tangerine Gum

Let's Do... Organic

Organic Classic Gummi Bears
Organic Jelly Gummi Bears

Scharffen Berger

41% Milk Bars
62% Semisweet Bars
70% Bittersweet bars
Bittersweet Chocolate Bar, 70% Cacao
Dark Mocha Chocolate Bar, 62% Cacao
Extra Dark Chocolate Bar, 82% Cacao
Semisweet Tasting Square Bars 62%

Canned Goods

Native Forest

Artichoke Hearts, Whole
Organic Baby Corn
Organic Hearts of Palm

Canned/Jarred Goods

Amy's Kitchen

Black Bean Chili
Light in Sodium - Medium Chili
Light in Sodium - Refried Black Beans
Light in Sodium - Spicy Chili

Canned/Jarred Goods (Cont'd)

Amy's Kitchen

Light in Sodium - Traditional Refried Beans
Medium Chili
Medium Chili with Vegetables
Refried Black Beans
Southwestern Black Bean Chili
Spicy Chili
Thai Coconut Soup (Tom Kha Phak)
Traditional Refried Bean
Vegetarian Baked Beans

Native Forest

Artichoke Hearts, Marinated

Cereal

Ancient Harvest

Organic Quinoa Flakes 12 oz

Arrowhead Mills

Maple Buckwheat Organic Flakes
Organic Rice & Shine Hot Cereal

Bakery On Main

Extreme Fruit & Nut Gluten Free Granola
Nutty Cranberry Gluten Free Granola
Rainforest Gluten Free Granola

Bob's Red Mill

Gluten Free Mighty Tasty Hot Cereal
GlutenFree Rolled Oats

Enjoy Life

Cinnamon Crunch Granola
Crunchy Flax Cereal
Very Berry Crunch Granola

EnviroKidz

Amazon Frosted Flakes Organic Cereal
Gorilla Munch Organic Cereal
Gorilla Munch Organic Cereal, 23 oz
Koala Crisp Organic Cereal
Koala Crisp Organic Cereal, 26 oz
Leapin' Lemurs Peanut Butter & Chocolate Organic
Cereal
Peanut Butter Panda Puffs Organic Cereal
Peanut Butter Panda Puffs Organic Cereal, 25 oz

Cereal (Cont'd)

Erewhon

- Corn Flakes
- Crispy Brown Rice - Gluten Free
- Crispy Brown Rice w/ Mixed Berries
- Rice Twice
- Strawberry Crisp

Glutino

- Apple & Cinnamon Cereal
- Berry Sensible Beginnings
- Honey & Nut O Cereal

Nature's Path

- Organic Fruit Juice Sweetened Corn Flakes
- Organic Fruit Juice Sweetened Corn Flakes, 26.4 oz
- Organic Honey'd Corn Flakes, 26.4 oz
- Organic Honey'd Cornflakes
- Organic Mesa Sunrise Cereal
- Organic Mesa Sunrise Cereal, 26.4 oz
- Organic Whole O's Cereal

Udi's

- GF Au Naturel Granola
- GF Cranberry Granola
- GF Original Granola
- GF Vanilla Granola

Cheese

Applegate Farms

- Sliced Organic Monterey Jack Cheese
- Sliced Organic Muenster Cheese

Follow Your Heart

- Vegan Gourmet Cheddar
- Vegan Gourmet Monterey Jack
- Vegan Gourmet Mozzarella Cheese

Wholesome Valley Organic

- Organic Dairy Slices, American
- Organic Dairy Slices, Mozzarella

Chips/Pretzels/Snacks

Blue Diamond

- Almond Nut Thins
- Cheddar Cheese Nut Thins

Chips/Pretzels/Snacks (Cont'd)

Blue Diamond

- Country Ranch Nut Thins
- Hazelnut Nut Thins
- Pecan Nut Thins
- Smokehouse Nut Thins

Ener-G

- Wylde Pretzels

Food Should Taste Good

- Blue Corn Tortilla Chips
- Cheddar Tortilla Chips
- Multigrain Tortilla Chips
- Sweet Potato Tortilla Chips

Food Should Taste Good

- Multigrain Tortilla Chips
- Olive Tortilla Chips

Glutino

- Pretzel Sticks, Family Bag
- Pretzels, Family Bag
- Pretzels, Sesame Rings
- Table Cracker

Green Mountain Gringo

- Organic Blue Tortilla Strips
- Organic White Tortilla Strips
- Original Tortilla Strips

Hain Pure Food

- Mini Munch Rice Snacks, Lightly Salted

Kettle Brand

- Baked Potato Chips, Aged White Cheddar 4 oz
- Baked Potato Chips, Hickory Honey BBQ 4 oz
- Baked Potato Chips, Lightly Salted 4 oz
- Baked Potato Chips, Salt & Fresh Ground Pepper 4 oz
- Baked Potato Chips, Sea Salt & Vinegar 4 oz
- Krinkle Cut Potato Chips, Classic BBQ 14 oz
- Krinkle Cut Potato Chips, Lightly Salted 14 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz

Chips/Pretzels/Snacks (Cont'd)

