

# Gluten Free

SPECIAL DIETS SERIES

CELEBRATING  
YOUR  
CHOICES



## Tamarac Store, Rocky Mountain Region

Whole Foods Market is excited to bring you Celebrating Your Choices, a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product.

### Baby & Child Products

#### California Baby

- Bubble Bath, Super Sensitive
- Calendula Diaper Cream
- Moisturizing Cream
- Shampoo & Body Wash
- Super Sensitive Baby Shampoo

#### Hugo Naturals

- Shea Butter Baby Powder
- Shea Butter Diaper Cream
- Vanilla & Chamomile Baby Oil

#### Logona

- Kids Dental Gel Strawberry

### Baked Goods

#### Kinnikinnick

- Chocolate Dipped Donuts

### Baked Goods (Cont'd)

#### Mary's Gone Crackers love Cookies

- Ginger Snaps love Cookies

#### Udi's

- GF Blueberry Muffins
- GF Cinnamon Rolls
- GF Double Chocolate Muffins
- GF Lemon Streusel Muffins

#### WFM Gluten Free Bakehouse

- Banana Bread
- Chocolate Cupcakes
- Nutmeal Raisin Cookies
- Pie Shells
- Prairie Bread
- Vanilla Cupcakes

## **Baking Needs**

### **Arrowhead Mills**

Gluten Free Brownie Mix  
Long Grain Brown Rice Flour  
Yellow Corn Meal

### **Bob's Red Mill**

Almond Flour  
Arrowroot Starch Flour  
Baking Soda  
Brown Rice Flour  
Cornstarch  
Flaxseed Meal  
Gluten Free All Purpose Baking Flour  
Gluten Free Biscuit & Baking Mix  
Gluten Free Brownie Mix  
Gluten Free Chocolate Cake Mix  
Gluten Free Chocolate Chip Cookie Mix  
Gluten Free Cornbread Mix  
Gluten Free Pancake Mix  
Gluten Free Pizza Crust Mix  
GlutenFree Rolled Oats  
Golden Flaxseed Meal  
Golden Flaxseeds  
Organic Amaranth Flour  
Organic Coconut Flour  
Organic Quinoa Flour  
Potato Starch  
Tapioca Flour  
Xanthan Gum

### **Cherrybrook Kitchen Gluten Free Dreams**

Fudge Brownie Mix  
Sugar Cookie Mix  
Vanilla Frosting Mix

### **Earth Balance**

Shortening

### **Ener-G**

Egg Replacement  
Tapioca Flour

### **Enjoy Life**

Semi-Sweet Chocolate Chips

### **Gluten Free Pantry**

Brown Rice Pancake & Waffle Mix  
Decadent Chocolate Cake Mix  
Favorite Sandwich Bread Mix

## **Baking Needs (Cont'd)**

### **Gluten Free Pantry**

French Bread & Pizza Mix

### **Hain**

Baking Powder

### **Hodgson Mill**

Active Dry Yeast

### **King Arthur Flour**

Gluten Free Cookie Mix  
Gluten Free Multi-Purpose Flour

### **Let's Do... Organic**

Organic Coconut Flakes  
Organic Cornstarch  
Organic Creamed Coconut  
Organic Reduced Fat Shredded Coconut  
Organic Shredded Coconut  
Organic Tapioca Granules

### **Namaste**

Brownie Mix  
Pizza Crust Mix  
Spice Cake Mix  
Sugar-Free Muffin Mix  
Waffle & Pancake Mix

### **Pamela's Products**

Baking & Pancake Mix  
Baking & Pancake Mix, 4 lb  
Chocolate Brownie Mix  
Chocolate Cake Mix  
Chocolate Chunk Cookie Mix  
Classic Vanilla Cake Mix  
Cornbread & Muffin Mix  
Vanilla Frosting Mix

### **Simply Organic**

Carrot Cake Mix, Cert. Org.  
Cocoa Brownie Mix, Cert. Org.  
Cranberry Bread Mix, Cert. Org.  
Pancake/Waffle Mix, Cert. Org.

### **WFM Gluten Free Bakehouse**

Pie Shells

## Bar Soap

### Hugo Naturals

Geranium & Indonesian Patchouli Bar Soap  
Wild African Rose Bar Soap

### Kiss My Face

Olive & Aloe Bar Soap 8 oz  
Olive & Honey Bar Soap 8 oz  
Olive & Lavender Bar Soap 8 oz  
Pure Olive Oil Bar Soap 4 oz  
Pure Olive Oil Bar Soap 8 oz

### Pangea Organics

Soap, Canadian Pine with White Sage  
Soap, Tunisian Olive Oil & Coconut -  
Hypoallergenic

## Bath Salts/Sugars/Scrubs

### Hugo Naturals

Eucalyptus, Rosemary & Mint Fizzy Bath Bomb  
Grapefruit & Orange Fizzy Bath Bomb  
Lavender & Vanilla Fizzy Bath Bomb  
Sea Fennel & Passionflower Sea Salt and Sugar  
Body Scrub

### Kiss My Face

Peppermint Foot Scrub 4 oz

## Beverages

### So Delicious

Original (Plain) Coconut Milk Beverage  
Original (Plain) Coconut Milk Kefir  
Unsweetened Coconut Milk Beverage  
Vanilla Coconut Milk Beverage  
Vanilla Coconut Milk Kefir

## Bread

### Canyon Bakehouse

7-Grain Gluten Free Bread  
Cinnamon Raisin Gluten Free Bread  
Gluten Free Hamburger Buns  
Mountain White Gluten Free Bread

### Ener-G

High Fiber Loaf  
Light Tapioca Loaf

## Bread (Cont'd)

### Food For Life

Millet Bread, Wheat & Gluten Free  
Raisin Pecan Bread, Wheat & Gluten Free  
Rice Almond Bread, Wheat & Gluten Free  
Whole Grain Brown Rice Tortillas, Wheat & Gluten  
Free

### Food for Life

Yeast Free Multi Seed Rice Bread, Wheat & Gluten  
Free

### French Meadow Bakery

Gluten Free Tortillas, 7"

### Glutino

Bagels, Plain  
Bread Crumbs

### Udi's

GF Cinnamon Raisin Bagels  
GF Cinnamon Raisin Bread  
GF Classic Hot Dog Buns  
GF Pizza Crusts 9"  
GF Plain Bagels  
GF White Sandwich Bread  
GF Whole Grain Bagels  
GF Whole Grain Bread  
GF Whole Grain Hamburger Buns

### WFM Gluten Free Bakehouse

Prairie Bread

## Candy and Chocolate

### Dagoba

Beaucoup Berries  
DARK 59% Semisweet  
ECLIPSE 87% Extra bittersweet  
LEMON GINGER 68% Crystallized ginger/Lemon  
XOCOLATL 74% Chilies/cacao nibs

### Endangered Species Chocolate

Dark Chocolate with Blueberries - Sea Turtle  
Dark Chocolate with Cranberries & Almonds - Wolf  
Dark Chocolate with Deep Forest Mint

