

# Gluten Free

SPECIAL DIETS SERIES

CELEBRATING  
YOUR  
CHOICES



## Richardson Store, Southwest Region

Whole Foods Market is excited to bring you Celebrating Your Choices, a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product.

### Baked Goods

#### Kinnikinnick

- Vanilla Glazed Donuts

#### Udi's

- GF Blueberry Muffins
- GF Double Chocolate Muffins

#### WFM Gluten Free Bakehouse

- Almond Scones
- Blueberry Muffins
- Chocolate Chip Cookies
- Chocolate Cupcakes
- Cinnamon Raisin Bread
- Cream Biscuits
- Peanut Butter Cookies
- Pie Shells
- Pizza Crust
- Prairie Bread
- Sandwich Bread
- Vanilla Cupcakes

### Baking Needs

#### Arrowhead Mills

- Blue Corn Meal
- Buckwheat Flour
- Long Grain Brown Rice Flour
- Soy Flour
- Yellow Corn Meal

#### Bob's Red Mill

- Almond Flour
- Arrowroot Starch Flour
- Brown Rice Flour
- Flaxseed Meal
- Garbanzo Bean Flour
- Gluten Free Cornbread Mix
- Gluten Free Cornmeal
- GlutenFree Rolled Oats
- Millet Flour
- Organic Flaxseed Meal
- Organic Golden Flaxseed Meal
- Potato Starch
- Soy Lecithin Granules

## **Baking Needs (Cont'd)**

### **Bob's Red Mill**

Tapioca Flour  
Xanthan Gum

### **Chebe**

All-Purpose Mix

### **Cherrybrook Kitchen Gluten Free Dreams**

Vanilla Frosting Mix

### **Ener-G**

Egg Replacement

### **Enjoy Life**

Semi-Sweet Chocolate Chips

### **Gluten Free Pantry**

Brown Rice Pancake & Waffle Mix  
Favorite Sandwich Bread Mix  
Muffins & Scone Mix  
Old Fashioned Cake & Cookie Mix

### **Hodgson Mill**

Active Dry Yeast

### **King Arthur Flour**

Gluten Free Chocolate Cake Mix  
Gluten Free Multi-Purpose Flour

### **Let's Do... Organic**

Organic Coconut Flakes  
Organic Creamed Coconut  
Organic Reduced Fat Shredded Coconut  
Organic Tapioca Pearls

### **Namaste**

Bread Mix  
Brownie Mix  
Cookie Mix

### **Pamela's Products**

Baking & Pancake Mix  
Gluten-Free Bread Mix & Flour Blend

### **Simply Organic**

Carrot Cake Mix, Cert. Org.  
Pancake/Waffle Mix, Cert. Org.

### **WFM Gluten Free Bakehouse**

Pie Shells

## **Bar Soap**

### **Kiss My Face**

Olive & Aloe Bar Soap 4 oz  
Olive & Honey Bar Soap 4 oz  
Pure Olive Oil Bar Soap 8 oz

## **Beverages**

### **Bard's Beer**

Bard's Gold, 6-Pack

### **So Delicious**

Original (Plain) Coconut Milk Beverage  
Original (Plain) Coconut Milk Kefir  
Unsweetened Coconut Milk Beverage  
Vanilla Coconut Milk Beverage  
Vanilla Coconut Milk Kefir

## **Bread**

### **Ener-G**

Light Brown Rice Loaf  
Light Tapioca Loaf  
Tapioca Loaf  
White Rice Loaf Yeast Free

### **Food For Life**

Brown Rice Bread, Wheat & Gluten Free  
Millet Bread, Wheat & Gluten Free  
Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### **Glutino**

Bread Crumbs

### **Udi's**

GF Cinnamon Raisin Bagels  
GF Classic Hamburger Buns  
GF Classic Hot Dog Buns  
GF Millet-Chia Bread  
GF Plain Bagels  
GF White Sandwich Bread  
GF Whole Grain Bagels  
GF Whole Grain Bread  
GF Whole Grain Hamburger Buns