Kettle Brand

Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 2 oz
Potato Chips, Backyard Barbeque 5 oz
Potato Chips, Honey Dijon 5 oz
Potato Chips, Jalapeno 5 oz
Potato Chips, Lightly Salted 14 oz
Potato Chips, Lightly Salted 2 oz
Potato Chips, Lightly Salted 5 oz
Potato Chips, Lightly Salted 9 oz
Potato Chips, Organic Lightly Salted 5 oz
Potato Chips, Organic Sea Salt & Black Pepper 5 oz
Potato Chips, Sea Salt & Vinegar 2 oz
Potato Chips, Sea Salt & Vinegar 5 oz
Potato Chips, Sea Salt & Vinegar 9 oz
Potato Chips, Sour Cream, Onion & Chive 5 oz
Potato Chips, Sweet Onion 2 oz

Late July

Late July Dude Ranch Multigrain
Late July Mild Green Mojo
Late July Multigrain Sea Salt
Late July Summertime Blues
Late July Sweet Potato

Lundberg Family Farms

Apple Cinnamon Rice Cakes
Brown Rice Cakes
Honey Nut Rice Cakes
Organic Brown Rice Cakes
Organic Koku Seaweed Rice Cakes
Organic Popcorn Rice Cakes
Organic Sea Salt Rice Chips
Organic Sesame Tamari Rice Cakes
Organic Tamari Seaweed Rice Cakes
Organic Unsalted Brown Rice Cakes
Organic Wild Rice Cakes
Pico de Gallo Rice Chips

Mary's Gone Crackers

Sticks & Twigs, Curry
Sticks & Twigs, Sea Salt

Chips/Pretzels/Snacks (Cont'd)

Pirate Brands

Pirate's Booty Aged White Cheddar
Pirate's Booty Chocolate
Pirate's Booty Sour Cream and Onion
Pirate's Booty Veggie

Condiments

Aleia's Gluten Free Foods

Gluten Free Classic Croutons
Gluten Free Parmesan Croutons

Follow Your Heart

Vegenaise, Original

Organicville

Organic Chili Sauce
Organic Dijon Mustard
Organic Dressing, French
Organic Dressing, Miso Ginger Vinaigrette
Organic Dressing, Non Dairy Ranch
Organic Dressing, Olive Oil & Balsamic Vinaigrette
Organic Dressing, Orange Cranberry Vinaigrette
Organic Dressing, Pomegranate Vinaigrette
Organic Dressing, Sesame Goddess
Organic Dressing, Sesame Tamari Vinaigrette
Organic Dressing, Sundried Tomato & Garlic Vinaigrette
Organic Non-Dairy Caesar Dressing
Organic Non-Dairy Thousand Island Dressing
Organic Original BBQ Sauce
Organic Stone Ground Mustard
Organic Tangy BBQ Sauce
Organic Yellow Mustard

San-J

Szechuan Hot & Spicy Marinade/Stir Fry Sauce
Gluten Free
Teriyaki Sauce

San-J

Sweet and Sour Sauce

Cookies and Snack Bars

Aleia's Gluten Free Foods

Gluten Free Chocolate Chip Cookies
Gluten Free Coconut Macaroons

Andean Dream

Chocolate Chip Cookies
Raisin Spice Cookies

Bakery On Main

Peanut Butter Chocolate Chip Granola Bars

Enjoy Life

Caramel Apple Snack Bars
Cocoa Loco Snack Bars
Soft Baked Chewy Chocolate Chip Cookies
Soft Baked Double Chocolate Brownie Cookies
Soft Baked Snickerdoodle Cookies
Very Berry Snack Bars

EnviroKidz

Cheetah Organic Crispy Rice Bars, Berry
Koala Organic Crispy Rice Bars, Chocolate
Lemur Organic Crispy Rice Bars, Peanut Choco Drizzle
Panda Organic Crispy Rice Bars, Peanut Butter
Penguin Organic Crispy Rice Bars, Fruity Burst

Glow Gluten Free

Chocolate Chip Cookies
Snickerdoodle Cookies

Glutino

Breakfast Bars, Apple
Breakfast Bars, Blueberry
Chocolate Chip Dream Cookies
Chocolate Coated Vanilla Wafers
Chocolate Vanilla Crème Sandwich Dream Cookies
Lemon Wafers
Vanilla Crème Sandwich Dream Cookies

Immaculate Baking Company

Gluten Free Chocolate Chunk Cookie Dough

Jennie's

Coconut Macaroons

Cookies and Snack Bars (Cont'd)

Jovial Foods

Gluten Free Cookies - Vanilla Cream

Kinnikinnick

KinniKritters Animal Cookies
Montana's Chocolate Chip Cookies
S'moreables Graham Style Crackers

Let's Do...

