

Gluten Free

SPECIAL DIETS SERIES

CELEBRATING
YOUR
CHOICES



Little Rock Store, Southwest Region

Whole Foods Market is excited to bring you Celebrating Your Choices, a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product.

Baked Goods

Crave

Apple Frangipane Tart

Katz Gluten Free

Honey Muffins

Large Kaiser (Challah) Rolls

Marble Cake

Sliced Challah Bread

Kinnikinnick

Chocolate Dipped Donuts

Vanilla Glazed Donuts

Udi's

GF Blueberry Muffins

GF Cinnamon Rolls

GF Double Chocolate Muffins

GF Lemon Streusel Muffins

Baked Goods (Cont'd)

WFM Gluten Free Bakehouse

Almond Scones

Blueberry Muffins

Carrot Cake

Cheddar Biscuits

Chocolate Cupcakes

Cornbread

Cranberry Orange Scones

Cream Biscuits

Honey Oat Bread

Nutmeal Raisin Cookies

Pie Shells

Prairie Bread

Sundried Tomato & Garlic Bread

Baking Needs

Ancient Harvest

Organic Quinoa Flour 18 oz

Baking Needs (Cont'd)

Arrowhead Mills

- Blue Corn Meal
- Buckwheat Flour
- Gluten Free Brownie Mix
- Long Grain Brown Rice Flour
- Soy Flour
- White Rice Flour
- Yellow Corn Meal

Bob's Red Mill

- Almond Flour
- Arrowroot Starch Flour
- Baking Soda
- Brown Rice Flour
- Cornstarch
- Flaxseed Meal
- Gluten Free All Purpose Baking Flour
- Gluten Free Biscuit & Baking Mix
- Gluten Free Cornbread Mix
- Gluten Free Cornmeal
- Gluten Free Garbanzo & Fava Bean Flour
- Gluten Free Pizza Crust Mix
- Gluten Free Sweet White Sorghum Flour
- GlutenFree Rolled Oats
- Hazelnut Meal/Flour
- Millet Flour
- Organic Amaranth Flour
- Organic Flaxseed Meal
- Organic Golden Flaxseeds
- Potato Flour
- Potato Starch
- Tapioca Flour
- Teff Flour
- Xanthan Gum

Chebe

- Bread Sticks Mix, Garlic & Onion
- Cinnamon Rolls Mix
- Focaccia Flatbread Mix

Cherrybrook Kitchen Gluten Free Dreams

- Chocolate Frosting Mix
- Ready To Spread Vanilla Frosting
- Sugar Cookie Mix

Baking Needs (Cont'd)

Earth Balance

- Shortening

Ener-G

- Egg Replacement

Enjoy Life

- Semi-Sweet Chocolate Chips

Gluten Free Pantry

- All-Purpose GF Baking Flour Mix
- Brown Rice Pancake & Waffle Mix
- Chocolate Chip Cookie & Cake Mix
- Chocolate Truffle Brownie Mix
- Perfect Pie Crust Mix
- Yankee Cornbread & Muffin Mix

Hain

- Baking Powder

Hodgson Mill

- Active Dry Yeast

King Arthur Flour

- Gluten Free Bread Mix
- Gluten Free Brownie Mix
- Gluten Free Chocolate Cake Mix
- Gluten Free Cookie Mix
- Gluten Free Muffin Mix
- Gluten Free Multi-Purpose Flour
- Gluten Free Pizza Crust Mix

Let's Do... Organic

- Organic Coconut Flakes
- Organic Creamed Coconut
- Organic Reduced Fat Shredded Coconut
- Organic Tapioca Pearls

Namaste

- Blondie Mix
- Muffin Mix
- Perfect Flour Blend
- Waffle & Pancake Mix

Pamela's Products

- Baking & Pancake Mix
- Baking & Pancake Mix, 4 lb
- Chocolate Brownie Mix
- Chocolate Cake Mix
- Classic Vanilla Cake Mix

Baking Needs (Cont'd)

Pamela's Products

- Cornbread & Muffin Mix
- Dark Chocolate Frosting Mix
- Gluten-Free Bread Mix
- Gluten-Free Bread Mix & Flour Blend
- Vanilla Frosting Mix

Simply Organic

- Banana Bread Mix, Cert. Org.
- Carrot Cake Mix, Cert. Org.

WFM Gluten Free Bakehouse

- Pie Shells

Bar Soap

Kiss My Face

- Olive & Aloe Bar Soap 8 oz
- Olive & Chamomile Bar Soap 8 oz
- Olive & Green Tea Bar Soap 4 oz

Bath Salts/Sugars/Scrubs

Hugo Naturals

- Sea Fennel & Passionflower Sea Salt and Sugar Body Scrub

Beverages

Bard's Beer

- Bard's Gold, 6-Pack

So Delicious

- Original (Plain) Coconut Milk Beverage
- Original (Plain) Coconut Milk Kefir
- Strawberry Coconut Milk Kefir
- Unsweetened Coconut Milk Beverage
- Vanilla Coconut Milk Beverage

Bread

Against The Grain

- Baguettes, Original

Canyon Bakehouse

- 7-Grain Gluten Free Bread
- Cinnamon Raisin Gluten Free Bread
- Gluten Free Hamburger Buns

Bread (Cont'd)

Canyon Bakehouse

- Rosemary & Thyme Gluten Free Focaccia

Ener-G

- Brown Rice Loaf
- Light Tapioca Loaf
- Tapioca Loaf

Food For Life

- Brown Rice Bread, Wheat & Gluten Free
- Millet Bread, Wheat & Gluten Free
- Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

French Meadow Bakery

- Gluten Free Tortillas, 7"

Glutino

- Bread Crumbs

Udi's

- GF Cinnamon Raisin Bagels
- GF Classic Hamburger Buns
- GF Classic Hot Dog Buns
- GF Pizza Crusts 9"
- GF Plain Bagels
- GF White Sandwich Bread
- GF Whole Grain Bagels
- GF Whole Grain Bread

WFM Gluten Free Bakehouse

- Cheddar Biscuits
- Cornbread
- Cream Biscuits
- Honey Oat Bread
- Prairie Bread
- Sundried Tomato & Garlic Bread

