

Gluten Free

SPECIAL DIETS SERIES

CELEBRATING
YOUR
CHOICES

WHOLE
FOODS
MARKET

Capitol Hill Store, Rocky Mountain Region

Whole Foods Market is excited to bring you Celebrating Your Choices, a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product.

Baked Goods

Kinnikinnick

- Chocolate Dipped Donuts
- Vanilla Glazed Donuts

Udi's

- GF Blueberry Muffins

WFM Gluten Free Bakehouse

- Blueberry Muffins
- Chocolate Chip Cookies
- Pie Shells
- Prairie Bread

Baking Needs

Arrowhead Mills

- Buckwheat Flour
- Gluten Free All Purpose Baking Mix
- White Rice Flour

Baking Needs (Cont'd)

Bob's Red Mill

- Almond Flour
- Baking Soda
- Brown Rice Flour
- Flaxseed Meal
- Garbanzo Bean Flour
- Gluten Free Sweet White Sorghum Flour
- Organic Flaxseed Meal
- Potato Starch
- Tapioca Flour
- Xanthan Gum

Cherrybrook Kitchen Gluten Free Dreams

- Ready To Spread Vanilla Frosting

Dagoba

- Cacao Powder

Earth Balance

- Shortening

Baking Needs (Cont'd)

Ener-G

Egg Replacement

Enjoy Life

Semi-Sweet Chocolate Chips

Gluten Free Pantry

All-Purpose GF Baking Flour Mix
Chocolate Chip Cookie & Cake Mix
Decadent Chocolate Cake Mix
Yankee Cornbread & Muffin Mix

Hain

Baking Powder

Hodgson Mill

Active Dry Yeast

King Arthur Flour

Gluten Free Chocolate Cake Mix
Gluten Free Multi-Purpose Flour

Let's Do... Organic

Organic Coconut Flakes
Organic Cornstarch
Organic Reduced Fat Shredded Coconut
Organic Shredded Coconut
Organic Tapioca Starch

Namaste

Pizza Crust Mix
Spice Cake Mix

Pamela's Products

Baking & Pancake Mix
Baking & Pancake Mix, 4 lb
Chocolate Brownie Mix

Simply Organic

Pancake/Waffle Mix, Cert. Org.

WFM Gluten Free Bakehouse

Pie Shells

Bar Soap

Hugo Naturals

Vanilla & Sweet Orange Bar Soap
Wild African Rose Bar Soap

Bar Soap (Cont'd)

Kiss My Face

Pure Olive Oil Bar Soap 4 oz
Pure Olive Oil Bar Soap 8 oz

Bath Salts/Sugars/Scrubs

Hugo Naturals

Brown Sugar & Kumquat Body Polish
Eucalyptus, Rosemary & Mint Fizzy Bath Bomb
Lavender & Chamomile Fizzy Bath Bomb

Beverages

Dagoba

Authentic Hot Chocolate - FTC, 12 oz

So Delicious

Original (Plain) Coconut Milk Beverage
Original (Plain) Coconut Milk Kefir
Strawberry Coconut Milk Kefir
Unsweetened Coconut Milk Beverage
Vanilla Coconut Milk Beverage
Vanilla Coconut Milk Kefir

Bread

Canyon Bakehouse

7-Grain Gluten Free Bread
Cinnamon Raisin Gluten Free Bread
Gluten Free Hamburger Buns
Mountain White Gluten Free Bread
Rosemary & Thyme Gluten Free Focaccia

Food For Life

Millet Bread, Wheat & Gluten Free
White Rice Bread, Wheat & Gluten Free
Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

Udi's

GF Cinnamon Raisin Bagels
GF Cinnamon Raisin Bread
GF Classic Hamburger Buns
GF Classic Hot Dog Buns
GF Pizza Crusts 9"
GF Plain Bagels

Bread (Cont'd)

Udi's

- GF White Sandwich Bread
- GF Whole Grain Bagels
- GF Whole Grain Bread
- GF Whole Grain Hamburger Buns

WFM Gluten Free Bakehouse

- Prairie Bread

Candy and Chocolate

Endangered Species Chocolate

- Bite Size Dark Chocolate with Cranberries & Almonds
- Bite Size Dark Chocolate with Deep Forest Mint
- Dark Chocolate with Blueberries - Sea Turtle
- Dark Chocolate with Cranberries & Almonds - Wolf
- Dark Chocolate with Deep Forest Mint
- Dark Chocolate with Espresso Beans - Tiger
- Dark Chocolate with Hazelnut Toffee - Rhino
- Supreme Dark Chocolate - Chimpanzee

Enjoy Life

- Boom Choco Boom Dairy-Free Rice Milk w/ Crispy Rice Chocolate Bar

Scharffen Berger

- Extra Dark Chocolate Bar, 82% Cacao

Canned Goods

Native Forest

- Artichoke Hearts, Quartered
- Organic Hearts of Palm
- Organic Pineapple, Crushed

Canned/Jarred Goods

Amy's Kitchen

- Light in Sodium - Medium Chili
- Light in Sodium - Refried Black Beans
- Light in Sodium - Spicy Chili