### **WFM Gluten Free Bakehouse**

Cinnamon Raisin Bread  
Cream Biscuits  
Prairie Bread

## Bread (Cont'd)

### WFM Gluten Free Bakehouse

Sandwich Bread

## Candy and Chocolate

### Dagoba

Beaucoup Berries

DARK 59% Semisweet

LAVENDER 59% Lavender/ blueberries

MILK 37% Pure Milk Chocolate - 2 oz

ROSEBERRY 59% Raspberries/Rosehips

### Endangered Species Chocolate

All-Natural 10 Individually Wrapped Pieces Dark Chocolate with Peppermint Crunch

Dark Chocolate with Raspberries - Grizzly Bear

Extreme Dark Chocolate - Panther

Organic Health Dark Chocolate with Goldenberry & Lucuma - Toucan

Supreme Dark Chocolate - Chimpanzee

### Enjoy Life

Boom Choco Boom Dairy-Free Rice Milk Chocolate Bar

Boom Choco Boom Dairy-Free Rice Milk w/ Crispy Rice Chocolate Bar

### Glee Gum

Glee Bubblegum Flavor Gum

Glee Cinnamon Gum

Glee Peppermint Gum

## Canned/Jarred Goods

### Amy's Kitchen

Black Bean Chili

Light in Sodium - Medium Chili

Light in Sodium - Spicy Chili

Medium Chili with Vegetables

Refried Black Beans

Southwestern Black Bean Chili

Thai Coconut Soup (Tom Kha Phak)

Traditional Refried Bean

## Canned/Jarred Goods (Cont'd)

### Native Forest

Artichoke Hearts, Marinated

## Cereal

### Ancient Harvest

Organic Quinoa Flakes 12 oz

### Arrowhead Mills

Maple Buckwheat Organic Flakes

### Bob's Red Mill

GlutenFree Rolled Oats

Whole Grain Teff

### EnviroKidz

Amazon Frosted Flakes Organic Cereal

Gorilla Munch Organic Cereal

Koala Crisp Organic Cereal

Leapin' Lemurs Peanut Butter & Chocolate Organic Cereal

Peanut Butter Panda Puffs Organic Cereal

### Erewhon

Crispy Brown Rice - Gluten Free

### Nature's Path

Organic Fruit Juice Sweetened Corn Flakes

Organic Fruit Juice Sweetened Corn Flakes, 26.4 oz

Organic Honey'd Cornflakes

## Chips/Pretzels/Snacks

### Arico

Cassava Chips, Ginger on Fire

### Beanitos

Black Bean Chips

Black Bean Chips Chipotle BBQ

Pinto Bean & Flax Chips with Cheddar Cheese

Pinto Bean with Flaxseed Chips

### Blue Diamond

Almond Nut Thins

Barbeque Nut Thins

Cheddar Cheese Nut Thins

Hint of Sea Salt Nut Thins

## **Chips/Pretzels/Snacks (Cont'd)**

### **Blue Diamond**

Pecan Nut Thins  
Smokehouse Nut Thins

### **Ener-G**

Crisp Pretzels  
Wylde Pretzels

### **Food Should Taste Good**

Blue Corn Dipping Chips Tortilla Chips  
Blue Corn Tortilla Chips  
Cheddar Tortilla Chips  
Hemp Tortilla Chips  
Jalapeno Tortilla Chips  
Sweet Potato Tortilla Chips  
White Corn Dipping Chips Tortilla Chips

### **Food Should Taste Good**

Jalapeno Tortilla Chips  
Multigrain Tortilla Chips  
Olive Tortilla Chips

### **Glutino**

Pretzel Sticks, Family Bag  
Pretzels, Family Bag  
Pretzels, Snack Pack  
Table Cracker

### **Green Mountain Gringo**

Organic Blue Tortilla Strips  
Original Tortilla Strips

### **Kettle Brand**

Baked Potato Chips, Aged White Cheddar 4 oz  
Baked Potato Chips, Hickory Honey BBQ 4 oz  
Baked Potato Chips, Lightly Salted 4 oz  
Baked Potato Chips, Salt & Fresh Ground Pepper 4 oz  
Baked Potato Chips, Sea Salt & Vinegar 4 oz  
Krinkle Cut Potato Chips, Buffalo Bleu 2 oz  
Krinkle Cut Potato Chips, Classic BBQ 14 oz  
Krinkle Cut Potato Chips, Lightly Salted 14 oz

