

# Gluten Free

SPECIAL DIETS SERIES

CELEBRATING  
YOUR  
CHOICES



## Woodway Store, Southwest Region

Whole Foods Market is excited to bring you Celebrating Your Choices, a series of shopping lists and information for those on special diets. We believe that food should bring pleasure along with good health, and these guides are intended as a resource to help everyone experience as many healthy, natural food choices as possible. Check out our website for more information about gluten-free foods:

<http://www.wholefoodsmarket.com/specialdiets>

The information provided in this shoppers list is only a guide to help you identify products that may meet your dietary needs or preferences. It is not medical advice. We have included products on this list based only upon information provided by the manufacturer. In addition, while we are attempting to keep this information accurate and up to date, please be aware that ingredients in products may change from time to time. You should always read the actual product label before purchasing a product. Also note that there is no guarantee of the absence of cross-contamination in any product.

### Baby & Child Products

#### California Baby

- Body Wash & Shampoo - Large
- Calendula Diaper Cream
- Calming Lotion
- Hair Conditioner
- Moisturizing Cream
- Shampoo & Body Wash
- Super Sensitive Baby Shampoo

### Baked Goods

#### Katz Gluten Free

- Chocolate Rugelech
- Cinnamon Rugelech
- Sliced Challah Bread
- White Bread

### Baked Goods (Cont'd)

#### Mary's Gone Crackers love Cookies

- Ginger Snaps love Cookies

#### Udi's

- GF Blueberry Muffins

#### WFM Gluten Free Bakehouse

- Almond Scones
- Banana Bread
- Blueberry Muffins
- Carrot Cake
- Cheddar Biscuits
- Chocolate Chip Cookies
- Chocolate Cupcakes
- Cinnamon Raisin Bread
- Cornbread
- Cranberry Orange Scones
- Cream Biscuits
- Honey Oat Bread
- Molasses Ginger Cookies
- Nutmeal Raisin Cookies

## Baked Goods (Cont'd)

### WFM Gluten Free Bakehouse

- Pie Shells
- Prairie Bread
- Sandwich Bread
- Stuffing Cubes
- Vanilla Cupcakes

## Baking Needs

### 1-2-3 Gluten Free

- Aaron's Favorite Rolls Mix
- Divinely Decadent Brownie Mix
- Meredith's Marvelous Muffin/ Quickbread Mix
- Southern Glory Biscuit Mix
- Sweet Goodness Pan Bar Mix

### Arrowhead Mills

- Buckwheat Flour
- Gluten Free Brownie Mix
- Long Grain Brown Rice Flour
- Soy Flour
- White Rice Flour
- Yellow Corn Meal

### Bob's Red Mill

- Almond Flour
- Baking Soda
- Brown Rice Flour
- Flaxseed Meal
- Garbanzo Bean Flour
- Gluten Free Cornbread Mix
- Gluten Free Cornmeal
- Gluten Free Pizza Crust Mix
- Gluten Free Sweet White Sorghum Flour
- GlutenFree Rolled Oats
- Organic Amaranth Flour
- Organic Coconut Flour
- Organic Flaxseed Meal
- Organic Golden Flaxseed Meal
- Organic Golden Flaxseeds
- Potato Starch
- Tapioca Flour
- Xanthan Gum

## Baking Needs (Cont'd)

### Cherrybrook Kitchen Gluten Free Dreams

- Fudge Brownie Mix
- Pancake & Waffle Mix

### Ener-G

- Egg Replacement
- Potato Flour
- Rice Bran

### Enjoy Life

- Semi-Sweet Chocolate Chips

### Gluten Free Pantry

- All-Purpose GF Baking Flour Mix
- Brown Rice Pancake & Waffle Mix
- Chocolate Truffle Brownie Mix
- Favorite Sandwich Bread Mix
- Yankee Cornbread & Muffin Mix

### Hain

- Baking Powder

### Hodgson Mill

- Active Dry Yeast

### King Arthur Flour

- Gluten Free Cookie Mix
- Gluten Free Muffin Mix
- Gluten Free Multi-Purpose Flour

### Let's Do... Organic

- Organic Coconut Flakes
- Organic Reduced Fat Shredded Coconut
- Organic Tapioca Granules

### Namaste

- Waffle & Pancake Mix

### Pamela's Products

- Baking & Pancake Mix
- Baking & Pancake Mix, 4 lb
- Chocolate Chunk Cookie Mix

### Simply Organic

- Pancake/Waffle Mix, Cert. Org.
- Pumpkin Cake Mix, Cert. Org.

