

# Gluten Free

SPECIAL DIETS SERIES

CELEBRATING  
YOUR  
CHOICES



## Portland Store, Pacific Northwest Region

Whole Foods Market is excited to bring you Celebrating Your Choices, a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product.

### Baby & Child Products

#### California Baby

- Bubble Bath, Chamomile & Herb
- Detangler Hair Spray

### Baked Goods

#### Kinnikinnick

- Chocolate Dipped Donuts

#### Udi's

- GF Cinnamon Rolls
- GF Double Chocolate Muffins
- GF Lemon Streusel Muffins

#### WFM Gluten Free Bakehouse

- Banana Bread
- Cheddar Biscuits
- Chocolate Cupcakes
- Cranberry Orange Scones
- Cream Biscuits

### Baked Goods (Cont'd)

#### WFM Gluten Free Bakehouse

- Honey Oat Bread
- Lemon Poppyseed Muffins (4 pack)
- Molasses Ginger Cookies
- Morning Glory Muffins
- Pie Shells
- Prairie Bread
- Stuffing Cubes
- Vanilla Cupcakes

### Baking Needs

#### Ancient Harvest

- Organic Quinoa Flour 18 oz

#### Arrowhead Mills

- Blue Corn Meal
- Gluten Free Vanilla Cake Mix
- Yellow Corn Meal

## **Baking Needs (Cont'd)**

### **Bob's Red Mill**

Almond Flour  
Arrowroot Starch Flour  
Baking Powder  
Baking Soda  
Cornstarch  
Flaxseed Meal  
Garbanzo Bean Flour  
Gluten Free All Purpose Baking Flour  
Gluten Free Biscuit & Baking Mix  
Gluten Free Brownie Mix  
Gluten Free Chocolate Chip Cookie Mix  
Gluten Free Cornbread Mix  
Gluten Free Cornmeal  
Gluten Free Garbanzo & Fava Bean Flour  
Gluten Free Homemade Wonderful Bread Mix  
Gluten Free Pancake Mix  
Gluten Free Pizza Crust Mix  
Gluten Free Sweet White Sorghum Flour  
GlutenFree Rolled Oats  
Golden Flaxseed Meal  
Guar Gum  
Hazelnut Meal/Flour  
Millet Flour  
Organic Brown Rice Flour  
Organic Coconut Flour  
Organic Flaxseed Meal  
Organic Golden Flaxseed Meal  
Organic Quinoa Flour  
Potato Flour  
Potato Starch  
Sweet White Rice Flour  
Tapioca Flour  
White Rice Flour  
Xanthan Gum

### **Cherrybrook Kitchen Gluten Free Dreams**

Ready To Spread Vanilla Frosting

### **Dagoba**

Cacao Powder

### **Earth Balance**

Shortening

## **Baking Needs (Cont'd)**

### **Ener-G**

Egg Replacement  
Rice Bran

### **Enjoy Life**

Semi-Sweet Chocolate Chips

### **Gluten Free Pantry**

Brown Rice Pancake & Waffle Mix  
Chocolate Chip Cookie & Cake Mix  
Chocolate Truffle Brownie Mix  
French Bread & Pizza Mix  
Muffins & Scone Mix  
Yankee Cornbread & Muffin Mix

### **Hain**

Baking Powder

### **King Arthur Flour**

Gluten Free Bread Mix  
Gluten Free Chocolate Cake Mix

### **Let's Do...**

Confetti Sprinkelz

### **Let's Do... Organic**

Organic Cornstarch  
Organic Creamed Coconut  
Organic Shredded Coconut  
Organic Tapioca Starch

### **Namaste**

Chocolate Cake Mix

### **Pamela's Products**

Baking & Pancake Mix  
Baking & Pancake Mix, 4 lb  
Chocolate Brownie Mix  
Chocolate Cake Mix  
Cornbread & Muffin Mix  
Dark Chocolate Frosting Mix  
Gluten-Free Bread Mix  
Gluten-Free Bread Mix & Flour Blend

### **Simply Organic**

Banana Bread Mix, Cert. Org.

### **WFM Gluten Free Bakehouse**

Pie Shells

## Beverages

### Dagoba

Xocolatl Hot Chocolate - FTC, 12 oz

### Estrella Damm

Estrella Damm Daura

### So Delicious

Original (Plain) Coconut Milk Beverage

Original (Plain) Coconut Milk Kefir

Strawberry Coconut Milk Kefir

Unsweetened Coconut Milk Beverage

Vanilla Coconut Milk Beverage

Vanilla Coconut Milk Kefir

## Bread

### Against The Grain

Baguettes, Original

Baguettes, Rosemary

### Food For Life

Brown Rice Bread, Wheat & Gluten Free

Raisin Pecan Bread, Wheat & Gluten Free

Rice Almond Bread, Wheat & Gluten Free

Rice Pecan Bread, Wheat & Gluten Free

Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Glutino

Bagels, Plain

Bagels, Sesame Seed

Premium Flax Seed Bread

### Udi's

GF Cinnamon Raisin Bagels

GF Cinnamon Raisin Bread

GF Classic Hamburger Buns

GF Pizza Crusts 9"

