

# Gluten Free

SPECIAL DIETS SERIES

CELEBRATING  
YOUR  
CHOICES



## Torrance Store, Southern Pacific Region

Whole Foods Market is excited to bring you Celebrating Your Choices, a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product.

### Baby & Child Products

#### California Baby

- Aloe Vera Baby Lotion
- Body Wash & Shampoo - Large
- Bubble Bath, Chamomile & Herb
- Detangler Hair Spray
- Moisturizing Cream
- Shampoo & Body Wash
- Super Sensitive Baby Shampoo
- Super Sensitive Hair Conditioner

#### Hugo Naturals

- Lavender & Chamomile Baby Mist

### Baked Goods

#### Kinnikinnick

- Chocolate Chip Muffins

### Baked Goods (Cont'd)

#### Udi's

- GF Blueberry Muffins
- GF Double Chocolate Muffins
- GF Lemon Streusel Muffins

#### WFM Gluten Free Bakehouse

- Almond Cookies
- Banana Bread
- Blueberry Muffins
- Cheddar Biscuits
- Chocolate Chip Cookies
- Cinnamon Raisin Bread
- Cream Biscuits
- Lemon Poppyseed Muffins (4 pack)
- Molasses Ginger Cookies
- Morning Glory Muffins
- Peanut Butter Cookies
- Pie Shells
- Pizza Crust
- Prairie Bread

## **Baked Goods (Cont'd)**

### **WFM Gluten Free Bakehouse**

Sandwich Bread  
Sundried Tomato & Garlic Bread  
Vanilla Cupcakes

## **Baking Needs**

### **1-2-3 Gluten Free**

Allie's Awesome Buckwheat Pancake Mix  
Chewy Chipless Scrumdelicious Cookie Mix  
Micah's Mouthwatering Corn Bread Mix  
Sweet Goodness Pan Bar Mix

### **Arrowhead Mills**

Buckwheat Flour  
Long Grain Brown Rice Flour  
Millet Flour  
White Rice Flour  
Yellow Corn Meal

### **Authentic Foods**

Blueberry Muffin Mix  
Pancake & Baking Mix  
Xanthan Gum

### **Bob's Red Mill**

Active Dry Yeast  
Almond Flour  
Arrowroot Starch Flour  
Baking Soda  
Brown Rice Flour  
Cornstarch  
Flaxseed Meal  
Flaxseeds  
Garbanzo Bean Flour  
Gluten Free All Purpose Baking Flour  
Gluten Free Chocolate Cake Mix  
Gluten Free Chocolate Chip Cookie Mix  
Gluten Free Cornmeal  
Gluten Free Pancake Mix  
Gluten Free Pizza Crust Mix  
Gluten Free Sweet White Sorghum Flour  
GlutenFree Rolled Oats  
Golden Flaxseed Meal  
Golden Flaxseeds  
Guar Gum

## **Baking Needs (Cont'd)**

### **Bob's Red Mill**

Hazelnut Meal/Flour  
Organic Amaranth Flour  
Organic Brown Rice Flour  
Organic Coconut Flour  
Organic Flaxseed Meal  
Organic Golden Flaxseed Meal  
Potato Flour  
Potato Starch  
Sweet White Rice Flour  
Tapioca Flour  
Teff Flour  
Xanthan Gum

### **Chebe**

Cinnamon Rolls Mix  
Focaccia Flatbread Mix

### **Cherrybrook Kitchen Gluten Free Dreams**

Chocolate Chip Cookie Mix  
Fudge Brownie Mix  
Ready To Spread Vanilla Frosting  
Sugar Cookie Mix  
Vanilla Frosting Mix

### **Dagoba**

Cacao Powder

### **Earth Balance**

Shortening

### **Ener-G**

Egg Replacement

### **Enjoy Life**

Semi-Sweet Chocolate Chips

### **Gluten Free Pantry**

Chocolate Chip Cookie & Cake Mix  
Chocolate Truffle Brownie Mix  
French Bread & Pizza Mix  
Muffins & Scone Mix  
Old Fashioned Cake & Cookie Mix  
Yankee Cornbread & Muffin Mix

### **Hain**

Baking Powder

## Baking Needs (Cont'd)

### King Arthur Flour

- Gluten Free Brownie Mix
- Gluten Free Chocolate Cake Mix
- Gluten Free Muffin Mix
- Gluten Free Multi-Purpose Flour
- Gluten Free Pancake Mix

### Kinnikinnick

- Graham Style Crumbs
- Panko Style Bread Crumbs

### Let's Do... Organic

- Organic Coconut Flakes
- Organic Cornstarch
- Organic Reduced Fat Shredded Coconut
- Organic Shredded Coconut
- Organic Tapioca Starch

### Namaste

- Muffin Mix
- Pizza Crust Mix
- Spice Cake Mix

### Pamela's Products

- Baking & Pancake Mix
- Baking & Pancake Mix, 4 lb
- Classic Vanilla Cake Mix
- Cornbread & Muffin Mix
- Gluten-Free Bread Mix
- Gluten-Free Bread Mix & Flour Blend

### Simply Organic

- Banana Bread Mix, Cert. Org.

### Spicely

- Organic Vanilla Extract

### WFM Gluten Free Bakehouse

- Pie Shells

## Bar Soap

### Hugo Naturals

- Indonesian Patchouli & Sandalwood Bar Soap

### Kiss My Face

- Olive & Aloe Bar Soap 4 oz
- Olive & Honey Bar Soap 8 oz
- Olive & Lavender Bar Soap 4 oz

## Bar Soap (Cont'd)

### Kiss My Face

- Pure Olive Oil Bar Soap 4 oz

## Beverages

### Dagoba

- Unsweetened Hot Chocolate - FTC, 8 oz

### So Delicious

- Original (Plain) Coconut Milk Beverage
- Original (Plain) Coconut Milk Kefir
- Strawberry Coconut Milk Kefir
- Unsweetened Coconut Milk Beverage
- Vanilla Coconut Milk Beverage
- Vanilla Coconut Milk Kefir

## Bread

### Against The Grain

- Baguettes, Original

### Ener-G

- Bread Crumbs
- Brown Rice Loaf

### Food For Life

- Brown Rice Bread, Wheat & Gluten Free
- Millet Bread, Wheat & Gluten Free
- Raisin Pecan Bread, Wheat & Gluten Free
- Rice Almond Bread, Wheat & Gluten Free
- Rice Pecan Bread, Wheat & Gluten Free
- White Rice Bread, Wheat & Gluten Free
- Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Glutino

- Bagels, Cinnamon 'n Raisin
- Bagels, Poppy Seed
- Bread Crumbs
- Premium Cinnamon & Raisin Bread
- Premium Corn Bread
- Premium Flax Seed Bread
- Premium Pizza Crusts

### Kinnikinnick

- Personal Size Pizza Crusts

## Bread (Cont'd)

### Udi's

- GF White Sandwich Bread
- GF Whole Grain Bread
- GF Whole Grain Hamburger Buns

### WFM Gluten Free Bakehouse

- Cheddar Biscuits
- Cinnamon Raisin Bread
- Cream Biscuits
- Light White Sandwich Bread
- Prairie Bread
- Sandwich Bread
- Sundried Tomato & Garlic Bread

