

# Gluten Free

SPECIAL DIETS SERIES

CELEBRATING  
YOUR  
CHOICES



## Williamson Store, South Region

Whole Foods Market is excited to bring you Celebrating Your Choices, a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product.

### Baby & Child Products

#### California Baby

- Body Wash & Shampoo - Large
- Calendula Diaper Cream
- Hair Conditioner
- Shampoo & Body Wash
- Soothing Spray

### Baby & Infant Food

#### Stonyfield Farm

- YoBaby Drinkable Yogurt, Peach

### Baked Goods

#### Kinnikinnick

- Blueberry Muffins
- Chocolate Dipped Donuts
- Cinnamon Sugar Donuts
- Vanilla Glazed Donuts

### Baked Goods (Cont'd)

#### WFM Gluten Free Bakehouse

- Almond Cookies
- Apple Pie
- Banana Bread
- Blueberry Muffins
- Cheddar Biscuits
- Cherry Almond Streusel Muffins
- Cherry Pie
- Chocolate Cake
- Chocolate Chip Cookies
- Chocolate Cupcakes
- Chocolate Frosting
- Cornbread
- Cranberry Orange Scones
- Cream Biscuits
- Honey Oat Bread
- Molasses Ginger Cookies
- Morning Glory Muffins
- Nutmeal Raisin Cookies
- Peanut Butter Cookies

## Baked Goods (Cont'd)

### WFM Gluten Free Bakehouse

- Pie Shells
- Pizza Crust
- Prairie Bread
- Pumpkin Pie
- Sandwich Bread
- Southern Pecan Pie
- Sundried Tomato & Garlic Bread
- Vanilla Cupcakes
- Yellow Cake

## Baking Needs

### Arrowhead Mills

- Buckwheat Flour
- Gluten Free All Purpose Baking Mix
- Gluten Free Chocolate Chip Cookie Mix
- Long Grain Brown Rice Flour
- Millet Flour
- White Rice Flour
- Yellow Corn Meal

### Bob's Red Mill

- Almond Flour
- Baking Soda
- Brown Rice Flour
- Garbanzo Bean Flour
- Gluten Free All Purpose Baking Flour
- Gluten Free Brownie Mix
- Gluten Free Chocolate Chip Cookie Mix
- Gluten Free Cinnamon Raisin Bread
- Gluten Free Cornbread Mix
- Gluten Free Garbanzo & Fava Bean Flour
- Gluten Free Hearty Whole Grain Bread Mix
- Gluten Free Homemade Wonderful Bread Mix
- Gluten Free Pizza Crust Mix
- Gluten Free Sweet White Sorghum Flour
- GlutenFree Rolled Oats
- Guar Gum
- Hazelnut Meal/Flour
- Organic Flaxseed Meal
- Organic Golden Flaxseed Meal
- Potato Flour
- Potato Starch
- Teff Flour

## Baking Needs (Cont'd)

### Bob's Red Mill

- White Rice Flour
- Xanthan Gum

### Cherrybrook Kitchen Gluten Free Dreams

- Chocolate Cake Mix
- Chocolate Chip Cookie Mix
- Fudge Brownie Mix
- Pancake & Waffle Mix

### Earth Balance

- Shortening

### Enjoy Life

- Semi-Sweet Chocolate Chips

### Gluten Free Pantry

- All-Purpose GF Baking Flour Mix
- Chocolate Chip Cookie & Cake Mix
- Chocolate Truffle Brownie Mix
- Decadent Chocolate Cake Mix
- Favorite Sandwich Bread Mix
- Muffins & Scone Mix
- Old Fashioned Cake & Cookie Mix
- Perfect Pie Crust Mix
- Yankee Cornbread & Muffin Mix

### Hain

- Baking Powder

### Kinnikinnick

- Pancake & Waffle Mix

### Let's Do... Organic

- Organic Coconut Flakes
- Organic Cornstarch
- Organic Creamed Coconut
- Organic Reduced Fat Shredded Coconut
- Organic Tapioca Pearls
- Organic Tapioca Starch

### Namaste

- Blondie Mix
- Bread Mix
- Brownie Mix
- Pizza Crust Mix
- Spice Cake Mix
- Sugar-Free Muffin Mix
- Vanilla Cake Mix

## Baking Needs (Cont'd)

### Namaste

Waffle & Pancake Mix

### Pamela's Products

Baking & Pancake Mix  
Baking & Pancake Mix, 4 lb  
Chocolate Brownie Mix  
Chocolate Cake Mix  
Chocolate Chunk Cookie Mix  
Classic Vanilla Cake Mix  
Cornbread & Muffin Mix  
Gluten-Free Bread Mix  
Vanilla Frosting Mix

### WFM Gluten Free Bakehouse

Pie Shells  
Vanilla Frosting

## Bar Soap

### Hugo Naturals

French Lavender Bar Soap

### Kiss My Face

Olive & Green Tea Bar Soap 4 oz  
Pure Olive Oil Bar Soap 4 oz  
Pure Olive Oil Bar Soap 8 oz

### Kiss My Face

Olive & Honey Bar Soap 8 oz

## Bath Salts, Sugars & Scrubs

### Hugo Naturals

French Lavender Dead Sea Salt Body Scrub

## Beverages

### 365 Every Day Value™

Black Cherry Soda  
Cherry Vanilla Creme Soda  
Cola  
Ginger Ale  
Key Lime Soda  
Orange Creme Soda  
Raspberry Soda  
Root Beer Soda

## Beverages (Cont'd)

### Bard's Beer

Bard's Gold, 6-Pack

### Celestial Seasonings

Black Cherry Berry Tea  
Chamomile Tea, 20 Ct  
China Pearl White Tea, 20 Ct  
Decaf Green Tea, 25 Ct  
Honey Vanilla Chamomile Tea, 20 Ct  
Imperial Peach White Tea, 20 Ct  
Lemon Zinger Tea, 20 Ct  
Madagascar Vanilla Red Tea, 20 Ct  
Peppermint Tea, 20 Ct  
Peppermint Tea, 40 Ct  
Raspberry Zinger Tea, 20 Ct  
Red Zinger Tea, 20 Ct  
Sleepytime Extra Tea, 20 Ct  
Sleepytime Tea, 20 Ct  
Sleepytime Tea, 40 Ct  
Tangerine Orange Zinger Tea, 20 Ct  
True Blueberry, 20 Ct