GF Plain Bagels

GF White Sandwich Bread

GF Whole Grain Bagels

GF Whole Grain Bread

### WFM Gluten Free Bakehouse

Cheddar Biscuits

Cream Biscuits

Honey Oat Bread

Light White Sandwich Bread

Prairie Bread

## Candy and Chocolate

### Dagoba

Beaucoup Berries

Chai, 37%

DARK 59% Semisweet

LAVENDER 59% Lavender/ blueberries

MILK 37% Pure Milk Chocolate - 2 oz

XOCOLATL 74% Chilies/cacao nibs

### Endangered Species Chocolate

All-Natural 10 Individually Wrapped Pieces Dark Chocolate with Peppermint Crunch

Bite Size Supreme Dark Chocolate

Dark Chocolate with Blueberries - Sea Turtle

Dark Chocolate with Cranberries & Almonds - Wolf

Dark Chocolate with Deep Forest Mint

Dark Chocolate with Espresso Beans - Tiger

Dark Chocolate with Hazelnut Toffee - Rhino

Dark Chocolate with Raspberries - Grizzly Bear

Extreme Dark Chocolate - Panther

Milk Chocolate with Almonds - Crane

Organic Dark Chocolate Bug Bites

Organic Health Dark Chocolate with Goji Berry, Pecans & Maca - Spider Monkey

Smooth Milk Chocolate - Sea Otter

Smooth Organic Dark Chocolate - Butterfly

Smooth Organic Dark Chocolate with Cherry - Koala

Smooth Organic Dark Chocolate with Orange - Zebra

Smooth Organic Milk Chocolate with Peanut Butter - Giraffe

Supreme Dark Chocolate - Chimpanzee

### Glee Gum

Glee Bubblegum Flavor Gum

Glee Peppermint Gum

Glee Spearmint Gum

Glee Tangerine Gum

### Let's Do...

Confetti Sprinkelz

## Candy and Chocolate (Cont'd)

### Scharffen Berger

- 41% Milk Bars
- 62% Semisweet Bars
- 70% Bittersweet bars
- Bittersweet Chocolate Bar, 70% Cacao
- Extra Dark Chocolate Bar, 82% Cacao
- Milk Chocolate, 41% Cacao, 1 oz
- Nibby Dark Chocolate Bar
- Semisweet Tasting Square Bars 62%

## Canned Goods

### Native Forest

- Artichoke Hearts, Whole
- Organic Baby Corn
- Organic Hearts of Palm
- Organic Mango Chunks
- Organic Pineapple Slices

## Canned/Jarred Goods

### Amy's Kitchen

- Black Bean Chili
- Light in Sodium - Medium Chili
- Light in Sodium - Refried Black Beans
- Light in Sodium - Spicy Chili
- Light in Sodium - Traditional Refried Beans
- Medium Chili
- Medium Chili with Vegetables
- Refried Beans with Green Chiles
- Refried Black Beans
- Southwestern Black Bean Chili
- Spicy Chili
- Thai Coconut Soup (Tom Kha Phak)
- Traditional Refried Bean
- Vegetarian Baked Beans

## Cereal

### Ancient Harvest

- Organic Quinoa Flakes 12 oz

### Arrowhead Mills

- Maple Buckwheat Organic Flakes
- Organic Rice & Shine Hot Cereal

## Cereal (Cont'd)

### Bakery On Main

- Extreme Fruit & Nut Gluten Free Granola
- Nutty Cranberry Gluten Free Granola

### Bob's Red Mill

- Gluten Free Mighty Tasty Hot Cereal
- GlutenFree Rolled Oats
- Organic Brown Rice Farina Creamy Rice Hot Cereal
- Organic Kasha (Roasted Buckwheat Kernels)
- Whole Grain Teff

### Enjoy Life

- Cinnamon Crunch Granola
- Crunchy Flax Cereal
- Crunchy Rice Cereal
- Very Berry Crunch Granola

### EnviroKidz

- Amazon Frosted Flakes Organic Cereal
- Gorilla Munch Organic Cereal
- Gorilla Munch Organic Cereal, 23 oz
- Koala Crisp Organic Cereal
- Koala Crisp Organic Cereal, 26 oz
- Leapin' Lemurs Peanut Butter & Chocolate Organic Cereal
- Peanut Butter Panda Puffs Organic Cereal
- Peanut Butter Panda Puffs Organic Cereal, 25 oz

### Erewhon

- Crispy Brown Rice - Gluten Free

### Nature's Path

- Organic Crispy Rice Cereal
- Organic Fruit Juice Sweetened Corn Flakes
- Organic Fruit Juice Sweetened Corn Flakes, 26.4 oz
- Organic Honey'd Cornflakes
- Organic Mesa Sunrise Cereal
- Organic Mesa Sunrise Cereal, 26.4 oz
- Organic Whole O's Cereal

### Udi's

- GF Au Naturel Granola
- GF Cranberry Granola
- GF Original Granola
- GF Vanilla Granola

## Cheese

### Follow Your Heart

- Vegan Gourmet Cheddar
- Vegan Gourmet Cream Cheese
- Vegan Gourmet Monterey Jack
- Vegan Gourmet Mozzarella Cheese
- Vegan Gourmet Nacho Cheese
- Vegan Gourmet Sour Cream

## Chips/Pretzels/Snacks

### Arico

- Cassava Chips, Barbecue Bliss
- Cassava Chips, Ginger on Fire
- Cassava Chips, Sea Salt Mist

### Beanitos

- Black Bean Chips
- Pinto Bean with Flaxseed Chips

### Blue Diamond

- Almond Nut Thins
- Barbeque Nut Thins
- Cheddar Cheese Nut Thins
- Hazelnut Nut Thins
- Hint of Sea Salt Nut Thins
- Pecan Nut Thins
- Smokehouse Nut Thins

### Food Should Taste Good

- Blue Corn Tortilla Chips
- Cantina Tortilla Chips
- Cheddar Tortilla Chips
- Hemp Tortilla Chips
- Lime Tortilla Chips
- Multigrain Tortilla Chips
- Olive Tortilla Chips
- Sweet Potato Tortilla Chips
- The Works! Tortilla Chips

### Food Should Taste Good

- Chocolate Tortilla Chips
- Jalapeno Tortilla Chips
- Multigrain Tortilla Chips
- Olive Tortilla Chips