### WFM Gluten Free Bakehouse

- Pie Shells

## Bar Soap

### Kiss My Face

Pure Olive Oil Bar Soap 8 oz

## Beverages

### So Delicious

Original (Plain) Coconut Milk Beverage

Original (Plain) Coconut Milk Kefir

Unsweetened Coconut Milk Beverage

Vanilla Coconut Milk Beverage

## Bread

### Canyon Bakehouse

7-Grain Gluten Free Bread

Cinnamon Raisin Gluten Free Bread

Gluten Free Hamburger Buns

### Ener-G

White Rice Bread

### Food For Life

Brown Rice Bread, Wheat & Gluten Free

Millet Bread, Wheat & Gluten Free

Raisin Pecan Bread, Wheat & Gluten Free

Rice Almond Bread, Wheat & Gluten Free

Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Udi's

GF Millet-Chia Bread

GF Plain Bagels

GF White Sandwich Bread

GF Whole Grain Bagels

GF Whole Grain Bread

### WFM Gluten Free Bakehouse

Cheddar Biscuits

Cinnamon Raisin Bread

Cornbread

Cream Biscuits

Honey Oat Bread

Light White Sandwich Bread

Prairie Bread

Sandwich Bread

## Candy and Chocolate

### Endangered Species Chocolate

Dark Chocolate with Blueberries - Sea Turtle

Dark Chocolate with Cranberries & Almonds - Wolf

Dark Chocolate with Espresso Beans - Tiger

Organic Health Dark Chocolate with Cacao Nibs, Yacon & Acai - Tree Frog

Organic Health Dark Chocolate with Goldenberry & Lucuma - Toucan

Smooth Organic Dark Chocolate - Butterfly

Supreme Dark Chocolate - Chimpanzee

### Enjoy Life

Boom Choco Boom Dairy-Free Rice Milk Chocolate Bar

### Glee Gum

Glee Bubblegum Flavor Gum

Glee Cinnamon Gum

Glee Peppermint Gum

Glee Spearmint Gum

Glee Tangerine Gum

### Scharffen Berger

41% Milk Bars

62% Nibby Bars

Bittersweet Chocolate Bar, 70% Cacao

## Canned Goods

### Native Forest

Artichoke Hearts, Quartered

Organic Hearts of Palm

## Canned/Jarred Goods

### Amy's Kitchen

Medium Chili

Medium Chili with Vegetables

Refried Black Beans

Spicy Chili

Thai Coconut Soup (Tom Kha Phak)

### Native Forest

Artichoke Hearts, Marinated

## Cereal

### Ancient Harvest

Organic Quinoa Flakes 12 oz

### Arrowhead Mills

Maple Buckwheat Organic Flakes

Organic Rice & Shine Hot Cereal

Organic Yellow Corn Grits

### Bakery On Main

Apple Raisin Walnut Gluten Free Granola

Extreme Fruit & Nut Gluten Free Granola

Nutty Cranberry Gluten Free Granola

Rainforest Gluten Free Granola

### Bob's Red Mill

GlutenFree Rolled Oats

### Enjoy Life

Crunchy Flax Cereal

Very Berry Crunch Granola

### EnviroKidz

Amazon Frosted Flakes Organic Cereal

Gorilla Munch Organic Cereal

Koala Crisp Organic Cereal

Leapin' Lemurs Peanut Butter & Chocolate Organic Cereal

Peanut Butter Panda Puffs Organic Cereal

### Erewhon

Crispy Brown Rice - Gluten Free

Rice Twice

### Hail Merry

Lemon Blue Agave Grawnola

### Nature's Path

Organic Fruit Juice Sweetened Corn Flakes

Organic Fruit Juice Sweetened Corn Flakes, 26.4 oz

Organic Honey'd Cornflakes

Organic Mesa Sunrise Cereal

Organic Mesa Sunrise Cereal, 26.4 oz

Organic Whole O's Cereal

### New England Naturals

Organic Gluten Free Crispy Fruity Cereal

### Udi's

GF Cranberry Granola

GF Original Granola

## Cereal (Cont'd)

### Udi's

GF Vanilla Granola

## Cheese

### Follow Your Heart

Vegan Gourmet Cheddar

Vegan Gourmet Mozzarella Cheese

Vegan Gourmet Nacho Cheese

## Chips/Pretzels/Snacks

### Arico

Cassava Chips, Ginger on Fire

Cassava Chips, Sea Salt Mist

### Beanitos

Black Bean Chips

Black Bean Chips Chipotle BBQ

Pinto Bean & Flax Chips with Cheddar Cheese

### Blue Diamond

Almond Nut Thins

Barbeque Nut Thins

Cheddar Cheese Nut Thins

Country Ranch Nut Thins

Hazelnut Nut Thins

Hint of Sea Salt Nut Thins

Pecan Nut Thins

Smokehouse Nut Thins

### Food Should Taste Good

Blue Corn Dipping Chips Tortilla Chips

Blue Corn Tortilla Chips

Cantina Tortilla Chips

Cheddar Tortilla Chips

Hemp Tortilla Chips

Multigrain Tortilla Chips

Sweet Potato Tortilla Chips

White Corn Dipping Chips Tortilla Chips

### Food Should Taste Good

Jalapeno Tortilla Chips

Multigrain Tortilla Chips

Olive Tortilla Chips

## **Chips/Pretzels/Snacks (Cont'd)**

### **Glutino**

Pretzel Sticks, Family Bag  
Pretzels, Family Bag  
Pretzels, Snack Pack  
Pretzels, Sticks  
Table Cracker