## Candy and Chocolate

### Endangered Species Chocolate

- Dark Chocolate with Espresso Beans - Tiger
- Dark Chocolate with Hazelnut Toffee - Rhino
- Extreme Dark Chocolate - Panther
- Organic Health Dark Chocolate with Goji Berry, Pecans & Maca - Spider Monkey
- Smooth Organic Dark Chocolate - Butterfly
- Smooth Organic Milk Chocolate - Lion

### Enjoy Life

- Boom Choco Boom Dairy-Free Rice Milk Chocolate Bar
- Boom Choco Boom Dairy-Free Rice Milk w/ Crispy Rice Chocolate Bar

### Glee Gum

- Glee Cinnamon Gum
- Glee Peppermint Gum
- Glee Spearmint Gum
- Glee Tangerine Gum

### Let's Do... Organic

- Organic Classic Gummi Bears
- Organic Super Sour Gummi Bears

### Scharffen Berger

- 41% Milk Bars
- 62% Nibby Bars
- 62% Semisweet Bars
- Dark Mocha Chocolate Bar, 62% Cacao

## Candy and Chocolate (Cont'd)

### Scharffen Berger

- Extra Dark Chocolate Bar, 82% Cacao
- Semisweet Tasting Square Bars 62%

## Canned Goods

### Native Forest

- Organic Hearts of Palm

## Canned/Jarred Goods

### Amy's Kitchen

- Black Bean Chili
- Light in Sodium - Medium Chili
- Light in Sodium - Spicy Chili
- Light in Sodium - Traditional Refried Beans
- Medium Chili
- Medium Chili with Vegetables
- Refried Beans with Green Chiles
- Refried Black Beans
- Southwestern Black Bean Chili
- Spicy Chili
- Thai Coconut Soup (Tom Kha Phak)
- Traditional Refried Bean

## Cereal

### Ancient Harvest

- Organic Quinoa Flakes 12 oz

### Arrowhead Mills

- Maple Buckwheat Organic Flakes
- Organic Rice & Shine Hot Cereal
- Organic Yellow Corn Grits

### Bakery On Main

- Nutty Cranberry Gluten Free Granola

### Bob's Red Mill

- Gluten Free Mighty Tasty Hot Cereal
- GlutenFree Rolled Oats
- Organic Brown Rice Farina Creamy Rice Hot Cereal

## Cereal (Cont'd)

### Enjoy Life

- Cinnamon Crunch Granola
- Crunchy Flax Cereal
- Crunchy Rice Cereal
- Very Berry Crunch Granola

### EnviroKidz

- Amazon Frosted Flakes Organic Cereal
- Gorilla Munch Organic Cereal
- Gorilla Munch Organic Cereal, 23 oz
- Koala Crisp Organic Cereal
- Koala Crisp Organic Cereal, 26 oz
- Leapin' Lemurs Peanut Butter & Chocolate Organic Cereal
- Peanut Butter Panda Puffs Organic Cereal
- Peanut Butter Panda Puffs Organic Cereal, 25 oz

### Erewhon

- Cocoa Crispy Brown Rice
- Corn Flakes
- Crispy Brown Rice - Gluten Free
- Crispy Brown Rice w/ Mixed Berries
- Rice Twice
- Strawberry Crisp

### Glutino

- Apple & Cinnamon Cereal
- Berry Sensible Beginnings
- Frosted Sensible Beginnings
- Sensible Beginnings

### Nature's Path

- Organic Crispy Rice Cereal
- Organic Fruit Juice Sweetened Corn Flakes
- Organic Fruit Juice Sweetened Corn Flakes, 26.4 oz
- Organic Honey'd Cornflakes
- Organic Mesa Sunrise Cereal
- Organic Mesa Sunrise Cereal, 26.4 oz

### Udi's

- GF Au Naturel Granola
- GF Cranberry Granola
- GF Vanilla Granola

## Cheese

### Applegate Farms

- American Cheese
- Sliced Aged Cheddar Cheese
- Sliced Emmentaler Swiss Cheese
- Sliced Havarti Cheese
- Sliced Medium Cheddar Cheese
- Sliced Muenster Cheese
- Sliced Organic Mild Cheddar Cheese
- Sliced Pepperjack Cheese
- Sliced Provolone Cheese

### Follow Your Heart

- Vegan Gourmet Cheddar
- Vegan Gourmet Cream Cheese
- Vegan Gourmet Monterey Jack
- Vegan Gourmet Mozzarella Cheese
- Vegan Gourmet Nacho Cheese
- Vegan Gourmet Sour Cream

## Chips/Pretzels/Snacks

### Arico

- Cassava Chips, Barbecue Bliss
- Cassava Chips, Original
- Cassava Chips, Sea Salt Mist

### Blue Diamond

- Barbeque Nut Thins
- Cheddar Cheese Nut Thins
- Country Ranch Nut Thins
- Hazelnut Nut Thins
- Hint of Sea Salt Nut Thins
- Pecan Nut Thins
- Smokehouse Nut Thins

### Ener-G

- Crisp Pretzels

### Food Should Taste Good

- Blue Corn Dipping Chips Tortilla Chips
- Blue Corn Tortilla Chips
- Cheddar Tortilla Chips
- Hemp Tortilla Chips
- Jalapeno Tortilla Chips
- Lime Tortilla Chips
- Multigrain Tortilla Chips
- Sweet Potato Tortilla Chips
- The Works! Tortilla Chips

## **Chips/Pretzels/Snacks (Cont'd)**

### **Food Should Taste Good**

White Corn Dipping Chips Tortilla Chips

### **Food Should Taste Good**

Jalapeno Tortilla Chips  
Multigrain Tortilla Chips  
Olive Tortilla Chips

### **Glutino**

Pretzel Sticks, Family Bag  
Pretzels, Family Bag  
Pretzels, Sesame Rings  
Pretzels, Snack Pack  
Pretzels, Sticks  
Pretzels, Twists  
Table Cracker

### **Kettle Brand**

Baked Potato Chips, Hickory Honey BBQ 4 oz  
Baked Potato Chips, Lightly Salted 4 oz  
Baked Potato Chips, Salt & Fresh Ground Pepper 4 oz  
Baked Potato Chips, Sea Salt & Vinegar 4 oz  
Krinkle Cut Potato Chips, Buffalo Bleu 5 oz  
Krinkle Cut Potato Chips, Classic BBQ 14 oz  
Krinkle Cut Potato Chips, Lightly Salted 14 oz  
Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz  
Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 5 oz  
Potato Chips, Backyard Barbeque 5 oz  
Potato Chips, Honey Dijon 2 oz  
Potato Chips, Honey Dijon 5 oz  
Potato Chips, Jalapeno 2 oz  
Potato Chips, Jalapeno 5 oz  
Potato Chips, Lightly Salted 14 oz  
Potato Chips, Lightly Salted 2 oz  
Potato Chips, Lightly Salted 5 oz  
Potato Chips, New York Cheddar w/ Herbs 2 oz  
Potato Chips, New York Cheddar w/ Herbs 5 oz

## **Chips/Pretzels/Snacks (Cont'd)**

### **Kettle Brand**

Potato Chips, Organic Chipotle Chili BBQ 5 oz  
Potato Chips, Organic Lightly Salted 5 oz  
Potato Chips, Organic Sea Salt & Black Pepper 5 oz  
Potato Chips, Sea Salt & Vinegar 2 oz  
Potato Chips, Sea Salt & Vinegar 5 oz  
Potato Chips, Sour Cream, Onion & Chive 5 oz  
Potato Chips, Spicy Thai 5 oz  
Potato Chips, Sweet Onion 2 oz  
Potato Chips, Sweet Onion 5 oz  
Potato Chips, Unsalted 5 oz