### Glutino

- Breadsticks, Pizza Flavor
- Breadsticks, Sesame
- Pretzel Sticks, Family Bag

## Chips/Pretzels/Snacks (Cont'd)

### Glutino

- Pretzels, Family Bag
- Table Cracker

### Kettle Brand

- Baked Potato Chips, Aged White Cheddar 4 oz
- Baked Potato Chips, Hickory Honey BBQ 4 oz
- Baked Potato Chips, Lightly Salted 4 oz
- Baked Potato Chips, Salt & Fresh Ground Pepper 4 oz
- Baked Potato Chips, Sea Salt & Vinegar 4 oz
- Krinkle Cut Potato Chips, Buffalo Bleu 2 oz
- Krinkle Cut Potato Chips, Buffalo Bleu 5 oz
- Krinkle Cut Potato Chips, Classic BBQ 14 oz
- Krinkle Cut Potato Chips, Lightly Salted 14 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 5 oz
- Potato Chips, Backyard Barbeque 5 oz
- Potato Chips, Backyard Barbeque 9 oz
- Potato Chips, Honey Dijon 2 oz
- Potato Chips, Honey Dijon 5 oz
- Potato Chips, Honey Dijon 9 oz
- Potato Chips, Jalapeno 2 oz
- Potato Chips, Jalapeno 5 oz
- Potato Chips, Lightly Salted 14 oz
- Potato Chips, Lightly Salted 2 oz
- Potato Chips, Lightly Salted 5 oz
- Potato Chips, Lightly Salted 9 oz
- Potato Chips, Organic Lightly Salted 5 oz
- Potato Chips, Organic Sea Salt & Black Pepper 5 oz
- Potato Chips, Sea Salt & Vinegar 2 oz
- Potato Chips, Sea Salt & Vinegar 5 oz
- Potato Chips, Sea Salt & Vinegar 9 oz
- Potato Chips, Sour Cream, Onion & Chive 5 oz

## **Chips/Pretzels/Snacks (Cont'd)**

### **Kettle Brand**

Potato Chips, Sour Cream, Onion & Chive 9 oz  
Potato Chips, Spicy Thai 5 oz  
Potato Chips, Sweet Onion 5 oz  
Potato Chips, Unsalted 5 oz

### **Late July**

Late July Dude Ranch Multigrain  
Late July Mild Green Mojo  
Late July Multigrain Sea Salt  
Late July Sweet Potato

### **Lundberg Family Farms**

Apple Cinnamon Rice Cakes  
Brown Rice Cakes  
Buttery Caramel Rice Cakes  
Honey Nut Rice Cakes  
Organic Brown Rice Cakes  
Organic Cinnamon Toast Rice Cake  
Organic Mochi Sweet Rice Cakes  
Organic Sea Salt Rice Chips  
Organic Tamari Seaweed Rice Cakes  
Organic Unsalted Brown Rice Cakes  
Organic Wild Rice Cakes  
Pico de Gallo Rice Chips  
Sante Fe BBQ Rice Chips  
Sesame Seaweed Rice Chips  
Unsalted Brown Rice Cakes

### **Lundberg Farms**

Fiesta Lime Rice Chips

### **Mary's Gone Crackers**

Sticks & Twigs, Sea Salt

### **Michael Season's**

Baked Cheddar Cheese Curls

### **Pirate Brands**

Pirate's Booty Aged White Cheddar  
Pirate's Booty Sour Cream and Onion  
Pirate's Booty Veggie

## **Condiments**

### **Follow Your Heart**

Low Fat Ranch Dressing  
Organic Creamy Miso Ginger Dressing

## **Condiments (Cont'd)**

### **Follow Your Heart**

Vegenaise, High Omega-3 w/ Expeller-Pressed  
Canola Oil  
Vegenaise, Original

### **Organicville**

Non-Dairy Mayo  
Organic Chili Sauce  
Organic Dijon Mustard  
Organic Dressing, French  
Organic Dressing, Herbs de Provence Vinaigrette  
Organic Dressing, Miso Ginger Vinaigrette  
Organic Dressing, Non Dairy Ranch  
Organic Dressing, Orange Cranberry Vinaigrette  
Organic Dressing, Sundried Tomato & Garlic  
Vinaigrette  
Organic Dressing, Tarragon Dijon Vinaigrette  
Organic Ketchup  
Organic Non-Dairy Caesar Dressing  
Organic Non-Dairy Coleslaw Dressing  
Organic Non-Dairy Thousand Island Dressing  
Organic Original BBQ Sauce  
Organic Stone Ground Mustard  
Organic Tangy BBQ Sauce  
Organic Yellow Mustard

### **San-J**

Szechuan Hot & Spicy Marinade/Stir Fry Sauce  
Gluten Free  
Teriyaki Sauce

### **San-J**

Sweet and Sour Sauce

### **The Wizard's Sauce**

Organic Wheat-Free Vegan Worcestershire

## **Cookies and Snack Bars**

### **Amy's Kitchen**

Gluten Free Chocolate Chip Shortbread Cookies  
Gluten Free Classic Shortbread Cookies

## Cookies and Snack Bars (Cont'd)

### Andean Dream

Chocolate Chip Cookies  
Coconut Cookies

### Enjoy Life

Caramel Apple Snack Bars  
Soft Baked Chewy Chocolate Chip Cookies  
Soft Baked Gingerbread Spice Cookie  
Soft Baked Snickerdoodle Cookies  
Sunbutter Crunch Snack Bars  
Very Berry Snack Bars

### EnviroKidz

Cheetah Organic Crispy Rice Bars, Berry  
Koala Organic Crispy Rice Bars, Chocolate  
Lemur Organic Crispy Rice Bars, Peanut Choco Drizzle  
Panda Organic Crispy Rice Bars, Peanut Butter  
Penguin Organic Crispy Rice Bars, Fruity Burst

### Glutino

Breakfast Bars, Apple  
Breakfast Bars, Blueberry  
Chocolate Coated Chocolate Wafers  
Chocolate Coated Vanilla Wafers

