

# Gluten Free

SPECIAL DIETS SERIES

CELEBRATING  
YOUR  
CHOICES



## New Center Point Store, Rocky Mountain Region

Whole Foods Market is excited to bring you Celebrating Your Choices, a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product.

### Baby & Child Products

#### California Baby

Calendula Diaper Cream

### Baked Goods

#### Kinnikinnick

Chocolate Chip Muffins  
Chocolate Dipped Donuts  
Cinnamon Sugar Donuts  
Vanilla Glazed Donuts

#### Mary's Gone Crackers love Cookies

Ginger Snaps love Cookies

#### Udi's

GF Blueberry Muffins  
GF Double Chocolate Muffins  
GF Lemon Streusel Muffins

### Baked Goods (Cont'd)

#### WFM Gluten Free Bakehouse

Almond Scones  
Chocolate Chip Cookies  
Chocolate Cupcakes  
Cornbread  
Cream Biscuits  
Nutmeal Raisin Cookies  
Pie Shells  
Prairie Bread  
Sandwich Bread  
Stuffing Cubes  
Vanilla Cupcakes

### Baking Needs

#### Arrowhead Mills

Buckwheat Flour  
Gluten Free All Purpose Baking Mix  
Soy Flour  
White Rice Flour

## **Baking Needs (Cont'd)**

### **Bob's Red Mill**

- Almond Flour
- Arrowroot Starch Flour
- Baking Powder
- Baking Soda
- Brown Rice Flour
- Cornstarch
- Flaxseed Meal
- Garbanzo Bean Flour
- Gluten Free Biscuit & Baking Mix
- Gluten Free Brownie Mix
- Gluten Free Chocolate Cake Mix
- Gluten Free Chocolate Chip Cookie Mix
- Gluten Free Cornbread Mix
- Gluten Free Homemade Wonderful Bread Mix
- Gluten Free Pancake Mix
- Gluten Free Pizza Crust Mix
- Gluten Free Sweet White Sorghum Flour
- GlutenFree Rolled Oats
- Golden Flaxseed Meal
- Organic Flaxseed Meal
- Organic Quinoa Flour
- Potato Flour
- Potato Starch
- Tapioca Flour
- White Rice Flour
- Xanthan Gum

### **Cherrybrook Kitchen Gluten Free Dreams**

- Ready To Spread Vanilla Frosting

### **Earth Balance**

- Shortening

### **Ener-G**

- Egg Replacement
- Potato Flour

### **Enjoy Life**

- Semi-Sweet Chocolate Chips

### **Gluten Free Pantry**

- Chocolate Chip Cookie & Cake Mix
- Decadent Chocolate Cake Mix
- Favorite Sandwich Bread Mix
- French Bread & Pizza Mix
- Muffins & Scone Mix

## **Baking Needs (Cont'd)**

### **Gluten Free Pantry**

- Perfect Pie Crust Mix
- Yankee Cornbread & Muffin Mix

### **Hain**

- Baking Powder

### **Hodgson Mill**

- Active Dry Yeast

### **King Arthur Flour**

- Gluten Free Bread Mix
- Gluten Free Chocolate Cake Mix
- Gluten Free Cookie Mix
- Gluten Free Muffin Mix
- Gluten Free Multi-Purpose Flour

### **Let's Do...**

- Carnival Sprinkelz
- Confetti Sprinkelz

### **Let's Do... Organic**

- Organic Coconut Flakes
- Organic Reduced Fat Shredded Coconut
- Organic Shredded Coconut

### **Namaste**

- Brownie Mix
- Pizza Crust Mix
- Spice Cake Mix
- Sugar-Free Muffin Mix
- Waffle & Pancake Mix

### **Pamela's Products**

- Baking & Pancake Mix
- Baking & Pancake Mix, 4 lb
- Chocolate Chunk Cookie Mix
- Cornbread & Muffin Mix
- Gluten-Free Bread Mix
- Gluten-Free Bread Mix & Flour Blend

### **Simply Organic**

- Cocoa Brownie Mix, Cert. Org.

### **WFM Gluten Free Bakehouse**

- Pie Shells

## Bar Soap

### Hugo Naturals

- Spearmint Bar Soap
- Vanilla & Sweet Orange Bar Soap

### Kiss My Face

- Pure Olive Oil Bar Soap 4 oz
- Pure Olive Oil Bar Soap 8 oz

## Bath Salts/Sugars/Scrubs

### Hugo Naturals

- French Lavender Effervescent Bath Salts

## Beverages

### So Delicious

- Original (Plain) Coconut Milk Beverage
- Original (Plain) Coconut Milk Kefir
- Unsweetened Coconut Milk Beverage
- Vanilla Coconut Milk Beverage

## Bread

### Canyon Bakehouse

- 7-Grain Gluten Free Bread
- Cinnamon Raisin Gluten Free Bread
- Mountain White Gluten Free Bread
- Rosemary & Thyme Gluten Free Foccacia

### Ener-G

- Light Brown Rice Loaf
- Light Tapioca Loaf
- Tapioca Hamburger Buns
- White Rice Loaf

### Food For Life

- Brown Rice Bread, Wheat & Gluten Free
- Millet Bread, Wheat & Gluten Free
- Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### French Meadow Bakery

- Gluten Free Tortillas, 7"

### Glutino

- Bagels, Plain
- Bread Crumbs

## Bread (Cont'd)

### Kinnikinnick

- Candadi Yeast Free Multigrain Rice Bread
- Personal Size Pizza Crusts
- Robins Honey Brown Rice Bread
- Sunflower Flax Rice Bread