Candy and Chocolate

Dagoba

- HAZELNUT 37% Hazelnut/Rice Crisps
- LAVENDER 59% Lavender/ blueberries
- ROSEBERRY 59% Raspberries/Rosehips
- XOCOLATL 74% Chilies/cacao nibs

Candy and Chocolate (Cont'd)

Endangered Species Chocolate

All-Natural 10 Individually Wrapped Pieces Dark Chocolate with Peppermint Crunch
Bite Size Extreme Dark Chocolate
Dark Chocolate with Blueberries - Sea Turtle
Dark Chocolate with Cranberries & Almonds - Wolf
Dark Chocolate with Deep Forest Mint
Dark Chocolate with Espresso Beans - Tiger
Dark Chocolate with Hazelnut Toffee - Rhino
Dark Chocolate with Raspberries - Grizzly Bear
Extreme Dark Chocolate - Panther
Organic Health Dark Chocolate with Cacao Nibs, Yacon & Acai - Tree Frog
Organic Health Dark Chocolate with Goji Berry, Pecans & Maca - Spider Monkey
Smooth Milk Chocolate - Sea Otter
Smooth Organic Dark Chocolate - Butterfly
Supreme Dark Chocolate - Chimpanzee

Enjoy Life

Boom Choco Boom Dairy-Free Rice Milk w/ Crispy Rice Chocolate Bar
Boom Choco Boom Dark Chocolate Bar

Scharffen Berger

41% Milk Bars
70% Bittersweet bars
Dark Mocha Chocolate Bar, 62% Cacao
Semisweet Tasting Square Bars 62%

Canned Goods

Native Forest

Artichoke Hearts, Quartered
Artichoke Hearts, Whole
Green Asparagus Cuts & Tips
Green Asparagus Spears
Organic Baby Corn
Organic Hearts of Palm
Organic Mango Chunks

Canned Goods (Cont'd)

Orgran

Canned Spaghetti in Tomato Sauce

Canned/Jarred Goods

Amy's Kitchen

Black Bean Chili
Light in Sodium - Medium Chili
Light in Sodium - Spicy Chili
Medium Chili
Refried Black Beans
Southwestern Black Bean Chili
Spicy Chili
Thai Coconut Soup (Tom Kha Phak)
Traditional Refried Bean
Vegetarian Baked Beans

Native Forest

Artichoke Hearts, Marinated

Cereal

Ancient Harvest

Organic Quinoa Flakes 12 oz

Arrowhead Mills

Maple Buckwheat Organic Flakes
Organic Rice & Shine Hot Cereal
Organic Yellow Corn Grits

Bakery On Main

Nutty Cranberry Gluten Free Granola

Bob's Red Mill

Brown Rice Farina Creamy Rice Hot Cereal
GlutenFree Rolled Oats

Enjoy Life

Cinnamon Crunch Granola
Crunchy Flax Cereal
Crunchy Rice Cereal
Very Berry Crunch Granola

EnviroKidz

Gorilla Munch Organic Cereal
Koala Crisp Organic Cereal
Leapin' Lemurs Peanut Butter & Chocolate Organic Cereal
Peanut Butter Panda Puffs Organic Cereal

Cereal (Cont'd)

Erewhon

Crispy Brown Rice - Gluten Free
Rice Twice

Glutino

Honey & Nut O Cereal

Hail Merry

Lemon Blue Agave Grawnola
Orange Cranberry Grawnola

Nature's Path

Organic Fruit Juice Sweetened Corn Flakes
Organic Fruit Juice Sweetened Corn Flakes, 26.4 oz
Organic Honey'd Cornflakes
Organic Mesa Sunrise Cereal, 26.4 oz
Organic Whole O's Cereal

Udi's

GF Cranberry Granola
GF Original Granola
GF Vanilla Granola

Cheese

Follow Your Heart

Vegan Gourmet Cheddar
Vegan Gourmet Monterey Jack
Vegan Gourmet Mozzarella Cheese
Vegan Gourmet Nacho Cheese

Chips/Pretzels/Snacks

Arico

Cassava Chips, Original

Beanitos

Black Bean Chips
Pinto Bean with Flaxseed Chips

Blue Diamond

Almond Nut Thins
Barbeque Nut Thins
Cheddar Cheese Nut Thins
Hazelnut Nut Thins
Hint of Sea Salt Nut Thins
Pecan Nut Thins

Chips/Pretzels/Snacks (Cont'd)

Ener-G

Sesame Pretzel Rings

Food Should Taste Good

Blue Corn Dipping Chips Tortilla Chips
Blue Corn Tortilla Chips
Cantina Tortilla Chips
Hemp Tortilla Chips
Sweet Potato Tortilla Chips
White Corn Dipping Chips Tortilla Chips

Food Should Taste Good

Multigrain Tortilla Chips
Olive Tortilla Chips

Glutino

Pretzel Sticks, Family Bag
Pretzels, Family Bag
Pretzels, Sesame Rings
Pretzels, Sticks

Green Mountain Gringo

Original Tortilla Strips

Kettle Brand

Baked Potato Chips, Aged White Cheddar 4 oz
Baked Potato Chips, Hickory Honey BBQ 4 oz
Baked Potato Chips, Lightly Salted 4 oz
Baked Potato Chips, Salt & Fresh Ground Pepper 4 oz
Baked Potato Chips, Sea Salt & Vinegar 4 oz
Krinkle Cut Potato Chips, Classic BBQ 14 oz
Krinkle Cut Potato Chips, Lightly Salted 14 oz
Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz
Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 5 oz
Potato Chips, Backyard Barbeque 5 oz
Potato Chips, Honey Dijon 5 oz
Potato Chips, Jalapeno 5 oz
Potato Chips, Lightly Salted 14 oz
Potato Chips, Lightly Salted 5 oz

Chips/Pretzels/Snacks (Cont'd)

