

Gluten Free

SPECIAL DIETS SERIES

CELEBRATING
YOUR
CHOICES



Santa Cruz Store, Northern California Region

Whole Foods Market is excited to bring you Celebrating Your Choices, a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product.

Baby & Child Products

California Baby

- Moisturizing Cream
- Super Sensitive Hair Conditioner
- Super Sensitive Moisture Lotion

Baked Goods

Kinnikinnick

- Chocolate Dipped Donuts
- Cinnamon Sugar Donuts
- Maple Glazed Donuts
- Vanilla Glazed Donuts

Udi's

- GF Blueberry Muffins
- GF Cinnamon Rolls
- GF Double Chocolate Muffins
- GF Lemon Streusel Muffins

Baked Goods (Cont'd)

WFM Gluten Free Bakehouse

- Carrot Cake
- Chocolate Chip Cookies
- Chocolate Cupcakes
- Cinnamon Raisin Bread
- Cornbread
- Cream Biscuits
- Lemon Poppyseed Muffins (4 pack)
- Molasses Ginger Cookies
- Pie Shells
- Prairie Bread
- Sandwich Bread
- Stuffing Cubes

Baking Needs

Ancient Harvest

- Organic Quinoa Flour 18 oz

Baking Needs (Cont'd)

Arrowhead Mills

- Buckwheat Flour
- Gluten Free Brownie Mix
- Gluten Free Chocolate Chip Cookie Mix
- Long Grain Brown Rice Flour
- Yellow Corn Meal

Bob's Red Mill

- Almond Flour
- Cornstarch
- Flaxseed Meal
- Garbanzo Bean Flour
- Gluten Free All Purpose Baking Flour
- Gluten Free Biscuit & Baking Mix
- Gluten Free Cornbread Mix
- Gluten Free Homemade Wonderful Bread Mix
- Gluten Free Pancake Mix
- Gluten Free Sweet White Sorghum Flour
- GlutenFree Rolled Oats
- Guar Gum
- Millet Flour
- Organic Amaranth Flour
- Organic Brown Rice Flour
- Organic Golden Flaxseed Meal
- Organic Golden Flaxseeds
- Potato Flour
- Potato Starch
- Tapioca Flour
- Teff Flour
- White Rice Flour
- Xanthan Gum

Cherrybrook Kitchen Gluten Free Dreams

- Pancake & Waffle Mix

Ener-G

- Rice Bran

Enjoy Life

- Semi-Sweet Chocolate Chips

Gluten Free Pantry

- Brown Rice Pancake & Waffle Mix
- Chocolate Chip Cookie & Cake Mix
- Chocolate Truffle Brownie Mix
- Decadent Chocolate Cake Mix
- Yankee Cornbread & Muffin Mix

Baking Needs (Cont'd)

King Arthur Flour

- Gluten Free Muffin Mix
- Gluten Free Multi-Purpose Flour
- Gluten Free Pizza Crust Mix

Let's Do...

- Confetti Sprinkelz

Let's Do... Organic

- Organic Coconut Flakes
- Organic Reduced Fat Shredded Coconut
- Organic Shredded Coconut
- Organic Tapioca Granules

Namaste

- Pizza Crust Mix
- Sugar-Free Muffin Mix
- Waffle & Pancake Mix

Pamela's Products

- Baking & Pancake Mix
- Baking & Pancake Mix, 4 lb
- Chocolate Brownie Mix
- Chocolate Cake Mix
- Chocolate Chunk Cookie Mix
- Cornbread & Muffin Mix
- Dark Chocolate Frosting Mix
- Gluten-Free Bread Mix

Simply Organic

- Cocoa Brownie Mix, Cert. Org.
- Cranberry Bread Mix, Cert. Org.
- Pumpkin Cake Mix, Cert. Org.

Spicely

- Organic Vanilla Extract

WFM Gluten Free Bakehouse

- Pie Shells

Beverages

Bard's Beer

- Bard's Gold, 6-Pack
- Bard's Gold, Single Bottle

Dagoba

- Unsweetened Hot Chocolate - FTC, 8 oz
- Xocolatl Hot Chocolate - FTC, 12 oz

Beverages (Cont'd)

Estrella Damm

Estrella Damm Daura

So Delicious

Original (Plain) Coconut Milk Beverage

Original (Plain) Coconut Milk Kefir

Strawberry Coconut Milk Kefir

Unsweetened Coconut Milk Beverage

Vanilla Coconut Milk Beverage

Vanilla Coconut Milk Kefir

Bread

Against The Grain

Bagels, Sundried Tomato/Basil

Baguettes, Original

Baguettes, Rosemary

Rolls, Pumpernickel

Canyon Bakehouse

7-Grain Gluten Free Bread

Gluten Free Hamburger Buns

Mountain White Gluten Free Bread

Ener-G

Brown Rice Loaf

Tapioca Hamburger Buns

White Rice Bread

Food For Life

Brown Rice Bread, Wheat & Gluten Free

Raisin Pecan Bread, Wheat & Gluten Free

Rice Almond Bread, Wheat & Gluten Free

Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

Glutino

Bread Crumbs

English Muffins

Premium Corn Bread

Kinnikinnick

Sunflower Flax Rice Bread

Tapioca Rice Hamburger Buns

Tapioca Rice NY Style Plain Bagels

Udi's

GF Cinnamon Raisin Bagels

GF Cinnamon Raisin Bread

Bread (Cont'd)