### Eden

Organic EdenBlend, Rice & Soy Beverage, 32 oz

### So Delicious

Original (Plain) Coconut Milk Beverage  
Original (Plain) Coconut Milk Kefir  
Strawberry Coconut Milk Kefir  
Unsweetened Coconut Milk Beverage  
Vanilla Coconut Milk Beverage  
Vanilla Coconut Milk Kefir

## Bread

### Against The Grain

Bagels, Sesame  
Baguettes, Original  
Rolls, Original

### Food For Life

Brown Rice Bread, Wheat & Gluten Free  
Millet Bread, Wheat & Gluten Free  
Rice Pecan Bread, Wheat & Gluten Free  
Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

## Bread (Cont'd)

### Glutino

- Bagels, Plain
- Bread Crumbs
- English Muffins
- Premium Corn Bread
- Premium Pizza Crusts

### Kinnikinnick

- Sunflower Flax Rice Bread
- Tapioca Rice Hamburger Buns
- Tapioca Rice Hot Dog Buns

### WFM Gluten Free Bakehouse

- Cheddar Biscuits
- Cornbread
- Cream Biscuits
- Hamburger Buns
- Honey Oat Bread
- Light White Sandwich Bread
- Prairie Bread
- Sandwich Bread
- Sundried Tomato & Garlic Bread

## Candy and Chocolate

### Endangered Species Chocolate

- Dark Chocolate with Blueberries - Sea Turtle
- Dark Chocolate with Cranberries & Almonds - Wolf
- Dark Chocolate with Deep Forest Mint
- Dark Chocolate with Espresso Beans - Tiger
- Dark Chocolate with Hazelnut Toffee - Rhino
- Dark Chocolate with Raspberries - Grizzly Bear
- Extreme Dark Chocolate - Panther
- Intense Dark Chocolate with Cacao Nibs - Bat
- Milk Chocolate with Almonds - Crane
- Milk Chocolate with Cherries - Dolphin
- Organic Health Dark Chocolate with Cacao Nibs, Yacon & Acai - Tree Frog
- Organic Health Dark Chocolate with Goji Berry, Pecans & Maca - Spider Monkey

## Candy and Chocolate (Cont'd)

### Endangered Species Chocolate

- Smooth Milk Chocolate - Sea Otter
- Smooth Organic Dark Chocolate - Butterfly
- Supreme Dark Chocolate - Chimpanzee

### Enjoy Life

- Boom Choco Boom Dairy-Free Rice Milk Chocolate Bar
- Boom Choco Boom Dairy-Free Rice Milk w/ Crispy Rice Chocolate Bar

### Glee Gum

- Glee Cinnamon Gum
- Glee Triple Berry Gum

### Scharffen Berger

- Nibby Dark Chocolate Bar

## Canned Goods

### Native Forest

- Organic Baby Corn
- Organic Papaya Chunks

## Cereal

### Ancient Harvest

- Organic Quinoa Flakes 12 oz

### Arrowhead Mills

- Maple Buckwheat Organic Flakes
- Organic Rice & Shine Hot Cereal
- Organic Yellow Corn Grits

### Bob's Red Mill

- Brown Rice Farina Creamy Rice Hot Cereal
- Gluten Free Mighty Tasty Hot Cereal
- GlutenFree Rolled Oats
- Organic Brown Rice Farina Creamy Rice Hot Cereal

### Enjoy Life

- Cinnamon Crunch Granola
- Crunchy Flax Cereal
- Crunchy Rice Cereal
- Very Berry Crunch Granola

## Cereal (Cont'd)

### EnviroKidz

Amazon Frosted Flakes Organic Cereal  
Gorilla Munch Organic Cereal  
Gorilla Munch Organic Cereal, 23 oz  
Koala Crisp Organic Cereal  
Koala Crisp Organic Cereal, 26 oz  
Leapin' Lemurs Peanut Butter & Chocolate Organic Cereal  
Peanut Butter Panda Puffs Organic Cereal  
Peanut Butter Panda Puffs Organic Cereal, 25 oz

### Glutino

Apple & Cinnamon Cereal

### Nature's Path

Organic Fruit Juice Sweetened Corn Flakes  
Organic Honey'd Cornflakes  
Organic Mesa Sunrise Cereal  
Organic Mesa Sunrise Cereal, 26.4 oz  
Organic Whole O's Cereal

### WFM Gluten Free Bakehouse

Fruit and Nut Granola

## Cheese

### Applegate Farms

American Cheese

### Follow Your Heart

Vegan Gourmet Cheddar  
Vegan Gourmet Cream Cheese  
Vegan Gourmet Monterey Jack  
Vegan Gourmet Mozzarella Cheese  
Vegan Gourmet Nacho Cheese  
Vegan Gourmet Sour Cream

## Chips, Pretzels and Snacks

### Food Should Taste Good

Lime Tortilla Chips 5.5 oz  
Sweet Potato Tortilla Chips 6 oz

### Food Should Taste Good

Jalapeno Tortilla Chips 6 oz  
Multigrain Tortilla Chips 6 oz  
Olive Tortilla Chips 6 oz

## Chips, Pretzels and Snacks (Cont'd)

### Glutino

Pretzel Sticks, Family Bag  
Pretzels, Family Bag  
Pretzels, Sesame Rings  
Pretzels, Sticks  
Pretzels, Twists  
Pretzels, Unsalted  
Table Cracker

### Kettle Brand®

Krinkle Cut Potato Chips, Lightly Salted 14 oz  
Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz  
Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 9 oz  
Potato Chips, Honey Dijon 5 oz  
Potato Chips, Lightly Salted 14 oz  
Potato Chips, Lightly Salted 2 oz  
Potato Chips, Lightly Salted 5 oz  
Potato Chips, New York Cheddar w/ Herbs 2 oz  
Potato Chips, New York Cheddar w/ Herbs 5 oz  
Potato Chips, Organic Chipotle Chili BBQ 5 oz  
Potato Chips, Organic Lightly Salted 5 oz  
Potato Chips, Sea Salt & Vinegar 2 oz  
Potato Chips, Sea Salt & Vinegar 5 oz  
Potato Chips, Unsalted 5 oz