## **Chips/Pretzels/Snacks (Cont'd)**

### **Kettle Brand**

Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz  
Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 5 oz  
Potato Chips, Backyard Barbeque 5 oz  
Potato Chips, Honey Dijon 5 oz  
Potato Chips, Jalapeno 5 oz  
Potato Chips, Lightly Salted 14 oz  
Potato Chips, Lightly Salted 5 oz  
Potato Chips, New York Cheddar w/ Herbs 2 oz  
Potato Chips, Organic Chipotle Chili BBQ 5 oz  
Potato Chips, Organic Lightly Salted 5 oz  
Potato Chips, Organic Sea Salt & Black Pepper 5 oz  
Potato Chips, Sea Salt & Vinegar 5 oz  
Potato Chips, Sour Cream, Onion & Chive 5 oz  
Potato Chips, Spicy Thai 5 oz  
Potato Chips, Sweet Onion 5 oz  
Potato Chips, Unsalted 5 oz

### **Late July**

Late July Dude Ranch Multigrain  
Late July Mild Green Mojo  
Late July Multigrain Sea Salt

### **Lundberg Family Farms**

Brown Rice Cakes  
Honey Nut Rice Cakes  
Organic Brown Rice Cakes  
Organic Caramel Corn Rice Cakes  
Organic Mochi Sweet Rice Cakes  
Organic Sea Salt Rice Chips  
Organic Unsalted Brown Rice Cakes  
Organic Wild Rice Cakes  
Sante Fe BBQ Rice Chips  
Sesame Seaweed Rice Chips  
Unsalted Brown Rice Cakes

### **Mary's Gone Crackers**

Sticks & Twigs, Curry

## **Chips/Pretzels/Snacks (Cont'd)**

### **Pirate Brands**

Pirate's Booty Aged White Cheddar

## **Condiments**

### **Eden**

Tamari Soy Sauce, Naturally Brewed 10 oz

### **Follow Your Heart**

Vegenaise, High Omega-3 w/ Expeller-Pressed Canola Oil

### **Organicville**

Non-Dairy Mayo  
Organic Dijon Mustard  
Organic Dressing, Olive Oil & Balsamic Vinaigrette  
Organic Ketchup  
Organic Non-Dairy Thousand Island Dressing  
Organic Original BBQ Sauce  
Organic Yellow Mustard

### **San-J**

Szechuan Hot & Spicy Marinade/Stir Fry Sauce  
Gluten Free  
Teriyaki Sauce

### **San-J**

Asian BBQ Sweet & Smoky fusion BBQ Sauce GF  
Sweet and Sour Sauce

## **Cookies and Snack Bars**

### **Andean Dream**

Chocolate Chip Cookies

### **Bakery On Main**

Extreme Trail Mix Granola Bars

### **Enjoy Life**

Crunchy Chocolate Chip Cookies  
Soft Baked Snickerdoodle Cookies  
Very Berry Snack Bars

### **EnviroKidz**

Cheetah Organic Crispy Rice Bars, Berry  
Koala Organic Crispy Rice Bars, Chocolate

## **Cookies and Snack Bars (Cont'd)**

### **EnviroKidz**

Lemur Organic Crispy Rice Bars, Peanut Choco Drizzle

### **Glutino**

Breakfast Bars, Apple  
Breakfast Bars, Blueberry  
Lemon Wafers

### **Hail Merry**

Blonde Macaroons  
Choco Macaroons

### **Jennie's**

Coconut Macaroons

### **Kinnikinnick**

KinniTOOS Chocolate Sandwich Creme Cookies  
KinniTOOS Vanilla Sandwich Creme Cookies

### **Mi-Del**

Chocolate Chip Cookies  
Ginger Snaps

### **Pamela's Products**

Butter Shortbread Cookies  
Chocolate Chip Walnut Cookies  
Ginger Cookies with Sliced Almonds

### **Udi's**

GF Chocolate Chip Cookies

### **WFM Gluten Free Bakehouse**

Chocolate Chip Cookies  
Peanut Butter Cookies

## **Crackers**

### **Crunchmaster**

Multi-Seed Crackers, Original  
Multigrain with Sea Salt

### **Doctor In The Kitchen**

Rosemary Flackers Flaxseed Crackers  
Savory - Flackers Flaxseed Crackers

### **Edward & Sons**

Brown Rice Snaps, Onion Garlic  
Brown Rice Snaps, Tamari Sesame  
Exotic Rice Toast, Purple Rice & Black Sesame

## Crackers (Cont'd)

### Edward & Sons

Organic Brown Rice Snaps, Black Sesame  
Organic Brown Rice Snaps, Toasted Onion  
Organic Brown Rice Snaps, Unsalted Plain