## Candy and Chocolate (Cont'd)

### Endangered Species Chocolate

Dark Chocolate with Espresso Beans - Tiger  
Dark Chocolate with Hazelnut Toffee - Rhino  
Extreme Dark Chocolate - Panther  
Milk Chocolate with Almonds - Crane  
Milk Chocolate with Cherries - Dolphin  
Organic Health Dark Chocolate with Cacao Nibs, Yacon & Acai - Tree Frog  
Organic Health Dark Chocolate with Goji Berry, Pecans & Maca - Spider Monkey  
Organic Health Dark Chocolate with Goldenberry & Lucuma - Toucan  
Smooth Organic Dark Chocolate - Butterfly  
Supreme Dark Chocolate - Chimpanzee

### Enjoy Life

Boom Choco Boom Dairy-Free Rice Milk Chocolate Bar  
Boom Choco Boom Dairy-Free Rice Milk w/ Crispy Rice Chocolate Bar  
Boom Choco Boom Dark Chocolate Bar

### Scharffen Berger

41% Milk Bars  
62% Semisweet Bars  
70% Bittersweet bars  
Extra Dark Chocolate Bar, 82% Cacao  
Semisweet Tasting Square Bars 62%

## Canned Goods

### Native Forest

Artichoke Hearts, Quartered  
Organic Baby Corn  
Organic Hearts of Palm  
Organic Mango Chunks  
Organic Papaya Chunks  
Organic Pineapple Chunks  
Organic Pineapple Slices

## Canned/Jarred Goods

### Amy's Kitchen

Black Bean Chili  
Light in Sodium - Medium Chili

## Canned/Jarred Goods (Cont'd)

### Amy's Kitchen

Light in Sodium - Refried Black Beans  
Light in Sodium - Spicy Chili  
Medium Chili  
Medium Chili with Vegetables  
Refried Beans with Green Chiles  
Refried Black Beans  
Spicy Chili  
Thai Coconut Soup (Tom Kha Phak)  
Traditional Refried Bean  
Vegetarian Baked Beans

### Native Forest

Artichoke Hearts, Marinated

## Cereal

### Ancient Harvest

Organic Quinoa Flakes 12 oz

### Arrowhead Mills

Maple Buckwheat Organic Flakes  
Organic Rice & Shine Hot Cereal  
Sweetened Organic Rice Flakes

### Bob's Red Mill

Brown Rice Farina Creamy Rice Hot Cereal  
Gluten Free Mighty Tasty Hot Cereal  
GlutenFree Rolled Oats  
Whole Grain Teff

### Enjoy Life

Cinnamon Crunch Granola  
Crunchy Rice Cereal  
Very Berry Crunch Granola

### EnviroKidz

Gorilla Munch Organic Cereal  
Koala Crisp Organic Cereal  
Leapin' Lemurs Peanut Butter & Chocolate Organic Cereal  
Peanut Butter Panda Puffs Organic Cereal

### Erewhon

Cocoa Crispy Brown Rice  
Crispy Brown Rice - Gluten Free  
Crispy Brown Rice w/ Mixed Berries

## Cereal (Cont'd)

### Glutino

Apple & Cinnamon Cereal  
Berry Sensible Beginnings

### Nature's Path

Organic Crispy Rice Cereal  
Organic Fruit Juice Sweetened Corn Flakes  
Organic Fruit Juice Sweetened Corn Flakes, 26.4 oz  
Organic Honey'd Corn Flakes, 26.4 oz  
Organic Honey'd Cornflakes  
Organic Mesa Sunrise Cereal  
Organic Mesa Sunrise Cereal, 26.4 oz  
Organic Whole O's Cereal

### Udi's

GF Au Naturel Granola  
GF Cranberry Granola  
GF Original Granola  
GF Vanilla Granola

## Cheese

### Follow Your Heart

Vegan Gourmet Cheddar  
Vegan Gourmet Cream Cheese  
Vegan Gourmet Monterey Jack  
Vegan Gourmet Mozzarella Cheese  
Vegan Gourmet Nacho Cheese  
Vegan Gourmet Sour Cream

## Chips/Pretzels/Snacks

### Blue Diamond

Almond Nut Thins  
Barbeque Nut Thins  
Cheddar Cheese Nut Thins  
Country Ranch Nut Thins  
Hazelnut Nut Thins  
Hint of Sea Salt Nut Thins  
Pecan Nut Thins  
Smokehouse Nut Thins

### Ener-G

Sesame Pretzel Rings

## Chips/Pretzels/Snacks (Cont'd)

### Food Should Taste Good

Blue Corn Tortilla Chips  
Cheddar Tortilla Chips  
Lime Tortilla Chips  
Sweet Potato Tortilla Chips  
The Works! Tortilla Chips

### Food Should Taste Good

Jalapeno Tortilla Chips  
Multigrain Tortilla Chips  
Olive Tortilla Chips

### Glutino

Pretzel Sticks, Family Bag  
Pretzels, Family Bag  
Pretzels, Sesame Rings  
Pretzels, Twists  
Table Cracker

### Green Mountain Gringo

Organic Blue Tortilla Strips  
Organic White Tortilla Strips  
Original Tortilla Strips

### Kettle Brand

Baked Potato Chips, Aged White Cheddar 4 oz  
Baked Potato Chips, Hickory Honey BBQ 4 oz  
Baked Potato Chips, Lightly Salted 4 oz  
Baked Potato Chips, Sea Salt & Vinegar 4 oz  
Krinkle Cut Potato Chips, Lightly Salted 14 oz  
Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz  
Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 5 oz  
Potato Chips, Backyard Barbeque 5 oz  
Potato Chips, Honey Dijon 5 oz  
Potato Chips, Lightly Salted 14 oz  
Potato Chips, Lightly Salted 2 oz  
Potato Chips, Lightly Salted 5 oz  
Potato Chips, New York Cheddar w/ Herbs 2 oz  
Potato Chips, New York Cheddar w/ Herbs 5 oz

## **Chips/Pretzels/Snacks (Cont'd)**

### **Kettle Brand**

Potato Chips, Organic Chipotle Chili BBQ 5 oz  
Potato Chips, Organic Lightly Salted 5 oz  
Potato Chips, Organic Sea Salt & Black Pepper 5 oz  
Potato Chips, Sea Salt & Vinegar 2 oz  
Potato Chips, Sea Salt & Vinegar 5 oz  
Potato Chips, Sour Cream, Onion & Chive 5 oz  
Potato Chips, Spicy Thai 5 oz  
Potato Chips, Unsalted 5 oz

### **Late July**

Late July Dude Ranch Multigrain  
Late July Mild Green Mojo  
Late July Multigrain Sea Salt  
Late July Summertime Blues  
Late July Sweet Potato

### **Lundberg Family Farms**

Apple Cinnamon Rice Cakes  
Brown Rice Cakes  
Buttery Caramel Rice Cakes  
Honey Nut Rice Cakes  
Organic Brown Rice Cakes  
Organic Caramel Corn Rice Cakes  
Organic Cinnamon Toast Rice Cake  
Organic Koku Seaweed Rice Cakes  
Organic Mochi Sweet Rice Cakes  
Organic Popcorn Rice Cakes  
Organic Sea Salt Rice Chips  
Organic Sesame Tamari Rice Cakes  
Organic Tamari Seaweed Rice Cakes  
Organic Unsalted Brown Rice Cakes  
Organic Wild Rice Cakes  
Pico de Gallo Rice Chips  
Sante Fe BBQ Rice Chips  
Sesame Seaweed Rice Chips  
Unsalted Brown Rice Cakes