### Kettle Brand®

Baked Potato Chips, Aged White Cheddar 4 oz  
Baked Potato Chips, Hickory Honey BBQ 4 oz  
Baked Potato Chips, Lightly Salted 4 oz  
Baked Potato Chips, Salt & Fresh Ground Pepper 4 oz  
Baked Potato Chips, Sea Salt & Vinegar 4 oz  
Krinkle Cut Potato Chips, Buffalo Bleu 5 oz  
Potato Chips, Backyard Barbeque 5 oz  
Potato Chips, Jalapeno 2 oz  
Potato Chips, Jalapeno 5 oz  
Potato Chips, Lightly Salted 9 oz

## Chips, Pretzels and Snacks (Cont'd)

### Kettle Brand®

- Potato Chips, Organic Sea Salt & Black Pepper 5 oz
- Potato Chips, Sour Cream, Onion & Chive 5 oz
- Potato Chips, Spicy Thai 5 oz
- Potato Chips, Sweet Onion 5 oz

### Lundberg Family Farms

- Apple Cinnamon Rice Cakes
- Brown Rice Cakes
- Honey Nut Rice Cakes
- Organic Caramel Corn Rice Cakes
- Organic Cinnamon Toast Rice Cake
- Organic Sea Salt Rice Chips
- Organic Sesame Tamari Rice Cakes
- Organic Tamari Seaweed Rice Cakes
- Organic Unsalted Brown Rice Cakes
- Organic Wild Rice Cakes
- Sante Fe BBQ Rice Chips
- Sesame Seaweed Rice Chips
- Unsalted Brown Rice Cakes

### Mary's Gone Crackers

- Sticks & Twigs, Sea Salt
- Sticks & Twigs, Tomato Chipotle

### Mr. Krispers

- Baked Rice Krisps, Barbecue
- Baked Rice Krisps, Sea Salt & Pepper
- Baked Rice Krisps, Sour Cream & Onion

### Pirate Brands

- Pirate's Booty Aged White Cheddar
- Pirate's Booty Barbeque
- Pirate's Booty Chocolate
- Pirate's Booty Sour Cream and Onion
- Potato Flyers - Homestyle Barbeque
- Potato Flyers - The Original

## Condiments

### Follow Your Heart

- Vegenaise, High Omega-3 w/ Expeller-Pressed Canola Oil
- Vegenaise, Original

## Condiments (Cont'd)

### Organicville

- Organic Dijon Mustard
- Organic Dressing, Miso Ginger Vinaigrette
- Organic Dressing, Non Dairy Ranch
- Organic Dressing, Orange Cranberry Vinaigrette
- Organic Dressing, Pomegranate Vinaigrette
- Organic Dressing, Sundried Tomato & Garlic Vinaigrette
- Organic Ketchup
- Organic Original BBQ Sauce
- Organic Yellow Mustard

### San-J

- Szechuan Hot & Spicy Marinade/Stir Fry Sauce
- Gluten Free
- Teriyaki Sauce

### Spectrum

- Canola Mayonnaise 16 oz
- Light Canola Eggless Mayonnaise 16 oz
- Organic Olive Oil Mayonnaise
- Organic Soy Mayonnaise 16 oz
- Organic Soy Mayonnaise, Squeeze Bottle

## Cookies and Snack Bars

### Bakery On Main

- Peanut Butter Chocolate Chip Granola Bars

### Enjoy Life

- Caramel Apple Snack Bars
- Cocoa Loco Snack Bars
- Soft Baked Chewy Chocolate Chip Cookies
- Soft Baked Double Chocolate Brownie Cookies
- Soft Baked Gingerbread Spice Cookie
- Soft Baked Lively Lemon Cookies
- Soft Baked Snickerdoodle Cookies
- Very Berry Snack Bars

### EnviroKidz

- Cheetah Organic Crispy Rice Bars, Berry
- Koala Organic Crispy Rice Bars, Chocolate
- Lemur Organic Crispy Rice Bars, Peanut Choco Drizzle
- Organic Vanilla Animal Cookies

## Cookies and Snack Bars (Cont'd)

### EnviroKidz

Penguin Organic Crispy Rice Bars, Fruity Burst

### Glutino

Breakfast Bars, Apple  
Breakfast Bars, Blueberry  
Chocolate Chip Dream Cookies  
Chocolate Coated Chocolate Wafers  
Chocolate Coated Vanilla Wafers  
Chocolate Vanilla Crème Sandwich Dream Cookies  
Lemon Wafers  
Vanilla Crème Sandwich Dream Cookies

### Ian's Natural Foods

Chocolate Chip Cookie Buttons, Wheat Free Gluten Free

### Immaculate Baking Company

Gluten Free Chocolate Chunk Cookie Dough

### Jennie's

Coconut Macaroons

### Kinnikinnick

KinniKritters Animal Cookies  
KinniTOOS Chocolate Sandwich Creme Cookies  
KinniTOOS Vanilla Sandwich Creme Cookies  
Montana's Chocolate Chip Cookies  
S'moreables Graham Style Crackers

### Let's Do...

Gluten Free Ice Cream Cones

### Mi-Del

Chocolate Chip Cookies  
Chocolate Sandwich Cookies  
Ginger Snaps

### Pamela's Products

Butter Shortbread Cookies  
Chocolate Chip Walnut Cookies  
Organic Dark Chocolate Chunk Cookies  
Organic Peanut Butter Chocolate Chip Cookies  
Shortbread Swirl Cookies  
Simplebites Chocolate Chip Mini Cookies

## Cookies and Snack Bars (Cont'd)

### WFM Gluten Free Bakehouse

Almond Cookies  
Chocolate Chip Cookies  
Molasses Ginger Cookies  
Nutmeal Raisin Cookies  
Peanut Butter Cookies

## Cosmetics

### Kiss My Face

Opal Shine .5 oz

## Crackers

### Blue Diamond

Almond Nut-Thins  
Cheddar Cheese Nut-Thins  
Country Ranch Nut-Thins  
Hazelnut Nut-Thins  
Pecan Nut-Thins  
Smokehouse Almond Nut-Thins