### Udi's

- GF Cinnamon Raisin Bagels
- GF Cinnamon Raisin Bread
- GF Classic Hamburger Buns
- GF Classic Hot Dog Buns
- GF Millet-Chia Bread
- GF Pizza Crusts 9"
- GF Plain Bagels
- GF White Sandwich Bread
- GF Whole Grain Bagels
- GF Whole Grain Bread
- GF Whole Grain Hamburger Buns

### WFM Gluten Free Bakehouse

- Cornbread
- Cream Biscuits
- Prairie Bread
- Sandwich Bread

## Candy and Chocolate

### Dagoba

- ECLIPSE 87% Extra bittersweet

### Endangered Species Chocolate

- Dark Chocolate with Blueberries - Sea Turtle
- Dark Chocolate with Deep Forest Mint
- Dark Chocolate with Espresso Beans - Tiger
- Dark Chocolate with Hazelnut Toffee - Rhino

### Enjoy Life

- Boom Choco Boom Dairy-Free Rice Milk Chocolate Bar
- Boom Choco Boom Dairy-Free Rice Milk w/ Crispy Rice Chocolate Bar
- Boom Choco Boom Dark Chocolate Bar

## Candy and Chocolate (Cont'd)

### Let's Do...

- Carnival Sprinkelz
- Confetti Sprinkelz

## Canned Goods

### Native Forest

- Organic Baby Corn
- Organic Hearts of Palm
- Organic Mango Chunks
- Organic Pineapple Chunks
- Organic Pineapple Slices

## Canned/Jarred Goods

### Amy's Kitchen

- Light in Sodium - Medium Chili
- Light in Sodium - Refried Black Beans
- Light in Sodium - Spicy Chili
- Light in Sodium - Traditional Refried Beans
- Medium Chili
- Southwestern Black Bean Chili
- Spicy Chili
- Traditional Refried Bean
- Vegetarian Baked Beans

## Cereal

### Ancient Harvest

- Organic Quinoa Flakes 12 oz

### Arrowhead Mills

- Maple Buckwheat Organic Flakes
- Organic Rice & Shine Hot Cereal
- Organic Yellow Corn Grits
- Sweetened Organic Rice Flakes

### Bob's Red Mill

- Brown Rice Farina Creamy Rice Hot Cereal
- Gluten Free Mighty Tasty Hot Cereal
- GlutenFree Rolled Oats

### Enjoy Life

- Cinnamon Crunch Granola
- Cranapple Crunch Granola
- Crunchy Rice Cereal

## Cereal (Cont'd)

### Enjoy Life

- Very Berry Crunch Granola

### EnviroKidz

- Gorilla Munch Organic Cereal
- Koala Crisp Organic Cereal
- Koala Crisp Organic Cereal, 26 oz
- Leapin' Lemurs Peanut Butter & Chocolate Organic Cereal
- Peanut Butter Panda Puffs Organic Cereal
- Peanut Butter Panda Puffs Organic Cereal, 25 oz

### Erewhon

- Cocoa Crispy Brown Rice
- Crispy Brown Rice - Gluten Free
- Rice Twice

### Glutino

- Frosted Sensible Beginnings

### Nature's Path

- Organic Crispy Rice Cereal
- Organic Fruit Juice Sweetened Corn Flakes
- Organic Honey'd Corn Flakes, 26.4 oz
- Organic Mesa Sunrise Cereal
- Organic Whole O's Cereal

### Udi's

- GF Au Naturel Granola
- GF Cranberry Granola
- GF Original Granola
- GF Vanilla Granola

## Cheese

### Follow Your Heart

- Vegan Gourmet Cheddar
- Vegan Gourmet Sour Cream

## Chips/Pretzels/Snacks

### Blue Diamond

- Almond Nut Thins
- Barbeque Nut Thins
- Cheddar Cheese Nut Thins
- Country Ranch Nut Thins
- Hazelnut Nut Thins

## **Chips/Pretzels/Snacks (Cont'd)**

### **Blue Diamond**

Hint of Sea Salt Nut Thins  
Pecan Nut Thins  
Smokehouse Nut Thins

### **Ener-G**

Sesame Pretzel Rings

### **Food Should Taste Good**

Blue Corn Tortilla Chips  
Cheddar Tortilla Chips  
Hemp Tortilla Chips  
Lime Tortilla Chips  
Sweet Potato Tortilla Chips  
The Works! Tortilla Chips

### **Food Should Taste Good**

Jalapeno Tortilla Chips  
Olive Tortilla Chips

### **Glutino**

Pretzel Sticks, Family Bag  
Pretzels, Family Bag  
Table Cracker

### **Green Mountain Gringo**

Organic Blue Tortilla Strips  
Organic White Tortilla Strips  
Original Tortilla Strips

### **Kettle Brand**

Baked Potato Chips, Aged White Cheddar 4 oz  
Baked Potato Chips, Hickory Honey BBQ 4 oz  
Baked Potato Chips, Lightly Salted 4 oz  
Baked Potato Chips, Sea Salt & Vinegar 4 oz  
Krinkle Cut Potato Chips, Classic BBQ 14 oz  
Krinkle Cut Potato Chips, Lightly Salted 14 oz  
Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz  
Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 5 oz  
Potato Chips, Backyard Barbeque 5 oz  
Potato Chips, Honey Dijon 5 oz

## **Chips/Pretzels/Snacks (Cont'd)**

### **Kettle Brand**

Potato Chips, Organic Chipotle Chili BBQ 5 oz  
Potato Chips, Organic Lightly Salted 5 oz  
Potato Chips, Organic Sea Salt & Black Pepper 5 oz  
Potato Chips, Sea Salt & Vinegar 5 oz  
Potato Chips, Sour Cream, Onion & Chive 5 oz  
Potato Chips, Spicy Thai 5 oz  
Potato Chips, Unsalted 5 oz