Udi's

GF Classic Hamburger Buns

GF Classic Hot Dog Buns

GF Millet-Chia Bread

GF Pizza Crusts 9"

GF Plain Bagels

GF White Sandwich Bread

GF Whole Grain Bagels

GF Whole Grain Bread

WFM Gluten Free Bakehouse

Cinnamon Raisin Bread

Cornbread

Cream Biscuits

Light White Sandwich Bread

Prairie Bread

Sandwich Bread

Candy and Chocolate

Dagoba

Beaucoup Berries

DARK 59% Semisweet

ECLIPSE 87% Extra bittersweet

MILK 37% Pure Milk Chocolate - 2 oz

XOCOLATL 74% Chilies/cacao nibs

Endangered Species Chocolate

Dark Chocolate with Blueberries - Sea Turtle

Dark Chocolate with Cranberries & Almonds - Wolf

Dark Chocolate with Deep Forest Mint

Dark Chocolate with Espresso Beans - Tiger

Dark Chocolate with Hazelnut Toffee - Rhino

Dark Chocolate with Raspberries - Grizzly Bear

Extreme Dark Chocolate - Panther

Smooth Milk Chocolate - Sea Otter

Supreme Dark Chocolate - Chimpanzee

Enjoy Life

Boom Choco Boom Dairy-Free Rice Milk Chocolate Bar

Candy and Chocolate (Cont'd)

Enjoy Life

Boom Choco Boom Dairy-Free Rice Milk w/ Crispy Rice Chocolate Bar

Glee Gum

Glee Bubblegum Flavor Gum
Glee Tangerine Gum

Let's Do...

Confetti Sprinkelz

Scharffen Berger

41% Milk Bars
62% Nibby Bars
70% Bittersweet bars
Semisweet Tasting Square Bars 62%

Canned Goods

Native Forest

Artichoke Hearts, Quartered
Green Asparagus Spears
Organic Baby Corn
Organic Hearts of Palm
Organic Pineapple Chunks
Organic Pineapple Slices

Canned/Jarred Goods

Amy's Kitchen

Black Bean Chili
Light in Sodium - Refried Black Beans
Medium Chili
Medium Chili with Vegetables
Refried Beans with Green Chiles
Spicy Chili
Thai Coconut Soup (Tom Kha Phak)
Traditional Refried Bean

Cereal

Ancient Harvest

Organic Quinoa Flakes 12 oz

Arrowhead Mills

Organic Rice & Shine Hot Cereal

Cereal (Cont'd)

Bob's Red Mill

Brown Rice Farina Creamy Rice Hot Cereal
GlutenFree Rolled Oats

Enjoy Life

Crunchy Flax Cereal

EnviroKidz

Gorilla Munch Organic Cereal
Koala Crisp Organic Cereal
Peanut Butter Panda Puffs Organic Cereal

Erewhon

Crispy Brown Rice - Gluten Free

Glutino

Frosted Sensible Beginnings
Sensible Beginnings

Nature's Path

Organic Fruit Juice Sweetened Corn Flakes
Organic Mesa Sunrise Cereal
Organic Mesa Sunrise Cereal, 26.4 oz
Organic Whole O's Cereal

Udi's

GF Cranberry Granola
GF Original Granola
GF Vanilla Granola

Cheese

Follow Your Heart

Vegan Gourmet Cheddar
Vegan Gourmet Cream Cheese
Vegan Gourmet Monterey Jack
Vegan Gourmet Mozzarella Cheese

Chips/Pretzels/Snacks

Blue Diamond

Almond Nut Thins
Barbeque Nut Thins
Cheddar Cheese Nut Thins
Country Ranch Nut Thins
Hazelnut Nut Thins
Hint of Sea Salt Nut Thins
Nacho Nut Chips
Pecan Nut Thins

Chips/Pretzels/Snacks (Cont'd)

Blue Diamond

- Sea Salt Nut Chips
- Smokehouse Nut Thins
- Sour Cream & Chive Nut Chips

Food Should Taste Good

- Blue Corn Tortilla Chips
- Cheddar Tortilla Chips
- Sweet Potato Tortilla Chips
- Toasted Sesame Tortilla Chips
- White Cheddar Tortilla Chips
- White Corn Dipping Chips Tortilla Chips

Food Should Taste Good

- Jalapeno Tortilla Chips
- Multigrain Tortilla Chips
- Olive Tortilla Chips

Glutino

- Pretzel Sticks, Family Bag
- Pretzels, Sesame Rings
- Pretzels, Sticks
- Pretzels, Twists
- Table Cracker

Kettle Brand

- Baked Potato Chips, Aged White Cheddar 4 oz
- Baked Potato Chips, Hickory Honey BBQ 4 oz
- Baked Potato Chips, Lightly Salted 4 oz
- Baked Potato Chips, Salt & Fresh Ground Pepper 4 oz
- Baked Potato Chips, Sea Salt & Vinegar 4 oz
- Krinkle Cut Potato Chips, Buffalo Bleu 2 oz
- Krinkle Cut Potato Chips, Classic BBQ 14 oz
- Krinkle Cut Potato Chips, Lightly Salted 14 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 2 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 5 oz
- Potato Chips, Backyard Barbeque 5 oz

Chips/Pretzels/Snacks (Cont'd)