Gluten Free Ice Cream Cones

Lucy's

Chocolate Chip Cookies

Mary's Gone Crackers love Cookies

Chocolate Chip love Cookies
Double Chocolate love Cookies

Mi-Del

Arrowroot Animal Cookies
Chocolate Chip Cookies
Ginger Snaps
Pecan Cookies

Orgran

Dinosaur wholefruit cookies - wildberry flavor
Itsy Bitsy Bears - Chocolate Cookies
Outback Animals - Chocolate Cookies

Pamela's Products

Almond Anise Biscotti
Butter Shortbread Cookies
Chocolate Chip Walnut Cookies
Chunky Chocolate Chip Cookies
Lemon Almond Biscotti
Organic Dark Chocolate Chunk Cookies
Pecan Shortbread Cookies
Simplebites Ginger Mini Snapz

Udi's

GF Oatmeal Raisin Cookies

WFM Gluten Free Bakehouse

Chocolate Chip Cookies
Molasses Ginger Cookies
Peanut Butter Cookies

Cosmetics

Crazy Rumors

- Bubble Gum Lip Balm
- Raspberry Sherbet Lip Balm

Crackers

Doctor In The Kitchen

- Rosemary Flackers Flaxseed Crackers

Edward & Sons

- Brown Rice Snaps, Tamari Seaweed
- Brown Rice Snaps, Tamari Sesame
- Brown Rice Snaps, Unsalted Sesame
- Exotic Rice Toast, Purple Rice & Black Sesame
- Organic Brown Rice Snaps, Black Sesame
- Organic Brown Rice Snaps, Cheddar
- Organic Brown Rice Snaps, Toasted Onion
- Organic Brown Rice Snaps, Unsalted Plain
- Organic Brown Rice Snaps, Vegetable

Foods Alive

- Italian Zest Organic Flax Crackers
- Mexican Harvest Organic Flax Crackers
- Original Organic Flax Crackers

Glutino

- Crackers, Multigrain
- Crackers, Original
- Crackers, Vegetable

Mary's Gone Crackers

- Crackers, Black Pepper
- Crackers, Herb
- Crackers, Onion
- Crackers, Original

Dairy

Brown Cow Yogurt

- CT Cherry-Vanilla FOB
- CT Coffee
- CT Maple
- CT Plain
- CT Vanilla
- NF Plain
- NF Vanilla

Dairy (Cont'd)

Chobani Greek Yogurt

- 0 % Strawberry Strained Yogurt
- 0% Black Cherry Strained Yogurt
- 0% Blueberry Strained Yogurt
- 0% Honey Strained Yogurt
- 0% Peach Strained Yogurt
- 0% Plain Strained Yogurt
- 0% Pomegranate Strained Yogurt
- 0% Vanilla Strained Yogurt
- 2% Mango Strained Yogurt
- 2% Pineapple Strained Yogurt

Earth Balance

- Buttery Sticks
- Organic Whipped Buttery Spread
- Original Buttery Spread
- Soy Free Buttery Spread
- Soy Garden Buttery Spread

Fage Total

- Total 0% 17.6oz (500g)
- Total 0% 35.3 oz (1kg)
- Total 0% 6oz (170g)
- Total 0% Blueberry Acai 5.3oz (150g)
- Total 0% Cherry Pomegranate 5.3oz (150g)
- Total 0% Honey 5.3oz (150g)
- Total 10% 17.6oz (500g)
- Total 10% 7oz (200g)
- Total 2% 17.6oz (500g)
- Total 2% 35.3oz (1kg)
- Total 2% 7oz (200g)
- Total 2% Blueberry 5.3oz (150g)
- Total 2% Cherry 5.3oz (150g)
- Total 2% Honey 5.3oz (150g)
- Total 2% Peach 5.3oz (150g)
- Total 2% Strawberry 5.3oz (150g)
- Total Blueberry 5.3oz (150g)
- Total Cherry 5.3oz (150g)
- Total Honey 5.3oz (150g)
- Total Peach 5.3oz (150g)
- Total Strawberry 5.3oz (150g)

Helios Nutrition

- Organic Reduced Fat Raspberry Ke
- Organic Vanilla Kefir

Dairy (Cont'd)

Lifeway Foods

Bio Kefir Vanilla
Fat Free Strawberry Kefir
Low Fat Blueberry Kefir
Low Fat Peach Kefir
Low Fat Raspberry Kefir
Low Fat Strawberry Kefir
Lowfat Plain Kefir
Lowfat Pomegranate Kefir
Organic Whole Milk Plain Kefir
Organic Whole Milk Wildberries Kefir
Probugs Goo Berry Pie
Probugs Orange Creamy Crawler
Probugs Strawnana Split
Probuugs Sublime Slime Lime

Stonyfield Organic Yogurt

0% Fat Black Cherry
0% Fat Blueberry FOB
0% Fat Chocolate Underground FOB
0% Fat French Vanilla
0% Fat Key Lime
0% Fat Lotsa Lemon
0% Fat Peach
0% Fat Plain
0% Fat Pom Raspberry Acai FOB
0% Fat Pomegranate Berry
0% Fat Strawberry
0% Fat Strawberry FOB
0% Fat French Vanilla
0% Fat Plain
Fat Free French Vanilla
Fat Free Strawberry
Low Fat BaNilla
Low Fat Blueberry
Low Fat Blueberry FOB
Low Fat Cherry Vanilla
Low Fat French Vanilla
Low Fat Honey Mango
Low Fat Just Peachy FOB
Low Fat Plain
Low Fat Raspberry
Low Fat Strawberry
Low Fat Strawberry FOB
Low Fat Strawberry Pomegranate

Dairy (Cont'd)

