

# Gluten Free

SPECIAL DIETS SERIES

CELEBRATING  
YOUR  
CHOICES



## Franklin Store, Northern California Region

Whole Foods Market is excited to bring you Celebrating Your Choices, a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product.

### Baby & Child Products

#### California Baby

- Baby Powder, Non Talc
- Body Wash & Shampoo - Large
- Detangler Hair Spray
- Diaper Area Wash
- Shampoo & Body Wash
- Super Sensitive Baby Shampoo
- Super Sensitive Hair Conditioner

### Baked Goods

#### Kinnikinnick

- Cinnamon Sugar Donuts

#### Mariposa Baking

- Sour cream Coffeecake

#### Udi's

- GF Blueberry Muffins
- GF Cinnamon Rolls

### Baked Goods (Cont'd)

#### Udi's

- GF Double Chocolate Muffins
- GF Lemon Streusel Muffins

#### WFM Gluten Free Bakehouse

- Banana Bread
- Chocolate Chip Cookies
- Chocolate Cupcakes
- Cornbread
- Cream Biscuits
- Pie Shells
- Prairie Bread
- Sandwich Bread
- Stuffing Cubes
- Vanilla Cupcakes

## **Baking Needs**

### **Arrowhead Mills**

- Buckwheat Flour
- Gluten Free Brownie Mix
- Long Grain Brown Rice Flour
- Yellow Corn Meal

### **Bob's Red Mill**

- Almond Flour
- Cornstarch
- Garbanzo Bean Flour
- Gluten Free All Purpose Baking Flour
- Gluten Free Biscuit & Baking Mix
- Gluten Free Cornbread Mix
- Gluten Free Pancake Mix
- Gluten Free Pizza Crust Mix
- GlutenFree Rolled Oats
- Organic Brown Flaxseeds
- Organic Brown Rice Flour
- Organic Coconut Flour
- Organic Flaxseed Meal
- Organic Golden Flaxseed Meal
- Organic Golden Flaxseeds
- Potato Starch
- Tapioca Flour
- Xanthan Gum

### **Cherrybrook Kitchen Gluten Free Dreams**

- Pancake & Waffle Mix
- Ready To Spread Vanilla Frosting

### **Dagoba**

- Cacao Powder

### **Ener-G**

- Egg Replacement

### **Enjoy Life**

- Semi-Sweet Chocolate Chips

### **Gluten Free Pantry**

- Brown Rice Pancake & Waffle Mix
- Chocolate Chip Cookie & Cake Mix
- Chocolate Truffle Brownie Mix
- French Bread & Pizza Mix
- Muffins & Scone Mix
- Yankee Cornbread & Muffin Mix

## **Baking Needs (Cont'd)**

### **King Arthur Flour**

- Gluten Free Multi-Purpose Flour

### **Kinnikinnick**

- Panko Style Bread Crumbs

### **Let's Do... Organic**

- Organic Reduced Fat Shredded Coconut
- Organic Shredded Coconut
- Organic Tapioca Granules
- Organic Tapioca Pearls

### **Namaste**

- Pizza Crust Mix
- Spice Cake Mix
- Waffle & Pancake Mix

### **Pamela's Products**

- Baking & Pancake Mix
- Baking & Pancake Mix, 4 lb
- Chocolate Brownie Mix
- Chocolate Cake Mix
- Chocolate Chunk Cookie Mix
- Classic Vanilla Cake Mix
- Cornbread & Muffin Mix
- Dark Chocolate Frosting Mix
- Gluten-Free Bread Mix

### **WFM Gluten Free Bakehouse**

- Pie Shells

## **Bar Soap**

### **Kiss My Face**

- Olive & Aloe Bar Soap 4 oz
- Olive & Aloe Bar Soap 8 oz
- Olive & Green Tea Bar Soap 4 oz
- Olive & Lavender Bar Soap 4 oz
- Olive & Lavender Bar Soap 8 oz
- Pure Olive Oil Bar Soap 8 oz

## **Bath Salts/Sugars/Scrubs**

### **Hugo Naturals**

- Lavender & Vanilla Fizzy Bath Bomb
- Rose & Sandalwood Fizzy Bath Bomb

## Bath Salts/Sugars/Scrubs (Cont'd)

### Kiss My Face

Peppermint Foot Scrub 4 oz

## Beverages

### Bard's Beer

Bard's Gold, Single Bottle

### Lakefront Brewery

New Grist Sorghum Brewed Beer

New Grist Sorghum Brewed Beer, Single

### So Delicious

Original (Plain) Coconut Milk Beverage

Unsweetened Coconut Milk Beverage

Vanilla Coconut Milk Beverage

## Bread

### Canyon Bakehouse

7-Grain Gluten Free Bread

Gluten Free Hamburger Buns

Mountain White Gluten Free Bread

### Food For Life

Brown Rice Bread, Wheat & Gluten Free

Millet Bread, Wheat & Gluten Free

Rice Almond Bread, Wheat & Gluten Free

White Rice Bread, Wheat & Gluten Free

Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Glutino

Bagels, Plain

### Udi's

GF Cinnamon Raisin Bagels

GF Cinnamon Raisin Bread

GF Classic Hamburger Buns

GF Classic Hot Dog Buns

GF Millet-Chia Bread

GF Pizza Crusts 9"

GF Plain Bagels

GF White Sandwich Bread

GF Whole Grain Bagels

GF Whole Grain Bread

GF Whole Grain Hamburger Buns

## Bread (Cont'd)

### WFM Gluten Free Bakehouse

Cornbread

Cream Biscuits

Prairie Bread

Sandwich Bread

## Candy and Chocolate

### Dagoba

Beaucoup Berries

DARK 59% Semisweet

ECLIPSE 87% Extra bittersweet

LAVENDER 59% Lavender/ blueberries

MILK 37% Pure Milk Chocolate - 2 oz

XOCOLATL 74% Chilies/cacao nibs

### Endangered Species Chocolate

Dark Chocolate with Blueberries - Sea Turtle

Dark Chocolate with Cranberries & Almonds - Wolf

Dark Chocolate with Deep Forest Mint

Dark Chocolate with Hazelnut Toffee - Rhino

Dark Chocolate with Raspberries - Grizzly Bear

Extreme Dark Chocolate - Panther

Supreme Dark Chocolate - Chimpanzee

### Enjoy Life

Boom Choco Boom Dairy-Free Rice Milk Chocolate Bar

Boom Choco Boom Dairy-Free Rice Milk w/ Crispy Rice Chocolate Bar

Boom Choco Boom Dark Chocolate Bar

### Glee Gum

Glee Bubblegum Flavor Gum

Glee Spearmint Gum

Glee Tangerine Gum

### Scharffen Berger

41% Milk Bars

62% Nibby Bars

62% Semisweet Bars

70% Bittersweet bars

Bittersweet Chocolate Bar, 70% Cacao

## Candy and Chocolate (Cont'd)

### Scharffen Berger

Extra Dark Chocolate Bar, 82% Cacao  
Semisweet Tasting Square Bars 62%

## Canned Goods

### Native Forest

Artichoke Hearts, Quartered  
Artichoke Hearts, Whole  
Organic Baby Corn  
Organic Hearts of Palm  
Organic Pineapple Chunks