Canned/Jarred Goods (Cont'd)

Amy's Kitchen

- Medium Chili
- Refried Beans with Green Chiles
- Spicy Chili
- Thai Coconut Soup (Tom Kha Phak)
- Traditional Refried Bean

Native Forest

- Artichoke Hearts, Marinated

Cereal

Ancient Harvest

- Organic Quinoa Flakes 12 oz

Arrowhead Mills

- Maple Buckwheat Organic Flakes
- Organic Rice & Shine Hot Cereal

Bob's Red Mill

- Gluten Free Mighty Tasty Hot Cereal

Enjoy Life

- Cinnamon Crunch Granola
- Crunchy Rice Cereal

EnviroKidz

- Gorilla Munch Organic Cereal
- Koala Crisp Organic Cereal
- Koala Crisp Organic Cereal, 26 oz
- Leapin' Lemurs Peanut Butter & Chocolate Organic Cereal
- Peanut Butter Panda Puffs Organic Cereal

Erewhon

- Crispy Brown Rice - Gluten Free
- Rice Twice

Nature's Path

- Organic Fruit Juice Sweetened Corn Flakes
- Organic Fruit Juice Sweetened Corn Flakes, 26.4 oz
- Organic Honey'd Cornflakes
- Organic Mesa Sunrise Cereal
- Organic Mesa Sunrise Cereal, 26.4 oz
- Organic Whole O's Cereal

Cereal (Cont'd)

Udi's

- GF Au Naturel Granola
- GF Cranberry Granola
- GF Original Granola
- GF Vanilla Granola

Cheese

Follow Your Heart

- Vegan Gourmet Cheddar
- Vegan Gourmet Monterey Jack
- Vegan Gourmet Mozzarella Cheese

Chips/Pretzels/Snacks

Blue Diamond

- Almond Nut Thins
- Barbeque Nut Thins
- Cheddar Cheese Nut Thins
- Country Ranch Nut Thins
- Hazelnut Nut Thins
- Hint of Sea Salt Nut Thins
- Pecan Nut Thins
- Smokehouse Nut Thins

Ener-G

- Sesame Pretzel Rings

Food Should Taste Good

- Blue Corn Tortilla Chips
- Cheddar Tortilla Chips
- Lime Tortilla Chips
- Sweet Potato Tortilla Chips
- The Works! Tortilla Chips

Food Should Taste Good

- Jalapeno Tortilla Chips
- Multigrain Tortilla Chips
- Olive Tortilla Chips

Glutino

- Pretzel Sticks, Family Bag
- Pretzels, Family Bag
- Pretzels, Sesame Rings
- Pretzels, Sticks
- Table Cracker

Chips/Pretzels/Snacks (Cont'd)

Green Mountain Gringo

- Organic Blue Tortilla Strips
- Organic White Tortilla Strips
- Original Tortilla Strips

Kettle Brand

- Baked Potato Chips, Aged White Cheddar 4 oz
- Baked Potato Chips, Hickory Honey BBQ 4 oz
- Baked Potato Chips, Lightly Salted 4 oz
- Krinkle Cut Potato Chips, Lightly Salted 14 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 2 oz
- Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 5 oz
- Potato Chips, Backyard Barbeque 5 oz
- Potato Chips, Honey Dijon 5 oz
- Potato Chips, Jalapeno 2 oz
- Potato Chips, Jalapeno 5 oz
- Potato Chips, Lightly Salted 5 oz
- Potato Chips, New York Cheddar w/ Herbs 5 oz
- Potato Chips, Organic Chipotle Chili BBQ 5 oz
- Potato Chips, Organic Lightly Salted 5 oz
- Potato Chips, Organic Sea Salt & Black Pepper 5 oz
- Potato Chips, Sea Salt & Vinegar 2 oz
- Potato Chips, Sea Salt & Vinegar 5 oz
- Potato Chips, Sour Cream, Onion & Chive 5 oz
- Potato Chips, Spicy Thai 5 oz
- Potato Chips, Unsalted 5 oz

Late July

- Late July Dude Ranch Multigrain
- Late July Mild Green Mojo
- Late July Multigrain Sea Salt
- Late July Sweet Potato

Lundberg Family Farms

- Apple Cinnamon Rice Cakes
- Brown Rice Cakes

Chips/Pretzels/Snacks (Cont'd)

Lundberg Family Farms

- Honey Nut Rice Cakes
- Organic Brown Rice Cakes
- Organic Caramel Corn Rice Cakes
- Organic Cinnamon Toast Rice Cake
- Organic Koku Seaweed Rice Cakes
- Organic Mochi Sweet Rice Cakes
- Organic Popcorn Rice Cakes
- Organic Sea Salt Rice Chips
- Organic Sesame Tamari Rice Cakes
- Organic Tamari Seaweed Rice Cakes
- Organic Unsalted Brown Rice Cakes
- Organic Wild Rice Cakes
- Pico de Gallo Rice Chips
- Sesame Seaweed Rice Chips
- Unsalted Brown Rice Cakes

