




Fire up
the grill.
**SUMMER'S
ON!**

Venice June 2010

Events & lectures

WHOLE
FOODS
MARKET

S	M	T	W	Th	F	S
		1 Tuesday Tapas 12:30-2:30pm	2	3	4 Ice Cold Drinks In Bakery. FREE from 11:30-2pm! Venice Fit Club 7:30am	5 A taste of Buffalo 11:30- 1:30pm Lady Malenchini Wine Tasting 11-2pm
6 Wild Caught Salmon Tasting 11-1pm Mozzarella Tasting 11:30-3:30pm	7	8 Health Starts Here Book Club 6:30-7:30pm	9 Vegan Vendsday! 11:30-1:30pm	10	11 Ice Cold Drinks In Bakery. FREE from 11:30-2pm! Yogi Beans 4-4:45pm Venice Fit Club 7:30am	12 Kids Club Cooking and Crafts 11-12 pm
13 Butcher Buys Tasting 1-3pm	14  Flag Day	15 Taco Tuesday 11:30-1:30pm	16	17 Seafood & Wine Dinner 6:30pm	18 Ice Cold Drinks In Bakery. FREE from 11:30-2pm! Venice Fit Club 7:30am	19 Kenter Farms Cooking Demo 12-2pm
20 Father's Day Extravaganza! 11:30-1:30pm Santa Monica High School Orchestra Quartet 12-3pm Laura's Wholesome Junkfood Book Signing 1-4pm	21 Fire up the grill. SUMMER'S ON! 1 st Day of Summer	22	23  Locals Night 5:30-8:30pm	24 Health Starts Here Supper Club 6:30-8pm	25 Ice Cold Drinks In Bakery. FREE from 11:30-2pm! Venice Fit Club 7:30am	26 Beach Cleanup 9-11am Body Ecology Lecture 3-5:30pm
27	28	29	30	 <p>WHAT'S ON YOUR GRILL? For hot WEEKEND savings all summer long!</p>		

*Space is limited! Please RSVP for any events and classes to Kelly.Layne@Wholefoods.com.

Fridays in June. *Iced Cold Drinks In Bakery* 11:30- 2pm. FREE
Start your weekend off with delicious mango and raspberry iced teas!

Fridays In June. *Venice Fit Club* 7:30am. FREE
Join us for a run, jog or walk and then come back to the store for some healthy eats and drinks!

Tuesday, June 1st. *Tuesday Tapas* 12:30-2:30pm. FREE
Stop by our Speciality Department to try some tasty tapas-style treats!

Saturday, June 5th. *A Taste Of Buffalo* 11:30-1:30pm. FREE
Stop by our Prepared Department to get a bite of our Buffalo!
Meet Lady Malenchini 11-2pm. \$5 a person.
Meet lady Malenchini the maker of Red Label. This Chianti is to die for!

Sunday, June 6th. *Wild Caught Salmon* 11-1pm. FREE
Come to our Seafood Department and try our tasty, new Wild Caught Salmon!

Sunday, June 6th. *Amazing Mozzarella!* 11:30-3:30pm. FREE
Come to Specialty to try fresh mozzarella the Italian way! Meet Franco & Angelo in person!

Tuesday, June 8th. *Health Starts Here Book Club* 6:30-7:30pm. FREE
Join our new book club. We meet every month to discuss health-related books while we snack on healthy treats. Our first book is *Omnivore's Dilemma* by Micheal Pollan.

Wednesday, June 9th. *Vegan Vendsday!* 11:30- 1:30pm. FREE
Come to our Bakery Department and try some delicious Vegan items. Also try Vegan items throughout the store.

Friday, June 11th. *Yogi Beans* 4-4:45pm. FREE
A Yoga event for youngsters! Bring your kids for a fun Yoga event in Whole Body. Ages 2 ^{1/2} to 5 years old.

Saturday, June 12th. *Kids Cooking Club and Craft Class.* 11-12pm and 12-1pm. FREE
Join us for fun making Yogurt Parfaits and creating crafts!

Sunday, June 13th. *Butcher Buy Tasting* 1-3pm. FREE
Com to our Meat Department and taste what our butcher is cooking up!

Tuesday, June 15th. *Taco Tuesday* 11:30pm-1:30pm. FREE
Try the taco of your choice in Meat, Seafood, Produce and Prepared Foods!

Thursday, June 17th. *Seafood and Wine Dinner.* 6:30pm. \$30 a person.
Meet us at the wine bar for a spectacular 3 course seafood dinner paired with wines!

Saturday, June 19th. *Kentor Canyon Cooking Demo.* 12-2pm. FREE
Learn how to cook up Kentor Farm's "Saute Greens" and two other great recipes! Delicious, fresh and local!

Sunday, June 20th. *Father's Day Extravaganza!* 11:30- 1:30 pm. FREE
Rootbeer floats & treats for Dad in Bakery!
Santa Monica High Orchestra Quartet 12-3pm. FREE
Enjoy live music on Father's Day!
Laura's Wholcome Junk Food Book Signing. 1-3pm. FREE
Come get your copy for Dad and try sweet treats!