## Canned/Jarred Goods

### Amy's Kitchen

Black Bean Chili  
Light in Sodium - Medium Chili  
Light in Sodium - Refried Black Beans  
Light in Sodium - Spicy Chili  
Light in Sodium - Traditional Refried Beans  
Medium Chili  
Medium Chili with Vegetables  
Refried Beans with Green Chiles  
Spicy Chili  
Thai Coconut Soup (Tom Kha Phak)  
Traditional Refried Bean  
Vegetarian Baked Beans

## Cereal

### Ancient Harvest

Organic Quinoa Flakes 12 oz

### Arrowhead Mills

Organic Rice & Shine Hot Cereal

### Bob's Red Mill

Gluten Free Mighty Tasty Hot Cereal  
GlutenFree Rolled Oats

### Enjoy Life

Cinnamon Crunch Granola  
Crunchy Flax Cereal

## Cereal (Cont'd)

### EnviroKidz

Gorilla Munch Organic Cereal  
Koala Crisp Organic Cereal  
Peanut Butter Panda Puffs Organic Cereal

### Erewhon

Crispy Brown Rice - Gluten Free

### Nature's Path

Organic Fruit Juice Sweetened Corn Flakes  
Organic Fruit Juice Sweetened Corn Flakes, 26.4 oz  
Organic Honey'd Cornflakes  
Organic Mesa Sunrise Cereal, 26.4 oz  
Organic Whole O's Cereal

### Udi's

GF Au Naturel Granola  
GF Original Granola  
GF Vanilla Granola

## Cheese

### Follow Your Heart

Vegan Gourmet Cheddar  
Vegan Gourmet Monterey Jack  
Vegan Gourmet Mozzarella Cheese

## Chips/Pretzels/Snacks

### Blue Diamond

Almond Nut Thins  
Barbeque Nut Thins  
Cheddar Cheese Nut Thins  
Country Ranch Nut Thins  
Hazelnut Nut Thins  
Hint of Sea Salt Nut Thins  
Pecan Nut Thins  
Sea Salt Nut Chips  
Smokehouse Nut Thins  
Sour Cream & Chive Nut Chips

### Ener-G

Sesame Pretzel Rings

### Food Should Taste Good

Blue Corn Tortilla Chips  
Cheddar Tortilla Chips

## **Chips/Pretzels/Snacks (Cont'd)**

### **Food Should Taste Good**

Multigrain Tortilla Chips  
Sweet Potato Tortilla Chips

### **Food Should Taste Good**

Jalapeno Tortilla Chips  
Multigrain Tortilla Chips  
Olive Tortilla Chips

### **Glutino**

Pretzel Sticks, Family Bag  
Pretzels, Family Bag  
Pretzels, Sesame Rings  
Pretzels, Sticks  
Pretzels, Twists  
Table Cracker

### **Hain Pure Food**

Mini Munch Rice Snacks, Lightly Salted

### **Kettle Brand**

Baked Potato Chips, Aged White Cheddar 4 oz  
Baked Potato Chips, Hickory Honey BBQ 4 oz  
Baked Potato Chips, Lightly Salted 4 oz  
Baked Potato Chips, Salt & Fresh Ground Pepper 4 oz  
Baked Potato Chips, Sea Salt & Vinegar 4 oz  
Krinkle Cut Potato Chips, Classic BBQ 14 oz  
Krinkle Cut Potato Chips, Lightly Salted 14 oz  
Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz  
Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 2 oz  
Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 5 oz  
Potato Chips, Backyard Barbeque 5 oz  
Potato Chips, Honey Dijon 5 oz  
Potato Chips, Jalapeno 2 oz  
Potato Chips, Jalapeno 5 oz  
Potato Chips, Lightly Salted 2 oz  
Potato Chips, Lightly Salted 5 oz  
Potato Chips, Lightly Salted 9 oz

## **Chips/Pretzels/Snacks (Cont'd)**

### **Kettle Brand**

Potato Chips, New York Cheddar w/ Herbs 5 oz  
Potato Chips, Organic Chipotle Chili BBQ 5 oz  
Potato Chips, Organic Lightly Salted 5 oz  
Potato Chips, Organic Sea Salt & Black Pepper 5 oz  
Potato Chips, Sea Salt & Vinegar 2 oz  
Potato Chips, Sea Salt & Vinegar 5 oz  
Potato Chips, Sea Salt & Vinegar 9 oz  
Potato Chips, Sour Cream, Onion & Chive 5 oz  
Potato Chips, Sweet Onion 2 oz  
Potato Chips, Unsalted 5 oz

### **Late July**

Late July Dude Ranch Multigrain  
Late July Mild Green Mojo  
Late July Multigrain Sea Salt  
Late July Summertime Blues  
Late July Sweet Potato

### **Lundberg Family Farms**

Brown Rice Cakes  
Honey Nut Rice Cakes  
Organic Brown Rice Cakes  
Organic Caramel Corn Rice Cakes  
Organic Koku Seaweed Rice Cakes  
Organic Sea Salt Rice Chips  
Organic Sesame Tamari Rice Cakes  
Organic Tamari Seaweed Rice Cakes  
Organic Unsalted Brown Rice Cakes  
Organic Wild Rice Cakes  
Pico de Gallo Rice Chips  
Sante Fe BBQ Rice Chips  
Sesame Seaweed Rice Chips  
Unsalted Brown Rice Cakes

### **Mary's Gone Crackers**

Sticks & Twigs, Sea Salt

### **Pirate Brands**

Pirate's Booty Aged White Cheddar  
Pirate's Booty Chocolate  
Pirate's Booty Veggie

## **Chips/Pretzels/Snacks (Cont'd)**

### **Real Foods**

- BBQ Flavoured Corn Thins
- Tasty Cheese Flavoured Corn Thins

### **Condiments**

#### **Follow Your Heart**

- Low Fat Ranch Dressing
- Organic Balsamic Vinaigrette Dressing
- Organic Chipotle Lime Ranch Dressing
- Organic Chunky Bleu Cheese Dressing
- Organic Creamy Caesar Dressing
- Organic Creamy Miso Ginger Dressing
- Organic Creamy Ranch Dressing
- Organic Italian Vinaigrette Dressing
- Spicy Southwest Ranch Dressing
- Vegenaise, High Omega-3 w/ Expeller-Pressed Canola Oil
- Vegenaise, Original