Kettle Brand

- Potato Chips, New York Cheddar w/ Herbs 5 oz
- Potato Chips, Organic Chipotle Chili BBQ 5 oz
- Potato Chips, Organic Lightly Salted 5 oz
- Potato Chips, Organic Sea Salt & Black Pepper 5 oz
- Potato Chips, Sea Salt & Vinegar 5 oz
- Potato Chips, Sour Cream, Onion & Chive 5 oz
- Potato Chips, Spicy Thai 5 oz
- Potato Chips, Sweet Onion 5 oz
- Potato Chips, Unsalted 5 oz

Late July

- Late July Dude Ranch Multigrain
- Late July Mild Green Mojo
- Late July Multigrain Sea Salt
- Late July Summertime Blues
- Late July Sweet Potato

Lundberg Family Farms

- Brown Rice Cakes
- Honey Nut Rice Cakes
- Organic Brown Rice Cakes
- Organic Caramel Corn Rice Cakes
- Organic Cinnamon Toast Rice Cake
- Organic Mochi Sweet Rice Cakes
- Organic Sea Salt Rice Chips
- Organic Sesame Tamari Rice Cakes
- Organic Tamari Seaweed Rice Cakes
- Organic Unsalted Brown Rice Cakes
- Organic Wild Rice Cakes
- Pico de Gallo Rice Chips
- Sante Fe BBQ Rice Chips
- Sesame Seaweed Rice Chips

Lundberg Farms

- Fiesta Lime Rice Chips

Mary's Gone Crackers

- Sticks & Twigs, Sea Salt
- Sticks & Twigs, Tomato Chipotle

Michael Season's

- Baked Cheddar Cheese Curls

Chips/Pretzels/Snacks (Cont'd)

Pirate Brands

- Pirate's Booty Aged White Cheddar
- Pirate's Booty Chocolate
- Pirate's Booty Veggie

Condiments

Eden

- Tamari Soy Sauce, Naturally Brewed 10 oz

Follow Your Heart

- Vegenaise, High Omega-3 w/ Expeller-Pressed Canola Oil

Organicville

- Non-Dairy Mayo
- Organic Chili Sauce
- Organic Dijon Mustard
- Organic Dressing, French
- Organic Dressing, Herbs de Provence Vinaigrette
- Organic Dressing, Non Dairy Ranch
- Organic Dressing, Olive Oil & Balsamic Vinaigrette
- Organic Dressing, Sundried Tomato & Garlic Vinaigrette
- Organic Ketchup
- Organic Non-Dairy Caesar Dressing
- Organic Non-Dairy Thousand Island Dressing
- Organic Stone Ground Mustard
- Organic Yellow Mustard

San-J

- Szechuan Hot & Spicy Marinade/Stir Fry Sauce
Gluten Free
- Teriyaki Sauce

San-J

- Sweet and Sour Sauce

Cookies and Snack Bars

Andean Dream

- Chocolate Chip Cookies

Bakery On Main

- Cranberry Maple Nut Granola Bars
- Peanut Butter Chocolate Chip Granola Bars

Cookies and Snack Bars (Cont'd)

Enjoy Life

- Caramel Apple Snack Bars
- Cocoa Loco Snack Bars
- Crunchy Chocolate Chip Cookies
- Crunchy Double Chocolate Cookies
- Crunchy Sugar Crisp Cookies
- Crunchy Vanilla Honey Graham Cookies
- Snickerdoodle Cookie Pack
- Soft Baked Double Chocolate Brownie Cookies
- Soft Baked Gingerbread Spice Cookie
- Soft Baked Snickerdoodle Cookies
- Sunbutter Crunch Snack Bars
- Very Berry Snack Bars

EnviroKidz

- Cheetah Organic Crispy Rice Bars, Berry
- Koala Organic Crispy Rice Bars, Chocolate
- Lemur Organic Crispy Rice Bars, Peanut Choco Drizzle
- Panda Organic Crispy Rice Bars, Peanut Butter

Glutino

- Breakfast Bars, Apple
- Breakfast Bars, Blueberry
- Chocolate Chip Dream Cookies
- Chocolate Coated Chocolate Wafers
- Chocolate Coated Vanilla Wafers
- Chocolate Vanilla Crème Sandwich Dream Cookies
- Lemon Wafers
- Organic Bar, Chocolate & Peanut Butter
- Vanilla Crème Sandwich Dream Cookies

Hail Merry

- Blonde Macaroons
- Choco Macaroons

Immaculate Baking Company

- Gluten Free Chocolate Chunk Cookie Dough

Jennie's

- Coconut Macaroons

Kinnikinnick

- KinniTOOS Chocolate Sandwich Creme Cookies
- KinniTOOS Vanilla Sandwich Creme Cookies

Cookies and Snack Bars (Cont'd)

Kinnikinnick

- S'moreables Graham Style Crackers

Let's Do...

- Gluten Free Ice Cream Cones

Lucy's

- Chocolate Chip Cookies
- Oatmeal Cookies

Lucy's

- Sugar Cookies

Mary's Gone Crackers love Cookies

- Chocolate Chip love Cookies
- N'Oatmeal Raisin love Cookies

Mi-Del

- Arrowroot Animal Cookies
- Chocolate Chip Cookies
- Ginger Snaps

Pamela's Products

- Butter Shortbread Cookies
- Chocolate Chip Walnut Cookies
- Chunky Chocolate Chip Cookies
- Ginger Cookies with Sliced Almonds
- Lemon Shortbread Cookies
- Pecan Shortbread Cookies

WFM Gluten Free Bakehouse

- Nutmeal Raisin Cookies

Crackers

Crunchmaster

- Multi-Seed Crackers, Original
- Multi-Seed Crackers, Roasted Garlic
- Multi-Seed Crackers, Rosemary & Olive Oil
- Multigrain with Sea Salt

Doctor In The Kitchen

- Dill - Flackers Flaxseed Crackers
- Rosemary Flackers Flaxseed Crackers
- Savory - Flackers Flaxseed Crackers

Edward & Sons

- Brown Rice Snaps, Onion Garlic
- Brown Rice Snaps, Tamari Seaweed
- Brown Rice Snaps, Tamari Sesame

Crackers (Cont'd)