### **Late July**

Late July Dude Ranch Multigrain  
Late July Mild Green Mojo  
Late July Multigrain Sea Salt  
Late July Summertime Blues  
Late July Sweet Potato

### **Lundberg Family Farms**

Apple Cinnamon Rice Cakes  
Brown Rice Cakes  
Honey Nut Rice Cakes  
Organic Brown Rice Cakes  
Organic Caramel Corn Rice Cakes  
Organic Cinnamon Toast Rice Cake  
Organic Koku Seaweed Rice Cakes  
Organic Mochi Sweet Rice Cakes  
Organic Sea Salt Rice Chips  
Organic Sesame Tamari Rice Cakes  
Organic Tamari Seaweed Rice Cakes  
Organic Unsalted Brown Rice Cakes  
Organic Wild Rice Cakes  
Pico de Gallo Rice Chips  
Sante Fe BBQ Rice Chips  
Sesame Seaweed Rice Chips  
Unsalted Brown Rice Cakes

### **Lundberg Farms**

Fiesta Lime Rice Chips

### **Mauk Family Farms**

Raw Breakfast Crusts  
Raw Mineral Rich Crusts  
Raw Wheat Free Crusts

## **Chips/Pretzels/Snacks (Cont'd)**

### **Michael Season's**

Baked Cheddar Cheese Curls

### **Pirate Brands**

Pirate's Booty Aged White Cheddar

Pirate's Booty Chocolate

Pirate's Booty Veggie

Smart Puffs Real Wisconsin Cheddar

## **Condiments**

### **Eden**

Tamari Soy Sauce, Naturally Brewed 10 oz

### **Follow Your Heart**

Caesar Dressing

Honey Mustard Dressing

Lemon Herb Dressing

Low Fat Ranch Dressing

Organic Balsamic Vinaigrette Dressing

Organic Chipotle Lime Ranch Dressing

Organic Chunky Bleu Cheese Dressing

Organic Creamy Caesar Dressing

Organic Creamy Miso Ginger Dressing

Organic Creamy Ranch Dressing

Organic Italian Vinaigrette Dressing

Organic Vegenaïse

Sesame Dijon Dressing

Sesame Miso Dressing

Spicy Southwest Ranch Dressing

Thousand Island Dressing

Unforgettables Balsamic Vinaigrette Sauce

Unforgettables Balsamic Vinaigrette Sauce, Lowfat

Vegenaïse, High Omega-3 w/ Expeller-Pressed Canola Oil

Vegenaïse, Original

### **Organicville**

Organic Dijon Mustard

Organic Ketchup

Organic Original BBQ Sauce

Organic Stone Ground Mustard

Organic Tangy BBQ Sauce

Organic Yellow Mustard

## **Condiments (Cont'd)**

### **San-J**

Szechuan Hot & Spicy Marinade/Stir Fry Sauce  
Gluten Free

### **San-J**

Sweet and Sour Sauce

## **Cookies and Snack Bars**

### **Andean Dream**

Cocoa Orange Cookies

Coconut Cookies

Raisin Spice Cookies

### **Bakery On Main**

Extreme Trail Mix Granola Bars

### **Enjoy Life**

Caramel Apple Snack Bars

Soft Baked Chewy Chocolate Chip Cookies

Soft Baked Gingerbread Spice Cookie

Soft Baked Lively Lemon Cookies

Soft Baked Snickerdoodle Cookies

Sunbutter Crunch Snack Bars

Very Berry Snack Bars

### **EnviroKidz**

Cheetah Organic Crispy Rice Bars, Berry

Koala Organic Crispy Rice Bars, Chocolate

Lemur Organic Crispy Rice Bars, Peanut Choco Drizzle

Panda Organic Crispy Rice Bars, Peanut Butter

Penguin Organic Crispy Rice Bars, Fruity Burst

### **Glutino**

Breakfast Bars, Apple

Breakfast Bars, Blueberry

Chocolate Chip Dream Cookies

Chocolate Coated Chocolate Wafers

Chocolate Coated Vanilla Wafers

Chocolate Vanilla Crème Sandwich Dream Cookies

Lemon Wafers

Organic Bar, Chocolate & Peanut Butter

Organic Bar, Chocolate-Banana

Vanilla Crème Sandwich Dream Cookies

## Cookies and Snack Bars (Cont'd)

### Immaculate Baking Company

Gluten Free Chocolate Chunk Cookie Dough

### Jennie's

Coconut Macaroons

### Kinnikinnick

KinniKritters Animal Cookies

KinniKritters Chocolate Animal Cookies

KinniKritters Graham Style Animal Cookies

KinniTOOS Chocolate Sandwich Creme Cookies

KinniTOOS Vanilla Sandwich Creme Cookies

Montana's Chocolate Chip Cookies

### Kookie Karma

Holistiic Choco Lot

Raw Banana Bread

Raw Carob Truffle

Raw Granola Bar

Raw Lemon Fig

### Let's Do...

Gluten Free Ice Cream Cones

### Lucy's

Chocolate Chip Cookies

Cinnamon Thin Cookies

Oatmeal Cookies

### Mi-Del

Chocolate Chip Cookies

Ginger Snaps

Pecan Cookies

### Pamela's Products

Butter Shortbread Cookies

Chunky Chocolate Chip Cookies

Ginger Cookies with Sliced Almonds

Lemon Shortbread Cookies

Old Fashioned Raisin Walnut Cookies

Organic Chocolate Chunk Pecan Shortbread Cookies

Organic Dark Chocolate Chunk Cookies

Organic Peanut Butter Chocolate Chip Cookies

Organic Spicy Ginger Cookies

Peanut Butter Cookies

Pecan Shortbread Cookies

Shortbread Swirl Cookies

## Cookies and Snack Bars (Cont'd)

### Pamela's Products

Simplebites Chocolate Chip Mini Cookies

Simplebites Extreme Chocolate Mini Cookies

### Udi's

GF Chocolate Chip Cookies

GF Oatmeal Raisin Cookies

GF Snickerdoodle Cookies

### WFM Gluten Free Bakehouse

Almond Cookies

Chocolate Chip Cookies

Molasses Ginger Cookies

Peanut Butter Cookies

## Crackers

### Crunchmaster

Multi-Seed Crackers, Original

Multi-Seed Crackers, Roasted Garlic

Multi-Seed Crackers, Rosemary & Olive Oil

Multi-Seed Crackers, Toasted Onion

Multigrain with Sea Salt

### Doctor In The Kitchen

Dill - Flackers Flaxseed Crackers

Rosemary Flackers Flaxseed Crackers

Savory - Flackers Flaxseed Crackers

### Edward & Sons

Brown Rice Snaps, Onion Garlic

Brown Rice Snaps, Tamari Seaweed

Brown Rice Snaps, Tamari Sesame

Exotic Rice Toast, Brown Jasmine Rice & Spring Onion

Exotic Rice Toast, Purple Rice & Black Sesame

Organic Brown Rice Snaps, Black Sesame

Organic Brown Rice Snaps, Cheddar

Organic Brown Rice Snaps, Toasted Onion

Organic Brown Rice Snaps, Unsalted Plain

Organic Brown Rice Snaps, Vegetable

### Glutino

Crackers, Cheddar

Crackers, Original

## Crackers (Cont'd)

### Mary's Gone Crackers

Crackers, Black Pepper  
Crackers, Herb  
Crackers, Onion  
Crackers, Original

## Dairy

### Brown Cow Yogurt

Brown Cow: 0% Fat Blueberry FOB  
Brown Cow: 0% Fat Plain  
Brown Cow: 0% Fat Strawberry FOB  
Brown Cow: 0% Fat Vanilla  
CT Apricot-Mango FOB  
CT Blueberry FOB  
CT Cherry-Vanilla FOB  
CT Chocolate  
CT Coffee  
CT Maple  
CT Peach FOB  
CT Plain  
CT Raspberry FOB  
CT Strawberry FOB  
CT Vanilla  
NF Plain  
NF Vanilla  
Plain Whole Milk Yogurt, 6 oz