### **Lundberg Farms**

Fiesta Lime Rice Chips

### **Mary's Gone Crackers**

Sticks & Twigs, Curry  
Sticks & Twigs, Tomato Chipotle

## **Chips/Pretzels/Snacks (Cont'd)**

### **Pirate Brands**

Pirate's Booty Aged White Cheddar  
Pirate's Booty Barrrrrbeque  
Pirate's Booty Chocolate  
Pirate's Booty Sour Cream and Onion  
Pirate's Booty Veggie  
Smart Puffs Real Wisconsin Cheddar

## **Condiments**

### **Eden**

Tamari Soy Sauce, Naturally Brewed 20 oz

### **Follow Your Heart**

Caesar Dressing  
Organic Balsamic Vinaigrette Dressing  
Organic Italian Vinaigrette Dressing  
Organic Vegenaize  
Vegenaize, High Omega-3 w/ Expeller-Pressed Canola Oil  
Vegenaize, Original

### **Organicville**

Non-Dairy Mayo  
Organic Chili Sauce  
Organic Dijon Mustard  
Organic Dressing, Non Dairy Ranch  
Organic Dressing, Olive Oil & Balsamic Vinaigrette  
Organic Dressing, Pomegranate Vinaigrette  
Organic Ketchup  
Organic Original BBQ Sauce  
Organic Stone Ground Mustard  
Organic Sweet Relish with Agave Nectar  
Organic Yellow Mustard

### **San-J**

Szechuan Hot & Spicy Marinade/Stir Fry Sauce  
Gluten Free  
Teriyaki Sauce

## **Cookies and Snack Bars**

### **Enjoy Life**

Caramel Apple Snack Bars  
Cocoa Loco Snack Bars  
Crunchy Chocolate Chip Cookies

## Cookies and Snack Bars (Cont'd)

### Enjoy Life

- Crunchy Sugar Crisp Cookies
- Crunchy Vanilla Honey Graham Cookies
- Snickerdoodle Cookie Pack
- Soft Baked Gingerbread Spice Cookie
- Soft Baked No-Oats "Oatmeal" Cookie
- Soft Baked Snickerdoodle Cookies
- Very Berry Snack Bars

### EnviroKidz

- Cheetah Organic Crispy Rice Bars, Berry
- Koala Organic Crispy Rice Bars, Chocolate
- Lemur Organic Crispy Rice Bars, Peanut Choco Drizzle
- Panda Organic Crispy Rice Bars, Peanut Butter

### Glutino

- Breakfast Bars, Apple
- Breakfast Bars, Blueberry
- Chocolate Chip Dream Cookies
- Chocolate Coated Chocolate Wafers
- Chocolate Coated Vanilla Wafers
- Chocolate Vanilla Crème Sandwich Dream Cookies
- Lemon Wafers
- Vanilla Crème Sandwich Dream Cookies

### Jennie's

- Coconut Macaroons

### Jovial Foods

- Gluten Free Cookies - Chocolate Cream
- Gluten Free Cookies - Fig Fruit
- Gluten Free Cookies - Vanilla Cream

### Kinnikinnick

- KinniTOOS Chocolate Sandwich Creme Cookies
- KinniTOOS Vanilla Sandwich Creme Cookies
- Montana's Chocolate Chip Cookies
- S'moreables Graham Style Crackers

### Let's Do...

- Gluten Free Ice Cream Cones

### Mary's Gone Crackers love Cookies

- Chocolate Chip love Cookies
- Ginger Snaps love Cookies

## Cookies and Snack Bars (Cont'd)

### Mi-Del

- Chocolate Chip Cookies
- Ginger Snaps

### Pamela's Products

- Chocolate Chip Walnut Cookies
- Chunky Chocolate Chip Cookies
- Ginger Cookies with Sliced Almonds
- Pecan Shortbread Cookies
- Simplebites Chocolate Chip Mini Cookies
- Simplebites Extreme Chocolate Mini Cookies
- Simplebites Ginger Mini Snapz

### Udi's

- GF Chocolate Chip Cookies
- GF Oatmeal Raisin Cookies
- GF Snickerdoodle Cookies

### WFM Gluten Free Bakehouse

- Nutmeal Raisin Cookies

## Cosmetics

### Kiss My Face

- Ruby Shine .5 oz

## Crackers

### Crunchmaster

- Multi-Seed Crackers, Original
- Multi-Seed Crackers, Roasted Garlic
- Multi-Seed Crackers, Rosemary & Olive Oil

### Edward & Sons

- Brown Rice Snaps, Onion Garlic
- Brown Rice Snaps, Tamari Seaweed
- Brown Rice Snaps, Tamari Sesame
- Brown Rice Snaps, Unsalted Sesame
- Organic Brown Rice Snaps, Black Sesame
- Organic Brown Rice Snaps, Cheddar
- Organic Brown Rice Snaps, Toasted Onion
- Organic Brown Rice Snaps, Unsalted Plain
- Organic Brown Rice Snaps, Vegetable

### Glutino

- Crackers, Cheddar
- Crackers, Multigrain
- Crackers, Original

## Crackers (Cont'd)

### Glutino

Crackers, Vegetable

### Mary's Gone Crackers

Crackers, Black Pepper

Crackers, Caraway

Crackers, Herb

Crackers, Onion

Crackers, Original

## Dairy

### Brown Cow Yogurt

CT Apricot-Mango FOB

CT Blueberry FOB

CT Cherry-Vanilla FOB

CT Chocolate

CT Coffee

CT Maple

CT Peach FOB

CT Plain

CT Raspberry FOB

CT Strawberry FOB

CT Vanilla

LF Plain

LF Vanilla

NF Blueberry

NF Lemon

NF Plain

NF Vanilla

Plain Whole Milk Yogurt, 6 oz

### Chobani Greek Yogurt

0 %Strawberry Strained Yogurt

0% Black Cherry Strained Yogurt

0% Blueberry Strained Yogurt

0% Honey Strained Yogurt

0% Lemon Strained Yogurt

0% Peach Strained Yogurt

0% Plain Strained Yogurt

0% Pomegranate Strained Yogurt

0% Raspberry Strained Yogurt

0% Strawberry Strained Yogurt

0% Vanilla Strained Yogurt

2% Mango Strained Yogurt

2% Pineapple Strained Yogurt

## Dairy (Cont'd)

### Chobani Greek Yogurt

2% Plain Strained Yogurt

2% Strawberry-Banana Strained Yogurt

### Earth Balance

Buttery Spread with Olive Oil

Buttery Sticks

Organic Whipped Buttery Spread

Original Buttery Spread

Soy Free Buttery Spread

Soy Garden Buttery Spread

### Fage Total

Total 0% 17.6oz (500g)

Total 0% 35.3 oz (1kg)

Total 0% 6oz (170g)

Total 0% Blueberry Acai 5.3oz (150g)

Total 0% Cherry Pomegranate 5.3oz (150g)

Total 0% Honey 5.3oz (150g)

Total 0% Strawberry Goji 5.3oz (150g)

Total 10% 17.6oz (500g)

Total 10% 7oz (200g)

Total 2% 17.6oz (500g)

Total 2% 35.3oz (1kg)

Total 2% 7oz (200g)

Total 2% Blueberry 5.3oz (150g)

Total 2% Cherry 5.3oz (150g)

Total 2% Honey 5.3oz (150g)

Total 2% Peach 5.3oz (150g)

Total 2% Strawberry 5.3oz (150g)