### Hail Merry

Blonde Macaroons  
Choco Macaroons

### Jennie's

Coconut Macaroons

### Kinnikinnick

KinniTOOS Chocolate Sandwich Creme Cookies  
KinniTOOS Vanilla Sandwich Creme Cookies  
Montana's Chocolate Chip Cookies  
S'moreables Graham Style Crackers

### Lucy's

Chocolate Chip Cookies  
Cinnamon Thin Cookies  
Oatmeal Cookies

### Lucy's

Sugar Cookies

## Cookies and Snack Bars (Cont'd)

### Mi-Del

Arrowroot Animal Cookies  
Ginger Snaps

### Pamela's Products

Butter Shortbread Cookies  
Chunky Chocolate Chip Cookies  
Ginger Cookies with Sliced Almonds  
Organic Dark Chocolate Chunk Cookies  
Organic Peanut Butter Chocolate Chip Cookies  
Peanut Butter Cookies  
Pecan Shortbread Cookies  
Shortbread Swirl Cookies  
Simplebites Chocolate Chip Mini Cookies  
Simplebites Extreme Chocolate Mini Cookies  
Simplebites Ginger Mini Snapz

### Udi's

GF Chocolate Chip Cookies  
GF Oatmeal Raisin Cookies  
GF Snickerdoodle Cookies

### WFM Gluten Free Bakehouse

Molasses Ginger Cookies

## Crackers

### Edward & Sons

Brown Rice Snaps, Onion Garlic  
Brown Rice Snaps, Tamari Seaweed  
Brown Rice Snaps, Tamari Sesame  
Brown Rice Snaps, Unsalted Sesame  
Organic Brown Rice Snaps, Black Sesame  
Organic Brown Rice Snaps, Cheddar  
Organic Brown Rice Snaps, Toasted Onion  
Organic Brown Rice Snaps, Unsalted Plain  
Organic Brown Rice Snaps, Vegetable

### Glutino

Crackers, Cheddar  
Crackers, Multigrain  
Crackers, Original  
Crackers, Vegetable

## Crackers (Cont'd)

### Mary's Gone Crackers

- Crackers, Black Pepper
- Crackers, Caraway
- Crackers, Herb
- Crackers, Onion
- Crackers, Original

## Dairy

### Brown Cow Yogurt

- CT Apricot-Mango FOB
- CT Blueberry FOB
- CT Cherry-Vanilla FOB
- CT Chocolate
- CT Coffee
- CT Maple
- CT Peach FOB
- CT Plain
- CT Raspberry FOB
- CT Strawberry FOB
- CT Vanilla
- LF Blueberry FOB
- LF Boysenberry FOB
- LF Plain
- LF Vanilla
- LF Vanilla Bean FOB

### Chobani Greek Yogurt

- 0 %Strawberry Strained Yogurt
- 0% Blueberry Strained Yogurt
- 0% Peach Strained Yogurt
- 0% Plain Strained Yogurt
- 0% Pomegranate Strained Yogurt
- 0% Raspberry Strained Yogurt
- 0% Strawberry Strained Yogurt
- 0% Vanilla Strained Yogurt
- 2% Pineapple Strained Yogurt

### Earth Balance

- Buttery Sticks
- Organic Whipped Buttery Spread
- Original Buttery Spread
- Soy Free Buttery Spread
- Soy Garden Buttery Spread

## Dairy (Cont'd)

### Fage Total

- Total 0% 17.6oz (500g)
- Total 0% 35.3 oz (1kg)
- Total 0% 6oz (170g)
- Total 10% 17.6oz (500g)
- Total 10% 7oz (200g)
- Total 2% 17.6oz (500g)
- Total 2% 35.3oz (1kg)
- Total 2% 7oz (200g)
- Total 2% Blueberry 5.3oz (150g)
- Total 2% Honey 5.3oz (150g)
- Total 2% Strawberry 5.3oz (150g)
- Total Honey 5.3oz (150g)

### Helios Nutrition

- Organic Plain Kefir
- Organic Reduced Fat Raspberry Ke
- Organic Vanilla Kefir

### Lifeway Foods

- Lowfat Vanilla Kefir
- Organic Lowfat Blueberry Kefir
- Organic Lowfat Plain Kefir
- Organic Lowfat Pomegranate Acai Kefir
- Organic Lowfat Raspberry Kefir
- Organic Lowfat Strawberry Kefir
- Probugs Orange Creamy Crawler
- Probugs Strawnana Split

### Noosa Yoghurt

- Noosa Yoghurt - Blueberry
- Noosa Yoghurt - Honey
- Noosa Yoghurt - Raspberry

### Stonyfield Organic Yogurt

- Oikos: 0% Fat Plain
- Oikos: 0% Fat Vanilla
- Peach Super Smoothie
- Strawberry Super Smoothie
- Strawberry Super Smoothies 6oz
- Wild Berry Super Smoothie
- YoBaby Blueberry
- YoBaby Vanilla
- YoKids: Blueberry Straw/Van
- YoKids: Strawberry Ban/Straw

## Dairy Alternatives

### BLUE DIAMOND

ALMOND BREEZE CHOCOLATE  
ALMOND BREEZE ORIGINAL  
ALMOND BREEZE UNSWEETENED  
CHOCOLATE  
ALMOND BREEZE UNSWEETENED ORIGINAL  
ALMOND BREEZE UNSWEETENED VANILLA  
ALMOND BREEZE VANILLA

### Blue Diamond

Almond Breeze, Original  
Almond Breeze, Unsweetened Vanilla  
Almond Breeze, Vanilla

### Daiya Foods

Cheddar Style Shreds  
Mozzarella Style Shreds  
Pepperjack Style Shreds

### Follow Your Heart

Vegan Gourmet Cheddar  
Vegan Gourmet Cream Cheese  
Vegan Gourmet Monterey Jack  
Vegan Gourmet Mozzarella Cheese  
Vegan Gourmet Nacho Cheese  
Vegan Gourmet Sour Cream