### Glutino

Crackers, Multigrain

### Mary's Gone Crackers

Crackers, Black Pepper  
Crackers, Onion  
Crackers, Original

## Dairy

### Brown Cow Yogurt

CT Apricot-Mango FOB  
CT Blueberry FOB  
CT Cherry-Vanilla FOB  
CT Chocolate  
CT Coffee  
CT Maple  
CT Peach FOB  
CT Plain  
CT Raspberry FOB  
CT Strawberry FOB  
CT Vanilla  
NF Vanilla  
Plain Whole Milk Yogurt, 6 oz

### Earth Balance

Buttery Spread with Olive Oil  
Buttery Sticks  
Organic Whipped Buttery Spread  
Original Buttery Spread  
Soy Free Buttery Spread  
Soy Garden Buttery Spread

### Page Total

Total 0% 17.6oz (500g)  
Total 0% 35.3 oz (1kg)  
Total 0% 6oz (170g)  
Total 0% Blueberry Acai 5.3oz (150g)  
Total 0% Cherry Pomegranate 5.3oz (150g)  
Total 10% 17.6oz (500g)  
Total 10% 7oz (200g)  
Total 2% 17.6oz (500g)

## Dairy (Cont'd)

### Page Total

Total 2% 7oz (200g)  
Total 2% Blueberry 5.3oz (150g)  
Total 2% Cherry 5.3oz (150g)  
Total 2% Honey 5.3oz (150g)  
Total 2% Peach 5.3oz (150g)  
Total 2% Strawberry 5.3oz (150g)  
Total Blueberry 5.3oz (150g)  
Total Cherry 5.3oz (150g)  
Total Honey 5.3oz (150g)

### Helios Nutrition

Organic Plain Kefir

### Lifeway Foods

Low Fat Blueberry Kefir  
Low Fat Peach Kefir  
Low Fat Strawberry Kefir  
Lowfat Cherry Kefir  
Lowfat Plain Kefir  
Lowfat Vanilla Kefir  
Organic Lowfat Plain Kefir  
Organic Lowfat Strawberry Kefir  
Probugs Goo Berry Pie  
Probugs Sublime Slime Lime

### Stonyfield Organic Yogurt

0% Fat Black Cherry  
0% Fat Chocolate Underground FOB  
0% Fat Lotsa Lemon  
0% Fat Peach  
0% Fat Pom Raspberry Acai FOB  
0% Fat French Vanilla  
0% Fat Plain  
Low Fat Blueberry FOB  
Low Fat French Vanilla  
Low Fat Just Peachy FOB  
Low Fat Plain  
Low Fat Raspberry  
Low Fat Strawberry FOB  
Oikos: 0% Fat Blueberry FOB  
Oikos: 0% Fat Honey FOB  
Oikos: 0% Fat Plain  
Oikos: 0% Fat Strawberry FOB  
Oikos: 0% Fat Vanilla  
Oikos: 0% Fat Caramel 4oz FOB

## Dairy (Cont'd)

### Stonyfield Organic Yogurt

Oikos: 0% Fat Strawberry 4oz FOB  
Strawberry Super Smoothies 6oz  
Whole Milk French Vanilla  
Whole Milk Plain  
Wild Berry Super Smoothies 6oz  
YoBaby Banana  
YoBaby Blueberry  
YoBaby Peach  
YoBaby Vanilla  
YoKids Squeezers Cherry/Berry  
YoKids Squeezers Strawberry  
YoKids: Blueberry Straw/Van

## Dairy Alternatives

### BLUE DIAMOND

ALMOND BREEZE CHOCOLATE  
ALMOND BREEZE ORIGINAL  
ALMOND BREEZE UNSWEETENED  
CHOCOLATE  
ALMOND BREEZE UNSWEETENED VANILLA  
ALMOND BREEZE VANILLA

### Blue Diamond

Almond Breeze, Original  
Almond Breeze, Unsweetened Vanilla  
Almond Breeze, Vanilla

### Daiya Foods

Cheddar Style Shreds  
Mozzarella Style Shreds  
Pepperjack Style Shreds

### So Delicious

Blueberry Cultured Coconut Milk Yogurt  
Chocolate Cultured Coconut Milk Yogurt  
Chocolate Non-Dairy Frozen Coconut Milk Dessert  
Coconut Non-Dairy Frozen Coconut Milk Dessert  
French Vanilla Coconut Milk Creamer  
Hazelnut Coconut Milk Creamer  
Original (Plain) Coconut Milk Beverage  
Original (Plain) Coconut Milk Creamer  
Original (Plain) Coconut Milk Kefir