### **Green Mountain Gringo**

Organic Blue Tortilla Strips  
Original Tortilla Strips

### **Kettle Brand**

Baked Potato Chips, Aged White Cheddar 4 oz  
Baked Potato Chips, Hickory Honey BBQ 4 oz  
Baked Potato Chips, Lightly Salted 4 oz  
Baked Potato Chips, Salt & Fresh Ground Pepper 4 oz  
Baked Potato Chips, Sea Salt & Vinegar 4 oz  
Krinkle Cut Potato Chips, Classic BBQ 14 oz  
Krinkle Cut Potato Chips, Lightly Salted 14 oz  
Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 14 oz  
Krinkle Cut Potato Chips, Salt & Fresh Ground Pepper 5 oz  
Potato Chips, Backyard Barbeque 5 oz  
Potato Chips, Honey Dijon 5 oz  
Potato Chips, Jalapeno 2 oz  
Potato Chips, Jalapeno 5 oz  
Potato Chips, Lightly Salted 5 oz  
Potato Chips, New York Cheddar w/ Herbs 2 oz  
Potato Chips, Organic Chipotle Chili BBQ 5 oz  
Potato Chips, Organic Sea Salt & Black Pepper 5 oz  
Potato Chips, Sea Salt & Vinegar 5 oz  
Potato Chips, Sour Cream, Onion & Chive 5 oz  
Potato Chips, Spicy Thai 5 oz  
Potato Chips, Unsalted 5 oz

## **Chips/Pretzels/Snacks (Cont'd)**

### **Late July**

Late July Dude Ranch Multigrain  
Late July Mild Green Mojo  
Late July Multigrain Sea Salt  
Late July Summertime Blues  
Late July Sweet Potato

### **Lundberg Family Farms**

Brown Rice Cakes  
Honey Nut Rice Cakes  
Organic Brown Rice Cakes  
Organic Caramel Corn Rice Cakes  
Organic Mochi Sweet Rice Cakes  
Organic Sea Salt Rice Chips  
Organic Unsalted Brown Rice Cakes  
Pico de Gallo Rice Chips  
Sante Fe BBQ Rice Chips  
Sesame Seaweed Rice Chips

### **Lundberg Farms**

Fiesta Lime Rice Chips

### **Mary's Gone Crackers**

Sticks & Twigs, Sea Salt  
Sticks & Twigs, Tomato Chipotle

### **Pirate Brands**

Pirate's Booty Aged White Cheddar  
Pirate's Booty Chocolate  
Smart Puffs Real Wisconsin Cheddar

### **Real Foods**

Wholegrain Rice Thins

## **Condiments**

### **Follow Your Heart**

Vegenaise, High Omega-3 w/ Expeller-Pressed Canola Oil  
Vegenaise, Original

### **Organicville**

Non-Dairy Mayo  
Organic Chili Sauce  
Organic Dijon Mustard  
Organic Dressing, Herbs de Provence Vinaigrette

## Condiments (Cont'd)

### Organicville

- Organic Dressing, Olive Oil & Balsamic Vinaigrette
- Organic Dressing, Sundried Tomato & Garlic Vinaigrette
- Organic Ketchup
- Organic Non-Dairy Coleslaw Dressing
- Organic Original BBQ Sauce
- Organic Stone Ground Mustard
- Organic Yellow Mustard

### San-J

- Asian BBQ Sweet & Smoky fusion BBQ Sauce GF
- Sweet and Sour Sauce

## Cookies and Snack Bars

### Andean Dream

- Chocolate Chip Cookies
- Cocoa Orange Cookies

### Bakery On Main

- Peanut Butter Chocolate Chip Granola Bars

### Enjoy Life

- Caramel Apple Snack Bars
- Cocoa Loco Snack Bars
- Soft Baked Double Chocolate Brownie Cookies
- Soft Baked Snickerdoodle Cookies
- Sunbutter Crunch Snack Bars

### EnviroKidz

- Cheetah Organic Crispy Rice Bars, Berry
- Koala Organic Crispy Rice Bars, Chocolate
- Lemur Organic Crispy Rice Bars, Peanut Choco Drizzle
- Panda Organic Crispy Rice Bars, Peanut Butter

### Glutino

- Breakfast Bars, Blueberry
- Chocolate Coated Chocolate Wafers
- Chocolate Coated Vanilla Wafers
- Lemon Wafers

## Cookies and Snack Bars (Cont'd)

### Hail Merry

- Blonde Macaroons
- Choco Macaroons

### Ian's Natural Foods

- Chocolate Chip Cookie Buttons, Wheat Free Gluten Free

### Immaculate Baking Company

- Gluten Free Chocolate Chunk Cookie Dough

### Jennie's

- Coconut Macaroons

### Kinnikinnick

- KinniKritters Animal Cookies
- KinniTOOS Vanilla Sandwich Creme Cookies
- Montana's Chocolate Chip Cookies