### Edward & Sons

Brown Rice Snaps, Unsalted Sesame  
Organic Brown Rice Snaps, Black Sesame  
Organic Brown Rice Snaps, Cheddar  
Organic Brown Rice Snaps, Unsalted Plain  
Organic Brown Rice Snaps, Vegetable

### Glutino

Crackers, Cheddar  
Crackers, Multigrain  
Crackers, Original

### Mary's Gone Crackers

Crackers, Black Pepper  
Crackers, Caraway  
Crackers, Herb  
Crackers, Onion  
Crackers, Original

## Dairy

### Brown Cow

Blueberry Whole Milk Yogurt, 6 oz  
Cherry-Vanilla Whole Milk Yogurt, 6 oz  
Maple Whole Milk Yogurt, 32 oz

## Dairy (Cont'd)

### Brown Cow

Maple Whole Milk Yogurt, 6 oz  
Plain Whole Milk Yogurt, 32 oz  
Raspberry Whole Milk Yogurt, 6 oz  
Strawberry Whole Milk Yogurt, 6 oz  
Vanilla Whole Milk Yogurt, 32 oz  
Vanilla Whole Milk Yogurt, 6 oz

### Chobani Greek Yogurt

0 % Strawberry Strained Yogurt  
0% Blueberry Strained Yogurt  
0% Honey Strained Yogurt  
0% Peach Strained Yogurt  
0% Plain Strained Yogurt  
0% Pomegranate Strained Yogurt  
0% Raspberry Strained Yogurt  
0% Strawberry Strained Yogurt  
0% Vanilla Strained Yogurt  
2% Pineapple Strained Yogurt  
2% Plain Strained Yogurt  
2% Strawberry-Banana Strained Yogurt

### Earth Balance

Buttery Spread with Olive Oil  
Buttery Sticks  
Organic Whipped Buttery Spread  
Original Buttery Spread  
Soy Free Buttery Spread

### Fage Total

Total 0% 17.6oz (500g)  
Total 0% 35.3 oz (1kg)  
Total 0% 6oz (170g)  
Total 10% 17.6oz (500g)  
Total 10% 35.3oz (1kg)  
Total 10% 7oz (200g)  
Total 2% 17.6oz (500g)  
Total 2% 7oz (200g)  
Total 2% Honey 5.3oz (150g)  
Total 2% Peach 5.3oz (150g)  
Total 2% Strawberry 5.3oz (150g)  
Total Blueberry 5.3oz (150g)  
Total Cherry 5.3oz (150g)  
Total Honey 5.3oz (150g)  
Total Strawberry 5.3oz (150g)

## Dairy (Cont'd)

### Stonyfield Farm

Fat Free Strawberry Probiotic Multi-Pack  
Organic Cream Top Chocolate Underground, 6 oz  
Organic Cream Top French Vanilla Yogurt, 32 oz  
Organic Cream Top French Vanilla, 6 oz  
Organic Cream Top Plain Yogurt, 32 oz  
Organic Cream Top Strawberries & Cream Yogurt, 6 oz  
Organic Fat Free Black Cherry Yogurt, Fruit on the Bottom, 6 oz  
Organic Fat Free Blueberry Yogurt, Fruit on the Bottom, 6 oz  
Organic Fat Free Chocolate Underground Yogurt, 6 oz  
Organic Fat Free French Vanilla Yogurt, 32 oz  
Organic Fat Free French Vanilla Yogurt, 6 oz  
Organic Fat Free Key Lime Yogurt, 6 oz  
Organic Fat Free Lotsa Lemon Yogurt, 6 oz  
Organic Fat Free Peach Yogurt, 6 oz  
Organic Fat Free Plain Yogurt, 32 oz  
Organic Fat Free Plain Yogurt, 6 oz  
Organic Fat Free Pomegranate Berry Yogurt, 6 oz  
Organic Fat Free Strawberry Yogurt, Fruit on the Bottom, 6 oz  
Organic Low Fat BaNilla Yogurt, 32 oz  
Organic Low Fat Blueberry Yogurt, 32 oz  
Organic Low Fat Just Peachy Yogurt, Fruit on the Bottom, 6 oz  
Organic Low Fat Plain Yogurt, 32 oz  
Organic Low Fat Plain Yogurt, 6 oz  
Organic Low Fat Raspberry Yogurt, 6 oz  
Organic Low Fat Strawberry Pomegranate Yogurt, 6 oz  
Organic Low Fat Strawberry Yogurt, 32 oz  
Organic Low Fat Vanilla Yogurt  
Organic Low Fat Vanilla, 32 oz  
Organic O'Soy Strawberry/Peach Yogurt, 6-pack  
Organic Strawberry Yogurt Smoothies, 4 pack

## Dairy (Cont'd)

### Stonyfield Farm

- Organic Wild Berry Yogurt Smoothies, 4 pack
- YoBaby Drinkable Yogurt, Peach
- YoKids Squeezers Cherry/Berry Blitz
- YoKids Squeezers Screamin' Strawberry
- YoKids Strawberry BaNilla Blast Yogurt
- YoKids Strawberry Vanilla Raspberry Yogurt

## Dairy Alternatives

### 365 Everyday Value™

- Organic Ricemilk - Original
- Organic Ricemilk - Unsweetened
- Organic Ricemilk - Vanilla
- Organic Soymilk - Chocolate, 32 oz
- Organic Soymilk - Original, 32 oz
- Organic Soymilk - Original, 64 oz
- Organic Soymilk - Unsweetened, 32 oz
- Organic Soymilk - Unsweetened, 64 oz
- Organic Soymilk - Vanilla, 32 oz
- Organic Soymilk - Vanilla, 64 oz

### Blue Diamond

- Almond Breeze, Chocolate
- Almond Breeze, Chocolate Unsweetened
- Almond Breeze, Original
- Almond Breeze, Original Unsweetened
- Almond Breeze, Unsweetened Vanilla
- Almond Breeze, Vanilla
- Almond Breeze, Vanilla Unsweetened