Kettle Brand

- Potato Chips, Honey Dijon 2 oz
- Potato Chips, Honey Dijon 5 oz
- Potato Chips, Jalapeno 2 oz
- Potato Chips, Jalapeno 5 oz
- Potato Chips, Lightly Salted 5 oz
- Potato Chips, Lightly Salted 9 oz
- Potato Chips, New York Cheddar w/ Herbs 5 oz
- Potato Chips, Organic Chipotle Chili BBQ 5 oz
- Potato Chips, Organic Lightly Salted 5 oz
- Potato Chips, Organic Sea Salt & Black Pepper 5 oz
- Potato Chips, Sea Salt & Vinegar 2 oz
- Potato Chips, Sea Salt & Vinegar 5 oz
- Potato Chips, Sea Salt & Vinegar 9 oz
- Potato Chips, Sour Cream, Onion & Chive 5 oz

Late July

- Late July Dude Ranch Multigrain
- Late July Mild Green Mojo
- Late July Multigrain Sea Salt
- Late July Summertime Blues
- Late July Sweet Potato

Lundberg Family Farms

- Brown Rice Cakes
- Organic Brown Rice Cakes
- Organic Koku Seaweed Rice Cakes
- Organic Sea Salt Rice Chips
- Organic Sesame Tamari Rice Cakes
- Organic Tamari Seaweed Rice Cakes
- Organic Unsalted Brown Rice Cakes
- Organic Wild Rice Cakes
- Pico de Gallo Rice Chips
- Sante Fe BBQ Rice Chips
- Sesame Seaweed Rice Chips

Mary's Gone Crackers

- Sticks & Twigs, Sea Salt

Mauk Family Farms

- Raw Breakfast Crusts
- Raw Mineral Rich Crusts
- Raw Wheat Free Crusts

Chips/Pretzels/Snacks (Cont'd)

Pirate Brands

Pirate's Booty Aged White Cheddar
Pirate's Booty Chocolate
Pirate's Booty Veggie

Condiments

Follow Your Heart

Organic Balsamic Vinaigrette Dressing
Spicy Southwest Ranch Dressing
Vegenaise, High Omega-3 w/ Expeller-Pressed Canola Oil
Vegenaise, Original

Organicville

Non-Dairy Mayo
Organic Dijon Mustard
Organic Dressing, Olive Oil & Balsamic Vinaigrette
Organic Dressing, Sundried Tomato & Garlic Vinaigrette
Organic Ketchup
Organic Original BBQ Sauce
Organic Stone Ground Mustard
Organic Tangy BBQ Sauce
Organic Yellow Mustard

San-J

Szechuan Hot & Spicy Marinade/Stir Fry Sauce
Gluten Free
Teriyaki Sauce

Cookies and Snack Bars

Enjoy Life

Soft Baked Double Chocolate Brownie Cookies
Soft Baked Snickerdoodle Cookies
Very Berry Snack Bars

EnviroKidz

Koala Organic Crispy Rice Bars, Chocolate
Lemur Organic Crispy Rice Bars, Peanut Choco Drizzle
Panda Organic Crispy Rice Bars, Peanut Butter

Cookies and Snack Bars (Cont'd)

Glutino

Breakfast Bars, Blueberry
Chocolate Coated Chocolate Wafers
Chocolate Vanilla Crème Sandwich Dream Cookies
Lemon Wafers
Vanilla Crème Sandwich Dream Cookies

Hail Merry

Blonde Macaroons
Choco Macaroons

Immaculate Baking Company

Gluten Free Chocolate Chunk Cookie Dough

Jovial Foods

Gluten Free Cookies - Fig Fruit

Kinnikinnick

KinniKritters Animal Cookies
KinniKritters Chocolate Animal Cookies
KinniKritters Graham Style Animal Cookies
KinniTOOS Chocolate Sandwich Creme Cookies
KinniTOOS Vanilla Sandwich Creme Cookies
Montana's Chocolate Chip Cookies
S'moreables Graham Style Crackers

Let's Do...

Gluten Free Ice Cream Cones

Mi-Del

Arrowroot Animal Cookies
Chocolate Chip Cookies
Ginger Snaps

Pamela's Products

Butter Shortbread Cookies
Chocolate Chip Walnut Cookies
Chunky Chocolate Chip Cookies
Organic Dark Chocolate Chunk Cookies
Simplebites Chocolate Chip Mini Cookies
Simplebites Ginger Mini Snapz

Udi's

GF Chocolate Chip Cookies

WFM Gluten Free Bakehouse

Chocolate Chip Cookies
Molasses Ginger Cookies

Crackers

Crunchmaster

Multi-Seed Crackers, Original

Edward & Sons

Brown Rice Snaps, Tamari Sesame
Organic Brown Rice Snaps, Black Sesame
Organic Brown Rice Snaps, Cheddar
Organic Brown Rice Snaps, Toasted Onion
Organic Brown Rice Snaps, Vegetable

Glutino

Crackers, Cheddar
Crackers, Multigrain
Crackers, Original
Crackers, Vegetable

Mary's Gone Crackers

Crackers, Caraway
Crackers, Herb
Crackers, Onion
Crackers, Original

Dairy

Brown Cow Yogurt

CT Apricot-Mango FOB
CT Blueberry FOB
CT Cherry-Vanilla FOB
CT Chocolate
CT Coffee
CT Maple
CT Peach FOB
CT Plain
CT Raspberry FOB
CT Strawberry FOB
CT Vanilla
LF Black Cherry FOB
LF Blueberry FOB
LF Boysenberry FOB
LF Lemon Twist FOB
LF Peach
LF Strawberry FOB
LF Vanilla
LF Vanilla Bean FOB
NF Blueberry
NF Plain
NF Strawberry FOB
NF Vanilla