#### **Organicville**

- Organic Chili Sauce
- Organic Dijon Mustard
- Organic Dressing, Olive Oil & Balsamic Vinaigrette
- Organic Dressing, Sundried Tomato & Garlic Vinaigrette
- Organic Ketchup
- Organic Non-Dairy Thousand Island Dressing
- Organic Original BBQ Sauce
- Organic Stone Ground Mustard
- Organic Tangy BBQ Sauce
- Organic Yellow Mustard

#### **San-J**

- Teriyaki Sauce

## **Cookies and Snack Bars**

### **Enjoy Life**

- Caramel Apple Snack Bars
- Cocoa Loco Snack Bars
- Soft Baked Chewy Chocolate Chip Cookies
- Soft Baked Double Chocolate Brownie Cookies

## **Cookies and Snack Bars (Cont'd)**

### **EnviroKidz**

- Cheetah Organic Crispy Rice Bars, Berry
- Koala Organic Crispy Rice Bars, Chocolate
- Lemur Organic Crispy Rice Bars, Peanut Choco Drizzle
- Panda Organic Crispy Rice Bars, Peanut Butter

### **Glutino**

- Breakfast Bars, Apple
- Breakfast Bars, Blueberry
- Chocolate Coated Chocolate Wafers
- Chocolate Coated Vanilla Wafers
- Chocolate Vanilla Crème Sandwich Dream Cookies
- Lemon Wafers
- Organic Bar, Chocolate & Peanut Butter
- Organic Bar, Wildberry
- Vanilla Crème Sandwich Dream Cookies

### **Jennie's**

- Coconut Macarons

### **Jovial Foods**

- Gluten Free Cookies - Chocolate Cream
- Gluten Free Cookies - Fig Fruit
- Gluten Free Cookies - Vanilla Cream

### **Kinnikinnick**

- KinniKritters Animal Cookies
- KinniKritters Chocolate Animal Cookies
- KinniKritters Graham Style Animal Cookies
- KinniTOOS Chocolate Sandwich Creme Cookies
- KinniTOOS Vanilla Sandwich Creme Cookies
- S'moreables Graham Style Crackers

### **Let's Do...**

- Gluten Free Ice Cream Cones

### **Mariposa Baking**

- Almond Biscotti
- Cinnamon Toast Biscotti
- Coconut Lemon Square
- Triple Chocolate Brownie

### **Mi-Del**

- Arrowroot Animal Cookies
- Chocolate Chip Cookies
- Ginger Snaps

## Cookies and Snack Bars (Cont'd)

### Pamela's Products

- Butter Shortbread Cookies
- Chocolate Chip Walnut Cookies
- Chunky Chocolate Chip Cookies
- Ginger Cookies with Sliced Almonds
- Lemon Shortbread Cookies
- Old Fashioned Raisin Walnut Cookies
- Organic Dark Chocolate Chunk Cookies
- Pecan Shortbread Cookies
- Simplebites Chocolate Chip Mini Cookies
- Simplebites Ginger Mini Snapz

### Udi's

- GF Chocolate Chip Cookies
- GF Oatmeal Raisin Cookies
- GF Snickerdoodle Cookies

### WFM Gluten Free Bakehouse

- Chocolate Chip Cookies

## Crackers

### Crunchmaster

- Multi-Seed Crackers, Original
- Multigrain with Sea Salt

### Doctor In The Kitchen

- Dill - Flackers Flaxseed Crackers
- Rosemary Flackers Flaxseed Crackers
- Savory - Flackers Flaxseed Crackers

### Edward & Sons

- Brown Rice Snaps, Onion Garlic
- Brown Rice Snaps, Tamari Sesame
- Organic Brown Rice Snaps, Black Sesame
- Organic Brown Rice Snaps, Cheddar
- Organic Brown Rice Snaps, Unsalted Plain
- Organic Brown Rice Snaps, Vegetable

### Glutino

- Crackers, Cheddar
- Crackers, Multigrain
- Crackers, Original
- Crackers, Vegetable

### Mary's Gone Crackers

- Crackers, Black Pepper
- Crackers, Caraway

## Crackers (Cont'd)

### Mary's Gone Crackers

- Crackers, Herb
- Crackers, Onion
- Crackers, Original

## Dairy

### Brown Cow Yogurt

- CT Apricot-Mango FOB
- CT Blueberry FOB
- CT Cherry-Vanilla FOB
- CT Chocolate
- CT Coffee
- CT Maple
- CT Peach FOB
- CT Plain
- CT Raspberry FOB
- CT Strawberry FOB
- CT Vanilla
- LF Black Cherry FOB
- LF Blueberry FOB
- LF Boysenberry FOB
- LF Lemon Twist FOB
- LF Peach
- LF Strawberry FOB
- LF Vanilla Bean FOB
- NF Blueberry
- NF Plain
- NF Vanilla
- Plain Whole Milk Yogurt, 6 oz

### Chobani Greek Yogurt

- 0 % Strawberry Strained Yogurt
- 0% Black Cherry Strained Yogurt
- 0% Blueberry Strained Yogurt
- 0% Lemon Strained Yogurt
- 0% Peach Strained Yogurt
- 0% Plain Strained Yogurt
- 0% Pomegranate Strained Yogurt
- 0% Vanilla Strained Yogurt
- 2% Pineapple Strained Yogurt

### Earth Balance

- Buttery Sticks
- Organic Whipped Buttery Spread
- Original Buttery Spread

## Dairy (Cont'd)

### Fage Total

Total 0% 17.6oz (500g)  
Total 0% 35.3 oz (1kg)  
Total 0% 6oz (170g)  
Total 0% Honey 5.3oz (150g)  
Total 10% 17.6oz (500g)  
Total 10% 7oz (200g)  
Total 2% 17.6oz (500g)  
Total 2% 7oz (200g)  
Total 2% Blueberry 5.3oz (150g)  
Total 2% Cherry 5.3oz (150g)  
Total 2% Honey 5.3oz (150g)  
Total 2% Strawberry 5.3oz (150g)  
Total Honey 5.3oz (150g)  
Total Peach 5.3oz (150g)

### Lifeway Foods

Lowfat Pomegranate Kefir  
Lowfat Vanilla Kefir  
Organic Lowfat Blueberry Kefir  
Organic Lowfat Peach Kefir  
Organic Lowfat Plain Kefir  
Organic Lowfat Pomegranate Acai Kefir  
Organic Lowfat Raspberry Kefir  
Organic Lowfat Strawberry Kefir  
Probugs Goo Berry Pie  
Probugs Orange Creamy Crawler  
Probugs Strawnana Split

### Stonyfield Organic Yogurt

0% Fat Blueberry FOB  
0% Fat Chocolate Underground FOB  
Peach Super Smoothie  
Raspberry Super Smoothie  
Strawberry Banana Super Smoothie  
Strawberry Super Smoothie  
Strawberry Super Smoothies 6oz  
Vanilla Super Smoothie  
Wild Berry Super Smoothie  
Wild Berry Super Smoothies 6oz  
YoBaby Banana  
YoBaby Blueberry  
YoBaby Peach  
YoBaby Peach Drinkable Yogurt  
YoBaby Simple Plain  
YoBaby Vanilla