Edward & Sons

Brown Rice Snaps, Unsalted Sesame
Exotic Rice Toast, Purple Rice & Black Sesame
Exotic Rice Toast, Thai Red Rice & Flaxseed
Organic Brown Rice Snaps, Black Sesame
Organic Brown Rice Snaps, Cheddar
Organic Brown Rice Snaps, Toasted Onion
Organic Brown Rice Snaps, Unsalted Plain
Organic Brown Rice Snaps, Vegetable

Ener-G

Gourmet Crackers

Glutino

Crackers, Cheddar
Crackers, Multigrain
Crackers, Original
Crackers, Vegetable

Mary's Gone Crackers

Crackers, Black Pepper
Crackers, Herb
Crackers, Onion
Crackers, Original

Dairy

Brown Cow Yogurt

CT Apricot-Mango FOB
CT Blueberry FOB
CT Cherry-Vanilla FOB
CT Chocolate
CT Coffee
CT Maple
CT Peach FOB
CT Plain
CT Raspberry FOB
CT Strawberry FOB
CT Vanilla
LF Vanilla
NF Plain
Plain Whole Milk Yogurt, 6 oz

Dairy (Cont'd)

Earth Balance

Buttery Spread with Olive Oil
Buttery Sticks
Organic Whipped Buttery Spread
Original Buttery Spread
Soy Free Buttery Spread
Soy Garden Buttery Spread

Fage Total

Total 0% 17.6oz (500g)
Total 0% 35.3 oz (1kg)
Total 0% 6oz (170g)
Total 0% Blueberry Acai 5.3oz (150g)
Total 0% Cherry Pomegranate 5.3oz (150g)
Total 0% Honey 5.3oz (150g)
Total 0% Strawberry Goji 5.3oz (150g)
Total 10% 17.6oz (500g)
Total 10% 7oz (200g)
Total 2% 17.6oz (500g)
Total 2% 35.3oz (1kg)
Total 2% 7oz (200g)
Total 2% Blueberry 5.3oz (150g)
Total 2% Cherry 5.3oz (150g)
Total 2% Honey 5.3oz (150g)
Total 2% Peach 5.3oz (150g)
Total 2% Strawberry 5.3oz (150g)
Total Blueberry 5.3oz (150g)
Total Cherry 5.3oz (150g)
Total Honey 5.3oz (150g)
Total Strawberry 5.3oz (150g)

Helios Nutrition

Organic Plain Kefir
Organic Vanilla Kefir

Lifeway Foods

Bio Kefir Blackberry
Bio Kefir Pomegranate Blueberry
Bio Kefir Vanilla
Greek Style Strawberry Kefir
Green Kefir Pomegranate Acai Blueberry
Low Fat Blueberry Kefir
Low Fat Peach Kefir
Low Fat Raspberry Kefir
Low Fat Strawberry Kefir
Lowfat Cherry Kefir

Dairy (Cont'd)

Lifeway Foods

- Lowfat Plain Kefir
- Lowfat Pomegranate Kefir
- Lowfat Vanilla Kefir
- Organic Lowfat Blueberry Kefir
- Organic Lowfat Plain Kefir
- Organic Lowfat Strawberry Kefir
- Probugs Goo Berry Pie
- Probugs Orange Creamy Crawler
- Probuugs Sublime Slime Lime

Organicville

- Organic Low Fat Caramel Swirl Ice Cream
- Organic Low Fat Dark Chocolate Ice Cream
- Organic Low Fat Vanilla Bean Ice Cream

Stonyfield Organic Yogurt

- 0% Fat Black Cherry
- 0% Fat Blueberry FOB
- 0% Fat Chocolate Underground FOB
- 0% Fat French Vanilla
- 0% Fat Key Lime
- 0% Fat Lotsa Lemon
- 0% Fat Peach
- 0% Fat Plain
- 0% Fat Pom Raspberry Acai FOB
- 0% Fat French Vanilla
- Low Fat Blueberry FOB
- Low Fat French Vanilla
- Low Fat Just Peachy FOB
- Low Fat Plain
- Low Fat Raspberry
- Low Fat Strawberry FOB
- Low Fat Strawberry Pomegranate
- Oikos: 0% Fat Blueberry FOB
- Oikos: 0% Fat Honey FOB
- Oikos: 0% Fat Plain
- Oikos: 0% Fat Strawberry FOB
- Oikos: 0% Fat Super Fruits FOB
- Oikos: 0% Fat Vanilla
- Oikos: 0% Fat Caramel 4oz FOB
- Oikos: 0% Fat Chocolate 4oz FOB
- Oikos: 0% Fat Plain 4oz
- Oikos: 0% Fat Strawberry 4oz FOB
- Oikos: 0% Fat Vanilla 4oz
- Strawberry Super Smoothies 6oz

Dairy (Cont'd)

Stonyfield Organic Yogurt

- Vanilla Super Smoothie
- Whole Milk French Vanilla
- Whole Milk Plain
- Wild Berry Super Smoothie
- Wild Berry Super Smoothies 6oz
- YoBaby Banana Drinkable Yogurt
- YoBaby Blueberry
- YoBaby Meals: Pear Green Bean
- YoBaby Peach
- YoBaby Peach Drinkable Yogurt
- YoKids Squeezers Cherry/Berry
- YoKids Squeezers Strawberry
- YoKids: Blueberry Straw/Van
- YoKids: Strawberry Ban/Straw

Dairy Alternatives

BLUE DIAMOND

- ALMOND BREEZE CHOCOLATE
- ALMOND BREEZE ORIGINAL
- ALMOND BREEZE UNSWEETENED CHOCOLATE
- ALMOND BREEZE UNSWEETENED ORIGINAL
- ALMOND BREEZE UNSWEETENED VANILLA
- ALMOND BREEZE VANILLA

Blue Diamond

- Almond Breeze, Original
- Almond Breeze, Unsweetened Vanilla
- Almond Breeze, Vanilla

Daiya Foods

- Cheddar Style Shreds
- Mozzarella Style Shreds
- Pepperjack Style Shreds

Follow Your Heart

- Vegan Gourmet Cheddar
- Vegan Gourmet Monterey Jack
- Vegan Gourmet Mozzarella Cheese
- Vegan Gourmet Nacho Cheese