Total Blueberry 5.3oz (150g)

Total Honey 5.3oz (150g)

### Helios Nutrition

Organic Plain Kefir

Organic Reduced Fat Raspberry Ke

Organic Vanilla Kefir

### Lifeway Foods

Bio Kefir Blackberry

Bio Kefir Pomegranate Blueberry

Bio Kefir Vanilla

Fat Free Strawberry Kefir

Green Kefir Kiwi PassionFruit

Green Kefir Pomegranate Acai Blueberry

Low Fat Blueberry Kefir

Low Fat Peach Kefir

## Dairy (Cont'd)

### Lifeway Foods

Low Fat Raspberry Kefir  
Low Fat Strawberry Kefir  
Lowfat Cherry Kefir  
Lowfat Plain Kefir  
Lowfat Pomegranate Kefir  
Lowfat Vanilla Kefir  
Organic Lowfat Blueberry Kefir  
Organic Lowfat Plain Kefir  
Organic Lowfat Pomegranate Acai Kefir  
Organic Lowfat Strawberry Kefir  
Probugs Goo Berry Pie  
Probugs Orange Creamy Crawler  
Probugs Strawnana Split  
Probuugs Sublime Slime Lime

### Noosa Yoghurt

Noosa Yoghurt - Blueberry  
Noosa Yoghurt - Honey  
Noosa Yoghurt - Mango  
Noosa Yoghurt - Raspberry  
Noosa Yoghurt - Strawberry & Rhubarb

### Stonyfield Organic Yogurt

0% Fat Black Cherry  
0% Fat Blueberry FOB  
0% Fat Chocolate Underground FOB  
0% Fat French Vanilla  
0% Fat Key Lime  
0% Fat Lotsa Lemon  
0% Fat Peach  
0% Fat Plain  
0% Fat Strawberry FOB  
0% Fat French Vanilla  
Low Fat BaNilla  
Low Fat Blueberry FOB  
Low Fat French Vanilla  
Low Fat Honey Mango  
Low Fat Just Peachy FOB  
Low Fat Plain  
Low Fat Raspberry  
Low Fat Strawberry  
Low Fat Strawberry FOB  
Oikos: 0% Fat Blueberry FOB  
Oikos: 0% Fat Honey FOB  
Oikos: 0% Fat Plain

## Dairy (Cont'd)

### Stonyfield Organic Yogurt

Oikos: 0% Fat Strawberry FOB  
Oikos: 0% Fat Vanilla  
Oikos: 0% Fat Caramel 4oz FOB  
Oikos: 0% Fat Chocolate 4oz FOB  
Oikos: 0% Fat Plain 4oz  
Oikos: 0% Fat Strawberry 4oz FOB  
Oikos: 0% Fat Vanilla 4oz  
Peach Super Smoothies 6oz  
Strawberry Banana Super Smoothies 6oz  
Strawberry Super Smoothies 6oz  
Whole Milk French Vanilla  
Whole Milk Plain  
Wild Berry Super Smoothies 6oz  
YoBaby Banana  
YoBaby Banana Drinkable Yogurt  
YoBaby Blueberry  
YoBaby Peach  
YoBaby Peach Drinkable Yogurt  
YoBaby Simple Plain  
YoKids Squeezers Cherry/Berry  
YoKids Squeezers Strawberry  
YoKids: Blueberry Straw/Van  
YoKids: Strawberry Ban/Straw

## Dairy Alternatives

### BLUE DIAMOND

ALMOND BREEZE CHOCOLATE  
ALMOND BREEZE ORIGINAL  
ALMOND BREEZE UNSWEETENED  
CHOCOLATE  
ALMOND BREEZE UNSWEETENED ORIGINAL  
ALMOND BREEZE UNSWEETENED VANILLA  
ALMOND BREEZE VANILLA

### Blue Diamond

Almond Breeze, Original  
Almond Breeze, Unsweetened Vanilla  
Almond Breeze, Vanilla

### Daiya Foods

Cheddar Style Shreds  
Mozzarella Style Shreds  
Pepperjack Style Shreds

## Dairy Alternatives (Cont'd)

### Follow Your Heart

- Vegan Gourmet Cheddar
- Vegan Gourmet Cream Cheese
- Vegan Gourmet Monterey Jack
- Vegan Gourmet Mozzarella Cheese
- Vegan Gourmet Nacho Cheese
- Vegan Gourmet Sour Cream

### So Delicious

- Chocolate Cultured Coconut Milk Yogurt
- Chocolate Non-Dairy Frozen Coconut Milk Dessert
- French Vanilla Coconut Milk Creamer
- Hazelnut Coconut Milk Creamer
- Original (Plain) Coconut Milk Beverage
- Original (Plain) Coconut Milk Creamer
- Original (Plain) Coconut Milk Kefir
- Passionate Mango Non-Dairy Frozen Coconut Milk Dessert
- Pina Colada Cultured Coconut Milk Yogurt
- Strawberry Cultured Coconut Milk Yogurt
- Unsweetened Coconut Milk Beverage
- Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert
- Vanilla Coconut Milk Beverage
- Vanilla Coconut Milk Kefir

### WestSoy

- Soy Beverage, Unsweetened Chocolate 32 oz

### truwhip

- All Natural Frozen Whip Topping

## Deli Style Meats and Cheeses

### Applegate Farms

- Canadian Bacon
- Organic Sliced Oven Roasted Chicken
- Sliced Authentic Prosciutto
- Sliced Black Forest Ham
- Sliced Genoa Salami
- Sliced Honey Ham
- Sliced Honey Maple Turkey
- Sliced Hot Soppressata
- Sliced Organic Herb Turkey
- Sliced Organic Oven Roasted Turkey
- Sliced Organic Roast Beef

## Deli Style Meats and Cheeses (Cont'd)

### Applegate Farms

- Sliced Organic Smoked Chicken
- Sliced Organic Smoked Turkey
- Sliced Organic Uncured Ham
- Sliced Oven Roasted Sliced Turkey
- Sliced Slow Cooked Ham
- Sliced Smoked Turkey

### Dental Care Products

#### Kiss My Face

- Anticavity Toothpaste 3.4 oz
- Sensitive Toothpaste 3.4 oz

#### Tom's of Maine

- Spearmint Flat Floss

### Desserts

#### Glutino

- Chocolate Glazed Donuts
- Original Glazed Donuts

#### Hail Merry

- Meyer Lemon Tart

#### Purely Decadent

- Chocolate Peanut Butter Swirl Non-Dairy Frozen Coconut Milk Dessert

### So Delicious

- Chocolate Non-Dairy Frozen Coconut Milk Dessert
- Passionate Mango Non-Dairy Frozen Coconut Milk Dessert
- Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

### WFM Gluten Free Bakehouse

- Chocolate Cupcakes
- Vanilla Cupcakes

### truwhip

- All Natural Frozen Whip Topping

## Energy and Nutrition Bars/Drinks

### Attune

Dark Chocolate Chocolate Wellness Bar  
Mint Chocolate Chocolate Wellness Bar

### Attune Probiotic Bars

Dark Chocolate Bars - individual bars

### Bumble Bar

Chai with Almonds  
Chocolate Crisp  
Original with Almond  
Original with Peanut