### Eden

- Organic EdenBlend, Rice & Soy Beverage, 32 oz

### Follow Your Heart

- Vegan Gourmet Cheddar
- Vegan Gourmet Cream Cheese
- Vegan Gourmet Monterey Jack
- Vegan Gourmet Mozzarella Cheese
- Vegan Gourmet Nacho Cheese
- Vegan Gourmet Sour Cream

### Rice Dream

- Enriched Rice Milk Beverage, Chocolate 32 oz
- Enriched Rice Milk Beverage, Original 8 oz

## Dairy Alternatives (Cont'd)

### Rice Dream

- Enriched Rice Milk Beverage, Vanilla 32 oz
- Organic Enriched Rice Milk Beverage, Original 32 oz
- Refrigerated Ricemilk, Original 64 oz
- Refrigerated Ricemilk, Vanilla 64 oz
- Rice Milk Beverage, Original 32 oz
- Rice Milk Beverage, Original 8 oz
- Rice Milk Beverage, Vanilla 8 oz

### So Delicious

- Blueberry Cultured Coconut Milk Yogurt
- Chocolate Cultured Coconut Milk Yogurt
- Chocolate Non-Dairy Frozen Coconut Milk Dessert
- Coconut Non-Dairy Frozen Coconut Milk Dessert
- French Vanilla Coconut Milk Creamer
- Hazelnut Coconut Milk Creamer
- Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert
- Original (Plain) Coconut Milk Beverage
- Original (Plain) Coconut Milk Creamer
- Original (Plain) Coconut Milk Kefir
- Passionate Mango Non-Dairy Frozen Coconut Milk Dessert
- Plain Cultured Coconut Milk Yogurt
- Raspberry Cultured Coconut Milk Yogurt
- Strawberry Banna Cultured Coconut Milk Yogurt
- Strawberry Coconut Milk Kefir
- Strawberry Cultured Coconut Milk Yogurt
- Unsweetened Coconut Milk Beverage
- Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert
- Vanilla Coconut Milk Beverage
- Vanilla Coconut Milk Kefir
- Vanilla Cultured Coconut Milk Yogurt

### WestSoy

- Soy Beverage, Unsweetened Chocolate 32 oz

## Deli Style Meats and Cheeses

### Applegate Farms

- Organic Sliced Oven Roasted Chicken Salametti
- Sliced Authentic Prosciutto
- Sliced Organic Genoa Salami
- Sliced Organic Oven Roasted Turkey
- Sliced Organic Smoked Turkey
- Sliced Organic Uncured Ham
- Sliced Oven Roasted Sliced Turkey
- Sliced Slow Cooked Ham
- Sliced Smoked Turkey
- Sliced Turkey Bologna

## Dental Care Products

### Kiss My Face

- Anticavity Toothpaste 3.4 oz
- Sensitive Toothpaste 3.4 oz
- Tartar Control Toothpaste 3.4 oz

### Tom's of Maine

- Peppermint Anticavity SLS-Free Toothpaste
- Spearmint Flat Floss
- Unflavored Round Floss

## Deodorant

### Hugo Naturals

- Mexican Lime & Bergamot Deodorant
- Unscented Deodorant

### Kiss My Face

- Liquid Rock Patchouli Deodorant 3 oz

## Desserts

### Glutino

- Chocolate Glazed Donuts
- Original Glazed Donuts

### Purely Decadent

- Chocolate Peanut Butter Swirl Non-Dairy Frozen Coconut Milk Dessert

### So Delicious

- Chocolate Non-Dairy Frozen Coconut Milk Dessert
- Coconut Non-Dairy Frozen Coconut Milk Dessert

## Desserts (Cont'd)

### So Delicious

- Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert
- Passionate Mango Non-Dairy Frozen Coconut Milk Dessert
- Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

### WFM Gluten Free Bakehouse

- Apple Pie
- Cherry Pie
- Chocolate Cupcakes
- Pumpkin Pie
- Southern Pecan Pie
- Vanilla Cupcakes

## Energy and Nutrition Bars/Drinks

### Bumble Bar

- Chocolate Crisp
- Lushus Lemon
- Original with Cashew
- Original with Hazelnut
- Original with Mixed Nuts
- Original with Peanut

## Entrees and Mixes

### Arrowhead Mills

- Gluten Free All Purpose Baking Mix
- Gluten Free Chocolate Chip Cookie Mix

### Bob's Red Mill

- Gluten Free Chocolate Chip Cookie Mix

### Cherrybrook Kitchen Gluten Free Dreams

- Chocolate Cake Mix
- Chocolate Chip Cookie Mix
- Fudge Brownie Mix
- Pancake & Waffle Mix