Stonyfield Organic Yogurt

Oikos: 0% Fat Blueberry FOB
Oikos: 0% Fat Plain
Oikos: 0% Fat Strawberry FOB
Oikos: 0% Fat Super Fruits FOB
Oikos: 0% Fat Vanilla
Oikos: Honey Vanilla LF Drinkable Yogurt
Oikos: Pomegranate Berry LF Drinkable Yogurt
Oikos: 0% Fat Caramel 4oz FOB
Oikos: 0% Fat Plain 4oz
Oikos: 0% Fat Vanilla 4oz
Peach Super Smoothie
Peach Super Smoothies 6oz
Raspberry Super Smoothie
Strawberry Banana Super Smoothie
Strawberry Banana Super Smoothies 6oz
Strawberry Super Smoothie
Strawberry Super Smoothies 6oz
Vanilla Super Smoothie
Whole Milk Chocolate Underground FOB
Whole Milk French Vanilla
Whole Milk Plain
Whole Milk Strawberries & Cream FOB
Whole Milk White Choc Raspberry
Wild Berry Super Smoothie
Wild Berry Super Smoothies 6oz
YoBaby Banana
YoBaby Banana Drinkable Yogurt
YoBaby Blueberry
YoBaby Peach
YoBaby Peach Drinkable Yogurt
YoBaby Simple Plain
YoBaby Vanilla
YoKids Squeezers Cherry/Berry
YoKids Squeezers Strawberry
YoKids: Blueberry Straw/Van
YoKids: Strawberry Ban/Straw

Dairy Alternatives

BLUE DIAMOND

ALMOND BREEZE CHOCOLATE
ALMOND BREEZE ORIGINAL
ALMOND BREEZE UNSWEETENED ORIGINAL

Dairy Alternatives (Cont'd)

BLUE DIAMOND

ALMOND BREEZE UNSWEETENED VANILLA
ALMOND BREEZE VANILLA

Blue Diamond

Almond Breeze, Chocolate
Almond Breeze, Original
Almond Breeze, Vanilla

Daiya Foods

Cheddar Style Shreds
Mozzarella Style Shreds

Follow Your Heart

Vegan Gourmet Cheddar
Vegan Gourmet Monterey Jack
Vegan Gourmet Mozzarella Cheese

So Delicious

Blueberry Cultured Coconut Milk Yogurt
Chocolate Cultured Coconut Milk Yogurt
Chocolate Non-Dairy Frozen Coconut Milk Dessert
Coconut Non-Dairy Frozen Coconut Milk Dessert
French Vanilla Coconut Milk Creamer
Hazelnut Coconut Milk Creamer
Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert
Original (Plain) Coconut Milk Beverage
Original (Plain) Coconut Milk Creamer
Original (Plain) Coconut Milk Kefir
Passionate Mango Cultured Coconut Milk Yogurt
Passionate Mango Non-Dairy Frozen Coconut Milk Dessert
Pina Colada Cultured Coconut Milk Yogurt
Plain Cultured Coconut Milk Yogurt
Unsweetened Coconut Milk Beverage
Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert
Vanilla Coconut Milk Beverage
Vanilla Coconut Milk Kefir
Vanilla Cultured Coconut Milk Yogurt

Dairy Alternatives (Cont'd)

Stonyfield Organic Yogurt

Blueberry O'Soy
Chocolate O'Soy
Strawberry/Peach O'Soy
Vanilla O'Soy

WestSoy

Organic Soy Beverage, Unsweetened Original 64 oz
Soy Beverage, Unsweetened Chocolate 32 oz

truwhip

All Natural Frozen Whip Topping

Deli Style Meats and Cheeses

Applegate Farms

Organic Sliced Oven Roasted Chicken
Salametti
Sliced Authentic Prosciutto
Sliced Organic Herb Turkey
Sliced Organic Oven Roasted Turkey
Sliced Organic Roast Beef
Sliced Organic Smoked Chicken
Sliced Organic Smoked Turkey
Sliced Organic Uncured Ham
Sliced Slow Cooked Ham
Sliced Soppressata