Dairy (Cont'd)

Brown Cow Yogurt

Plain Whole Milk Yogurt, 6 oz

Chobani Greek Yogurt

0% Vanilla Strained Yogurt
0% Strawberry Strained Yogurt
0% Black Cherry Strained Yogurt
0% Blueberry Strained Yogurt
0% Honey Strained Yogurt
0% Lemon Strained Yogurt
0% Peach Strained Yogurt
0% Pomegranate Strained Yogurt
0% Raspberry Strained Yogurt
0% Vanilla Strained Yogurt
2% Honeyana Kids Strained Yogurt
2% Mango Strained Yogurt
2% Pineapple Strained Yogurt
2% Plain Strained Yogurt
2% Verryberry Kids Strained Yogurt

Earth Balance

Buttery Spread with Olive Oil
Buttery Sticks
Organic Whipped Buttery Spread
Original Buttery Spread
Soy Free Buttery Spread
Soy Garden Buttery Spread

Page Total

Total 0% 17.6oz (500g)
Total 0% 35.3 oz (1kg)
Total 0% 6oz (170g)
Total 0% Blueberry Acai 5.3oz (150g)
Total 0% Cherry Pomegranate 5.3oz (150g)
Total 0% Honey 5.3oz (150g)
Total 0% Mango Guanabana 5.3oz (150g)
Total 0% Strawberry Goji 5.3oz (150g)
Total 10% 17.6oz (500g)
Total 10% 35.3oz (1kg)
Total 10% 7oz (200g)
Total 2% 17.6oz (500g)
Total 2% 35.3oz (1kg)
Total 2% 7oz (200g)
Total 2% Blueberry 5.3oz (150g)
Total 2% Cherry 5.3oz (150g)
Total 2% Honey 5.3oz (150g)

Dairy (Cont'd)

Fage Total

- Total 2% Peach 5.3oz (150g)
- Total 2% Strawberry 5.3oz (150g)
- Total Honey 5.3oz (150g)

Helios Nutrition

- Organic Plain Kefir
- Organic Reduced Fat Raspberry Ke
- Organic Reduced Fat Strawberry Kefir

Lifeway Foods

- Bio Kefir Blackberry
- Bio Kefir Pomegranate Blueberry
- Bio Kefir Vanilla
- Fat Free Strawberry Kefir
- Greek Syle Kefir
- Green Kefir Pomegranate Acai Blueberry
- Lowfat Plain Kefir
- Lowfat Pomegranate Kefir
- Lowfat Vanilla Kefir
- Organic Lowfat Blueberry Kefir
- Organic Lowfat Peach Kefir
- Organic Lowfat Plain Kefir
- Organic Lowfat Pomegranate Acai Kefir
- Organic Lowfat Raspberry Kefir
- Organic Lowfat Strawberry Kefir
- Probugs Goo Berry Pie
- Probugs Orange Creamy Crawler
- Probugs Strawnana Split
- Probuugs Sublime Slime Lime

Stonyfield Organic Yogurt

- Low Fat French Vanilla
- Oikos: 0% Fat Plain
- Oikos: 0% Fat Vanilla
- Oikos: Pomegranate Berry LF Drinkable Yogurt
- Oikos: 0% Fat Honey 4oz FOB
- Strawberry Super Smoothies 6oz
- Wild Berry Super Smoothies 6oz
- YoBaby Blueberry
- YoBaby Meals: Peach Squash
- YoBaby Simple Plain
- YoBaby Vanilla
- YoKids Squeezers Cherry/Berry
- YoKids Squeezers Strawberry

Dairy (Cont'd)

Stonyfield Organic Yogurt

- YoKids: Blueberry Straw/Van

Dairy Alternatives

BLUE DIAMOND

- ALMOND BREEZE CHOCOLATE
- ALMOND BREEZE ORIGINAL
- ALMOND BREEZE UNSWEETENED CHOCOLATE
- ALMOND BREEZE UNSWEETENED ORIGINAL
- ALMOND BREEZE UNSWEETENED VANILLA
- ALMOND BREEZE VANILLA

Blue Diamond

- Almond Breeze, Original
- Almond Breeze, Vanilla

Daiya Foods

- Cheddar Style Shreds
- Mozzarella Style Shreds
- Pepperjack Style Shreds

Follow Your Heart

- Vegan Gourmet Cheddar
- Vegan Gourmet Cream Cheese
- Vegan Gourmet Monterey Jack
- Vegan Gourmet Mozzarella Cheese

So Delicious

- Blueberry Cultured Coconut Milk Yogurt
- Chocolate Cultured Coconut Milk Yogurt
- Chocolate Non-Dairy Frozen Coconut Milk Dessert
- French Vanilla Coconut Milk Creamer
- Hazelnut Coconut Milk Creamer
- Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert
- Original (Plain) Coconut Milk Beverage
- Original (Plain) Coconut Milk Creamer
- Original (Plain) Coconut Milk Kefir
- Passionate Mango Cultured Coconut Milk Yogurt
- Plain Cultured Coconut Milk Yogurt
- Raspberry Cultured Coconut Milk Yogurt
- Strawberry Coconut Milk Kefir
- Strawberry Cultured Coconut Milk Yogurt
- Unsweetened Coconut Milk Beverage