Pirate Brands

- Pirate's Booty Aged White Cheddar
- Pirate's Booty Sour Cream and Onion
- Pirate's Booty Veggie
- Smart Puffs Real Wisconsin Cheddar

Condiments

Eden

- Tamari Soy Sauce, Naturally Brewed 10 oz

Follow Your Heart

- Organic Creamy Miso Ginger Dressing
- Vegenaise, High Omega-3 w/ Expeller-Pressed Canola Oil
- Vegenaise, Original

Organicville

- Organic Chili Sauce
- Organic Dijon Mustard
- Organic Dressing, French
- Organic Dressing, Herbs de Provence Vinaigrette
- Organic Dressing, Non Dairy Ranch
- Organic Dressing, Olive Oil & Balsamic Vinaigrette
- Organic Dressing, Pomegranate Vinaigrette
- Organic Dressing, Sundried Tomato & Garlic Vinaigrette

Condiments (Cont'd)

Organicville

- Organic Ketchup
- Organic Non-Dairy Caesar Dressing
- Organic Non-Dairy Coleslaw Dressing
- Organic Non-Dairy Thousand Island Dressing
- Organic Stone Ground Mustard
- Organic Sweet Relish with Agave Nectar
- Organic Yellow Mustard

San-J

- Szechuan Hot & Spicy Marinade/Stir Fry Sauce
- Gluten Free
- Teriyaki Sauce

San-J

- Sweet and Sour Sauce

Cookies and Snack Bars

Enjoy Life

- Cocoa Loco Snack Bars
- Snickerdoodle Cookie Pack
- Soft Baked Snickerdoodle Cookies
- Very Berry Snack Bars

EnviroKidz

- Panda Organic Crispy Rice Bars, Peanut Butter

Glutino

- Breakfast Bars, Blueberry
- Lemon Wafers

Hail Merry

- Blonde Macaroons

Ian's Natural Foods

- Chocolate Chip Cookie Buttons, Wheat Free Gluten Free
- Crunchy Cinnamon Cookie Buttons, Wheat Free Gluten Free

Jennie's

- Coconut Macaroons

Kinnikinnick

- KinniTOOS Chocolate Sandwich Creme Cookies

Cookies and Snack Bars (Cont'd)

Let's Do...

Gluten Free Ice Cream Cones

Mi-Del

Chocolate Chip Cookies

Ginger Snaps

Pamela's Products

Butter Shortbread Cookies

Chocolate Chip Walnut Cookies

Chunky Chocolate Chip Cookies

Ginger Cookies with Sliced Almonds

Pecan Shortbread Cookies

Simplebites Chocolate Chip Mini Cookies

Simplebites Extreme Chocolate Mini Cookies

Simplebites Ginger Mini Snapz

Udi's

GF Chocolate Chip Cookies

GF Oatmeal Raisin Cookies

GF Snickerdoodle Cookies

WFM Gluten Free Bakehouse

Chocolate Chip Cookies

Crackers

Crunchmaster

Multi-Seed Crackers, Original

Multi-Seed Crackers, Roasted Garlic

Multi-Seed Crackers, Rosemary & Olive Oil

Edward & Sons

Brown Rice Snaps, Onion Garlic

Brown Rice Snaps, Tamari Seaweed

Brown Rice Snaps, Tamari Sesame

Brown Rice Snaps, Unsalted Sesame

Organic Brown Rice Snaps, Black Sesame

Organic Brown Rice Snaps, Cheddar

Organic Brown Rice Snaps, Toasted Onion

Organic Brown Rice Snaps, Unsalted Plain

Organic Brown Rice Snaps, Vegetable

Glutino

Crackers, Multigrain

Crackers, Original

Crackers (Cont'd)

Mary's Gone Crackers

Crackers, Black Pepper

Crackers, Herb

Crackers, Original

Dairy

Brown Cow Yogurt

CT Apricot-Mango FOB

CT Blueberry FOB

CT Cherry-Vanilla FOB

CT Chocolate

CT Coffee

CT Maple

CT Peach FOB

CT Plain

CT Raspberry FOB

CT Strawberry FOB

CT Vanilla

LF Black Cherry FOB

LF Blueberry FOB

LF Peach

LF Strawberry FOB

LF Vanilla

LF Vanilla Bean FOB

Plain Whole Milk Yogurt, 6 oz

Chobani Greek Yogurt

0 % Strawberry Strained Yogurt

0% Black Cherry Strained Yogurt

0% Blueberry Strained Yogurt

0% Honey Strained Yogurt

0% Lemon Strained Yogurt

0% Peach Strained Yogurt

0% Plain Strained Yogurt

0% Pomegranate Strained Yogurt

0% Raspberry Strained Yogurt

0% Strawberry Strained Yogurt

0% Vanilla Strained Yogurt

2% Mango Strained Yogurt

2% Pineapple Strained Yogurt

2% Plain Strained Yogurt

Earth Balance

Buttery Sticks

Organic Whipped Buttery Spread

Dairy (Cont'd)