Dental Care Products

Kiss My Face

Berry Smart Toothpaste Fluoride Free 4 oz

Tom's of Maine

Spearmint Flat Floss
Unflavored Round Floss

Deodorant

Kiss My Face

Liquid Rock Lavender Deodorant 3 oz

Desserts

French Meadow Bakery

Gluten Free Fudge Brownie

Organicville

Organic Mint Chocolate Chip Ice Cream

Organic Vanilla Ice Cream

Purely Decadent

Chocolate Peanut Butter Swirl Non-Dairy Frozen Coconut Milk Dessert

So Delicious

Chocolate Non-Dairy Frozen Coconut Milk Dessert

Coconut Non-Dairy Frozen Coconut Milk Dessert

Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert

Passionate Mango Non-Dairy Frozen Coconut Milk Dessert

Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

Tia's Bakery Gluten Free

German Chocolate Cake

Grandma's Chocolate Cake

WFM Gluten Free Bakehouse

Carrot Cake

Chocolate Cupcakes

Vanilla Cupcakes

truwhip

All Natural Frozen Whip Topping

Energy and Nutrition Bars/Drinks

Attune

Mint Chocolate Chocolate Wellness Bar

Attune Probiotic Bars

Dark Chocolate Bars - individual bars

Mint Chocolate Bars - individual

Function Drinks

98886-00100

Entrees and Mixes

Arrowhead Mills

Gluten Free All Purpose Baking Mix

Gluten Free Brownie Mix

Cherrybrook Kitchen Gluten Free Dreams

Chocolate Chip Cookie Mix

Chocolate Frosting Mix

Fudge Brownie Mix

Pancake & Waffle Mix

Sugar Cookie Mix

Vanilla Frosting Mix

Glutino

Macaroni & Cheese

Lundberg Family Farms

Organic Tuscan Risotto

Namaste

Brownie Mix

Road's End Organics

Dairy Free Alfredo Style Mac & Cheese

Dairy Free Cheddar Style Penne & Cheese

Gluten Free Alfredo Cheese Mix

Gluten Free Cheddar Cheese Mix

Tasty Bite

Aloo Palak

Bombay Potatoes

Channa Masala

Jodhpur Lentils

Kashmir Spinach

Kerala Vegetables

Madras Lentils

Malaysian Lodeh

Punjab Eggplant

Spinach Dal

Vegetable Korma

Ethnic Foods

Edward & Sons

Brown Rice Snaps, Tamari Seaweed

Brown Rice Snaps, Tamari Sesame

Miso-Cup, Organic Reduced Sodium

Miso-Cup, Organic Traditional with Tofu

Miso-Cup, Savory Seaweed

Ethnic Foods (Cont'd)

Food Merchants

- Organic Polenta, Basil & Garlic
- Organic Polenta, Traditional
- Organic Quinoa Polenta, Heirloom Red & Black

Native Forest

- Light Coconut Milk
- Organic Coconut Milk

Premier Japan

- Organic Wheat-Free Hoisin Sauce
- Organic Wheat-Free Teriyaki Sauce

San-J

- Sweet and Sour Sauce

Tasty Bite

- Aloo Palak
- Bombay Potatoes
- Channa Masala
- Jodhpur Lentils
- Kashmir Spinach
- Kerala Vegetables
- Madras Lentils
- Malaysian Lodeh
- Punjab Eggplant
- Spinach Dal
- Vegetable Korma

Facial Care Products

MyChelle

- Clear Skin Balancing Cream
- Clear Skin Clarifying Pads
- Clear Skin Clarifying Pads
- Clear Skin Cleanser
- Clear Skin Spot Treatment
- Creamy Pumpkin Cleanser
- Fruit Enzyme Cleanser
- NOTOX Anti-Wrinkle Serum

Frozen Foods

Amy's Kitchen

- Bistro Veggie Burger
- Black Bean Enchilada Whole Meal

Frozen Foods (Cont'd)

Amy's Kitchen

- Black Bean Vegetable Enchilada
- Brown Rice & Vegetables Bowl
- Brown Rice, Black-Eyed Peas & Veggies Bowl
- Cheese Enchilada
- Cheese Enchilada Whole Meal
- Cheese Tamale Verde
- Garden Vegetable Lasagna
- Gluten Free Bean & Cheese Burrito
- Gluten Free Bean & Rice Burrito (Dairy Free)
- Indian Mattar Paneer
- Indian Mattar Tofu
- Indian Palak Paneer
- Indian Vegetable Korma
- Kids Baked Ziti Meal
- Light in Sodium - Black Bean Vegetable Enchilada
- Light in Sodium - Brown Rice & Vegetables Bowl
- Light in Sodium - Indian Mattar Paneer
- Light in Sodium - Mexican Casserole Bowl
- Mexican Casserole Bowl
- Non-Dairy Rice Macaroni & Cheese
- Rice Crust Spinach Pizza
- Rice Mac & Cheese
- Roasted Vegetable Tamale
- Santa Fe Enchilada Bowl
- Single Serve Non-Dairy Rice Crust Cheese Pizza
- Teriyaki Bowl
- Tortilla Casserole & Black Beans Bowl

Applegate Farms

- Maple Breakfast Sausage
- Organic Turkey Burgers
- Sage Breakfast Sausage

Feel Good Foods

- Gluten Free Asian Chicken Dumplings
- Gluten Free Asian Vegetable Dumplings

French Meadow Bakery

- Gluten Free Fudge Brownie

Frozen Foods (Cont'd)

Gluten Free Cafe

Pasta Primavera

Glutino

Pizza, Duo Cheese

Pizza, Spinach Feta

Ian's Natural Foods

Alpha Tots

Chicken Fingers, Allergen Free

It's Soy Delicious

Vanilla Non-Dairy Frozen Dessert

Julian's Recipe

Gluten Free Pancakes - Buttermilk

Julie's Organic Ice Cream

Glutenfreeda's Organic Gluten Free Vanilla Ice Cream Sandwich

Kettle Cuisine

Angus Beef Steak Chili with Beans

Chicken Soup with Rice Noodles

Grilled Chicken and Corn Chowder

New England Clam Chowder

Kinnikinnick

Chocolate Dipped Donuts

Vanilla Glazed Donuts

Organic So Delicious

Chocolate Velvet Non-Dairy Frozen Dessert

Organicville

Organic Mint Chocolate Chip Ice Cream

Organic Vanilla Ice Cream

Purely Decadent

Cherry Nirvana Non-Dairy Frozen Dessert

Chocolate Obsession Non-Dairy Frozen Dessert

Chocolate Peanut Butter Swirl Non-Dairy Frozen Coconut Milk Dessert

Cookie Dough (Gluten Free) Non-Dairy Frozen Dessert

Cookie Dough Non-Dairy Frozen Coconut Milk Dessert

Mint Chip Non-Dairy Frozen Coconut Milk Dessert

Frozen Foods (Cont'd)