### **Late July**

Late July Multigrain Sea Salt  
Late July Summertime Blues  
Late July Sweet Potato

### **Lundberg Family Farms**

Apple Cinnamon Rice Cakes  
Brown Rice Cakes  
Honey Nut Rice Cakes  
Organic Brown Rice Cakes  
Organic Cinnamon Toast Rice Cake  
Organic Koku Seaweed Rice Cakes  
Organic Mochi Sweet Rice Cakes  
Organic Popcorn Rice Cakes  
Organic Sea Salt Rice Chips  
Organic Sesame Tamari Rice Cakes  
Organic Tamari Seaweed Rice Cakes  
Organic Unsalted Brown Rice Cakes  
Organic Wild Rice Cakes  
Pico de Gallo Rice Chips  
Sante Fe BBQ Rice Chips  
Sesame Seaweed Rice Chips  
Unsalted Brown Rice Cakes

### **Lundberg Farms**

Fiesta Lime Rice Chips

### **Mary's Gone Crackers**

Sticks & Twigs, Tomato Chipotle

### **Pirate Brands**

Pirate's Booty Aged White Cheddar  
Pirate's Booty Bannrrrbeque  
Pirate's Booty Chocolate  
Pirate's Booty Sour Cream and Onion  
Smart Puffs Real Wisconsin Cheddar

## **Chips/Pretzels/Snacks (Cont'd)**

### **Real Foods**

Wholegrain Rice Thins

### **Condiments**

#### **Eden**

Tamari Soy Sauce, Naturally Brewed 10 oz

Tamari Soy Sauce, Naturally Brewed 20 oz

#### **Follow Your Heart**

Caesar Dressing

Organic Italian Vinaigrette Dressing

Vegenaise, Original

#### **Organicville**

Non-Dairy Mayo

Organic Chili Sauce

Organic Dijon Mustard

Organic Dressing, French

Organic Dressing, Herbs de Provence Vinaigrette

Organic Dressing, Non Dairy Ranch

Organic Dressing, Olive Oil & Balsamic Vinaigrette

Organic Dressing, Pomegranate Vinaigrette

Organic Dressing, Sundried Tomato & Garlic Vinaigrette

Organic Ketchup

Organic Original BBQ Sauce

Organic Stone Ground Mustard

Organic Tangy BBQ Sauce

#### **San-J**

Szechuan Hot & Spicy Marinade/Stir Fry Sauce

Gluten Free

## **Cookies and Snack Bars**

### **Enjoy Life**

Caramel Apple Snack Bars

Cocoa Loco Snack Bars

Soft Baked No-Oats "Oatmeal" Cookie

Soft Baked Snickerdoodle Cookies

Sunbutter Crunch Snack Bars

Very Berry Snack Bars

## **Cookies and Snack Bars (Cont'd)**

### **EnviroKidz**

Cheetah Organic Crispy Rice Bars, Berry

Koala Organic Crispy Rice Bars, Chocolate

Lemur Organic Crispy Rice Bars, Peanut Choco Drizzle

Panda Organic Crispy Rice Bars, Peanut Butter

Penguin Organic Crispy Rice Bars, Fruity Burst

### **Glutino**

Breakfast Bars, Apple

Breakfast Bars, Blueberry

Chocolate Chip Dream Cookies

Chocolate Coated Chocolate Wafers

Chocolate Vanilla Crème Sandwich Dream Cookies

Lemon Wafers

Vanilla Crème Sandwich Dream Cookies

### **Jennie's**

Coconut Macaroons

### **Jovial Foods**

Gluten Free Cookies - Fig Fruit

Gluten Free Cookies - Vanilla Cream

### **Kinnikinnick**

KinniKritters Animal Cookies

KinniTOOS Chocolate Sandwich Creme Cookies

KinniTOOS Vanilla Sandwich Creme Cookies

Montana's Chocolate Chip Cookies

S'moreables Graham Style Crackers

### **Mary's Gone Crackers love Cookies**

Chocolate Chip love Cookies

Double Chocolate love Cookies

Ginger Snaps love Cookies

### **Mi-Del**

Arrowroot Animal Cookies

Chocolate Chip Cookies

Ginger Snaps

### **Pamela's Products**

Chocolate Chip Walnut Cookies

Chunky Chocolate Chip Cookies

Ginger Cookies with Sliced Almonds

Pecan Shortbread Cookies

## Cookies and Snack Bars (Cont'd)

### Pamela's Products

- Simplebites Chocolate Chip Mini Cookies
- Simplebites Extreme Chocolate Mini Cookies
- Simplebites Ginger Mini Snapz

### WFM Gluten Free Bakehouse

- Chocolate Chip Cookies
- Nutmeal Raisin Cookies

## Cosmetics

### Kiss My Face

- Opal Shine .5 oz
- Ruby Shimmer .8 oz

## Crackers

### Crunchmaster

- Multi-Seed Crackers, Original
- Multi-Seed Crackers, Roasted Garlic
- Multi-Seed Crackers, Rosemary & Olive Oil

### Edward & Sons

- Brown Rice Snaps, Tamari Seaweed
- Brown Rice Snaps, Tamari Sesame
- Brown Rice Snaps, Unsalted Sesame
- Organic Brown Rice Snaps, Cheddar
- Organic Brown Rice Snaps, Toasted Onion
- Organic Brown Rice Snaps, Vegetable

### Glutino

- Crackers, Cheddar
- Crackers, Multigrain
- Crackers, Original
- Crackers, Vegetable