## Dairy (Cont'd)

### Stonyfield Organic Yogurt

YoKids Squeezers Cherry/Berry  
YoKids Squeezers Strawberry  
YoKids: Strawberry Ban/Straw

## Dairy Alternatives

### BLUE DIAMOND

ALMOND BREEZE CHOCOLATE  
ALMOND BREEZE ORIGINAL  
ALMOND BREEZE UNSWEETENED  
CHOCOLATE  
ALMOND BREEZE UNSWEETENED ORIGINAL  
ALMOND BREEZE UNSWEETENED VANILLA  
ALMOND BREEZE VANILLA

### Blue Diamond

Almond Breeze, Original  
Almond Breeze, Unsweetened Vanilla  
Almond Breeze, Vanilla

### Daiya Foods

Cheddar Style Shreds  
Mozzarella Style Shreds  
Pepperjack Style Shreds

### Follow Your Heart

Vegan Gourmet Cheddar  
Vegan Gourmet Monterey Jack  
Vegan Gourmet Mozzarella Cheese

### So Delicious

Blueberry Cultured Coconut Milk Yogurt  
Chocolate Cultured Coconut Milk Yogurt  
Chocolate Non-Dairy Frozen Coconut Milk Dessert  
French Vanilla Coconut Milk Creamer  
Hazelnut Coconut Milk Creamer  
Mocha Almond Fudge Non-Dairy Frozen Coconut  
Milk Dessert  
Original (Plain) Coconut Milk Beverage  
Original (Plain) Coconut Milk Creamer  
Passionate Mango Cultured Coconut Milk Yogurt  
Plain Cultured Coconut Milk Yogurt  
Unsweetened Coconut Milk Beverage  
Vanilla Bean Non-Dairy Frozen Coconut Milk  
Dessert

## Dairy Alternatives (Cont'd)

### So Delicious

- Vanilla Coconut Milk Beverage
- Vanilla Cultured Coconut Milk Yogurt

### WestSoy

- Soy Beverage, Unsweetened Chocolate 32 oz

### truwhip

- All Natural Frozen Whip Topping

## Deli Style Meats and Cheeses

### Applegate Farms

- Organic Sliced Oven Roasted Chicken
- Sliced Authentic Prosciutto
- Sliced Genoa Salami
- Sliced Organic Oven Roasted Turkey
- Sliced Organic Roast Beef
- Sliced Organic Smoked Chicken
- Sliced Organic Smoked Turkey
- Sliced Organic Uncured Ham

## Dental Care Products

### Kiss My Face

- Berry Smart Toothpaste Fluoride Free 4 oz

### Tom's of Maine

- Spearmint Flat Floss
- Unflavored Round Floss

## Deodorant

### Kiss My Face

- Liquid Rock Fragrance Free Deodorant 3 oz
- Liquid Rock Lavender Deodorant 3 oz

## Desserts

### French Meadow Bakery

- Gluten Free Fudge Brownie

### Glutino

- Chocolate Glazed Donuts

### Mariposa Baking

- Penguino Cupcakes - 4pk
- Polar Bear Cupcakes - 4pk

## Desserts (Cont'd)

### Purely Decadent

- Chocolate Peanut Butter Swirl Non-Dairy Frozen Coconut Milk Dessert

### So Delicious

- Chocolate Non-Dairy Frozen Coconut Milk Dessert
- Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert
- Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

### WFM Gluten Free Bakehouse

- Chocolate Cupcakes
- Vanilla Cupcakes

### truwhip

- All Natural Frozen Whip Topping

## Energy and Nutrition Bars/Drinks

### Attune Probiotic Bars

- Chocolate Crisp Bar - individual
- Dark Chocolate Bars - individual bars

### Boomi Bar

- Almond Protein Plus
- Perfect Pumpkin

### Bumble Bar

- Original with Almond

### MacroBar

- Almond Butter with Carob
- Cashew Butter
- Granola with Coconut

### Zing Bars

- Almond Blueberry
- Chocolate Coconut
- Chocolate Peanut Butter
- Oatmeal Chocolate Chip

## Entrees and Mixes

### Arrowhead Mills

- Gluten Free Brownie Mix

## Entrees and Mixes (Cont'd)

### Cherrybrook Kitchen Gluten Free Dreams

Pancake & Waffle Mix

### Lundberg Family Farms

Organic Alfredo Risotto

Organic Porcini Wild Mushroom Risotto

Organic Tuscan Risotto

### Namaste

Pizza Crust Mix

Spice Cake Mix

Waffle & Pancake Mix

### Pamela's Products

Dark Chocolate Frosting Mix

### Road's End Organics

Dairy Free Cheddar Style Penne & Chreese

Gluten Free Alfredo Chreese Mix

Gluten Free Cheddar Chreese Mix

### Tasty Bite

Bengal Lentils

Bombay Potatoes

Channa Masala

Jaipur Vegetables

Jodhpur Lentils

Kashmir Spinach

Madras Lentils

Paneer Makhani

Spinach Dal

Vegetable Korma

## Ethnic Foods

### Annie Chun's

Pad Thai Rice Noodles

### Edward & Sons

Brown Rice Snaps, Tamari Sesame

Miso-Cup, Organic Reduced Sodium

Miso-Cup, Organic Traditional with Tofu

Miso-Cup, Original Golden Vegetable

### Food For Life

Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

## Ethnic Foods (Cont'd)

### Food Merchants

Organic Polenta, Traditional

### Native Forest

Light Coconut Milk

Organic Coconut Milk

### Organicville

Organic Sesame Teriyaki

### Spicely

Chicken Kebab Seasoning, Salt Free

Chili Con Carne Seasoning, Salt Free

Chimichurri Seasoning

Curry Powder, Hot

Curry Powder, Salt Free

Epazote

Fajita Seasoning, Salt Free

Galangal

Greek Seasoning, Salt Free

Harissa, Salt Free

Jerk Seasoning, Salt Free

Mediterranean Seasoning, Salt Free

Organic Chinese Five Spice

Organic Curry, Thai Herb Blend

Organic Garam Masala

Organic Mexican Seasoning

Panch Phoron, Salt Free

Sambal Ulek, Salt Free

Sumac

Taco Seasoning, Salt Free

Tandoori Masala, Salt Free

Thai Spice, Salt Free

### Tasty Bite

Bengal Lentils

Bombay Potatoes

Channa Masala

Jaipur Vegetables

Jodhpur Lentils

Kashmir Spinach

Madras Lentils

Paneer Makhani

Spinach Dal

Vegetable Korma

## **Ethnic Foods (Cont'd)**

### **World Foods**

Thai Basil Curry Stir Fry Sauce  
Thai Green Curry Paste  
Thai Green Curry Ready To Pour Sauce