## Dairy Alternatives (Cont'd)

### So Delicious

Passionate Mango Cultured Coconut Milk Yogurt  
Passionate Mango Non-Dairy Frozen Coconut Milk  
Dessert  
Pina Colada Cultured Coconut Milk Yogurt  
Plain Cultured Coconut Milk Yogurt  
Raspberry Cultured Coconut Milk Yogurt  
Unsweetened Coconut Milk Beverage  
Vanilla Bean Non-Dairy Frozen Coconut Milk  
Dessert  
Vanilla Coconut Milk Beverage  
Vanilla Coconut Milk Kefir  
Vanilla Cultured Coconut Milk Yogurt

## Deli Style Meats and Cheeses

### Applegate Farms

Organic Sliced Oven Roasted Chicken  
Sliced Authentic Prosciutto  
Sliced Black Forest Ham  
Sliced Coppa  
Sliced Genoa Salami  
Sliced Honey Ham  
Sliced Honey Maple Turkey  
Sliced Organic Oven Roasted Turkey  
Sliced Organic Roast Beef  
Sliced Organic Smoked Chicken  
Sliced Organic Smoked Turkey  
Sliced Organic Uncured Ham  
Sliced Oven Roasted Sliced Turkey  
Sliced Slow Cooked Ham  
Sliced Smoked Turkey  
Sliced Soppressata  
Sliced Turkey Bologna

## Dental Care Products

### Kiss My Face

Anticavity Toothpaste 3.4 oz  
Berry Smart Toothpaste Fluoride Free 4 oz  
Sensitive Toothpaste 3.4 oz  
Tartar Control Toothpaste 3.4 oz

## Dental Care Products (Cont'd)

### Tom's of Maine

Spearmint Flat Floss

## Deodorant

### Kiss My Face

Liquid Rock Lavender Deodorant 3 oz

## Desserts

### Glutino

Original Glazed Donuts

### Hail Merry

Chocolate Mint Tart

### Organicville

Organic Strawberry Ice Cream

### So Delicious

Chocolate Non-Dairy Frozen Coconut Milk Dessert

Coconut Non-Dairy Frozen Coconut Milk Dessert

Passionate Mango Non-Dairy Frozen Coconut Milk Dessert

Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

### WFM Gluten Free Bakehouse

Chocolate Cupcakes

Vanilla Cupcakes

## Energy and Nutrition Bars/Drinks

### Bumble Bar

Chai with Almonds

Original with Almond

Original with Peanut

### Function Drinks

98886-00100

Urban Detox Goji Berry

### MacroBar

Almond Butter with Carob

Cashew Butter

Granola with Coconut

Peanut Butter Chocolate Chip

## Energy and Nutrition Bars/Drinks (Cont'd)

### MacroBar

Peanut Protein

## Entrees and Mixes

### Bob's Red Mill

TVP (Textured Vegetable Protein)