Dairy Alternatives (Cont'd)

So Delicious

- Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert
- Vanilla Coconut Milk Beverage
- Vanilla Coconut Milk Kefir
- Vanilla Cultured Coconut Milk Yogurt

truwhip

- All Natural Frozen Whip Topping

Deli Style Meats and Cheeses

Applegate Farms

- Organic Sliced Oven Roasted Chicken
- Sliced Authentic Prosciutto
- Sliced Coppa
- Sliced Genoa Salami
- Sliced Hot Soppressata
- Sliced Organic Oven Roasted Turkey
- Sliced Organic Roast Beef
- Sliced Organic Smoked Turkey
- Sliced Organic Uncured Ham
- Sliced Soppressata

Dental Care Products

Kiss My Face

- Anticavity Toothpaste 3.4 oz

Tom's of Maine

- Spearmint Flat Floss
- Unflavored Round Floss

Deodorant

Kiss My Face

- Liquid Rock Fragrance Free Deodorant 3 oz

Desserts

Earth Cafe

- Gluten Free (Wheat-free), Dairy-free (Vegan), Living(Raw) Cheesecake - Blueberry
- Gluten Free (Wheat-free), Dairy-free (Vegan), Living(Raw) Cheesecake - Raspberry

Desserts (Cont'd)

French Meadow Bakery

- Gluten Free Fudge Brownie

Glutino

- Chocolate Glazed Donuts
- Original Glazed Donuts

Hail Merry

- Chocolate Almond Butter Tart
- Chocolate Mint Tart

Mariposa Baking

- Penguino Cupcakes - 4pk

Purely Decadent

- Chocolate Peanut Butter Swirl Non-Dairy Frozen Coconut Milk Dessert

So Delicious

- Chocolate Non-Dairy Frozen Coconut Milk Dessert
- Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert
- Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

WFM Gluten Free Bakehouse

- Carrot Cake
- Chocolate Cupcakes

truwhip

- All Natural Frozen Whip Topping

Energy and Nutrition Bars/Drinks

Attune

- Dark Chocolate Chocolate Wellness Bar

Attune Probiotic Bars

- Chocolate Crisp Bar - individual
- Mint Chocolate Bars - individual

Bumble Bar

- Chunky Cherry
- Original with Peanut

Function Drinks

- Alternative Energy Acai Grape
- Alternative Energy Tropical Citrus

Energy and Nutrition Bars/Drinks (Cont'd)

MacroBar

- Almond Butter with Carob
- Banana Almond Crunch
- Cashew Butter
- Cashew Caramel
- Cherries 'N Berries
- Chocolate Crunch
- Granola with Coconut
- Peanut Butter Chocolate Chip
- Peanut Protein

Zing Bars

- Almond Blueberry
- Chocolate Peanut Butter
- Oatmeal Chocolate Chip

Entrees and Mixes

Arrowhead Mills

- Gluten Free Brownie Mix
- Gluten Free Chocolate Chip Cookie Mix

Bob's Red Mill

- TVP (Textured Vegetable Protein)

Cherrybrook Kitchen Gluten Free Dreams

- Pancake & Waffle Mix

Ener-G

- Rice Bran

Lundberg Family Farms

- Organic Alfredo Risotto
- Organic Porcini Wild Mushroom Risotto

Namaste

- Pizza Crust Mix
- Sugar-Free Muffin Mix
- Waffle & Pancake Mix

Pamela's Products

- Dark Chocolate Frosting Mix

Road's End Organics

- Dairy Free Cheddar Style Penne & Chreese
- Gluten Free Alfredo Chreese Mix
- Gluten Free Cheddar Chreese Mix

Entrees and Mixes (Cont'd)

Tasty Bite

- Bombay Potatoes
- Kashmir Spinach
- Madras Lentils
- Paneer Makhani
- Punjab Eggplant
- Spinach Dal

The Pure Pantry

- Gluten Free Dark Chocolate Cake Mix
- Gluten Free Organic Buckwheat Flax Pancake Mix

Ethnic Foods

Annie Chun's

- Maifun Rice Noodles
- Pad Thai Rice Noodles

Edward & Sons

- Brown Rice Snaps, Tamari Sesame
- Miso-Cup, Organic Traditional with Tofu

Food For Life

- Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

Food Merchants

- Organic Polenta, Basil & Garlic
- Organic Polenta, Traditional
- Organic Quinoa Polenta, Heirloom Red & Black

Organicville

- Organic Island Teriyaki
- Organic Sesame Teriyaki

Spicely

- Chinese Five Spice Seasoning
- Curry Powder, Hot
- Curry Powder, Salt Free
- Jerk Seasoning, Salt Free
- Mediterranean Seasoning, Salt Free
- Sumac
- Tandoori Masala, Salt Free

Tasty Bite

- Bombay Potatoes
- Kashmir Spinach

Ethnic Foods (Cont'd)

Tasty Bite

Madras Lentils
Paneer Makhani
Punjab Eggplant
Spinach Dal

World Foods

IndoChina Cambodian Pineapple Lemon Grass Stir Fry Sauce
Thai Basil Curry Stir Fry Sauce
Thai Green Curry Paste
Thai Green Curry Ready To Pour Sauce
Thai Red Curry Ready To Pour Sauce
Thai Yellow Curry Ready to Pour Sauce

Facial Care Products

MyChelle

Clear Skin Spot Treatment
Fruit Enzyme Cleanser
Honeydew Cleanser Unscented
Incredible Pumpkin Peel
Oil Free Grapefruit Cream