### So Delicious

Chocolate Cultured Coconut Milk Yogurt  
Chocolate Non-Dairy Frozen Coconut Milk Dessert  
French Vanilla Coconut Milk Creamer  
Hazelnut Coconut Milk Creamer  
Original (Plain) Coconut Milk Beverage  
Original (Plain) Coconut Milk Creamer  
Original (Plain) Coconut Milk Kefir  
Strawberry Coconut Milk Kefir  
Unsweetened Coconut Milk Beverage  
Vanilla Bean Non-Dairy Frozen Coconut Milk  
Dessert  
Vanilla Coconut Milk Beverage  
Vanilla Coconut Milk Kefir  
Vanilla Cultured Coconut Milk Yogurt

### WestSoy

Organic Soy Beverage, Unsweetened Original 64  
oz  
Plus Soy Beverage, Plain 64 oz

## Dairy Alternatives (Cont'd)

### truwhip

All Natural Frozen Whip Topping

## Deli Style Meats and Cheeses

### Applegate Farms

Organic Sliced Oven Roasted Chicken  
Sliced Authentic Prosciutto  
Sliced Coppa  
Sliced Honey Maple Turkey  
Sliced Hot Genoa Salami  
Sliced Hot Soppressata  
Sliced Organic Oven Roasted Turkey  
Sliced Organic Smoked Turkey  
Sliced Organic Uncured Ham

## Dental Care Products

### Kiss My Face

Anticavity Toothpaste 3.4 oz

### Tom's of Maine

Spearmint Flat Floss  
Unflavored Round Floss

## Deodorant

### Hugo Naturals

Sea Fennel & Passionflower Deodorant

### Kiss My Face

Liquid Rock Lavender Deodorant 3 oz

## Desserts

### Glutino

Chocolate Glazed Donuts  
Original Glazed Donuts

### Hail Merry

Chocolate Mint Tart  
Meyer Lemon Tart

### Organicville

Organic Chocolate Ice Cream

## Desserts (Cont'd)

### Purely Decadent

Chocolate Peanut Butter Swirl Non-Dairy Frozen Coconut Milk Dessert

### So Delicious

Chocolate Non-Dairy Frozen Coconut Milk Dessert  
Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

### WFM Gluten Free Bakehouse

Chocolate Cupcakes  
Vanilla Cupcakes

### truwhip

All Natural Frozen Whip Topping

## Energy and Nutrition Bars/Drinks

### Bumble Bar

Cherry Chocolate  
Chocolate Crisp  
Original with Cashew  
Original with Peanut

### Zing Bars

Almond Blueberry  
Chocolate Coconut  
Chocolate Peanut Butter  
Cranberry Orange  
Oatmeal Chocolate Chip  
Peanut Butter Chocolate Chip

## Entrees and Mixes

### Bob's Red Mill

Gluten Free Chocolate Chip Cookie Mix

### Edward & Sons

Organic Home Style Mashed Potato Mix  
Organic Roasted Garlic Mashed Potato Mix

### Ener-G

Rice Bran

### Glutino

Macaroni & Cheese

## Entrees and Mixes (Cont'd)

### Lundberg Family Farms

Butternut Squash Risotto  
Garlic Primavera Risotto  
Organic Alfredo Risotto  
Organic Porcini Wild Mushroom Risotto

### Namaste

Chocolate Cake Mix

### Pamela's Products

Dark Chocolate Frosting Mix

### Road's End Organics

Organic Golden Gravy Mix

### Tasty Bite

Bengal Lentils  
Bombay Potatoes  
Channa Masala  
Jaipur Vegetables  
Jodhpur Lentils  
Madras Lentils  
Punjab Eggplant

## Ethnic Foods

### Annie Chun's

Maifun Rice Noodles  
Pad Thai Rice Noodles

### Edward & Sons

Brown Rice Snaps, Tamari Seaweed  
Brown Rice Snaps, Tamari Sesame  
Miso-Cup, Organic Japanese Restaurant Style  
Miso-Cup, Original Golden Vegetable

### Food For Life

Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Food Merchants

Organic Polenta, Basil & Garlic  
Organic Polenta, Green Chili & Cilantro  
Organic Polenta, Sundried Tomato & Garlic  
Organic Polenta, Traditional

## Ethnic Foods (Cont'd)

### Organicville

Organic Island Teriyaki  
Organic Sesame Teriyaki

### San-J

Sweet and Sour Sauce

### Tasty Bite

Bengal Lentils  
Bombay Potatoes  
Channa Masala  
Jaipur Vegetables  
Jodhpur Lentils  
Madras Lentils  
Punjab Eggplant

## Facial Care Products

### MyChelle

Cranberry Mud Mask  
Fruit Enzyme Cleanser

## Fragrances & Perfumes

### Hugo Naturals

Travel Size French Lavender Essential Mist

## Frozen Foods

### Against The Grain

Pizza, Pesto

### Amy's Kitchen

Asian Noodle Stir-Fry  
Baked Ziti Bowl  
Bistro Veggie Burger  
Black Bean Enchilada Whole Meal  
Black Bean Tamale Verde  
Brown Rice & Vegetables Bowl  
Brown Rice, Black-Eyed Peas & Veggies Bowl  
Cheese Enchilada  
Cheese Tamale Verde  
Cream of Rice Hot Cereal Bowl  
Enchilada Verde Whole Meal  
Garden Vegetable Lasagna  
Gluten Free Bean & Rice Burrito (Dairy Free)