### Cherrybrook Kitchen Gluten Free Dreams

Vanilla Frosting Mix

### Lundberg Family Farms

Organic Alfredo Risotto

Organic Porcini Wild Mushroom Risotto

### Namaste

Bread Mix

Brownie Mix

Cookie Mix

### Tasty Bite

Jaipur Vegetables

Jodhpur Lentils

Mushroom Takatak

Punjab Eggplant

Spinach Dal

Vegetable Korma

## Ethnic Foods

### Edward & Sons

Brown Rice Snaps, Tamari Sesame

Miso-Cup, Organic Traditional with Tofu

Miso-Cup, Savory Seaweed

### Food For Life

Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Food Merchants

Organic Polenta, Traditional

### Native Forest

Light Coconut Milk

Organic Coconut Milk

## **Ethnic Foods (Cont'd)**

### **San-J**

Sweet and Sour Sauce

### **Tasty Bite**

Jaipur Vegetables

Jodhpur Lentils

Mushroom Takatak

Punjab Eggplant

Spinach Dal

Vegetable Korma

## **Facial Care Products**

### **MyChelle**

Fruit Enzyme Cleanser

## **Frozen Foods**

### **Amy's Kitchen**

Asian Noodle Stir-Fry

Baked Ziti Bowl

Bistro Veggie Burger

Black Bean Enchilada Whole Meal

Black Bean Tamale Verde

Black Bean Vegetable Enchilada

Brown Rice & Vegetables Bowl

Brown Rice, Black-Eyed Peas & Veggies Bowl

Cheese Enchilada

Cheese Tamale Verde

Garden Vegetable Lasagna

Indian Mattar Paneer

Indian Mattar Tofu

Indian Palak Paneer

Indian Paneer Tikka

Indian Vegetable Korma

Light & Lean Black Bean & Cheese Enchilada

Light in Sodium - Brown Rice & Vegetables Bowl

Light in Sodium - Indian Mattar Paneer

Light in Sodium - Mexican Casserole Bowl

Mexican Casserole Bowl

Mexican Tofu Scramble

Non-Dairy Rice Macaroni & Cheeze

Rice Crust Spinach Pizza

Rice Mac & Cheese

## **Frozen Foods (Cont'd)**

### **Amy's Kitchen**

Single Serve Non-Dairy Rice Crust Cheeze Pizza

Single Serve Rice Crust Roasted Vegetable Pizza

Sonoma Veggie Burger

Teriyaki Bowl

Thai Stir-Fry

Tofu Scramble

Tortilla Casserole & Black Beans Bowl

### **Applegate Farms**

Maple Breakfast Sausage

Organic Beef Burgers

Organic Turkey Burgers

Sage Breakfast Sausage

### **EVOL Foods**

Chicken Enchilada Bowl

Fire Grilled Steak Bowl

Teriyaki Chicken Bowl

### **Glutino**

Pepperoni Brown Rice Crust Pizza

Pizza, Spinach Feta

### **Ian's Natural Foods**

Kids Meal, Mac No Cheese

### **Julian's Recipe**

Gluten Free Pancakes - Belgian Chocolate

Gluten Free Pancakes - Buttermilk

Gluten Free Pancakes - Wild Blueberry

### **Kinnikinnick**

Homestyle Waffles, Cinnamon Brown Sugar

Vanilla Glazed Donuts

### **Nature's Path**

Organic Buckwheat Wildberry Waffles

Organic Homestyle Waffles

### **Organic So Delicious**

Neopolitan Non-Dairy Frozen Dessert

### **Organicville**

Organic Strawberry Ice Cream

### **Purely Decadent**

Mint Chip Non-Dairy Frozen Coconut Milk Dessert

## Frozen Foods (Cont'd)

### Purely Decadent

Purely Vanilla Non-Dairy Frozen Dessert  
Turtle Trails Non-Dairy Frozen Dessert

### Saffron Road

Chicken Biryani  
Lamb Saag with Basmati Rice

### So Delicious

Chocolate Non-Dairy Frozen Coconut Milk Dessert  
Coconut Almond Bar, Made with Coconut Milk  
Coconut Non-Dairy Frozen Coconut Milk Dessert  
Orange Passion Fruit Agave Sweetened Fruit Bar  
Passionate Mango Non-Dairy Frozen Coconut Milk Dessert  
Vanilla Bean Non-Dairy Frozen Coconut Milk Dessert

### Starfish

Crispy Battered Gluten Free Cod  
Crispy Battered Gluten Free Halibut

### Van's

Wheat Free Flax Waffles  
Wheat Free Homestyle Waffles

## Grains and Rice

### Ancient Harvest

Traditional Organic Quinoa 12 oz

### Lundberg Family Farms

Eco-Farmed California Brown Basmati Rice  
Eco-Farmed California White Arborio Rice  
Eco-Farmed Countrywild Gourmet Blend Rice  
Eco-Farmed Wild Blend Gourmet Blend Rice  
Organic Alfredo Risotto  
Organic California White Basmati Rice  
Organic Long Grain Brown Rice  
Organic Long Grain Brown Rice, 25 lb  
Organic Porcini Wild Mushroom Risotto  
Organic Short Grain Brown Rice

## Grains and Rice (Cont'd)

### Tasty Bite

Basmati Rice

## Hair Care Products

### 365 Every Day Value™

Conditioner Fragrance Free  
Conditioner Herbal Mint  
Conditioner Lavender Blend  
Shampoo for Dry and Normal Herbal Mint  
Shampoo for Dry and Normal Lavender Blend  
Shampoo for Normal and Oily Fragrance Free  
Shampoo for Normal and Oily Herbal Mint  
Shampoo for Normal and Oily Lavender Blend