Frozen Foods

Against The Grain

Pizza, 3-Cheese
Pizza, Pesto

Amy's Kitchen

Baked Ziti Bowl
Bistro Veggie Burger
Black Bean Enchilada Whole Meal
Black Bean Tamale Verde
Brown Rice, Black-Eyed Peas & Veggies Bowl
Cheese Enchilada
Enchilada Verde Whole Meal
Garden Vegetable Lasagna
Gluten Free Bean & Cheese Burrito
Gluten Free Bean & Rice Burrito (Dairy Free)
Gluten Free Chocolate Cake
Gluten Free Sandwich Rounds
Indian Mattar Paneer
Indian Mattar Tofu

Frozen Foods (Cont'd)

Amy's Kitchen

Indian Palak Paneer
Indian Paneer Tikka
Indian Vegetable Korma
Light & Lean Black Bean & Cheese Enchilada
Light & Lean Soft Taco Fiesta Bowl
Light in Sodium - Black Bean Vegetable Enchilada
Light in Sodium - Brown Rice & Vegetables Bowl
Light in Sodium - Indian Mattar Paneer
Light in Sodium - Mexican Casserole Bowl
Mexican Casserole Bowl
Mexican Tamale Pie
Non-Dairy Rice Macaroni & Cheese
Rice Crust Spinach Pizza
Rice Mac & Cheese
Roasted Vegetable Tamale
Single Serve Rice Crust Roasted Vegetable Pizza
Sonoma Veggie Burger
Teriyaki Bowl
Tofu Scramble
Tortilla Casserole & Black Beans Bowl

EVOL Foods

Fire Grilled Steak Bowl

French Meadow Bakery

Gluten Free Chocolate Chip Cookie Dough
Gluten Free Fudge Brownie

Glutino

Duo Cheese Pizza Multipack
Pizza, Duo Cheese

Ian's Natural Foods

Ian's Fish Sticks, Allergen Free
Popcorn Turkey Corn Dogs

It's Soy Delicious

Green Tea Non-Dairy Frozen Dessert
Vanilla Non-Dairy Frozen Dessert

Julian's Recipe

Gluten Free Pancakes - Wild Blueberry

Frozen Foods (Cont'd)

Julie's Organic Ice Cream

Glutenfreeda's Organic Gluten Free Vanilla Ice Cream Sandwich

Kettle Cuisine

Angus Beef Steak Chili with Beans
Chicken Soup with Rice Noodles

Kinnikinnick

Chocolate Dipped Donuts
Cinnamon Sugar Donuts
Maple Glazed Donuts
Sunflower Flax Rice Bread
Tapioca Rice Hamburger Buns
Tapioca Rice NY Style Plain Bagels
Vanilla Glazed Donuts

Lifeway Foods

Frozen Mango Kefir
Frozen Original Kefir
Frozen Strawberry Kefir

Nature's Path

Organic Buckwheat Wildberry Waffles
Organic Homestyle Waffles

Purely Decadent

Chocolate Peanut Butter Swirl Non-Dairy Frozen Coconut Milk Dessert
Mint Chip Non-Dairy Frozen Coconut Milk Dessert
Mint Chocolate Chip Non-Dairy Frozen Dessert
Peanut Butter Zig Zag Non-Dairy Frozen Dessert

Saffron Road

Lamb Vindaloo with Basmati Rice

So Delicious

Chocolate Non-Dairy Frozen Coconut Milk Dessert
Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert
Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

Frozen Foods (Cont'd)

Starfish

Crispy Battered Gluten Free Haddock

Van's

Wheat Free Blueberry Waffles
Wheat Free Buckwheat Waffles
Wheat Free Flax Waffles
Wheat Free Homestyle Waffles
Wheat Free Mini Homestyle Waffles

Grains and Rice

Ancient Harvest

Traditional Organic Quinoa 12 oz

Annie Chun's

Rice Express Sprouted Brown Rice
Rice Express Sticky White Rice

Eden

Organic Millet, Whole Grain
Organic Quinoa, Whole Grain

Lundberg Family Farms

Eco-Farmed California White Arborio Rice
Eco-Farmed Wild Blend Gourmet Blend Rice
Organic Alfredo Risotto
Organic California Brown Basmati Rice
Organic California Brown Jasmine Rice, 25 lb
Organic California White Basmati Rice
Organic Golden Rose Medium Grain Brown Rice
Organic Long Grain Brown Rice
Organic Porcini Wild Mushroom Risotto
Organic Short Grain Brown Rice
Organic White Long Grain Rice
Organic Wild Rice

Tasty Bite

Basmati Rice

Hair Care Products

365 Every Day Value™

Conditioner Fragrance Free
Conditioner Lavender Blend
Shampoo for Dry and Normal Herbal Mint

Hair Care Products (Cont'd)

365 Every Day Value™

- Shampoo for Dry and Normal Lavender Blend
- Shampoo for Normal and Oily Herbal Mint
- Shampoo for Normal and Oily Lavender Blend

Hand & Body Lotions

365 Every Day Value™

- Body Lotion Lavender Blend

Hugo Naturals

- Shea Butter & Oatmeal All Over Lotion

Kiss My Face

- Honey & Calendula Moisturizer 16 oz

Hand & Body Washes

365 Every Day Value™

- Conditioner Fragrance Free
- Shower Gel Fragrance Free
- Shower Gel Herbal Mint
- Shower Gel Lavender Blend