### Chobani Greek Yogurt

0% Vanilla Strained Yogurt  
0 %Strawberry Strained Yogurt  
0% Black Cherry Strained Yogurt  
0% Blueberry Strained Yogurt  
0% Honey Strained Yogurt  
0% Lemon Strained Yogurt  
0% Peach Strained Yogurt  
0% Plain Strained Yogurt  
0% Pomegranate Strained Yogurt  
0% Raspberry Strained Yogurt  
0% Vanilla Strained Yogurt  
2% Mango Strained Yogurt  
2% Pineapple Strained Yogurt  
2% Plain Strained Yogurt  
2% Strawberry-Banana Strained Yogurt

## Dairy (Cont'd)

### Earth Balance

Buttery Spread with Olive Oil  
Buttery Sticks  
Organic Whipped Buttery Spread  
Original Buttery Spread  
Soy Free Buttery Spread  
Soy Garden Buttery Spread

### Fage Total

Total 0% 17.6oz (500g)  
Total 0% 35.3 oz (1kg)  
Total 0% 6oz (170g)  
Total 10% 17.6oz (500g)  
Total 2% 17.6oz (500g)  
Total 2% 35.3oz (1kg)  
Total 2% Blueberry 5.3oz (150g)  
Total 2% Honey 5.3oz (150g)  
Total 2% Peach 5.3oz (150g)  
Total 2% Strawberry 5.3oz (150g)  
Total Blueberry 5.3oz (150g)  
Total Honey 5.3oz (150g)  
Total Peach 5.3oz (150g)  
Total Strawberry 5.3oz (150g)

### Lifeway Foods

Bio Kefir Blackberry  
Bio Kefir Pomegranate Blueberry  
Bio Kefir Vanilla  
Fat Free Strawberry Kefir  
Low Fat Blueberry Kefir  
Low Fat Raspberry Kefir  
Lowfat Banana Strawberry Kefir  
Lowfat Cherry Kefir  
Lowfat Plain Kefir  
Lowfat Pomegranate Kefir  
Lowfat Vanilla Kefir  
Organic Lowfat Blueberry Kefir  
Organic Lowfat Peach Kefir  
Organic Lowfat Plain Kefir  
Organic Lowfat Pomegranate Acai Kefir  
Organic Lowfat Raspberry Kefir  
Organic Lowfat Strawberry Kefir  
Organic Whole Milk Plain Kefir  
Probugs Goo Berry Pie  
Probugs Orange Creamy Crawler  
Probugs Strawnana Split

## Dairy (Cont'd)

### Lifeway Foods

Probuugs Sublime Slime Lime

### Noosa Yoghurt

Noosa Yoghurt - Blueberry  
Noosa Yoghurt - Honey  
Noosa Yoghurt - Mango  
Noosa Yoghurt - Raspberry  
Noosa Yoghurt - Strawberry & Rhubarb

### Stonyfield Organic Yogurt

0% Fat Blueberry FOB  
0% Fat Chocolate Underground FOB  
0% Fat French Vanilla  
0% Fat French Vanilla  
0% Fat Plain  
Fat Free French Vanilla  
Fat Free Strawberry  
Low Fat Blueberry FOB  
Low Fat French Vanilla  
Low Fat Plain  
Low Fat Raspberry  
Low Fat Strawberry FOB  
Oikos: 0% Fat Blueberry FOB  
Oikos: 0% Fat Honey FOB  
Oikos: 0% Fat Plain  
Oikos: 0% Fat Strawberry FOB  
Oikos: 0% Fat Super Fruits FOB  
Oikos: 0% Fat Vanilla  
Oikos: Pomegranate Berry LF Drinkable Yogurt  
Oikos: 0% Fat Plain 4oz  
Oikos: 0% Fat Vanilla 4oz  
Organic Activia: Strawberry  
Organic Activia: Vanilla  
Strawberry Banana Super Smoothies 6oz  
Strawberry Super Smoothies 6oz  
Whole Milk French Vanilla  
Whole Milk Plain  
Wild Berry Super Smoothies 6oz  
YoBaby Banana  
YoBaby Blueberry  
YoBaby Meals: Apple Sweet Potato  
YoBaby Meals: Peach Squash  
YoBaby Meals: Pear Green Bean  
YoBaby Peach

## Dairy (Cont'd)

### Stonyfield Organic Yogurt

YoBaby Peach Drinkable Yogurt  
YoBaby Simple Plain  
YoBaby Vanilla  
YoKids Squeezers Cherry/Berry  
YoKids Squeezers Strawberry  
YoKids: Blueberry Straw/Van  
YoKids: Strawberry Ban/Straw

## Dairy Alternatives

### BLUE DIAMOND

ALMOND BREEZE CHOCOLATE  
ALMOND BREEZE UNSWEETENED  
CHOCOLATE  
ALMOND BREEZE UNSWEETENED ORIGINAL  
ALMOND BREEZE UNSWEETENED VANILLA  
ALMOND BREEZE VANILLA

### Blue Diamond

Almond Breeze, Original  
Almond Breeze, Unsweetened Vanilla  
Almond Breeze, Vanilla

### Daiya Foods

Cheddar Style Shreds  
Mozzarella Style Shreds  
Pepperjack Style Shreds

### Follow Your Heart

Vegan Gourmet Cheddar  
Vegan Gourmet Cream Cheese  
Vegan Gourmet Monterey Jack  
Vegan Gourmet Mozzarella Cheese  
Vegan Gourmet Nacho Cheese  
Vegan Gourmet Sour Cream

### So Delicious

Blueberry Cultured Coconut Milk Yogurt  
Coconut Non-Dairy Frozen Coconut Milk Dessert  
French Vanilla Coconut Milk Creamer  
Hazelnut Coconut Milk Creamer  
Mocha Almond Fudge Non-Dairy Frozen Coconut  
Milk Dessert  
Original (Plain) Coconut Milk Beverage  
Original (Plain) Coconut Milk Creamer  
Original (Plain) Coconut Milk Kefir

## Dairy Alternatives (Cont'd)

### So Delicious

Passionate Mango Cultured Coconut Milk Yogurt  
Passionate Mango Non-Dairy Frozen Coconut Milk Dessert  
Pina Colada Cultured Coconut Milk Yogurt  
Plain Cultured Coconut Milk Yogurt  
Raspberry Cultured Coconut Milk Yogurt  
Strawberry Banna Cultured Coconut Milk Yogurt  
Strawberry Coconut Milk Kefir  
Strawberry Cultured Coconut Milk Yogurt  
Unsweetened Coconut Milk Beverage  
Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert  
Vanilla Coconut Milk Beverage  
Vanilla Coconut Milk Kefir  
Vanilla Cultured Coconut Milk Yogurt