### Function Drinks

98886-00100  
Alternative Energy Acai Grape  
Alternative Energy Strawberry Guava  
Alternative Energy Tropical Citrus  
Urban Detox Goji Berry  
Urban Detox Pom Cherry

### Zing Bars

Almond Blueberry  
Chocolate Coconut  
Chocolate Peanut Butter  
Cranberry Orange  
Oatmeal Chocolate Chip  
Peanut Butter Chocolate Chip

## Entrees and Mixes

### Arrowhead Mills

Gluten Free Brownie Mix

### Bob's Red Mill

Gluten Free Chocolate Cake Mix  
Gluten Free Chocolate Chip Cookie Mix  
TVP (Textured Vegetable Protein)

### Cherrybrook Kitchen Gluten Free Dreams

Fudge Brownie Mix  
Sugar Cookie Mix  
Vanilla Frosting Mix

### Glutino

Macaroni & Cheese

### Lundberg Family Farms

Butternut Squash Risotto  
Garlic Primavera Risotto  
Italian Herb Risotto

## Entrees and Mixes (Cont'd)

### Lundberg Family Farms

Organic Alfredo Risotto  
Organic Florentine Risotto  
Organic Tuscan Risotto

### Mrs. Leeper's

Beef Lasagna Dinner  
Chicken Alfredo Dinner  
Creamy Tuna Dinner

### Namaste

Brownie Mix  
Pizza Crust Mix  
Spice Cake Mix  
Sugar-Free Muffin Mix  
Waffle & Pancake Mix

### Orgran

Falafel Mix  
Vegetarian Gravy Mix

### Pamela's Products

Vanilla Frosting Mix

### Road's End Organics

Dairy Free Alfredo Style Mac & Chreese  
Dairy Free Cheddar Style Penne & Chreese

### Tasty Bite

Agra Peas  
Aloo Palak  
Bengal Lentils  
Bombay Potatoes  
Channa Masala  
Jaipur Vegetables  
Kashmir Spinach  
Madras Lentils  
Punjab Eggplant  
Spinach Dal  
Vegetable Korma

## Ethnic Foods

### Edward & Sons

Brown Rice Snaps, Tamari Seaweed  
Brown Rice Snaps, Tamari Sesame  
Miso-Cup, Organic Japanese Restaurant Style

## **Ethnic Foods (Cont'd)**

### **Edward & Sons**

Miso-Cup, Organic Reduced Sodium  
Miso-Cup, Original Golden Vegetable  
Miso-Cup, Savory Seaweed

### **Food For Life**

Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### **Food Merchants**

Organic Polenta, Basil & Garlic  
Organic Polenta, Sundried Tomato & Garlic  
Organic Polenta, Traditional

### **French Meadow Bakery**

Gluten Free Tortillas, 7"

### **Native Forest**

Light Coconut Milk  
Organic Coconut Milk

### **Organicville**

Organic Island Teriyaki  
Organic Sesame Teriyaki

### **Orgran**

Falafel Mix

### **Spicely**

Sumac

### **Tasty Bite**

Agra Peas  
Aloo Palak  
Bengal Lentils  
Bombay Potatoes  
Channa Masala  
Jaipur Vegetables  
Kashmir Spinach  
Madras Lentils  
Punjab Eggplant  
Spinach Dal  
Vegetable Korma

### **World Foods**

Thai Green Curry Paste

## **Facial Care Products**

### **Kiss My Face**

Eyewitness Eye Repair Crème .5 oz

### **MyChelle**

Apple Brightening Cleanser  
Apple Brightening Mist  
Apple Brightening Serum  
Capillary Calming Serum  
Clear Skin Cleanser  
Cranberry Mud Mask  
Creamy Pumpkin Cleanser  
Fruit Enzyme Cleanser  
Fruit Enzyme Mist  
Fruit Enzyme Scrub  
Honeydew Cleanser Unscented  
Pumpkin Hydrating Mist  
The Perfect C Serum  
Ultra Hyaluronic Hydrating Serum  
White Cranberry Cleanser

### **Pangea Organics**

Facial Cleanser, Egyptian Calendula & Blood Orange  
Facial Cream, Italian Red Mandarin with Rose  
Toner, French Rosemary with Sweet Orange

## **Fragrances & Perfumes**

### **Hugo Naturals**

French Lavender Essential Mist

## **Frozen Foods**

### **Against The Grain**

Pizza, 3-Cheese  
Pizza, Pesto

### **Amy's Kitchen**

Asian Noodle Stir-Fry  
Baked Ziti Bowl  
Bistro Veggie Burger  
Black Bean Enchilada Whole Meal  
Black Bean Tamale Verde  
Black Bean Vegetable Enchilada  
Brown Rice & Vegetables Bowl  
Brown Rice, Black-Eyed Peas & Veggies Bowl  
Cheese Enchilada

## Frozen Foods (Cont'd)

### Amy's Kitchen

- Cheese Enchilada Whole Meal
- Cheese Tamale Verde
- Cream of Rice Hot Cereal Bowl
- Enchilada Verde Whole Meal
- Garden Vegetable Lasagna
- Gluten Free Bean & Cheese Burrito
- Gluten Free Bean & Rice Burrito (Dairy Free)
- Gluten Free Chocolate Cake
- Indian Mattar Paneer
- Indian Mattar Tofu
- Indian Palak Paneer
- Indian Paneer Tikka
- Indian Vegetable Korma
- Light & Lean Black Bean & Cheese Enchilada
- Light & Lean Soft Taco Fiesta Bowl
- Light in Sodium - Black Bean Vegetable Enchilada
- Light in Sodium - Brown Rice & Vegetables Bowl
- Light in Sodium - Indian Mattar Paneer
- Light in Sodium - Mexican Casserole Bowl
- Light in Sodium - Shepherd's Pie
- Mexican Casserole Bowl
- Mexican Tofu Scramble
- Non-Dairy Rice Macaroni & Cheeze
- Rice Mac & Cheese
- Roasted Vegetable Tamale
- Santa Fe Enchilada Bowl
- Single Serve Non-Dairy Rice Crust Cheeze Pizza
- Sonoma Veggie Burger
- Teriyaki Bowl
- Thai Stir-Fry
- Tofu Scramble
- Tortilla Casserole & Black Beans Bowl

### Applegate Farms

- Maple Breakfast Sausage

### Caesar's

- Cheese Lasagna, Gluten-Free Wheat-Free
- Manicotti, Gluten-Free Wheat-Free

## Frozen Foods (Cont'd)

### EVOL Foods

- Bean & Cheese Enchilada Bowl
- Chicken Enchilada Bowl
- Fire Grilled Steak Bowl
- Teriyaki Chicken Bowl

### French Meadow Bakery

- Gluten Free Chocolate Chip Cookie Dough

### Gluten Free Cafe

- Lemon Basil Chicken
- Pasta Primavera

### Glutino

- Chicken Alfredo
- Duo Cheese Pizza Multipack
- Pizza, Spinach Feta

### Ian's Natural Foods

- Alpha Tots
- Chicken Fingers, Allergen Free
- Ian's Chicken Nuggets, Allergen Free
- Ian's Fish Sticks, Allergen Free
- Kids Meal, Mac No Cheese
- Wafflewich, Egg & Maple Cheese, Wheat Free
- Gluten Free

### It's Soy Delicious

- Awesome Chocolate Non-Dairy Frozen Dessert
- Chocolate Almond Non-Dairy Frozen Dessert
- Vanilla Non-Dairy Frozen Dessert