Hugo Naturals

- Vanilla & Sweet Orange Foaming Hand Soap

Kiss My Face

- Peaceful Patchouli Shower Gel 16 oz

Jams and Nut Butters

Barney Butter

- Barney Butter Smooth - 16 oz / 6 pk

Justin's

- Chocolate Almond Butter 1.15 oz Squeeze Packs
- Chocolate Hazelnut Jars
- Chocolate Peanut Butter Jars
- Dark Chocolate Peanut Butter Cups
- Honey Almond Butter 1.15 oz Squeeze Packs
- Honey Almond Butter Jars
- Maple Almond Butter 1.15 oz Squeeze Packs
- Maple Almond Butter Jars
- Milk Chocolate Peanut Butter Cups

Lip Balms

Badger

- Creamy Cocoa Lip Balm Stick

Kiss My Face

- Ginger Mango Lip Balm w / SPF 15 .15 oz

Meat Alternatives

Bob's Red Mill

- TVP (Textured Vegetable Protein)

Meat and Poultry

Applegate Farms

- Greatest Little Organic Smokey Cocktail Frank

Nutritional Supplements

Amazing Grass

- Amazing Meal Original
- Amazing Meal Pomegranate Mango
- Amazing Meal chocolate
- GSF Energy Bars
- Green SuperFood Berry
- Kidz SuperFood chocolate

BioChem

- 100% Whey Protein Chocolate Fudge
- 100% Whey Protein Natural Flavor
- 100% Whey Protein Natural Flavor
- 100% Whey Protein Vanilla 13.9oz

Country Life

- B-12 500mcg Time Release 100ct
- Betaine Hydrochloride w/Pepsin 250ct
- Biotin 1000mcg 100ct
- Charcoal Capsules 100 ct
- Chelated Zinc 50mg Tablets, 100 ct
- Folic Acid 800mcg 250ct
- L-Glutamine 1000mg Capsules with B-6, 100 ct
- Liquid Target-Mins Calcium-Magnesium Complex, 32 oz
- Superior B-12, 50 ct
- Target-Mins Calcium-Magnesium Complex Tablets, 180 ct
- Vitamin A 10,000 IU 100ct

Nutritional Supplements (Cont'd)

Country Life

Vitamin D 400 IU 100ct Softgels
Vitamin D3 1000 IU 200ct

Garden of Life

Diet 360

Iron Tek

Essential CLA 1000mg 90ct
Essential Creatine Monohydrate 500g Powder

Nature's Way Alive!

Alive! Liquid Vitamin-30 oz. bottle
Alive!® / 90 Tb
Alive!® Rice/Pea Shake Vanilla / 1.3 lbs
Alive!® Soy Shake Vanilla / 1.3 lbs

Nature's Way Sambucus

Sambucus Immune Syrup / 4 oz
Sambucus Sugar-Free Syrup / 4 oz

Nature's Way Umcka

Umcka ColdCare® Alcohol Free Liquid / 1 oz
Umcka ColdCare® Cherry Syrup / 4 oz
Umcka ColdCare® Children's Cherry Syrup / 4 oz
Umcka ColdCare® Lemon Hot Drink / 10 pkts/bx
Umcka ColdCare® Menthol Syrup / 4 oz
Umcka ColdCare® Original Liquid / 1 oz
Umcka® Cold+Flu Berry Syrup / 4 oz.

Rainbow Light

3-WAY STRESS MANAGEMENT SYSTEM 90
ACTIVE HEALTH TEEN MULTIVITAMIN 90
BUSY BRAIN RELEASE 60
CERTIFIED ORGANIC PRENATAL MULTI 120
CERTIFIED ORGANIC WOMENS MULTI 120
COMPLETE B-COMPLEX 90
COUNTER ATTACK 30
EVERYDAY CALCIUM WITH ENZYMES 120
EVERYDAY CALCIUM WITH ENZYMES 240
EVERYDAY FIBER SYSTEM VCAPS 180
FOOD-BASED CALCIUM 180
GUMMY VITAMIN C SLICES 30
JUST ONCE MULTIVITAMIN 60
MILK THISTLE PLUS 60
NAIL, HAIR & SKIN CONNECTION 60

Nutritional Supplements (Cont'd)

Rainbow Light

PROBIOACTIVE 1B 90
PROTEIN ENERGIZER CHOCOLATE
PROTEIN ENERGIZER VANILLA
REJUVENAGE 40+ MULTI 120
SUPER C 1000 60
SUPRACLEAR SINUS AND CHEST 30
VITAMIN D 1,000 IU GUMMIES 100
VITAMIN D 400 IU GUMMIES 60
WOMEN'S NUTRITIONAL SYSTEM 120
WOMEN'S ONE MULTIVITAMIN 150

VEGA

Natural Small

Nuts/Seeds/Dried Fruits

Bob's Red Mill

Organic Golden Flaxseeds

Spicely

Organic Sesame Seeds, Black
Sesame Seed, Black

Ointments/Salves/Gels/Antiseptics

Badger

Headache Soother Balm

Pasta

Jovial Foods

Brown Rice Fusilli
Brown Rice Spaghetti

Pasta Sauce

Organicville

Organic Italian Herb Pasta Sauce
Organic Marinara Pasta Sauce
Organic Mushroom Pasta Sauce

Personal Care

Kiss My Face

Whitening Toothpaste 3.4 oz

Personal Care (Cont'd)