So Delicious

- Blueberry Cultured Coconut Milk Yogurt
- Chocolate Cultured Coconut Milk Yogurt
- French Vanilla Coconut Milk Creamer
- Hazelnut Coconut Milk Creamer

Dairy Alternatives (Cont'd)

So Delicious

- Original (Plain) Coconut Milk Beverage
- Original (Plain) Coconut Milk Creamer
- Original (Plain) Coconut Milk Kefir
- Passionate Mango Cultured Coconut Milk Yogurt
- Passionate Mango Non-Dairy Frozen Coconut Milk Dessert
- Pina Colada Cultured Coconut Milk Yogurt
- Plain Cultured Coconut Milk Yogurt
- Raspberry Cultured Coconut Milk Yogurt
- Strawberry Banna Cultured Coconut Milk Yogurt
- Strawberry Coconut Milk Kefir
- Unsweetened Coconut Milk Beverage
- Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert
- Vanilla Coconut Milk Beverage
- Vanilla Cultured Coconut Milk Yogurt

WestSoy

- Organic Soy Beverage, Unsweetened Original 64 oz

truwhip

- All Natural Frozen Whip Topping

Deli Style Meats and Cheeses

Applegate Farms

- Canadian Bacon
- Organic Sliced Oven Roasted Chicken
- Sliced Black Forest Ham
- Sliced Honey Ham
- Sliced Honey Maple Turkey
- Sliced Organic Genoa Salami
- Sliced Organic Herb Turkey
- Sliced Organic Oven Roasted Turkey
- Sliced Organic Roast Beef
- Sliced Organic Smoked Chicken
- Sliced Organic Smoked Turkey
- Sliced Organic Uncured Ham
- Sliced Slow Cooked Ham
- Sliced Soppressata
- Sliced Turkey Salami

Dental Care Products

Kiss My Face

- Anticavity Toothpaste 3.4 oz
- Berry Smart Toothpaste w/ Fluoride 4 oz
- Sensitive Toothpaste 3.4 oz

Deodorant

Kiss My Face

- Liquid Rock Fragrance Free Deodorant 3 oz
- Liquid Rock Lavender Deodorant 3 oz
- Liquid Rock Patchouli Deodorant 3 oz

Desserts

Crave

- Apple Frangipane Tart

French Meadow Bakery

- Gluten Free Fudge Brownie

Glutino

- Chocolate Glazed Donuts
- Original Glazed Donuts

Hail Merry

- Chocolate Almond Butter Tart
- Chocolate Mint Tart
- Chocolate Tart
- Meyer Lemon Tart

Organicville

- Organic Chocolate Ice Cream
- Organic Low Fat Caramel Swirl Ice Cream
- Organic Low Fat Dark Chocolate Ice Cream
- Organic Low Fat Vanilla Bean Ice Cream
- Organic Strawberry Ice Cream
- Organic Vanilla Ice Cream

So Delicious

- Passionate Mango Non-Dairy Frozen Coconut Milk Dessert
- Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

WFM Gluten Free Bakehouse

- Carrot Cake
- Chocolate Cupcakes

Desserts (Cont'd)

truwhip

All Natural Frozen Whip Topping

Energy and Nutrition Bars/Drinks

Bumble Bar

Lushus Lemon
Original with Almond

MacroBar

Almond Butter with Carob
Cashew Butter
Granola with Coconut
Peanut Butter Chocolate Chip
Peanut Protein

Prana Bar

Organic Apricot Goji
Organic Coconut Acai

Entrees and Mixes

Arrowhead Mills

Gluten Free Brownie Mix
Gluten Free Pizza Crust Mix

Bob's Red Mill

TVP (Textured Vegetable Protein)

Chebe

Bread Sticks Mix, Garlic & Onion
Cinnamon Rolls Mix
Focaccia Flatbread Mix

Cherrybrook Kitchen Gluten Free Dreams

Chocolate Frosting Mix
Sugar Cookie Mix

Lundberg Family Farms

Butternut Squash Risotto
Garlic Primavera Risotto
Organic Porcini Wild Mushroom Risotto

Mrs. Leeper's

Beef Lasagna Dinner
Beef Stroganoff Dinner
Cheeseburger Mac Dinner
Chicken Alfredo Dinner
Creamy Tuna Dinner

Entrees and Mixes (Cont'd)

Namaste

Blondie Mix
Muffin Mix
Waffle & Pancake Mix

Pamela's Products

Dark Chocolate Frosting Mix
Vanilla Frosting Mix

Road's End Organics

Dairy Free Alfredo Style Mac & Chreese
Dairy Free Cheddar Style Penne & Chreese
Organic Savory Herb Gravy Mix

Tasty Bite

Aloo Palak
Bombay Potatoes
Channa Masala
Madras Lentils
Mushroom Takatak
Spinach Dal
Vegetable Korma

Ethnic Foods

Edward & Sons

Brown Rice Snaps, Tamari Seaweed
Brown Rice Snaps, Tamari Sesame
Miso-Cup, Organic Japanese Restaurant Style
Miso-Cup, Organic Reduced Sodium
Miso-Cup, Organic Traditional with Tofu
Miso-Cup, Savory Seaweed

Food For Life

Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

Food Merchants

Organic Polenta, Basil & Garlic
Organic Quinoa Polenta, Heirloom Red & Black

French Meadow Bakery

Gluten Free Tortillas, 7"

Native Forest

Light Coconut Milk
Organic Coconut Milk

Ethnic Foods (Cont'd)

San-J

Sweet and Sour Sauce

Tasty Bite

Aloo Palak
Bombay Potatoes
Channa Masala
Madras Lentils
Mushroom Takatak
Spinach Dal
Tandoori Pilaf
Vegetable Korma

Facial Care Products

MyChelle

Clear Skin Spot Treatment
Fruit Enzyme Mist
Ultra Hyaluronic Hydrating Serum
White Cranberry Cleanser