Earth Balance

Original Buttery Spread
Soy Free Buttery Spread
Soy Garden Buttery Spread

Fage Total

Total 0% 17.6oz (500g)
Total 0% 35.3 oz (1kg)
Total 0% 6oz (170g)
Total 10% 17.6oz (500g)
Total 10% 7oz (200g)
Total 2% 17.6oz (500g)
Total 2% 35.3oz (1kg)
Total 2% 7oz (200g)
Total 2% Blueberry 5.3oz (150g)
Total 2% Cherry 5.3oz (150g)
Total 2% Honey 5.3oz (150g)
Total 2% Peach 5.3oz (150g)
Total 2% Strawberry 5.3oz (150g)
Total Blueberry 5.3oz (150g)
Total Cherry 5.3oz (150g)
Total Honey 5.3oz (150g)

Lifeway Foods

Bio Kefir Blackberry
Bio Kefir Pomegranate Blueberry
Bio Kefir Vanilla
Green Kefir Pomegranate Acai Blueberry
LF Pomegranate Kefir 4 pk
LF Strawberry Kefir 4 pk
Low Fat Blueberry Kefir
Low Fat Peach Kefir
Low Fat Raspberry Kefir
Low Fat Strawberry Kefir
Lowfat Cherry Kefir
Lowfat Plain Kefir
Lowfat Pomegranate Kefir
Lowfat Vanilla Kefir
Organic Lowfat Blueberry Kefir
Organic Lowfat Plain Kefir
Organic Lowfat Strawberry Kefir
Probugs Goo Berry Pie
Probugs Orange Creamy Crawler
Probugs Strawnana Split
Probuugs Sublime Slime Lime

Dairy (Cont'd)

Noosa Yoghurt

Noosa Yoghurt - Blueberry
Noosa Yoghurt - Honey
Noosa Yoghurt - Mango
Noosa Yoghurt - Raspberry
Noosa Yoghurt - Strawberry & Rhubarb

Stonyfield Organic Yogurt

0% Fat Black Cherry
0% Fat Blueberry FOB
0% Fat Chocolate Underground FOB
0% Fat French Vanilla
0% Fat Key Lime
0% Fat Lotsa Lemon
0% Fat Peach
0% Fat Plain
0% Fat Pom Raspberry Acai FOB
0% Fat Pomegranate Berry
0% Fat Strawberry FOB
0% Fat French Vanilla
Fat Free French Vanilla
Fat Free Strawberry
Low Fat BaNilla
Low Fat Blueberry FOB
Low Fat French Vanilla
Low Fat Honey Mango
Low Fat Just Peachy FOB
Low Fat Plain
Low Fat Raspberry
Low Fat Strawberry
Low Fat Strawberry FOB
Oikos: 0% Fat Blueberry FOB
Oikos: 0% Fat Honey FOB
Oikos: 0% Fat Peach Mango FOB
Oikos: 0% Fat Plain
Oikos: 0% Fat Strawberry FOB
Oikos: 0% Fat Super Fruits FOB
Oikos: 0% Fat Vanilla
Oikos: 0% Honey Fig
Oikos: 0% Fat Caramel 4oz FOB
Oikos: 0% Fat Chocolate 4oz FOB
Oikos: 0% Fat Plain 4oz
Oikos: 0% Fat Strawberry 4oz FOB
Oikos: 0% Fat Vanilla 4oz
Peach Super Smoothie

Dairy (Cont'd)

Stonyfield Organic Yogurt

- Peach Super Smoothies 6oz
- Raspberry Super Smoothie
- Strawberry Banana Super Smoothie
- Strawberry Banana Super Smoothies 6oz
- Strawberry Super Smoothie
- Vanilla Super Smoothie
- Whole Milk French Vanilla
- Whole Milk Plain
- Whole Milk Strawberries & Cream FOB
- Wild Berry Super Smoothie
- YoKids: Blueberry Straw/Van
- YoKids: Strawberry Ban/Straw

Dairy Alternatives

BLUE DIAMOND

- ALMOND BREEZE CHOCOLATE
- ALMOND BREEZE ORIGINAL
- ALMOND BREEZE UNSWEETENED CHOCOLATE
- ALMOND BREEZE UNSWEETENED ORIGINAL
- ALMOND BREEZE UNSWEETENED VANILLA
- ALMOND BREEZE VANILLA

Blue Diamond

- Almond Breeze, Original
- Almond Breeze, Unsweetened Vanilla
- Almond Breeze, Vanilla

Daiya Foods

- Cheddar Style Shreds
- Mozzarella Style Shreds
- Pepperjack Style Shreds

Follow Your Heart

- Vegan Gourmet Cheddar
- Vegan Gourmet Monterey Jack
- Vegan Gourmet Mozzarella Cheese

So Delicious

- Chocolate Cultured Coconut Milk Yogurt
- French Vanilla Coconut Milk Creamer
- Hazelnut Coconut Milk Creamer
- Original (Plain) Coconut Milk Beverage
- Original (Plain) Coconut Milk Creamer
- Original (Plain) Coconut Milk Kefir
- Pina Colada Cultured Coconut Milk Yogurt