Purely Decadent

Mint Chocolate Chip Non-Dairy Frozen Dessert

Peanut Butter Zig Zag Non-Dairy Frozen Dessert

Saffron Road

Chicken Biryani

Chicken Tikka Masala with Basmati Rice

Lamb Koftis

Lamb Saag with Basmati Rice

Lemongrass Basil Chicken

So Delicious

Chocolate Non-Dairy Frozen Coconut Milk Dessert

Coconut Almond Bar, Made with Coconut Milk

Coconut Non-Dairy Frozen Coconut Milk Dessert

Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert

Passionate Mango Non-Dairy Frozen Coconut Milk Dessert

Vanilla Bar, Made with Coconut Milk

Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

Starfish

Crispy Battered Gluten Free Cod

Crispy Battered Gluten Free Haddock

Sweet Nothings

Non-Dairy Fudge Bar, 6-pack

Van's

Wheat Free Blueberry Waffles

Wheat Free French Toast Sticks Cinnamon

Wheat Free Homestyle Waffles

Wheat Free Mini Homestyle Waffles

Grains and Rice

Ancient Harvest

Inca Red Organic Quinoa 12 oz

Traditional Organic Quinoa 12 oz

Annie Chun's

Rice Express Sprouted Brown Rice

Rice Express Sticky White Rice

Grains and Rice (Cont'd)

Eden

- Organic Millet, Whole Grain
- Organic Red Quinoa, Whole Grain

Lundberg Family Farms

- Eco-Farmed Black Japonica Field Gourmet Blend
- Eco-Farmed California Brown Basmati Rice
- Eco-Farmed California White Arborio Rice
- Eco-Farmed California White Basmati Rice
- Eco-Farmed California White Jasmine Rice
- Eco-Farmed Jubilee Gourmet Blend Rice
- Eco-Farmed Short Grain Brown Rice
- Eco-Farmed Wild Blend Gourmet Blend Rice
- Organic California Brown Basmati Rice
- Organic California Brown Jasmine Rice, 25 lb
- Organic California White Basmati Rice
- Organic Long Grain Brown Rice
- Organic Short Grain Brown Rice
- Organic White Long Grain Rice

Hair Care Products

365 Every Day Value™

- Conditioner Fragrance Free
- Conditioner Herbal Mint
- Conditioner Lavender Blend
- Shampoo for Dry and Normal Herbal Mint
- Shampoo for Dry and Normal Lavender Blend
- Shampoo for Normal and Oily Fragrance Free
- Shampoo for Normal and Oily Herbal Mint
- Shampoo for Normal and Oily Lavender Blend

Hand & Body Lotions

365 Every Day Value™

- Body Lotion Fragrance Free
- Body Lotion Herbal Mint
- Body Lotion Lavender Blend

Hugo Naturals

- French Lavender All Over Lotion
- Shea Butter & Chamomile Oh-So-Soft Lotion
- Unscented All Over Lotion

Hand & Body Lotions (Cont'd)

Kiss My Face

- Grapefruit & Bergamot Hand Crème 4 oz
- Honey & Calendula Moisturizer 4 oz
- Vitamin A&E Moisturizer 16 oz

Hand & Body Washes

365 Every Day Value™

- Conditioner Fragrance Free
- Shower Gel Fragrance Free
- Shower Gel Herbal Mint
- Shower Gel Lavender Blend

Hugo Naturals

- Shea Butter & Chamomile Foaming Milk Bath
- Shea Butter & Chamomile Shampoo & Baby Wash

Kiss My Face

- Olive & Aloe Liquid Moisture Soap 9 oz
- Almond Liquid Moisture Soap 9 oz
- Anti-Stress Shower Gel 16 oz
- Fragrance Free Liquid Moisture Soap 9 oz
- Grapefruit & Bergamot Refill 17.5 oz

Jams and Nut Butters

Barney Butter

- Barney Butter Crunchy - 16 oz / 6 pk
- Barney Butter Smooth - 16 oz / 6 pk

Blue Diamond

- Homestyle Almond Butter, Creamy
- Homestyle Almond Butter, Crunchy

Justin's

- Chocolate Almond Butter 1.15 oz Squeeze Packs
- Chocolate Almond Butter Jars
- Chocolate Hazelnut Butter 1.15 oz Squeeze Packs
- Chocolate Hazelnut Jars
- Chocolate Peanut Butter 1.15 oz Squeeze Packs
- Classic Almond Butter 1.15 oz Squeeze Packs
- Classic Almond Butter Jars

Jams and Nut Butters (Cont'd)