### Lucy's

- Chocolate Chip Cookies
- Cinnamon Thin Cookies
- Oatmeal Cookies

### Lucy's

- Sugar Cookies

### Mary's Gone Crackers love Cookies

- Ginger Snaps love Cookies
- N'Oatmeal Raisin love Cookies

### Mi-Del

- Arrowroot Animal Cookies
- Chocolate Chip Cookies
- Ginger Snaps

### Pamela's Products

- Butter Shortbread Cookies
- Chunky Chocolate Chip Cookies
- Ginger Cookies with Sliced Almonds
- Organic Dark Chocolate Chunk Cookies
- Pecan Shortbread Cookies

### WFM Gluten Free Bakehouse

- Chocolate Chip Cookies
- Molasses Ginger Cookies
- Nutmeal Raisin Cookies

## Crackers

### Crunchmaster

Multigrain with Sea Salt

### Doctor In The Kitchen

Dill - Flackers Flaxseed Crackers

Rosemary Flackers Flaxseed Crackers

Savory - Flackers Flaxseed Crackers

### Edward & Sons

Brown Rice Snaps, Onion Garlic

Brown Rice Snaps, Tamari Seaweed

Brown Rice Snaps, Tamari Sesame

Brown Rice Snaps, Unsalted Sesame

Organic Brown Rice Snaps, Black Sesame

Organic Brown Rice Snaps, Cheddar

Organic Brown Rice Snaps, Toasted Onion

Organic Brown Rice Snaps, Vegetable

### Ener-G

Gourmet Crackers

### Foods Alive

Italian Zest Organic Flax Crackers

Maple & Cinnamon Organic Flax Crackers

Mexican Harvest Organic Flax Crackers

Original Organic Flax Crackers

### Glutino

Crackers, Cheddar

Crackers, Multigrain

Crackers, Original

Crackers, Vegetable

### Mary's Gone Crackers

Crackers, Black Pepper

Crackers, Caraway

Crackers, Herb

Crackers, Onion

Crackers, Original

## Dairy

### Brown Cow Yogurt

CT Apricot-Mango FOB

CT Blueberry FOB

CT Cherry-Vanilla FOB

CT Chocolate

CT Maple

CT Peach FOB

## Dairy (Cont'd)

### Brown Cow Yogurt

CT Plain

CT Raspberry FOB

CT Strawberry FOB

CT Vanilla

NF Plain

NF Vanilla

Plain Whole Milk Yogurt, 6 oz

### Earth Balance

Buttery Spread with Olive Oil

Buttery Sticks

Organic Whipped Buttery Spread

Original Buttery Spread

Soy Free Buttery Spread

### Fage Total

Total 0% 17.6oz (500g)

Total 0% 35.3 oz (1kg)

Total 0% 6oz (170g)

Total 0% Blueberry Acai 5.3oz (150g)

Total 0% Cherry Pomegranate 5.3oz (150g)

Total 0% Honey 5.3oz (150g)

Total 0% Strawberry Goji 5.3oz (150g)

Total 10% 17.6oz (500g)

Total 10% 7oz (200g)

Total 2% 17.6oz (500g)

Total 2% 35.3oz (1kg)

Total 2% 7oz (200g)

Total 2% Blueberry 5.3oz (150g)

Total 2% Cherry 5.3oz (150g)

Total 2% Honey 5.3oz (150g)

Total 2% Peach 5.3oz (150g)

Total 2% Strawberry 5.3oz (150g)

Total Blueberry 5.3oz (150g)

Total Cherry 5.3oz (150g)

Total Honey 5.3oz (150g)

Total Strawberry 5.3oz (150g)

### Lifeway Foods

Bio Kefir Blackberry

Bio Kefir Pomegranate Blueberry

Bio Kefir Vanilla

Greek Syle Kefir

Low Fat Blueberry Kefir

Low Fat Peach Kefir

## Dairy (Cont'd)

### Lifeway Foods

Low Fat Raspberry Kefir  
Low Fat Strawberry Kefir  
Lowfat Birthday Cake Kefir  
Lowfat Cherry Kefir  
Lowfat Plain Kefir  
Lowfat Vanilla Kefir  
Organic Lowfat Blueberry Kefir  
Organic Lowfat Plain Kefir  
Organic Lowfat Strawberry Kefir  
Probugs Goo Berry Pie  
Probugs Orange Creamy Crawler  
Probugs Strawnana Split  
Probuugs Sublime Slime Lime

### Stonyfield Organic Yogurt

0% Fat Black Cherry  
0% Fat Blueberry FOB  
0% Fat Chocolate Underground FOB  
0% Fat French Vanilla  
0% Fat Key Lime  
0% Fat Lotsa Lemon  
0% Fat Peach  
0% Fat Plain  
0% Fat Pom Raspberry Acai FOB  
0% Fat Pomegranate Berry  
0% Fat Strawberry FOB  
0% Fat French Vanilla  
0% Fat Plain  
Fat Free French Vanilla  
Fat Free Strawberry  
Low Fat Blueberry  
Low Fat Blueberry FOB  
Low Fat Cherry Vanilla  
Low Fat French Vanilla  
Low Fat Just Peachy FOB  
Low Fat Plain  
Low Fat Raspberry  
Low Fat Strawberry FOB  
Low Fat Strawberry Pomegranate  
Oikos: 0% Fat Blueberry FOB  
Oikos: 0% Fat Honey FOB  
Oikos: 0% Fat Plain  
Oikos: 0% Fat Strawberry FOB  
Oikos: 0% Fat Super Fruits FOB