### Stonyfield Organic Yogurt

Strawberry/Peach O'Soy

### WestSoy

Soy Beverage, Unsweetened Chocolate 32 oz

### truwhip

All Natural Frozen Whip Topping

## Deli Style Meats and Cheeses

### Applegate Farms

Organic Sliced Oven Roasted Chicken  
Sliced Authentic Prosciutto  
Sliced Black Forest Ham  
Sliced Coppa  
Sliced Genoa Salami  
Sliced Honey Ham  
Sliced Honey Maple Turkey  
Sliced Hot Genoa Salami  
Sliced Organic Herb Turkey  
Sliced Organic Oven Roasted Turkey  
Sliced Organic Roast Beef  
Sliced Organic Smoked Chicken  
Sliced Organic Smoked Turkey  
Sliced Organic Uncured Ham  
Sliced Oven Roasted Sliced Turkey  
Sliced Slow Cooked Ham

## Deli Style Meats and Cheeses (Cont'd)

### Applegate Farms

Sliced Smoked Turkey  
Sliced Soppressata  
Sliced Turkey Bologna

## Dental Care Products

### Kiss My Face

Berry Smart Toothpaste Fluoride Free 4 oz  
Sensitive Toothpaste 3.4 oz  
Tartar Control Toothpaste 3.4 oz

### Tom's of Maine

Spearmint Flat Floss

## Deodorant

### Hugo Naturals

Unscented Deodorant

### Kiss My Face

Liquid Rock Fragrance Free Deodorant 3 oz  
Liquid Rock Lavender Deodorant 3 oz

## Desserts

### Earth Cafe

Gluten Free (Wheat-free), Dairy-free (Vegan), Living(Raw) Cheesecake - Blueberry  
Gluten Free (Wheat-free), Dairy-free (Vegan), Living(Raw) Cheesecake - Car  
Gluten Free (Wheat-free), Dairy-free (Vegan), Living(Raw) Cheesecake - Cherry  
Gluten Free (Wheat-free), Dairy-free (Vegan), Living(Raw) Cheesecake - Coconut  
Gluten Free (Wheat-free), Dairy-free (Vegan), Living(Raw) Cheesecake - Lemon  
Gluten Free (Wheat-free), Dairy-free (Vegan), Living(Raw) Cheesecake - Raspberry  
Gluten Free (Wheat-free), Dairy-free (Vegan), Living(Raw) Cheesecake - Strawberry  
Gluten Free (Wheat-free), Dairy-free (Vegan), Living(Raw) Cheesecake - Sweet Potato

## Desserts (Cont'd)

### Glutino

Chocolate Glazed Donuts  
Original Glazed Donuts

### Hail Merry

Chocolate Mint Tart  
Chocolate Tart  
Meyer Lemon Tart

### Purely Decadent

Chocolate Peanut Butter Swirl Non-Dairy Frozen  
Coconut Milk Dessert

### So Delicious

Coconut Non-Dairy Frozen Coconut Milk Dessert  
Mocha Almond Fudge Non-Dairy Frozen Coconut  
Milk Dessert  
Passionate Mango Non-Dairy Frozen Coconut Milk  
Dessert  
Vanilla Bean Non-Dairy Frozen Coconut Milk  
Dessert

### WFM Gluten Free Bakehouse

Vanilla Cupcakes

### truwhip

All Natural Frozen Whip Topping

## Energy and Nutrition Bars/Drinks

### Attune Probiotic Bars

Chocolate Crisp Bar - individual  
Dark Chocolate Bars - individual bars

### Boomi Bar

Almond Protein Plus  
Cashew Almond  
Cranberry Apple

### Function Drinks

98886-00100  
Alternative Energy Acai Grape  
Alternative Energy Strawberry Guava  
Alternative Energy Tropical Citrus

### MacroBar

Chocolate Crunch  
Peanut Protein

## Energy and Nutrition Bars/Drinks (Cont'd)

### MacroBar

Tahini Date

### Prana Bar

Organic Apricot Goji  
Organic Cashew Almond  
Organic Coconut Acai

### Zing Bars

Almond Blueberry  
Chocolate Peanut Butter  
Oatmeal Chocolate Chip

## Entrees and Mixes

### Authentic Foods

Blueberry Muffin Mix  
Falafel Mix  
Pancake & Baking Mix

### Bob's Red Mill

Gluten Free Chocolate Cake Mix  
Gluten Free Chocolate Chip Cookie Mix  
Organic TSP (Textured Soy Protein)

### Chebe

Cinnamon Rolls Mix  
Focaccia Flatbread Mix

### Cherrybrook Kitchen Gluten Free Dreams

Chocolate Chip Cookie Mix  
Fudge Brownie Mix  
Sugar Cookie Mix  
Vanilla Frosting Mix

### Lundberg Family Farms

Organic Alfredo Risotto  
Organic Tuscan Risotto

### Namaste

Muffin Mix  
Pizza Crust Mix  
Spice Cake Mix

### Road's End Organics

Dairy Free Alfredo Style Mac & Chreese  
Dairy Free Cheddar Style Penne & Chreese  
Organic Savory Herb Gravy Mix

## Entrees and Mixes (Cont'd)

### Tasty Bite

- Aloo Palak
- Jaipur Vegetables
- Jodhpur Lentils
- Madras Lentils
- Peas Paneer
- Punjab Eggplant
- Spinach Dal
- Vegetable Korma

## Ethnic Foods

### Authentic Foods

- Falafel Mix

### Edward & Sons

- Brown Rice Snaps, Tamari Seaweed
- Brown Rice Snaps, Tamari Sesame
- Miso-Cup, Original Golden Vegetable

### Food For Life

- Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Food Merchants

- Organic Polenta, Traditional

### Native Forest

- Light Coconut Milk
- Organic Coconut Milk

### Organicville

- Organic Island Teriyaki

### San-J

- Sweet and Sour Sauce

### Spicely

- Chicken Kebab Seasoning, Salt Free
- Chili Con Carne Seasoning, Salt Free
- Curry Powder, Salt Free
- Fajita Seasoning, Salt Free
- Organic Chinese Five Spice
- Organic Garam Masala
- Taco Seasoning, Salt Free

### Tasty Bite

- Aloo Palak
- Jaipur Vegetables

## Ethnic Foods (Cont'd)

### Tasty Bite

- Jodhpur Lentils
- Madras Lentils
- Peas Paneer
- Punjab Eggplant
- Spinach Dal
- Vegetable Korma

## Facial Care Products

### Kiss My Face

- Eyewitness Eye Repair Crème .5 oz

### MyChelle

- Clear Skin Cleanser
- Clear Skin Spot Treatment
- Fruit Enzyme Scrub

## Frozen Foods

### Against The Grain

- Pizza, 3-Cheese
- Pizza, Pesto

### Amy's Kitchen

- Asian Noodle Stir-Fry
- Baked Ziti Bowl
- Bistro Veggie Burger
- Black Bean Enchilada Whole Meal
- Black Bean Tamale Verde
- Black Bean Vegetable Enchilada
- Brown Rice & Vegetables Bowl
- Brown Rice, Black-Eyed Peas & Veggies Bowl
- Cheese Enchilada
- Cheese Enchilada Whole Meal
- Cheese Tamale Verde
- Enchilada Verde Whole Meal
- Garden Vegetable Lasagna
- Gluten Free Bean & Rice Burrito (Dairy Free)
- Gluten Free Chocolate Cake
- Indian Mattar Paneer
- Indian Mattar Tofu
- Indian Palak Paneer
- Light & Lean Black Bean & Cheese Enchilada