Justin's

Classic Peanut Butter 1.15 oz Squeeze Packs
Dark Chocolate Peanut Butter Cups
Honey Almond Butter 1.15 oz Squeeze Packs
Honey Almond Butter Jars
Honey Peanut Butter 1.15 oz Squeeze Packs
Maple Almond Butter 1.15 oz Squeeze Packs
Maple Almond Butter Jars
Milk Chocolate Peanut Butter Cups

Lip Balms

Badger

Coffee Roast Lip Balm Stick
Unscented Lip Care

Meat and Poultry

Applegate Farms

Beef Hot Dogs
Big Apple Hot Dogs
Chicken Apple Breakfast Sausage
Chicken Hot Dogs
Greatest Little Organic Smokey Cocktail Frank
Maple Breakfast Sausage
Organic Beef Hot Dogs
Organic Chicken & Apple Sausage
Organic Chicken Hot Dogs
Organic Hot Dogs
Organic Sweet Italian Sausage
Organic Turkey Burgers
Organic Turkey Hot Dogs
Sage Breakfast Sausage
Sliced Sunday Bacon
Sliced Turkey Bacon
Turkey Hot Dogs

Nutritional Supplements

Amazing Grass

Amazing Meal Pomegranate Mango
Amazing Meal chocolate
Wheat Grass Tablets

Nutritional Supplements (Cont'd)

BioChem

100% Greens & Whey Protein Powder Chocolate
100% Whey Protein Chocolate Fudge
100% Whey Protein Natural Flavor
100% Whey Protein Vanilla 13.9oz

Can Do Kid

Can Do Kid Chocolate Crunch Nutrition Bars
Can Do Kid Cookies & Cream Nutrition Bars

Country Life

Acidophilus with Pectin Capsules, 100 ct
Bromelain 500mg 60ct
Charcoal Capsules 100 ct
Chelated Zinc 50mg Tablets, 100 ct
Chewable Multivitamin 60ct
Chromium Complex 200mcg Capsules, 50 ct
Chromium Picolinate Capsules, 100 ct
CoQ10 100mg - 30 capsules
Coenzyme B Complex 120ct
Dairy-Zyme 50ct
Maxi Baby-dophilus Powder, 2 oz
Maxi C 1000mg 90ct
Melatonin 3mg Tablets, 30 ct
Omega-3 Fish Oils 1000mg 100ct
Power-dophilus Capsules, 200 ct
Pycogenol 50mg Capsules, 50 ct
Super Potency Biotin 5mg 120ct
Superior B-12, 50 ct
Target-Mins Calcium-Magnesium Complex Tablets, 180 ct
Target-Mins Calcium-Magnesium Complex Tablets, 90 ct
Target-Mins Calcium-Magnesium-Veg Capsules, 120 ct
Target-Mins Magnesium Capsules, 60 ct
Target-Mins Potassium Tablets, 90 ct
Vitamin B-6 100mg 100ct
Vitamin C 500mg Chewable 90ct
Vitamin C with Rosehips 500mg 100ct
Vitamin D3 1000 IU 200ct
Vitamin D3 2500 IU 200ct

Nutritional Supplements (Cont'd)

Nature's Way

0 Vegetarian capsules (box) / 100

Nature's Way Primadophilus

Primadophilus® Bifidus / 90 Vcaps®
Primadophilus® Optima / 30 Vcaps®
Primadophilus® Optima / 60 Vcaps®
Primadophilus® for Children / 5 oz Pwdr
Primadophilus® for Kids Orange / 30 Chw

Nature's Way Sambucus

Sambucus Sugar-Free Syrup / 8 oz
Sambucus for Kids / 8 oz

Nature's Way Umcka

Umcka ColdCare® Lemon Hot Drink / 10 pkts/bx
Umcka ColdCare® Mint-Menthol Chewable / 20 Chw
Umcka® Cold+Flu Berry Chewable / 20 Chw
Umcka® Cold+Flu Berry Syrup / 4 oz.

Pioneer Nutrition

Calcium Magnesium- 60 tab
Glucosamine Chondroitin Complex- 120 tab

Rainbow Light

ACTIVE SENIOR MULTIVITAMIN 90
FOOD-BASED CALCIUM 180
FOOD-BASED CALCIUM 90
GUMMY OMEGALICIOUS 30
JUST ONCE IRON-FREE MULTIVITAMIN 30
KID'S ONE MULTISTARS 30
MAGNESIUM CALCIUM "+" 90
MEN'S ONE MULTIVITAMIN 90
PRENATAL ONE MULTIVITAMIN 150
PRENATAL ONE MULTIVITAMIN 30
PRENATAL PETITE MULTIVITAMIN 90
PROTEIN ENERGIZER ACAI
REJUVENAGE 40+ MULTI 120
SUPRACLEAR SINUS AND CHEST 30
VITAMIN D 1,000 IU GUMMIES 50
VITAMIN D 400 IU GUMMIES 60
WOMEN'S ONE MULTIVITAMIN 150
WOMEN'S ONE MULTIVITAMIN 90

Nutritional Supplements (Cont'd)

VEGA

Bodacious Berry
Chocolate Small
Natural Small
Vanilla Almondilla
Vanilla Chai Large
Vanilla Chai Small