Wednesday, June 23rd. *Locals Night* 5:30-8:30pm. FREE
Join us for locals night every month! Listen to live music, meet our featured local artist, our local winemaker at the bar and eat and drink your way around the store with local vendors!

Thursday, June 24th *Health Starts Here Supper Club* 6:30-8pm. \$15 a person.
Come every month and join us for a nutritious vegetarian meal. A five course feast!

Saturday, June 26th. *Beach Clean Up* 19-11am. FREE
Come clean up the beach and have a fun and fit contest with CA Beach Body. Big prizes for the most trast collection!
June 26th. *Body Ecology Lecture* 3-5:30pm. FREE
Learn about Body Ecology in Whole Body from the Pros!

Venice Calendar June Wine and Beer Events

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



**Dollar off
all Beers on Tap**

1

**Wines of California
7pm, \$15**

Join Luke while he explores wines from some of California's great wineries. He will be pouring both white and red wines paired with some flavorful food.

2

**Cheese and Wine
7pm, \$15**

Join our cheese specialists for a fun cheese tasting ranging from new creameries to regional classics paired with complementing wines.

3

**Victory Brewery
7pm, \$15**

From Pennsylvania comes the Victory brew-house. Join us to taste light beers like the Prima Pils to Belgian and heavy beers like Golden Monkey and V12.

4

Malenchini, 11am
Join us for a tasting of exclusive Whole Foods Market Chianti. \$5 a person.

Wine Picks, 6pm, \$15
Join our wine specialist Josh for a tasting of wines he deems worthy of being in his cellar.

5

**Wine Picks
6pm, \$15**

Join our wine specialist Mark to taste some wines that he deems worthy of being in his cellar.

6

**Half Off
Enomatic
Pours**

7

**Dollar off
all Beers on Tap**

8

**Rosé Tasting
7pm, \$15**

The 2009 Roses have hit the shelves and are ready to be a part of your summer! Be here to taste the fresh new Roses of the summer!

9

**Cheese & Wine
7pm, \$15**

Join our Cheese Specialists for a fun cheese tasting ranging from new creameries to regional classics paired with complementing wines.

10

**Phil's Beer Picks
7pm, \$15**

Join our beer specialist to try some of the newest beers to hit the shelves, as well as some fun new seasonal selections.

11

**Wine Picks
6pm, \$15**

Join our wine specialist Ryan to taste some wines that he deems worthy of being in his cellar.

12

**Wine Picks
6pm, \$15**

Join our wine specialist Bruno to taste some wines that he deems worthy of being in his cellar.

13

**Half Off
Enomatic
Pours**

14

**Dollar off
all Beers on Tap**

15

**Wines of Paso Robles
7pm, \$15**

Come see for yourself what the rave is about with this new up-and-coming wine region, and why it provides some very distinctive wines from California.

16

**Seafood and Wine
6pm, \$30**

Come and enjoy a three course seafood and wine pairing prepared by our seafood mongers and matched with elegant wines by our specialists.

17

**Beer Picks
7pm, \$15**

Enjoy beers hand-picked by our resident beer dork Mike. Due to his hop head nature, you're sure to be suprised and enlightened by his choices.

18

**Wine Picks
6pm, \$15**

Join our wine specialist Luke to taste some wines that he deems worthy of being in his cellar.

19

**Wine Picks
6pm, \$15**

Join our wine specialist Micheal to taste some wines that he deems worthy of being in his cellar.

20

**Half Off
Enomatic
Pours**

21

**Dollar off
all Beers on Tap**

22

**Southern Italy
7pm, \$15**

Join our wine specialist Micheal as he teaches about the lesser know wines of Southern Italy. You're sure to enjoy!

23

**Cheese and Wine
7pm, \$15**

Join our Cheese Specialists for a fun cheese tasting ranging from new creameries to regional classics paired with complementing wines.

24

**Beer Picks
7pm, \$15**

Come and be entertained by Josh while he pours his way through some of his favortie beer selections.

25

**Wine Picks
6pm, \$15**

Join our wine specialist Drew to taste some wines that he deems worthy of being in his cellar.

26

**Wine Picks
6pm, \$15**

Join our wine specialist Chase to taste some wines that he deems worthy of being in his cellar.

27

**Half Off
Enomatic
Pours**

28

**Dollar off
all Beers on Tap**

29

**French Wines
7pm, \$20**

Come see why Beaune Imports is one of the most dynamic importers of French wines. We will be pouring from both traditional and cutting edge wineries in France.

30

You always get

10% off

WHEN YOU BUY

6 to 11 bottles of wine.

**BUY 1 MORE &
DOUBLE YOUR DISCOUNT!**

20% off

WHEN YOU BUY

12 bottles of wine or more!

Please ask cashier for discount when checking out.