### Julian's Recipe

- Gluten Free Pancakes - Belgian Chocolate
- Gluten Free Pancakes - Buttermilk
- Gluten Free Pancakes - Wild Blueberry

### Julie's Organic Ice Cream

- Glutenfreeda's Organic Gluten Free Vanilla Ice Cream Sandwich

### Kettle Cuisine

- Angus Beef Steak Chili with Beans
- Chicken Chili with White Beans
- Chicken Soup with Rice Noodles
- New England Clam Chowder
- Roasted Vegetable Soup
- Tomato Soup with Garden Vegetables

## Frozen Foods (Cont'd)

### Kinnikinnick

Chocolate Dipped Donuts

### Nature's Path

Organic Buckwheat Wildberry Waffles

Organic Homestyle Waffles

### Organic So Delicious

Chocolate Velvet Non-Dairy Frozen Dessert

### Purely Decadent

Chocolate Obsession Non-Dairy Frozen Dessert

Chocolate Peanut Butter Swirl Non-Dairy Frozen Coconut Milk Dessert

Mint Chip Non-Dairy Frozen Coconut Milk Dessert

Mocha Almond Fudge Non-Dairy Frozen Dessert

Peanut Butter Zig Zag Non-Dairy Frozen Dessert

Purely Vanilla Non-Dairy Frozen Dessert

Turtle Trails Non-Dairy Frozen Dessert

### Saffron Road

Chicken Tikka Masala with Basmati Rice

Lamb Koftis

Lamb Saag with Basmati Rice

Lamb Vindaloo with Basmati Rice

Lemongrass Basil Chicken

### So Delicious

Chocolate Non-Dairy Frozen Coconut Milk Dessert

Coconut Almond Bar, Made with Coconut Milk

Kidz Assorted Fruit Pops

Passionate Mango Non-Dairy Frozen Coconut Milk Dessert

Vanilla Bar, Made with Coconut Milk

Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

### Starfish

Crispy Battered Gluten Free Cod

Crispy Battered Gluten Free Haddock

Crispy Battered Gluten Free Halibut

## Frozen Foods (Cont'd)

### Van's

Wheat Free Blueberry Waffles

Wheat Free Buckwheat Waffles

Wheat Free Flax Waffles

Wheat Free Homestyle Waffles

Wheat Free Mini Homestyle Waffles

## Grains and Rice

### Ancient Harvest

Traditional Organic Quinoa 12 oz

### Annie Chun's

Rice Express Sprouted Brown Rice

Rice Express Sticky White Rice

### Bob's Red Mill

Organic Quinoa Grain

### Lundberg Family Farms

Butternut Squash Risotto

Eco-Farmed California Brown Basmati Rice

Eco-Farmed Jubilee Gourmet Blend Rice

Italian Herb Risotto

Organic Alfredo Risotto

Organic California Brown Basmati Rice

Organic California White Jasmine Rice

Organic Long Grain Brown Rice

Organic Quick Wild Rice

Organic Short Grain Brown Rice

## Hair Care Products

### 365 Every Day Value™

Conditioner Fragrance Free

Conditioner Herbal Mint

Conditioner Lavender Blend

Shampoo for Dry and Normal Herbal Mint

Shampoo for Dry and Normal Lavender Blend

Shampoo for Normal and Oily Herbal Mint

Shampoo for Normal and Oily Lavender Blend

### Hugo Naturals

Balancing Shampoo (French Lavender & Tea Tree)

Smoothing & Defining Conditioner (Coconut)

## Hand & Body Lotions

### 365 Every Day Value™

- Body Lotion Fragrance Free
- Body Lotion Herbal Mint
- Body Lotion Lavender Blend

### Hugo Naturals

- Cucumber & Geranium Body Butter
- Grapefruit All Over Lotion
- Lavender Body Butter
- Sea Fennel & Passionflower All Over Lotion
- Shea Butter & Chamomile Oh-So-Soft Lotion
- Shea Butter Diaper Cream
- Unscented All Over Lotion
- Vanilla & Sweet Orange All Over Lotion

### Kiss My Face

- Grapefruit & Bergamot Hand Crème 4 oz
- Honey & Calendula Moisturizer 16 oz
- Peppermint Foot Scrub 4 oz
- Vitamin A&E Moisturizer 16 oz

## Hand & Body Washes

### 365 Every Day Value™

- Conditioner Fragrance Free
- Shower Gel Fragrance Free
- Shower Gel Herbal Mint
- Shower Gel Lavender Blend

### Hugo Naturals

- Shea Butter & Chamomile Foaming Milk Bath
- Shea Butter & Chamomile Shampoo & Baby Wash

### Kiss My Face

- Olive & Aloe Liquid Moisture Soap 9 oz
- Active Athletic Shower Gel 16 oz
- Cold & Flu Shower Gel 16 oz
- Fragrance Free Liquid Moisture Soap 9 oz
- GermesAside Liquid Moisture Soap 9 oz
- Lavender & Chamomile Foaming Soap 8.75 oz
- Orange Blossom Liquid Moisture Soap oz
- Orange U Smart Whale Soap Duo 2-3.5 oz
- Silky Soft Shower Gel 16 oz

## Jams and Nut Butters

### Arrowhead Mills

- Organic Creamy Peanut Butter, 16 oz
- Organic Creamy Peanut Butter, 26 oz
- Organic Crunchy Peanut Butter, 16 oz
- Organic Crunchy Peanut Butter, 26 oz

### Barney Butter

- Barney Butter Smooth - 10 oz / 6 pk

### Blue Diamond

- Homestyle Almond Butter, Crunchy

### Earth Balance

- Creamy Natural Almond Butter

### Justin's

- Chocolate Almond Butter 1.15 oz Squeeze Packs
- Chocolate Almond Butter Jars
- Chocolate Hazelnut Butter 1.15 oz Squeeze Packs
- Chocolate Hazelnut Jars
- Chocolate Peanut Butter 1.15 oz Squeeze Packs
- Chocolate Peanut Butter Jars
- Classic Almond Butter 1.15 oz Squeeze Packs
- Classic Almond Butter Jars
- Dark Chocolate Peanut Butter Cups
- Honey Almond Butter 1.15 oz Squeeze Packs
- Honey Almond Butter Jars
- Maple Almond Butter 1.15 oz Squeeze Packs
- Maple Almond Butter Jars
- Milk Chocolate Peanut Butter Cups

## Lip Balms

### Badger

- Creamy Cocoa Lip Balm Stick

### Kiss My Face

- Coconut Pineapple Lip Balm w / SPF 15 .15 oz
- Ginger Mango Lip Balm w / SPF 15 .15 oz
- Ruby Shine .5 oz
- Sliced Peach Lip Balm w / SPF 15 .15 oz
- Strawberry Lip Balm w / SPF 15 .15 oz
- Vanilla Honey Lip Balm w / SPF 15 .15 oz

## Lip Balms (Cont'd)

### Pangea Organics

- Lip Balm, Egyptian Fennel with Grapefruit & Sweet Orange
- Lip Balm, Pyrenees Lavender with Cardamom

## Meat Alternatives

### Bob's Red Mill

- TVP (Textured Vegetable Protein)