Vibrant Health

Field of Greens 30 serving

Nuts/Seeds/Dried Fruits

Bob's Red Mill

Organic Brown Flaxseeds
Organic Golden Flaxseeds

Gerbs Pumpkin Seeds

Toasted Onion & Garlic Pumpkin Seed Kernels
Touch of Salt Pumpkin Seed Kernels
Whole Roasted Lightly Salted Pumpkin Seeds

Hail Merry

Salt N Pepper Sunflower Seeds

Ointments/Salves/Gels/Antiseptics

Badger

Healing Balm
Highland Mint Tin
Unscented Healing Balm

Pasta

Andean Dream

Quinoa Fusilli

Jovial Foods

Brown Rice Capellini
Brown Rice Fusilli
Brown Rice Penne Rigate
Brown Rice Spaghetti

Orgran

Buckwheat Spirals
Rice & Corn Tortellini
Rice & Millet Spirals

Pasta Sauce

Organicville

- Organic Italian Herb Pasta Sauce
- Organic Marinara Pasta Sauce
- Organic Mushroom Pasta Sauce
- Organic Tomato Basil Pasta Sauce

Personal Care

Natracare

- ORGANIC Regular Applicator Tampons - 16 CT
- ORGANIC Super Plus Non-Applicator Tampons - 20 CT
- Regular Pads - 14 CT
- Super Pads - 12 CT
- Ultra Super Plus Pads - 12 CT
- Ultra Thin Organic Cotton Panty Liner - 22 CT

Tom's of Maine

- Calendula Stick Deodorant
- Honeysuckle Rose Stick Deodorant
- Lavender Long Lasting Stick Deodorant
- Lemongrass Long Lasting Stick Deodorant
- Unscented Stick Deodorant
- Woodspice Stick Deodorant

Prepared Foods

Food Merchants

- Organic Polenta, Basil & Garlic
- Organic Polenta, Traditional
- Organic Quinoa Polenta, Heirloom Red & Black

Sauces/Salsas/Dips

Amy's Kitchen

- Family Marinara Pasta Sauce
- Medium Salsa

Organicville

- Organic Medium Salsa
- Organic Mild Salsa
- Organic Pineapple Salsa
- Organic Pizza Sauce
- Organic Tangy BBQ Sauce
- Sriracha Sauce

Sauces/Salsas/Dips (Cont'd)

Premier Japan

- Organic Wheat-Free Hoisin Sauce
- Organic Wheat-Free Teriyaki Sauce

Road's End Organics

- Gluten Free Alfredo Cheese Mix
- Gluten Free Cheddar Cheese Mix

Simply Organic

- Brown Gravy Mix Cert. Org.
- Creamy Dill Dip Mix, Cert. Org.
- French Onion Dip Mix, Cert. Org.
- Guacamole Dip Mix, Cert. Org.
- Ranch Dip Mix, Cert. Org.
- Roasted Chicken Gravy Mix Cert. Org.
- Roasted Turkey Gravy Mix Cert. Org.

Seafood

Starfish

- Crispy Battered Gluten Free Cod
- Crispy Battered Gluten Free Haddock

Shaving Aids

Kiss My Face

- Fragrance Free Moisture Shave 11 oz

Soups

Amy's Kitchen

- Black Bean Vegetable Soup
- Chunky Tomato Bisque
- Chunky Vegetable Soup
- Cream of Tomato Soup
- Curried Lentil Soup
- Fire Roasted Southwestern Vegetable Soup
- Golden Lentil Soup
- Hearty French Country Vegetable Soup
- Hearty Rustic Italian Vegetable Soup
- Hearty Spanish Rice & Red Bean Soup
- Lentil Soup
- Lentil Vegetable Soup
- Light in Sodium - Chunky Tomato Bisque
- Light in Sodium - Cream of Tomato Soup
- Light in Sodium - Lentil Soup
- Light in Sodium - Lentil Vegetable Soup

Soups (Cont'd)

Amy's Kitchen

Light in Sodium - Split Pea Soup
Split Pea Soup
Summer Corn & Vegetable Soup
Tuscan Bean & Rice Soup

Dr. McDougall's Right Foods

Organic Lower Sodium Black Bean Soup
Organic Lower Sodium Vegetable Soup
RTS Lentil Soup
RTS Light Sodium Garden Vegetable Soup
RTS Light Sodium Lentil Soup
RTS Roasted Pepper Tomato Soup

Edward & Sons

Miso-Cup, Organic Reduced Sodium
Miso-Cup, Organic Traditional with Tofu
Miso-Cup, Savory Seaweed

Kettle Cuisine

Angus Beef Steak Chili with Beans
Chicken Soup with Rice Noodles
Grilled Chicken and Corn Chowder
New England Clam Chowder

Spices and Seasonings

Edward & Sons

Bouillon Cubes, Garden Veggie
Bouillon Cubes, Not-Chick'n

Simply Organic

Sloppy Joe Mix Cert. Org.
Southwest Taco Seasoning, Cert. Org.

Sweeteners

Lundberg Family Farms

Brown Rice Syrup
Organic Brown Rice Syrup