Fragrances & Perfumes

Hugo Naturals

French Lavender Essential Mist

Frozen Foods

Against The Grain

Pizza, 3-Cheese
Pizza, Pesto

Amy's Kitchen

Asian Noodle Stir-Fry
Baked Ziti Bowl
Bistro Veggie Burger
Black Bean Enchilada Whole Meal
Black Bean Tamale Verde
Brown Rice & Vegetables Bowl
Brown Rice, Black-Eyed Peas & Veggies Bowl
Cheese Enchilada
Cheese Enchilada Whole Meal
Cheese Tamale Verde
Enchilada Verde Whole Meal
Garden Vegetable Lasagna
Gluten Free Bean & Rice Burrito (Dairy Free)

Frozen Foods (Cont'd)

Amy's Kitchen

Indian Mattar Paneer
Indian Paneer Tikka
Light & Lean Black Bean & Cheese Enchilada
Light & Lean Soft Taco Fiesta Bowl
Light in Sodium - Brown Rice & Vegetables Bowl
Light in Sodium - Indian Mattar Paneer
Mexican Casserole Bowl
Mexican Tofu Scramble
Non-Dairy Rice Macaroni & Cheese
Rice Crust Spinach Pizza
Rice Mac & Cheese
Roasted Vegetable Tamale
Single Serve Rice Crust Roasted Vegetable Pizza
Teriyaki Bowl
Thai Stir-Fry
Tofu Scramble
Tortilla Casserole & Black Beans Bowl

Applegate Farms

Maple Breakfast Sausage
Sage Breakfast Sausage

EVOL Foods

Bean & Cheese Enchilada Bowl
Chicken Enchilada Bowl
Teriyaki Chicken Bowl

French Meadow Bakery

Gluten Free Chocolate Chip Cookie Dough
Gluten Free Fudge Brownie

Glutino

Duo Cheese Pizza Multipack
Pizza, Duo Cheese

Ian's Natural Foods

Chicken Patties, Wheat Free Gluten Free
French Toast Sticks, Wheat Free Gluten Free
Ian's Chicken Nuggets, Allergen Free
Ian's Fish Sticks, Allergen Free

It's Soy Delicious

Chocolate Peanut Butter Non-Dairy Frozen Dessert

Frozen Foods (Cont'd)

It's Soy Delicious

Green Tea Non-Dairy Frozen Dessert
Vanilla Non-Dairy Frozen Dessert

Julie's Organic Ice Cream

Glutenfreeda's Organic Gluten Free Vanilla Ice Cream Sandwich

Kettle Cuisine

Angus Beef Steak Chili with Beans
Chicken Chili with White Beans
Chicken Soup with Rice Noodles
Grilled Chicken and Corn Chowder
New England Clam Chowder

Kinnikinnick

Chocolate Dipped Donuts
Vanilla Glazed Donuts

Lifeway Foods

Frozen Original Kefir
Frozen Pomegranate Kefir
Frozen Strawberry Kefir

Nature's Path

Organic Buckwheat Wildberry Waffles

Organicville

Organic Chocolate Ice Cream
Organic Low Fat Caramel Swirl Ice Cream
Organic Low Fat Dark Chocolate Ice Cream
Organic Low Fat Vanilla Bean Ice Cream
Organic Strawberry Ice Cream
Organic Vanilla Ice Cream

Purely Decadent

Chocolate Obsession Non-Dairy Frozen Dessert
Cookie Dough Non-Dairy Frozen Coconut Milk Dessert
Mint Chocolate Chip Non-Dairy Frozen Dessert
Mocha Almond Fudge Non-Dairy Frozen Dessert
Purely Vanilla Non-Dairy Frozen Dessert
Turtle Trails Non-Dairy Frozen Dessert

Frozen Foods (Cont'd)

Saffron Road

Chicken Tikka Masala with Basmati Rice

So Delicious

Passionate Mango Non-Dairy Frozen Coconut Milk Dessert
Vanilla Bar, Made with Coconut Milk
Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

Starfish

Crispy Battered Gluten Free Cod
Crispy Battered Gluten Free Halibut

Van's

Wheat Free Blueberry Waffles
Wheat Free Buckwheat Waffles
Wheat Free Flax Waffles
Wheat Free Homestyle Waffles

Grains and Rice

Ancient Harvest

Traditional Organic Quinoa 12 oz

Annie Chun's

Rice Express Sprouted Brown Rice
Rice Express Sticky White Rice

Eden

Organic Quinoa, Whole Grain

Lundberg Family Farms

Butternut Squash Risotto
Eco-Farmed California White Arborio Rice
Eco-Farmed California White Basmati Rice
Eco-Farmed Countrywild Gourmet Blend Rice
Eco-Farmed Wild Blend Gourmet Blend Rice
Organic California Brown Basmati Rice
Organic California White Basmati Rice
Organic Long Grain Brown Rice
Organic Porcini Wild Mushroom Risotto
Organic Short Grain Brown Rice
Organic Sushi Short Grain White Rice, 25 lb
Organic Wild Rice

Grains and Rice (Cont'd)

Tasty Bite

- Basmati Rice
- Jasmine Rice
- Tandoori Pilaf

Hair Care Products

365 Every Day Value™

- Conditioner Fragrance Free
- Conditioner Herbal Mint
- Conditioner Lavender Blend
- Shampoo for Dry and Normal Lavender Blend
- Shampoo for Normal and Oily Fragrance Free
- Shampoo for Normal and Oily Herbal Mint
- Shampoo for Normal and Oily Lavender Blend

Hugo Naturals

- Volumizing Conditioner (Vanilla & Sweet Orange)
- Volumizing Shampoo (Vanilla & Sweet Orange)

Kiss My Face

- Upper Management Styling Gel 8 oz

Hand & Body Lotions

365 Every Day Value™

- Body Lotion Herbal Mint
- Body Lotion Lavender Blend

Hugo Naturals

- French Lavender All Over Lotion
- Grapefruit All Over Lotion
- Shea Butter & Chamomile Oh-So-Soft Lotion
- Shea Butter & Oatmeal All Over Lotion
- Unscented All Over Lotion
- Vanilla & Sweet Orange All Over Lotion