### WestSoy

- Extra Firm Tofu, Tidal Wave 14 oz
- Extra Firm Tofu, Vacuum-Pack 12 oz
- Firm Tofu, Water-Pack 14 oz
- Firm Tofu, Water-Pack 16 oz
- Soft Tofu, Water-Pack 14 oz

## Meat and Poultry

### Applegate Farms

- Beef Hot Dogs
- Chicken Apple Breakfast Sausage
- Chicken Hot Dogs
- Maple Breakfast Sausage
- Organic Beef Hot Dogs
- Organic Chicken & Apple Sausage
- Organic Chicken Hot Dogs
- Organic Fire Roasted Red Pepper Sausage
- Organic Hot Dogs
- Organic Poultry Andouille Sausage
- Organic Sliced Sunday Bacon
- Organic Sweet Italian Sausage
- Organic Turkey Hot Dogs
- Sliced Organic Turkey Bacon
- Turkey Hot Dogs

## Nutritional Supplements

### Amazing Grass

- Amazing Meal chocolate
- Green SuperFood Berry
- Green SuperFood Chocolate
- Kidz SuperFood chocolate
- Wheat Grass

## Nutritional Supplements (Cont'd)

### BioChem

- 100% Berries and Whey Protein Powder
- 100% Greens & Whey Protein Powder
- 100% Whey Protein Chocolate Fudge
- 100% Whey Protein Chocolate Fudge 1.9lb
- 100% Whey Protein Natural Flavor
- 100% Whey Protein Natural Flavor
- 100% Whey Protein Vanilla 1.9lb
- 100% Whey Protein Vanilla 13.9oz
- Ultimate Fat Metabolizer 60ct

### Country Life

- Buffered C 1000mg w/Rose Hips 100ct
- Buffered C 1000mg w/Rose Hips 250ct
- Acerola Vitamin C 500mg Chewable 180ct
- Acerola Vitamin C 500mg Chewable 90ct
- Acidophilus with Pectin Capsules, 100 ct
- Acidophilus with Pectin Capsules, 250 ct
- Beta Carotene 25,000 IU 100ct
- Betaine Hydrochloride w/Pepsin 100ct
- Biotin 1000mcg 100ct
- Calcium Citrate with D Tablets, 120 ct
- Charcoal Capsules 40 ct
- Coenzyme B Complex 120ct
- Coenzyme B Complex 60ct
- DHEA 25mg Capsules, 90 ct
- DHEA Complex For Women, 60 ct
- L-Arginine + L-Ornithine 1000mg Capsules with B-6, 60 ct
- L-Arginine + L-Ornithine 1000mg Capsules with B-6, 90 ct
- L-Lysine 1000mg Tablets with B-6, 100 ct
- L-Lysine 500mg Capsules with B-6, 100 ct
- Lecithin Granules 8oz Powder
- Liquid Fiber 16oz
- Liquid Multivitamin
- Maxi C 1000mg 90ct
- Maxi Hair 60ct
- Maxi-Sorb CoQ-10 Q-Gel 120 count
- Maxi-Sorb CoQ-10 Q-Gel 50 count
- Maxi-Sorb Vegetarian Support 120ct
- Melatonin 3mg Tablets, 90 ct
- Omega-3 Mood 90ct Softgels
- Papaya Chewable 25mg 500ct
- Potassium 99mg Tablets, 250 ct

## Nutritional Supplements (Cont'd)

### Country Life

Pregnenolone 30mg Capsules, 60 ct  
Sharp Thought 30ct  
Super Potency Biotin 5mg 120ct  
Target-Mins Calcium-Magnesium Complex Tablets, 180 ct  
Target-Mins Calcium-Magnesium Complex Tablets, 90 ct  
Target-Mins Calcium-Magnesium-Potassium Tablets, 180 ct  
Target-Mins Calcium-Magnesium-Veg Capsules, 120 ct  
Target-Mins Calcium-Magnesium-Veg Capsules, 240 ct  
Target-Mins Calcium-Magnesium-Zinc Tablets, 180 ct  
Target-Mins Magnesium Capsules, 60 ct  
Target-Mins Magnesium-Potassium Aspartate Tablets, 90 ct  
Target-Mins Zinc 50mg Tablets, 180 ct  
Ultimate Daily Nutrition 60ct  
Ultra Omega 3-6-9 90ct softgel  
Vitamin D Dry 1000 IU 100ct  
Vitamin D3 1000 IU 100ct Softgels  
Vitamin D3 1000 IU 200ct  
Vitamin D3 2500 IU 200ct  
Vitamin E Complex 400IU 60ct Softgels  
Vitamin E Complex Liquid 2oz  
Women's Daily Nutrition 120ct  
Your Daily Nutrition 60ct

### Iron Tek

Essential Glutamine 500g Powder  
Essential Liquid Amino Complex Orange 16oz Liquid  
Essential Protein Powder Vanilla 2lb

### Nature's Way Alive!

Alive! Liquid Vitamin-30 oz. bottle  
Alive!® / 90 Tb

### Nature's Way Primadophilus

Primadophilus® Junior / 90 Vcaps®  
Primadophilus® Optima / 60 Vcaps®  
Primadophilus® Original / 180 Vcaps®  
Primadophilus® Original / 90 Vcaps®

## Nutritional Supplements (Cont'd)

### Nature's Way Primadophilus

Primadophilus® Reuteri / 30 Vcaps®  
Primadophilus® Reuteri / 5 oz Pwdr  
Primadophilus® for Kids Cherry / 30 Chw  
Primadophilus® for Kids Orange / 30 Chw

### Nature's Way Sambucus

Sambucus Syrup / 8 oz  
Sambucus for Kids / 4 oz  
Sambucus for Kids / 8 oz

### Nature's Way Umcka

Umcka ColdCare® Alcohol Free Liquid / 1 oz  
Umcka ColdCare® Cherry Chewable / 20 Chw  
Umcka ColdCare® Cherry Syrup / 4 oz  
Umcka ColdCare® Lemon Hot Drink / 10 pkts/bx  
Umcka ColdCare® Menthol Syrup / 4 oz  
Umcka ColdCare® Mint-Menthol Chewable / 20 Chw  
Umcka ColdCare® Sugar-Free Grape Syrup / 4 oz  
Umcka® Cold+Flu Berry Chewable / 20 Chw  
Umcka® Cold+Flu Orange Syrup / 4 oz.