### Edward & Sons

- Organic Home Style Mashed Potato Mix

### Glutino

- Macaroni & Cheese

## Entrees and Mixes (Cont'd)

### Kinnikinnick

Pancake & Waffle Mix

### Lundberg Family Farms

Garlic Primavera Risotto

Italian Herb Risotto

Organic Alfredo Risotto

Organic Florentine Risotto

Organic Porcini Wild Mushroom Risotto

Organic Tuscan Risotto

### Namaste

Blondie Mix

Bread Mix

Brownie Mix

Pizza Crust Mix

Spice Cake Mix

Sugar-Free Muffin Mix

Vanilla Cake Mix

Waffle & Pancake Mix

### Pamela's Products

Vanilla Frosting Mix

### Road's End Organics

Dairy Free Cheddar Style Penne & Cheese

### Tasty Bite

Aloo Palak

Madras Lentils

## Ethnic Foods

### Annie Chun's

Maifun Rice Noodles

Pad Thai Rice Noodles

### Edward & Sons

Miso-Cup, Organic Traditional with Tofu

### Food For Life

Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Food Merchants

Organic Polenta, Basil & Garlic

Organic Polenta, Sundried Tomato & Garlic

Organic Polenta, Traditional

## Ethnic Foods (Cont'd)

### Native Forest

Light Coconut Milk

### Organicville

Organic Island Teriyaki

Organic Sesame Teriyaki

### Tasty Bite

Aloo Palak

Madras Lentils

## Facial Care Products

### MyChelle

Ultra Hyaluronic Hydrating Serum

## Frozen Foods

### Against The Grain

Pizza, 3-Cheese

Pizza, Pesto

### Applegate Farms

Maple Breakfast Sausage

Organic Turkey Burgers

Sage Breakfast Sausage

### French Meadow Bakery

Gluten Free Chocolate Chip Cookie Dough

### Glutino

BBQ Chicken Pizza Brown Rice Crust Pizza

Duo Cheese Pizza Multipack

Pizza, Duo Cheese

Pizza, Spinach Feta

### Ian's Natural Foods

Alpha Tots

French Toast Sticks, Wheat Free Gluten Free

Ian's Chicken Nuggets, Allergen Free

Ian's Fish Sticks, Allergen Free

### It's Soy Delicious

Chocolate Almond Non-Dairy Frozen Dessert

### Julie's Organic Ice Cream

Glutenfreeda's Organic Gluten Free Vanilla Ice Cream Sandwich

## Frozen Foods (Cont'd)

### Kettle Cuisine

- Angus Beef Steak Chili with Beans
- Chicken Chili with White Beans
- Chicken Soup with Rice Noodles
- Grilled Chicken and Corn Chowder
- Organic Mushroom and Potato Soup
- Tomato Soup with Garden Vegetables

### Kinnikinnick

- Blueberry Muffins
- Chocolate Dipped Donuts
- Cinnamon Sugar Donuts
- Homestyle Waffles, Original
- Sunflower Flax Rice Bread
- Tapioca Rice Hamburger Buns
- Tapioca Rice Hot Dog Buns
- Vanilla Glazed Donuts

### Nature's Path

- Organic Buckwheat Wildberry Waffles
- Organic Homestyle Waffles

### Organic So Delicious

- Chocolate Peanut Butter Non-Dairy Frozen Dessert
- Chocolate Velvet Non-Dairy Frozen Dessert
- Creamy Vanilla Non-Dairy Frozen Dessert
- Mint Marble Fudge Non-Dairy Frozen Dessert

### Purely Decadent

- Chocolate Obsession Non-Dairy Frozen Dessert
- Chocolate Peanut Butter Swirl Non-Dairy Frozen Coconut Milk Dessert
- Cookie Dough Non-Dairy Frozen Coconut Milk Dessert
- Mocha Almond Fudge Non-Dairy Frozen Dessert
- Turtle Trails Non-Dairy Frozen Dessert

### Rice Dream

- Neapolitan Frozen Dessert, Quart
- Rice Dream, Strawberry
- Vanilla Frozen Dessert, Pint
- Vanilla Frozen Dessert, Quart

## Frozen Foods (Cont'd)

### So Delicious

- Chocolate Non-Dairy Frozen Coconut Milk Dessert
- Coconut Almond Bar, Made with Coconut Milk
- Coconut Non-Dairy Frozen Coconut Milk Dessert
- Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert
- Passionate Mango Non-Dairy Frozen Coconut Milk Dessert
- Vanilla Bar, Made with Coconut Milk
- Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

### Starfish

- Crispy Battered Gluten Free Cod

### Sweet Nothings

- Non-Dairy Fudge Bar

### Van's

- Wheat Free Blueberry Waffles
- Wheat Free Buckwheat Waffles
- Wheat Free Flax Waffles
- Wheat Free French Toast Sticks Cinnamon
- Wheat Free Homestyle Waffles
- Wheat Free Mini Homestyle Waffles

## Grains and Rice

### Ancient Harvest

- Traditional Organic Quinoa 12 oz

### Annie Chun's

- Rice Express Sprouted Brown Rice
- Rice Express Sticky White Rice

### Bob's Red Mill

- Organic Quinoa Grain

### Eden

- Organic Buckwheat, Hulled Whole Grain
- Organic Millet, Whole Grain

### Lundberg Family Farms

- Eco-Farmed Black Japonica Field Gourmet Blend
- Eco-Farmed California Brown Basmati Rice
- Eco-Farmed California White Arborio Rice

## Grains and Rice (Cont'd)

### Lundberg Family Farms

- Eco-Farmed Long Grain Brown Rice
- Eco-Farmed Short Grain Brown Rice
- Eco-Farmed Wild Blend Gourmet Blend Rice
- Italian Herb Risotto
- Organic Alfredo Risotto
- Organic California Brown Basmati Rice
- Organic California White Basmati Rice
- Organic California White Jasmine Rice
- Organic Long Grain Brown Rice
- Organic Porcini Wild Mushroom Risotto
- Organic Quick Wild Rice

## Hair Care Products

### 365 Every Day Value™

- Conditioner Citrus Grapefruit
- Conditioner Herbal Mint
- Conditioner Lavender Blend
- Shampoo for Dry and Normal Fragrance Free
- Shampoo for Dry and Normal Citrus Grapefruit
- Shampoo for Dry and Normal Herbal Mint
- Shampoo for Dry and Normal Lavender Blend
- Shampoo for Normal and Oily Citrus Grapefruit
- Shampoo for Normal and Oily Fragrance Free
- Shampoo for Normal and Oily Herbal Mint
- Shampoo for Normal and Oily Lavender Blend

### Hugo Naturals

- Moisturizing & Restoring Conditioner (Red Tea & Ylang Ylang)
- Moisturizing & Restoring Shampoo (Red Tea & Ylang Ylang)
- Smoothing & Defining Conditioner (Coconut)
- Travel Size Balancing Shampoo (French Lavender & Tea Tree)
- Volumizing Shampoo (Vanilla & Sweet Orange)

## Hand & Body Lotions

### 365 Every Day Value™

- Body Lotion Citrus Grapefruit
- Body Lotion Fragrance Free
- Body Lotion Herbal Mint
- Body Lotion Lavender Blend

### Hugo Naturals

- French Lavender All Over Lotion
- Lemon Verbena & Bergamot All Over Lotion
- Sea Fennel & Passionflower All Over Lotion
- Shea Butter & Oatmeal All Over Lotion
- Vanilla & Sweet Orange All Over Lotion
- Vanilla & Sweet Orange Lotion

### Kiss My Face

- Honey & Calendula Moisturizer 4 oz
- Peaches & Crème Moisturizer 16 oz
- Peaches & Crème Moisturizer 4 oz
- Vitamin A&E Moisturizer 4 oz