## **Facial Care Products**

### **MyChelle**

Clear Skin Serum  
Creamy Pumpkin Cleanser  
Fruit Enzyme Cleanser  
Fruit Enzyme Mist  
Fruit Enzyme Scrub  
Fruit Fiesta Peel trial size  
Guava Cactus Mask  
Honeydew Cleanser Unscented  
Incredible Pumpkin Peel  
Oil Free Grapefruit Cream  
Pumpkin Hydrating Mist  
The Perfect C Serum  
White Cranberry Cleanser

## **Frozen Foods**

### **Amy's Kitchen**

Baked Ziti Bowl  
Bistro Veggie Burger  
Black Bean Enchilada Whole Meal  
Black Bean Tamale Verde  
Black Bean Vegetable Enchilada  
Brown Rice & Vegetables Bowl  
Brown Rice, Black-Eyed Peas & Veggies Bowl  
Cheese Enchilada  
Cheese Enchilada Whole Meal  
Cheese Tamale Verde  
Garden Vegetable Lasagna  
Gluten Free Bean & Cheese Burrito  
Gluten Free Bean & Rice Burrito (Dairy Free)  
Gluten Free Chocolate Cake  
Gluten Free Sandwich Rounds  
Indian Mattar Paneer  
Indian Mattar Tofu  
Indian Palak Paneer  
Indian Paneer Tikka

## **Frozen Foods (Cont'd)**

### **Amy's Kitchen**

Indian Vegetable Korma  
Light & Lean Black Bean & Cheese Enchilada  
Light & Lean Soft Taco Fiesta Bowl  
Light in Sodium - Black Bean Vegetable Enchilada  
Light in Sodium - Brown Rice & Vegetables Bowl  
Light in Sodium - Indian Mattar Paneer  
Light in Sodium - Mexican Casserole Bowl  
Light in Sodium - Shepherd's Pie  
Mexican Casserole Bowl  
Mexican Tamale Pie  
Non-Dairy Rice Macaroni & Cheese  
Rice Crust Cheese Pizza  
Rice Crust Spinach Pizza  
Rice Mac & Cheese  
Roasted Vegetable Tamale  
Shepherd's Pie  
Tofu Scramble  
Tortilla Casserole & Black Beans Bowl

### **EVOL Foods**

Bean & Cheese Enchilada Bowl  
Chicken Enchilada Bowl  
Fire Grilled Steak Bowl  
Teriyaki Chicken Bowl

### **French Meadow Bakery**

Gluten Free Chocolate Chip Cookie Dough  
Gluten Free Fudge Brownie

### **Gluten Free Cafe**

Fettuccini Alfredo  
Lemon Basil Chicken

### **Glutino**

Duo Cheese Pizza Multipack  
Pizza, Duo Cheese

### **Ian's Natural Foods**

Ian's Chicken Nuggets, Allergen Free  
Ian's Fish Sticks, Allergen Free  
Popcorn Turkey Corn Dogs

### **It's Soy Delicious**

Green Tea Non-Dairy Frozen Dessert  
Vanilla Non-Dairy Frozen Dessert

## Frozen Foods (Cont'd)

### Julie's Organic Ice Cream

Glutenfreeda's Organic Gluten Free Vanilla Ice Cream Sandwich

### Kettle Cuisine

Angus Beef Steak Chili with Beans  
Chicken Soup with Rice Noodles

### Kinnikinnick

Cinnamon Sugar Donuts

### Lifeway Foods

Frozen Mango Kefir  
Frozen Original Kefir  
Frozen Strawberry Kefir

### Nature's Path

Organic Buckwheat Wildberry Waffles  
Organic Homestyle Waffles

### Organic So Delicious

Creamy Vanilla Non-Dairy Frozen Dessert

### Purely Decadent

Chocolate Peanut Butter Swirl Non-Dairy Frozen Coconut Milk Dessert  
Cookie Dough (Gluten Free) Non-Dairy Frozen Dessert  
Cookie Dough Non-Dairy Frozen Coconut Milk Dessert  
Mint Chip Non-Dairy Frozen Coconut Milk Dessert  
Mint Chocolate Chip Non-Dairy Frozen Dessert  
Peanut Butter Zig Zag Non-Dairy Frozen Dessert  
Purely Vanilla Non-Dairy Frozen Dessert

### Saffron Road

Chicken Biryani  
Chicken Tikka Masala with Basmati Rice  
Lamb Saag with Basmati Rice  
Lamb Vindaloo with Basmati Rice

### So Delicious

Chocolate Non-Dairy Frozen Coconut Milk Dessert  
Coconut Almond Bar, Made with Coconut Milk

## Frozen Foods (Cont'd)

### So Delicious

Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert  
Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

### Starfish

Crispy Battered Gluten Free Haddock  
Crispy Battered Gluten Free Halibut

### Van's

Wheat Free Blueberry Waffles  
Wheat Free Flax Waffles  
Wheat Free French Toast Sticks Cinnamon  
Wheat Free Homestyle Waffles

## Grains and Rice

### Ancient Harvest

Traditional Organic Quinoa 12 oz

### Annie Chun's

Rice Express Sprouted Brown Rice  
Rice Express Sticky White Rice

### Eden

Organic Buckwheat, Hulled Whole Grain  
Organic Millet, Whole Grain  
Organic Quinoa, Whole Grain

### Lundberg Family Farms

Eco-Farmed California White Arborio Rice  
Eco-Farmed Wild Blend Gourmet Blend Rice  
Organic Alfredo Risotto  
Organic California Brown Basmati Rice  
Organic California Brown Jasmine Rice, 25 lb  
Organic California White Basmati Rice  
Organic California White Jasmine Rice  
Organic Golden Rose Medium Grain Brown Rice  
Organic Long Grain Brown Rice  
Organic Porcini Wild Mushroom Risotto  
Organic Short Grain Brown Rice  
Organic White Long Grain Rice  
Organic Wild Rice

## Grains and Rice (Cont'd)

### Tasty Bite

Basmati Rice

## Hair Care Products

### 365 Every Day Value™

Conditioner Fragrance Free  
Conditioner Herbal Mint  
Conditioner Lavender Blend  
Shampoo for Dry and Normal Herbal Mint  
Shampoo for Dry and Normal Lavender Blend  
Shampoo for Normal and Oily Fragrance Free  
Shampoo for Normal and Oily Lavender Blend

## Hand & Body Lotions

### 365 Every Day Value™

Body Lotion Fragrance Free  
Body Lotion Herbal Mint  
Body Lotion Lavender Blend

### Kiss My Face

Peppermint Foot Crème 4 oz  
Peppermint Foot Scrub 4 oz  
Vitamin A&E Moisturizer 16 oz