### Mary's Gone Crackers

- Crackers, Herb
- Crackers, Original

## Dairy

### Brown Cow Yogurt

- CT Apricot-Mango FOB
- CT Blueberry FOB
- CT Cherry-Vanilla FOB
- CT Chocolate
- CT Coffee

## Dairy (Cont'd)

### Brown Cow Yogurt

- CT Maple
- CT Peach FOB
- CT Plain
- CT Vanilla
- NF Blueberry
- NF Vanilla
- Plain Whole Milk Yogurt, 6 oz

### Chobani Greek Yogurt

- 0 % Strawberry Strained Yogurt
- 0% Black Cherry Strained Yogurt
- 0% Blueberry Strained Yogurt
- 0% Honey Strained Yogurt
- 0% Lemon Strained Yogurt
- 0% Peach Strained Yogurt
- 0% Plain Strained Yogurt
- 0% Pomegranate Strained Yogurt
- 0% Raspberry Strained Yogurt
- 0% Strawberry Strained Yogurt
- 0% Vanilla Strained Yogurt
- 2% Mango Strained Yogurt
- 2% Pineapple Strained Yogurt
- 2% Plain Strained Yogurt
- 2% Strawberry-Banana Strained Yogurt

### Earth Balance

- Buttery Spread with Olive Oil
- Buttery Sticks
- Organic Whipped Buttery Spread
- Original Buttery Spread
- Soy Free Buttery Spread
- Soy Garden Buttery Spread

### Fage Total

- Total 0% 17.6oz (500g)
- Total 0% 35.3 oz (1kg)
- Total 0% 6oz (170g)
- Total 0% Honey 5.3oz (150g)
- Total 0% Strawberry Goji 5.3oz (150g)
- Total 10% 17.6oz (500g)
- Total 10% 7oz (200g)
- Total 2% 17.6oz (500g)
- Total 2% 35.3oz (1kg)
- Total 2% Blueberry 5.3oz (150g)
- Total 2% Cherry 5.3oz (150g)

## Dairy (Cont'd)

### Fage Total

Total 2% Honey 5.3oz (150g)  
Total 2% Peach 5.3oz (150g)  
Total Blueberry 5.3oz (150g)  
Total Honey 5.3oz (150g)  
Total Strawberry 5.3oz (150g)

### Helios Nutrition

Organic Plain Kefir  
Organic Reduced Fat Raspberry Ke  
Organic Vanilla Kefir

### Lifeway Foods

Bio Kefir Blackberry  
Bio Kefir Vanilla  
Green Kefir Kiwi PassionFruit  
LF Pomegranate Kefir 4 pk  
LF Strawberry Kefir 4 pk  
Low Fat Blueberry Kefir  
Low Fat Peach Kefir  
Low Fat Raspberry Kefir  
Low Fat Strawberry Kefir  
Lowfat Cherry Kefir  
Lowfat Plain Kefir  
Lowfat Pomegranate Kefir  
Lowfat Vanilla Kefir  
Organic Lowfat Blueberry Kefir  
Organic Lowfat Plain Kefir  
Organic Lowfat Pomegranate Acai Kefir  
Organic Lowfat Strawberry Kefir  
Probugs Goo Berry Pie  
Probugs Orange Creamy Crawler  
Probugs Strawnana Split  
Probugs Sublime Slime Lime

### Noosa Yoghurt

Noosa Yoghurt - Blueberry  
Noosa Yoghurt - Honey  
Noosa Yoghurt - Mango  
Noosa Yoghurt - Raspberry  
Noosa Yoghurt - Strawberry & Rhubarb

### Stonyfield Organic Yogurt

0% Fat Chocolate Underground FOB  
0% Fat French Vanilla  
0% Fat Key Lime  
0% Fat Lotsa Lemon

## Dairy (Cont'd)

### Stonyfield Organic Yogurt

0% Fat Plain  
0% Fat Pom Raspberry Acai FOB  
Low Fat BaNilla  
Low Fat French Vanilla  
Low Fat Honey Mango  
Low Fat Strawberry  
Low Fat Strawberry FOB  
Whole Milk French Vanilla  
Whole Milk Plain  
YoBaby Banana  
YoBaby Blueberry  
YoBaby Peach  
YoKids Squeezers Cherry/Berry  
YoKids Squeezers Strawberry  
YoKids: Blueberry Straw/Van  
YoKids: Strawberry Ban/Straw

## Dairy Alternatives

### BLUE DIAMOND

ALMOND BREEZE CHOCOLATE  
ALMOND BREEZE ORIGINAL  
ALMOND BREEZE UNSWEETENED  
CHOCOLATE  
ALMOND BREEZE UNSWEETENED ORIGINAL  
ALMOND BREEZE UNSWEETENED VANILLA  
ALMOND BREEZE VANILLA

### Blue Diamond

Almond Breeze, Original  
Almond Breeze, Unsweetened Vanilla  
Almond Breeze, Vanilla

### Daiya Foods

Cheddar Style Shreds  
Mozzarella Style Shreds  
Pepperjack Style Shreds

### Follow Your Heart

Vegan Gourmet Cheddar  
Vegan Gourmet Sour Cream

### So Delicious

Chocolate Non-Dairy Frozen Coconut Milk Dessert  
French Vanilla Coconut Milk Creamer  
Hazelnut Coconut Milk Creamer

## Dairy Alternatives (Cont'd)

### So Delicious

- Original (Plain) Coconut Milk Beverage
- Original (Plain) Coconut Milk Creamer
- Original (Plain) Coconut Milk Kefir
- Strawberry Cultured Coconut Milk Yogurt
- Unsweetened Coconut Milk Beverage
- Vanilla Coconut Milk Beverage