### Rainbow Light

ACTIVE SENIOR MULTIVITAMIN 90  
CHEWABLE CALCIUM CITRATE MULTI-MINS 45  
COMPLETE PRENATAL SYSTEM 360  
COUNTER ATTACK 30  
EVERYDAY FIBER SYSTEM VCAPS 180  
FOOD-BASED CALCIUM 90  
GUMMY OMEGALICIOUS 30  
GUMMY POWER SOURS 30  
GUMMY VITAMIN C SLICES 30  
JUST ONCE MULTIVITAMIN 30  
KID'S ONE MULTISTARS 90  
MAGNESIUM CALCIUM "+" 180  
MEN'S ONE MULTIVITAMIN 150  
PRENATAL ONE MULTIVITAMIN 150  
PRENATAL ONE MULTIVITAMIN 30  
PRENATAL PETITE MULTIVITAMIN 90  
VITAMIN D 1,000 IU GUMMIES 50  
WOMEN'S ONE MULTIVITAMIN 150

## Nutritional Supplements (Cont'd)

### VEGA

- Berry Large
- Choc-a-lot
- Chocolate Large
- Chocolate Small
- Natural Large
- Smoothie Infusion 454g Bag
- Vanilla Almondilla
- Vanilla Chai Small

### Vibrant Health

- Vibrant Cleanse 24 servings

## Nuts/Seeds/Dried Fruits

### Bob's Red Mill

- Golden Flaxseeds

### Enjoy Life

- Not Nuts! Beach Bash Trail Mix
- Not Nuts! Mountain Mambo Trail Mix

### Hail Merry

- Chimayo Chile Pecans
- Lemon Thyme Pecans
- Orange Rosemary Pecans
- Salt N Pepper Sunflower Seeds
- Vanilla Maple Almonds

## Oils - Essential/Massage/Aromatic

### Hugo Naturals

- Vanilla & Chamomile Baby Oil

## Ointments/Salves/Gels/Antiseptics

### Badger

- Healing Balm
- Winter Wonder Rub

## Pasta

### Jovial Foods

- Brown Rice Capellini
- Brown Rice Caserecce
- Brown Rice Fusilli
- Brown Rice Penne Rigate

## Pasta (Cont'd)

### Jovial Foods

- Brown Rice Spaghetti

### Orgran

- Buckwheat Spirals
- Corn & Vegetable Spirals
- Italian Style Spaghetti
- Rice & Corn Penne
- Rice & Corn Spaghetti
- Rice & Millet Spirals

## Pasta Sauce

### Organicville

- Organic Italian Herb Pasta Sauce
- Organic Marinara Pasta Sauce
- Organic Mushroom Pasta Sauce
- Organic Tomato Basil Pasta Sauce

## Personal Care

### Hugo Naturals

- Shea Butter Baby Powder

### Kiss My Face

- Triple Action Toothpaste 3.4 oz
- Whitening Toothpaste 3.4 oz

### Natracare

- Night-Time Pads - 10 CT
- ORGANIC Regular Non-Applicator Tampons - 20 CT
- ORGANIC Super Non-Applicator Tampons - 20 CT
- Super Pads - 12 CT
- Tanga Panty Liners - 30 CT
- Ultra Super Plus Pads - 12 CT
- Ultra w/ Wings - Long Pad - 10 CT

### Pangea Organics

- Eye Cream, Turkish Rose & White Tea
- Soap, Indian Green Tea with Mint & Rose Petals
- Soap, Tunisian Olive Oil & Coconut - Hypoallergenic

## Personal Care (Cont'd)

### Tom's of Maine

Fragrance-Free Sensitive Stick Deodorant  
Lavender Long Lasting Roll-on Deodorant  
Lavender Long Lasting Stick Deodorant  
Lemongrass Long Lasting Stick Deodorant  
Peppermint Anticavity Toothpaste  
Peppermint Antiplaque Tartar Control Plus  
Whitening Toothpaste  
Spearmint Anticavity Toothpaste  
Unscented Long Lasting Stick Deodorant  
Unscented Stick Deodorant  
Wintermint Sensitive Toothpaste  
Woodspice Stick Deodorant

## Prepared Foods

### Food Merchants

Organic Polenta, Basil & Garlic  
Organic Polenta, Sundried Tomato & Garlic  
Organic Polenta, Traditional

## Sauces/Salsas/Dips

### Amy's Kitchen

Black Bean & Corn Salsa  
Family Marinara Pasta Sauce  
Medium Salsa  
Mild Salsa  
Tomato Basil Pasta Sauce

### Organicville

Organic Island Teriyaki  
Organic Sesame Teriyaki  
Sriracha Sauce

### Orgran

Vegetarian Gravy Mix

### Simply Organic

Alfredo Sauce Mix, Cert. Org.  
Brown Gravy Mix Cert. Org.  
Creamy Dill Dip Mix, Cert. Org.  
French Onion Dip Mix, Cert. Org.  
Guacamole Dip Mix, Cert. Org.  
Italian Salad Dressing Mix, Cert. Org.  
Mushroom Sauce Mix Cert. Org.  
Ranch Salad Dressing Mix, Cert. Org.

## Sauces/Salsas/Dips (Cont'd)

### Simply Organic

Roasted Chicken Gravy Mix Cert. Org.

## Seafood

### Starfish

Crispy Battered Gluten Free Cod  
Crispy Battered Gluten Free Haddock  
Crispy Battered Gluten Free Halibut

## Shaving Aids

### Kiss My Face

Cool Mint Moisture Shave 11 oz  
Fragrance Free Moisture Shave 11 oz  
Lavender & Shea Moisture Shave 11 oz

## Soups

### Amy's Kitchen

Black Bean Vegetable Soup  
Chunky Tomato Bisque  
Chunky Vegetable Soup  
Cream of Tomato Soup  
Curried Lentil Soup  
Fire Roasted Southwestern Vegetable Soup  
Golden Lentil Soup  
Hearty Spanish Rice & Red Bean Soup  
Lentil Soup  
Lentil Vegetable Soup  
Light in Sodium - Chunky Tomato Bisque  
Light in Sodium - Cream of Tomato Soup  
Light in Sodium - Lentil Soup  
Light in Sodium - Lentil Vegetable Soup  
Light in Sodium - Split Pea Soup  
Split Pea Soup  
Tuscan Bean & Rice Soup

### Boulder Soup Works

Garden Minestrone  
Potato Leek  
Red Lentil Dahl  
Roasted Tomato Basil

## Soups (Cont'd)

### Dr. McDougall's Right Foods

- Chana Masala Soup & Quick Meal
- Chili Bean Soup & Quick Meal
- Organic Lentil Vegetable Soup
- Organic Lower Sodium Black Bean Soup
- Organic Lower Sodium Chunky Tomato Soup
- Organic Lower Sodium Vegetable Soup
- RTS Black Bean Soup
- RTS Lentil Soup
- RTS Light Sodium Garden Vegetable Soup
- RTS Light Sodium Lentil Soup
- RTS Vegetable Soup

### Edward & Sons

- Miso-Cup, Organic Japanese Restaurant Style
- Miso-Cup, Organic Reduced Sodium
- Miso-Cup, Original Golden Vegetable
- Miso-Cup, Savory Seaweed

### Kettle Cuisine

- Angus Beef Steak Chili with Beans
- Chicken Chili with White Beans
- Chicken Soup with Rice Noodles
- New England Clam Chowder
- Roasted Vegetable Soup
- Tomato Soup with Garden Vegetables

## Spices and Seasonings

### Bob's Red Mill

- Cornstarch

### Edward & Sons

- Bouillon Cubes, Low Sodium Veggie
- Bouillon Cubes, Not-Chick'n

### Simply Organic

- Dirty Rice Seasoning Mix, Cert Org.
- Fish Taco Seasoning, Cert. Org.
- Jambalaya Seasoning Mix, Cert Org.
- Sloppy Joe Mix Cert. Org.
- Southwest Taco Seasoning, Cert. Org.

### Spicely

- Anise, Star Whole
- Organic Saffron
- Organic Sage, Rubbed

## Spices and Seasonings (Cont'd)

### Spicely

- Paprika, Smoked
- Savory Leaves
- Sumac

### World Foods

- Thai Green Curry Paste

## Sun Protection

### MyChelle

- Sun Shield

## Sweeteners

### Lundberg Family Farms

- Brown Rice Syrup
- Organic Brown Rice Syrup