## Frozen Foods (Cont'd)

### Amy's Kitchen

Gluten Free Chocolate Cake  
Gluten Free Sandwich Rounds  
Indian Mattar Paneer  
Indian Mattar Tofu  
Indian Palak Paneer  
Indian Paneer Tikka  
Indian Vegetable Korma  
Light & Lean Black Bean & Cheese Enchilada  
Light & Lean Soft Taco Fiesta Bowl  
Light in Sodium - Brown Rice & Vegetables Bowl  
Light in Sodium - Indian Mattar Paneer  
Light in Sodium - Mexican Casserole Bowl  
Mexican Casserole Bowl  
Mexican Tamale Pie  
Mexican Tofu Scramble  
Non-Dairy Rice Macaroni & Cheese  
Rice Crust Cheese Pizza  
Rice Crust Spinach Pizza  
Rice Mac & Cheese  
Roasted Vegetable Tamale  
Santa Fe Enchilada Bowl  
Shepherd's Pie  
Single Serve Non-Dairy Rice Crust Cheese Pizza  
Single Serve Rice Crust Margherita Pizza  
Single Serve Rice Crust Roasted Vegetable Pizza  
Teriyaki Bowl  
Tofu Scramble

### Applegate Farms

Maple Breakfast Sausage  
Organic Turkey Burgers  
Sage Breakfast Sausage

### EVOL Foods

Bean & Cheese Enchilada Bowl  
Chicken Enchilada Bowl  
Fire Grilled Steak Bowl  
Teriyaki Chicken Bowl

### Gluten Free Cafe

Fettuccini Alfredo

## Frozen Foods (Cont'd)

### Glutenfreeda

Vegetarian Non-Dairy Burrito

### Glutino

Duo Cheese Pizza Multipack

### Ian's Natural Foods

Alpha Tots

Ian's Chicken Nuggets, Allergen Free

Wafflewich, Egg & Maple Sausage, Wheat Free  
Gluten Free

### Julian's Recipe

Gluten Free Pancakes - Belgian Chocolate

Gluten Free Pancakes - Wild Blueberry

### Julie's Organic Ice Cream

Glutenfreeda's Organic Gluten Free Vanilla Ice  
Cream Sandwich

### Kettle Cuisine

Angus Beef Steak Chili with Beans

Chicken Chili with White Beans

Chicken Soup with Rice Noodles

Grilled Chicken and Corn Chowder

Tomato Soup with Garden Vegetables

### Kinnikinnick

Chocolate Dipped Donuts

### Nature's Path

Organic Buckwheat Wildberry Waffles

Organic Homestyle Waffles

Organic Mesa Sunrise Waffles

### Organic So Delicious

Chocolate Velvet Non-Dairy Frozen Dessert

Creamy Vanilla Non-Dairy Frozen Dessert

Mocha Fudge Non-Dairy Frozen Dessert

### Organicville

Organic Chocolate Ice Cream

### Purely Decadent

Chocolate Obsession Non-Dairy Frozen Dessert

Chocolate Peanut Butter Swirl Non-Dairy Frozen  
Coconut Milk Dessert

Cookie Dough (Gluten Free) Non-Dairy Frozen  
Dessert

## Frozen Foods (Cont'd)

### Purely Decadent

Cookie Dough Non-Dairy Frozen Coconut Milk  
Dessert

Mint Chip Non-Dairy Frozen Coconut Milk Dessert

Peanut Butter Zig Zag Non-Dairy Frozen Dessert

### Saffron Road

Chicken Tikka Masala with Basmati Rice

Lamb Koftis

Lamb Saag with Basmati Rice

Lamb Vindaloo with Basmati Rice

Lemongrass Basil Chicken

### So Delicious

Chocolate Non-Dairy Frozen Coconut Milk Dessert

Coconut Almond Bar, Made with Coconut Milk

Vanilla Bean Non-Dairy Frozen Coconut Milk  
Dessert

### Starfish

Crispy Battered Gluten Free Cod

Crispy Battered Gluten Free Haddock

Crispy Battered Gluten Free Halibut

### Van's

Wheat Free Blueberry Waffles

Wheat Free Buckwheat Waffles

Wheat Free Homestyle Waffles

Wheat Free Mini Homestyle Waffles

## Grains and Rice

### Ancient Harvest

Inca Red Organic Quinoa 12 oz

Traditional Organic Quinoa 12 oz

### Bob's Red Mill

Organic Kasha (Roasted Buckwheat Kernels)

### Lundberg Family Farms

Butternut Squash Risotto

Eco-Farmed California White Arborio Rice

Eco-Farmed Wild Blend Gourmet Blend Rice

Organic Alfredo Risotto

Organic California Brown Basmati Rice

## Grains and Rice (Cont'd)

### Lundberg Family Farms

- Organic California Brown Jasmine Rice, 25 lb
- Organic California White Basmati Rice
- Organic California White Jasmine Rice
- Organic Long Grain Brown Rice
- Organic Porcini Wild Mushroom Risotto
- Organic Short Grain Brown Rice
- Organic White Long Grain Rice

## Hair Care Products

### 365 Every Day Value™

- Conditioner Fragrance Free
- Conditioner Herbal Mint
- Conditioner Lavender Blend
- Shampoo for Dry and Normal Herbal Mint
- Shampoo for Dry and Normal Lavender Blend
- Shampoo for Normal and Oily Fragrance Free
- Shampoo for Normal and Oily Herbal Mint
- Shampoo for Normal and Oily Lavender Blend

## Hand & Body Lotions

### 365 Every Day Value™

- Body Lotion Herbal Mint
- Body Lotion Lavender Blend

## Hand & Body Washes

### 365 Every Day Value™

- Conditioner Fragrance Free
- Shower Gel Fragrance Free
- Shower Gel Herbal Mint
- Shower Gel Lavender Blend

### Kiss My Face

- Active Athletic Shower Gel 16 oz
- Grapefruit & Bergamot Foaming Soap 8.75 oz

## Jams and Nut Butters

### Barney Butter

- Barney Butter Crunchy - 16 oz / 6 pk
- Barney Butter Smooth - 16 oz / 6 pk

## Jams and Nut Butters (Cont'd)

### Justin's

- Chocolate Almond Butter 1.15 oz Squeeze Packs
- Chocolate Almond Butter Jars
- Chocolate Hazelnut Butter 1.15 oz Squeeze Packs
- Chocolate Hazelnut Jars
- Chocolate Peanut Butter 1.15 oz Squeeze Packs
- Chocolate Peanut Butter Jars
- Classic Almond Butter 1.15 oz Squeeze Packs
- Classic Almond Butter Jars
- Dark Chocolate Peanut Butter Cups
- Honey Almond Butter 1.15 oz Squeeze Packs
- Honey Almond Butter Jars
- Maple Almond Butter 1.15 oz Squeeze Packs
- Maple Almond Butter Jars
- Milk Chocolate Peanut Butter Cups