Dairy Alternatives (Cont'd)

So Delicious

- Strawberry Coconut Milk Kefir
- Strawberry Cultured Coconut Milk Yogurt
- Unsweetened Coconut Milk Beverage
- Vanilla Coconut Milk Beverage
- Vanilla Coconut Milk Kefir

Stonyfield Organic Yogurt

- Strawberry/Peach O'Soy

WestSoy

- Plus Soy Beverage, Plain 64 oz
- Soy Beverage, Unsweetened Chocolate 32 oz

truwhip

- All Natural Frozen Whip Topping

Deli Style Meats and Cheeses

Applegate Farms

- Organic Sliced Oven Roasted Chicken
- Sliced Authentic Prosciutto
- Sliced Black Forest Ham
- Sliced Genoa Salami
- Sliced Honey Maple Turkey
- Sliced Organic Herb Turkey
- Sliced Organic Roast Beef
- Sliced Organic Smoked Turkey
- Sliced Organic Uncured Ham
- Sliced Oven Roasted Sliced Turkey
- Sliced Smoked Turkey

Dental Care Products

Kiss My Face

- Anticavity Toothpaste 3.4 oz

Tom's of Maine

- Unflavored Round Floss

Deodorant

Kiss My Face

- Liquid Rock Fragrance Free Deodorant 3 oz
- Liquid Rock Patchouli Deodorant 3 oz

Desserts

French Meadow Bakery

Gluten Free Fudge Brownie

Glutino

Chocolate Glazed Donuts

Original Glazed Donuts

Hail Merry

Chocolate Mint Tart

Chocolate Tart

truwhip

All Natural Frozen Whip Topping

Energy and Nutrition Bars/Drinks

Attune

Dark Chocolate Chocolate Wellness Bar

Attune Probiotic Bars

Chocolate Crisp Bar - individual

Dark Chocolate Bars - individual bars

Bumble Bar

Original with Almond

Original with Peanut

Function Drinks

98886-00100

Alternative Energy Acai Grape

Alternative Energy Strawberry Guava

Alternative Energy Tropical Citrus

Urban Detox Goji Berry

Urban Detox Pom Cherry

Zing Bars

Almond Blueberry

Chocolate Coconut

Chocolate Peanut Butter

Cranberry Orange

Oatmeal Chocolate Chip

Peanut Butter Chocolate Chip

Entrees and Mixes

Arrowhead Mills

Gluten Free All Purpose Baking Mix

Lundberg Family Farms

Butternut Squash Risotto

Garlic Primavera Risotto

Entrees and Mixes (Cont'd)

Lundberg Family Farms

Italian Herb Risotto

Namaste

Pizza Crust Mix

Spice Cake Mix

Road's End Organics

Dairy Free Alfredo Style Mac & Chreese

Dairy Free Cheddar Style Penne & Chreese

Tasty Bite

Agra Peas

Aloo Palak

Bombay Potatoes

Channa Masala

Kashmir Spinach

Madras Lentils

Punjab Eggplant

Spinach Dal

Vegetable Korma

Ethnic Foods

Edward & Sons

Brown Rice Snaps, Tamari Seaweed

Brown Rice Snaps, Tamari Sesame

Miso-Cup, Organic Japanese Restaurant Style

Miso-Cup, Organic Reduced Sodium

Miso-Cup, Organic Traditional with Tofu

Miso-Cup, Savory Seaweed

Food For Life

Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

Food Merchants

Organic Polenta, Basil & Garlic

Organic Polenta, Sundried Tomato & Garlic

Organic Polenta, Traditional

Native Forest

Light Coconut Milk

Organic Coconut Milk

Ethnic Foods (Cont'd)

San-J

Sweet and Sour Sauce

Tasty Bite

Agra Peas
Aloo Palak
Bombay Potatoes
Channa Masala
Kashmir Spinach
Madras Lentils
Punjab Eggplant
Spinach Dal
Vegetable Korma

World Foods

Thai Red Curry Paste

Facial Care Products

MyChelle

Fruit Enzyme Cleanser
Fruit Enzyme Mist
Honeydew Cleanser Unscented
Ultra Hyaluronic Hydrating Serum
White Cranberry Cleanser

Pangea Organics

Toner, Argentinian Tangerine & Thyme
Toner, Italian Green Mandarin with Sweet Lime

Frozen Foods

Amy's Kitchen

Asian Noodle Stir-Fry
Black Bean Enchilada Whole Meal
Black Bean Tamale Verde
Black Bean Vegetable Enchilada
Brown Rice, Black-Eyed Peas & Veggies Bowl
Cheese Enchilada
Cheese Enchilada Whole Meal
Cheese Tamale Verde
Enchilada Verde Whole Meal
Garden Vegetable Lasagna
Indian Mattar Paneer
Indian Palak Paneer
Indian Paneer Tikka

Frozen Foods (Cont'd)