## Frozen Foods (Cont'd)

### Amy's Kitchen

Light in Sodium - Black Bean Vegetable Enchilada  
Light in Sodium - Brown Rice & Vegetables Bowl  
Light in Sodium - Indian Mattar Paneer  
Light in Sodium - Mexican Casserole Bowl  
Light in Sodium - Shepherd's Pie  
Mexican Casserole Bowl  
Mexican Tamale Pie  
Mexican Tofu Scramble  
Non-Dairy Rice Macaroni & Cheese  
Rice Crust Spinach Pizza  
Rice Mac & Cheese  
Roasted Vegetable Tamale  
Santa Fe Enchilada Bowl  
Single Serve Non-Dairy Rice Crust Cheese Pizza  
Single Serve Rice Crust Margherita Pizza  
Single Serve Rice Crust Roasted Vegetable Pizza  
Teriyaki Bowl  
Tofu Scramble  
Tortilla Casserole & Black Beans Bowl

### Applegate Farms

Maple Breakfast Sausage  
Organic Turkey Burgers  
Sage Breakfast Sausage

### French Meadow Bakery

Gluten Free Chocolate Chip Cookie Dough

### Glutenfreeda

Vegetarian Non-Dairy Burrito

### Glutino

BBQ Chicken Pizza Brown Rice Crust Pizza  
Chicken Pad Thai  
Chicken Pomodoro  
Chicken Ranchero  
Duo Cheese Pizza Multipack  
Penne Alfredo  
Pepperoni Brown Rice Crust Pizza  
Pizza, Duo Cheese  
Pizza, Spinach Feta

## Frozen Foods (Cont'd)

### Ian's Natural Foods

French Toast Sticks, Wheat Free Gluten Free  
Ian's Chicken Nuggets, Allergen Free  
Kids Meal, Mac No Cheese  
Popcorn Turkey Corn Dogs

### It's Soy Delicious

Awesome Chocolate Non-Dairy Frozen Dessert

### Julian's Recipe

Gluten Free Pancakes - Belgian Chocolate  
Gluten Free Pancakes - Buttermilk  
Gluten Free Pancakes - Wild Blueberry

### Julie's Organic Ice Cream

Glutenfreeda's Organic Gluten Free Vanilla Ice Cream Sandwich

### Kettle Cuisine

Grilled Chicken and Corn Chowder

### Kinnikinnick

Chocolate Chip Muffins  
Homestyle Waffles, Original

### Lifeway Foods

Frozen Mango Kefir  
Frozen Original Kefir  
Frozen Pomegranate Kefir

### Nature's Path

Organic Buckwheat Wildberry Waffles  
Organic Homestyle Waffles

### Organic So Delicious

Chocolate Peanut Butter Non-Dairy Frozen Dessert  
Chocolate Velvet Non-Dairy Frozen Dessert  
Creamy Vanilla Non-Dairy Frozen Dessert  
Mocha Fudge Non-Dairy Frozen Dessert  
Neopolitan Non-Dairy Frozen Dessert  
Non-Dairy Creamy Fudge Bar

### Purely Decadent

Cherry Nirvana Non-Dairy Frozen Dessert  
Chocolate Obsession Non-Dairy Frozen Dessert  
Chocolate Peanut Butter Swirl Non-Dairy Frozen  
Coconut Milk Dessert

## Frozen Foods (Cont'd)

### Purely Decadent

Cookie Dough (Gluten Free) Non-Dairy Frozen Dessert  
Cookie Dough Non-Dairy Frozen Coconut Milk Dessert  
Mint Chip Non-Dairy Frozen Coconut Milk Dessert  
Mint Chocolate Chip Non-Dairy Frozen Dessert  
Mocha Almond Fudge Non-Dairy Frozen Dessert  
Peanut Butter Zig Zag Non-Dairy Frozen Dessert  
Pomegranate Chip Non-Dairy Frozen Dessert  
Purely Vanilla Non-Dairy Frozen Dessert  
Turtle Trails Non-Dairy Frozen Dessert

### Saffron Road

Lamb Vindaloo with Basmati Rice

### So Delicious

Coconut Almond Bar, Made with Coconut Milk  
Coconut Non-Dairy Frozen Coconut Milk Dessert  
Mocha Almond Fudge Non-Dairy Frozen Coconut Milk Dessert  
Passionate Mango Non-Dairy Frozen Coconut Milk Dessert  
Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

### Starfish

Crispy Battered Gluten Free Cod

### Sweet Nothings

Non-Dairy Fudge Bar, 6-pack

### Van's

Wheat Free Blueberry Waffles  
Wheat Free Buckwheat Waffles  
Wheat Free Flax Waffles  
Wheat Free Homestyle Waffles  
Wheat Free Mini Homestyle Waffles

## Grains and Rice

### Ancient Harvest

Inca Red Organic Quinoa 12 oz  
Traditional Organic Quinoa 12 oz

### Bob's Red Mill

Rice Bran

### Lundberg Family Farms

Eco-Farmed Black Japonica Field Gourmet Blend  
Eco-Farmed California Brown Basmati Rice  
Eco-Farmed Jubilee Gourmet Blend Rice  
Eco-Farmed Long Grain Brown Rice  
Eco-Farmed Wild Blend Gourmet Blend Rice  
Organic Alfredo Risotto  
Organic California Brown Basmati Rice  
Organic California Brown Jasmine Rice, 25 lb  
Organic California White Basmati Rice  
Organic California White Jasmine Rice  
Organic Long Grain Brown Rice  
Organic Short Grain Brown Rice  
Organic White Long Grain Rice

## Hair Care Products

### 365 Every Day Value™

Conditioner Fragrance Free  
Conditioner Herbal Mint  
Conditioner Lavender Blend  
Shampoo for Dry and Normal Herbal Mint  
Shampoo for Dry and Normal Lavender Blend  
Shampoo for Normal and Oily Fragrance Free  
Shampoo for Normal and Oily Herbal Mint  
Shampoo for Normal and Oily Lavender Blend

## Hand & Body Lotions

### Hugo Naturals

French Lavender All Over Lotion  
Shea Butter & Chamomile Oh-So-Soft Lotion

### Kiss My Face

Grapefruit & Bergamot Hand Crème 4 oz  
Peaches & Crème Moisturizer 4 oz

## Hand & Body Washes

### 365 Every Day Value™

- Conditioner Fragrance Free
- Shower Gel Fragrance Free
- Shower Gel Herbal Mint
- Shower Gel Lavender Blend

### Hugo Naturals

- Shea Butter & Chamomile Foaming Milk Bath
- Shea Butter & Chamomile Shampoo & Baby Wash

### Kiss My Face

- Anti-Stress Shower Gel 16 oz

## Jams and Nut Butters

### Barney Butter

- Barney Butter Crunchy - 16 oz / 6 pk
- Barney Butter Smooth - 16 oz / 6 pk

### Earth Balance

- Creamy Natural Almond Butter

### Justin's

- Chocolate Almond Butter Jars
- Chocolate Hazelnut Jars
- Classic Almond Butter 1.15 oz Squeeze Packs
- Honey Almond Butter 1.15 oz Squeeze Packs
- Honey Almond Butter Jars
- Maple Almond Butter 1.15 oz Squeeze Packs
- Maple Almond Butter Jars