## Lip Balms

### Badger

- Creamy Cocoa Lip Balm Stick

### Hugo Naturals

- Grapefruit Lip Balm
- Vanilla & Sweet Orange Lip Balm

### Kiss My Face

- Strawberry Lip Balm w / SPF 15 .15 oz

## Meat and Poultry

### Applegate Farms

- Chicken Apple Breakfast Sausage
- Greatest Little Organic Smokey Cocktail Frank
- Maple Breakfast Sausage
- Organic Chicken Hot Dogs
- Organic Hot Dogs
- Organic Turkey Burgers
- Organic Turkey Hot Dogs
- Sage Breakfast Sausage

## Nutritional Supplements

### Amazing Grass

Amazing Meal Original  
Amazing Meal Pomegranate Mango  
Amazing Meal chocolate  
Green SuperFood Berry  
Green SuperFood Chocolate  
Green SuperFood Original  
Wheat Grass

### BioChem

100% Berries and Whey Protein Powder  
100% Greens & Whey Protein Powder  
100% Whey Protein Chocolate Fudge  
100% Whey Protein Natural Flavor  
100% Whey Protein Natural Flavor  
100% Whey Protein Vanilla 1.9lb  
100% Whey Protein Vanilla 13.9oz  
Ultimate Fat Metabolizer 60ct  
Ultimate Protein System Chocolate 1lb  
Ultimate Protein System Vanilla 2lb

### Country Life

Acerola Vitamin C 500mg Chewable 90ct  
Acidophilus with Pectin Capsules, 100 ct  
Action B-50 100ct  
B-12 500mcg Time Release 100ct  
Betaine Hydrochloride w/Pepsin 100ct  
Charcoal Capsules 100 ct  
Coenzyme B Complex 120ct  
Coenzyme B Complex 60ct  
DHEA 25mg Capsules, 90 ct  
Folic Acid 800mcg 250ct  
Maxi Hair 90ct  
Phosphatidyl Choline 100ct  
Super Potency Biotin 5mg 120ct  
Superior B-12, 50 ct  
Target-Mins Calcium-Magnesium Complex Tablets,  
180 ct  
Target-Mins Calcium-Magnesium Complex Tablets,  
90 ct  
Target-Mins Calcium-Magnesium-Veg Capsules,  
120 ct  
Target-Mins Calcium-Magnesium-Veg Capsules,  
240 ct  
Target-Mins Zinc 50mg Tablets, 90 ct  
Vitamin D 400 IU 100ct Softgels  
Water Factors 60ct

## Nutritional Supplements (Cont'd)

### Nature's Way Alive!

Alive! Liquid Vitamin-30 oz. bottle  
Alive!® (no iron added) / 90 Tb  
Alive!® / 180 Tb  
Alive!® / 90 Vcaps®  
Alive!® Rice/Pea Shake Vanilla / 1.3 lbs  
Alive!® Soy Shake Vanilla / 1.3 lbs

### Nature's Way Primadophilus

Primadophilus® Reuteri / 30 Vcaps®  
Primadophilus® Reuteri / 90 Vcaps®  
Primadophilus® for Kids Cherry / 30 Chw

### Nature's Way Sambucus

Sambucus Syrup / 4 oz  
Sambucus Syrup / 8 oz

### Nature's Way Umcka

Umcka ColdCare® Lemon Hot Drink / 10 pkts/bx  
Umcka ColdCare® Original Liquid / 1 oz  
Umcka® Cold+Flu Berry Chewable / 20 Chw

### Rainbow Light

ACTIVE HEALTH TEEN MULTIVITAMIN 90  
BUSY BRAIN RELEASE 60  
COMPLETE B-COMPLEX 90  
COUNTER ATTACK 30  
FOOD-BASED CALCIUM 90  
GUMMY OMEGALICIOUS 30  
GUMMY VITAMIN C SLICES 30  
JUST ONCE IRON-FREE MULTIVITAMIN 30  
KID'S ONE MULTISTARS 90  
MEN'S ONE MULTIVITAMIN 150  
MEN'S ONE MULTIVITAMIN 30  
MEN'S ONE MULTIVITAMIN 90  
PAIN - EZE 30  
PRENATAL ONE MULTIVITAMIN 30  
PRENATAL ONE MULTIVITAMIN 90  
PRENATAL PETITE MULTIVITAMIN 90  
PROTEIN ENERGIZER VANILLA  
VITAMIN D 1,000 IU GUMMIES 100  
VITAMIN D 1,000 IU GUMMIES 50  
VITAMIN D 400 IU GUMMIES 60  
WOMEN'S ONE MULTIVITAMIN 150  
WOMEN'S ONE MULTIVITAMIN 30  
WOMEN'S ONE MULTIVITAMIN 90

## Nutritional Supplements (Cont'd)

### VEGA

- Berry Large
- Berry Small
- Bodacious Berry
- Choc-a-lot
- Chocolate Large
- Chocolate Small
- Green Synergy
- Natural Large
- Smoothie Infusion 454g Bag
- Vanilla Chai Large
- Vanilla Chai Small