Amy's Kitchen

Indian Vegetable Korma
Light & Lean Black Bean & Cheese Enchilada
Light & Lean Soft Taco Fiesta Bowl
Light in Sodium - Black Bean Vegetable Enchilada
Light in Sodium - Brown Rice & Vegetables Bowl
Light in Sodium - Indian Mattar Paneer
Light in Sodium - Mexican Casserole Bowl
Mexican Casserole Bowl
Mexican Tofu Scramble
Non-Dairy Rice Macaroni & Cheese
Rice Mac & Cheese
Sonoma Veggie Burger
Teriyaki Bowl
Thai Stir-Fry
Tofu Scramble
Tortilla Casserole & Black Beans Bowl

Applegate Farms

Maple Breakfast Sausage

Caesar's

Cheese Lasagna, Gluten-Free Wheat-Free
Stuffed Shells, Gluten-Free Wheat-Free
Vegetable Lasagna, Gluten-Free Wheat-Free

EVOL Foods

Bean & Cheese Enchilada Bowl
Chicken Enchilada Bowl
Fire Grilled Steak Bowl
Teriyaki Chicken Bowl

French Meadow Bakery

Gluten Free Chocolate Chip Cookie Dough
Gluten Free Fudge Brownie

Julie's Organic Ice Cream

Glutenfreeda's Organic Gluten Free Vanilla Ice Cream Sandwich

Kinnikinnick

Chocolate Dipped Donuts
Vanilla Glazed Donuts

Frozen Foods (Cont'd)

Nature's Path

- Organic Buckwheat Wildberry Waffles
- Organic Homestyle Waffles
- Organic Mesa Sunrise Waffles

Purely Decadent

- Chocolate Obsession Non-Dairy Frozen Dessert
- Pomegranate Chip Non-Dairy Frozen Dessert
- Turtle Trails Non-Dairy Frozen Dessert

Saffron Road

- Chicken Biryani
- Chicken Tikka Masala with Basmati Rice
- Lamb Saag with Basmati Rice
- Lamb Vindaloo with Basmati Rice

Van's

- Wheat Free Blueberry Waffles
- Wheat Free Flax Waffles
- Wheat Free Homestyle Waffles

Grains and Rice

Hodgson Mill

- Milled Flax Seed

Lundberg Family Farms

- Butternut Squash Risotto
- Italian Herb Risotto

Hair Care Products

365 Every Day Value™

- Conditioner Fragrance Free
- Conditioner Herbal Mint
- Conditioner Lavender Blend
- Shampoo for Dry and Normal Herbal Mint
- Shampoo for Dry and Normal Lavender Blend
- Shampoo for Normal and Oily Fragrance Free
- Shampoo for Normal and Oily Herbal Mint
- Shampoo for Normal and Oily Lavender Blend

Hand & Body Lotions

365 Every Day Value™

- Body Lotion Fragrance Free
- Body Lotion Herbal Mint

Hugo Naturals

- French Lavender All Over Lotion

Kiss My Face

- Honey & Calendula Moisturizer 16 oz
- Honey & Calendula Moisturizer 4 oz
- Vitamin A&E Moisturizer 16 oz
- Vitamin A&E Moisturizer 4 oz

Hand & Body Washes

365 Every Day Value™

- Conditioner Fragrance Free
- Shower Gel Fragrance Free
- Shower Gel Herbal Mint
- Shower Gel Lavender Blend

Hugo Naturals

- French Lavender Shower Gel
- Shea Butter & Oatmeal Shower Gel

Kiss My Face

- Almond Liquid Moisture Soap 9 oz
- Anti-Stress Shower Gel 16 oz
- Cold & Flu Shower Gel 16 oz
- Orange Blossom Liquid Moisture Soap oz

Pangea Organics

- Shower Gel, Italian White Sage with Geranium & Yarrow
- Shower Gel, Pyrenees Lavender with Cardamom

Jams and Nut Butters

Arrowhead Mills

- Organic Creamy Peanut Butter, 16 oz
- Organic Creamy Peanut Butter, 26 oz

Barney Butter

- Barney Butter Crunchy - 10 oz / 6 pk
- Barney Butter Smooth - 10 oz / 6 pk

Earth Balance

- Creamy Natural Almond Butter

Jams and Nut Butters (Cont'd)

Justin's

Chocolate Almond Butter 1.15 oz Squeeze Packs
Chocolate Almond Butter Jars
Chocolate Hazelnut Butter 1.15 oz Squeeze Packs
Chocolate Hazelnut Jars
Chocolate Peanut Butter 1.15 oz Squeeze Packs
Chocolate Peanut Butter Jars
Classic Almond Butter 1.15 oz Squeeze Packs
Classic Almond Butter Jars
Dark Chocolate Peanut Butter Cups
Honey Almond Butter 1.15 oz Squeeze Packs
Honey Almond Butter Jars
Honey Peanut Butter 1.15 oz Squeeze Packs
Maple Almond Butter 1.15 oz Squeeze Packs
Maple Almond Butter Jars
Milk Chocolate Peanut Butter Cups