## Meat Alternatives

### Bob's Red Mill

- Organic TSP (Textured Soy Protein)

## Meat and Poultry

### Applegate Farms

- Chicken Apple Breakfast Sausage
- Greatest Little Organic Smokey Cocktail Frank
- Maple Breakfast Sausage
- Organic Beef Hot Dogs
- Organic Chicken & Apple Sausage
- Organic Chicken Hot Dogs
- Organic Fire Roasted Red Pepper Sausage

## Meat and Poultry (Cont'd)

### Applegate Farms

- Organic Hot Dogs
- Organic Poultry Andouille Sausage
- Organic Sliced Sunday Bacon
- Organic Spinach & Feta Sausage
- Organic Sweet Italian Sausage
- Organic Turkey Burgers
- Organic Turkey Hot Dogs
- Sage Breakfast Sausage
- Sliced Organic Turkey Bacon

## Miscellaneous Grocery

### Smart Treat

- Sage Stuffing

## Nutritional Supplements

### Amazing Grass

- Amazing Meal Original
- Amazing Meal Pomegranate Mango
- Amazing Meal chocolate
- Green SuperFood Berry
- Green SuperFood Chocolate
- Green SuperFood Original
- Wheat Grass
- Wheat Grass Tablets

### BioChem

- 100% Berries and Whey Protein Powder
- 100% Whey Protein Chocolate Fudge
- 100% Whey Protein Chocolate Fudge 1.9lb
- 100% Whey Protein Natural Flavor
- 100% Whey Protein Natural Flavor
- 100% Whey Protein Vanilla 1.9lb
- 100% Whey Protein Vanilla 13.9oz
- Hemp & Whey Protein Powder 1lb
- L-Glutamine Muscle Surge 90ct
- Vegan Protein Powder 12 serving Chocolate
- Vegan Protein Powder 12 serving Vanilla

### Country Life

- Buffered C 1000mg w/Rose Hips 100ct
- Acidophilus with Pectin Capsules, 100 ct
- Acidophilus with Pectin Capsules, 250 ct
- Betaine Hydrochloride w/Pepsin 250ct

## Nutritional Supplements (Cont'd)

### Country Life

Beyond Food Multi Capsule 120ct  
Bromelain 500mg 30ct  
Chewable Multivitamin 60ct  
Chromium Complex 200mcg Capsules, 100 ct  
CoQ10 100mg - 30 capsules  
CoQ10 30m - 60 ct  
Coenzyme Active w/B-6 50mg 30ct  
Daily Total One 30ct Capsule  
L-Arginine 500mg Capsules with B-6, 100 ct  
L-Glutamine 1000mg Capsules with B-6, 100 ct  
L-Lysine 1000mg Tablets with B-6, 100 ct  
L-Lysine 500mg Capsules with B-6, 100 ct  
L-Lysine 500mg Capsules with B-6, 50 ct  
Liquid Target-Mins Calcium-Magnesium Complex, 16 oz  
Max Maxi-Sorb Tablet 120ct  
Maxi Baby Liquid Vitamin C 4oz  
Maxi Baby-dophilus Powder, 2 oz  
Maxi C Complex 90ct  
Maxi Hair 60ct  
Maxi Hair 90ct  
Maxi-Sorb CoQ-10 Q-Gel 90 count  
Nature's Garlic Softgels 90ct  
Omega-3 Fish Oils 1000mg 100ct  
Power-dophilus Capsules, 50 ct  
Resveratrol Plus 120ct Capsule  
Sharp Thought 30ct  
Super Potency Biotin 5mg 120ct  
Target-Mins Calcium-Magnesium-Potassium Tablets, 180 ct  
Target-Mins Calcium-Magnesium-Potassium Tablets, 90 ct  
Target-Mins Calcium-Magnesium-Veg Capsules, 120 ct  
Target-Mins Calcium-Magnesium-Veg Capsules, 240 ct  
Target-Mins Calcium-Magnesium-Zinc Tablets, 180 ct  
Target-Mins Magnesium Capsules, 60 ct  
Target-Mins Total Mins Iron-Free Tablets, 120 ct  
Target-Mins Zinc 50mg Tablets, 90 ct

## Nutritional Supplements (Cont'd)

### Country Life

Vanadyl Sulfate 5000mcg Capsules, 90 ct  
Vitamin D 400 IU 100ct Softgels  
Vitamin D3 1000 IU 200ct  
Vitamin D3 2500 IU 200ct  
Zinc Lozenges with Vitamin C Tablets, 60 ct

### Country Life

CoQ10 - 30 mg - 30 capsules  
Vitamin C Complex 100ct

### Garden of Life

DetoxiFiber

### Iron Tek

Essential Creatine Monohydrate 500g Powder

### Nature's Way Alive!

Alive! Liquid Vitamin-30 oz. bottle  
Alive! Whole Food C, Pwd 120 g  
Alive!® (no iron added) / 180 Tb  
Alive!® (no iron added) / 90 Tb  
Alive!® (no iron added) / 90 Vcaps®  
Alive!® Rice/Pea Shake Vanilla / 1.3 lbs

### Nature's Way Primadophilus

Primadophilus® Reuteri / 30 Vcaps®  
Primadophilus® for Children / 5 oz Pwdr  
Primadophilus® for Kids Orange / 30 Chw

### Nature's Way Sambucus

Sambucus Sugar-Free Syrup / 4 oz  
Sambucus Syrup / 4 oz  
Sambucus for Kids / 4 oz

### Nature's Way Umcka

Umcka ColdCare® Alcohol Free Liquid / 1 oz  
Umcka ColdCare® Children's Cherry Syrup / 4 oz  
Umcka ColdCare® Lemon Hot Drink / 10 pkts/bx  
Umcka ColdCare® Menthol Syrup / 4 oz  
Umcka ColdCare® Menthol Syrup / 8 oz  
Umcka ColdCare® Original Liquid / 1 oz  
Umcka® Cold+Flu Berry Syrup / 4 oz.

## Nutritional Supplements (Cont'd)

### Rainbow Light

ACTIVE HEALTH TEEN MULTIVITAMIN 30  
BUSY BRAIN RELEASE 60  
COMPLETE PRENATAL SYSTEM 180  
COMPLETE PRENATAL SYSTEM 60  
COUNTER ATTACK 30  
ENERGY B-COMPLEX 45  
EVERYDAY CALCIUM WITH ENZYMES 120  
FOOD-BASED CALCIUM 90  
GUMMY BEAR ESSENTIALS 30  
GUMMY OMEGALICIOUS 30  
GUMMY VITAMIN C SLICES 30  
KID'S ONE MULTISTARS 30  
MAGNESIUM CALCIUM "+" 90  
MEN'S ONE MULTIVITAMIN 150  
MEN'S ONE MULTIVITAMIN 30  
MEN'S ONE MULTIVITAMIN 90  
NAIL, HAIR & SKIN CONNECTION 60  
NUTRISTART MULTIVITAMIN POWDER 30  
PAIN - EZE 30  
PRENATAL ONE MULTIVITAMIN 150  
PRENATAL ONE MULTIVITAMIN 90  
PRENATAL PETITE MULTIVITAMIN 90  
PROTEIN ENERGIZER CHOCOLATE  
PROTEIN ENERGIZER WHEY  
REJUVENAGE 40+ MULTI 120  
VITAMIN D 1,000 IU GUMMIES 50  
VITAMIN D 400 IU GUMMIES 60  
WOMEN'S ONE MULTIVITAMIN 150  
WOMEN'S ONE MULTIVITAMIN 30  
WOMEN'S ONE MULTIVITAMIN 90