### Vega

- 250ml

## Nuts/Seeds/Dried Fruits

### Enjoy Life

- Not Nuts! Mountain Mambo Trail Mix

## Oils - Essential/Massage/Aromatic

### Hugo Naturals

- French Lavender Massage & Body Oil

## Pasta

### Andean Dream

- Quinno Macaroni
- Quinoa Fusilli

## Pasta Sauce

### Organicville

- Organic Italian Herb Pasta Sauce
- Organic Marinara Pasta Sauce
- Organic Mushroom Pasta Sauce
- Organic Tomato Basil Pasta Sauce

## Personal Care

### Natracare

- Breathable Panty Liners - 30 CT
- Curved Panty Liners - 30 CT
- ORGANIC Regular Applicator Tampons - 16 CT

## Personal Care (Cont'd)

### Natracare

- ORGANIC Regular Non-Applicator Tampons - 20 CT
- ORGANIC Super Applicator Tampons - 16 CT
- ORGANIC Super Non-Applicator Tampons - 20 CT
- Tanga Panty Liners - 30 CT
- Ultra Super Plus Pads - 12 CT

### Tom's of Maine

- Apricot Long Lasting Stick Deodorant
- Calendula Stick Deodorant
- Cucumber-Grapefruit Sensitive Stick Deodorant
- Fragrance-Free Sensitive Stick Deodorant
- Honeysuckle Rose Stick Deodorant
- Lavender Long Lasting Roll-on Deodorant
- Lavender Long Lasting Stick Deodorant
- Lemongrass Long Lasting Stick Deodorant
- Peppermint Antiplaque Tartar Control Plus Whitening Toothpaste
- Unscented Long Lasting Stick Deodorant
- Unscented Stick Deodorant
- Wintermint Sensitive Toothpaste
- Woodspice Stick Deodorant

## Prepared Foods

### Food Merchants

- Organic Polenta, Basil & Garlic
- Organic Polenta, Green Chili & Cilantro
- Organic Polenta, Sundried Tomato & Garlic
- Organic Polenta, Traditional

## Sauces/Salsas/Dips

### Amy's Kitchen

- Family Marinara Pasta Sauce
- Light in Sodium - Family Marinara Pasta Sauce
- Light in Sodium - Tomato Basil Pasta Sauce
- Medium Salsa
- Mild Salsa

### Organicville

- Organic Island Teriyaki
- Organic Medium Salsa

## Sauces/Salsas/Dips (Cont'd)

### Organicville

- Organic Pizza Sauce
- Organic Sesame Teriyaki
- Organic Tangy BBQ Sauce
- Sriracha Sauce

### Road's End Organics

- Organic Golden Gravy Mix

### Simply Organic

- Alfredo Sauce Mix, Cert. Org.
- Classic Caesar Dressing Mix, Cert. Org.
- French Onion Dip Mix, Cert. Org.
- Italian Salad Dressing Mix, Cert. Org.
- Mushroom Sauce Mix Cert. Org.
- Ranch Salad Dressing Mix, Cert. Org.
- Roasted Turkey Gravy Mix Cert. Org.
- Sweet Basil Pesto Mix Cert. Org.

## Seafood

### Starfish

- Crispy Battered Gluten Free Cod
- Crispy Battered Gluten Free Haddock
- Crispy Battered Gluten Free Halibut

## Shaving Aids

### Kiss My Face

- Cool Mint Moisture Shave 11 oz
- Fragrance Free Moisture Shave 11 oz
- Lavender & Shea Moisture Shave 11 oz
- Patchouli Moisture Shave 11 oz

## Soups

### Amy's Kitchen

- Black Bean Vegetable Soup
- Chunky Vegetable Soup
- Cream of Tomato Soup
- Curried Lentil Soup
- Fire Roasted Southwestern Vegetable Soup
- Golden Lentil Soup
- Hearty French Country Vegetable Soup
- Hearty Rustic Italian Vegetable Soup
- Hearty Spanish Rice & Red Bean Soup

## Soups (Cont'd)

### Amy's Kitchen

- Lentil Soup
- Lentil Vegetable Soup
- Light in Sodium - Chunky Tomato Bisque
- Light in Sodium - Cream of Tomato Soup
- Light in Sodium - Lentil Soup
- Light in Sodium - Lentil Vegetable Soup
- Light in Sodium - Split Pea Soup
- Split Pea Soup
- Summer Corn & Vegetable Soup

### Boulder Soup Works

- Carrot Coconut
- Green Pea with Dill
- Roasted Tomato Basil

### Dr. McDougall's Right Foods

- Chana Masala Soup & Quick Meal
- Chili Bean Soup & Quick Meal
- Organic Lower Sodium Vegetable Soup
- RTS Black Bean Soup
- RTS Chunky Tomato Soup
- RTS Lentil Soup
- RTS Light Sodium Garden Vegetable Soup
- RTS Light Sodium Lentil Soup
- RTS Roasted Pepper Tomato Soup
- RTS Split Pea Soup
- RTS Vegetable Soup

### Edward & Sons

- Miso-Cup, Organic Japanese Restaurant Style
- Miso-Cup, Original Golden Vegetable

### Kettle Cuisine

- Angus Beef Steak Chili with Beans
- Chicken Chili with White Beans
- Chicken Soup with Rice Noodles
- Grilled Chicken and Corn Chowder
- Tomato Soup with Garden Vegetables

## Specialty Foods

### WFM Gluten Free Bakehouse

- Stuffing Cubes

## **Spices and Seasonings**

### **Bob's Red Mill**

Cornstarch

### **Edward & Sons**

Bouillon Cubes, Low Sodium Veggie

Bouillon Cubes, Not-Chick'n

### **Simply Organic**

Dirty Rice Seasoning Mix, Cert Org.

Fish Taco Seasoning, Cert. Org.

Gumbo Base Seasoning Mix, Cert Org.

Jambalaya Seasoning Mix, Cert Org.

Sloppy Joe Mix Cert. Org.

Southwest Taco Seasoning, Cert. Org.

Vegetarian Chili Mix, Cert. Org.

## **Sweeteners**

### **Lundberg Family Farms**

Organic Brown Rice Syrup