## Hand & Body Lotions

### 365 Every Day Value™

Body Lotion Lavender Blend

### Kiss My Face

Peaches & Crème Moisturizer 16 oz

## Hand & Body Washes

### 365 Every Day Value™

Shower Gel Fragrance Free  
Shower Gel Herbal Mint  
Shower Gel Lavender Blend

## Jams and Nut Butters

### Arrowhead Mills

Organic Crunchy Peanut Butter, 26 oz

### Earth Balance

Creamy Natural Almond Butter

### Justin's

Chocolate Almond Butter 1.15 oz Squeeze Packs  
Chocolate Almond Butter Jars  
Chocolate Hazelnut Butter 1.15 oz Squeeze Packs  
Chocolate Hazelnut Jars  
Chocolate Peanut Butter 1.15 oz Squeeze Packs

## Jams and Nut Butters (Cont'd)

### Justin's

- Chocolate Peanut Butter Jars
- Classic Almond Butter 1.15 oz Squeeze Packs
- Classic Almond Butter Jars
- Dark Chocolate Peanut Butter Cups
- Honey Almond Butter 1.15 oz Squeeze Packs
- Maple Almond Butter 1.15 oz Squeeze Packs
- Maple Almond Butter Jars
- Milk Chocolate Peanut Butter Cups

## Lip Balms

### Kiss My Face

- Strawberry Lip Balm w / SPF 15 .15 oz

## Meat Alternatives

### Bob's Red Mill

- TVP (Textured Vegetable Protein)

## Meat and Poultry

### Applegate Farms

- Beef Hot Dogs
- Chicken Apple Breakfast Sausage
- Chicken Hot Dogs
- Dry Cured Bacon
- Greatest Little Organic Smokey Cocktail Frank
- Maple Breakfast Sausage
- Organic Beef Burgers
- Organic Hot Dogs
- Organic Sliced Sunday Bacon
- Organic Spinach & Feta Sausage
- Organic Sweet Italian Sausage
- Organic Turkey Burgers
- Sage Breakfast Sausage
- Turkey Hot Dogs

## Nutritional Supplements

### Amazing Grass

- Green SuperFood Berry
- Green SuperFood Chocolate
- Wheat Grass

## Nutritional Supplements (Cont'd)

### BioChem

- 100% Whey Protein Chocolate Fudge 1.9lb
- 100% Whey Protein Vanilla 1.9lb
- 100% Whey Protein Vanilla 13.9oz

### Country Life

- Acidophilus with Pectin Capsules, 100 ct
- Acidophilus with Pectin Capsules, 250 ct
- Biotin 1000mcg 100ct
- Cal-Snack Milk-Free Chewables, 120 ct
- DHEA Complex For Men, 60 ct
- Daily Fiber X capsule 180ct
- Magnesium Citrate Tablets, 120 ct
- Max for Men 60ct Tablet
- Maxi Hair 60ct
- Maxi Hair 90ct
- Melatonin 1mg Tablets, 60 ct
- N-N Dimethylglycine 125mg 60ct
- Nature's Garlic Softgel 180ct
- Omega-3 Fish Oils 1000mg 100ct
- Papaya Chewable 25mg 200ct
- Papaya Chewable 25mg 500ct
- Pregnenolone 30mg Capsules, 60 ct
- Super Potency Biotin 5mg 120ct
- Target-Mins Calcium-Magnesium Complex Tablets, 180 ct
- Target-Mins Magnesium Capsules, 60 ct
- Vitamin A 10,000 IU 100ct
- Vitamin D Dry 1000 IU 100ct
- Vitamin K-1 100mcg 100ct

### Iron Tek

- Essential CLA 1000mg 90ct

### Nature's Way Alive!

- Alive! Liquid Vitamin-30 oz. bottle
- Alive!® (no iron added) / 90 Vcaps®
- Alive!® / 60 Tb
- Alive!® / 90 Tb

### Nature's Way Primadophilus

- Primadophilus® Reuteri / 5 oz Pwdr
- Primadophilus® for Kids Cherry / 30 Chw

### Nature's Way Sambucus

- Sambucus Immune Syrup / 4 oz
- Sambucus Syrup / 4 oz

## Nutritional Supplements (Cont'd)

### Nature's Way Thisilyn

Super Thisilyn® / 60 Vcaps®

### Nature's Way Umcka

Umcka ColdCare® Alcohol Free Liquid / 1 oz  
Umcka ColdCare® Lemon Hot Drink / 10 pkts/bx  
Umcka ColdCare® Menthol Syrup / 4 oz