### MyChelle

Hand Cream

## Hand & Body Washes

### 365 Every Day Value™

Conditioner Fragrance Free  
Shower Gel Fragrance Free  
Shower Gel Herbal Mint  
Shower Gel Lavender Blend

### Kiss My Face

Olive & Aloe Liquid Moisture Soap 9 oz  
Anti-Stress Shower Gel 16 oz  
Early to Bed Shower Gel 16 oz  
GermsAside Liquid Moisture Soap 9 oz  
Orange Blossom Liquid Moisture Soap oz  
Orange U Smart Bubble Wash 12 oz  
Orange U Smart Foaming Hand Soap 8 oz

## Jams and Nut Butters

### Justin's

Chocolate Almond Butter Jars  
Chocolate Hazelnut Jars  
Chocolate Peanut Butter Jars  
Classic Almond Butter 1.15 oz Squeeze Packs  
Classic Almond Butter Jars  
Dark Chocolate Peanut Butter Cups  
Honey Almond Butter 1.15 oz Squeeze Packs  
Honey Almond Butter Jars  
Maple Almond Butter 1.15 oz Squeeze Packs  
Maple Almond Butter Jars  
Milk Chocolate Peanut Butter Cups

## Lip Balms

### Kiss My Face

Sliced Peach Lip Balm w / SPF 15 .15 oz  
Treatmint Lip Balm w / SPF 15 .15 oz  
Vanilla Honey Lip Balm w / SPF 15 .15 oz

### Pangea Organics

Lip Balm, Pyrenees Lavender with Cardamom

## Meat and Poultry

### Applegate Farms

Greatest Little Organic Smokey Cocktail Frank  
Organic Beef Hot Dogs  
Organic Chicken & Apple Sausage  
Organic Chicken Hot Dogs  
Organic Fire Roasted Red Pepper Sausage  
Organic Hot Dogs  
Organic Spinach & Feta Sausage  
Organic Sweet Italian Sausage  
Organic Turkey Hot Dogs

## Nutritional Supplements

### Amazing Grass

Amazing Meal Original  
Amazing Meal Pomegranate Mango  
Amazing Meal chocolate  
GSF chocolate coated Energy Bar  
Green SuperFood Berry  
Green SuperFood Original

## Nutritional Supplements (Cont'd)

### Amazing Grass

Kidz SuperFood chocolate  
Wheat Grass  
Wheat Grass Tablets

### BioChem

100% Whey Protein Chocolate Fudge  
100% Whey Protein Natural Flavor  
100% Whey Protein Natural Flavor  
100% Whey Protein Vanilla 1.9lb  
100% Whey Protein Vanilla 13.9oz  
Ultimate Fat Metabolizer 90ct

### Can Do Kid

Can Do Kid Chocolate Crunch Nutrition Bars

### Country Life

Acerola Vitamin C 500mg Chewable 90ct  
Action B-50 100ct  
Biotin 1000mcg 100ct  
Cal-Snack Milk-Free Chewables, 120 ct  
Calcium Citrate with D Tablets, 120 ct  
Charcoal Capsules 40 ct  
Chelated Magnesium 250mg Tablets, 180 ct  
Chelated Zinc 50mg Tablets, 100 ct  
Chewable Multivitamin 60ct  
Iron Aid Tablets, 60 ct  
L-Lysine 1000mg Tablets with B-6, 100 ct  
L-Lysine 500mg Capsules with B-6, 100 ct  
Lecithin 19 Grain 100ct  
Lecithin Granules 8oz Powder  
Liquid Target-Mins Calcium-Magnesium Complex, 16 oz  
Maxi Baby Liquid Vitamin C 4oz  
Maxi Hair 60ct  
Maxi Hair 90ct  
Maxi-Baby Care Liquid 6oz  
Maxi-Sorb Vegetarian Support 120ct  
Melatonin 3mg Tablets, 90 ct  
Niacin 500mg 90ct  
Omega-3 Fish Oils 1000mg 100ct  
Papaya Chewable 25mg 500ct  
Phosphatidyl Choline 100ct  
Super Potency Biotin 5mg 60ct  
Superior B-12, 50 ct  
Target-Mins Calcium Capsules, 90 ct

## Nutritional Supplements (Cont'd)

### Country Life

Target-Mins Calcium-Magnesium Capsules, 90 ct  
Target-Mins Calcium-Magnesium-Veg Capsules, 120 ct  
Target-Mins Calcium-Magnesium-Veg Capsules, 240 ct  
Target-Mins Calcium-Magnesium-Zinc Tablets, 180 ct  
Target-Mins Magnesium Capsules, 60 ct  
Target-Mins Zinc 50mg Tablets, 90 ct  
Ultra Omega 3-6-9 90ct softgel  
Vitamin A & D 10,000/400 IU 100ct  
Vitamin A 10,000 IU 100ct  
Vitamin B-12 500mcg 100ct  
Vitamin B-6 100mg 100ct  
Vitamin B-6 200mg 90ct  
Vitamin D Dry 1000 IU 100ct  
Vitamin D3 1000 IU 200ct  
Vitamin D3 2500 IU 200ct  
Vitamin D3 2500 IU 60ct  
Vitamin D3 5000 IU 60 Softgels  
Water Factors 60ct  
Zinc Lozenges with Vitamin C Tablets, 60 ct

### Country Life

Omega-3 Fish Oils 1000mg 200ct

### Garden of Life

fucoTHIN

### Iron Tek

Essential CLA 1000mg 180ct Softgel  
Essential CLA 1000mg 90ct  
Essential Creatine Monohydrate 500g Powder

### Nature's Way Alive!

Alive! Liquid Vitamin-30 oz. bottle  
Alive!® (no iron added) / 90 Vcaps®  
Alive!® / 180 Tb  
Alive!® / 90 Tb  
Alive!® / 90 Vcaps®  
Alive!® Rice/Pea Shake Vanilla / 1.3 lbs  
Alive!® Soy Shake Vanilla / 1.3 lbs  
Alive!® Soy Shake Vanilla / 2.2 lbs

## Nutritional Supplements (Cont'd)

### Nature's Way Primadophilus

Primadophilus® Optima / 30 Vcaps®  
Primadophilus® Optima / 60 Vcaps®  
Primadophilus® for Children / 5 oz Pwdr  
Primadophilus® for Kids Orange / 30 Chw

### Nature's Way Sambucus

Sambucus Immune Syrup / 4 oz  
Sambucus Immune Syrup / 8 oz  
Sambucus Lozenge / 30  
Sambucus Sugar-Free Syrup / 8 oz  
Sambucus Syrup / 8 oz  
Sambucus for Kids / 4 oz  
Sambucus for Kids / 8 oz

### Nature's Way Umcka

Umcka ColdCare® Alcohol Free Liquid / 1 oz  
Umcka ColdCare® Cherry Syrup / 4 oz  
Umcka ColdCare® Children's Cherry Syrup / 4 oz  
Umcka ColdCare® Lemon Hot Drink / 10 pkts/bx  
Umcka ColdCare® Menthol Syrup / 4 oz  
Umcka ColdCare® Original Liquid / 1 oz  
Umcka® Cold+Flu Berry Syrup / 4 oz.  
Umcka® Cold+Flu Orange Chewable / 20 Chw  
Umcka® Cold+Flu Orange Syrup / 4 oz.