Lip Balms

Hugo Naturals

Vanilla & Sweet Orange Lip Balm

Kiss My Face

Ginger Mango Lip Balm w / SPF 15 .15 oz
Strawberry Lip Balm w / SPF 15 .15 oz
Treatmint Lip Balm w / SPF 15 .15 oz
Vanilla Honey Lip Balm w / SPF 15 .15 oz

Pangea Organics

Lip Balm, Egyptian Fennel with Grapefruit & Sweet Orange
Lip Balm, Pyrenees Lavender with Cardamom

Meat Alternatives

WestSoy

Extra Firm Tofu, Tidal Wave 14 oz
Firm Tofu, Water-Pack 14 oz

Meat and Poultry

Applegate Farms

Chicken Apple Breakfast Sausage
Chicken Hot Dogs
Maple Breakfast Sausage
Organic Hot Dogs
Organic Sliced Sunday Bacon
Organic Turkey Hot Dogs
Sliced Turkey Bacon

Nutritional Supplements

Amazing Grass

Amazing Meal Original
Green SuperFood Berry
Green SuperFood Original
Wheat Grass Tablets

BioChem

100% Whey Protein Chocolate Fudge
100% Whey Protein Chocolate Fudge 1.9lb
100% Whey Protein Natural Flavor
100% Whey Protein Natural Flavor
100% Whey Protein Vanilla 1.9lb
100% Whey Protein Vanilla 13.9oz
Vegan Protein Powder 12 serving Vanilla

Country Life

Buffered C 1000mg w/Rose Hips 100ct
Buffered C 1000mg w/Rose Hips 250ct
Acidophilus with Pectin Capsules, 100 ct
Acidophilus with Pectin Capsules, 250 ct
Charcoal Capsules 40 ct
Chewable Multivitamin 60ct
CoQ10 100mg - 30 capsules
Coenzyme B Complex 120ct
Coenzyme B Complex 60ct
DHEA 25mg Capsules, 30 ct
DHEA 25mg Capsules, 90 ct
Daily Fiber X capsule 90ct
L-Lysine 1000mg Tablets with B-6, 100 ct
L-Tyrosine 500mg Capsules with B-6, 100 ct
Maxi Hair 60ct
Maxi Hair 90ct
Melatonin 3mg Tablets, 30 ct
Men's DAily Nutrition 120ct
Nature's Garlic Softgels 90ct
Omega-3 Fish Oils 1000mg 100ct

Nutritional Supplements (Cont'd)

Country Life

Omega-3 Mood 90ct Softgels
Papaya Chewable 25mg 500ct
Sharp Thought 30ct
Super Potency Biotin 5mg 120ct
Super Potency Biotin 5mg 60ct
Target-Mins Calcium-Magnesium Complex Tablets, 180 ct
Target-Mins Calcium-Magnesium-Veg Capsules, 120 ct
Target-Mins Calcium-Magnesium-Zinc Tablets, 180 ct
Target-Mins Magnesium Capsules, 60 ct
Ultra Omega 3-6-9 90ct softgel
Vitamin D3 2500 IU 200ct
Vitamin D3 2500 IU 60ct
Vitamin D3 5000 IU 200ct Softgels
Women's Daily Nutrition 60ct
Your Daily Nutrition 30ct

Country Life

Omega-3 Fish Oils 1000mg 200ct

Garden of Life

Diet 360

Nature's Way Alive!

Alive!® (no iron added) / 90 Vcaps®
Alive!® / 90 Tb
Alive!® Rice/Pea Shake Vanilla / 2.2 lbs
Alive!® Soy Shake Vanilla / 1.3 lbs

Nature's Way Primadophilus

Primadophilus® Optima / 30 Vcaps®
Primadophilus® Reuteri / 30 Vcaps®
Primadophilus® for Children / 5 oz Pwdr
Primadophilus® for Kids Cherry / 30 Chw

Nature's Way Sambucus

Sambucus Immune Syrup / 4 oz
Sambucus Lozenge / 30
Sambucus Sugar-Free Syrup / 8 oz
Sambucus Syrup / 4 oz
Sambucus Syrup / 8 oz
Sambucus for Kids / 4 oz
Sambucus for Kids / 8 oz

Nutritional Supplements (Cont'd)

Nature's Way Thisilyn

Thisilyn® Daily Cleanse / 90 Vcaps®

Nature's Way Umcka

Umcka ColdCare® Alcohol Free Liquid / 1 oz
Umcka ColdCare® Cherry Syrup / 4 oz
Umcka ColdCare® Lemon Hot Drink / 10 pkts/bx
Umcka ColdCare® Original Liquid / 1 oz
Umcka ColdCare® Original Liquid / 2 oz
Umcka ColdCare® Sugar-Free Grape Syrup / 4 oz
Umcka® Cold+Flu Berry Syrup / 4 oz.
Umcka® Cold+Flu Orange Chewable / 20 Chw