## Dairy (Cont'd)

### Stonyfield Organic Yogurt

Oikos: 0% Fat Vanilla  
Oikos: 0% Fat Blueberry 4oz FOB  
Oikos: 0% Fat Caramel 4oz FOB  
Oikos: 0% Fat Chocolate 4oz FOB  
Oikos: 0% Fat Plain 4oz  
Oikos: 0% Fat Strawberry 4oz FOB  
Oikos: 0% Fat Vanilla 4oz  
Strawberry Super Smoothie  
Strawberry Super Smoothies 6oz  
Vanilla Super Smoothie  
Whole Milk French Vanilla  
Whole Milk Plain  
Wild Berry Super Smoothie  
Wild Berry Super Smoothies 6oz  
YoBaby Banana  
YoBaby Banana Drinkable Yogurt  
YoBaby Blueberry  
YoBaby Meals: Apple Sweet Potato  
YoBaby Meals: Pear Green Bean  
YoBaby Peach  
YoBaby Peach Drinkable Yogurt  
YoBaby Simple Plain  
YoBaby Vanilla  
YoKids Squeezers Cherry/Berry  
YoKids Squeezers Strawberry  
YoKids: Blueberry Straw/Van  
YoKids: Strawberry Ban/Straw

## Dairy Alternatives

### BLUE DIAMOND

ALMOND BREEZE CHOCOLATE  
ALMOND BREEZE ORIGINAL  
ALMOND BREEZE UNSWEETENED  
CHOCOLATE  
ALMOND BREEZE UNSWEETENED ORIGINAL  
ALMOND BREEZE UNSWEETENED VANILLA  
ALMOND BREEZE VANILLA

### Blue Diamond

Almond Breeze, Original  
Almond Breeze, Unsweetened Vanilla  
Almond Breeze, Vanilla

## Dairy Alternatives (Cont'd)

### Daiya Foods

- Cheddar Style Shreds
- Mozzarella Style Shreds
- Pepperjack Style Shreds

### Follow Your Heart

- Vegan Gourmet Cheddar
- Vegan Gourmet Mozzarella Cheese
- Vegan Gourmet Nacho Cheese

### So Delicious

- Blueberry Cultured Coconut Milk Yogurt
- Chocolate Cultured Coconut Milk Yogurt
- French Vanilla Coconut Milk Creamer
- Hazelnut Coconut Milk Creamer
- Original (Plain) Coconut Milk Beverage
- Original (Plain) Coconut Milk Creamer
- Original (Plain) Coconut Milk Kefir
- Passionate Mango Cultured Coconut Milk Yogurt
- Pina Colada Cultured Coconut Milk Yogurt
- Plain Cultured Coconut Milk Yogurt
- Raspberry Cultured Coconut Milk Yogurt
- Strawberry Banna Cultured Coconut Milk Yogurt
- Unsweetened Coconut Milk Beverage
- Vanilla Coconut Milk Beverage
- Vanilla Cultured Coconut Milk Yogurt

### WestSoy

- Organic Soy Beverage, Unsweetened Original 64 oz
- Plus Soy Beverage, Plain 64 oz

### truwhip

- All Natural Frozen Whip Topping

## Deli Style Meats and Cheeses

### Applegate Farms

- Canadian Bacon
- Organic Sliced Oven Roasted Chicken
- Sliced Authentic Prosciutto
- Sliced Black Forest Ham
- Sliced Coppa
- Sliced Genoa Salami
- Sliced Honey Ham

## Deli Style Meats and Cheeses (Cont'd)

### Applegate Farms

- Sliced Honey Maple Turkey
- Sliced Organic Herb Turkey
- Sliced Organic Oven Roasted Turkey
- Sliced Organic Smoked Chicken
- Sliced Organic Smoked Turkey
- Sliced Organic Uncured Ham
- Sliced Oven Roasted Sliced Turkey
- Sliced Slow Cooked Ham
- Sliced Smoked Turkey
- Sliced Soppressata

## Dental Care Products

### Kiss My Face

- Berry Smart Toothpaste Fluoride Free 4 oz
- Sensitive Toothpaste 3.4 oz

### Tom's of Maine

- Unflavored Round Floss

## Deodorant

### Hugo Naturals

- Sea Fennel & Passionflower Deodorant

### Kiss My Face

- Liquid Rock Fragrance Free Deodorant 3 oz
- Liquid Rock Patchouli Deodorant 3 oz