### VEGA

Berry Snack Pack  
Chocolate Small  
Natural Small

### Vibrant Health

Curcuminoids-95+  
Field of Greens 30 serving  
Joint Vibrance Tablets  
Vibrant Cleanse 24 servings

### Vitality

B12 w/ Folic Acid & Vitamin B6  
B12 SPRAY (500 mcg/spray)

## Nutritional Supplements (Cont'd)

### Vitality

LIQUID B12 Drops 1000 mcg/ml Liquid Sublingual

### Vitality

COLD & SINUS BLASTER SPRAY

## Nuts/Seeds/Dried Fruits

### Bob's Red Mill

Flaxseeds  
Golden Flaxseeds

## Oils - Essential/Massage/Aromatic

### Hugo Naturals

Lavender & Chamomile Baby Mist

## Pasta

### Andean Dream

Quinno Macaroni  
Quinoa Fusilli

### RP's Pasta Fresh Pasta

RP's Fresh Gluten Free Fettuccine

## Pasta Sauce

### Organicville

Organic Marinara Pasta Sauce  
Organic Tomato Basil Pasta Sauce

## Personal Care

### Kiss My Face

Whitening Toothpaste 3.4 oz

### Natracare

Curved Panty Liners - 30 CT  
Dry & Light Incontinence Pads - 20 CT  
ORGANIC Regular Applicator Tampons - 16 CT  
ORGANIC Regular Non-Applicator Tampons - 20 CT  
ORGANIC Super Applicator Tampons - 16 CT  
ORGANIC Super Non-Applicator Tampons - 20 CT  
ORGANIC Super Plus Non-Applicator Tampons - 20 CT

## Personal Care (Cont'd)

### Natracare

- Regular Pads - 14 CT
- Ultra Thin Organic Cotton Panty Liner - 22 CT
- Ultra w/ Wings - Long Pad - 10 CT
- Ultra w/ Wings - Regular Pad - 14 CT
- Ultra w/ Wings - Super Pad - 12 CT

### Tom's of Maine

- Apricot Long Lasting Stick Deodorant
- Calendula Stick Deodorant
- Fragrance-Free Sensitive Stick Deodorant
- Lavender Long Lasting Roll-on Deodorant
- Lavender Long Lasting Stick Deodorant
- Unscented Long Lasting Stick Deodorant
- Unscented Stick Deodorant
- Wintermint Sensitive Toothpaste

## Prepared Foods

### Food Merchants

- Organic Polenta, Traditional

## Sauces/Salsas/Dips

### Amy's Kitchen

- Medium Salsa
- Mild Salsa
- Tomato Basil Pasta Sauce

### Follow Your Heart

- Unforgettables Balsamic Vinaigrette Sauce
- Unforgettables Balsamic Vinaigrette Sauce, Lowfat

### Organicville

- Organic Island Teriyaki
- Organic Pizza Sauce
- Organic Tangy BBQ Sauce
- Sriracha Sauce

### Road's End Organics

- Organic Savory Herb Gravy Mix

### Simply Organic

- Brown Gravy Mix Cert. Org.
- Guacamole Dip Mix, Cert. Org.
- Ranch Dip Mix, Cert. Org.

## Sauces/Salsas/Dips (Cont'd)

### Simply Organic

- Roasted Turkey Gravy Mix Cert. Org.

## Seafood

### Starfish

- Crispy Battered Gluten Free Cod

## Shaving Aids

### Kiss My Face

- Fragrance Free Moisture Shave 11 oz
- Lavender & Shea Moisture Shave 11 oz

## Soups

### Amy's Kitchen

- Black Bean Vegetable Soup
- Chunky Tomato Bisque
- Chunky Vegetable Soup
- Cream of Tomato Soup
- Fire Roasted Southwestern Vegetable Soup
- Hearty Spanish Rice & Red Bean Soup
- Lentil Soup
- Lentil Vegetable Soup
- Light in Sodium - Chunky Tomato Bisque
- Light in Sodium - Cream of Tomato Soup
- Light in Sodium - Lentil Soup
- Light in Sodium - Lentil Vegetable Soup
- Light in Sodium - Split Pea Soup
- Split Pea Soup
- Summer Corn & Vegetable Soup
- Tuscan Bean & Rice Soup

### Dr. McDougall's Right Foods

- RTS Light Sodium Garden Vegetable Soup

### Edward & Sons

- Miso-Cup, Original Golden Vegetable

### Kettle Cuisine

- Grilled Chicken and Corn Chowder

## Spices and Seasonings

### Bob's Red Mill

Cornstarch

### Edward & Sons

Bouillon Cubes, Not-Chick'n

### Spicely

All Purpose Seasoning

Annatto Seed

Annatto, Ground

Caraway Seeds

Cardamom, Black

Celery Salt

Chicken Kebab Seasoning, Salt Free

Chili Con Carne Seasoning, Salt Free

Cloves, Ground

Cloves, Whole

Cumin Seed, Whole

Curry Powder, Salt Free

Fajita Seasoning, Salt Free

Fennel Seed

Fenugreek Seeds

Fenugreek, Ground

Fines Herbes

Ginger, Ground

Lavender

Lemon Pepper

Mustard Seeds, Brown

Nutmeg, Ground

Onion Granulates

Oregano, Ground

Oregano, Mexican

Organic Bay Leaves

Organic Cajun Seasoning

Organic Cardamom, Green

Organic Cayenne Pepper

Organic Celery Seed

Organic Chili Powder, Salt Free

Organic Chili, Ancho, Ground

Organic Chili, Chipotle, Ground

Organic Chinese Five Spice

Organic Cinnamon, Ground

Organic Cloves, Whole

Organic Coriander Seeds

Organic Cumin Seeds, Whole

Organic Cumin, Ground

Organic Curry Powder

## Spices and Seasonings (Cont'd)

### Spicely

Organic Curry Powder, Salt Free

Organic Dill Weed

Organic Fennel Seeds

Organic Garam Masala

Organic Garlic Granulates

Organic Ginger, Ground

Organic Herbs de Provence

Organic Italian Seasoning, Salt Free

Organic Marjoram, Whole

Organic Mustard, Ground

Organic Nutmeg, Ground

Organic Onion Granulates

Organic Oregano, Mediterranean

Organic Paprika

Organic Pepper, Black, Ground

Organic Pepper, White, Ground

Organic Rosemary, Whole

Organic Saffron

Organic Tarragon

Organic Thyme

Organic Turmeric

Organic Vanilla Bean

Organic Vanilla Extract

Pepper, White, Ground

Poultry Seasoning, Salt Free

Pumpkin Pie Spice

Rib Eye Seasoning, Salt Free

Sichuan (Szechuan) Peppercorn

Spearmint

Spice Jars

Taco Seasoning, Salt Free

## Sweeteners

### Lundberg Family Farms

Organic Brown Rice Syrup