Rainbow Light

CALCIUM CITRATE MINI TABS 120
CERTIFIED ORGANIC PRENATAL MULTI 120
COMPLETE B-COMPLEX 90
COMPLETE PRENATAL SYSTEM 180
CONGEST-AWAY 60
EVERYDAY CALCIUM WITH ENZYMES 120
FOOD-BASED CALCIUM 180
JUST ONCE MULTIVITAMIN 30
MEN'S ONE MULTIVITAMIN 150
MEN'S ONE MULTIVITAMIN 30
PAIN - EZE 30
PRENATAL ONE MULTIVITAMIN 150
PRENATAL ONE MULTIVITAMIN 90
PROTEIN ENERGIZER CHOCOLATE
VITAMIN D 1,000 IU GUMMIES 100
VITAMIN D 1,000 IU GUMMIES 50
WOMEN'S ONE MULTIVITAMIN 150

VEGA

Berry Small
Natural Large
Natural Small
Vanilla Chai Large

Vitality

LIQUID B12 Drops 1000 mcg/ml Liquid Sublingual

Nuts/Seeds/Dried Fruits

Enjoy Life

Not Nuts! Mountain Mambo Trail Mix

Pasta

Jovial Foods

Brown Rice Capellini
Brown Rice Caserecce
Brown Rice Spaghetti

Pasta Sauce

Organicville

Organic Marinara Pasta Sauce
Organic Tomato Basil Pasta Sauce

Personal Care

Kiss My Face

Triple Action Toothpaste 3.4 oz
Whitening Toothpaste 3.4 oz

Natracare

Breathable Panty Liners - 30 CT
Curved Panty Liners - 30 CT
ORGANIC Regular Applicator Tampons - 16 CT
ORGANIC Regular Non-Applicator Tampons - 20 CT
ORGANIC Super Applicator Tampons - 16 CT
ORGANIC Super Non-Applicator Tampons - 20 CT
ORGANIC Super Plus Non-Applicator Tampons - 20 CT
Tanga Panty Liners - 30 CT
Ultra w/ Wings - Regular Pad - 14 CT

Tom's of Maine

Apricot Long Lasting Stick Deodorant
Honeysuckle Rose Stick Deodorant
Lavender Long Lasting Stick Deodorant
Lemongrass Long Lasting Stick Deodorant
Peppermint Antiplaque Tartar Control Plus Whitening Toothpaste
Unscented Long Lasting Roll-on Deodorant
Unscented Long Lasting Stick Deodorant
Unscented Stick Deodorant
Wintermint Sensitive Toothpaste
Woodspice Stick Deodorant

Prepared Foods

Food Merchants

Organic Polenta, Basil & Garlic
Organic Polenta, Sundried Tomato & Garlic
Organic Polenta, Traditional

Sauces/Salsas/Dips

Amy's Kitchen

Black Bean & Corn Salsa
Family Marinara Pasta Sauce
Light in Sodium - Tomato Basil Pasta Sauce
Medium Salsa

Simply Organic

Alfredo Sauce Mix, Cert. Org.
Brown Gravy Mix Cert. Org.
Creamy Dill Dip Mix, Cert. Org.
French Onion Dip Mix, Cert. Org.
Garlic Vinaigrette Salad Dressing Mix, Cert. Org.
Guacamole Dip Mix, Cert. Org.
Italian Salad Dressing Mix, Cert. Org.
Mushroom Sauce Mix Cert. Org.
Ranch Dip Mix, Cert. Org.
Roasted Turkey Gravy Mix Cert. Org.
Sweet Basil Pesto Mix Cert. Org.

Shaving Aids

Kiss My Face

Cool Mint Moisture Shave 11 oz
Lavender & Shea Moisture Shave 11 oz

Soups

Amy's Kitchen

Black Bean Vegetable Soup
Chunky Tomato Bisque
Chunky Vegetable Soup
Cream of Tomato Soup
Curried Lentil Soup
Fire Roasted Southwestern Vegetable Soup
Golden Lentil Soup
Hearty Spanish Rice & Red Bean Soup
Lentil Soup
Lentil Vegetable Soup
Light in Sodium - Chunky Tomato Bisque

Soups (Cont'd)

Amy's Kitchen

- Light in Sodium - Cream of Tomato Soup
- Light in Sodium - Lentil Soup
- Light in Sodium - Lentil Vegetable Soup
- Light in Sodium - Split Pea Soup
- Split Pea Soup
- Tuscan Bean & Rice Soup

Dr. McDougall's Right Foods

- RTS Black Bean Soup
- RTS Chunky Tomato Soup
- RTS Lentil Soup
- RTS Light Sodium Garden Vegetable Soup
- RTS Light Sodium Lentil Soup
- RTS Split Pea Soup

Edward & Sons

- Miso-Cup, Organic Japanese Restaurant Style
- Miso-Cup, Organic Reduced Sodium
- Miso-Cup, Organic Traditional with Tofu
- Miso-Cup, Savory Seaweed

Spices and Seasonings

Simply Organic

- Fish Taco Seasoning, Cert. Org.
- Southwest Taco Seasoning, Cert. Org.

World Foods

- Thai Red Curry Paste

Sun Protection

MyChelle

- Sun Shield

Sweeteners

Lundberg Family Farms

- Brown Rice Syrup
- Organic Brown Rice Syrup