## Desserts

### French Meadow Bakery

- Gluten Free Fudge Brownie

### Hail Merry

- Chocolate Tart
- Meyer Lemon Tart

### WFM Gluten Free Bakehouse

- Carrot Cake
- Chocolate Cupcakes
- Vanilla Cupcakes

### truwhip

- All Natural Frozen Whip Topping

## Energy and Nutrition Bars/Drinks

### Attune

Chocolate Crisp Chocolate Wellness Bar

### Attune Probiotic Bars

Chocolate Crisp Bar - individual

### Function Drinks

Alternative Energy Strawberry Guava

### MacroBar

Almond Butter with Carob

Cashew Butter

Granola with Coconut

Peanut Butter Chocolate Chip

Peanut Protein

## Entrees and Mixes

### Arrowhead Mills

Gluten Free Brownie Mix

### Bob's Red Mill

TVP (Textured Vegetable Protein)

### Cherrybrook Kitchen Gluten Free Dreams

Fudge Brownie Mix

Pancake & Waffle Mix

### Edward & Sons

Organic Home Style Mashed Potato Mix

### Ener-G

Rice Bran

### Lundberg Family Farms

Garlic Primavera Risotto

Italian Herb Risotto

Organic Florentine Risotto

### Namaste

Waffle & Pancake Mix

### Tasty Bite

Bombay Potatoes

Jodhpur Lentils

Paneer Makhani

## Ethnic Foods

### Edward & Sons

Brown Rice Snaps, Tamari Seaweed

Brown Rice Snaps, Tamari Sesame

## Ethnic Foods (Cont'd)

### Edward & Sons

Miso-Cup, Organic Reduced Sodium

Miso-Cup, Original Golden Vegetable

### Food For Life

Whole Grain Brown Rice Tortillas, Wheat & Gluten Free

### Food Merchants

Organic Polenta, Basil & Garlic

Organic Polenta, Traditional

### Native Forest

Light Coconut Milk

Organic Coconut Milk

### Organicville

Organic Island Teriyaki

Organic Sesame Teriyaki

### San-J

Sweet and Sour Sauce

### Tasty Bite

Bombay Potatoes

Jodhpur Lentils

Paneer Makhani

## Frozen Foods

### Amy's Kitchen

Asian Noodle Stir-Fry

Baked Ziti Bowl

Black Bean Enchilada Whole Meal

Black Bean Tamale Verde

Black Bean Vegetable Enchilada

Brown Rice & Vegetables Bowl

Brown Rice, Black-Eyed Peas & Veggies Bowl

Cheese Enchilada

Cheese Enchilada Whole Meal

Cream of Rice Hot Cereal Bowl

Gluten Free Bean & Rice Burrito (Dairy Free)

Indian Mattar Paneer

Indian Mattar Tofu

Indian Palak Paneer

Indian Paneer Tikka

Indian Vegetable Korma

## Frozen Foods (Cont'd)

### Amy's Kitchen

- Kids Baked Ziti Meal
- Light in Sodium - Black Bean Vegetable Enchilada
- Light in Sodium - Brown Rice & Vegetables Bowl
- Light in Sodium - Indian Mattar Paneer
- Mexican Casserole Bowl
- Mexican Tofu Scramble
- Non-Dairy Rice Macaroni & Cheeze
- Rice Crust Spinach Pizza
- Roasted Vegetable Tamale
- Santa Fe Enchilada Bowl
- Single Serve Non-Dairy Rice Crust Cheeze Pizza
- Single Serve Rice Crust Roasted Vegetable Pizza
- Sonoma Veggie Burger
- Teriyaki Bowl
- Tortilla Casserole & Black Beans Bowl

### Applegate Farms

- Maple Breakfast Sausage
- Organic Beef Burgers
- Organic Turkey Burgers
- Sage Breakfast Sausage

### EVOL Foods

- Bean & Cheese Enchilada Bowl
- Chicken Enchilada Bowl
- Teriyaki Chicken Bowl

### French Meadow Bakery

- Gluten Free Fudge Brownie

### Ian's Natural Foods

- French Toast Sticks, Wheat Free Gluten Free
- Ian's Chicken Nuggets, Allergen Free
- Ian's Fish Sticks, Allergen Free
- Popcorn Turkey Corn Dogs

### Lifeway Foods

- Frozen Original Kefir
- Frozen Pomegranate Kefir

## Frozen Foods (Cont'd)

### Nature's Path

- Organic Buckwheat Wildberry Waffles
- Organic Homestyle Waffles

### Organic So Delicious

- Chocolate Velvet Non-Dairy Frozen Dessert
- Neopolitan Non-Dairy Frozen Dessert

### Saffron Road

- Chicken Tikka Masala with Basmati Rice
- Lamb Koftis
- Lemongrass Basil Chicken

### Van's

- Wheat Free Blueberry Waffles
- Wheat Free Buckwheat Waffles
- Wheat Free Flax Waffles
- Wheat Free French Toast Sticks Cinnamon
- Wheat Free Homestyle Waffles
- Wheat Free Mini Homestyle Waffles

## Grains and Rice

### Ancient Harvest

- Traditional Organic Quinoa 12 oz

### Annie Chun's

- Rice Express Sprouted Brown Rice
- Rice Express Sticky White Rice

### Lundberg Family Farms

- Eco-Farmed California White Arborio Rice
- Eco-Farmed Wehani Gourmet Brown Rice
- Italian Herb Risotto
- Organic California Brown Jasmine Rice, 25 lb
- Organic California White Basmati Rice
- Organic Long Grain Brown Rice
- Organic Short Grain Brown Rice
- Organic Wild Rice