Hand & Body Washes

365 Every Day Value™

- Conditioner Fragrance Free
- Shower Gel Fragrance Free
- Shower Gel Herbal Mint
- Shower Gel Lavender Blend

Hand & Body Washes (Cont'd)

Hugo Naturals

- Vanilla & Sweet Orange Liquid Hand Soap

Kiss My Face

- Active Athletic Shower Gel 16 oz
- Anti-Stress Shower Gel 16 oz
- Lavender & Chamomile Foaming Soap 8.75 oz
- Melon Liquid Moisture Soap 9 oz
- Peaceful Patchouli Shower Gel 16 oz

Jams and Nut Butters

Arrowhead Mills

- Organic Creamy Peanut Butter, 16 oz
- Organic Crunchy Peanut Butter, 16 oz

Earth Balance

- Creamy Natural Almond Butter

Justin's

- Chocolate Almond Butter 1.15 oz Squeeze Packs
- Chocolate Almond Butter Jars
- Chocolate Hazelnut Butter 1.15 oz Squeeze Packs
- Chocolate Hazelnut Jars
- Chocolate Peanut Butter Jars
- Classic Almond Butter 1.15 oz Squeeze Packs
- Classic Almond Butter Jars
- Dark Chocolate Peanut Butter Cups
- Maple Almond Butter 1.15 oz Squeeze Packs

Meat Alternatives

Bob's Red Mill

- TVP (Textured Vegetable Protein)

WestSoy

- Extra Firm Tofu, Tidal Wave 14 oz

Meat and Poultry

Applegate Farms

- Big Apple Hot Dogs
- Chicken Apple Breakfast Sausage
- Greatest Little Organic Smokey Cocktail Frank

Meat and Poultry (Cont'd)

Applegate Farms

- Maple Breakfast Sausage
- Organic Chicken Hot Dogs
- Organic Hot Dogs
- Organic Poultry Andouille Sausage
- Organic Spinach & Feta Sausage
- Organic Sweet Italian Sausage
- Organic Turkey Hot Dogs
- Sage Breakfast Sausage
- Sliced Organic Turkey Bacon

Nutritional Supplements

Amazing Grass

- Amazing Meal Original
- Amazing Meal Pomegranate Mango
- Amazing Meal chocolate
- Green SuperFood Berry
- Green SuperFood Original
- Wheat Grass
- Wheat Grass Tablets

BioChem

- 100% Whey Protein Chocolate Fudge
- 100% Whey Protein Vanilla 1.9lb
- 100% Whey Protein Vanilla 13.9oz

Country Life

- Buffered C 1000mg w/Rose Hips 100ct
- Betaine Hydrochloride w/Pepsin 100ct
- Chelated Magnesium 250mg Tablets, 90 ct
- Chelated Zinc 50mg Tablets, 100 ct
- Chewable Multivitamin 60ct
- CoQ10, Mega Q-Gel 100mg 30ct
- Coenzyme B Complex 120ct
- DHEA Complex For Men, 60 ct
- Daily Fiber X capsule 90ct
- Daily Total One-a-Day 60ct Capsule
- Gluten-Zyme
- Grape Complete w/Pine Bark 60ct Capsule
- L-Tyrosine 500mg Capsules with B-6, 100 ct
- Liquid Fiber 16oz
- Maxi Hair 60ct
- Maxi Hair 90ct
- Maxi-Baby Care Liquid 6oz
- Olive Leaf Extract, 60 ct

Nutritional Supplements (Cont'd)

Country Life

- Pancreatin 1400mg 100ct
- Panthothenic Acid 500mg 60ct
- Papaya Chewable 25mg 200ct
- Resveratrol Plus 120ct Capsule
- Resveratrol Plus 60ct Capsule
- Selenium 100mcg Yeast Free Tablets, 180 ct
- Superior B-12, 50 ct
- Target-Mins Calcium Capsules, 90 ct
- Target-Mins Calcium-Magnesium Complex Tablets, 180 ct
- Target-Mins Calcium-Magnesium-Veg Capsules, 120 ct
- Target-Mins Magnesium Capsules, 120 ct
- Target-Mins Magnesium Capsules, 60 ct
- Target-Mins Magnesium-Potassium Aspartate Tablets, 90 ct
- Target-Mins Total Mins Tablets, 60 ct
- Target-Mins Zinc 50mg Tablets, 90 ct
- Vitamin A 10,000 IU 100ct
- Vitamin D 400 IU 100ct Softgels
- Vitamin D Dry 1000 IU 100ct
- Vitamin E 1000IU 120ct Softgels
- Vitamin E 400IU 30ct Softgels
- Water Factors 60ct

Garden of Life

- Diet 360
- fucoTHIN

Iron Tek

- Essential Liquid Amino Complex Orange 16oz Liquid

Nature's Way Alive!

- Alive! Whole Food C, Pwd 120 g
- Alive!® (no iron added) / 180 Tb
- Alive!® (no iron added) / 30 Tb
- Alive!® (no iron added) / 90 Tb
- Alive!® / 90 Tb

Nature's Way Primadophilus

- Primadophilus® Bifidus / 90 Vcaps®
- Primadophilus® Optima / 30 Vcaps®
- Primadophilus® Optima / 60 Vcaps®
- Primadophilus® Original / 180 Vcaps®
- Primadophilus® Original / 90 Vcaps®

Nutritional Supplements (Cont'd)

Nature's Way Primadophilus

Primadophilus® for Kids Cherry / 30 Chw
Primadophilus® for Kids Orange / 30 Chw

Nature's Way Sambucus

Sambucus Immune Syrup / 4 oz
Sambucus Syrup / 4 oz

Nature's Way Umcka

Umcka ColdCare® Alcohol Free Liquid / 1 oz
Umcka ColdCare® Cherry Syrup / 4 oz
Umcka ColdCare® Original Liquid / 1 oz
Umcka® Cold+Flu Berry Chewable / 20 Chw
Umcka® Cold+Flu Berry Syrup / 4 oz.