## Hand & Body Washes

### 365 Every Day Value™

- Shower Gel Citrus Grapefruit
- Shower Gel Fragrance Free
- Shower Gel Herbal Mint
- Shower Gel Lavender Blend

### Hugo Naturals

- Shea Butter & Oatmeal Shower Gel

### Kiss My Face

- Berry Smart Whale Soap Duo 2-3.5 oz
- Peaceful Patchouli Shower Gel 16 oz
- Silky Soft Shower Gel 16 oz

## Jams and Nut Butters

### Arrowhead Mills

- Creamy Peanut Butter, 26 oz

### Barney Butter

- Barney Butter Smooth - 10 oz / 6 pk

### Blue Diamond

- Homestyle Almond Butter, Crunchy
- Readyspread Almond Butter, Honey

## Jams and Nut Butters (Cont'd)

### Earth Balance

Creamy Natural Almond Butter

## Lip Balms

### Badger

Unscented Lip Care

### Kiss My Face

Cranberry Orange Lip Balm w / SPF 15 .15 oz

Opal Shine .5 oz

Strawberry Lip Balm w / SPF 15 .15 oz

### Kiss My Face

Vanilla Honey Lip Balm w / SPF 15 .15 oz

## Meat and Poultry

### Applegate Farms

Beef Hot Dogs

Chicken Apple Breakfast Sausage

Chicken Hot Dogs

Maple Breakfast Sausage

Organic Beef Hot Dogs

Organic Chicken & Apple Sausage

Organic Chicken Hot Dogs

Organic Fire Roasted Red Pepper Sausage

Organic Hot Dogs

Organic Poultry Andouille Sausage

Organic Spinach & Feta Sausage

Organic Sweet Italian Sausage

Organic Turkey Burgers

Organic Turkey Hot Dogs

Sage Breakfast Sausage

Sliced Organic Turkey Bacon

Sliced Sunday Bacon

Sliced Turkey Bacon

Turkey Hot Dogs

## Nutritional Supplements

### Amazing Grass

Amazing Meal Original

Amazing Meal Pomegranate Mango

Amazing Meal chocolate

Green SuperFood Berry

## Nutritional Supplements (Cont'd)

### Amazing Grass

Green SuperFood Original

Kidz SuperFood Berry

Wheat Grass

Wheat Grass Tablets

### BioChem

100% Greens & Whey Protein Powder

100% Greens & Whey Protein Powder Chocolate

100% Greens & Whey Protein Powder Chocolate`

100% Greens & Whey Protein Powder Vanilla

100% Raw Foods & Whey Powder

100% Whey Protein Chocolate Fudge

100% Whey Protein Chocolate Fudge 1.9lb

100% Whey Protein Natural Flavor

100% Whey Protein Natural Flavor

100% Whey Protein Vanilla 1.9lb

100% Whey Protein Vanilla 13.9oz

Hemp & Whey Protein Powder 1lb

Ultimate Fat Metabolizer 60ct

Ultimate Fat Metabolizer 90ct

### Country Life

Acidophilus with Pectin Capsules, 100 ct

B-12 500mcg Time Release 100ct

Biotin 1000mcg 100ct

Bromelain 500mg 30ct

Chewable Multivitamin 60ct

Citrus Bioflavonoids Complete 1000mg 100ct Tablet

DHEA 10mg Capsules, 50 ct

DHEA 25mg Capsules, 90 ct

DMAE 350mg Capsules, 50 ct

Dolphin Pals DHA for Kids

Folic Acid 800mcg 100ct

L-Lysine 1000mg Tablets with B-6, 100 ct

L-Lysine 500mg Capsules with B-6, 100 ct

Maxi Hair 60ct

Maxi Hair 90ct

Maxi Pre-Natal Capsules 180ct

Maxi-Sorb Vegetarian Support 120ct

Neuro-PS Phosphatidylserine, 30 ct

Pregnenolone 10mg Capsules, 60 ct

Selenium 100mcg Yeast Free Tablets, 90 ct

## Nutritional Supplements (Cont'd)

### Country Life

Target-Mins Calcium-Magnesium Complex Tablets, 90 ct  
Target-Mins Calcium-Magnesium-Zinc Tablets, 90 ct  
Target-Mins Magnesium Capsules, 60 ct  
Target-Mins Magnesium-Potassium Aspartate Tablets, 90 ct  
Target-Mins Zinc 50mg Tablets, 90 ct  
Vitamin B-6 50mg 100ct  
Vitamin D 400 IU 100ct Softgels  
Vitamin D3 2500 IU 200ct  
Vitamin E Complex 400IU 90ct Softgels

### Iron Tek

Essential CLA 1000mg 180ct Softgel  
Essential Liquid Carnitine 1000 Vanilla 16oz Liquid

### Nature's Way Alive!

Alive! Whole Food C, 120 Vcaps  
Alive! Whole Food C, Pwd 120 g  
Alive!® (no iron added) / 180 Tb  
Alive!® (no iron added) / 30 Tb  
Alive!® (no iron added) / 90 Tb  
Alive!® (no iron added) / 90 Vcaps®  
Alive!® / 180 Tb

### Nature's Way Primadophilus

Primadophilus® Original / 180 Vcaps®  
Primadophilus® Original / 90 Vcaps®  
Primadophilus® Reuteri / 30 Vcaps®  
Primadophilus® Reuteri Pearls / 30 Pearls  
Primadophilus® for Children / 5 oz Pwdr  
Primadophilus® for Kids Cherry / 30 Chw  
Primadophilus® for Kids Orange / 30 Chw

### Nature's Way Sambucus

Sambucus Immune Syrup / 4 oz  
Sambucus Sugar-Free Syrup / 8 oz  
Sambucus Syrup / 4 oz

### Nature's Way Thisilyn

Super Thisilyn® / 60 Vcaps®

### Nature's Way Umcka

Umcka ColdCare® Sugar-Free Grape Syrup / 4 oz  
Umcka® Cold+Flu Orange Chewable / 20 Chw