### WestSoy

- Soy Beverage, Unsweetened Chocolate 32 oz

### truwhip

- All Natural Frozen Whip Topping

## Deli Style Meats and Cheeses

### Applegate Farms

- Organic Sliced Oven Roasted Chicken
- Sliced Authentic Prosciutto
- Sliced Black Forest Ham
- Sliced Genoa Salami
- Sliced Honey Ham
- Sliced Honey Maple Turkey
- Sliced Organic Oven Roasted Turkey
- Sliced Organic Roast Beef
- Sliced Organic Smoked Turkey
- Sliced Oven Roasted Sliced Turkey
- Sliced Slow Cooked Ham
- Sliced Smoked Turkey
- Sliced Turkey Bologna

## Dental Care Products

### Kiss My Face

- Berry Smart Toothpaste Fluoride Free 4 oz

### Tom's of Maine

- Spearmint Flat Floss

## Deodorant

### Hugo Naturals

- Unscented Deodorant

### Kiss My Face

- Liquid Rock Lavender Deodorant 3 oz

## Desserts

### French Meadow Bakery

- Gluten Free Fudge Brownie

### Glutino

- Chocolate Glazed Donuts
- Original Glazed Donuts

### Hail Merry

- Chocolate Tart

### So Delicious

- Chocolate Non-Dairy Frozen Coconut Milk Dessert

### WFM Gluten Free Bakehouse

- Chocolate Cupcakes
- Vanilla Cupcakes

### truwhip

- All Natural Frozen Whip Topping

## Energy and Nutrition Bars/Drinks

### Attune

- Chocolate Crisp Chocolate Wellness Bar
- Mint Chocolate Chocolate Wellness Bar

### Attune Probiotic Bars

- Mint Chocolate Bars - individual

### Bumble Bar

- Chai with Almonds
- Chocolate Crisp
- Original with Almond
- Original with Peanut

### Function Drinks

- Alternative Energy Acai Grape
- Alternative Energy Strawberry Guava
- Alternative Energy Tropical Citrus
- Urban Detox Goji Berry
- Urban Detox Pom Cherry

### Zing Bars

- Chocolate Coconut
- Cranberry Orange

## Entrees and Mixes

### Arrowhead Mills

Gluten Free All Purpose Baking Mix  
Gluten Free Pizza Crust Mix

### Bob's Red Mill

Gluten Free Chocolate Cake Mix  
Gluten Free Chocolate Chip Cookie Mix

### Hodgson Mill

GF Apple Cinnamon Muffin Mix

### Lundberg Family Farms

Italian Herb Risotto  
Organic Alfredo Risotto  
Organic Florentine Risotto  
Organic Tuscan Risotto

### Mrs. Leeper's

Beef Lasagna Dinner  
Chicken Alfredo Dinner  
Creamy Tuna Dinner

### Namaste

Brownie Mix  
Pizza Crust Mix  
Spice Cake Mix  
Sugar-Free Muffin Mix  
Waffle & Pancake Mix

### Orgran

Falafel Mix  
Vegetarian Gravy Mix

### Road's End Organics

Dairy Free Cheddar Style Penne & Cheese

### Tasty Bite

Agra Peas  
Aloo Palak  
Bombay Potatoes  
Channa Masala  
Jaipur Vegetables  
Jodhpur Lentils  
Kashmir Spinach  
Madras Lentils  
Punjab Eggplant  
Spinach Dal  
Vegetable Korma

## Ethnic Foods

### Edward & Sons

Brown Rice Snaps, Tamari Seaweed  
Brown Rice Snaps, Tamari Sesame  
Miso-Cup, Organic Japanese Restaurant Style  
Miso-Cup, Organic Reduced Sodium  
Miso-Cup, Organic Traditional with Tofu  
Miso-Cup, Original Golden Vegetable  
Miso-Cup, Savory Seaweed

### Food For Life

Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Food Merchants

Organic Polenta, Basil & Garlic  
Organic Polenta, Sundried Tomato & Garlic  
Organic Polenta, Traditional

### French Meadow Bakery

Gluten Free Tortillas, 7"

### Native Forest

Organic Coconut Milk

### Organicville

Organic Sesame Teriyaki

### Orgran

Falafel Mix

### Premier Japan

Organic Wheat-Free Hoisin Sauce

### Tasty Bite

Agra Peas  
Aloo Palak  
Bombay Potatoes  
Channa Masala  
Jaipur Vegetables  
Jodhpur Lentils  
Kashmir Spinach  
Madras Lentils  
Punjab Eggplant  
Spinach Dal  
Vegetable Korma

### World Foods

Thai Green Curry Paste  
Thai Red Curry Paste

## Facial Care Products

### MyChelle

- Clear Skin Clarifying Pads
- Fruit Enzyme Scrub
- Honeydew Cleanser Unscented
- The Perfect C Serum
- White Cranberry Cleanser

## Frozen Foods

### Against The Grain

- Pizza, Pesto

### Amy's Kitchen

- Asian Noodle Stir-Fry
- Black Bean Enchilada Whole Meal
- Black Bean Tamale Verde
- Brown Rice & Vegetables Bowl
- Cheese Enchilada Whole Meal
- Cheese Tamale Verde
- Enchilada Verde Whole Meal
- Garden Vegetable Lasagna
- Gluten Free Bean & Cheese Burrito
- Gluten Free Bean & Rice Burrito (Dairy Free)
- Indian Palak Paneer
- Indian Paneer Tikka
- Indian Vegetable Korma
- Light & Lean Black Bean & Cheese Enchilada
- Light & Lean Soft Taco Fiesta Bowl
- Light in Sodium - Brown Rice & Vegetables Bowl
- Light in Sodium - Mexican Casserole Bowl
- Mexican Casserole Bowl
- Non-Dairy Rice Macaroni & Cheese
- Rice Crust Spinach Pizza
- Rice Mac & Cheese
- Santa Fe Enchilada Bowl
- Shepherd's Pie
- Single Serve Non-Dairy Rice Crust Cheese Pizza
- Single Serve Rice Crust Roasted Vegetable Pizza
- Thai Stir-Fry
- Tofu Scramble
- Tortilla Casserole & Black Beans Bowl