### Tasty Bite

- Basmati Rice

## Hair Care Products

### 365 Every Day Value™

- Conditioner Fragrance Free
- Conditioner Herbal Mint
- Conditioner Lavender Blend
- Shampoo for Dry and Normal Herbal Mint
- Shampoo for Dry and Normal Lavender Blend
- Shampoo for Normal and Oily Herbal Mint
- Shampoo for Normal and Oily Lavender Blend

### Kiss My Face

- Upper Management Styling Gel 8 oz

## Hand & Body Lotions

### 365 Every Day Value™

- Body Lotion Fragrance Free
- Body Lotion Herbal Mint
- Body Lotion Lavender Blend

## Hand & Body Washes

### 365 Every Day Value™

- Shower Gel Fragrance Free
- Shower Gel Herbal Mint
- Shower Gel Lavender Blend

### Hugo Naturals

- Shea Butter & Oatmeal Shower Gel
- Vanilla & Sweet Orange Liquid Hand Soap

### Kiss My Face

- Early to Bed Shower Gel 16 oz

## Jams and Nut Butters

### Arrowhead Mills

- Organic Creamy Peanut Butter, 16 oz

### Earth Balance

- Creamy Natural Almond Butter

### Justin's

- Chocolate Almond Butter 1.15 oz Squeeze Packs
- Chocolate Almond Butter Jars
- Chocolate Hazelnut Butter 1.15 oz Squeeze Packs
- Chocolate Hazelnut Jars
- Chocolate Peanut Butter Jars

## Jams and Nut Butters (Cont'd)

### Justin's

- Classic Almond Butter 1.15 oz Squeeze Packs
- Classic Almond Butter Jars
- Honey Almond Butter 1.15 oz Squeeze Packs
- Maple Almond Butter 1.15 oz Squeeze Packs
- Maple Almond Butter Jars
- Milk Chocolate Peanut Butter Cups

## Meat Alternatives

### Bob's Red Mill

- TVP (Textured Vegetable Protein)

## Meat and Poultry

### Applegate Farms

- Beef Hot Dogs
- Big Apple Hot Dogs
- Chicken Apple Breakfast Sausage
- Chicken Hot Dogs
- Greatest Little Organic Smokey Cocktail Frank
- Maple Breakfast Sausage
- Organic Beef Burgers
- Organic Chicken Hot Dogs
- Organic Hot Dogs
- Organic Poultry Andouille Sausage
- Organic Sliced Sunday Bacon
- Organic Spinach & Feta Sausage
- Organic Sweet Italian Sausage
- Organic Turkey Burgers
- Sage Breakfast Sausage
- Turkey Hot Dogs

## Nutritional Supplements

### Amazing Grass

- GSF chocolate coated Energy Bar
- Green SuperFood Original
- Green SuperFood capsules
- Wheat Grass Tablets

### BioChem

- 100% Whey Protein Natural Flavor
- 100% Whey Protein Natural Flavor
- 100% Whey Protein Vanilla 1.9lb