## Nutritional Supplements (Cont'd)

### Rainbow Light

ACTIVE HEALTH TEEN MULTIVITAMIN 30  
ACTIVE SENIOR MULTIVITAMIN 90  
BUSY BRAIN RELEASE 60  
CALCIUM CITRATE MINI TABS 120  
COMPLETE PRENATAL SYSTEM 180  
COMPLETE PRENATAL SYSTEM 360  
EVERYDAY CALCIUM WITH ENZYMES 240  
FOOD-BASED CALCIUM 90  
JUST ONCE MULTIVITAMIN 120  
KID'S ONE MULTISTARS 90  
MEN'S ONE MULTIVITAMIN 30  
MEN'S ONE MULTIVITAMIN 90  
NAIL, HAIR & SKIN CONNECTION 60  
PMS RELIEF 30  
PRENATAL ONE MULTIVITAMIN 150  
PRENATAL ONE MULTIVITAMIN 30  
PRENATAL ONE MULTIVITAMIN 90  
PROTEIN ENERGIZER VANILLA  
VITAMIN D 1,000 IU GUMMIES 50  
VITAMIN D 400 IU GUMMIES 60  
WOMEN'S NUTRITIONAL SYSTEM 180  
WOMEN'S ONE MULTIVITAMIN 150  
WOMEN'S ONE MULTIVITAMIN 30

### VEGA

Berry Large  
Choc-a-lot  
Chocolate Small  
Vanilla Chai Small

### Vibrant Health

Field of Greens 30 serving

## Ointments/Salves/Gels/Antiseptics

### Badger

Baby Balm  
Cuticle Care Tin  
Healing Balm  
Sore Muscle Rub

## Pasta

### Ancient Harvest

- Quinoa Supergrain Pasta, Elbows 8 oz
- Quinoa Supergrain Pasta, Garden Pagodas 8 oz
- Quinoa Supergrain Pasta, Rotelle 8 oz
- Quinoa Supergrain Pasta, Shells 8 oz
- Quinoa Supergrain Pasta, Spaghetti 8 oz

### Bionaturae

- Organic Gluten Free Elbows Pasta
- Organic Gluten Free Fusilli
- Organic Gluten Free Linguine
- Organic Gluten Free Penne Rigate
- Organic Gluten Free Spaghetti

### DeBoles Foods

- Corn Spaghetti
- Multi-Grain Penne
- Multi-Grain Spaghetti
- Rice Lasagna
- Rice Spaghetti
- Rice Spirals

### Lundberg Family Farms

- Organic Brown Rice Penne Pasta
- Organic Brown Rice Rotini Pasta
- Organic Brown Rice Spaghetti Pasta

### Tinkyada

- Brown Rice Elbow
- Brown Rice Fettucini
- Brown Rice Fusilli
- Brown Rice Little Dreams
- Brown Rice Penne
- Brown Rice Shells
- Brown Rice Spaghetti
- Brown Rice Spirals
- Organic Brown Rice Elbow
- Organic Brown Rice Lasagne
- Organic Brown Rice Penne
- Organic Brown Rice Spaghetti
- Organic Brown Rice Spirals
- Spinach Brown Rice Spaghetti
- Vegetable Brown Rice Spirals

## Personal Care

### Kiss My Face

- Triple Action Toothpaste 3.4 oz

### Natracare

- Breathable Panty Liners - 30 CT
- Curved Panty Liners - 30 CT
- ORGANIC Regular Applicator Tampons - 16 CT
- ORGANIC Regular Non-Applicator Tampons - 20 CT
- ORGANIC Super Applicator Tampons - 16 CT
- ORGANIC Super Non-Applicator Tampons - 20 CT
- ORGANIC Super Plus Non-Applicator Tampons - 20 CT
- Slender Pads - 20 CT
- Super Pads - 12 CT
- Tanga Panty Liners - 30 CT

### Tom's of Maine

- Apricot Long Lasting Stick Deodorant
- Honeysuckle Rose Stick Deodorant
- Lavender Long Lasting Roll-on Deodorant
- Lavender Long Lasting Stick Deodorant
- Lemongrass Long Lasting Stick Deodorant
- Peppermint Anticavity Toothpaste
- Silly Strawberry Anticavity Toothpaste
- Spearmint Anticavity Toothpaste
- Unscented Long Lasting Stick Deodorant
- Unscented Stick Deodorant
- Woodspice Stick Deodorant

## Prepared Foods

### Food Merchants

- Organic Polenta, Basil & Garlic
- Organic Polenta, Sundried Tomato & Garlic
- Organic Polenta, Traditional

## Sauces, Salsas and Dips

### Organicville

- Organic Island Teriyaki
- Organic Medium Salsa
- Organic Mild Salsa
- Organic Sesame Teriyaki

## Sauces, Salsas and Dips (Cont'd)

### The Wizard's Sauce

Organic Hot Stuff

## Seafood

### Starfish

Crispy Battered Gluten Free Cod

## Shaving Aids

### Kiss My Face

Cool Mint Moisture Shave 11 oz

Lavender & Shea Moisture Shave 11 oz

### Kiss My Face

Patchouli Moisture Shave 11 oz

## Soups

### Edward & Sons

Miso-Cup, Organic Traditional with Tofu

### Imagine Foods

Broccoli Soup 32 oz

Butternut Squash Soup 32 oz

Creamy Tomato Soup 16 oz

Free Range Chicken Broth 32 oz

No Chicken Broth 32 oz

Organic Acorn Squash & Mango Soup 32 oz

Organic Chicken Broth, Low Sodium 32 oz

Organic Corn Soup, Low Sodium 32 oz

Organic Portabello Mushroom Soup 32 oz

Organic Potato Soup, Low Sodium 32 oz

Organic Tomato Soup 32 oz

Potato Leek Soup 32 oz

### Kettle Cuisine

Angus Beef Steak Chili with Beans

Chicken Chili with White Beans

Chicken Soup with Rice Noodles

Grilled Chicken and Corn Chowder

Organic Mushroom and Potato Soup

Tomato Soup with Garden Vegetables

## Spices and Seasonings

### Edward & Sons

Bouillon Cubes, Not-Beef

Bouillon Cubes, Not-Chick'n

## Sweeteners

### Lundberg Family Farms

Brown Rice Syrup

Organic Brown Rice Syrup