## Frozen Foods (Cont'd)

### Applegate Farms

- Maple Breakfast Sausage

### Caesar's

- Stuffed Shells, Gluten-Free Wheat-Free
- Vegetable Lasagna, Gluten-Free Wheat-Free

### EVOL Foods

- Chicken Enchilada Bowl
- Fire Grilled Steak Bowl
- Teriyaki Chicken Bowl

### French Meadow Bakery

- Gluten Free Fudge Brownie

### Gluten Free Cafe

- Asian Noodles
- Lemon Basil Chicken

### Glutino

- Pizza, Spinach Feta

### Ian's Natural Foods

- Alpha Tots
- Ian's Fish Sticks, Allergen Free
- Popcorn Turkey Corn Dogs

### Julie's Organic Ice Cream

- Glutenfreeda's Organic Gluten Free Vanilla Ice Cream Sandwich

### Kettle Cuisine

- Angus Beef Steak Chili with Beans
- Chicken Chili with White Beans
- Chicken Soup with Rice Noodles
- New England Clam Chowder
- Roasted Vegetable Soup

### Kinnikinnick

- Candadi Yeast Free Multigrain Rice Bread
- Chocolate Chip Muffins
- Chocolate Dipped Donuts
- Cinnamon Sugar Donuts
- Homestyle Waffles, Original
- Robins Honey Brown Rice Bread
- Sunflower Flax Rice Bread
- Vanilla Glazed Donuts

## Frozen Foods (Cont'd)

### Nature's Path

Organic Buckwheat Wildberry Waffles  
Organic Homestyle Waffles  
Organic Mesa Sunrise Waffles

### Saffron Road

Chicken Biryani  
Chicken Tikka Masala with Basmati Rice  
Lamb Vindaloo with Basmati Rice

### So Delicious

Chocolate Non-Dairy Frozen Coconut Milk Dessert  
Coconut Almond Bar, Made with Coconut Milk  
Vanilla Bar, Made with Coconut Milk

### Starfish

Crispy Battered Gluten Free Cod  
Crispy Battered Gluten Free Haddock

### Van's

Wheat Free Blueberry Waffles  
Wheat Free Flax Waffles  
Wheat Free French Toast Sticks Cinnamon  
Wheat Free Homestyle Waffles

## Grains and Rice

### Annie Chun's

Rice Express Sticky White Rice

### Hodgson Mill

Milled Flax Seed

### Lundberg Family Farms

Eco-Farmed California Brown Basmati Rice  
Italian Herb Risotto  
Organic Alfredo Risotto  
Organic Long Grain Brown Rice  
Organic Short Grain Brown Rice

## Hair Care Products

### 365 Every Day Value™

Conditioner Fragrance Free  
Conditioner Herbal Mint  
Conditioner Lavender Blend  
Shampoo for Dry and Normal Lavender Blend  
Shampoo for Normal and Oily Herbal Mint

## Hair Care Products (Cont'd)

### 365 Every Day Value™

Shampoo for Normal and Oily Lavender Blend

### Hugo Naturals

Color Protecting Shampoo (Geranium)

### Kiss My Face

Upper Management Styling Gel 8 oz

## Hand & Body Lotions

### 365 Every Day Value™

Body Lotion Fragrance Free  
Body Lotion Herbal Mint  
Body Lotion Lavender Blend

### Hugo Naturals

Lemon Verbena & Bergamot All Over Lotion

### Kiss My Face

Honey & Calendula Moisturizer 16 oz  
Honey & Calendula Moisturizer 4 oz

## Hand & Body Washes

### 365 Every Day Value™

Conditioner Fragrance Free  
Shower Gel Fragrance Free  
Shower Gel Herbal Mint  
Shower Gel Lavender Blend

### Hugo Naturals

Grapefruit Shower Gel  
Vanilla & Sweet Orange Shower Gel

### Kiss My Face

Peaceful Patchouli Shower Gel 16 oz

## Jams and Nut Butters

### Arrowhead Mills

Organic Creamy Peanut Butter, 26 oz

### Barney Butter

Barney Butter Crunchy - 10 oz / 6 pk  
Barney Butter Crunchy - 16 oz / 6 pk  
Barney Butter Smooth - 10 oz / 6 pk  
Barney Butter Smooth - 16 oz / 6 pk

## Jams and Nut Butters (Cont'd)

### Earth Balance

Creamy Natural Almond Butter

### Justin's

Chocolate Almond Butter 1.15 oz Squeeze Packs  
Chocolate Almond Butter Jars  
Chocolate Hazelnut Butter 1.15 oz Squeeze Packs  
Chocolate Hazelnut Jars  
Chocolate Peanut Butter 1.15 oz Squeeze Packs  
Chocolate Peanut Butter Jars  
Classic Almond Butter Jars  
Dark Chocolate Peanut Butter Cups  
Milk Chocolate Peanut Butter Cups