Natracare

Breathable Panty Liners - 30 CT
Curved Panty Liners - 30 CT
ORGANIC Regular Applicator Tampons - 16 CT
ORGANIC Regular Non-Applicator Tampons - 20 CT
ORGANIC Super Applicator Tampons - 16 CT
ORGANIC Super Non-Applicator Tampons - 20 CT
ORGANIC Super Plus Non-Applicator Tampons - 20 CT
Super Pads - 12 CT
Tanga Panty Liners - 30 CT
Ultra Super Plus Pads - 12 CT
Ultra w/ Wings - Long Pad - 10 CT
Ultra w/ Wings - Regular Pad - 14 CT

Tom's of Maine

Apricot Long Lasting Stick Deodorant
Calendula Stick Deodorant
Honeysuckle Rose Stick Deodorant
Lemongrass Long Lasting Stick Deodorant
Peppermint Antiplaque Tartar Control Plus Whitening Toothpaste
Unscented Long Lasting Stick Deodorant
Unscented Stick Deodorant
Woodspice Stick Deodorant

Prepared Foods

Food Merchants

Organic Polenta, Basil & Garlic
Organic Polenta, Traditional
Organic Quinoa Polenta, Heirloom Red & Black

Sauces/Salsas/Dips

Amy's Kitchen

Family Marinara Pasta Sauce
Light in Sodium - Tomato Basil Pasta Sauce
Medium Salsa
Mild Salsa

Sauces/Salsas/Dips (Cont'd)

Organicville

Organic Island Teriyaki
Organic Medium Salsa
Organic Mild Salsa
Organic Pineapple Salsa
Organic Sesame Teriyaki
Organic Tangy BBQ Sauce
Sriracha Sauce

Road's End Organics

Gluten Free Alfredo Cheese Mix
Gluten Free Cheddar Cheese Mix

Simply Organic

French Onion Dip Mix, Cert. Org.
Ranch Dip Mix, Cert. Org.
Roasted Turkey Gravy Mix Cert. Org.
Vegetarian Brown Gravy Mix Cert. Org.

World Foods

IndoChina Cambodian Pineapple Lemon Grass Stir Fry Sauce
Thai Basil Curry Stir Fry Sauce
Thai Green Curry Ready To Pour Sauce
Thai Red Curry Ready To Pour Sauce
Thai Yellow Curry Ready to Pour Sauce

Seafood

Starfish

Crispy Battered Gluten Free Haddock

Soups

Amy's Kitchen

Black Bean Vegetable Soup
Chunky Tomato Bisque
Cream of Tomato Soup
Fire Roasted Southwestern Vegetable Soup
Golden Lentil Soup
Hearty French Country Vegetable Soup
Hearty Rustic Italian Vegetable Soup
Lentil Soup
Lentil Vegetable Soup
Light in Sodium - Chunky Tomato Bisque
Light in Sodium - Cream of Tomato Soup
Light in Sodium - Lentil Soup

Soups (Cont'd)

Amy's Kitchen

Light in Sodium - Lentil Vegetable Soup
Light in Sodium - Split Pea Soup
Split Pea Soup

Dr. McDougall's Right Foods

RTS Black Bean Soup
RTS Chunky Tomato Soup
RTS Lentil Soup
RTS Light Sodium Garden Vegetable Soup
RTS Vegetable Soup

Edward & Sons

Miso-Cup, Organic Traditional with Tofu

Kettle Cuisine

Angus Beef Steak Chili with Beans
Chicken Soup with Rice Noodles

Star Anise Foods

Happy Pho - Garlic Goodness
Happy Pho - Shiitake Mushroom

Specialty Foods

WFM Gluten Free Bakehouse

Stuffing Cubes

Spices and Seasonings

Bob's Red Mill

Cornstarch

Simply Organic

Vegetarian Chili Mix, Cert. Org.

Spicely

Allspice, Ground
Annatto Seed
Arrowroot
Barbecue Seasoning, Salt Free
Cardamom, Ground
Celery Salt
Chili California, Ground
Chili Chipotle, Ground
Chinese Five Spice Seasoning
Cinnamon, Ground
Cloves, Ground

Spices and Seasonings (Cont'd)

Spicely

Coriander Seeds
Cumin, Ground
Curry Powder, Hot
Curry Powder, Salt Free
Fennel, Ground
Fenugreek Seeds
Garlic Granules
Ginger, Ground
Jerk Seasoning, Salt Free
Mediterranean Seasoning, Salt Free
Mustard Seeds, Yellow
Mustard, Ground
Nutmeg, Ground
Oregano, Mediterranean
Oregano, Mexican
Organic Allspice, Whole
Organic Anise, Star Whole
Organic Bay Leaves
Organic Cajun Seasoning
Organic Caraway Seeds
Organic Cumin Seeds, Whole
Organic Curry Powder
Organic Fennel Seeds
Organic Mustard Seeds, Brown
Organic Nutmeg, Ground
Organic Saffron
Organic Sesame Seeds, Black
Organic Thyme
Organic Turmeric
Organic Vanilla Extract
Paprika, Smoked
Pasta & Spaghetti Seasoning, Salt Free
Pepper, White, Ground
Poppy Seed
Sage, Ground
Sesame Seed, Black
Sumac
Tandoori Masala, Salt Free
Thyme, Ground

World Foods

Thai Green Curry Paste

Sun Protection

MyChelle

Sun Shield