### Rainbow Light

ACTIVE SENIOR MULTIVITAMIN 90  
ALL-ZYME DOUBLE STRENGTH 180  
BUSY BRAIN RELEASE 60  
CALCIUM CITRATE MINI TABS 120  
CERTIFIED ORGANIC MENS MULTI 120  
COMPLETE IRON SYSTEM 60  
COMPLETE MENOPAUSE MULTIVITAMIN 60  
COMPLETE NUTRITIONAL SYSTEM 180  
COMPLETE NUTRITIONAL SYSTEM 240  
COMPLETE PRENATAL SYSTEM 180  
EVERYDAY CALCIUM WITH ENZYMES 120  
EVERYDAY CALCIUM WITH ENZYMES 240  
EVERYDAY FIBER SYSTEM VCAPS 90  
EVERYONE'S OMEGA 60  
FOOD-BASED CALCIUM 180  
FOOD-BASED CALCIUM 90  
GUMMY BEAR ESSENTIALS 30

## Nutritional Supplements (Cont'd)

### Rainbow Light

GUMMY OMEGALICIOUS 30  
GUMMY POWER SOURS 30  
GUMMY VITAMIN C SLICES 30  
JUST ONCE MULTIVITAMIN 120  
JUST ONCE MULTIVITAMIN 30  
KID'S ONE MULTISTARS 30  
MAGNESIUM CALCIUM "+" 90  
MEN'S ONE MULTIVITAMIN 150  
MEN'S ONE MULTIVITAMIN 90  
NAIL, HAIR & SKIN CONNECTION 60  
NUTRISTART MULTIVITAMIN POWDER 30  
PERFORMANCE ENERGY MULTIVITAMIN 90  
PRENATAL ONE MULTIVITAMIN 150  
PRENATAL ONE MULTIVITAMIN 30  
PRENATAL ONE MULTIVITAMIN 90  
PROTEIN ENERGIZER ACAI  
PROTEIN ENERGIZER CHOCOLATE  
PROTEIN ENERGIZER VANILLA  
SUPER C 1000 60  
VITAMIN D 1,000 IU GUMMIES 100  
VITAMIN D 400 IU GUMMIES 60  
WOMEN'S ONE MULTIVITAMIN 150  
WOMEN'S ONE MULTIVITAMIN 30  
WOMEN'S ONE MULTIVITAMIN 90

### VEGA

Berry  
Berry Large  
Berry Small  
Bodacious Berry  
Chocolate Small  
Natural Small  
Wholesome Original

### Vibrant Health

Joint Vibrance Powder  
PureGreen Protein, Mixed Berry  
Vibrant Cleanse 24 servings

### Vibrant Health

Rainbow Vibrance

## Nuts/Seeds/Dried Fruits

### Bob's Red Mill

- Organic Brown Flaxseeds
- Organic Golden Flaxseeds

### Spicely

- Organic Sesame Seeds, Black
- Organic Sesame Seeds, White
- Sesame Seed, White

## Ointments/Salves/Gels/Antiseptics

### Badger

- Cuticle Care Tin

## Pasta Sauce

### Organicville

- Organic Italian Herb Pasta Sauce
- Organic Marinara Pasta Sauce
- Organic Mushroom Pasta Sauce
- Organic Tomato Basil Pasta Sauce

## Personal Care

### Kiss My Face

- Triple Action Toothpaste 3.4 oz
- Whitening Toothpaste 3.4 oz

### Natracare

- Breathable Panty Liners - 30 CT
- Curved Panty Liners - 30 CT
- Night-Time Pads - 10 CT
- ORGANIC Regular Applicator Tampons - 16 CT
- ORGANIC Regular Non-Applicator Tampons - 20 CT
- ORGANIC Super Applicator Tampons - 16 CT
- ORGANIC Super Non-Applicator Tampons - 20 CT
- ORGANIC Super Plus Non-Applicator Tampons - 20 CT
- Regular Pads - 14 CT
- Slender Pads - 20 CT
- Tanga Panty Liners - 30 CT
- Ultra w/ Wings - Long Pad - 10 CT
- Ultra w/ Wings - Regular Pad - 14 CT
- Ultra w/ Wings - Super Pad - 12 CT

## Personal Care (Cont'd)

### Tom's of Maine

- Calendula Stick Deodorant
- Cucumber-Grapefruit Sensitive Stick Deodorant
- Fragrance-Free Sensitive Stick Deodorant
- Honeysuckle Rose Stick Deodorant
- Lavender Long Lasting Roll-on Deodorant
- Lavender Long Lasting Stick Deodorant
- Lemongrass Long Lasting Stick Deodorant
- Unscented Long Lasting Roll-on Deodorant
- Unscented Long Lasting Stick Deodorant
- Unscented Stick Deodorant
- Woodspice Stick Deodorant

## Prepared Foods

### Food Merchants

- Organic Polenta, Traditional

## Sauces/Salsas/Dips

### Amy's Kitchen

- Black Bean & Corn Salsa
- Mild Salsa

### Organicville

- Organic Pineapple Salsa
- Organic Sesame Teriyaki
- Organic Tangy BBQ Sauce
- Sriracha Sauce

### Road's End Organics

- Gluten Free Alfredo Cheese Mix
- Gluten Free Cheddar Cheese Mix

### Simply Organic

- Creamy Dill Dip Mix, Cert. Org.
- French Onion Dip Mix, Cert. Org.
- Guacamole Dip Mix, Cert. Org.
- Mushroom Sauce Mix Cert. Org.
- Ranch Dip Mix, Cert. Org.
- Roasted Turkey Gravy Mix Cert. Org.
- Vegetarian Brown Gravy Mix Cert. Org.