### Rainbow Light

CANDIDA CLEANSE 60  
EVERYDAY CALCIUM WITH ENZYMES 240  
GUMMY BEAR ESSENTIALS 30  
JUST ONCE MULTIVITAMIN 120  
MEN'S ONE MULTIVITAMIN 150  
MEN'S ONE MULTIVITAMIN 90  
MINTASURE 75  
NUTRISTART MULTIVITAMIN POWDER 30  
PRENATAL ONE MULTIVITAMIN 30  
PRENATAL ONE MULTIVITAMIN 90  
PROTEIN ENERGIZER WHEY  
VITAMIN D 1,000 IU GUMMIES 50  
VITAMIN D 400 IU GUMMIES 60  
WOMEN'S ONE MULTIVITAMIN 90

### VEGA

Berry Small

## Pasta

### Andean Dream

Quinoa Spaghetti

### Orgran

Rice & Corn Tortellini

## Pasta Sauce

### Organicville

Organic Italian Herb Pasta Sauce  
Organic Marinara Pasta Sauce  
Organic Mushroom Pasta Sauce  
Organic Tomato Basil Pasta Sauce

## Personal Care

### Kiss My Face

Triple Action Toothpaste 3.4 oz  
Whitening Toothpaste 3.4 oz

### Natracare

Curved Panty Liners - 30 CT  
ORGANIC Regular Non-Applicator Tampons - 20 CT  
ORGANIC Super Non-Applicator Tampons - 20 CT  
Ultra w/ Wings - Regular Pad - 14 CT

### Tom's of Maine

Apricot Long Lasting Stick Deodorant  
Calendula Stick Deodorant  
Lavender Long Lasting Roll-on Deodorant  
Lavender Long Lasting Stick Deodorant  
Peppermint Antiplaque Tartar Control Plus  
Whitening Toothpaste  
Unscented Long Lasting Roll-on Deodorant  
Unscented Long Lasting Stick Deodorant  
Woodspice Stick Deodorant

## Prepared Foods

### Food Merchants

Organic Polenta, Traditional

## Sauces/Salsas/Dips

### Hail Merry

Macadamia Dip- red bell pepper

### Simply Organic

Creamy Dill Dip Mix, Cert. Org.  
French Onion Dip Mix, Cert. Org.  
Mushroom Sauce Mix Cert. Org.  
Ranch Dip Mix, Cert. Org.  
Ranch Salad Dressing Mix, Cert. Org.  
Roasted Turkey Gravy Mix Cert. Org.  
Sweet Basil Pesto Mix Cert. Org.

## Seafood

### Starfish

Crispy Battered Gluten Free Cod  
Crispy Battered Gluten Free Halibut

## **Soups**

### **Amy's Kitchen**

- Black Bean Vegetable Soup
- Chunky Vegetable Soup
- Cream of Tomato Soup
- Curried Lentil Soup
- Fire Roasted Southwestern Vegetable Soup
- Hearty French Country Vegetable Soup
- Hearty Rustic Italian Vegetable Soup
- Lentil Soup
- Lentil Vegetable Soup
- Light in Sodium - Chunky Tomato Bisque
- Light in Sodium - Lentil Soup
- Light in Sodium - Lentil Vegetable Soup

### **Dr. McDougall's Right Foods**

- Chana Masala Soup & Quick Meal
- Chili Bean Soup & Quick Meal
- Organic Lentil Vegetable Soup
- Organic Lower Sodium Chunky Tomato Soup
- Organic Tortilla Soup
- RTS Black Bean Soup
- RTS Light Sodium Garden Vegetable Soup
- RTS Roasted Pepper Tomato Soup
- RTS Split Pea Soup
- RTS Vegetable Soup

### **Edward & Sons**

- Miso-Cup, Organic Traditional with Tofu
- Miso-Cup, Savory Seaweed

## **Spices and Seasonings**

### **Edward & Sons**

- Bouillon Cubes, Garden Veggie
- Bouillon Cubes, Low Sodium Veggie

### **Simply Organic**

- Fish Taco Seasoning, Cert. Org.
- Southwest Taco Seasoning, Cert. Org.

## **Sweeteners**

### **Lundberg Family Farms**

- Organic Brown Rice Syrup