Rainbow Light

ACTIVE HEALTH TEEN MULTIVITAMIN 90
COMPLETE PRENATAL SYSTEM 180
COMPLETE PRENATAL SYSTEM 60
EVERYDAY CALCIUM WITH ENZYMES 120
FOOD-BASED CALCIUM 90
GUMMY BEAR ESSENTIALS 30
GUMMY POWER SOURS 30
JUST ONCE IRON-FREE MULTIVITAMIN 30
KID'S ONE MULTISTARS 30
MAGNESIUM CALCIUM "+" 90
MEN'S ONE MULTIVITAMIN 150
MEN'S ONE MULTIVITAMIN 30
MEN'S ONE MULTIVITAMIN 90
PRENATAL ONE MULTIVITAMIN 30
PRENATAL ONE MULTIVITAMIN 90
VITAMIN D 400 IU GUMMIES 60
WOMEN'S ONE MULTIVITAMIN 150
WOMEN'S ONE MULTIVITAMIN 30
WOMEN'S ONE MULTIVITAMIN 90

VEGA

Berry Small
Choc-a-lot
Chocolate
Chocolate Small
Vanilla Almondilla
Vanilla Chai Large
Vanilla Chai Small

Nutritional Supplements (Cont'd)

Vibrant Health

Vibrant Cleanse 48 servings
Vibrant Cleanse Single Serving Packets

Nuts/Seeds/Dried Fruits

Bob's Red Mill

Organic Golden Flaxseeds

Enjoy Life

Not Nuts! Beach Bash Trail Mix

Hail Merry

Chimayo Chile Pecans
Lemon Thyme Pecans

Ointments/Salves/Gels/Antiseptics

Badger

Healing Balm
Winter Wonder Rub

Pasta

Andean Dream

Quinao Macaroni
Quinoa Spaghetti

Jovial Foods

Brown Rice Capellini
Brown Rice Spaghetti

RP's Pasta Fresh Pasta

RP's Fresh Gluten Free Fusilli

Pasta Sauce

Organicville

Organic Italian Herb Pasta Sauce
Organic Marinara Pasta Sauce
Organic Mushroom Pasta Sauce
Organic Tomato Basil Pasta Sauce

Personal Care

Kiss My Face

Triple Action Toothpaste 3.4 oz
Whitening Toothpaste 3.4 oz

Personal Care (Cont'd)

Natracare

- Curved Panty Liners - 30 CT
- ORGANIC Regular Non-Applicator Tampons - 20 CT
- Slender Pads - 20 CT

Tom's of Maine

- Apricot Long Lasting Stick Deodorant
- Lemongrass Long Lasting Stick Deodorant
- Peppermint Antiplaque Tartar Control Plus Whitening Toothpaste
- Unscented Long Lasting Stick Deodorant
- Wintermint Sensitive Toothpaste
- Woodspice Stick Deodorant

Prepared Foods

Food Merchants

- Organic Polenta, Basil & Garlic
- Organic Quinoa Polenta, Heirloom Red & Black

Sauces/Salsas/Dips

Amy's Kitchen

- Light in Sodium - Family Marinara Pasta Sauce

Organicville

- Organic Pineapple Salsa
- Sriracha Sauce

Road's End Organics

- Organic Savory Herb Gravy Mix

Simply Organic

- Alfredo Sauce Mix, Cert. Org.
- Brown Gravy Mix Cert. Org.
- Creamy Dill Dip Mix, Cert. Org.
- French Onion Dip Mix, Cert. Org.
- Italian Salad Dressing Mix, Cert. Org.
- Mushroom Sauce Mix Cert. Org.
- Ranch Dip Mix, Cert. Org.
- Ranch Salad Dressing Mix, Cert. Org.
- Roasted Chicken Gravy Mix Cert. Org.
- Sweet Basil Pesto Mix Cert. Org.

Seafood

Starfish

- Crispy Battered Gluten Free Cod
- Crispy Battered Gluten Free Halibut

Shaving Aids

Kiss My Face

- Key Lime Moisture Shave 11 oz
- Lavender & Shea Moisture Shave 11 oz

Soups

Amy's Kitchen

- Black Bean Vegetable Soup
- Chunky Tomato Bisque
- Chunky Vegetable Soup
- Curried Lentil Soup
- Fire Roasted Southwestern Vegetable Soup
- Golden Lentil Soup
- Hearty French Country Vegetable Soup
- Lentil Soup
- Light in Sodium - Chunky Tomato Bisque
- Light in Sodium - Cream of Tomato Soup
- Light in Sodium - Lentil Soup
- Light in Sodium - Lentil Vegetable Soup
- Light in Sodium - Split Pea Soup
- Split Pea Soup
- Tuscan Bean & Rice Soup

Boulder Soup Works

- Garden Minestrone
- Potato Leek
- Roasted Tomato Basil

Dr. McDougall's Right Foods

- Chana Masala Soup & Quick Meal
- Chili Bean Soup & Quick Meal
- Organic Lower Sodium Black Bean Soup
- Organic Lower Sodium Chunky Tomato Soup
- Organic Tortilla Soup
- RTS Chunky Tomato Soup
- RTS Light Sodium Garden Vegetable Soup
- RTS Light Sodium Lentil Soup
- RTS Roasted Pepper Tomato Soup
- RTS Split Pea Soup

Soups (Cont'd)

Edward & Sons

- Miso-Cup, Organic Japanese Restaurant Style
- Miso-Cup, Organic Reduced Sodium
- Miso-Cup, Organic Traditional with Tofu
- Miso-Cup, Savory Seaweed

Kettle Cuisine

- Angus Beef Steak Chili with Beans
- Chicken Chili with White Beans
- Chicken Soup with Rice Noodles
- Grilled Chicken and Corn Chowder
- New England Clam Chowder

Spices and Seasonings

Bob's Red Mill

- Cornstarch

Edward & Sons

- Bouillon Cubes, Garden Veggie
- Bouillon Cubes, Low Sodium Veggie
- Bouillon Cubes, Not-Beef
- Bouillon Cubes, Not-Chick'n

Simply Organic

- Jambalaya Seasoning Mix, Cert Org.
- Sloppy Joe Mix Cert. Org.
- Southwest Taco Seasoning, Cert. Org.