## Nutritional Supplements (Cont'd)

### BioChem

100% Whey Protein Vanilla 13.9oz

### Country Life

Cal-Snack Milk-Free Chewables, 120 ct

DHEA 10mg Capsules, 50 ct

DHEA 25mg Capsules, 90 ct

Maxi Hair 60ct

Maxi Hair 90ct

Omega-3 Fish Oils 1000mg 100ct

Super Potency Biotin 5mg 60ct

Superior B-12, 50 ct

Target-Mins Calcium-Magnesium Complex Tablets,  
180 ct

Target-Mins Calcium-Magnesium Complex Tablets,  
90 ct

Vitamin E Complex Liquid 2oz

### Country Life

Omega-3 Fish Oils 1000mg 200ct

### Garden of Life

Diet 360

### Nature's Way Alive!

Alive!® (no iron added) / 90 Tb

Alive!® / 30 Tb

Alive!® Soy Shake Vanilla / 2.2 lbs

### Nature's Way Primadophilus

Primadophilus® Bifidus / 90 Vcaps®

Primadophilus® Optima / 30 Vcaps®

Primadophilus® Reuteri / 30 Vcaps®

Primadophilus® for Kids Cherry / 30 Chw

### Nature's Way Sambucus

Sambucus Immune Syrup / 4 oz

Sambucus Immune Syrup / 8 oz

Sambucus Sugar-Free Syrup / 4 oz

Sambucus Syrup / 4 oz

### Nature's Way Umcka

Umcka ColdCare® Cherry Syrup / 4 oz

Umcka ColdCare® Lemon Hot Drink / 10 pkts/bx

### Rainbow Light

ACTIVE HEALTH TEEN MULTIVITAMIN 90

COUNTER ATTACK 30

## Nutritional Supplements (Cont'd)

### Rainbow Light

FOOD-BASED CALCIUM 180

FOOD-BASED CALCIUM 90

GUMMY BEAR ESSENTIALS 30

GUMMY OMEGALICIOUS 30

GUMMY POWER SOURS 30

PRENATAL ONE MULTIVITAMIN 150

PRENATAL ONE MULTIVITAMIN 30

PRENATAL ONE MULTIVITAMIN 90

PROTEIN ENERGIZER ACAI

PROTEIN ENERGIZER CHOCOLATE

PROTEIN ENERGIZER VANILLA

REJUVENAGE 40+ MULTI 120

WOMEN'S ONE MULTIVITAMIN 30

WOMEN'S ONE MULTIVITAMIN 90

### VEGA

Berry Small

Choc-a-lot

Chocolate Small

Natural Small

Vanilla Almondilla

Vanilla Chai Small

### Vibrant Health

Vibrant Cleanse Single Serving Packets

## Nuts/Seeds/Dried Fruits

### Bob's Red Mill

Organic Golden Flaxseeds

### Hail Merry

Salt N Pepper Sunflower Seeds

## Pasta

### Andean Dream

Quinno Macaroni

Quinno Spaghetti

### Jovial Foods

Brown Rice Spaghetti

### RP's Pasta Fresh Pasta

RP's Fresh Gluten Free Fusilli

## Pasta Sauce

### Organicville

- Organic Italian Herb Pasta Sauce
- Organic Marinara Pasta Sauce
- Organic Mushroom Pasta Sauce
- Organic Tomato Basil Pasta Sauce

## Personal Care

### Kiss My Face

- Triple Action Toothpaste 3.4 oz

### Tom's of Maine

- Cucumber-Grapefruit Sensitive Stick Deodorant
- Fragrance-Free Sensitive Stick Deodorant
- Lavender Long Lasting Stick Deodorant
- Lemongrass Long Lasting Stick Deodorant
- Unscented Long Lasting Roll-on Deodorant
- Unscented Long Lasting Stick Deodorant
- Unscented Stick Deodorant
- Wintermint Sensitive Toothpaste
- Woodspice Stick Deodorant

## Prepared Foods

### Food Merchants

- Organic Polenta, Basil & Garlic
- Organic Polenta, Traditional

## Sauces/Salsas/Dips

### Amy's Kitchen

- Family Marinara Pasta Sauce
- Light in Sodium - Family Marinara Pasta Sauce
- Light in Sodium - Tomato Basil Pasta Sauce
- Tomato Basil Pasta Sauce

### Organicville

- Organic Island Teriyaki
- Organic Pineapple Salsa
- Organic Sesame Teriyaki
- Sriracha Sauce

### Simply Organic

- Brown Gravy Mix Cert. Org.
- Creamy Dill Dip Mix, Cert. Org.
- French Onion Dip Mix, Cert. Org.

## Sauces/Salsas/Dips (Cont'd)

### Simply Organic

- Guacamole Dip Mix, Cert. Org.
- Italian Salad Dressing Mix, Cert. Org.
- Ranch Dip Mix, Cert. Org.
- Ranch Salad Dressing Mix, Cert. Org.
- Sweet Basil Pesto Mix Cert. Org.
- Vegetarian Brown Gravy Mix Cert. Org.

## Shaving Aids

### Kiss My Face

- Cool Mint Moisture Shave 11 oz
- Key Lime Moisture Shave 11 oz
- Lavender & Shea Moisture Shave 11 oz

## Soups

### Amy's Kitchen

- Black Bean Vegetable Soup
- Chunky Tomato Bisque
- Chunky Vegetable Soup
- Cream of Tomato Soup
- Fire Roasted Southwestern Vegetable Soup
- Hearty French Country Vegetable Soup
- Hearty Rustic Italian Vegetable Soup
- Hearty Spanish Rice & Red Bean Soup
- Lentil Soup
- Lentil Vegetable Soup
- Light in Sodium - Chunky Tomato Bisque
- Light in Sodium - Cream of Tomato Soup
- Light in Sodium - Lentil Vegetable Soup
- Light in Sodium - Split Pea Soup
- Split Pea Soup
- Tuscan Bean & Rice Soup

### Dr. McDougall's Right Foods

- Chana Masala Soup & Quick Meal
- Organic Lower Sodium Black Bean Soup
- RTS Lentil Soup
- RTS Light Sodium Garden Vegetable Soup
- RTS Roasted Pepper Tomato Soup
- RTS Split Pea Soup

### Edward & Sons

- Miso-Cup, Organic Reduced Sodium
- Miso-Cup, Original Golden Vegetable

## **Specialty Foods**

### **WFM Gluten Free Bakehouse**

Stuffing Cubes

## **Spices and Seasonings**

### **Edward & Sons**

Bouillon Cubes, Garden Veggie

Bouillon Cubes, Low Sodium Veggie

Bouillon Cubes, Not-Chick'n

### **Simply Organic**

Fish Taco Seasoning, Cert. Org.

Jambalaya Seasoning Mix, Cert Org.

Sloppy Joe Mix Cert. Org.

## **Sweeteners**

### **Lundberg Family Farms**

Organic Brown Rice Syrup