### World Foods

- Thai Basil Curry Stir Fry Sauce
- Thai Green Curry Ready To Pour Sauce

## Seafood

### Starfish

Crispy Battered Gluten Free Haddock  
Crispy Battered Gluten Free Halibut

## Shaving Aids

### Kiss My Face

Cool Mint Moisture Shave 11 oz  
Fragrance Free Moisture Shave 11 oz  
Lavender & Shea Moisture Shave 11 oz

## Soups

### Amy's Kitchen

Black Bean Vegetable Soup  
Chunky Tomato Bisque  
Chunky Vegetable Soup  
Cream of Tomato Soup  
Fire Roasted Southwestern Vegetable Soup  
Golden Lentil Soup  
Hearty French Country Vegetable Soup  
Hearty Rustic Italian Vegetable Soup  
Lentil Soup  
Lentil Vegetable Soup  
Light in Sodium - Chunky Tomato Bisque  
Light in Sodium - Cream of Tomato Soup  
Light in Sodium - Lentil Soup  
Light in Sodium - Lentil Vegetable Soup  
Light in Sodium - Split Pea Soup  
Split Pea Soup  
Tuscan Bean & Rice Soup

### Boulder Soup Works

Garden Minestrone  
Green Pea with Dill  
Red Lentil Dahl  
Roasted Tomato Basil  
White Bean with Tomato

### Dr. McDougall's Right Foods

Chili Bean Soup & Quick Meal  
Organic Lentil Vegetable Soup  
Organic Lower Sodium Black Bean Soup  
Organic Lower Sodium Chunky Tomato Soup  
Organic Lower Sodium Vegetable Soup  
Organic Tortilla Soup  
RTS Black Bean Soup

## Soups (Cont'd)

### Dr. McDougall's Right Foods

RTS Chunky Tomato Soup  
RTS Lentil Soup  
RTS Light Sodium Garden Vegetable Soup  
RTS Light Sodium Lentil Soup  
RTS Split Pea Soup  
RTS Vegetable Soup

### Edward & Sons

Miso-Cup, Organic Reduced Sodium  
Miso-Cup, Organic Traditional with Tofu  
Miso-Cup, Original Golden Vegetable

### Kettle Cuisine

Angus Beef Steak Chili with Beans  
Chicken Soup with Rice Noodles

### Star Anise Foods

Happy Pho - Garlic Goodness  
Happy Pho - Shiitake Mushroom  
Happy Pho - Zesty Ginger

## Specialty Foods

### WFM Gluten Free Bakehouse

Stuffing Cubes

## Spices and Seasonings

### Bob's Red Mill

Cornstarch

### Simply Organic

Gumbo Base Seasoning Mix, Cert Org.  
Southwest Taco Seasoning, Cert. Org.  
Vegetarian Chili Mix, Cert. Org.

### Spicely

All Purpose Seasoning  
Allspice, Whole  
Anise, Ground  
Anise, Whole  
Annatto, Ground  
Arrowroot  
Basil  
Caraway Seeds  
Cardamom, Black  
Cardamom, Decorticated

## Spices and Seasonings (Cont'd)

### Spicely

Cardamom, Green  
Cardamom, Ground  
Cayenne Pepper  
Celery Salt  
Chicken Kebab Seasoning, Salt Free  
Chili California, Ground  
Chili Chipotle, Ground  
Chili Con Carne Seasoning, Salt Free  
Chili Guajilla, Ground  
Chili New Mexico, Ground  
Chili Pepper, Crushed  
Chili Powder  
Chimichurri Seasoning  
Cinnamon, Ground  
Cloves, Ground  
Cloves, Whole  
Coriander Seeds  
Coriander, Ground  
Cream of Tarter  
Cumin Seed, Whole  
Cumin, Ground  
Curry Powder, Hot  
Curry Powder, Salt Free  
Dill Seed, Whole  
Epazote  
Fajita Seasoning, Salt Free  
Fennel Seed  
Fennel, Ground  
Fenugreek, Ground  
Galangal  
Garlic Granules  
Garlic Herb  
Garlic, Minced  
Garlic, Toasted  
Ginger, Ground  
Greek Seasoning, Salt Free  
Gumbo File  
Harissa, Salt Free  
Jerk Seasoning, Salt Free  
Lemon Grass  
Lemon Pepper  
Mace, Ground  
Meatloaf Seasoning, Salt Free

## Spices and Seasonings (Cont'd)

### Spicely

Mediterranean Seasoning, Salt Free  
Mustard Seeds, Brown  
Mustard Seeds, Yellow  
Mustard, Ground  
Nutmeg, Ground  
Orange Peel  
Oregano, Mediterranean  
Oregano, Mexican  
Organic Allspice, Ground  
Organic Allspice, Whole  
Organic Anise, Whole  
Organic Basil  
Organic Bay Leaves  
Organic Cajun Seasoning  
Organic Caraway Seeds  
Organic Cardamom, Green  
Organic Cardamom, Ground  
Organic Cayenne Pepper  
Organic Celery Seed  
Organic Chili Pepper, Crushed  
Organic Chili Pepper, Whole  
Organic Chili Powder, Salt Free  
Organic Chili, Ancho, Ground  
Organic Chinese Five Spice  
Organic Cinnamon Sticks  
Organic Cinnamon, Ground  
Organic Cloves, Ground  
Organic Cloves, Whole  
Organic Coriander Seeds  
Organic Coriander, Ground  
Organic Cumin Seeds, Whole  
Organic Cumin, Ground  
Organic Curry Powder  
Organic Curry, Thai Herb Blend  
Organic Dill Weed  
Organic Fennel Seeds  
Organic Garam Masala  
Organic Ginger, Ground  
Organic Herbs de Provence  
Organic Juniper Berries  
Organic Marjoram, Whole  
Organic Mexican Seasoning  
Organic Mustard Seeds, Brown

## Spices and Seasonings (Cont'd)

### Spicely

Organic Mustard Seeds, Yellow  
Organic Nutmeg, Ground  
Organic Nutmeg, Whole  
Organic Onion Granulates  
Organic Oregano, Mediterranean  
Organic Paprika  
Organic Pepper, Black, Ground  
Organic Peppercorns, Black  
Organic Peppercorns, White  
Organic Poppy Seed  
Organic Rosemary, Whole  
Organic Saffron  
Organic Sage, Ground  
Organic Sage, Whole  
Organic Sesame Seeds, Black  
Organic Sesame Seeds, White  
Organic Tarragon  
Organic Thyme  
Organic Turmeric  
Organic Vanilla Bean  
Panch Phoron, Salt Free  
Paprika  
Paprika, Smoked  
Pepper, Black, Ground  
Pepper, White, Ground  
Peppercorn, Black  
Peppercorn, Green  
Peppercorn, Pink  
Pickling Spice  
Poppy Seed  
Pork Chop Seasoning, Salt Free  
Pumpkin Pie Spice  
Rib Eye Seasoning, Salt Free  
Rosemary, Whole  
Sambal Ulek, Salt Free  
Sesame Seed, White  
Sumac  
Taco Seasoning, Salt Free  
Tandoori Masala, Salt Free  
Tarragon  
Thai Spice, Salt Free  
Thyme  
Thyme, Ground

## Spices and Seasonings (Cont'd)

### Spicely

Vegetable Seasoning, Salt Free

### World Foods

Thai Green Curry Paste

### Sweeteners

#### Lundberg Family Farms

Organic Brown Rice Syrup