### Maranatha

Roasted Sesame Tahini

## Lip Balms

### Badger

Creamy Cocoa Lip Balm Stick

### Hugo Naturals

Grapefruit Lip Balm  
Vanilla & Sweet Orange Lip Balm

### Kiss My Face

Opal Shine .5 oz  
Ruby Shimmer .8 oz  
Strawberry Lip Balm w / SPF 15 .15 oz

## Meat Alternatives

### WestSoy

Extra Firm Tofu, Tidal Wave 14 oz  
Firm Tofu, Water-Pack 14 oz  
Soft Tofu, Water-Pack 14 oz

## Meat and Poultry

### Applegate Farms

Beef Hot Dogs  
Chicken Apple Breakfast Sausage  
Chicken Hot Dogs  
Maple Breakfast Sausage

## Meat and Poultry (Cont'd)

### Applegate Farms

Turkey Hot Dogs

## Nutritional Supplements

### Amazing Grass

Amazing Meal Original  
Amazing Meal Pomegranate Mango  
Amazing Meal chocolate  
Green SuperFood Berry  
Green SuperFood Chocolate  
Wheat Grass  
Wheat Grass Tablets

### BioChem

100% Greens & Whey Protein Powder Vanilla  
100% Whey Protein Chocolate Fudge  
100% Whey Protein Chocolate Fudge 1.9lb  
100% Whey Protein Natural Flavor  
100% Whey Protein Natural Flavor  
100% Whey Protein Vanilla 1.9lb  
100% Whey Protein Vanilla 13.9oz

### Country Life

Acerola Vitamin C 500mg Chewable 90ct  
Acetyl L-Carnitine 500mg Capsules, 120 ct  
Acetyl L-Carnitine 500mg Capsules, 60 ct  
Acidophilus with Pectin Capsules, 250 ct  
Aller-Max Capsules, 50 ct  
Beta Carotene 25,000 IU 100ct  
Beta Carotene 25,000 IU 50ct  
Betaine Hydrochloride w/Pepsin 100ct  
Betaine Hydrochloride w/Pepsin 250ct  
Cal-Snack Milk-Free Chewables, 60 ct  
Chewable Multivitamin 60ct  
Coenzyme B Complex 120ct  
DHEA 25mg Capsules, 90 ct  
DHEA Complex For Men, 60 ct  
Daily Dophilus - 112 ct  
Daily Fiber X capsule 180ct  
Dolphin Pals DHA for Kids  
Glycemic Factors, 50 ct  
Liquid Multivitamin  
Liquid Target-Mins Calcium-Magnesium Complex, 32 oz  
Max Maxi-Sorb Tablet 120ct

## Nutritional Supplements (Cont'd)

### Country Life

Maxi Baby Liquid Vitamin C 4oz  
Maxi Baby-dophilus Powder, 2 oz  
Maxi Hair 60ct  
Maxi Hair 90ct  
Melatonin 3mg Tablets, 30 ct  
Melatonin 3mg Tablets, 90 ct  
Omega-3 Fish Oils 1000mg 100ct  
Papaya Chewable 25mg 200ct  
Papaya Chewable 25mg 500ct  
Power-dophilus Capsules, 100 ct  
Power-dophilus Capsules, 200 ct  
Pregnenolone 10mg Capsules, 60 ct  
Resveratrol Plus 60ct Capsule  
Rutin 500mg 50ct  
Target-Mins Calcium-Magnesium Complex Tablets, 180 ct  
Target-Mins Calcium-Magnesium-Potassium Tablets, 180 ct  
Target-Mins Calcium-Magnesium-Veg Capsules, 120 ct  
Target-Mins Calcium-Magnesium-Veg Capsules, 240 ct  
Target-Mins Calcium-Magnesium-Zinc Tablets, 180 ct  
Target-Mins Magnesium Capsules, 60 ct  
Target-Mins Total Mins Iron-Free Tablets, 60 ct  
Ultimate Daily Nutrition 60ct  
Vitamin D3 2500 IU 200ct  
Vitamin D3 5000 IU 200ct Softgels  
Vitamin D3 5000 IU 60 Softgels  
Water Factors 60ct  
Your Daily Nutrition 60ct

### Country Life

Omega-3 Fish Oils 1000mg 200ct

### Garden of Life

fucoTHIN

### Iron Tek

Essential Protein Powder Vanilla 2lb

## Nutritional Supplements (Cont'd)

### Nature's Way Alive!

Alive! Liquid Vitamin-30 oz. bottle  
Alive! Whole Food C, 120 Vcaps  
Alive! Whole Food C, Pwd 120 g  
Alive!® / 90 Vcaps®

### Nature's Way Primadophilus

Primadophilus® Bifidus / 90 Vcaps®  
Primadophilus® Junior / 90 Vcaps®  
Primadophilus® Optima / 30 Vcaps®  
Primadophilus® Original / 180 Vcaps®  
Primadophilus® for Children / 5 oz Pwdr  
Primadophilus® for Kids Cherry / 30 Chw  
Primadophilus® for Kids Orange / 30 Chw

### Nature's Way Sambucus

Sambucus Immune Syrup / 4 oz  
Sambucus Syrup / 4 oz  
Sambucus for Kids / 4 oz

### Nature's Way Umcka

Umcka ColdCare® Cherry Syrup / 4 oz  
Umcka ColdCare® Cherry Syrup / 8 oz  
Umcka® Cold+Flu Berry Chewable / 20 Chw  
Umcka® Cold+Flu Berry Syrup / 4 oz.  
Umcka® Cold+Flu Orange Chewable / 20 Chw

### Rainbow Light

CERTIFIED ORGANIC MENS MULTI 120  
FOOD-BASED CALCIUM 180  
FOOD-BASED CALCIUM 90  
JUST ONCE IRON-FREE MULTIVITAMIN 120  
KID'S ONE MULTISTARS 90  
MEN'S ONE MULTIVITAMIN 150  
NAIL, HAIR & SKIN CONNECTION 60  
PRENATAL ONE MULTIVITAMIN 150  
PROTEIN ENERGIZER CHOCOLATE  
PROTEIN ENERGIZER VANILLA  
VITAMIN D 1,000 IU GUMMIES 50  
WOMEN'S ONE MULTIVITAMIN 30

### VEGA

Natural Large

## Nuts/Seeds/Dried Fruits

### Enjoy Life

- Not Nuts! Beach Bash Trail Mix
- Not Nuts! Mountain Mambo Trail Mix

## Ointments/Salves/Gels/Antiseptics

### Badger

- Baby Balm
- Healing Balm
- Sore Muscle Rub

## Pasta

### Jovial Foods

- Brown Rice Capellini
- Brown Rice Caserecce
- Brown Rice Spaghetti

### Orgran

- Rice & Corn Macaroni
- Rice & Corn Spaghetti
- Rice & Corn Tortellini
- Vegetable Rice Spirals

## Pasta Sauce

### Organicville

- Organic Tomato Basil Pasta Sauce

## Personal Care

### Kiss My Face

- Triple Action Toothpaste 3.4 oz

### Natracare

- Curved Panty Liners - 30 CT
- ORGANIC Super Non-Applicator Tampons - 20 CT
- Ultra w/ Wings - Long Pad - 10 CT

### Tom's of Maine

- Apricot Long Lasting Stick Deodorant
- Calendula Stick Deodorant
- Cucumber-Grapefruit Sensitive Stick Deodorant
- Fragrance-Free Sensitive Stick Deodorant
- Lavender Long Lasting Stick Deodorant
- Unscented Long Lasting Roll-on Deodorant
- Unscented Stick Deodorant

## Personal Care (Cont'd)

### Tom's of Maine

- Wintermint Sensitive Toothpaste

## Prepared Foods

### Food Merchants

- Organic Polenta, Basil & Garlic
- Organic Polenta, Sundried Tomato & Garlic
- Organic Polenta, Traditional

## Sauces/Salsas/Dips

### Amy's Kitchen

- Light in Sodium - Tomato Basil Pasta Sauce
- Medium Salsa
- Mild Salsa

### Organicville

- Organic Medium Salsa
- Organic Sesame Teriyaki
- Organic Tangy BBQ Sauce
- Sriracha Sauce

### Orgran

- Vegetarian Gravy Mix

### Premier Japan

- Organic Wheat-Free Hoisin Sauce

### Simply Organic

- Alfredo Sauce Mix, Cert. Org.
- Brown Gravy Mix Cert. Org.
- French Onion Dip Mix, Cert. Org.
- Guacamole Dip Mix, Cert. Org.
- Italian Salad Dressing Mix, Cert. Org.
- Ranch Dip Mix, Cert. Org.
- Ranch Salad Dressing Mix, Cert. Org.
- Roasted Turkey Gravy Mix Cert. Org.
- Sweet Basil Pesto Mix Cert. Org.

## Seafood

### Starfish

- Crispy Battered Gluten Free Cod
- Crispy Battered Gluten Free Haddock

## Shaving Aids

### Kiss My Face

- Fragrance Free Moisture Shave 11 oz
- Key Lime Moisture Shave 11 oz

## Soups

### Amy's Kitchen

- Black Bean Vegetable Soup
- Chunky Tomato Bisque
- Chunky Vegetable Soup
- Cream of Tomato Soup
- Curried Lentil Soup
- Fire Roasted Southwestern Vegetable Soup
- Lentil Soup
- Light in Sodium - Chunky Tomato Bisque
- Light in Sodium - Cream of Tomato Soup
- Light in Sodium - Lentil Soup
- Light in Sodium - Lentil Vegetable Soup
- Light in Sodium - Split Pea Soup
- Split Pea Soup
- Summer Corn & Vegetable Soup

### Dr. McDougall's Right Foods

- Organic Lentil Vegetable Soup
- Organic Lower Sodium Vegetable Soup
- RTS Black Bean Soup
- RTS Lentil Soup
- RTS Light Sodium Lentil Soup
- RTS Roasted Pepper Tomato Soup
- RTS Split Pea Soup
- RTS Vegetable Soup

### Edward & Sons

- Miso-Cup, Organic Japanese Restaurant Style
- Miso-Cup, Organic Reduced Sodium
- Miso-Cup, Organic Traditional with Tofu
- Miso-Cup, Original Golden Vegetable
- Miso-Cup, Savory Seaweed

### Kettle Cuisine

- Angus Beef Steak Chili with Beans
- Chicken Chili with White Beans
- Chicken Soup with Rice Noodles
- New England Clam Chowder
- Roasted Vegetable Soup

## Specialty Foods

### WFM Gluten Free Bakehouse

- Stuffing Cubes

## Spices and Seasonings

### Bob's Red Mill

- Cornstarch

### Edward & Sons

- Bouillon Cubes, Low Sodium Veggie
- Bouillon Cubes, Not-Beef
- Bouillon Cubes, Not-Chick'n

### Simply Organic

- Black Bean Seasoning Mix, Cert Org.
- Dirty Rice Seasoning Mix, Cert Org.
- Fish Taco Seasoning, Cert. Org.
- Gumbo Base Seasoning Mix, Cert Org.
- Red Bean Seasoning Mix, Cert Org.

### World Foods

- Thai Green Curry Paste
- Thai Red Curry Paste

## Sweeteners

### Lundberg Family Farms

- Brown Rice Syrup
- Organic Brown Rice Syrup